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LOCAL
DEALS
INSIDE!

IRON
COUNTY

today



BREAKS *IN* BLOOM

STORY IN LIFE

JOHN BYRON TURNER

Cedar City Cemetery to undergo renovation, expansion

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

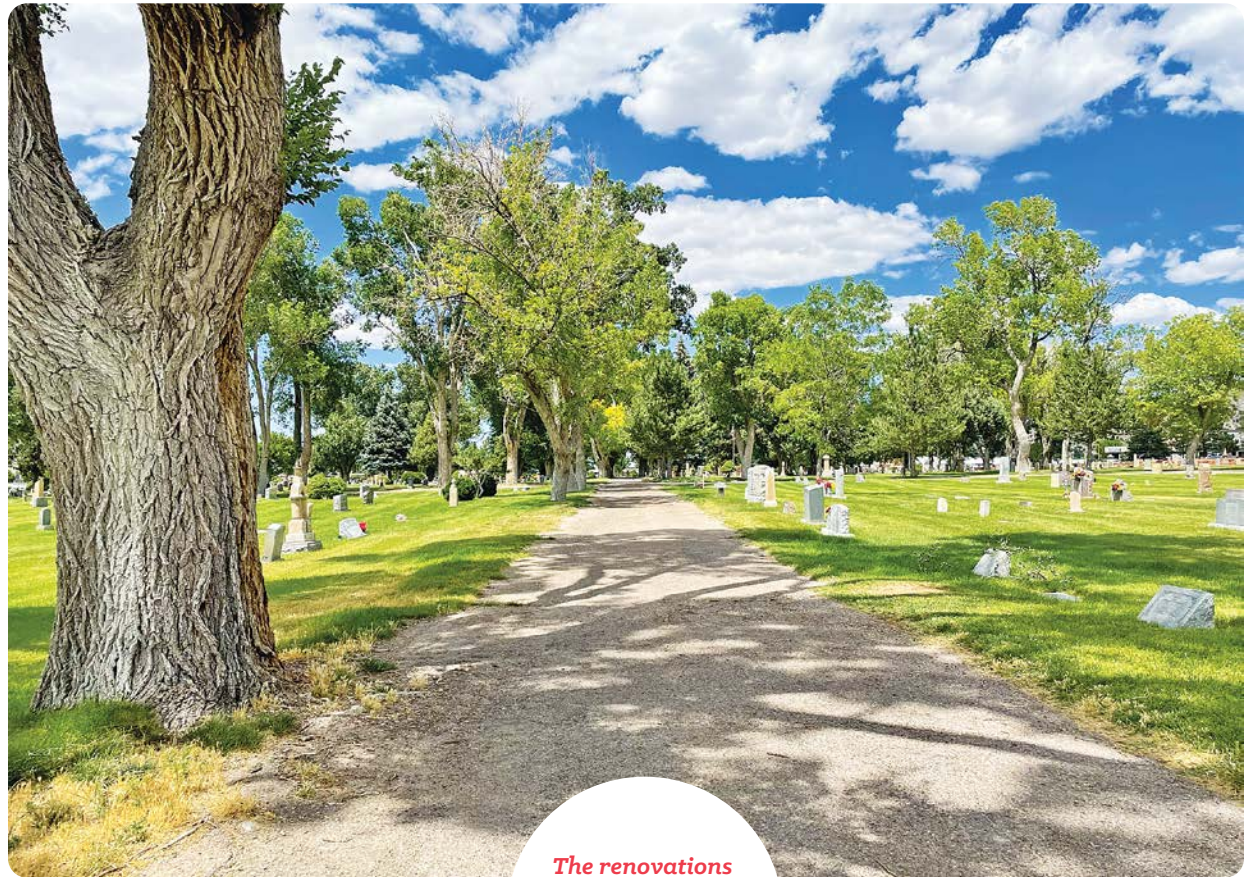
CEDAR CITY — Cedar City Cemetery is receiving a much-needed facelift and expansion over the next few months to better accommodate visitors and to improve and preserve the future of the cemetery.

The expansion portion of the project has already begun to the west of the cemetery grounds and is anticipated to last approximately two months, making room for future plots by installing irrigation and sod. The renovation portion of the project will begin in mid-August, beginning in the oldest area of the cemetery located on the southeast corner of Iron Mission Parkway and North Main Street.

Over the next few years, every occupied area of the cemetery grounds from the south to the north will undergo renovations during the fall months to provide visitors with wider and more efficient

“We are looking forward to providing the community with an elevated experience through this Cemetery Master Plan Project.”

Ken Nielson, Leisure Services Director



PHOTOS COURTESY GABRIELLE COSTELLO

The renovations will include new trees, wider roadways, additional parking and modern irrigation.

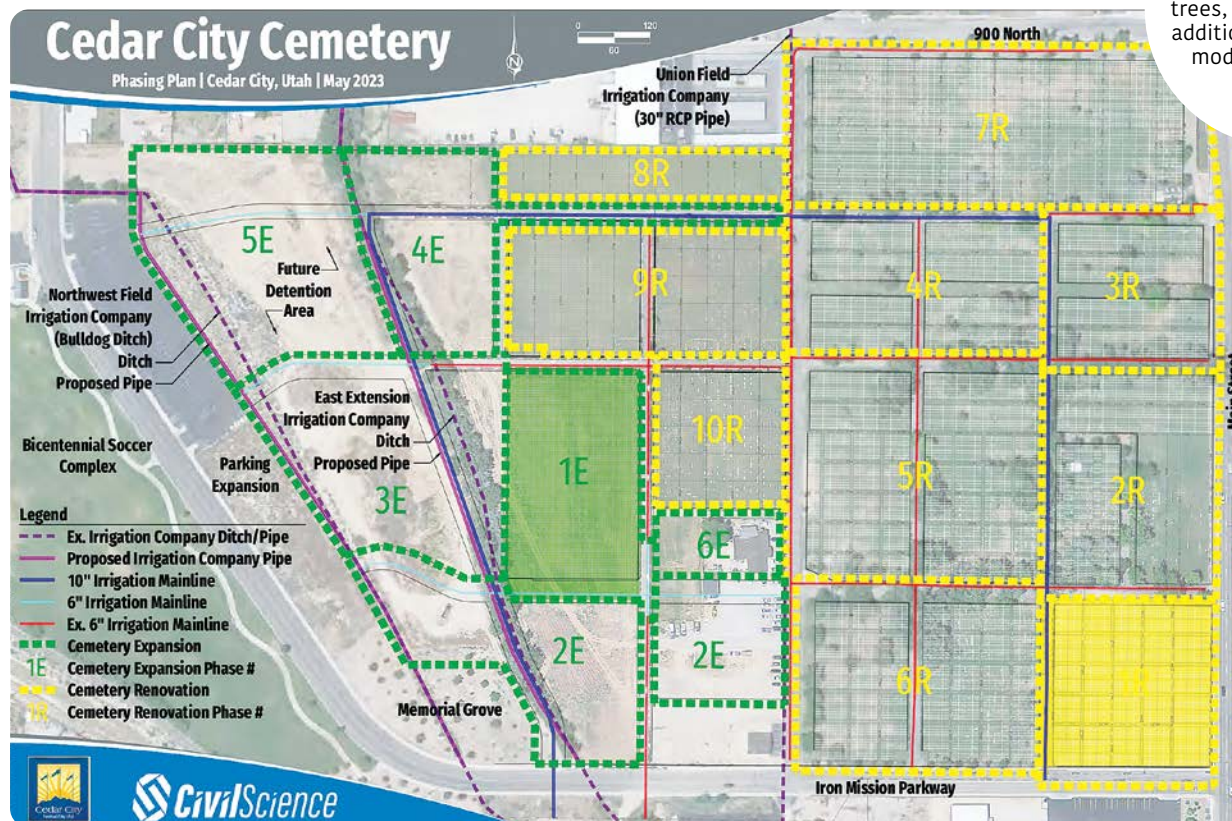
roadways including curbs and gutters, additional on-site parking, better flow of traffic, and modern irrigation throughout.

In addition to these added amenities, a professional arborist has evaluated the cemetery trees and suggests replacing some with younger trees due to their declining health and regression. Six existing trees in the southeast project area will be removed in mid-August and will be replaced with sufficient trees that will provide shade and a serene environment for years to come.

“Currently, the interconnected irrigation system is outdated and failing, and damage is seen more and more due to inefficient roadways and lack of parking,” explained Leisure Services Director Ken Nielson. “We are looking forward to providing the community with an elevated experience through this Cemetery Master Plan Project.”

While the southeast corner is under construction this fall, future funeral services will not be disrupted, and visitors will still be able to access the area around the construction zone. Two existing memorial benches will also be relocated in the same area after the roadway is remodeled.

For more information on the Cemetery Master Plan Project including a map, visit our website: www.cedarcity.org/2443/Cemetery-Master-Plan-Project.



Pair of fires occur over Pioneer Day weekend

**BOTH BLAZES
QUICKLY KNOCKED
DOWN THANKS TO
CCFD EFFICIENCY**

CEDAR CITY — Cedar City firefighters were able to slow the spread of two potentially catastrophic fires over Pioneer Day weekend thanks to the quick response from the fully staffed 4-person engine company that is ready to respond every day of the year.

On Saturday, July 22nd, a fire that is currently under investigation, began at Top Spot restaurant on Main Street at approximately 1:56 p.m. The fully staffed engine company out of Station #1 located on 800 West was able to respond in 6 minutes. The next Cedar City engine company to respond arrived on scene 15 minutes after the first engine and provided additional support and resources from volunteer firefighters. Thick dark smoke was seen by many in person and on social media, however, the outcome was less catastrophic than it could have been.

“The quick response by having a 4-person engine company readily available really made all the difference in preventing this fire from spreading,” stated Fire Marshal Mike Shurtz, who arrived on scene four minutes after the first engine company. “The fire didn’t have time to



Flames erupt from the roof of Top Spot in Cedar City. A fire crew arrived in time to save the structure from further and permanent damage.

develop and get into the structure, so every second truly matters when we are saving lives and property.”

Cedar City Fire Department has been operating a 4-person engine

company since 2016, and while the volunteer workforce is still very much needed to augment the existing full-time staff, the benefit of having the fully staffed engine is

visible any time an incident occurs.

Another close call occurred on Sunday, July 23rd at approximately 5:30 p.m. near Ridge Road when a vegetation fire broke out west of the I-15 freeway and the SUU stadium in an area known to firefighters as the Wildland Urban Interface.

“With the current dry weather conditions, high heat, and low humidity these fires have the ability to spread quickly,” said Captain Russel Brunson who responded to the incident. “But with the quick response time, the fire was con-

“The quick response by having a 4-person engine company readily available really made all the difference...”

Mike Shurtz, Fire Marshal

tained to less than an acre.”

Cedar City Fire Department trains willing volunteers every year, who get paid when working shifts or responding to a fire from their home. The longtime fire service model of having volunteer firefighters has still provided a huge benefit to our community and will continue to play a major role in the quality of service and response times.

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opinion

FROM THE EDITOR

The great debate

It's that time of the year when those running for political office begin their campaign trails by debating their fellow runners. They present their platforms, priorities and capabilities in hopes that their values garner more votes than their "opponents".

As a voter what do you look for in a great debate? Do you listen for the words they use and for the confidence in their voice? How much weight do you put on their political/personal history? What is most important thing a candidate can say/do to earn your vote?

As a candidate, how do you prepare to present your message?

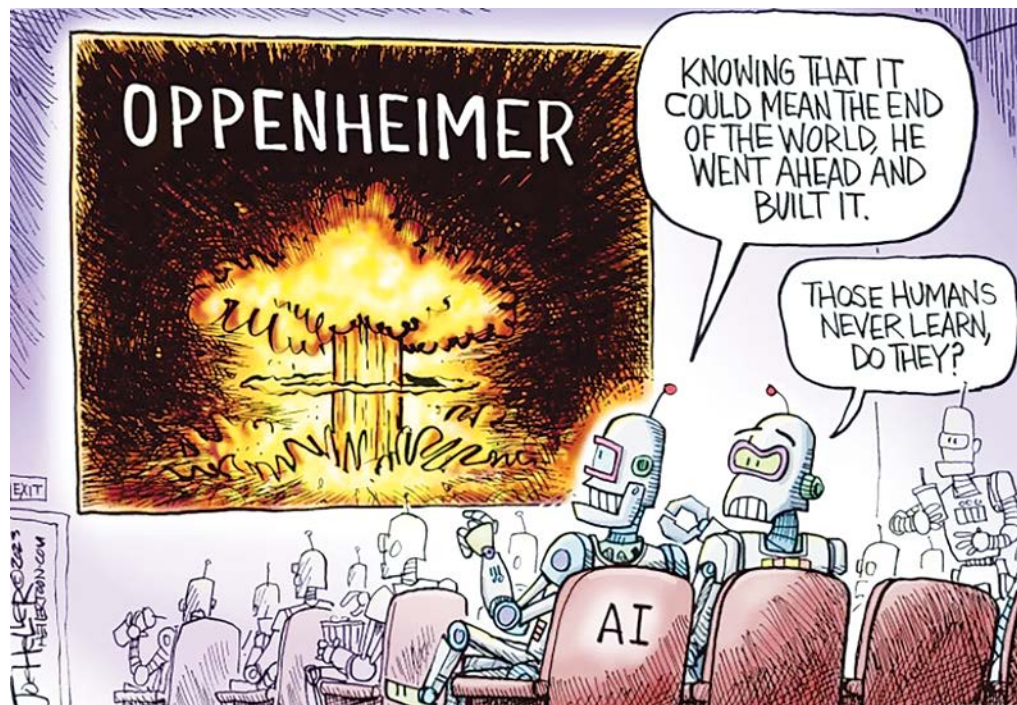


COREY BAUMGARTNER
MANAGING EDITOR

Why is debating others running against you an important part of the election process? How do you navigate through the negative noise and keep your poise? What is the most important part of your

platform once elected?

Regardless of the political rhetoric, positive and negative, may we be more diplomatic than problematic, as we each make time to learn about those running for a particular office. May our support be positive and uplifting as we begin sifting through the qualifications, qualities and personalities to find those who we feel will serve our communities best. And if you don't see anyone you can have confidence in their competence, perhaps you will choose to step into the political arena yourself and make the difference you desire. With that, here's to some great debates and greater leadership in the upcoming campaigns and elections.



TO THE EDITOR

Re: "Where's the State Flag?" (July 27 Issue)

Dear I.B. Confused

True, it would be appropriate to fly the Utah State flag, but the American Flag brings together residents of all faiths, who all stand upon a foundation built by pioneers. When you live in Utah, that pioneer heritage of courage, community-building, and welcoming newcomers becomes your heritage. This is true regardless of religion. Welcome to America.

So, why fly the American flag on Pioneer Day? True, while not a national holiday, but because it's still a Utah holiday the Utah Code Section 63G-1-301

prescribes state holidays, including July 24, Pioneer Day. According to the United States Flag Code, Title IV, chapter 1, § 6 Time and occasions for display, the U.S. flag should be flown on state holidays. Therefore, all Utah residents are encouraged to fly the national flag on July 24.

