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SCAN ME

* Per the direction and discretion of the Managing Editor



Fall PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at **IRONCOUNTYTODAY.COM**

- 4 Opinion
- 11 Showcase
- 15 Life
- 27 Sports
- 34 Classifieds
- 36 Comics/Puzzles

sports

SUU's Mitchell named to Jerry Rice Award Watch List



IRON COUNTY

today



Pink Power

STORY IN LIFE



CJC leaders and supporters pose with their iconic golden/silver shovels in preparation of the historic groundbreaking.

MAY HUNTER

Groundbreaking marks beginning of new era for Iron County Children's Justice Center

by May Hunter

FOR IRON COUNTY TODAY

Local officials and community members came together on October 17, 2023, to celebrate the groundbreaking of the new Iron County Children's Justice Center (CJC). The event marks a significant milestone in the organization's history of serving children and families who are experiencing crises and chaos in their lives. The ceremony was a heartfelt and significant event that demonstrated the community's unwavering commitment to the well-being of children in crisis and the belief in the mission of the CJC.

From humble beginnings as a converted closet in the Cedar City Police Department, the CJC has come a long way, providing a safe and homelike environment for children in need. The present location, a house donated by Intermountain Health Care adjacent to the old hospital, has served its purpose, but the growth of Cedar City's population has necessitated a new and improved home for the CJC.

The new building, set to be completed next summer, will be located in Enoch, Utah, near Enoch Park. This expansion will provide a centralized location for all the essential services required to support children and families in crises. This includes a dedicated team, including nurses, therapists,

“The ceremony was a heartfelt and significant event that demonstrated the community's unwavering commitment to the well-being of children in crisis...”

advocates, law enforcement officers, family services professionals, investigators, and prosecutors, will collaborate to ensure that justice is served for the children who need it most.

Key figures at the event included local law enforcement, city mayors and managers, city council members, community partners, Iron County Attorney's Office representatives, Iron County CJC Friends Board members,

the State CJC program director, Tracey Tabet, CJC Director Jennifer Davis, board president of Friends of the CJC, Alex Meisner, general contractor, Mike Bleak, Iron County Commissioners, Enoch Police Chief and CJC Advisory Board President, Jackson Ames.

The success of this initiative has

been made possible through the generous contributions of various entities. Intermountain Health Care's continued generosity has been instrumental in the CJC's growth. Enoch City's donation of the land for the new CJC building is a testament to the community's commitment to providing a safe haven for children in need. The Friends Board of the CJC, through their tireless fundraising efforts, which

includes events like the 5K Fun Run, CJC Golf Tournament, and Dancing With The Stars, has played a crucial role in ensuring that the CJC's vision becomes a reality.

The CJC Advisory Board and county officials have also been instrumental in driving this project forward. Their collective dedication and belief in the CJC's mission have paved the way for a brighter future for children in crisis emphasizing that “A Place Where Small Voices Are Heard” will remain at the heart of the Iron County Children's Justice Center's mission.

As the Iron County Children's Justice Center embarks on this new hope and healing for the most vulnerable members of our community, community members are encouraged to contribute to their efforts. If you would like to contribute to our new building, Tax-deductible donations can be made through the center's website at ironcjc.org, ensuring that this invaluable resource continues to provide a safe haven for children and families in crisis.

Cedar City acquires old water rights to augment water supply in Cedar Valley

942 ACRE-FEET OF WATER PURCHASED OUT OF BASIN 73

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

CEDAR CITY — Cedar City Mayor Garth O. Green shared a monumental moment in Cedar City history at the council meeting on Wednesday, October 18th regarding water supply in the Cedar Valley. Thanks to a majority approval vote from the city council at a September 13th meeting, one of two water purchases was officially signed in mid-October.

With the growing concern about the State's Water Management Plan and how that may impact Cedar City residents and the future water supply, Mayor Green shared in a video how crucial it was for this purchase of old water rights to go through.

"There are approximately 51,000 acre-feet of water rights issued in our basin by the State, however, our safe yield as determined by the State is only 21,000 acre-feet of water rights," explained Mayor Green. "The State's Water Management Plan establishes cut off dates for the newer water. Prior to this purchase and other purchases, we only had 2,000 acre-feet of water rights with old dates within that 21,000 safe yield number."

After exploring many avenues to address the growing need for water, Mayor Green stated, "I never dreamed there would be an opportunity to purchase the old water that we needed in the Valley."

Adding nearly 2,400 acre-feet of old water rights in the last 20 months

was made possible in part by the rate increase in July, and without any new additional water rate increases. \$18.1 million was borrowed for the purchase and \$7 million was funded by a combination of the City's water enterprise fund and general fund money.

Cedar City is now in a better place to support the current residents with the 942 acre-feet water purchase out of Basin 73, and the purchase from Escalante Valley in Basin 71, which is on track to close soon.

Mayor Green expressed appreciation to the City Council, City staff, and the families who were willing to sell water to Cedar City.

"This is perhaps the biggest single transaction in the last decade," said Mayor Green. "We still encourage con-

"I never dreamed there would be an opportunity to purchase the old water that we needed in the Valley. This is perhaps the biggest single transaction in the last decade"

Garth Green, Cedar City Mayor

servation and mindful water use for our Cedar Valley community, because it takes a village to protect our natural resources for today, tomorrow, and our future generations."



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opinion

FROM THE EDITOR

Winners keep fighting

For each season and sport, Iron County high school athletes face the grind of the gridiron. They've faced many adversaries on and off the field. And ever since the first scores were printed or lit up, one of those adversaries has been the scoreboard.

It seems winning and losing has always been more associated with numbers.

However, where's the scoreboard that shows the work ethic, the behind the scenes workouts, the early morning and late night practices put in by dedicated ath-

letes—on and off the field? That scoreboard shows true victories and it's in the heart.



COREY BAUMGARTNER
MANAGING EDITOR

So, to all the high school athletes that have, are and will compete in any playoffs, don't let your victories or defeats define whether you're a winner or a loser. If you can look yourself in the mirror and know you did your best, then get your gear, guts and get back out there on the field and get ready for the next grueling gridirons of your life.

Letters to the Editor

Submit your letter to the Editor on our website at www.ironcountytoday.com, or by emailing it to news@ironcountytoday.com. All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

WORD OF THE WEEK

REGALE

[ri-geyl] Entertain, Amuse, Delight
Each week we strive to provide a respectable, relatable regalia of narratives to regale our regal readers in Iron County.



Benefits of upcoming bond outweigh disadvantages

by Shauna Lund

FOR IRON COUNTY TODAY

You don't have to be a parent or a teacher to know that school performance and the value of our school dollars are hot-button issues. We all pay property taxes to support public schools even if we have no children in the system. It is a social contract that all Americans are a party to because an educated populace benefits all of us. But sometimes it is hard to judge the value of dollars spent. So, when a \$75.5 million school bond issue appears on our Iron County ballot (as it will on Nov. 21) the pros and cons are hotly debated. Here is my take on it.

I am first and foremost a parent. But I am also an artist and a teacher. Thirty years ago I got my first teaching job at Cedar Middle School. Then, for many years, I stepped back into my role as full time parent. But in 2021 I combined my love for art and my dedication to children when I went back to work

teaching art classes in the district's SEA program for high school students on alternative tracks – those who have struggled in traditional classrooms and need a more personally tailored way to earn their diplomas.

Two things I have noticed over the past 30 years: Our students are increasingly struggling, and our school infrastructure has changed little since the 1960s. It is a formula for failure if we don't have the courage to invest more in our children. Cedar City is booming, but our investment in schools has not kept up.

Money alone doesn't buy success, but Cedar City already has the other pieces of the formula, including strong parental involvement, a healthy family culture and dedicated teachers and administrators. Our students were dealt a blow by the COVID pandemic and are struggling to make up for lost time. They are also awash in anxiety, pres-

OP/ED

see **SCHOOL BOND** » 6

QUOTE OF THE WEEK

"Double, double toil and trouble; Fire burn and cauldron bubble."

William Shakespeare, "MacBeth"

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Parowan City Council candidates answer questions during Meet the Candidates night

by Jennelle Zajac

FOR IRON COUNTY TODAY

The Parowan Chamber of Commerce hosted a "Meet the Candidates" night in which all five of the City Council primary candidates (vying to fill 3 City Council openings) were presented with a series of questions concerning their platforms for leadership. Here are two of those questions and their answers. For a complete list, visit Parowan's Facebook page.

If elected /reelected, what will be your top three priorities?

David Burton

The citizens of Parowan are my top priority; they are my first concern. As such, my first priority encompasses many things involving safety and services which provide the quality of life and economic stability our citizens deserve. My second priority is water and all infrastructure and service needs. Third is the need to be vigilant about growth as responsible growth contributes to our citizenry and more specifically impacts our water and infrastructure and ability to provide valuable services.

John Dean

My top priority is to work closely with the members of the City Council, Mayor Halterman and City Manager Dan Jessen to accomplish current city projects and goals. I want to bring a spirit of cooperation and unity to the Council. My second priority is to work closely with city departments to maintain and prolong the use of City assets. My third priority is ensuring Parowan stays on budget by encouraging fiscal responsibility and working with others in the City government to secure grants.

Dave Harris

Better understand all the inner workings of the city including budget and department responsibilities. The Police and Fire departments are vital to our community and we need to make sure they have the necessary staff and materials to operate safely and effectively. Find a way to get peace with the city officials and the citizens with the best communication possible.

Jim Shurtleff

Being fiscally responsible. Maintaining and improving infrastructure. Providing the Parowan

citizens and the employees of Parowan City Corporation with the best possible service.

Jessica Smith

If I were elected, the top three priorities would be: Improvement of communication between the city and our constituents. Recreational programs, with a main focus on our youth. Responsible growth, with a focus on water conservation.

When making decisions, how do you determine what is in the best interest of the City?

David Burton

I find out what the citizens want and need, then separate the two. We do have to prioritize our wants and needs because we have limited resources, but we can try to balance both. If we don't have the funds to do something, then instead of abandoning the project, we can investigate what other resources there are and try to pursue these opportunities. I also evaluate the impact on the city and the citizens, whether negative or positive, and base my decisions on this input, taking into consideration both the short term and long range impacts.

John Dean

Information is key. I want to encourage open communication with Parowan citizens. I want their opinions and concerns to be heard. I will also confer with other city officials.

Dave Harris

The city is a business and I've been in business for 25+ years so I know I can make the right decisions for the city and the citizens. Budget and needs have to be considered and balanced.

Jim Shurtleff

Once again, it is what is the greatest good for the greatest number and at what cost.

Jessica Smith

When making decisions I think it is important to have the biggest picture possible. That means not only seeing how this decision will impact us now, but trying to look into the future and seeing what it may look like. Because I don't have a crystal ball, that information will come from the experts. If someone is coming to the council or a committee to go over an item, they should be providing the

committees /city with as much accurate information as possible. And the committees /city should be requesting this prior to the decision making process and taking the time to review it and fact check it. Once the facts are gathered, you weigh out the pros and cons, present it to the public, put your own personal agenda aside and move forward. I know that sounds easier than said and done, but really, you do a disservice to the constituents when you give them incomplete information presented as the facts. Then you discount their viewpoint when, after presenting them with incomplete information, you move forward in the direction that is opposite to what the majority of the constituents want.




IRON COUNTY FORECAST

THE WORKWEEK ENDS WITH HIGHS IN THE 50S WITH LOWS CLOSE TO FREEZING WITH A SLIGHT CHANCE FOR A FEW SHOWERS ON THURSDAY. EVEN BIGGER CHANGES ARRIVE THIS WEEKEND WITH A BIG COOL DOWN BY SUNDAY WITH MORE MOISTURE POTENTIAL. INTO NEXT WEEK, INCLUDING HALLOWEEN, THE WEATHER LOOKS CALMER WITH GRADUALLY MODERATING TEMPERATURES.

Check your local forecast anytime at:
ABC4.com/weather



THURSDAY
Chance Rain 58°/32° PRECIP: 20% WINDS: SW 10-15
FRIDAY
Partly Cloudy 58°/33° PRECIP: 10% WINDS: S 10-15
SATURDAY
Chance Rain 54°/23° PRECIP: 20% WINDS: S 10-15
SUNDAY
Chance Rain/Snow 43°/19° PRECIP: 30% WINDS: N 10-15
MONDAY
Mostly Sunny 46°/21° PRECIP: 10% WINDS: N 10-15
TUESDAY
Mostly Sunny 53°/26° PRECIP: 0% WINDS: SW 5-10
WEDNESDAY
Mostly Sunny 58°/28° PRECIP: 0% WINDS: SW 5-10

IRON COUNTY GOVERNMENT RECAPS

Iron County School District

by Iron County Today

IRON COUNTY TODAY

The Anatomy of Peace

The meeting began with a group discussion of chapters 7 and 8 from the book study on “The Anatomy of Peace.” Roy Mathews facilitated conversation around key themes like understanding others’ perspectives, not making assumptions, patience in change, and treating each person with dignity. Jeff Corry shared an example from chapter 7 about a father’s thoughtful response when his teenage son wrecked a car, not reacting with anger but realizing the boy was already dealing with enough distress. This modeled compassion. Megen Ralphs noted how easy it is to revert back to old habits, as depicted by the character Lou in chapter 8. She emphasized that meaningful change is a process requiring conscious effort. Dave Staley brought up a quote about resolving conflict requiring consideration that you may be wrong. There was agreement about the importance of self-reflection when interacting with others.

Enrollment Concerns

Todd Hess explained that three schools were being designated as closed for open enrollment for 2023-24 due to increased enrollment pressures: Three Peaks and Iron Springs elementary schools, along with Cedar Middle School. Out of boundary transfer requests would not be approved, but current attendees would be grandfathered in. This information would help guide the district’s bond proposal for a new elementary school.

School Resource Officers

Roy Mathews presented an updated interlocal agreement with Cedar City regarding the funding model for school resource officers. The district covers 70% of costs, with the city paying 30%. There was discussion to clarify aspects like overtime pay during school events. The agreement will come back for formal approval after final legal review.

Educator Evaluations

Monica Hoyt reviewed policies related to educator evaluations, licensing, and facilities use permits. Evaluations must comply with data privacy rules.

The district can no longer issue LEAs to teach certain subjects. Changes to the facilities use policy give priority scheduling to city recreation programs.

Cedar City Planning Commission

by Iron County Today

IRON COUNTY TODAY

Water Flow

Discussion about a minor revision to the city’s engineering standards for riprap requirements in drainage channels, triggered by discovering an apparent error in the specified water flow velocity. The change from 2 cubic feet per second to 5 feet per second was accepted.

The Lofts at Northfield

Considerable discussion centered around a proposed 8-unit townhome planned unit development called The Lofts at Northfield. The developer described details of the layout and building plans, noting they were planning storage units on the front of each building, encouraging residents to park in the garage. Questions were raised whether the townhomes with accessory dwelling units in the basements would meet city ordinance requirements. The city attorney clarified state code limits accessory units to detached single family homes, which may preclude them for townhomes.

Subdivision Ordinance

The city engineer and attorney provided an overview of proposed revisions to the subdivision ordinance, which are required to comply with recent changes in state law effective February 2023. The goal is to streamline approvals by removing the Planning Commission and City Council from routine subdivision decisions, instead delegating these to city staff. A new four-step review cycle would allow only 15 days per round for staff to identify issues, with a maximum of 60 days total. Major changes also include requiring complete applications up front and tying infrastructure improvements to subdivision phases rather than individual lot development. Concerns were raised regarding fairness of requiring a lot purchaser to put in infrastructure attributed to an adjacent phase. Suggestions were made to prevent final plat approval if a narrow remnant parcel was left adjoining a roadway.

Closing

In closing, Chairman Hahn commented that the discussions provided great insight into the key role of the Planning Commission in shaping the community by balancing priorities of residents, developers, and the city. The next meeting was confirmed for November 7th, 2023 at 5:15pm.

Cedar City Council

by Casey Anderson

IRON COUNTY TODAY

Cedar City Flag Design

The Youth Council gave a presentation about their project to redesign the city’s flag. Around 60 designs were submitted from residents and a panel of community judges narrowed it down to 6 finalists that were presented to the council. The council felt getting public input would be beneficial before selecting a final design. They directed the 6 options be shared on social media for a week or two before making a final decision at an upcoming meeting.

4-Way Stop Gets Go Ahead

An engineering study determined that the traffic volumes at the intersection of College Way and Center Street (near Southern Utah University) warrant a proposed 4-way stop for safety, but the intersection alignment is awkward. The council discussed options like painted crosswalks or flashing stop signs to increase visibility of the new 4-way stop configuration.

Heritage Center Theater Booking Revision

The current first-come first-served policy has worked well but is now leading to conflicts as availability decreases, and newer events are bumping longstanding community events. The Theater manager proposed shifting to a longevity policy which would provide priority booking status to consistent annual events put on by local nonprofits and arts groups. The council agreed protecting historic community events was important and directed staff to draft a policy with tiers giving first priority to city events, second to established community events, third to local nonprofits, and finally booking availability for traveling productions or for-profit entities. The Arts Council would review the status annually.

SCHOOL BOND

« CONTINUED FROM PAGE 4

tures from social media, and fears about the world they face outside the schoolroom. Our teachers are giving their all, and the least we can do for students and teachers is update the brick-and-mortar infrastructure to show that school matters to our larger community.

Here is what \$75.5 million will buy:

- » One new elementary school, desperately needed to reduce classroom crowding and meet the needs of our housing explosion.
- » A new high school campus to consolidate all the alternative high school programs that are scattered around in temporary facilities. This includes my own SEA program; Post High for disabled students who have continuing education needs after 18; and the Launch program for unique students who are best served learning career skills in experiential curriculum. These are the programs that help our non-traditional learners to earn their diplomas and go on to successful adult lives.
- » A nine-classroom addition to Canyon View High School which is growing beyond its capacity.
- » Artificial turf on the playing fields of all three district high schools, allowing for cheaper long-term maintenance and multi-purpose uses.
- » Remodeling of all pre-school and elementary school playgrounds to bring them into compliance with the Americans With Disabilities Act.

The bond issue will be paid over 20 years through property taxes. The burden on a \$405,000 home would be a tax bill of \$272 a year. But, in reality the bond is “tax neutral,” meaning you will not see an increase in your taxes. That is because older school bonds have reached their payback, and the new bond will simply take their place.

No one is trying to fool you with the “tax neutral” label. Your taxes will not go up, but they will also not go down if the paid-up bonds are replaced by new ones.

The 13,000 students of the Iron County School District deserve that “tax neutral” sacrifice from you. And our community cannot continue to turn a blind eye to the inadequate infrastructure. If we don’t build new facilities now, we will build them later, but for more money.

This is not a problem that will go away. It’s time to invest in schools that are worthy of our growing city, and schools that are worthy of our community culture that values our children, and their future.

Senator Romney and delegation visit Israel during conflict

from Sen. Mitt Romney Press Office

FOR IRON COUNTY TODAY

TEL AVIV — U.S. Senator Mitt Romney (R-UT) joined a bipartisan delegation of senators, led by Senate Majority Leader Chuck Schumer (D-NY), on an official visit to Israel following the unconscionable terrorist attacks by Hamas on Israeli civilians. The delegation met with top Israeli government officials and spent time with families of American-Israeli hostages held by Hamas. At a press conference, Romney highlighted how Hamas uses innocent Palestinian civilians to shield themselves from the Israeli military response in Gaza and argued for continued involvement from the United States in countering authoritarian and terrorist regimes—like Iran, Russia, and China—who threaten democracies around the world. Joining Romney and Schumer on the trip were Senators Bill Cassidy (R-LA), Jacky Rosen (D-NV), and Mark Kelly (D-AZ).

“This has been a heartbreaking, heart-wrenching experience for me, for my colleagues, for you, and for the world. To see the people of Israel subjected to such brutality, such a heinous act by individuals whose purpose is unimaginable.

Now, there are two things I’d like to mention, because I agree with what my colleagues have

“My prayers join with yours to see those hostages return to their loved ones.”

Sen. Mitt Romney (R-UT)

just said, and I’m not going to say the same thing. But I want to add just to two points. Number one, you’re going to see pictures, as you could imagine and probably already have, of Palestinian civilians that are going to be injured and killed by virtue of the conflict which is ongoing. I hope you recognize that those individuals are being killed because of Hamas, not because of Israel. In many respects, most directly, Hamas is holding their own population—the Palestinian population—as human shields. They’re using Palestinians to protect their own lives—Hamas’ lives. And therefore, when Israel takes action to try and go after Hamas and to take out its leadership, there will be individuals who are civilians and innocent that will be killed, and they will parade that as if this is some horror being perpetrated by Israel.