And for the record, I love the Stars and Stripes too. Which means there is never a day when it is wrong for an American to fly the flag of his or her country. I also believe that Utahns of all backgrounds think it's worth pausing for a moment once a year to remember and refresh their perspective on who they are and where they're going. It also provides us with another excuse to barbecue with our neighbors, in case we need it.

David C. Maness

Want to submit a letter to the editor?

Submit your letter to the Editor on our website at www.ironcountytoday.com, or by emailing it to news@ironcountytoday.com. All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

QUOTE OF THE WEEK

"The individual who says it is not possible should move out of the way of those doing it."

Trivia Cunningham

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WORD OF THE WEEK

PULCHRITUDINOUS

Physically beautiful

When was the last time someone (including yourself) told you how pulchritudinous you look today? Because you are!

Romney applauds senate passage of defense bill with wins for Utah

from Sen. Romney Press Office

FOR IRON COUNTY TODAY

WASHINGTON — U.S. Senator Mitt Romney (R-UT) applauded Senate passage of the National Defense Authorization Act for Fiscal Year 2024 (NDAA), annual legislation that authorizes funding levels and provides authorities for the U.S. military and other critical defense priorities, ensuring America's forces have the training, equipment, and resources they need to carry out their missions. The bipartisan Senate NDAA includes several Romney measures aimed at protecting against threats from China and Russia and reaffirming the critical role Utah plays in our national security. It also includes provisions from Romney on passport services, continuing his efforts to improve access to passport services for Utahns. The NDAA passed by a 86-11 vote.

"As the United States faces growing threats from adversaries, our military must have the resources, equipment, and capabilities it needs to keep our nation safe," Senator Romney said. "This year's Senate NDAA includes several provisions which I fought for to protect against these growing threats by modernizing our nuclear triad, fully understanding the extent of China's defense-industrial complex, and bolstering our domestic critical mineral capabilities to reduce our dependence on adversaries like China and Russia.

"Importantly, this year's defense bill also includes many measures which will bolster Utah's role in our

"With the passage of the NDAA today, we are one step closer to bringing a passport agency to Salt Lake City"

U.S. Senator Mitt Romney (R-UT)

national defense," Senator Romney continued. "Among those measures is my legislation to help ensure Utah's Dugway Proving Ground continues its efforts to prepare our military for evolving chemical and biological threats. By strengthening the Sentinel program, which has a major presence at Utah's Hill Air Force Base, the NDAA demonstrates our commitment to modernizing our nuclear triad at a time when deterrence against China and Russia is of paramount importance. The legislation will also help address the current military recruitment crisis—which has real impacts on our national security—by enhancing military recruiter access to high school and college students.

"Lastly, I'm proud that we were able to include several of my provisions to improve passport services for Utahns and others in our country who

currently must travel long distances to obtain urgent, in-person consular services at passport agencies. With the passage of the NDAA today, we are one step closer to bringing a passport agency to Salt Lake City," Senator Romney concluded.

Other Utah Wins in the NDAA:

Combating Fentanyl Trafficking. Title LXVIII of the NDAA is the FEND Off Fentanyl Act, a version of legislation cosponsored by Senator Romney which authorizes the Treasury Department to employ sanctions and anti-money laundering tools against fentanyl traffickers and those supporting them.

Support for Construction at Hill Air Force Base: The Senate NDAA also authorized \$96.2 million for new military construction projects at Hill Air Force Base, including support for the F-35 Program and \$4.877 billion for 48 new F-35A fighters for the Air Force, in support of the President's Budget request.

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PRECIP: 0%
WINDS: SW 10-15

SATURDAY
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PRECIP: 0%
WINDS: SW 10-20

SUNDAY
Sunny
90°/60°
PRECIP: 0%
WINDS: SW 10-15

MONDAY
Sunny/Breezy
90°/62°
PRECIP: 0%
WINDS: SW 10-20

TUESDAY
Mostly Sunny
90°/62°
PRECIP: 5%
WINDS: SW 10-15

WEDNESDAY
Mostly Sunny
89°/61°
PRECIP: 5%
WINDS: SW 10-20

**IRON COUNTY
FORECAST**

DRIER AIR MOVING IN
FOR THE REMAINDER OF
THE WEEK WITH MORE
SEASONAL TEMPS. DRY
WEATHER CONTINUES
OVER THE WEEKEND
WITH HIGHS NEAR 90
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IRON COUNTY CITY COUNCIL UPDATES

Passionate discussion over balancing freedom of expression and community values at Cedar City council meeting

by JR Importante

FOR IRON COUNTY TODAY

The recent Cedar City Council meeting (July 26), saw passionate discussions and community concerns raised about the allocation of RAP (Recreation, Arts, and Parks) funds. During the meeting, attendees addressed the use of these funds to support events deemed offensive by some community members, sparking a debate about moral standards and the role of government in funding such activities. The even in question was the recent Drag Paint Night hosted at, but not sponsored or promoted by, the Johnson Art Center in Cedar City.

RAP funds support recreation, arts, and parks through a committee of dedicated citizens who evaluate applications based on criteria. The JAC event sparked controversy over its appropriateness for minors. The City Council clarified their focus on financial viability and community impact, avoiding moral judgments to preserve freedom of speech, and avoid legal challenges. Some community members still advocate considering moral values when distributing funds to avoid supporting potentially offensive events involving minors.

The council acknowledged the need to balance individual freedom of expression with community values and expectations. While they expressed empathy for community concerns, they emphasized their commitment to respecting constitutional principles and protecting freedom of speech. In cases of controversial events, they advise community members to engage in dialogue and utilize their freedom of expression in voicing their views.

Moving on to city matters, the council discussed efforts to improve drainage systems and maintain sports fields in the area. The city received appreciation for its work in repairing drainpipes and restoring the Field at The Hills Softball Complex. The football team's involvement in the maintenance of the Aquatic Center was also acknowledged, highlighting the spirit of community service.

The meeting then turned to the crucial topic of preserving historical areas. A citizen asked if there were laws to stop demolishing historic buildings. The council said there were not but agreed to explore solutions. The citizens urged them to create an ordinance for protection, citing successful examples elsewhere. They also wanted careful expansion of the Special Historic District (SHD) zone.

Concerns were also raised regarding access to facilities for special-needs individuals. The council discussed the need to explore ways to accommodate special situations and ensure inclusivity within public amenities.

On a lighter note, Mayor Garth Green and the city council welcomed its newest member, Logan Nelson, who was sworn in to fill the position left vacant

by Hadley Pearson's resignation. The decision was unanimous and met with enthusiasm from the council members. Logan, a high school student at Cedar City High School, expressed his interest in politics and his eagerness to contribute to the city's political process. With his impressive resume and unanimous support from the council, Logan is now ready to take on his responsibilities as a youth city council member. The future looks promising for engaging the youth and bringing the community together for exciting experiences.

As the attendees dispersed, they carried with them a sense of optimism for Cedar City's future, knowing that their voices were heard, and that the city's leadership was dedicated to building a strong and inclusive community. The challenges discussed during the meeting served as a reminder that progress requires open dialogue, understanding, and a collective effort to make the city an even better place for everyone to live and thrive.

Parowan City Council highlights Veteran's Flagpole dedication

by Jennelle Zajac

FOR IRON COUNTY TODAY

Parowan Arts Program Launched

Steve Decker, a past Parowan mayor and current director of the Parowan Arts Program, expressed his gratitude for funding received from Parowan City – the money has allowed the arts program to hold a kickoff meeting and plan several art activities for local adults and children. The program will initially offer drawing and painting with a nominal fee for classes. The class schedule and arts program information can be found at www.parowan.org.

Volunteers Provide Fire Hydrant Operational Checks

Frank Showers and Ron Clayton have been assisting the Fire Department and Fire Crew by checking the functionality of the city's fire hydrants. As of this date, ninety hydrants have been checked with three identified as needing repair. If you see these two men working around a fire hydrant, stop them and ask questions – and then thank them for performing this service that is so valuable to the safety of the community.

Airport Project Funded

The Parowan Runway Project that was on hold pending availability of federal funding is now set to begin on August 16 – the Parowan Airport runway will be closed for 60-90 days while the runway is resurfaced. The length and width of the runway will remain the same, and the recommended alternate airport is Cedar City.

Veteran's Flagpole Dedicated

On July 21, 2020, Parowan native Sgt. Bryan "Cooper" Mount, US Army was killed while participating in combat operations in Syria. He was laid to rest in Parowan in August of that year.



Those that loved him wished for a tribute to memorialize him and his service. Sheryl Mount, Cooper's aunt, started an effort to erect a flagpole at the Parowan Pool in his honor. Many citizens, members of Cooper's family and friends witnessed the initial dedication. The ceremony included burial of a small box at the base of the flagpole containing a razor, a book of matches, and a 9mm bullet. These symbolic items are to be used by a soldier under attack – the razor to cut down the flag, the matches to burn it, and the bullet to prevent capture.

Parowan's VFW members attended to present colors, raise the flag and play Taps while members of the community bowed their heads in Cooper's honor. A few members of the community spoke about Cooper's dedicated service to our country and love and commitment to his family, friends, and the community.

The flag sits just south of the Parowan Municipal Pool at 89 S 300 E, in Parowan and is a tribute to all Veterans.

Sen. Lee, Rep. Roy introduce HERO Act

WASHINGTON — Sen. Mike Lee (R-UT) introduced the Higher Education Reform and Opportunity (HERO) Act, a bill that brings transparency, accountability, and competition to higher education. Rep. Chip Roy (R-TX) sponsored the HERO Act in the House of Representatives.

The HERO Act aims to simplify federal student loans by offering a single option and introduces a new financial "skin-in-the-game" requirement for universities. Under this requirement, universities will be rewarded for each Pell Grant graduate but will also be obliged to repay a percentage of the total loans issued, with consideration for loan default rates and the average national unemployment rate.

Moreover, the bill empowers states to establish alternative accreditation systems that can accredit any postsecondary institution offering programs applicable to degrees, credentials, or professional certifications. This flexibility allows states to determine clock hour and minimum program length requirements, making short-term workforce development programs and nontraditional educational providers eligible for federal student aid.

Additionally, the HERO Act mandates higher education institutions participating in federal student loan programs to publish relevant outcome information in an easily accessible format. This transparency provides students with the necessary information to make informed decisions about which institutions to attend.

Of the bill, Sen. Lee said, "Too often, our bright young minds needlessly face the unfair choice of either drowning in debt or sacrificing their dreams of higher education. The HERO Act aims to alleviate the ever-increasing financial burden required of students pursuing their educational goals by capping loans that exacerbate costs. It would trans-

form our educational landscape and allow students to tailor their unique learning journey and gain the skills needed to excel in today's dynamic economy."

Of the bill, Rep. Chip Roy said, "Enough. It's time for schools to have skin in the game for how much debt they encourage young Americans to rack up. It's time to start getting the feds out of the college business, and put states and students back in charge."

Of the bill, Ryan Walker, Acting Executive Director of Heritage Action, said, "While the quality of higher education in the United States has diminished, the cost of going to college has skyrocketed. Federal education subsidies incentivize colleges and universities to

repeatedly increase tuition without worrying about the return on investment they provide to students. This has left millions of Americans saddled with more debt than the earning potential their degree provides. Senator Lee should be commended for putting forward a serious plan for creating a more sustainable higher education system in the United States."

"It would transform our educational landscape and allow students to tailor their unique learning journey and gain the skills needed to excel in today's dynamic economy."

Sen. Mike Lee (R-UT)

NOTICE OF PROPOSED TAX INCREASE

Iron County General Fund

The Iron County General Fund is proposing to increase its property tax revenue.

-The Iron County General Fund tax on a \$405,000 residence would increase from \$186.44 to \$371.93, which is \$185.49 per year.

-The Iron County General Fund tax on a \$405,000 business would increase from \$338.99 to \$676.25, which is \$337.26 per year.

-If the proposed budget is approved, Iron County General Fund would increase its property tax budgeted revenue by 99.49% above last year's property tax budgeted revenue excluding eligible new growth.

All concerned citizens are invited to a public hearing on the tax increase.

PUBLIC HEARING

Date/Time: August 15, 2023, 6:00 p.m.

Location: Festival Hall, Room #7, 96 North Main Cedar City (Enter from NW corner of parking garage over sky bridge)

To obtain more information regarding the tax increase, citizens may contact Iron County at (435) 477-8349, jail.ironcounty.net, or email clerk.group@ironcounty.net

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Yoga In The Park

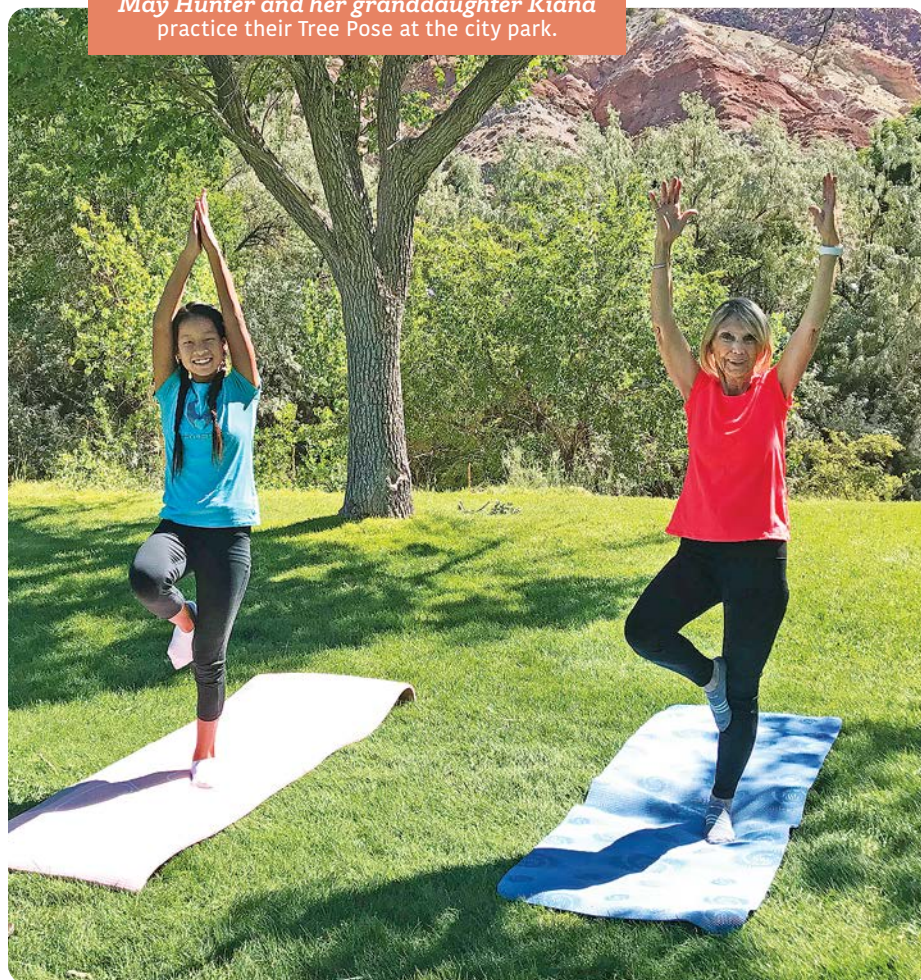
by May Hunter

FOR IRON COUNTY TODAY

If you've never tried yoga before, check out yoga in the park. Every Monday at 10 A.M. in the Canyon Park (West Side). Bring your mat and join

entire body and mind. It effectively increases flexibility and range of motion. It also enables individuals to easily get up and down off the floor. It improves heart health, lowers blood pressure, improves spinal health, improves immune system functioning, increase range of motion, improve sleep quality and it teaches you how to think more healthy and can even relieve

May Hunter and her granddaughter Kiana practice their Tree Pose at the city park.



COURTESY MAY HUNTER

Karen for a free and freeing exercise. Come meet new friends, old friends and friends you will always have.

What is yoga, and why is it so popular? Yoga is a series of stretches and poses that you do along with breathing techniques. It offers the powerful benefits and because yoga is so gentle on the body, almost anyone can do it with ease; it doesn't matter your age or fitness level.

Yoga is not a religion and its benefits extend to help balance the

anxiety.

Because yoga is generally practiced in a calm, peaceful environment, Yoga in the Park is the perfect place as one can relax while listening to soothing sounds of nature—the creek babbling, the birds singing, and wind blowing through the trees.

Come join us. Everyone is welcome, no judgement, no expectation and no competition.

"Yoga teaches you how to listen to your body." Mariel Hemingway

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New this year: a karaoke booth for the kids, face painting, & a beach ball drop with the Cedar City Fire Department at 10:30 a.m. on the front lawn of the hospital!

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Parowan's athletic trainer helps student athlete with severe femur fracture during track meet

by *Ellie Romero*

FOR IRON COUNTY TODAY

A summer high school track meet recently hosted at Southern Utah University took a serious turn when an athlete from Enterprise High School suffered a severe femur fracture during a hurdle race. With the quick judgment and help of Ryan Huber, Intermountain Health's athletic trainer for Parowan High School, along with the on-call nurse at the meet, the injured athlete received immediate care on the field and was transported to the hospital for surgery and is currently on the road to recovery.

For the track meet, the athletic trainer, together with a colleague, had set up a medical tent near the finish line equipped with necessary supplies and first aid equipment including ice, splints, and an Automatic Electronic Defibrillator (AED). During the hurdle race, Huber said, "I saw the athlete from Enterprise fall, and immediately a worker at the meet ran toward us waving her arms and yelling."

Reacting immediately, Huber sprinted toward the fallen athlete and discovered that the athlete had a femur fracture, evident from a visible deformity in the leg. Huber took control of the situation, instructing a colleague to retrieve vacuum splints from the medical tent, and then delegating to the school principal to call for an ambulance. Huber remained with the athlete, providing stabilization, and checking for signs of compromised circulation and sensation in the leg.

Once the vacuum splints arrived, the athletic trainer, some of the meet workers and other school staff "carefully lifted him onto the back of the golf cart that we had, so that we

could move him off of the track and out of the public eye," said Huber.

behind the scenes for the benefit of our athletes, and I really do believe

that the work we do is so important and does make such a difference for our athletes. Sometimes that difference is the difference between life and death."

Athletic trainers are outsourced by Intermountain Health to high schools throughout Utah and take care of all the athletes that play for the schools. Athletic trainers engage in different kinds of activities and education such as injury prevention, rehabilitation, coordination with medical professionals, implementation of warm-up protocols, and addressing weather-related safety concerns. Their work extends beyond emergencies to promote the overall well-being of student athletes, playing an important role in the lives of the students and school communities around them on and off the field.

The skills of athletic trainers like Ryan Huber are critical to help keep athletes healthy and healed up during injuries.



PHOTOS COURTESY RYAN HUBER



They positioned the athlete near the university track entrance, where the ambulance could get to him more easily.

After a short wait, the ambulance arrived,

and the team assisted in controlling traffic, making certain that there was a smooth path for the ambulance. The athletic trainers informed the ambulance crew of the initial care provided and the overall situation. The injured athlete was transferred to the stretcher, and the ambulance took the athlete to the hospital. Following the incident, Huber reached out to Enterprise High School to update them on the situation, maintaining open lines of communication with the athlete's parents as well.

Reflecting on athletics trainers' roles and impact on local high school athletes, Huber said, "While a lot of parents or athletes in the communities that we serve may not completely understand a lot about what we do, there is so much that goes on



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is pleased to welcome

Bryce Perkins, DO

Bryce is from Cedar City, and graduated Magna Cum Laude with his bachelor's in Biology at SUU, then went on to get his Doctor of Osteopathy (DO) at Kirkville College of Osteopathic Medicine in Missouri. He completed his internal medicine residency at the University of Arizona in Tucson, Arizona. He has served his communities in many ways, including as a child advocate in the court system, and as a church missionary, leader and nursery teacher. He was selected as Chief Fellow during his Fellowship at the University of Kentucky. Bryce enjoys adventures with his wife and two daughters, landscaping at home, playing piano, hiking and running. His mom, Bonnie Perkins, has been an award-winning nurse at Cedar City Hospital for many years.



Parowan Pool grand opening a splash

by Jennelle Zajac

FOR IRON COUNTY TODAY

Parowan residents (and southern Utah guests) attended the Parowan Pool grand opening on Monday, July 24 to see what Parowan City and volunteers have been up to all summer. Moms and Dads arrived with their kiddos in tow – wearing swimsuits,

and revering in the volunteerism and hard work expended to accomplish such a herculean task.

Mayor Mollie Halterman quoted a poem by Ella Wheeler Wilcox titled, “Tis the Set of the Sail – Or – One Ship Sails East”. With palpable emotion, the Mayor said, “The effort to get the pool open on such a short time schedule was monumental. Several

She added, “It was a truly inspiring and unifying experience sprinkled with divine help and countless miracles. It was an experience those involved will always treasure and

to let them into the pool. Picnic tables, chaise lounges, and seating are strategically placed around the pool while beachy umbrellas and shade structures dot the pool deck with

“The effort to get the pool open on such a short time schedule was monumental. Several weeks involved sun up to sun down activity by, at times, four to five trades and small volunteer groups working all at once. It was a symphony of activity driven tirelessly by a common, unified goal.”

Mollie Halterman, Parowan Mayor



Parowan Mayor Mollie Halterman joins other leaders and citizens at the pool's grand-opening.



PHOTOS BY JENNELLE ZAJAC

floaties and goggles – ready to take a plunge!

The opening ceremony began with the Veteran's Flagpole dedication – then City officials performed the ribbon cutting. Each of the City Council members spoke, giving accolades to the myriad of workers (paid and volunteer) that got the project done. The Council stood with City Manager Dan Jessen and Mayor Mollie Halterman while commenting that the project has unified the town

weeks involved sun up to sun down activity by, at times, four to five trades and small volunteer groups working all at once. It was a symphony of activity driven tirelessly by a common, unified goal. It couldn't have happened without a tremendous and generous effort from all of the volunteers, donors and tradesmen along with a select few that we like to call “MVPs”. We will never forget that level of effort and commitment to our community in getting the pool open.”

never forget.”

The kiddos were anxious to get the ceremony over with and jump in the water! Moms held back their little ones while awaiting the “go-ahead”

color and protection from the sun. Onlookers even got quite an amusing surprise when the Mayor's husband, Sam Halterman, christened the pool by throwing her into it.

UTAH LEGISLATIVE UPDATE

Friends and Neighbors,

It was wonderful to celebrate this month to commemorate the 127th anniversary of our pioneer ancestors entering Utah. Whether we are descendants of those who came across the plains or not, we can learn from their example of sacrifice, faith, hard work, and determination to press forward against all odds. These traits allowed the pioneers to build a thriving metropolis in the middle of a desert wasteland and these traits will help us continue to make Utah the best state in the nation. Our state's pioneering spirit continues to set us apart as we build thriving industries and a place where all Utahns can reach their greatest potential.

One Year of 988

This month commemorates one year of 988, the National Suicide Prevention Lifeline. Similar to calling 911 during an emergency, the three-digit hotline creates a simplified, universal number that anyone in the country can utilize during a mental health crisis. After dialing 988, individuals speak with trained counselors who listen, offer support and connect callers with helpful resources. The idea originated in the Utah Legislature before being championed by Utah Sen. Orrin Hatch and Rep. Chris Stewart in Congress. Because of Utah's initiative, individuals across the country now have access to mental health resources.

Bills Now in Effect

During the 2023 General Session, we made generational investments in education, water and accomplished a historic tax cut for the third consecutive year. Many of these related bills were signed and went into effect earlier this spring. Additional bills had a specified effective date of July 1, 2023, and are now in effect. I wanted to highlight some of these important bills below. I once more express gratitude for the diligent efforts of my colleagues in collaboratively crafting impactful legislation that will soon be integrated into the fabric of Utah's legal framework.

Education

S.B. 45 Statewide Online Education Program Amendments expands the Statewide Online Education Program (SOEP) to include grade 6 in certain circumstances, allowing sixth-grade students who cannot attend school due to medical or other reasons eligibility to participate in the program. The bill also allows for additional middle school credits per school year, giving students in grades 7-8 more chances to earn up to 12 credits per year through the program, up from the previous limit of nine credits.

S.B. 183 Educator Salary Amendments is a companion bill to H.B. 215 that appropriates funding and ties the teacher salary supplement and educator salary adjustment raises to increase yearly with the WPU value instead of remaining stagnant. Additionally, it makes all teachers eligible for these benefits until they have received three unsatisfactory ratings instead of one.

H.B. 140 Standard Response Protocol to Active Threats in Schools addresses administrative rules related to required emergency drills in public schools. It also implements monthly and developmentally appropriate training or drills regarding an active threat within the school.

Water

H.B. 491 Amendments Related to the Great Salt Lake sets the framework for the new Great Salt Lake Commissioner, who is responsible for developing and implementing a strategic plan for the Great Salt Lake. The bill also establishes a Great Salt Lake Account to support Great Salt Lake restoration and management efforts.

S.B. 112 Aquatic Invasive Species Amendments addresses the problematic spread of quagga mussels by placing a \$20 per boat fee for in-state boats and \$25 for out-of-state boats. The funds will go towards hiring staff and other resources that will directly help mitigate the spread of mussels to more of our water systems.

S.B. 277 Water Conservation and Augmentation Amendments establishes a water conservation fund to support water conservation projects and programs. Additionally, the bill provides incentives for water conservation, such as rebates for water-efficient appliances and fixtures.

Law Enforcement

H.B. 278 First Responder Mental Health Services Grant Program creates a grant program to fund mental health services for first responders in Utah. First responders are often exposed to traumatic events. The program intends to help first responders struggling with the mental health effects of their work by providing access to resources to help cope with stress and trauma.



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

Utah Fights Back Against EPA Rule That Endangers Energy Supply and Increases Costs

The Environmental Protection Agency (EPA) recently released the Ozone Transfer Rule. This past month, many of the state's elected leaders have taken a united stance against it, including Governor Spencer Cox, President Stuart Adams, Speaker Brad Wilson, and the members of Utah's congressional delegation. The concern is that

the EPA rule could force the premature closure of power plants in the state. This action threatens Utah's energy grid's reliability, affordability and dispatchability, which has been vital in helping drive the state's prosperity for years.

Update on New Capitol Complex Building

Over a century of hard work has gone into building the Capitol Hill Complex, and tens of thousands of individuals visit every year. To help increase learning about our state's rich, long history for Utahns and visitors, construction is currently underway for a new building on the north side of the Capitol complex. This new building has been a part of the Capitol complex plan for years, and we are excited to add it to our beautiful Capitol grounds. The building will house a Museum of Utah, archives storage, conference rooms and offices. The addition will make the Capitol Hill complex an even greater destination for Utahns and visitors. Construction is scheduled to be completed by 2026.

Please reach out anytime with feedback, thoughts, ideas, or questions. I appreciate you and your involvement in the important political process. Thank you.

Sincerely, Evan

InfoWest spends summer giving back

from Josh Kaneversky

FOR IRON COUNTY TODAY

What has become a summer tradition, InfoWest continues to invest in the next generation. To demonstrate their commitment to the community, they have provided over 600 backpacks to children in Overton Nevada and Cedar City and organized a free STEM camp in St. George, UT.

Throughout the summer, InfoWest distributed more than 200 backpacks to children in Cedar City UT, and Overton, NV. Randy Cosby, Founder, COO, and Executive VP at InfoWest, expressed the company's local roots includes their desire to give back to the community.

"The 600 backpacks were prepared with essential school supplies such as glue, paper, coloring pencils, pens/pencils, and other items to help children start the school year on the right foot," said Cosby.

Both the STEM camp and the backpack giveaway were offered entirely free of charge to all, regardless of whether they were customers or non-customers. The company firmly believes in being good neighbors and giving back to the community that supports them. The backpacks came in a variety of styles, including cute dinosaur and llama designs, as well as Marvel-themed and other colors, giving the kids the opportunity to choose their favorite.

InfoWest also ensured that parents had an enjoyable time at the event by providing door prizes and offering a variety of food options, such as tacos, sandwiches, or pizza.

This year also marked the 5th anniversary of InfoWest's "Kids Innovate" STEM camp, for kids 7-12, and was offered free of charge. The camp included snacks, lunch, T-shirts, and a bag filled with goodies and prizes for each participant.

Cosby mentioned that the event has grown significantly each year, necessitating a move to a larger location to accommodate the 60 kids who signed up this year. "The camp featured educational activities about how the internet works, along with hands-on experiences like 3D printing and making solar ovens to bake s'mores. Additionally, the kids had a special presentation from Wilson Electronics," he shared.

Cosby also emphasized that the camp's curriculum and activities are carefully chosen each year, allowing returning kids to learn new things and continue to be engaged.

Stay tuned to their social media for announcements about the 2024 events. www.InfoWest.com

showcase

ARTS + ENTERTAINMENT IN IRON COUNTY

Art Walk Artisans beat the heat

by Ruth Scovill

FOR IRON COUNTY TODAY

Despite Friday's scorching weather, and with the heat taking its toll on both the number of booths and the number of attendees, it was still a successful Final Friday Art Walk. For those who braved the heat, there were good things going on for them to enjoy. Once again there were a variety of interesting and creative booths, artists and entertainers.

The Laughing Larks flute ensemble is a trio that includes the talented Kim Larson, Rebecca Stucker, and Amanda Chappell. Meanwhile at SUMA, Amanda Clarke and Jamie Carter were fiddling up a storm with Amanda on violin and Jamie switching off between guitar and violin. Nelson Woolworks and Weavers were there to showcase a variety of their handcrafted articles made from the wool of their family business which herds 500 head of sheep.

One of the most unusual booths was Jason Waters' All American Beard Oils. The Waters family produces a variety of uniquely scented beard oils to help keep beards well groomed. Jason also sports a well-groomed beard. Another interesting booth belonged to Lou and Brooke Gbur (Pronounced Gabor, of Ukrainian origin). Brooke dreams up a wide variety of imaginative art pieces that Lou helps her create with his Laser cutter. The results are eye-grabbing creations to grace your home.

Another artisan, MaryLiz Harris, hand paints the back of glass beads or glass pieces to create lovely jewelry and art objects. Nearby, Andy Phillips was hawking his darkly whimsical art, while Elder and Sister Yocum had a booth featuring her floral designs, and his lovely paintings, which depict scenes from the Book of Mormon and Bible with special emphasis on outstanding.

If you missed any of the Art Walks, don't worry because there are two more scheduled for this year, on August 25, and September 29.