Do not forget the lives that you’re going to see

lost on TV over the coming long period of time, potentially—Israeli lives and Palestinian lives—are all the result of Hamas.

And number two, and this is a point I think for my friends in the United States in particular—there is a growing sentiment in my country of isolationism, which is, you know, let’s not worry about what’s going on in the rest of the world. Let everybody else worry about those things.

This is a bipartisan group that has a different point of view, which is that we want to stand with our allies and with our friends. But I would note with regards to those that have isolationist tendencies that there’s a war being waged, a war being waged against free countries, against democracies, against freedom, and it’s being waged by Hamas and Russia and China, Iran. There are nations—Iran, Russia, China—that want to overthrow democracies generally and subvert the cause of freedom.

We’re involved in the world because it’s in America’s interest. It’s in Israel’s interest. It’s in all of our allies’ interest. It’s in the world’s interest. This is a period of great sadness and meeting today with the families of hostages has been something I will never forget. I can only imagine the horror in their lives. My heart reaches to them. My prayers join with yours to see those hostages return to their loved ones.”



BOND 2023

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— SCHOOL DISTRICT —

ote Nov. 21

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New charter school approved for Cedar City

from Casey Anderson

IRON COUNTY TODAY

Cedar Charter Holders recently received approval from the State Charter School Board to establish a new charter school in Cedar City, Utah. The State School Board also granted a funding waiver to facilitate the school's opening in the fall of 2024. This school will serve students from kindergarten to 8th grade, with the possibility of expanding to include 9th-12th grades.

Charter schools, as tuition-free public schools, differ significantly from traditional public schools. Their governing boards are driven by parents rather than elected through political systems. Charter schools lack taxing authority; their boards cannot vote to levy taxes, and property taxes will not be used for building construction or ongoing enrollment. These schools are

“A strong focus on reading, writing, math, and science with an emphasis on primary sources is a priority for our school.”

wholly funded by State dollars, which will contribute to increased dollars for Iron County from external sources. If a child is not currently enrolled in an educational option but chooses to attend the new Charter School, that funding will now benefit our community. Current financial calculations by educational authorities estimate this amount to be anywhere from \$7,500 to \$12,000 per child per year. If three hundred students, not currently enrolled, choose to attend, this would bring \$3 million dollars of new money into our community, primarily going to classroom teachers.

Classical education takes various forms, but the most widely recognized involves a return to educational systems that have proven effective and have been somewhat abandoned by society. A strong focus on reading, writing, math, and science with an

emphasis on primary sources is a priority for our school.

This emphasis on choice and options is significant. Providing diverse educational choices is valuable for meeting the preferences of parents. Our new Charter School distinguishes itself in several ways: it follows a classical education model, enforces uniforms, limits screen time, prohibits cell phones in classrooms, implements a leveled learning program (instead of age-based grading), and will maintain the strictest anti-bullying policies in the state. In addition to the strongest anti-bullying efforts in the State, we will foster an uplifting environment of respect between faculty, students, and parents.

To ensure our children receive the education expected by their parents and needed by society, we firmly believe that addressing the widespread use of cell phones in schools, both inside and outside the classroom, is a necessary barrier to overcome. Also, there is no place for the bullying epidemic in our educational institutions. Unlike district schools, which can be influenced by politics, our school will have a structure and culture designed to encourage kindness, respect for others, compassion, and serious learning. Perpetrators of violence will be held accountable in the strictest manner, rather than the victims. Parents of children who act violently toward others will understand and agree to remove their child from our school, assuming appropriate responsibility.

It's time to set a higher standard for how we treat each other, and our school will nurture and empower our youth to be strong and protect the vulnerable. Using force to harm another person or their property is wrong, and we will have a zero-tolerance policy for such acts of violence.

Whether it's our culture, curriculum, uniforms, screen time policy, bullying policies, parental involvement, or leveled learning, we are committed to providing the best educational opportunities for our children. Our staff, parents, and students will all share and align with the vision and mission of our school. Those who don't resonate with our mission and plan are welcome

to explore other options. As a non-taxing authority, we offer a free and clear choice, respecting their decisions and appreciating the diverse educational options available in Iron County.

Our school is set to begin with an initial enrollment of 300 students, while we await the construction of our permanent location. In the third year, our plan is to move into a completely new building, financed from our existing budget without relying on local property tax dollars. This building will serve nearly 1,000 students, which amounts to almost 10% of the current district's total

student population. This will provide a significant asset to our community, alleviate capacity and growth issues, and do so at no cost to Iron County taxpayers. Families who enroll at the outset may receive preference when the final building is completed, starting in the fourth year, and many charter schools in the state maintain waiting lists where a first-come, first-served basis may also be a factor.

In the coming months, we will work diligently to disseminate information about how to sign up and obtain more details to determine if this option is suitable for your family.



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Southern Utah University

SUU enrollment tops 15,000 students

by Nikki Koontz

SUU MARKETING COMMUNICATION

Southern Utah University's student population now exceeds 15,000, a new record for the university. According to third-week enrollment data released by the Utah System of Higher Education (USHE), SUU experienced a 4.9% enrollment increase and leads the state again in year-to-year growth.

"We are excited for this steady growth and will continue to elevate SUU's profile as a high quality public university in the state," said SUU President Mindy Benson. "Students are choosing SUU for our commitment to access, affordability, academic programs and most of all the student-centric experience where we offer small class sizes and educators who are invested in mentoring our students for their future careers."

The majority of SUU's growth came from a 26% enrollment increase in the University's online programs. In recent years, SUU has focused on expanding flexible online offerings to meet the needs of its students. 35.5% of all students take only online courses. The University's commitment to offering high-quality, affordable online degrees allows students worldwide access to accredited education at competitive prices.

SUU's undergraduate population increased by 8%, the largest growth in the state. The University's student body is from all 29 counties in Utah and all 50 states. The average undergraduate class size is 21 students and the average high school GPA for first-time freshmen is 3.57. SUU's student population is 24% first-generation, meaning they are the first in their family to pursue a college degree. The top undergraduate majors for fall 2023 include biology, psychology, elementary education, management and aerospace/aviation sciences.

SUU has more than 150 undergraduate programs, and 32 graduate and certificate programs. Additionally, SUU also offers a Doctor of Psychology in Clinical Psychology - the only Psy.D. program in the state of Utah.

SUU's graduate programs have also achieved an outstanding 18% growth in student enrollment, the largest in the state. In Fall 2023, top graduate programs, such as business administration, music technology, accountancy, education, and interdisciplinary studies, reflect SUU's dedication to developing robust academic programs that lead to successful careers.

SUU's international student headcount also increased from 748 students last year to 832 students this year which is a 11.2% increase.



COURTESY SUU

"We are excited for this steady growth and will continue to elevate SUU's profile as a high quality public university in the state"

SUU President Mindy Benson

International students are from 85 different countries and territories. SUU fosters globally engaged students and communities which broadens the perspectives in and out of the classroom.

"Over the last several years, SUU has experienced growth both on campus and online.

I'm incredibly proud of all the hard work the enrollment and retention teams make every day to recruit students here and help them persist until graduation," said Stuart Jones, SUU vice president for advancement and enrollment management. "Students and parents realize that SUU offers an incredible academic experience where students are set up to thrive from day one."

While hundreds of universities across the country face enrollment declines, especially post-pandemic, SUU has grown by 19.5% in head-count since 2020. Through a joint effort of bringing new students in and providing the necessary resources to keep them here through graduation, the faculty and staff at SUU are committed to providing an extraordinary educational experience worthy of the investment students make to be here. SUU graduates emerge not just job-ready but well-prepared for the evolving landscape of the modern workforce.

public & health

A passion for prevention: High-risk cancer center aims to catch cancer before it's a problem

by Lisa Larson

INTERMOUNTAIN HEALTH

When it comes to cancer, there's only one thing better than a cure, and that's preventing the problem from occurring.

While not every cancer can be predicted, or detected in a way that would allow preventive medicine to prevail, there are many stories of success when it comes to prevention and early detection at the Intermountain Health High Risk Cancer Prevention Clinic, located in St. George and serving all of southern Utah.

"We used to be known as the High-Risk Breast Clinic, but after a few years it became very apparent there were certain mutations that, while they increased a patient's risk for breast cancer, those same mutations also increased their risk for other cancers," said Maricel Purcell, family nurse practitioner and advanced practice provider at the High-Risk Cancer Prevention Clinic. "We offer services and screenings for several kinds of cancers including ovarian, pancreatic, melanoma and more."

"The bulk of my patients are those who have a genetic mutation to increase their risk, or they have a strong family history," Purcell said. "We work at either catching the cancer at a very early stage, or we work at risk reduction." Some of the risk reduction methods include educating patients

about lifestyle changes, or referring them for surgical risk reduction, or chemo prevention medication.

"We are growing and growing," Purcell said of the clinic. "We are

"Instead of waiting for cancer to develop, we are actively doing things to reduce a person's risk or identifying cancer at its earliest stage..."

Maricel Purcell

going to be performing some outreach services this month, so hopefully even more people will learn about the things we offer."

Patients do not need a provider referral to visit the clinic, though there are many who come as a result of those referrals. If a patient is aware of a strong family history with cancer, or other concerns, Purcell said they are happy to see them.

"I have a passion for prevention," Purcell said. "It's much better to prevent something than to treat something, especially when we are capable of so much precision prevention."

As with many things, knowledge is power when it comes to cancer prevention. Purcell and her team encourage people to familiarize themselves with their family health history, and then become educated

on the next best steps.

"I feel like we're doing everything we can to be a step ahead in our patient care," Purcell said. "Instead of waiting for cancer to develop, we are actively doing things to reduce a person's risk or identifying cancer at its earliest stage, which ultimately benefits the patient's survival rates and treatment costs."

To find out more, or to schedule a visit, call 801-442-2647.

Cedar City flag redesign project top 6 designs announced

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

After over 60 submissions were received for the Cedar City Flag Redesign Project in September,

the City's Youth Council selected a panel of seven community leaders to narrow down the submissions to the top few. The judging panel includes:

- » Garth O. Green, Cedar City Mayor
- » William Garza, Youth Council Mayor
- » Ryan Paul, SUU Professor & Local Historian
- » Lester Yocum, Artist
- » Shane Parashonts, Paiute Indian Tribe of Utah
- » Sara Penny, Cedar City Arts Council
- » Mindy Benson, SUU President

The next step is up to you! The City Council requests the community cast their vote for one of the top six final flag designs for consideration at their council action meeting on November 8th.