Sandy Crabtree



Laughing Larks



Amanda Clarke and Jamie Carter

Waters Family



Lynn Dalton

It's time to consider piano lessons

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

I've received a couple of phone calls from parents who are thinking about starting their kids with piano lessons. It is the season for such thoughts; everyone knows that the beginning of the school year is really the first of the year, and parents are getting organized for the coming season. Of course, I think it is a great idea. In my opinion, playing the piano is a desirable lifetime skill, and it has far-reaching benefits beyond just the musical ones.

For one thing, the brain is activated by this demanding two-handed exercise in ways that no other game, gadget, instrument, or tool can. For instance, the part of the brain known as the cerebellum is stimulated by the following piano-playing skills: having to use two hands independently; having to use ten fingers independently; having to understand rhythm; learning to play the appropriate keys without having to actually look at the keys. Other parts of the brain are stimulated as well.

Besides the above benefits, piano is without dispute the desirable introduction to music. Period. All university music programs recognize this, requiring a music major of any vocal or instrumental focus to acquire a certain level of skill at the keyboard. For years I taught lovely violinists or singers, for example, to play the piano to a certain level of mastery. Those without prior piano instruction said it was the hardest class in the music-major curriculum for them. Reading a piano score teaches familiarity with both

clefs, hand independence, and the rudiments of that most important musical element, rhythm. Moving from the piano to the flute, say, is much easier than going in the other direction.

Middle schools provide band and orchestra programs, but there is no provision for piano instruction, and so parents must go outside of the school system and pay out-of-pocket for their children to learn this skill that could truly be a lifetime advantage.

So, parents, find a piano teacher and introduce your child to this most ubiquitous instrument, but not without realizing the following: your child's success at and enjoyment of playing the piano is dependent upon your support. Your family routine must include a daily slot for piano practice. And you will need to be a participant or at least an observer for the first couple of years. You can't send a young grade schooler into the other room to practice by herself. And it is mean to send her off to an appointment every week for which she knows she

is unprepared. Help her to feel confident and she will enjoy her lessons and practicing.

Don't be impatient. You know that students have "reading time" in school for years. Learning the piano will require the same diligence and commitment.

Eventually, she will be able to read the music in her school choir, or easily play a second instrument in a band because she can read music and understand rhythm. Her brain will have been nourished, she will have a cool enviable skill, and your home will be filled with lovely music. Now is the time.



"Playing the piano is a desirable lifetime skill, and it has far-reaching benefits beyond just the musical ones."

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Hey movie Junkies, do any of you remember Cedar City's Adventure Land Video? I remember the perfect weekend growing up on 2nd East was splurging a bit to rent a VCR and a few movies. We would watch movies all weekend with my dad. Sometimes, we would watch the same movie over and over. I think my brother Mike watched the 1982 movie, Savannah Smiles seven times in one weekend. Mike ended up naming his first daughter, Savannah. Go figure.

We called my dad Jake in those days. Jake's favorite movies included war movies, any John Wayne western movie, and of course the ever-popular Rocky films featuring Sylvester Stallone as Rocky Balboa. If I want to get a fix on your personality, I may just ask if you have seen any of Jake's favorites. The answer to this question helps me determine our compatibility. It's one of those random things I do.

The invention of the video was great, but it was always a treat when we went to watch a movie on the big screen. I remember scraping together my babysitting money and heading out to the Fiddlers Movie Theatre on the Northside of town and purchasing a ticket from Jackie Sawyers, and then being greeted by Jack Sawyers as I gave him my ticket. In fact, I specifically remember attending

The adventure of a good movie

Return of the Jedi in 1983 at Fiddlers with Jake. It was the beginning of summer and the big screen captured the very essence of the long hot days filled with late nights, cold drinks, and memories.

Now, forty-one years later the big screen still captivates me and it continues to capture the essence of summer. While I am still a lover of "Jake's movies", I have created my own list of favorites, two of which include the Indiana Jones films and the Mission: Impossible series. And let's be honest Harrison Ford and Tom Cruise do offer a little "eye candy." Ford at 81 and Cruise and 61 still know how to create magic. I have grown up with these movie stars, and I have grown old with them as well.

Ford and Tom Cruise stole the summer screen with the latest release of their films, Indiana Jones and the Dial of Destiny and Cruise's Dead Reckoning Part One. What do they have in common? Both of these action-adventure films have been led by the same stars since their creation, both have a touch of romance,

intrigue and suspense, and both face a similar challenge- the acquisition of powerful objects before they are acquired by enemy forces. And one more similarity- their theme songs automatically transport the viewer to a different time and place. And that, my friends, is the power of movies.

Ford's movie includes epic scenes from 1969 during the race and 1944 and World War Two. The audience is introduced to Indy's goddaughter Helena (Phoebe Waller-Bridge) who shares his incessant interest with the mysterious and powerful "Dial of Destiny" the Antikythera. The adventure is a thrill ride from start to finish complete with car

racers, train chases, airplane exploits, horse rides, fight scenes and dangling bridges. While the ultimate enemy in the film is time itself, interestingly enough, time is also Ford's metaphorical enemy as he takes America's cherished action hero, Indiana Jones on one last ride. Remember, "It's not so much what you believe, it's how hard you believe it."

While I won't choose whether Indiana Jones or Mission Impossible



AMYANNE RIGBY
CONTRIBUTOR

is my favorite movie of the summer, I must admit that Cruise's Mission Impossible is nothing short of amazing. This action packed film barely gives the viewer a moment to catch their breath. The intense action scenes provide epic adrenaline rushes, while stunning scenery delights with a visual feast.

In the film's opening Ethan Hunt is asked, "What is the oath?" his response, "We live and die in the shadows, for those we hold close, and for those we never meet." It is this response that captures the essence of this film and Hunt's allegiance to the mission as once again he and his loyal allies and love interests, unite against the film's antagonist, Gabriel, to retrieve a powerful key and prevent a rogue AI, Entity, from controlling the world. Hunt's Impossible Mission Force (IMF), while one of his strengths, is also his weakness and his enemies know it. Nevertheless, Hunt's cohorts, Benji and Luther provide dependable support.

Let's face it, Ethan Hunt can take down any enemy and even at 61 he remains the ultimate spy who still has guts, and still manages to take his viewers along for the ride whether he is driving his motorcycle off a cliff or parachuting from a train. Dead Reckoning Part One leaves its fans waiting eagerly for the sequel.

"Postcard" art dedicated during Parowan Pool opening



Skull Island, created by Justin Chandler Whitelaw



(L - R) **Delaney Deutschlander and Ali Harris** stand in front of their mural creations.

by Jennelle Zajac

FOR IRON COUNTY TODAY

Several months ago, a "Vintage Tiki" mural concept was presented to Parowan locals and three artists stepped up to offer their submissions. All three of them had spent their childhoods in Parowan and two had even been Parowan City lifeguards in the past. With that connection and love for the space, they added the hidden treasures and a postcard concept to the project in their designs. The murals are the foundation for a future of new artists and additional installments for decades to come.

Justin Chandler Whitelaw created the Skull Island mural, Delaney Deutschlander created the waterfall mural, and Ali Harris created the surfing and grass hut mural. The significant contribution of their talents made the pool not just a colorful, fun gathering space for recreation and events, but also an ideal venue for community art. A sincere thank you to these talented artists.

PHOTOS BY JENNELLE ZAJAC

Among the Wildflowers

by John Byron Turner

FOR IRON COUNTY TODAY

After a recent shopping trip to Home Depot with the local temperature in the high 90's, we decided to take the long

and cooler road back home to Parowan, so we detoured through Cedar Breaks National Monument, just 30 minutes out of Cedar City, up Highway 14.

The 20 degree difference in temperature was just what we were hoping for, but the unexpected treat was the still blooming collection of spectacular wildflowers all along the drive through the Park. Several times over the years, we have visited the annual Wildflower Festival which usually

takes place for two weeks in late June and early July. The ranger told us that this year our long winter seems to have extended the season all the way into late July, with many different flowers blooming at different times throughout the season.

According to the National Park Service, there are over 300 different species of flower that bloom in the Park. Some of the flowers we found and photographed were Scarlet Paintbrush, Silvery Lupine, Colorado Columbine, Aspen Bluebell, Queen Anne's Lace and many fields of Goldeneye.

We were lucky enough to get there right after a brief rain shower, which left us with a beautiful blue sky and cumulus clouds that looked like a painting.

We also learned from the Ranger that the Park is designated as an International Dark Sky Park and hosts stargazing parties throughout much of the year. Visit the Park website, www.nps.gov/cebr, for directions and scheduled programming, and hope you enjoy the different wildflowers that I photographed.



Beautiful wildflowers fill the fields and meadows near Cedar Breaks and Brian Head.



Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

family

Breakfast stress simplified

Every parent knows the importance of feeding their kids a nutritious breakfast. Ideally my kids will be served scrambled eggs and bacon with a side of fresh cut strawberries and a glass of orange juice. Or perhaps oatmeal with bananas and apple juice. However, we rarely have an ideal morning!

With our baby in the midst of what my Google search calls the "18 month sleep regression", combined with the simple fact that I am not a morning person, we have many days that begin with me staring in the fridge wondering what I can feed the kids the fastest. Over the years I have discovered a few (nearly) healthy options to help smooth out a rough morning after a sleepless night.

While all of these options are made by different brands and can be found in just about any grocery store, I will share the ones I have been feeding my kids that I have purchased out of the frozen food section at Walmart simply out of convenience.

Great Value Pancake and Sausage on a Stick

My kids call these "sausage corn-dogs" and would eat them for every meal if I let them. I keep at least one box in our freezer for times we are running late for something or the typ-

ical morning after their baby brother has kept me up at night. They love the times I let them dip these in syrup but they're tasty enough as a standalone so I rarely add to it with the sticky stuff.

Tennessee Pride Sausage and Buttermilk Biscuits

These little breakfast sandwiches are another family favorite. They are definitely kid sized (a bonus because nothing goes to waste) so don't count on them as a complete meal for a

mom's CORNER(ED)

by **Weslie Stratton**
CONTRIBUTOR



hungry adult. My oldest requests that I add a little cheddar cheese prior to thawing for additional flavor.

El Monterey breakfast burritos

I buy these specifically for our seven-year-old boy who is always in the mood for scrambled eggs. His appetite is on the rise and he requires a few more groceries than our younger kids these days! He likes the ones with eggs, bacon and cheese and claims they are a little on the spicy side, but it's nothing ketchup can't calm down. (He's correct. I also



SHUTTERSTOCK

enjoy these burritos on the go.)

While I do prefer to cook my kids fresh meals and try to limit their processed food intake, it's my experience that a frozen breakfast here and there

is worth my sanity. Hopefully these ideas will help lighten your morning checklist on days when a mess in the kitchen is the last way you want to start the day!

FAMILY HISTORY CORNER

Family History can be a precious part of your legacy no matter your age or experience. Here are some great ideas to help you get started on writing your own story that will become a foundation of inspiration for your posterity for generations yet to come.

Extended Family

- » Talk about your extended family members and memories you have with each of them.
- » For better or worse, how have they influenced your life?
- » Who has been your most influential relative? (You can choose more than one. After all, it's your history!)



RUTH SCOVILL
CONTRIBUTOR

MISS IRON COUNTY & MISS IRON COUNTY'S TEEN

Competition



Saturday, August 12th - 1:00 PM

Canyon View High School

Tickets are sold at the door

Ages 4-13 & Seniors \$5

Adults \$10

calendar

THURS, AUGUST 3

CYCLE TO WORK DAY

62ND UTAH SHAKESPEARE FESTIVAL – THE Festival also offers a FREE nightly Greenshow (summer) at 7:10 pm, backstage tours, seminars, and play orientations. INFO/Tickets: 1-800-PLAYTIX (752-9849) or visit www.bard.org.



SIMONFEST THEATRE CO. @ HERITAGE Center Theater (105 N 100 E, Cedar). Matinee (2pm), and evening performance 7pm). INFO/Tickets www.simonfest.org or 435-267-0194.

CEDAR BREAKS STAR PARTIES (6:30pm-11pm, Fri, Sat, Sun). @ Cedar Breaks National Monument North View Overlook (Hwy 143). Park admission fee \$10 per person or National Parks Pass. INFO: 435-986-7120, www.nps.gov/cebr.

FRI, AUGUST 4

U.S. COAST GUARD B-DAY

NATIVE GOODS MARKETPLACE (10-2PM) @ Utah Paiute Housing Authority parking lot (565 N 100 E, Cedar). Farmers market event where you can buy goods, food and hand-made items.

PAROWAN SCAVENGER HUNT (10-5PM) @ the Parowan Visitor Center (5 S Main St, Parowan). Come any time between (10-5pm) on Fridays June-July. Get riddles/clues to find objects all over Parowan. Return to pick a treasure from the chest! INFO: 435-477-8190.

SUMA: CREATE PLAYDATE (10-11AM) @ SUMA (13 S 300 W, Cedar). A special free storytime and hands-on creative activity in performing and visual arts. About 45 minutes long. Geared toward preschool children (ages 3 to 5) and their parents, guardians.

CEDAR STREET FEST (EVERY FRI 3-10PM) @ Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artists, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: www.cedarstreetfest.com.

FINAL FRIDAY ART WALK (5-8PM). WALK along Main Street and University Blvd where artists, vendors, and musicians will be set up. During your walk, be sure to make your way to SUMA for live music and an art activity in the classroom.

PAROWAN JULY CONCERT SERIES (8PM) @ Parowan City Park (Main & Center). FREE, open to everyone. Bring a chair or blanket and your family and friends. INFO: 435-477-8190.

SAT, AUGUST 5

DISC GOLF DAY

PAROWAN CITY HALF MARATHON (7AM) @ Yankee Meadow Reservoir. Shuttles take participants to the start. No private vehicles allowed. (Reg \$65). REBEL 5K race (7am) @ Iron County Fairgrounds. (Reg \$25). YANKEE DOODLE DASH (10am) Children's race @ Iron County Fairgrounds parking lot (Reg \$15). INFO: www.parowanhalf.com or Parowan Visitor Center 435-477-8190.

PARKING LOT SALE 8AM – 1PM) @ CEDAR Bible Institute (Next to Groovacious Records) Threshing Floor Fellowship sale includes clothing, furniture, household items, exercise equipment and much more! Lemonade, baked goods for sale. Proceeds support people in our community who need assistance with housing, clothing, food, finding work, getting support and other necessities.

SWEET PEA FARM BREAKFAST (EVERY SAT, 8-Noon) @ Sweet Pea Farm & Orchard (136 S 600 W, Parowan). INFO: 435-531-6461 or sweetpeafarmandorchard.com.

CEDAR CITY FARMERS MARKET (9AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.



SUN, AUGUST 6

FRIENDSHIP DAY

"PEOPLE OFTEN SAY THAT BEAUTY IS IN THE eye of the beholder, and I say that the most liberating thing about beauty is realizing you are the beholder." Salma Hayek

MON, AUGUST 7

LIGHTHOUSE DAY

MAYOR'S ART GALLERY @ CITY HALL (10 N Main, Cedar). See 40 traditional and digital professional works of art by Lester Yocum, of Enoch, UT, and Steve Decker. Come enjoy these internationally-awarded large-scale prints and originals. Many for sale. Through August 31.

CEDAR BREAKS WILDFLOWER FESTIVAL (9-5pm Daily) @ Cedar Breaks National Monument (Hwy 148). Self-guided hikes focusing on the wildflowers, how to identify them, and much more. Park admission fee \$10 per person. INFO: 435-986-7120 or www.nps.gov/cebr.



STRENGTHENING FAMILIES (7PM) @ CEDAR City Library – East Room. All moms welcome. Come for support. Bring questions, concerns, life experiences. INFO: 719-391-6859.

TUES, AUGUST 8

CAT DAY

CHILDREN'S STORY TIME (TUES, 10-11AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

WED, AUGUST 9

HOLD HANDS DAY

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house while you watch the sunset. A Project of The PEACE Guild – Text: 435-704-6916.

CD-2 REPUBLICAN PRIMARY DEBATE (6PM) @ Church Auditorium @ SUU Student Center. As the winner of the Utah Republican Party Convention, Celeste Malloy has challenged her opponents to a debate in every county. Joining Celeste will be Bruce Hough (Confirmed) and Becky Edwards (Invited).

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

PICKLEBALL LEAGUES (WED, THURS). Pre-reg Req. See signs at new Cedar City Pickleball Courts (Bicentennial Park) or INFO: cedarcitypickleball435@gmail.com. On Facebook at "Cedar City Pickleball League and Tournaments". All ages and skill levels!



THURS, AUGUST 10

LAZY DAY

HISTORIC UNION PACIFIC PHOTOGRAPHY EXHIBITION (1-7pm, Closed Sundays) @ Randall L. Jones Theater (50 S 300 W, Cedar). Approx. 70 historic photos chronicle the Union Pacific Railroad in Cedar City and Utah's National Parks.

FRI, AUGUST 11

OPEN MIC NIGHT (2ND/4TH FRI, 7PM) @ Johnson Arts Center (59 N 100 W, Cedar). Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation is required for entry. INFO/Q's email info@johnsonartscenter.org.

SAT, AUGUST 12

MISS IRON COUNTY & TEEN COMPETITION (1pm) @ Canyon View High School (166 W. 1925 N. Cedar). Tickets at the door. (\$5) Ages 4-13 & Seniors. (\$10) Adults.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon
Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, utahprograms@alz.org

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance.
435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City
3rd Thurs, 6:30-8:30 pm • Johnson Arts Center (59 N 100 W, Cedar). All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

Fri, lunch @Noon, Bingo @1:15. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 434-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Sheila Shaw 805-208-4545

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar City Public Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Iron County Moms For America

2nd Thurs, 7pm Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 432-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

A purpose on purpose

LEADERSHIP 101.24

Do you know the purpose of your business? Your education? Your marriage/relationships? Your life? Some have said that having no purpose is like a ship without a rudder. You can have the most powerful winds in your sails (aspirations) and a loyal crew, but without a purpose you'll eventually get tired of sailing and abandon ship.

Therefore, I propose that any business, community, religion, relationship, family and individual life without a defined purpose will never be as successful, prosperous or happy as it desires to be. It may still feel successful and joyful, but without a purpose to pursue, it cannot be sustained.

ship), everyone from the owner to the janitor will be on board to help accomplish that purpose with everything they can.

How do you discover your personal and personnel's purposes? Start with where you're at right now. Take an inventory of your time, talents and targets (goals/desires). List the things you're good at, or want to be better at. Write down the things that really have meaning and make you feel meaningful.

Need some further inspiration for the task? Remember the movie Groundhog Day? The main character, Phil Connors, relived the exact same day over and over and over. Someone actually worked out how

long he experienced that divine Déjà vu—it equaled almost 34 years! In the first few years he had no desire to discover his purpose, only to selfishly, even recklessly, indulge his ego. This purposeless proposal led to depression and

desire to escape life. Eventually, he not only accepted his "fate" but found his purpose in helping other people live better, happier, healthier lives. No, you don't have to learn to be a doctor, musician, ice-sculptor, poet, and learn several languages on your lunch break to make a difference. Find something that matters to you.

How? If you could relive one day, or stop time for an hour, week, year...what would you do? Where would you go? What would you want to accomplish? It may seem silly, but this may help you discover your purpose.

Today, don't let your determination be diminished by procrastination, or your desires demolished by despair. Start making your list of your potential, set some priorities, and discover your purpose with an on purpose attitude.

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



However, when an entity (Who) has a powerful purpose (Why), there is no distraction, or destruction that will keep them from their desired destination (Where). Having a daily (When) purpose not only petrifies priorities, but increases the power of one's potential exponentially. However, potential without action (How) and direction will not equal progress (What).

Because even with the greatest potential—the best leaders and most talented team—the equation will not equal success without a purpose. Progress does not happen by default. It requires an on purpose purpose that will help fill the sails proactively, steer the ship productively and inspire higher morale and motivation of the crew. Therefore, with a defined purpose and definitive direction (leader-



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business

Rising water raises all ships in the harbor

BUILDING MAIN STREET, NOT WALL STREET

One of the biggest issues I see today as I travel, work, and communicate with smaller local communities is the inability to afford the price of transformation. Trying to go it alone seems like an unattainable task as funds are sparse, expertise is difficult to find, and enough willing and able bodies to carry the mantle are few. Because of this, at worst, communities simply give-up, or at best they struggle and settle for only marginal or muted progress. This need not be the case, there are answers to this seemingly insurmountable dilemma.

Smaller communities in most cases are a subset of many small communities located in general geographical areas. While they may have competed in the past for many of the same tourist and outside dollars, by simply understanding the marketing world, they can work together, still maintaining their individual identity in transforming and attracting regional tourism. There are very sound reasons bitter rivals such as Burger King builds next to McDonalds. There is a reason you see a CVS close to Walgreens. While they are rivals in a cut-throat business, they are allies in drawing bodies to mutual locations. They understand where there are bodies, there is business, some of which flows to them.

Thus, you have the rise of destination marketing, regional branding,

co-op marketing and other similar marketing terms. This is simply where small communities in a single county or area, or even several counties located in the shadows of larger tourist or business attractions must work together to effectively compete against the bigger draw. When they work together, they can marshal the needed resources to compete. Thus, the “rising water raises all the ships in the harbor” approach to smaller community transformation.

When you look at larger markets, you have large and well financed Chambers and economic development organizations, you see magazines, both print (yes, print is still in demand) and digital promoting their destinations. Larger markets tend to draw the human capital needed to market and brand effectively. Larger markets get all the headlines in the media, excepting a few token stories about their fringe outliers. In short, smaller markets struggle in the shadows of their big competitors, losing valuable dollars to them in a constant outflow.

Smaller communities can no longer effectively compete on their own, they must work together. Make no mistake, help from the cavalry is not coming. Nearly every market, large and small is under some sort of economic stress.

“Smaller communities can no longer effectively compete on their own, they must work together.”



JOHN A. NEWBY
COLUMNIST

Cedar Breaks comes alive after dark

by May Hunter

FOR IRON COUNTY TODAY

Every week on Friday, Saturday, Sunday from July 30–October 14, the Cedar Breaks Rangers invite you to a dark night “Star Gazing Party.” They begin at 6:30pm at the North View Overlook with solar observing and continuing until approximately 11pm

light pollution. There are so many more stars to see at Cedar Breaks than you can see anywhere else.

You can use the park’s three telescopes to view planets and other objects within the solar system such as Saturn, Jupiter and Mars—all easily spotted in the summer. Depending on its cycle, the moon might be seen as well. You might even get a glimpse of the Milky Way. The actual tour starts around the constellations about 10 pm. The star party usually goes into the late hours of the evening, ending around 11:30 pm.

You can also gaze up at the stars and find the Big Dipper, known as the Big Bear of the Sky. In the middle of the summer, the Big Bear of the Sky is high overhead, so it has been said that the bear is being hunted as it walks the earth. As the leaves on the trees change and winter sets in, the hunt is over and the bear sleeps throughout the winter. As spring returns, the bear wakes up and starts a new hunting season.

Come and see for yourself why this is one of the best places for stargazing in Utah. Plan your own “dark sky” adventure or

attend the best star party ever, put on by the Cedar Breaks Park Rangers. Come learn about our solar system, twinkling star clusters, planets and distant galaxies. Learn about everything you ever wanted to know from constellations, to mythology, and even the structure of the universe—all in one amazing night you won’t forget. Star parties are free of charge and are about two hours long. Dress warmly for the cool night air and prepare to be amazed!



COURTESY CEDAR BREAKS NATIONAL PARK

A park ranger uses a special green laser to point out constellations and other celestial sights.

with stargazing and constellation observing with telescopes. Rangers will offer Astronomy talks at 8:00pm and 9:30pm each night.

Due to the high elevation and remote location of the monument, Cedar Breaks is an excellent location to view the night sky. The brilliant bright stars transform the park into a night time spectacular wonderland. The skies are so dark because we are located more than 10,000 feet above sea level, and we are far away from any

attend the best star party ever, put on by the Cedar Breaks Park Rangers. Come learn about our solar system, twinkling star clusters, planets and distant galaxies. Learn about everything you ever wanted to know from constellations, to mythology, and even the structure of the universe—all in one amazing night you won’t forget. Star parties are free of charge and are about two hours long. Dress warmly for the cool night air and prepare to be amazed!

obituaries

Marilynn Thompson Brown



Marilynn Thompson Brown died peacefully at her home in Cedar City on July 20, 2023. She was 85 years old. Marilyn was born on Easter Sunday, April 17, 1938, in Logan, Utah. She was the fifth of seven children born to Mary Olive Peterson and Seymour Thompson. She grew up on a farm in Clarkston, Utah, until 1951, when the family moved to River Heights. Marilyn

graduated from South Cache High School in 1956. She went to Utah State University and graduated with a Bachelor of Science degree in 1960.

Marilynn was a district leader on her two-year mission for The Church of Jesus Christ of Latter-day Saints in Germany. When she returned home, she taught at Midvale Junior High School. Marilyn earned a Master of Science degree from Brigham Young University in 1967 and taught at BYU thereafter.

Marilynn married Lorin W Brown in 1968 in the Salt Lake temple. They had seven children together, and lived in many places throughout the U.S. and Europe from Lorin's assignments in the Navy, including Florida, Greece, Italy, Spain, Maryland, New Mexico, California, Virginia, and Illinois. In 1990, Lorin retired from the Navy, and the family moved to Cedar City, Utah, where Marilyn resumed her teaching career. She was an associate professor at Southern Utah University in the home and family sciences department until her retirement in 2002.

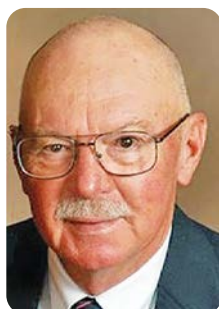
Marilynn served three church missions with her husband: as lifestyle missionaries and university professors at South China University of Technology in Guangzhou, China, in 1997-98; as area welfare agents in Hong Kong in 2003-05; and as family history missionaries in Mons, Belgium, in 2009-10.

Marilynn excelled at five-handed Rook, organizing, playing the piano and organ, and sewing. She made matching Easter and Christmas dresses for her daughters for years. She made quilts for all of her grandbabies. She was an avid reader, as well as a dedicated member of The Church of Jesus Christ of Latter-day Saints. She did her visiting teaching and ministering without fail, and served as Relief Society and Young Women president, as well as in several presidencies, including Primary.

Marilynn is survived by her husband Capt. Lorin W Brown, USN-retired, as well as her seven children: Christopher (Marquell) of Collinsville, OK; Alexander of Albuquerque, NM; Brita (Cameron) Engh of South Jordan, UT; Benjamin (Victoria) of Bountiful, UT; Anna (John) Lewin of Cedar City, UT; Caroline of Cedar City, UT; and Catherine (Justin Peel) of Draper, UT. She is also survived by her sister Kathleen Behling of Washington, UT, as well as 25 grandchildren and two great-grandchildren. She was preceded in death by her parents and her siblings: Keith, Jenna, Carlos Eugene, Elaine, and George.

There will be a viewing on Friday, August 4, 2023, from 6-7:30 p.m. at the Cedar West Stake Center at 725 South 1100 West. The funeral will be at the Cedar West Stake Center on Saturday, August 5, 2023, at 11 a.m. There will be a 9:30 a.m. viewing prior to it. Interment will follow the funeral at the Cedar City Cemetery under the direction of Southern Utah Mortuary. The livestream of the service may be viewed, and online condolences left at www.mortuary.org.

Klaus Stetzenbach



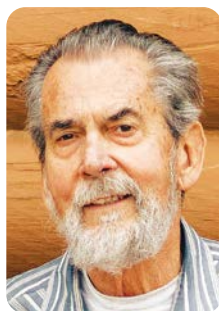
Klaus was born on April 6, 1947, in New Kirchen, Germany. He immigrated to the United States with his mother, father, older brother, and younger sister in December of 1956. The family was sponsored by an Albany, New York Missouri Lutheran Church and after Christmas break, the children started public school knowing no English. However, by Valentine's Day of 1957 they were all speaking quite well with their new friends.

Klaus became a citizen of the United States when he was 18 years old. He enrolled at Norwalk Technical Institute. Two years later he enrolled at the University of Arizona where he met and married Linda on December 22, 1969. After receiving his undergraduate degree in chemistry, Klaus joined the US Navy and spent 5 years as a Navy pilot. He returned to the University of Arizona graduate school and received his PhD in Analytical Chemistry.

Linda and Klaus became the proud parents of two daughters, Erika and Kristin. When Klaus retired as the Director of an Environmental Research Center at the University of Nevada Las Vegas, he and Linda moved to southern Utah where they enjoyed living in the country, fishing, hunting, camping and winter sports. Klaus and Linda joined the Community Presbyterian Church where Klaus served two terms as an elder. They both enjoyed working at Treasure's Thrift Store.

Klaus died of complications from brain cancer on May 2, 2023. A memorial service with military honors will be held on Sept 1 at 2pm at the Southern Nevada Veterans Memorial Cemetery, 1900 Veterans Memorial Dr, Boulder City, NV 89005.

Albert John Cipkar (AKA "Ace")



Albert John Cipkar (AKA "Ace") headed off to the great car show in the sky on July 10, 2023. He passed in Paragonah of a heart attack.

Al was born in Chicago Heights, IL on July 5, 1944, to Steve and Angie Cipkar. They moved to California in 1957. He met and married Marge in 1964 and they had two daughters. The family moved to Utah in 1981.

Al started collecting cars at the age of 19 with a 1939 Buick (which we still have) and has been going

strong ever since. Collecting cars, going to car shows and swap meets was his thing. So many cars-So many car shows!

Al will be missed being seen around town, taking his dogs, King and Elvis, for their evening walk.

He is survived by his wife Marge, daughters; Ronnie Barton (Lyle), Vicki Finley (Brian), grandchildren; Megan Juker (Dave), Jeremy Barton (deceased), Mandi Fuller (Michael), Owen Barton, and Allie Packwood, great-grandchildren T-Jay Juker, Sydnee Juker, Jemma Juker, Maddox Finley, Jackoby Finley, and Auston Finley, sisters; Patti Smith and Kathy Thompson (Gary) and nieces and nephews.

No services are planned at this time, but feel free to celebrate Al's life by going to a swap meet, a car show, cruising in a "classic" or listening to an old Dr. Demento Show. Online condolences can be sent to www.affordablefuneralservices.com.