To cast your vote for the next Cedar City Flag, visit the website and vote by Wednesday, November 1st: www.cedarcity.org/flag.



**Intermountain
Cedar City Hospital**

ROUTINELY NAMED AS ONE OF THE TOP COMMUNITY HOSPITALS IN THE COUNTRY

- National Rural Health Association
- IBM Watson Health
- Fortune Magazine
- iVantage Health
- Healthgrades
- Vizient
- Centers for Medicare & Medicaid Services
- Chartis Center for Rural Health



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Children's Jubilee

ANNUAL EVENT BRINGS JOY THROUGH MUSIC, ACTIVITIES

by May Hunter

FOR IRON COUNTY TODAY

Last Saturday, the annual Children's Jubilee was a great family event that focused on music and added art and science exploration for a fun-filled and educational afternoon. Volunteer guild members assisted with the hands-on activities featuring art, science, and music. Children of all ages were entertained and participated in various exhibits.

Exhibit experiences included trying out orchestra instruments, painting faces, making slime, creating glow in the dark bracelets, and observing animals up close from the SUU Animal Ambassadors.

There was also music from the Jazzman Devils, who entertained with a saxophone, clarinet, horns, and drums. A concert followed the activities and featured the delightful "Carnival of Animals" with guest pianists Christian Bohnenstengel and Bridger Ivie with Carylee Zwang directing the full symphony orchestra.



There were plenty of activities and great music to educate and entertain children and their families at this year's Jubilee.





CONTEST WINNERS

Blvd Home

AGES 5+
Wyatt West, 6

Cedar Drug & Gift

AGES 0-5
1st: Aria Johnson
2nd: Olivia R.
3rd: Evelyn Vasquez

AGES 6-11
1st: Koban Flores
2nd: Sammi Hall
3rd: Rilynn Roundy

AGES 12+
1st: Joan Nelson
2nd: Madison Carling
3rd: Ascher Ray

AGES 60+
Kathy Handy

Infowest

AGES 3-12
1st: Kinsey
2nd: Gwynn Christ
3rd: Kayla Randall

Legacy Flooring

AGES 3-4
Kayla Randall
AGES 5-6
Alayah Jessop
AGES 7-8
Sakara Vrsko
AGES 9-10
Kobain Flores

Rocky Ridge

AGES 0-5
1st: Eva Riddle
2nd: Kayla Randall
AGES 6-10
1st: Kobain Flores
2nd: Grace Biggs

State Bank of Southern Utah

AGES 0-8
1st: Leya, 8
2nd: Alex, 8
AGES 9-14
1st: Lillian Bangartner, 12
2nd: Ryeesa Rose, 12

AGES 15+
1st: Arraia Joy Jessop 18
2nd: Phuong Tran, 30

TDs

AGES 0-6
Diane Brown
AGES 7-11
Mariah Bird
AGES 12-18
Mosiah Nielsen

Webster Orthodontics

GRAND PRIZE
Faith Anderson
AGES 2-9
Carter Christy
AGES 10-16
Eliza Fife
AGES 17-90
Christina Miller

Bluegrass brilliance coming to Cedar City

from Jim Howells

IRON COUNTY ACOUSTIC MUSIC ASSOCIATION

The Iron County Acoustic Music Association (ICAMA) is thrilled to announce an unforgettable evening of bluegrass brilliance, featuring the International Bluegrass Music Association's (IBMA) 2020 Guitarist of the Year, Jake Workman, with his talented wife Rebeka on fiddle. Jake has captivated audiences worldwide with his mesmerizing performances and innovative compositions. Rebeka Workman, is an accomplished musician and songwriter, able to keep up with Jake's dynamic picking, adding her unique talents to the evening's entertainment. Local newcomer Lillian VanDaam will open for the Workmans. This must-see concert will take place Wednesday, November 1, 2023, 7:00PM at the Heritage Theater in Cedar City.

Jake Workman grew up in Draper, Utah, started playing bluegrass when he got a banjo at age 13, and has never looked back. He has played with Salt Lake City based bands Cold Creek, The Aaron Ashton Band,



COURTESY ICAMA

and the Jake and Rebeka Workman band. He has a degree in jazz guitar performance from the U of U and his playing showcases his extensive knowledge of rock and jazz genres, but he is mostly influenced by bluegrass. He is a 2-time nominee as International Bluegrass Music Association's Guitar Player of the Year, and was awarded the title in 2020. Other nominees that year were Billy Strings, Molly Tuttle, Trey Hensley, and Brian Sutton—the best in the bluegrass. Jake is multi-instrumentalist and has been the lead guitarist in Ricky Skaggs touring band, Kentucky Thunder, since 2015. When not performing, Jake teaches private lessons, writes music and works as a studio musician.

Rebeka Workman grew up in a home with parents who loved bluegrass music and began playing violin at age 8. She started playing in bluegrass groups in high school, then was moved to learn the art of bluegrass improvisation. She has won fiddling contests and is involved with Utah Old Time Fiddlers, bringing the love and skills of the fiddle to others. It was in a bluegrass jam session that she met Jake. They were soon married and have played in many various bands together.

The show begins at 7:00 PM, Wednesday, November 1 at the Cedar City Heritage Theater, 105 N 100 E, Cedar City. Tickets are \$12 and are available at the door and at www.heritagectr.org.

Iron County Acoustic Music Association (ICAMA (eye-cam-ah)) is a non-profit organization dedicated to promoting live traditional and contemporary acoustic music in Iron County. ICAMA receives support from the Sorenson Legacy Foundation, Cedar City RAP funds, and the National Endowment for the Arts through WESTAF and TourWest.

IRON COUNTY ACOUSTIC MUSIC ASSOCIATION PRESENTS

IBMA 2020 Guitar Player of the Year

JAKE & REBEKA WORKMAN

Opener: Lillian VanDaam

WED NOV 1 7PM

Heritage Center Theater
105 N 100 E, Cedar City • 435-865-2882

\$12 at the door or at heritagectr.org **#icamamusic**

SUMA to host annual Day of the Dead celebration

by Nikki Koontz

SUU MARKETING COMMUNICATION

The Southern Utah Museum of Art (SUMA) is once again hosting the annual Día de los Muertos celebration on November 4, 2023. Come honor ancestors in a celebration of life with food, music, and dance from 12 p.m. to 6 p.m.

Officially celebrated from November 1 - 2, Día de los Muertos is a time to honor and remember loved ones who have passed away. Some of the various traditions include cleaning and decorating graves, building ofrendas, or altars dedicated to loved ones; and honoring the dead with traditional food and beverages, calaveras (sugar skulls) and cem-pazúchitl (Aztec marigolds).

Located on Southern Utah University's campus, SUMA will be hosting events such as face painting, art exhibitions, crafts and traditional food, as well as a performance by Southern Utah's Ballet Folklórico Herencia Hispana and [the SUU Latino Student Alliance], as well as music provided by Mariachi Fuego—a mariachi band consisting of children and teenagers from northern Utah. All music and dance performances will take place in the Auditorium.

Students from SUU's Spanish Department, Literary Club Cazapalabras and SUU's Spanish Honor Society—Sigma Delta Pi will also be reading stories to teach audiences more about Día de los Muertos.

"Celebrating Day of the Dead every year allows us to continue not only increasing cultural awareness but also building bridges among the different groups in our communities. It is an opportunity to find common ground through experiences we all share, like honoring our loved ones



The Day of the Dead at SUMA is a family favorite to experience and celebrate different cultures.

COURTESY SUU

"[Celebrating] is an opportunity to find common ground through experiences we all share..."

Dr. Junice Acosta Martinez.

who have passed on, in a joyful way," said Dr. Junice Acosta Martinez.

The community is invited and encouraged to honor their loved ones and contribute to the Community Ofrenda by sending in a photo, which will be displayed from October 21 - November 4. The submission deadline is October 15. Send family photos to sumamarketing@suu.edu.

The annual Día de los Muertos celebration is made possible through generous sponsors and partners, including Visit Cedar City Brian Head, SUU Languages and Philosophy, Artisans Gallery, SUU College of Humanities and Social Sciences, SUU STEM Center, The Frehner Museum, and the Joe and Kathleen Sorenson Legacy Foundation.

DAY OF THE DEAD FESTIVAL OF ALTARS

**Saturday, November 4, 2023
12 - 6 p.m.**

**Southern Utah
Museum of Art**

**Join southern Utah's largest
Day of the Dead celebration!**

- Mariachi Fuego
- Ballet Folklórico Herencia Hispana
- Storytelling
- Art Activities
- Pan de Muerto
- Face Painting and more



suu.edu/suma/dotd

Designer discusses the art of movie posters

by Christina Schweiss

FOR IRON COUNTY TODAY

The latest Ask. Ponder. Educate. [X]. lecture on Thursday, Oct. 19, was called “The Process of Making a Movie Poster” and featured key art designer, photographer and illustrator Sarah Ford.

Ford has extensive Hollywood entertainment agency experience as an art director designing posters from start to finish for film and television such as Hidden Figures, Spider-Man: Homecoming, Orange Is the New Black and American Horror Story.

Ryan Paul, the A.P.E.X. director, introduced Ford. Paul said, “Her unique passion for spiritual care and art, connects with all beings and storytelling from a compassionate perspective. As a secular Buddhist, she engages the intersections of topics such as identity, inner creativity, trauma resilience, recovery, mentoring and imagination.”

When we look at posters, Ford said, “We’re really reflecting cultures, getting glimpses of our world. Posters are markers in time. It allows us to know what’s going on in pop culture during the time they were made. We’re also processing our own waves of experiences with movies.”

By creating a poster we are making the story visible to others. A poster needs to be a quick read. It’s an invitation to come and watch the film. Ford said, “The entire story lives on this two dimensional rectangle.”



JOSEPH ROBERTS

Sarah Ford speaks about the magic of creating a movie poster at the A.P.E.X. event on Oct. 19.

Quoting American art director and graphic designer, Paul Rand, Ford said, “Design is so simple. That’s why it’s so complicated.”

When discussing different movie genres and how they can affect the artist’s creativity, Ford said, “The creative freedom for horror is super expansive. When you’re creating something that has an element of fear, there is a huge imaginative component to it. If we can play with fear, and get closer to it, to learn about it, it helps us be with that emotion more and expands us a little bit. It gives you your individual power, even though it’s scary.”