Corrie Lynne Player



Corrie Lynne Player, 80, passed away on July 24, 2023, in Cedar City, Utah. She was born on October 14, 1942, in Ogden, Utah to parents Gwynne May Paxton and Clermont Arave Oborn—who were also both born in Ogden, Utah. Her father later migrated to Alaska in 1947, and Corrie Lynne, for much of her youth, grew up in a homestead cabin at Kenny Lake, south of Copper Center, Alaska.

Corrie Lynne graduated from Anchorage High School (Anchorage, Alaska) in 1960 and continued to pursue her education, receiving an Associate of Arts from Weber

State College (Ogden, Utah) in 1962, a Bachelor of Arts. from Stanford University (Palo Alto, California) in 1964, as well as a Master of Education from Stanford University (Palo Alto, California) in 1965.

Corrie Lynne worked as an author and technical writer, supervising technical personnel, writing permit applications, and teaching writing and speech on the university level for more than 50 years. Her projects centered around environmental impact statements, waste management, agricultural sewage disposal, roadway and subdivision designs, construction compliance monitoring, and geological hazard investigations. She worked as a volunteer lobbyist for the interests of rural, western communities and small businesses on a national and regional level, holding a variety of elected and appointed offices in Alaska, California, Oklahoma, and Utah.

Corrie Lynne enjoyed her membership in the Church of Jesus Christ of Latter-day Saints and served in leadership roles for Primary, Relief Society, and Ward Councils wherever she lived. She was sealed to her husband, Gary Farnsworth Player, in the Oakland, California LDS Temple in 1965.

Corrie Lynne's professional affiliations included: Society of Women Engineers Editorial Board; American Consulting Engineers Council; Solid Waste Association of North America (SWANA); National Federation of Independent Businesses; Spokesperson for the Rocky Mountain Environmental Issues Implementation Committee at the White House Conference on Small Business 1995; Co-Chair, Founder and First President of San Luis Obispo Nightwriters and Cedar City Nightwriters; League of Utah Writers; The Authors' Guild, Inc.

Corrie Lynne was also a regional president of the National Foster Parents Association and helped to raise more than 40 foster children, while adopting three of them.

She is survived by her husband of 58 years, Gary Farnsworth Player and her 9 children: Dolly Gwynne Roy (husband Roland, of Lehi, Utah); Sherri Lynne Brower (of Cedar City, Utah); Gary Willis Player (wife Norine, of Troy, Michigan); Roch Stephen Van Player (wife Sherene of Mount Vernon, Iowa); Eric Clermont Player (wife Adelina, of Fargo, North Dakota); Linda Celeste Carpenter (husband Michael, of Kingsford, Michigan); Micah Charles Oborn Player (wife Stephanie, of Cedar City, Utah); Brian David Prestcott (wife Wendy of Cedar City, Utah); and Nathan Kent Arave Player (wife Andrea, of Fort Belvoir, Virginia).

Corrie Lynne leaves behind 40 grandchildren and 10 great-grandchildren as well as her brother, Charles Benjamin Barnes Oborn (wife Arlene Oborn of Snohomish, Washington), and her sister, Celestia Alice Oborn Whitehead (husband Van Whitehead, deceased, of North Ogden, Utah).

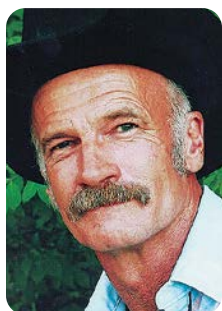
Corrie Lynne is preceded in death by her parents, Gwynne May Paxton and Clermont Arave Oborn and her brother, Clermont Paxton Oborn (widow Sherry Oborn of Texas).

Corrie Lynne's funeral service was held on Monday morning, July 31st, 2023, in the Cedarview Ward chapel at 370 South 1840 West, in Cedar City, Utah. The viewing was from 9:30-10:30 am, with the family prayer at 10:45 am, and the funeral from 11:00 am-12:30 pm. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. After which, the family was invited to return to the chapel for a family luncheon in the recreation hall at 1:30pm.

A Livestream of Corrie Lynne's funeral service and online condolences may be found at www.mortuary.org.

obituaries

Gary Alfred Hayes



Our husband, father, grandfather, brother, uncle, friend, Gary Alfred Hayes left this life on Thursday, July 27, 2023, after a long hard fight. Gary acquired a traumatic brain injury while doing what he loved, riding his motorcycle, almost 9 years ago.

Gary was born on August 30, 1956, to William and Betty Hayes, in American Fork Utah. He married

Marie in 1992, and between them have 7 children. He worked for the telephone company for his whole career, up until he retired in 2005.

Gary loved his family. He would do anything for them. If they needed something, he was there. He was their biggest cheerleader and supporter. He loved to do things to make their time with him fun and memorable.

Gary enjoyed working on old cars and had a particular love for old Corvettes. He also had a love for motorcycles and would go on short and long rides with his friends, who grew to be a second family for him.

Gary was preceded in death by his daughter, Tamara LeFevre, parents, William and Betty Hayes, sister, Jeanie Buhler, and brothers, Bobby, and Jack Hayes.

Gary is survived by his wife, Marie, children, Mark (Rozanne) Millett, Steve Millett, Laura (Gary) Mills, Hayla (Jeff) Richey, Mike (Jen) Millett, Kaleb Hayes, son-in-law, Andy LeFevre, 23 grandchildren, 5 great-grandchildren, brother, Brent (Donna) Hayes, sister, Kathy (Tom) Lambson, and brother-in-law, Sandy Buhler.

We would like to thank Intermountain Homecare and Hospice for the fabulous loving care that they gave to Gary for many years.

There will be a graveside service Thursday, August 3rd, at 11 am in the Enoch Cemetery, 1580 E Sunrise Drive, Enoch Utah under the direction of Heartlight Funeral Services. Online condolences can be posted at www.heartlightafts.com.

Brett Wade Clark



Brett Wade Clark of Soldotna, Alaska, passed away on July 7, 2023, at the age of 40 in Seattle, Washington. Born on February 26, 1983, to Greg and Pattie Clark in Cedar City, Utah, Brett was a dedicated and hardworking individual who left a lasting impact on those around him.

Brett was a very loyal and hardworking man, always on the go and constantly engaged in various activities. Brett had a love for music and a playlist for every occasion. No matter what he did there was guaranteed to be music in the air.

He had a zest for life and was always on the go, with a deep love for the outdoors. He enjoyed spending his time camping, fishing, hunting, and cutting wood. Being on a boat brought him immense joy and tranquility. Brett's adventurous spirit and love for nature were truly remarkable.

Aside from his hobbies, Brett was also a skilled electrician by profession. He excelled in his career and was known for his expertise and dedication. His commitment to his work and his strong work ethic earned him the respect and admiration of his colleagues and clients.

Despite his busy schedule, Brett always made time for his family and friends. He cherished the moments spent with his wife, and their children. Brett's role as a father was of utmost importance to him, and he was a dedicated and loving parent until the very end.

Brett is survived by his wife Celestia, children Shyla, Trinity, Bridger, Mason, and Holden. His parents Greg and Pattie Clark, grandparents Conrad and Rayma Clark, and Lovella Thomas. Brothers Justin Clark and Johnny Clark and sister Dacia Hoth.

A ceremony to celebrate Brett's life will be held on August 5th, 2023, in Enterprise, Utah. Visitation will start at 10:00 am and services at 11:00 am at the Church of Jesus Christ of Latter-day Saints, 620 East Main Street Chapel. Friends, family, and loved ones will gather to pay their respects and commemorate the wonderful memories they shared with Brett.

Brett Wade Clark will be deeply missed by all who had the pleasure of knowing him. His loyalty, hard work, and love for his family will forever be remembered. May his soul rest in eternal peace.

Arrangements are made under the direction of Spilsbury Mortuary, 110 S Bluff Street, St. George, Utah. 435-673-2454. Family and friends are invited to sign Brett's online guest book at www.spilsburymortuary.com.

Leslie Ann Shorey



Leslie Ann Shorey, age 82, passed away peacefully on July 27, 2023, at her home in Cedar City, Utah surrounded by her family. She was born in Los Angeles, California to Leslie and Rozella Barr. She grew up in Westchester California and attended Westchester High from 1956-59. She met and married Glen Winthrop Shorey on March 23, 1972, and they were sealed to each other and their three children in the Salt Lake City Temple on July 15, 1989.

Leslie was a member of the Church of Jesus Christ of Latter-day Saints her entire life and raised her family in the church as well. Throughout her life, Mom loved to attend all the sporting events in which her three children participated. As her children grew older, her most cherished time was being with them, their spouses, and her three grandchildren. Mom's greatest joys were taking pictures of the family, holiday gatherings, and creating traditions to last a lifetime. She spent her life instilling core values of love within the family. Her life was wholeheartedly focused on her family.

Leslie is survived by her spouse Glen Winthrop Shorey, son Gregory Shorey his wife Sharon and children: Jake, Zachary and Noah of San Diego, California. Her son Rodney Shorey and his wife Karena of Agoura, California. Her daughter Dina Heermance and her husband Ben of Santa Clarita, California. She is survived by her three siblings, her oldest sister Elizabeth Kidman and husband Kirk, of New Harmony, Utah, her younger brother Leroy Barr and wife Diana, of Enoch, Utah, and her youngest brother Kent Barr, of Ervine, California.

Leslie was preceded in death by her Father Leslie Barr in 2000, and her Mother Rozella Barr in 2006, both who were living in Cedar City, Utah.

Funeral Services will be held this Saturday August 5, 2023, at 10:30, at the Church of Jesus Christ of Latter-day Saints, (1925 W 320 S, Cedar City, UT 84720). There will be no viewing. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. A livestream of Leslie's service and online condolences may be found at www.mortuary.org. After the graveside service, there will be a family and friends gathering at the church for refreshments and remembrance of Leslie.

RISE

« CONTINUED FROM PAGE 21

If you are relying on them for help, you will be waiting a long time. The federal government has shown their disdain for small communities and local businesses by shutting them down during the pandemic while National chains with their larger crowds were allowed to remain open. Those communities you are in the shadows of rarely have an interest in

you, other than how they can extract more of your dollars into their communities. Smaller towns must fight back by working together in a common cause. When you do, you raise the level of dollars flowing into the entire region, thus growing the revenue base for all.

John Newby is a nationally recognized publisher, community, business & media consultant, and speaker. His email is: info@Truly-Localllc.com.

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IRON COUNTY today

schools

Welcome to The Nest, Iron County!

by Harmony Lopez

FOR IRON COUNTY TODAY

Canyon View's student body is beaming with excitement for this upcoming school year. Student Government announced this year's theme for Canyon View which is, "weB4me." This year the student council's goal is to work together as one rather than just individuals. Doing this will multiply our efforts and create a sense of unity in our school. Whether that includes challenges, accomplishments, wins, or losses, together is always better.

Student council has been

and Devin Howe brought home second place in Fashion Technology Design. Our other contestants represented Utah well too, scoring in the top 20. Devin Howe, Jonas Carling, and Dustyn Buschman in Animatronics and Lane Cox in CAD Engineering.

Congratulations to the Canyon View High School Theater Teacher Holly Barrick! She was awarded the Teacher of the Year Award from the Teacher Advisory Council of Theatre Teachers (UACTT). Principal Dennis Heaton spoke of Barrick's countless contributions to the school and her impact on the students. Canyon

View is incredibly lucky to have such an amazing teacher like Holly in our school.

Canyon View's fall sports have been diligently practicing this summer to prepare for their seasons. Cross Country has been consistently running multiple miles in the mornings to prepare. The boys football had an intense camp this past week filled with conditioning and many scrimmages against opposing schools. Girl's soccer has also been practicing in the heat of the day with plenty of running drills. With all of the hard work of these athletes, the fall sports season should be a great one, with many wins in sight!

The 2023-24 school year will have numerous enjoyable activities to make this year the best one yet! Some upcoming events to look forward to are the Sparkle's Car Wash on August 9th from 12 pm-3 pm. There will be free car washes and a donation box at the end. There will also be the Back to School Bash on August 12th at 3 pm, located at the Three Peaks Oasis. All high school students are welcome and it's a \$10 entry fee.



Congratulations to the students who participated in and were awarded at the Technology Student Association (TSA) Nationals.

busy this summer. Recently, they attended the Student government Trailblazers Camp at Utah Technical University. It included many motivational speakers, including Mason Sawyer. As well as fun, bonding activities like the food bank where student leaders canned beans for those in need. Students also attended the amazing production at Tuacahn and watched Charlie and the Chocolate Factory.

Recently, the TSA Nationals held their awards ceremony. Hannah Harley



PHOTOS COURTESY CANYON VIEW HIGH SCHOOL

Canyon View's student government has instilled a new theme, "weB4me" to help bring unity to the Nest.

faith

Godly Gears (Part 1)

GOD'S
garage

Corey Baumgartner

news@ironcountytoday.com



Do you remember your first vehicle? Was it a stick shift (manual) or an automatic? I had a stick shift and it was an intimidating trial trying to learn the timing of pushing in the clutch, releasing the break and pushing the gas pedal, all in the right sequence. That was just to start the car!

Once I was moving, I also had to learn when and how to shift gears properly so I didn't overheat the engine, or hear that dreadful sound of gears grinding. Or, because of poor timing, cause the car to "chug" or worse, come to a sputtering, jerky stop. It's embarrassing, especially if someone was behind me, witnessing my learning curve. As I pushed in the clutch and turned the ignition to try again, I hoped they (and their horn) were patient and compassionate in my predicament.

The ability to shift gears (manual or automatic), according to your need for speed, helps protect the engine and keep all its precious parts working safely and in unison. Lower speeds require lower gears and higher speeds require higher gears. Your spiritual engine also has different gears and speeds for your life. Learning how and when to shift your mind and heart properly into those godly gears will help you receive and enjoy God's saving grace, regardless of your race.

How do you know which godly gear to shift into? We are counseled to "Trust in the Lord with all [our] hearts (Proverbs 3:5-6). True, but trusting Him doesn't mean you won't face challenges that require shifting gears (up or down), or that the shifting is automatic as you press forward.

Even when you do trust, it can feel like you're stuck in too low of a gear, not getting where you want to be fast enough. Other times you're stuck in high gear and the wear and tear is causing problems and breakdowns in your life. Also, if you haven't used a specific gear for a while it may feel uncomfortable, or unnecessary, but God is faithful to help you to find and shift into the proper gear that you need according to your position and oppositions in your daily journey.

How and when do you shift gears? Prayer is the clutch pedal that allows your spiritual transmission

faith

Helping others find freedom – (Part 7)

by Edy Meredith

FOR IRON COUNTY TODAY

I was recently in a local business speaking to some friends when I mentioned a United Nations Report on modern slavery for 2022 issued on September 27, 2023. The 119-page report published by the International Labour Organization (ILO), the International Organization for Migration, and the international human rights group Walk Free (www.walkfree.org), revealed that in 2022 some approximately 50 million people are living in modern slavery with 28 million in forced labour and 22 million in forced marriages—with more people in slavery than when slavery was legal.

The director-general of ILO Guy Ryder has stated that it is shocking that the situation of modern slavery is not improving. I would guess that the situation is getting worse because of public indifference, lack of knowledge, and the billions of dollars being harvested by those who benefit from the labor and lives of slaves.

How can we help others find freedom? Awareness of the problem is a necessary first cause. Following awareness must come empathy, action, and caring for our fellow human beings. As I mentioned last week in Finding Freedom (Part 6), information and knowledge about this problem is all around us including the recent release by Angel Studios of the film “The Sound of Freedom” which documents the extent and cruelty of modern slavery and the commitment it takes to bring the law-breaking slavers to justice. It is very important

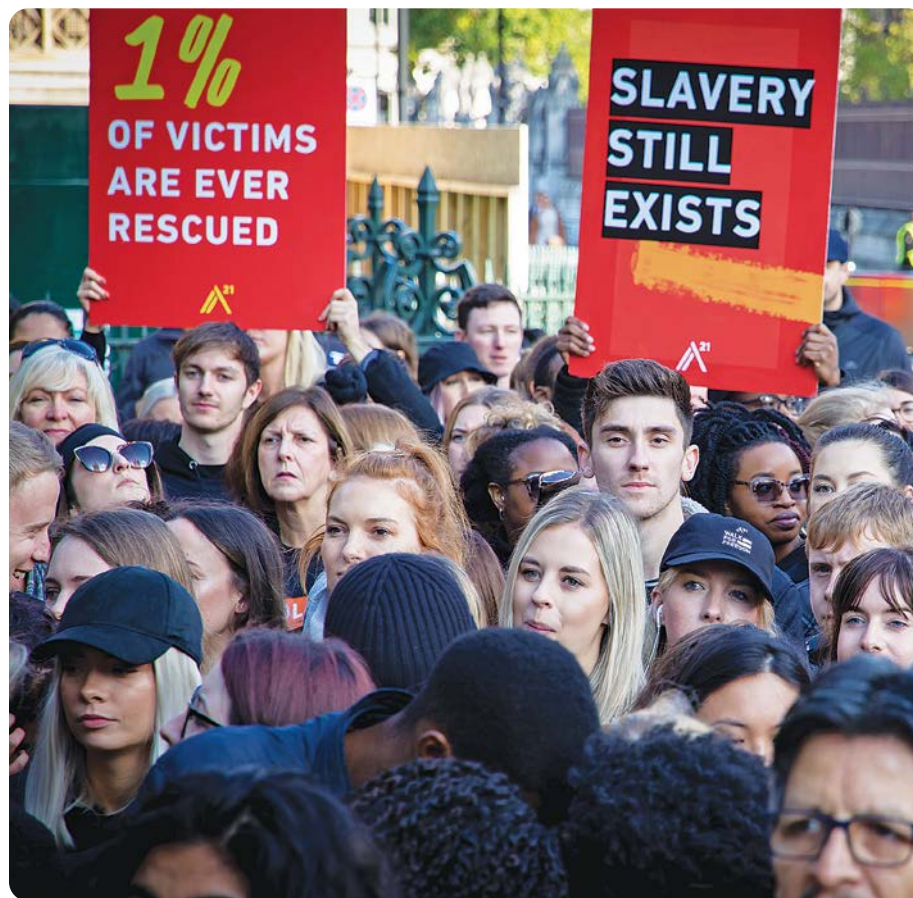
that we share the movie with our teenage children and others so that they will be protected from the allure of enslavers who attempt to deceive our young people.

spending time with them and letting them know of the good and pleasant opportunities available for them to express themselves. Arm them with knowledge so they can recognize

the following website: ourrescue.org/abolitionist-club.

Facts and empathy are both important. FAIR is a national media watchdog group that can provide you with sound information. FAIR estimates that the illegal alien population has grown by 2.3 million in just two years.

While the U.S. has always been a nation of immigrants, today with open borders many of those crossing into the U.S. are enslaved humans, part of the unfortunate many who are swelling the numbers of slaves entering the United States, and we must stop it



SHUTTERSTOCK

“As a family, work together to increase awareness by putting on the mental and emotional armor necessary for self and group protection.”

with our awareness, contact with local and federal officials, support for law enforcement, and family action taken together as a family team.

As a family, work together to increase awareness by putting on the mental and emotional armor necessary for self and group protection. Remember that knowledge is power when it is accompanied by action. Let's add to our own freedom by helping others find freedom. Sign your family up to the Abolitionist Club and proclaim liberty throughout the land by your action. If others are not safe, then neither are you and yours.

All around us are other attacks against what used to be considered normal family life including Teen Vogue glamorizing nonbinary mutilation by giving advice to teens on the subject. Keep track of your youth by

enslavers who want to confuse and disarm them, leaving them helpless against those who want to remove our freedom. As a family, explore joining the Abolitionist Club putting money where your mind and mouth are at

GEARS

« CONTINUED FROM PAGE 24

to transition into a better gear. When you pray always (and listen) you can learn to discern which gear you need for that particular passage of your life. Prayer can provide both direction and action (strength) to make the necessary shift.

However, like a manual transmission, if you push the clutch in, but don't shift gears, you'll hear the revving of the engine, but not get anywhere. Prayer leads to action. Not to gain salvation, but to maintain it and to help others. We need both faith and works (James 2:14-26).

Next week, I'll share some godly gears that will help us each press forward more faithfully and actively on the straight and narrow path.

VERSE OF THE WEEK

JOHN 14:3

“And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.”

As you invite Jesus into your daily life, He will not only prepare a place for you, but will prepare you for that place.

sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Cedar football welcomes multiple challenges of new season

by Tom Zulewski

IRON COUNTY TODAY

With the latest realignment in place for the next two seasons, the Cedar Reds have the return of the Region 9 name and the same schools to contend with for a title. An expanded presence is new in the 4A ranks as two regions have been added – Region 8 and Region 10 – to build an even greater challenge in the quest for a state title.

Coming off a 4-7 season in 2022, head coach Josh Bennett enters his ninth year as Cedar head coach. Bennett is looking forward to the additional schools and regions, especially when it comes to playoff time. The Reds faced the Logan Grizzlies in the opening round each of the last two seasons and won last year's matchup at home, 7-0.

"There are a lot more opportunities out there," Bennett said. "When you play different teams, you have a lot more chances for upsets."

The field of teams in the 4A ranks has more than doubled, from 13 teams to 27.

Cedar brings more experience to the table as the 2023 season begins, with "seven to eight" starters returning to the fold. Bennett added the quarterback position is still up for grabs as of the start of preseason camp July 25.

"We expect the guys to come and compete at every position," he said. "It's how we can get better and how we will get better."

New arrivals are on the coaching staff, and defensive adjustments will

Josh Bennett is entering his ninth season as head coach for the Cedar Reds football team. They open the 2023 season at home against the Richfield Wildcats on Aug. 11.



TOM ZULEWSKI

"We expect the guys to come and compete at every position. It's how we can get better and how we will get better."

Josh Bennett, Cedar head coach

be featured as Cedar looks to improve. Cedar opens the season at home against the Richfield Wildcats – who lost to Canyon View in last year's 3A playoff quarterfinals – on Aug. 11, the rivalry game happens at CV on Aug. 25, and Region 9 play returns with a home game against Crimson Cliffs on Sept. 1.

"Our region is so good every year.

We've got a challenge ahead of us," Bennett said. "Every week, you've got to play your best football."

On the defensive side of the ball for the Reds, Bennett praised the work being put in by middle linebacker Jordan Rafferty.

"He's put a lot of time in the weight room, and he's one to keep an eye on,"

Bennett said.

Although the Reds' head coach didn't go into detail, Bennett said another part of the Cedar approach on defense will be an improved pass rush.

"We'll find ways to get to the quarterback with stunts and blitz packages," he said. "It's one way to make the job easier for the secondary, and we're excited to see what we can do."

There will be additional big shoes to fill on special teams for assistant coach Tyler Monks with the graduations of kickers Edgar Hernandez and Parker Kucifer (who signed to play at SUU). J.T. Jeter – son of new SUU mens basketball coach Rob Jeter – will also be counted on as a key in the kick return game.

New pickleball courts now serving Cedar City

by Corey Baumgartner

IRON COUNTY TODAY

If you've never heard of it, or played it, you may think it has a weird name, but it's the fastest (some would say funnest) sport around. Some compare it to a mix between tennis and ping-pong, but to those who play it, it's a lot more and a lot more fun. With the addition of these 8 new courts—located at the Bicentennial Softball Fields and Skate Park—anyone who has always wanted to learn can come out and play. There will also be weekly leagues and tournaments for those who want to improve their skills.

Before the official ribbon-cutting on Monday morning, Ken Nielson, Leisure Services Director, welcomed everyone to the event and expressed many thanks to all those who helped make the new courts a reality. This included the Cedar City City Council, Parks Division, Civil Science, Engineers, pickleball player input and numerous committed committees and generous funding, including the RAP Tax, which all made this fantastic and functional facility possible.

Mayor Garth Green wielded the new pair of ceremonial scissors to cut the ribbon and shared a few words of gratitude and excitement for the new courts.

"This is a wonderful facility and a great location," he shared. "I appreciate all the teams and citizens involved in making this project a reality."

After the ribbon cutting, pickleball play resumed into the afternoon. It will also be able to be played at night with lighted courts. Yet to come will be the water fountains, shaded areas and security cameras.

For information and to sign up for league play/tournaments visit their Facebook group Cedar City Pickleball League and Tournaments.

P.S. Despite the controversy of how it got its name, the sport is named after the "inventor's" dog Pickles, who liked to chase whiffleballs.



PHOTOS BY COREY BAUMGARTNER

Cedar City Mayor Garth Green stands with all the dedicated people who helped make the pickleball courts a reality. He officially cut the ribbon signaling play for all ages and levels of dinkers and bangers.



Thunderbirds head down under for foreign tour



COURTESY SUU

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — The Southern Utah University (SUU) Women's Basketball Team is set to embark on an exciting foreign tour to Australia, showcasing their talent on an international stage and embracing a once-in-a-lifetime cultural experience. The tour will take place from August 5th to August 16th, with thrilling games scheduled in Melbourne and Sydney.

"This foreign tour is a fantastic opportunity for our program to compete against some terrific Australian teams and explore the beauty and history of an

incredible country. It will give our Australian players an opportunity to share their culture with us and we're excited to compete in front of their families and fans. We're looking forward to making some unbelievable memories," shared Head Coach Tracy Mason.

The WAC Champion SUU Women's Basketball Team will kick off their Australian journey in the vibrant city of Melbourne from August 7th to August 12th. The team is eager to face tough competition, with two games against formidable opponents in the National Basketball League 1 (NBL1). On August

see **AUSTRALIA** » 29

Where in the world did summer go?

Between my three-part tale of being on Jeopardy and working through any and all trivia things worth finding, it's hard to believe that another school year – and a high-school football season is just over a week away. Since we're here, let's review some of the storylines we can expect this fall.

Meet the new band, same as the old band:

After two years as Region 10, the new alignment from the UHSAA has expanded the 4A ranks back to four regions. Region 8, featuring the likes of Mountain View, past state champion Orem, Payson, Timpanogos, Provo and Uintah will be in the playoff mix along with the newly-created Region 10, including Jordan, Hillcrest and Cottonwood, among others. Region 11 has not changed, and it adds to the challenge of getting the best possible seed come playoff time with 27 schools in the mix jockeying to appease the keepers of the algorithms.

Cedar was 4-7 a year ago, which put it as the No. 8 playoff seed out of 13 schools. A similar record this season won't be nearly as helpful for playoff success, especially with the likes of defending champ Desert Hills and runner-up Crimson Cliffs

to contend with in the return to Region 9, a group head coach Josh Bennett calls "the best in the state."

For additional motivation, the 4A semifinals and finals will return to Rice-Eccles Stadium in November. The hard work begins now.

The preview for the Canyon View Falcons football season arrives in next week's issue, but here's a stark change head coach Burke Miller has implemented as he begins his second season at the helm.

Fresh off an 8-4 record and a 3A playoff semifinal appearance in 2022, the Falcons will have a heavy emphasis toward 4A teams in its preseason schedule. The run starts next Friday at Mountain View, then the home opener happens vs. Pine View on Aug. 18 before the annual showdown against Cedar the following Friday.

A run of three straight weeks at home

closes against 3A North's Ben Lomond on Sept. 1, then the preseason wraps up with a game at Hillcrest – new addition to Region 10 – on Sept. 8.

In terms of the 3A playoff setup, the importance of wins will be emphasized early for CV. The Falcons were seeded fourth in a 12-team classification a year ago, so any improvement is more than welcome with the likes of Juab and defending 3A champion Morgan setting the standard.

With the dog days of August in full swing,

Major League Baseball has a lot of good things in the mix, particularly the success of the Baltimore Orioles, who lead the American League East as of July 30 by a game and a half over the Tampa Bay Rays and own the second-best record behind the insanely hot Atlanta Braves.

And on the opposite side of the coin, there's the train wreck of a team that is the Oakland Athletics. The team – likely to become the Las Vegas A's in the very near future – fell to 30-77 on the season after a 2-0 loss at Colorado on Sunday.

Through 107 games – 55 to go in the regular season – Oakland

is exactly two games clear of the pace set by the 2003 Detroit Tigers (28-79). That year's team owns the American League record for worst season in MLB history at 43-119.

The 1962 New York Mets were also at 28-79 through Game 107, but at least they had a tiny bit of an excuse in it was the first year of the club's existence.

Our goal here is never to bring the mood down at any point, but the lack of success being had by the Oakland A's right now is sad, disappointing, and hardly surprising when the ownership seems to have one goal in mind. Money talks, and bad baseball is about to take a walk to the desert in search of greener pastures. It's something you can't take your eyes off of, no matter how hard you try.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



"Money talks, and bad baseball is about to take a walk to the desert in search of greener pastures."

TOM'S SPORTS TRIVIA

The calendar has officially reached August. High school football games begin way too soon (Where did summer go?) and we've got another dozen questions highlighting sports news of the week. Stay cool, hydrate like you've never done before, and please remember... no wagering!

1. New Denver Broncos head coach Sean Payton took out some verbal jabs at his predecessor, Nathaniel Hackett, for the job he did with a team that finished 5-12 overall last season. Hackett has moved on to the offensive coordinator position for what AFC East team the Broncos will be playing Oct. 8?
2. In a bit of a rarity at the Women's World Cup, the U.S. needed a second-half goal from what player to earn a 1-1 draw against the Netherlands on July 26?
3. Instead of trying to unload Shohei Ohtani, the L.A. Angels went into buying mode and acquired what right-handed pitcher from the Chicago White Sox?
4. In the latest installment of conference wanderlust, what Pac-12 school hasn't applied yet, but was approved by the presidents and chancellors of the Big 12 on July 26 in a unanimous vote?
5. In an ESPN.com story, The Los Angeles Rams were "unanimous" in their happiness that what quarterback will be with the team for another season in 2023?
6. What quarterback took a \$35 million pay cut on his reworked deal with the New York Jets?
7. The Texas Rangers avoided a three-game sweep after beating the Houston Astros 13-5 on July 26. They couldn't avoid losing what player after he was ejected following a grand slam by teammate Adolis Garcia?
8. What former mayor of Boston and Secretary of

Labor under President Biden became executive director of the NHL Players Association in March?