Tying in her practice of mindfulness into making posters, Ford explained, “Work with failing as part of the process. Focus on the process and less on the outcome.” She also explained that a deadline is your best friend and your worst enemy. Having a deadline forces you to work hard and makes the ideas flow out of you.”

When unmotivated, Ford suggested asking yourself, “What can I be interested in?” There is always something you can find to connect to.” Then, comparing writing a paper to creating a movie poster, Ford added, “Do some research and see what else is out there. You must revise and edit until you have to turn it in.”

Leaving the audience with some final words, Ford said, “Art is an act of generosity. When you’re doing art for yourself it’s a way to play, to know yourself and to see what’s important to you. Sharing that art in the world is also an act of generosity. I encourage you all to look at your process, create your art, and put it out into the world.”

They don’t make ‘em like they used to

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

I awoke pre-dawn to a very loud noise coming from our basement. It wasn’t a thumping or a banging; it was not rhythmic. It was a mild roar or a thrashing. I woke my husband and we hurried downstairs and tried to find the source. It emanated from the west side of the room. We unplugged the electronics, but it continued. I began to get worried that there was going to be a building collapse. LeGrand opened the outside door a bit but saw nothing. We thought maybe it was a heavy storm.

Coming down the stairs, I had thought it was the refrigerator in the apartment kitchen. We have a small, very old refrigerator that came with us when we moved here almost 24

years ago. Every few months it throws a small tantrum with some clanking and whining. We have known that one day it would be tired and we would need to replace it, but the noise wasn’t coming from that. The food inside was appropriately cold. I’m sure Rocky Mountain Power would come and haul it away, if we asked. It must be terribly energy inefficient, but it just keeps doing its job.

The refrigerator isn’t the only vintage servant we have in the house. My in-laws gave us a Singer sewing machine when we got married 60 years ago. It has a few toots and whistles, like a zig-zag stitch, but mostly it just sews. We took it into Jensen’s a few years ago to get the

timing adjusted, and the repairman was surprised to see it. I wondered if it were too old to be fixable, but he did his thing and we brought it home.

A sad commentary on the times—well, old times, I guess—was that in the sixties when new machines started coming out, my father-in-law was instructed to take a hammer to any of the old machines that were turned in. They were so much better-made than the new, cheaper ones that Singer didn’t want them in circulation

as used machines. They wanted to force people to buy new ones. My father-in-law didn’t do it. He would occasionally show the older, heavier, metal ones as an alternative to the

new plastic ones.

And then there is the little red Toyota pickup truck that is coveted by all our grandsons. It is a 1991 and LeGrand drives it every day. One winter morning someone slid into the side door, and the body shop couldn’t order a door with the stripe on it. So the decorative stripe starts, is interrupted by a plain door, and then the stripe continues. One day while it was in the shop, my husband remarked to the repairman that he never drove it out of the city limits. The repairman said, “These motors never wear out. Drive it wherever you want. It will outlive you.”

Oh! The mysterious noise? It was a broken sprinkler head aiming a heavy stream of water against the window. Easily rectified, if a momentary waste of water.



POWER IN PINK

Annual walk, 5K
brings courage to
breast cancer battle

by May Hunter

FOR IRON COUNTY TODAY

Last Saturday, on a brisk fall morning, over 300 people gathered at the Cedar City's West Canyon Park for the 11th annual Power In Pink Iron County walk and 5K.

Power In Pink was founded by 4 local breast cancer survivors 11 years ago, and they have been raising awareness and funds since for those battling cancer. All proceeds are donated back into the community.

Power In Pink's mission is to raise awareness and help fund local breast cancer survivors to support them and their families in their battle against breast cancer. In addition, Power In Pink honors local women who have passed away from breast cancer and raises awareness for early detection, mammograms and breast cancer education. Thanks to improvements in early detection and treatments, millions of women now survive breast cancer.

Cedar City Councilman Scott Phillips welcomed the group with his enthusiasm and said everyone makes a difference in this fight. He also acknowledged the support given to the event from the local sponsors. Becki Bronson, Communications

The difficult but achievable battle to defeat breast cancer is in good hands and great hearts.

"The Power in Pink is that we are not alone! You got us and we got you! We are in this together."

Becki Bronson

COREY BAUMGARTNER

POWER IN PINK

« CONTINUED FROM PAGE 15

Manager for Intermountain Healthcare, also spoke about importance of getting yearly mammograms.

One of Becki's favorite job at the hospital is giving tours. One important point she makes is that Utah is among the worst in the nation with women getting a mammogram, and Iron County is among the worst in Utah. The irony is that this area is in the Downwinders corridor, where there are higher rates of cancer from nuclear testing in Nevada and uranium mining.

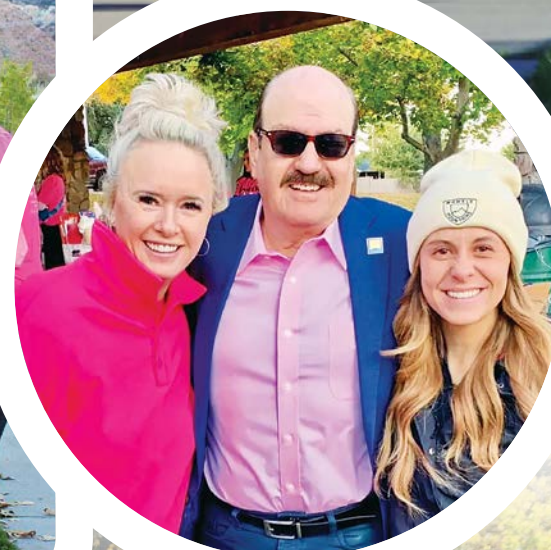
She also added Power In Pink is two-fold. First is how Power In Pink brings education and awareness to the importance of getting a yearly mammogram. The second is the unmatched power that comes from joining forces together as one, especially on an issue so important.

The annual event brought entertainment from DJ Reuben Torgaola and Kait Sorenson sang a song of encouragement. There was also a special moment of silence to remember those who have lost their lives, and honor those currently fighting the fight against breast cancer. Then, several groups, survivors, families and individuals joined in the run/walk, some in honor of family or friends and some just to support this amazing non-profit group.

When everyone returned, prizes were awarded to youngest, first runner to finish, and teams. SUU Nursing students took home the Traveling Trophy, for the third year in a row for the most group participation. Mountain America Credit Union had the largest community team.

Power In Pink is such a fantastic event! It brings awareness to the importance of screening, and brings together the greatest group of people to remember and honor those who have passed away from breast cancer, like my beautiful mama did, and to band together in support and love. Thank you, thank you, thank you for all those who participated in the event. The Power In Pink Iron County is beyond grateful as this is the biggest event they have ever had.

Becki Bronson said it best, "The Power In Pink is that we are not alone! You got us and we got you! We are in this together. We have each other's back, we're going to fight together, and we're going to support each other. We're going to love each other and band together in recognition and support. To me, this is the true Power In Pink."



PHOTOS BY COREY BAUMGARTNER AND MAY HUNTER

Knights of Columbus fundraiser raises \$1200 for Baby Basket Project

from St. Martha's Baby Basket
FOR IRON COUNTY TODAY

St. Martha's Baby Basket Project, founded by Marty Kravetz in 1995, has been continued by Cindy Davidson through donations and a host of volunteers. Each basket is filled with almost everything a newborn baby may need and a small gift for the new mom too. If you are interested in donating to the St. Martha's Baby Basket Project, donations can be dropped off in the foyer of Christ the King Catholic Church or Ye Ol' Catholic Thrift Store. Monetary donations can be given to Cindy directly 435-586-7523.



Tom Whalen, Grand Knight of the Knights of Columbus and Cindy Davidson, head of the St. Martha's Baby Basket Project are grateful for the kind and generous donations.

COURTESY KNIGHTS OF COLUMBUS

ENJOYABLE LEADERSHIP

LEADERSHIP 101.36

When one hears the word “leadership” they may think of responsibility, duty, orders. And depending on whether or not they like their current leader, there may be a few other choice words and thoughts thrown in the mixture.

However you choose to define or decry leadership and leaders in your life, have you ever used words like fun, enjoyable, grateful when you think of your leaders? Yes, this includes yourself if you are in any type of leadership position in your life. It may sound contradictory, but being able to enjoy your “job” as a leader is actually a crucial component in being a successful leader.

Sure, somedays trials make you question your title, and sometimes your abilities don't seem to line up with your responsibilities, but then you remember that you're in that position because you possess the qualities necessary to keep the leadership afloat and headed in the right direction.

True, easier said than done, but that's where the enjoyment comes in. Being able to put a grin in the grind can make all the difference. When one can have fun at work, it doesn't take away the work, or the seriousness of the tasks, but it does help soften the blow of burdens no matter where or who they come from. It also helps give you that extra ounce of strength to help you carry the weight of your world on your shoulders and sort out the tangles and wrangles of your career.

That being said, there is still some sacrifices to be made and there's a price to be paid for the privilege of leadership. Just because you can smile when you go the extra mile doesn't mean it's easy, or that important things (including people—including yourself) can sometimes fall by the wayside, or get capsized when the waves of your workload hit the bow.

This is probably the greatest test and victory of any leader—how to lead yourself to victory, in the midst of all the other daily mayhem. This doesn't mean you'll never have bad/off days, or that your grin will become more chagrin, but—more often

the rut
LESS TRAVELED

Corey Baumgartner
news@ironcountytoday.com



than not—when you learn to approve, applaud and even love yourself (not only for your capacity, capability) but for who you are, you will accomplish more and enjoy more of what you do.

This kind of confidence and contentment is contagious. Because when others see you struggling with the juggling, yet still fighting and pressing forward, it inspires them to see (and support) their leaders, but also be motivated to keep fighting the good fight in their own lives.

Today, may you enjoy your leadership position with a little more passion. May you continue to rest, reset, but not rest on your laurels. And at the end of the day and the career, may your greatest enjoyment and achievements come from sharing the journey with and improving the success of those you were called to lead and serve.

calendar

THURS, OCT 26

DIGITAL PARENTING WEEK

ROBINSON FAMILY PUMPKIN PATCH (M-F 3-8pm, Sat 9am-8pm) @ Robinson Family Pumpkin Patch (1450 W Industrial Rd, Cedar). \$1 per person, FREE Hay Rides & Petting Zoo, \$3 pumpkin launching, \$2 corn pit, \$1 maze, \$3 horse rides. Until October 29. INFO: 435-691-5014.