9. Who retired from the Boston Bruins after a 19-year career with the team, leading them to three Stanley Cup Finals and the championship in 2011?
10. While New Zealand celebrated its first win in Women's World Cup history, co-host Australia suffered a stunning upset against what African country July 26?
11. After missing cuts in three of the four PGA Tour majors this season, what golfer announced he will play at the Wyndham Championship later this month in a final push to qualify for the FedEx Cup playoffs and the Ryder Cup team?
12. What former San Francisco 49ers running back was the first to amass 1,000 rushing and 1,000 receiving yards in the same season in 1985? He is a strong candidate for the 2024 class of the Pro Football Hall of Fame.

LAST WEEK'S ANSWERS

1. Pat Fitzgerald.
2. New Zealand beat Norway, 1-0.
3. Shohei Ohtani. The Angels have removed Ohtani from any potential trades.
4. Once, in 2014. Since the Orioles won the World Series in 1983, the team's only other division title happened in 1997.
5. Saquon Barkley.
6. Denver Broncos. Crowds had grown to as much as 7,000, but the city of Englewood, Colo. has enforced a limit of 3,000 fans after a tweet from a 2022 practice was posted.
7. The Brooklyn Nets will play the Cleveland Cavaliers on Jan. 11, 2024.
8. Martin Truex Jr.
9. Lamprecht is 6-foot-8. He went from his opening round of 5-under to an 11-over finish, good for a tie for 74th. He still won the silver medal as low amateur at The Open.
10. Leonel Messi.
11. Japan.
12. Sydney. The championship match will be played Aug. 20.

AUSTRALIA

« CONTINUED FROM PAGE 27

8th, the SUU Thunderbirds will take on the Ringwood Hawks at 7:00 pm AEST, followed by a match against the Melbourne Tigers on August 10th at 6:30 pm AEST.

The excitement doesn't end in Melbourne as the Thunderbirds head to the iconic city of Sydney from August 12th to August 16th. The pinnacle of their tour will be a highly anticipated match against the prestigious Basketball Australia Centre of Excellence on August 14th at 6:00 pm AEST.

Apart from the thrilling basketball action, the SUU Women's Basketball Team has an array of unforgettable experiences lined up during their time in Australia. They will visit the Healesville Wildlife Sanctuary for an up-close encounter with Australia's unique wildlife, including the opportunity to pet a kangaroo. The team will also explore the hidden laneways of Melbourne, discover local treasures at Queen Victoria Market, and enjoy breathtaking views from the Eureka Skydeck.

Immersing themselves in Australian culture, the team will attend an Australian Rules Football game to witness the nation's passion for sports. Additionally, the Thunderbirds will soak up the sun at the world-famous Bondi Beach and Manly Beach while taking in the picturesque coastal beauty. The pinnacle of adventure awaits the team as they embark on the Sydney Harbour Bridge Climb, an iconic experience that offers breathtaking panoramic views of Sydney.

The SUU Women's Basketball Team's foreign tour promises to be a journey of growth, camaraderie, and unforgettable experiences. Fans and supporters can follow their journey on social media through the hashtag #SUUWBBDownUnder.

SUU's Wysong promoted to Associate Head Gymnastics Coach

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — Southern Utah University Women's Gymnastics is thrilled to announce the promotion of Jamie Wysong to the position of Associate Head Coach. After 11 successful years as a dedicated member of the SUU gymnastics staff, Wysong's elevation is a testament to her exceptional coaching abilities and invaluable contributions to the program's success.

Speaking of Coach Wysong, Head Coach Scott Bauman shared,

"We are incredibly proud to elevate Jamie Wysong to the position of Associate Head Coach. Her impact on the Southern Utah Gymnastics program has been truly exceptional. Jamie's coaching expertise, passion for the sport, and unwavering commitment to our athletes have been instrumental in our team's success. We have no doubt that in her new role, she will continue to inspire and lead our team to even greater heights."

Jamie Wysong began her journey with Southern Utah University's gymnastics program, serving as a videographer for the team but quickly moved up to the Director of Gymnastics Operations role after her first season. Over the next two years she became an integral part of the staff and recognizing her immense talent and dedication, she was subsequently promoted to the role of full-time Assistant Coach ahead of the 2016 season. Since then, she has become a major part of some of the most triumphant seasons in the program's history.

One of the defining moments of her coaching career came during the 2017 season when she mentored former Thunderbird Stacie Webb to achieve the first perfect 10.0 in program history on the balance beam. Wysong's ability to inspire and motivate her athletes has been a driving force behind the team's achievements and the individual successes of her gymnasts.

Her expertise and dedication have not gone unnoticed, as Jamie Wysong was named Assistant Coach of the Year in the North Central Region by the National Association of Collegiate Gymnastics Coaches for Women at the conclusion of the 2017 season. In more recent news, Jamie Wysong was honored as the 2023 Mountain Rim Gymnastics

for the team and individual gymnasts as well as her impact on the gymnastics community as a whole.

Earning the MRGC Assistant Coach of the Year award, Wysong's expertise in coaching the floor team has also been invaluable, leading them to the top spot in the conference in 2023.

Her guidance and support were also crucial in helping Karley McClain, Aubri Schwartze, and Hailey Vultaggio achieve three of the top 4 rankings in the conference individually during the 2023 season. In addition, she played an instrumental role in coaching Kayla Pardue, Caitlin Kho, and Ellie Cacciola to achieve three of the top 7 highest rankings in the conference on Vault last year.

A testament to her commitment to both academics and athletics, Jamie Wysong graduated Summa Cum Laude from Southern Utah University, earning a Bachelor of Science in Communications with an emphasis on Media Studies. Her dedication to excellence is evident in all aspects of her life, and she continues to instill this spirit into her student-athletes.

Before joining Southern Utah University, Wysong showcased her coaching prowess at All American Gymnastics in Lindon, Utah, where she served as an Optional Team Coach and Lead Choreographer for 10 years. Her remarkable coaching abilities led to the success of 10 National Qualifiers, four National Champions, and numerous other Regional and State Champions under her guidance.

The Southern Utah

Gymnastics program is delighted to have Jamie Wysong as the Associate Head Coach. Her wealth of experience, coaching prowess, and dedication to the success and development of the team and individual athletes make her a true asset to the program. Please join us in congratulating Jamie Wysong on her well-deserved promotion.

Jamie Wysong celebrates with the Thunderbirds after receiving her 2023 Assistant Coach of the Year award.



COURTESY SUU

Conference Assistant Coach of the Year. Furthermore, the Women's Collegiate Gymnastics Association (WCGA) bestowed upon her the title of 2023 Co-Assistant Coach of the Year. These accolades recognize her exceptional coaching and leadership that have resulted in remarkable achievements

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legal notices

SUMMONS

The Order of the Court is stated below:

Dated: July 12, 2023 12:28:00 PM
/s/ AMANDA MCMILLAN
District Court Clerk

Justin W. Wayment (7011)
Christian Jones (15873)
WAYMENT & JONES LAW
Attorneys for Plaintiffs
51 East 400 North, Bldg. #1
P.O. Box 1808
Cedar City, UT 84721-1808
Telephone: (435) 586-3300
Fax: (435) 586-4288
Email: jwayment@waymentandjoneslaw.com Email:
cjones@waymentandjoneslaw.com

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR
IRON COUNTY, STATE OF UTAH

CEDAR POINT HOLDINGS LLC, SERIES 60 W

Plaintiffs,

v.

THE HEIRS AND DEVISEES OF HERBERT P. HAIGHT,
DECEASED AND JOHN DOES I-X,

Defendants.

SUMMONS FOR PUBLICATION

Case No. 230500104
Judge Matthew L. Bell

THE STATE OF UTAH TO DEFENDANTS:

The above-entitled Court has entered an Order

granting Plaintiffs the right to serve Defendants, The Heirs and Devisees of Herbert P. Haight, by Publication. You are thereafter hereby summoned and required to file an answer in writing to a Complaint on file with the clerk of the above-entitled Court, located at 40 N 100 E, Cedar City, UT 84720. You are also required to file an Answer with the Court and serve upon, or mail to, Plaintiffs attorney, a copy of said Answer within twenty-one (21) days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside the State of Utah.

If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

Please be advised that this action seeks to quiet title to certain property identified in Plaintiffs Complaint, Exhibits A and B, which is located in Iron County, Utah, and once quieted, the land shall be titled solely in the name of Cedar Point Holdings, LLC Series 60 W, a Utah Limited Liability Company, to the exclusion of all parties.

A copy of the Complaint in this action has been deposited with the Clerk of the Iron County District Court, with a description of the Real Property, and can be picked up by anyone claiming an interest in the above matter at no charge.

DATED this 7th day of July, 2023.

WAYMENT & JONES LAW
/s/ Justin W. Wayment
JUSTIN W. WAYMENT
Attorney for Plaintiff

Published July 20, 27 & August 3, 2023
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by Dave T. Phipps

**TIGER**

by BUD BLAKE



by Jeff Pickering

**Weekly SUDOKU**

by Linda Thistle

3	1		5		4	
		4	1			5
	6		9	3	2	
5				4	7	
2	8		6			1
	4		7			3
6				7	1	4
		7	2			9
	5		8	9	6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

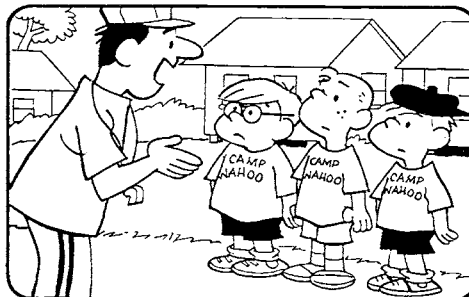
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HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Whistle cord is shorter. 2. Stripe is missing. 3. Book is missing. 4. Headset is missing. 5. Frog is missing. 6. Flip-flop is missing.

1. Madrid, Spain. 2. Greenbow, Alabama. 3. A. 4. Rough Collie. 5. Laughing gas. 6. Flute. 7. Novel that focuses on the moral and psychological growth of a protagonist from childhood to adult. 8. Tennessee and Missouri, with eight bordering states each. 9. The 1980s. 10. 16th.

Trivia Test Answerst

King Crossword**ACROSS**

- 1 Breath fresheners
6 Jazzy style
9 Monk's title
12 Pub perch
13 Greek H
14 Yank's foe
15 Very beginning
16 Difficult
18 Imam's place
20 Conks out
21 Fluffy scarf
23 Drone
24 Leans
25 Has
27 Monastery
29 Past
31 Restitution
35 Travel papers
37 Nickelodeon's "Explorer"

1	2	3	4	5	6	7	8	9	10	11
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44					45			46		
47				48			49		50	51
52				53			54			
55				56			57			

- 57 Devoutness
8 Bit of butter
9 Delicate
10 Stopwatch
11 Void
17 Redacted
19 Campus areas
21 Short 'do
22 Have debts
24 Male turkey
26 Part of USSR
28 No-frills
30 Kibosh
32 Never
33 Hosp. work-

DOWN

- 1 Flavor enhancer, for short
2 Mineral suffix
3 A few
4 Takeout request
5 Wade through mud
6 Render senseless
7 Oklahoma tribe
8 Bit of butter
9 Delicate
10 Stopwatch
11 Void
17 Redacted
19 Campus areas
21 Short 'do
22 Have debts
24 Male turkey
26 Part of USSR
28 No-frills
30 Kibosh
32 Never
33 Hosp. work-

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Trivia test by Fifi Rodriguez

- GEOGRAPHY: Which European city is home to the Prado Museum?
- MOVIES: What is Forrest's hometown in the movie "Forrest Gump"?
- GENERAL KNOWLEDGE: What is the only vowel that isn't on the top row of letters on a keyboard?
- ANIMAL KINGDOM: What breed of dog is the TV star Lassie?
- CHEMISTRY: What is a common name for nitrous oxide?
- MUSIC: Which musical instrument does the singer Lizzo play?
- LITERATURE: What is a bildungsroman?
- U.S. STATES: Which two states share the most borders with other states?
- TELEVISION: What decade is represented in the TV sitcom "The Goldbergs"?
- FOOD & DRINK: In which century was coffee introduced to Europe?

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7	2	9	1	6	8	3	5	4
3	6	9	9	2	4	7	1	8
4	8	1	7	3	9	2	6	9
6	3	8	2	5	7	9	4	1
1	9	4	6	9	3	8	7	2
2	9	7	4	8	1	6	3	5
8	1	2	3	4	6	5	9	7
5	7	3	8	1	9	4	2	6
9	4	6	5	7	2	1	8	3

Answer

Weekly SUDOKU

A	T	E	N	P	I	E	S	D	E	N	S	S
U	N	C	U	T								
G	A	N	G	S								
O	C	E	R									
P	I	L	I	X	I	A	F	I				
D	O	S	A	I	A							
N	D	S	A	M	E	N	D	O	A	E		
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F	R	A										

Solution time: 26 mins.

Answers

King Crossword

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- Stellate Ganglion Blocks
- Lumbar Sympathetic blocks

HEADACHES

- Occipital Nerve Stimulation
- Botox

GENERAL OSTEOARTHRITIS

- Intra Articular Joint Injections

GENERAL PAIN MANAGEMENT

- Medication Management
- Shingles Treatment
- Trigger Point Injections



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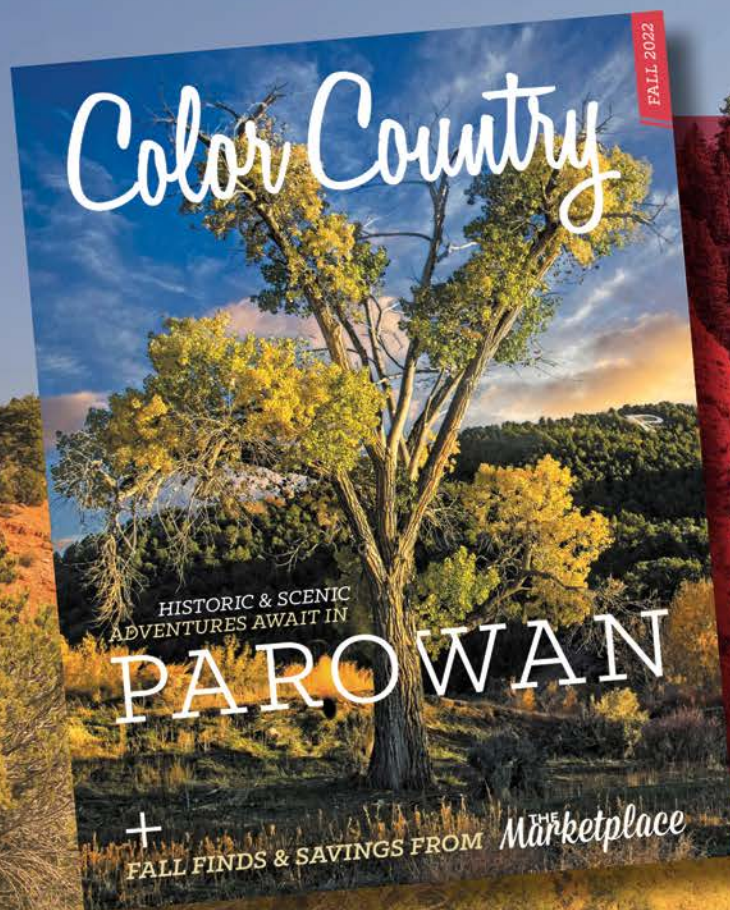
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