JUDD PUMPKIN PATCH (M-F 5-7PM), SAT 9am-7pm) @ Judd Pumpkin Patch (314 E 270 N, Paragonah). Open until October 29. NO entrance fee. Free farm Animal Zoo. Wagon Rides \$3 per person, Barrel Train Rides \$2 per person. (3yrs. And younger free). INFO: 435-477-9783.

MOVIE NIGHT COSTUME CONTEST (6-10PM) @ Cedar Fun Center (170 E Fiddlers Canyon Rd). \$5 per person. Costume parade, prizes (6pm), Movie "Monster House" (7pm). Fundraiser benefits Canyon View Theatre trip to New York City.

HAUNTED HOUSE (26-31ST 5-9PM) @ Historic Aladdin Theater (27 N Main, Parowan). Admission \$2 with can of food or \$5 per person).

WITCHY MARKET (26-29TH, 4-8PM) @ Midvalley Farmers Market (780 W Midvalley Rd, Enoch). Witchy fun, family-friendly, Tarot Readings, crystals, jewelry, spell bags, teas and more.

FRIGHTFUL FARM (5-8PM) @ MIDVALLEY Farmers Market (780 W Midvalley Rd, Enoch Cedar City). Hayrides, maze, music, activities. Kids Safety Zone available! INFO: Facebook @ MidvalleyFarmersMarket.

SLOW ROLL (5:30-7:30PM) WITH GHOST Tours (7pm) @ Cedar City Cemetery (685 N Main St, Cedar City). Tickets required for tour. All forms of active transportation welcome! FREE. INFO: Facebook /CedarCitySlowRolls.

HAUNTED WOODS (26-28, 30-31, 6-11PM) @ Rising K Ranch (2937 W 3800 S, Shurtz Canyon). \$5 Kids, \$8 Adults. 1st annual family friendly haunted trail and hay ride, games, face painting. Headless Horseman rides every half hour. Instagram: hauntedwoodatsrisingk

SCARE WASH (7-10PM) @ MAIN STREET Tagg-N-Go (1160 S Main). \$10 per car (pass holders). \$30 (non-pass). Squeaky clean scare for a scary good cause! Proceeds donated to Neil Hiatt family battling cancer. INFO: taggngo.com/scarewash/

HALLOWEEN LIGHT SHOW (SUN-THU 7-9PM, Fri-Sat 7-10pm) @ (389 E 200 S, Cedar). Admission FREE. Please be courteous to neighbors, drivers and others watching the show; park across the street and do not block traffic or driveways.

RED ROCK SINGERS CONCERT (7:30PM) @ SUU Music Building (351 W University Blvd). Admission FREE. An evening of American Folk music, "Appalachian Autumn"

FRI, OCT 27

BLACK CAT DAY

CEDAR LIVESTOCK AND HERITAGE FESTIVAL Full list of events @ www.cedarlivestockfest.com.

CEDAR STREET FEST (EVERY FRI 3-10PM) @ Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artisans, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: www.cedarstreetfest.com.

OPEN MIC NIGHT (2ND/4TH FRI, 7PM) @ Johnson Arts Center (59 N 100 W, Cedar). Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation is required for entry. INFO/Q's email info@johnsonartscenter.org.

HALLOWEEN BASH (6-MIDNIGHT) @ CEDAR Fun Center (170 Fiddlers Canyon Rd). Ghoulishly good time, live music, trunk or treat, costume contest (7pm). FREE to public. \$35 to join ultimate Halloween event—unlimited laser tag, laser maze, 1 round mini golf, a \$10 arcade card, 2 slices of pizza, and a 21 oz drink. Reserve tickets 435-263-0200.

HALLOWEEN SPOOKTACULAR (6:30-9:30PM) @ Cedar Aquatic Center (2090 W Royal Hunte Dr). \$4 per person, \$20 for family of 6. Children 3yrs. and under FREE with paying adult. Spook alley, games, treats, and more!

HAUNTED HANGER (27-28TH, 31ST 6:30-10pm) @ Cedar Mustangs Civil Air Patrol Cadet Squadron Hangar (2296 Aviation Way, Cedar City). \$5 per person. Shoot nerf guns at the aliens/cadets) and find the president.

SAT, OCT 28

MAKE A DIFFERENCE DAY

BREAKFAST ON THE FARM (8:30-11AM) @ Red Acre Farm (2322 W 4375 N, Cedar). Come enjoy the farm, hear roosters crow, feed animals, eat a real farm breakfast fresh and hot off the grill! INFO: 435-865-6792 or Facebook /RedAcreFarmCSA/.

CEDAR LIVESTOCK AND HERITAGE FESTIVAL (10am) Sheep Parade. Followed by many other events at the Cross Hollow Event Center (11 N Cross Hollow Dr). Full list of events @ www.cedarlivestockfest.com.



TRUNK OR TREAT (12-2PM). PRESENTED BY Local Law Enforcement @ Veteran's Park Baseball Fields (407 E 275 N). Fun holiday event featuring helicopter candy drop!

Organizations interested in participating call 435-867-7500 or email jmeyer@ironcounty.net.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

CEDAR CITY FARMERS MARKET (9AM-1PM) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.



HALLOWEEN CARNIVAL (11AM-1PM) @ Gateway Preparatory Academy (201 E Thoroughbred Way, Enoch). FREE for families with family members with disabilities. Come for a night of games, food, and prizes. INFO: Tanisha 435-477-2583.

TRUNK OR TREAT (12-2PM) @ VETERAN'S Park Baseball Fields (407 E 275 N). Join local law enforcement for this fun holiday event and helicopter candy drop! Organizations interested in participating call 435-867-7500 or email jmeyer@ironcounty.net.

LABYRINTH WALK (NOON-2PM, 40-MIN sessions) @ St. Jude's Episcopal Church (70 N 200 W, Cedar City). Walk the largest indoor labyrinth in Utah! Replica of the Chartres Cathedral's labyrinth in France. Join us regardless of faith, or experience. Facilitators present. Open rain or shine. INFO/Reservations please call Anne 702-539-3400.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

OPEN MIC (4TH SAT, 7-9PM) @ FRONTIER Homestead (635 N Main, Cedar) FREE Family friendly event to showcase your talents, music, poetry, comedy, magic, etc.

MASONIC LODGE TRUNK OR TREAT (7:30-10pm) @ Cedar City Masonic Lodge (2120 W Skyview Dr). Candy, games are provided. Costumes encouraged.

SUN, OCT 29

INTERNET DAY

"HALLOWEEN WAS CONFUSING. ALL MY life my parents said, 'Never take candy from strangers.' And then they dressed me up and said, 'Go beg for it.'" Rita Rudner

MON, OCT 30

PUBLICIST DAY

SO. UTAH WATERCOLOR SOCIETY EXHIBIT (M-F 8-5pm, thru Nov 17th) @ Cedar City Offices, 10 N Main. A variety of styles, mediums and prices.

TUES, OCT 31

HALLOWEEN

CHILDREN'S STORY TIME (TUES, 10-11AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

PAROWAN TRUNK OR TREAT (6-7PM) @ Church Parking Lot (100 S, Parowan). Everyone is invited to decorate your trunk (set up at 5:45 pm) or just bring trunk-or-treaters!

WED, NOV 1

AUTHOR'S DAY

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

ICAMA CONCERT JAKE & REBEKA WORKMAN (7pm) @ Heritage Center Theater (105 N 100 E, Cedar). \$12 at the door (open 6:30pm) or online www.heritagectr.org. Lillian VanDaam opening.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THUR, NOV 2

DAY OF THE DEAD

BIBLE STUDY (1-3PM) @ CEDAR CITY PUBLIC Library (303 N 100 E). 8wk study of Romans 12-16. Wayne Barber leads attendees to live righteously and discover truth through observation, interpretation, application. Workbooks \$18. INFO/Reg 435-267-2234, 435-238-3078, www.precept.org.

SAT, NOV 4

DÍA DE LOS MUERTOS (12-5PM) @ Southern Utah Museum of Art - SUMA (13 S 300 W, Cedar). Admission FREE. Southern Utah's largest Day of the Dead celebration returns with music, dance, food, art, and more. Come learn about, celebrate the Mexican and Latin American holiday.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center

2111 N. Main. (702) 802-1332 or (702) 533-7856
Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • 435-704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Raven Albertson, 385.831.7124, utahprograms@alz.org

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Johnson Arts Center (59 N 100 W, Cedar). All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

Embrace Grace

Tues, 5:30pm • Unmarried, pregnant? Don't be alone. Safe, non-judgmental. Free baby stuff at baby shower for you! Childcare available with heads up. 407-719-8595 or Threshing-Floor.life>Resources>Embrace Grace.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KCCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Sheila Shaw 805-208-4545

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room

(303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE. All ages welcome. For livelier dances come on (Sat 12-1:30pm @ Cedar Library 303 N 100 E). FREE. No Partner needed, Teaching. INFO 626-808-6129

Iron County Moms For America

2nd Thurs, 7pm Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

O.A.R.S. Young Adult Group

Tues 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Conversations about spirituality, mutual support, curious questioning, community service. INFO: text 541-579-1554, pastorschuyler@gmail.com or Insta: [oars_young_adults](https://www.instagram.com/oars_young_adults)

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: forms.gle/SmGytgCfvQ1tS2pB7 Adolescent: forms.gle/BZiepPVW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work

on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

To add your ongoing opportunity to our calendar, call 435-701-9982 or email news@ironcountytoday.com

schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from Braylie Tullis

IRON COUNTY SCHOOL DISTRICT

Iron County School District Office

Parents are invited to attend a Parent Night featuring Michelle Porcelli, The Resiliency Lady, at 6:30 p.m., Monday, Oct. 30. The event will be held in the Canyon View High School Auditorium. Breakout sessions include Suicide Prevention and Substance Abuse.

Also available is a student well-being screener. Students in grades 3-12, with parent permission, can participate in the screening that identifies anxiety, depression or self-harm behaviors. Parents and the student can then meet with an Iron County School District mental health professional to discuss the results. More information available at <https://sites.google.com/ironmail.org/well-being-screener/home>

Enoch Elementary

Enoch Elementary's 1st graders picked pumpkins at Judd's Pumpkin Patch. They learned about life cycles, and studied the parts of pumpkins, like the flowers and leaves on the vines. They saw green pumpkins that will turn orange during their life cycle. They visited animals in the petting zoo too. The students also hiked Cedar Canyon while discussing the needs of plants.

**Escalante Valley Elementary**

The 6th grade students at Escalante Valley School are beyond fortunate to have LuAnne Brown for their music teacher! Because of her determination, perseverance and passion for music our students are learning to play the violin. They are hoping to present their newly developed talents to their families & our community during our school Christmas music program. We are beyond grateful for this opportunity and wish to thank SUU, Whittlesticks, Cedar City Arts Council, and the Foundation Grant Board for making these musical dreams come true!

**Fiddlers Canyon Elementary**

We want to say a huge thank you to both Dairy Queen locations and Firehouse Subs for their recent Feed Your Family Fundraiser nights with our school. Through their support and your choice to eat out on designated nights, we were able to raise \$363 from DQ and \$150 from Firehouse. Contributions make great things possible at Fiddlers through classroom grants, teacher and staff appreciation, fun activities like Dr. Seuss Week and Red Ribbon Week, and even Career Day and maturation programs.

Red Ribbon Week is coming up October 30-November 3. Watch your students homework folder and the Fiddlers Canyon Elementary PTA Facebook page for more information and details about each special theme day.

Mark your calendars for picture makeup day on November 2 and our next Feed Your Family Fundraiser at Culver's on November 6 from 5-9 pm. Thanks for all you do to help make our school a great place to be!

East Elementary

Our kindergarten and first grade students had a wonderful time during their annual visit to the pumpkin patch. A great time was had by all, and the first graders also enjoyed a great math lesson on estimation using pumpkins on the playground. The fourth graders were visited by Mr. Roundy, who brought in some native animal pelts and antlers in preparation for their trip to Snow Canyon. We appreciate the unique opportunity

our students had as they learned about the animals and habitats in southern Utah! As autumn progresses the temperatures are chilly in the morning and warm in the afternoon. We are seeing an astounding number of jackets and sweaters left on the playgrounds. Please make sure that your child's name is written on the inside of the jacket/sweater. Finally, we want to remind you that the school isn't open for students until 8:30 a.m. Until that time there is no supervision available. We are having more and more students dropped off, some as early as 7:30. Please help us keep your students safe. When faculty and staff are called away to supervise students, it prevents them from preparing for the day ahead, and it becomes a lose-lose situation. Thank you for your help in this matter.

**Three Peaks Elementary**

First grade students had the opportunity to visit the Judd Pumpkin Patch located on 2.5 acres in Paragonah, Utah. The students enjoyed choosing and picking their own "just right" pumpkin fresh off the vine, visiting the farm animal petting zoo, playing in the sand box, and taking fun class pictures.



Three Peaks Elementary is celebrating Red Ribbon Week this week. Activities include dress up days, daily prizes, a visit from the Iron County Sheriff's Department and their cool dogs, and a Halloween Carnival. Thank you to our wonderful PTA for organizing all of these fun activities to help remind us of the importance of staying away from harmful things.

Canyon View Middle

Great and spooky things are happening at CVMS from orchestra, band, and choir concerts to Cougar Pride Halloween carnivals. It's been a spooktacular place to be this October.



schools

Cedar High singers, choirs inspire during recent fall concert

by Tsadakah Wilberg

FOR IRON COUNTY TODAY

NEWS FROM THE DEN



GATEWAY ACADEMY

Gateway student Ayva picked out the perfect-sized pumpkin in Paragonah.

Pumpkins provide delight to Gateway students

by Mrs. Meyers

GATEWAY ACADEMY

This week, the Kindergarten and 1st grade students at Gateway Academy went to the Judd Pumpkin Patch in Paragonah. This is one of the student's favorite field trips, and one student in particular was extremely excited to tell us about it.

As the bus pulled up to the pumpkin field, Ayva was so excited because she knew that she was going to pick out a pumpkin. She chose an orange one that was medium size. Her favorite part about the field trip was seeing the animals, even though it was stinky. She loved looking at the little pigs with their wagging tails. The baby cows had big eyes and the ponies were so little. Ayva said, "I love the pumpkin patch!"

On Monday, October 16th, Cedar High's most talented singers performed for students, teachers, and supporting family members alike. Directed by Mark Ganowsky, the CHS Choir Fall Concert was simply awe inspiring. The chilling vocals of the young students made the whole experience a wonder. At CHS, there are four choirs called Lyricals, Kantori, A Cappella, and Madrigals.

The concert began with the National Anthem, sung by the combined efforts of the Madrigal and Kantori choirs. Then the Lyricals began with "Johnny Said No" by Vijay Singh, a haunting song with an echo and contains a story of heartbreak and disappointment. They then sang the familiar Disney song "Reflection" by Matthew Wilder, "Shiru" a song in Hebrew by Allan E Naplan, and "Do You Believe in Magic" by John Sebastian.

The Kantori, girls only choir, began with the beautiful "Let Me In" by Kurt Bestor. They also performed "How far I'll Go" by Lin Manuel Miranda. The familiar Disney song became more complex with the combination of different vocal ranges. It added a fun atmosphere to the overall concert. Followed by "Adiemus" by Karl Jenkins, "Just the Way You Are/Just a Dream" an arrangement by Boyer, Bram and Sharon, and "Bring Me a Little Water" by Huddie W. Ledbetter. This song was lovely with the many female voices but it was also made dynamic and exciting with the added combination of their

rhythmic clapping and stomping. They then finished with "Ad Astra" by Jacob Narverud.

A Cappella, a choir with both male and female singers, performed "Why We Sing" by Greg Gilpin, "Evermore" by Alan Menkin, "Nelly Bly" by Stephen Foster, "I'm a Believer" by Neil Diamond, and "The Argument" by Francis J. Nesta, a humorous song full of back and forth quips between the female and male singers. They truly showed how "music is a language that can speak to one and all" in the emotion and joy put into the songs.

Then the Madrigal choir made their appearance, girls arm in arm with the boys as they marched down the rows and onto the stage. The song "I'll Say it Anyway" by Pierr Certon spun around the audience as it drifted

through the air. Once onstage, they sang "May it Be" by Bhraonain, N. Ryan and R. Ryan, a beautiful song that when using combined voices becomes an overwhelming piece that sweeps up the listener. They also sang "Anthem" by Anderson, Rice and Ulavaeus and "The Lord Bless You and Keep You" by Peter Lutkin. They performed "Plenty Good Room" by Kirby Shaw, a song that includes many solos that individual madrigal members sung. The solos were all impressive, demonstrating the talents of the students.

The concert was an incredible success and showed the amazing talents of Cedar High's students. Although the director apologized for the length of the concert, the audience did not seem to mind as they cheered after every song.



Several Cedar High singing groups joined forces to fill the Reds' auditorium with inspiring and powerful music.



PHOTOS BY TSADAKAH WILBERG

history

The Dominguez-Escalante Expedition of 1776

by Jay M. Jones

FOR IRON COUNTY TODAY

On 11 October 1776, an expedition of just over a dozen men paused on a small, remote knoll overlooking what is now called the Escalante Valley in Southern Utah to settle a controversy that had the potential to destroy them. Their leaders decided to abandon the original purpose of their journey: finding an overland route to the Spanish Mission at Monterey, California, which had been established in 1770. Most of the men favored continuing westward instead of returning to Santa Fe, New Mexico. This concludes a three-part series remembering this historic saga as we approach its 250th anniversary.

Following the casting of the lots at Dominguez Knoll, which sent them on their return trek to Santa Fe, the Dominguez-Escalante expedition proceeded south by southeast through Horse Hollow and camped in Cedar Valley north of Cedar City, calling it the Valley of San José. Escalante described it as a “beautiful valley . . . most abundant in pasturage.”

The following night they camped west of present day Kanarrville and recruited a local Indian to help guide them. Just before proceeding over the Black Ridge they were joined by another Indian man, this one elderly.

Escalante speculated that the motivation for the local Indians to agree to accompany and guide the party was to usher them away from their people in the Cedar Valley area. When a good opportunity came to leave the party and hide in the rocks on the way down the Black Ridge, they did just that.

The Dominguez-Escalante expedition camped near what is now the Snowfield exit off I-15, which has a marker to commemorate the event. Two days later they crossed the Virgin River, which they called the Río Sulfúreo, near its confluence with Ash Creek and LaVerkin Creek in the vicinity of present-day Hurricane.

Along the way they noted maize stalks, recently harvested, grown in small, irrigated fields. Their hopes to significantly replenish the expedition’s depleted food supply in this area were over-optimistic, however. Continuing on in a

PART 3 – CONCLUSION

south-westerly direction, they found themselves on today’s Sand Mountain facing a slow and difficult descent.

Learning that there was not a route to cross the cliffs of the Grand Canyon and the Colorado River by going south, the expedition turned east. Difficulties in finding sufficient water,

rock walls near Padre Bay at Lake Powell found the inscription “Paso por Aquí Año 1776” that has since been authenticated to be from the era of the Dominguez-Escalante expedition. The phrase means “Passed by Here, Year 1776”. Unfortunately, other more recent graffiti mars the site. A steel cage has been erected surrounding the inscription to prevent further degradation.

After crossing the Colorado River, the weary travelers arrived at the Hopi village of Oraibi on 16 November. After some rest and nourishment there and at the Zuni village in New Mexico, they reached Santa Fe on 2 January 1777.

Upon returning to Santa Fe, Father Dominguez found that the governor of New Mexico was not happy with the failure to reach Monterey. The governor was not willing to finance a follow-up expedition, which Dominguez and Escalante recommended.

Prior to the expedition, Father Dominguez had been sent from Mexico City to New Mexico to inspect the various missions and report on their status. Some of what he found was less than ideal, and he reported back exactly what he saw. By the time he returned from the expedition, word had come back from Mexico City that some serious changes were needed in the missions of New Mexico. The New Mexico leaders blamed Dominguez for their embarrassment. He spent the rest of his life assigned to ministry in obscure outposts.

Father Escalante suffered from a kidney ailment, possibly cancer, that took his life just a few years after the expedition. His journal of the expedition was sent to Mexico City, although copies were made and found their way to some later western explorers, including John C. Fremont.

Since Escalante wrote the account of the journey, many have assumed that he led the expedition. The explorers were led by Father Dominguez, with Father Escalante as second in command.

Knowledge gained by the Dominguez-Escalante expedition was a foundation for later exploration and travel in the west. In 1829 Antonio Armijo led a group of traders from New Mexico to Southern California, following the Dominguez-Escalante route part of the way. Thus began the story of the Old Spanish Trail.

Next week, a little about the Spanish Trail.

HISTORICAL THREADS



Statue of Father Escalante at Iron Springs.

JAY M. JONES

food and feed continued. They resorted to killing some of the pack horses for meat.

After weeks of exhausting travel and searches they finally found, on 7 November 1776, a place wide and shallow enough to safely ford the Colorado River. This site became known as the Crossing of the Fathers, and is now under the waters of Lake Powell and Padre Bay.

In 2006 a volunteer scrubbing graffiti from the



PHOTOS COURTESY COMMUNITY PRESBYTERIAN CHURCH

Life would be ruff without our K9 companions. Thanks to the Community Presbyterian Church, there will be plenty of treats to say thank you for their furry friendship.

Doggie "Trunk or Treat" supporting local dog park, animal shelters



from Community Presbyterian Church
FOR IRON COUNTY TODAY

On October 14th, the 3rd annual dog Trunk or Treat event was held at the Enoch PetSafe Dog Park. Folks were showing off furry friends in their Halloween finest and several dog loving families had open trunks full of toys and goodies!

Sponsored by the Friends of Festival Country K9s, who run and maintain the dog park and supports local animal shelters. The event drew dogs in everything from spooky to whimsical costumes for a time of play and socializing (for their humans too)!

There was an astronaut, an Ursula, a football and his cheerleader girlfriend and even a couple of fairy princesses! Four pups were for adoption, and many more still at the shelters looking for their new family.

The event was a fundraiser for Iron County animal shelters which are at capacity. A \$3500 donation was received from Community Presbyterian Church and Treasures Thrift Shop. Financial support and pet food donations are still most needed. You can go to the Enoch PetSafe Dog Park Facebook page for a needs list and arrange to donate. <https://www.facebook.com/EnochPetsafeDogPark>



celebrations

90TH BIRTHDAY

Douglas Owen Maxwell

Doug turns 90 on October 25th. He is loved and celebrated by his wife Sandra, children Jeff (Nancy), Jana (Lindy), Troy Bert (Kim), and Tiffany (Jeff), his 12 grandchildren and spouses, and his 13 great-grandchildren. He is a man without guile, a friend to everyone he meets, and a really great man. We all love you!



Want to submit an announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.

LAMB SPECIALS

Lamb Chops \$13/lb
Lamb Steaks \$13/lb
Lamb Stew Meat \$13/lb

Pre-Order by Wednesday for Pick Up on Saturday

Every Saturday
9am-1pm IFA
905 S. Main, Cedar City

240 N 200 E, Paragonah, UT • 435-463-3735 • W-F 9am-3pm

Detecting fraud and protecting the vulnerable from deception

YOUTH AND GENDER – PART 1

by Edy Meredith

FOR IRON COUNTY TODAY

Who are the most vulnerable among us? As I look around my community, I think that the main susceptible group is that of the young and inexperienced. Human brains are not cognitively developed until the mid-twenties so teenagers might be more easily deceived. With the premise, what would entice a human being under the age of 18 to be convinced that he/she had been born as the “wrong gender and sexual identity”? As this series proceeds, please remember that this may be controversial and is meant only to inform and protect humans under the legal age of 18 in Utah. It is not about adults. The age of consent (adulthood) may vary from state to state, but the following website provides all U.S. State Legal Age Laws: findlaw.com/state/family-laws/legal-ages.html.

The word “fraud” usually refers to financial situations such as the current trial of former crypto billionaire Sam Bankman-Fried. I hope you didn’t buy into that deception; however, a much more insidious form of fraud is now going on most definitely aimed at teenagers to exploit their youth, inexperience, adventurous nature, and sometimes rebellion.

Are there psychological, emotional, and physical factors that make humans vulnerable to fraud? Of course, there are such factors with inexperience and immaturity being the most common and where teens frequently rebel against authority, which trait teenagers possess in oodles (a very great number or amount). We teach our children to agree with authority, but when authorities have gone wrong, have we given our children the emotional

and mental tools and toughness to withstand adverse conditions when authorities are out on limb, widely diverging from historical understanding and even scientific accuracy?

Stephen Bullivant discusses the spiritual, emotional, and religious condition of America in his 2022 book, “NONVERTS: The Making of Ex-Christian America”. The book thoroughly documents America’s current condition with the large growth of indifference to religious matters and to the growth of “do-nots” who mostly hold beliefs that make anything possible and okay to do. Of course, as we know, adults do have the legal right to determine what they do within the law. Children and teenagers, however, are vulnerable to exploitation and need protection so this series is only about the protection of human beings under the age of 18.

Each of us as adults (and children) possess a frame of reference or point of view influenced by the multitude of our experiences in life. We are also capable of self-deception where our ethics fade or change depending upon the end results that we desire for ourselves. Are we interested in accumulating wealth or public influence? Are we interested in raising children who are healthy mentally and physically, with strong ethical values that govern their behavior and mental acumen with the ability to make good judgments about the consequences of their behavior and thoughts?

Next week, we will discuss some contemporary beliefs and practices that are causing damage to our youth, to our children and grandchildren. Hold onto your saddles for an interesting and provocative ride and join us next week in this great exploration of contemporary life.

finances

ASK RUSTY: How do disability programs affect Social Security’s budget?

Dear Rusty: I read with interest an analysis of the history, reasons, and financial costs of the SSI (Supplemental Security Income) and SSDI (Social Security Disability Insurance) programs. My question is, specifically, what portion of the Social Security budget goes toward SSI and SSDI vs. for regular SS retirement income for those who paid into the fund during their working lives? How are the costs of SSI and SSDI covered by the federal government? Signed: An Inquiring Mind

Dear Inquiring Mind: No part of Social Security’s “budget” is used to pay SSI (Supplemental Security Income). SSI is a means-tested general assistance program for disadvantaged children and needy disabled adults and aged seniors who have very little income and very few assets. Federal SSI benefits are paid from the government’s General Treasury, not from Social Security Trust Funds. SSI is jointly administered by the person’s state of residence and the Social Security Administration, and the state usually provides additional benefits to supplement the financial assistance provided by the federal government under the SSI program. The Social Security Administration only administers the SSI program, it does not fund it.

By contrast, SSDI (Social Security Disability Insurance) benefits are for employed Americans who become disabled and unable to work fulltime. SSDI benefits are meant to provide limited income replacement for the disabled worker, and those benefits are paid from a separate Social Security “DI” (Disability Insurance) Trust Fund. The DI fund receives

a portion (0.9%) of the FICA SS payroll taxes every American worker pays on their earnings and is used to pay disability benefits to eligible American workers who are unable to perform “substantial gainful activity” for a year or more. The eligibility criteria to collect SSDI are very strict, but those approved receive their benefits from this separate DI trust fund, not from Social Security’s Old Age and Survivors Trust Fund. Payroll taxes collected for disability purposes are deposited in the DI Trust Fund as interest-bearing government bonds, and those DI assets are redeemed as needed to pay SSDI benefits. FYI, SSDI (disability) benefits stop when the person reaches full retirement age, at which point the beneficiary is

automatically switched to regular SS retirement, and after which their benefits are paid from the regular “OASI” Trust Fund.

“Regular” Social Security retirement benefits, spousal benefits, dependent benefits, and survivor benefits are paid from Social Security’s Old Age and Survivors Insurance (OASI) Trust

Fund, which receives most (5.3%) of the 6.2% FICA Social Security tax withheld from the paychecks of American workers. As of the end of 2022, the OASI Trust Fund held about \$2.7 trillion in interest bearing government bonds. Neither SSI or SSDI affect this “regular” OASI Trust Fund – only true SS retirement benefits and benefits for dependents of the retiree are paid from the OASI Trust Fund (As an aside, Social Security reform is needed to prevent the OASI Trust Fund from being fully depleted in 2033).



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.



These two beautiful quilts (among others) will be available for purchase during the DAR fundraiser.

PHOTOS COURTESY DAR



Daughters of the American Revolution invite community to annual fundraiser

from Deborah Leoni

FOR IRON COUNTY TODAY

The DAR Bald Eagle Chapter is inviting friends, family and supporters to our annual fundraiser. This year we are having it in conjunction with the Heritage Festival at the Diamond Z Arena. The event will be held Friday afternoon and all day Saturday!

Our Bald Eagle members have been working hard to prepare for this event. We have been sewing, painting, crochet-

ing and doing leather work that will not only impress you but complete all your shopping for the holiday gift giving season. If you don't know who we are come and meet us. We would love to have you join us. We are a non-profit and all the money collected goes to our service projects which include but are not limited to St. Martha's Baby Basket Project, Care and Share, Service to Veterans, Youth Futures and Canyon Gate just to name a few. Help us help the community we serve.

obituaries

Sue Ann Larson Knight



Sue Ann Larson Knight was born on August 19, 1946, in Salt Lake City. She was the daughter of Paul Anthony and Mae Ruby Larson (Mae's maiden name was "Cluff"). Our dear Heavenly Father called Sue Ann back home into his loving arms on October 14, 2023.

Sue's young years in life made her very strong. She pushed forward through her life religiously. Throughout her life as an adult, she has done service work for the Deseret Industries. She always loved a good joke or prank. She lived her life Devoted to God. She met and married the love of her life Woodruff Knight. She will be greatly missed by all her family and loved ones.

Sue is preceded in death by her husband Woodruff Knight, her mom Mae Ruby Cluff Larson, and her father Paul Anthony Larson. She is survived by her siblings and their spouses. Brother, Hal (Lee) Larson, Sister, Sandra (Richard) Littlefield and her Sister, Sharon Larson Allen.

A funeral service was held Friday, October 20, 2023, at 11:00 am at the Beaver 2nd Ward Church (15 N 100 W, Beaver, UT). A viewing was held prior to the funeral service from 9:30 - 10:30 am at the church. Interment followed at the Mountain View Cemetery in Beaver, UT, under the direction of Southern Utah Mortuary. Online condolences may be sent by visiting www.mortuary.org.

Reagan Shea McDermott Banks



Reagan Shea McDermott Banks peacefully passed away on the morning of Oct 21st. Heaven has received the most pure and beautiful angel. She is survived by her loving husband Chandler Banks, daughter Khaleesi Banks, mother Dani Johnson Burgon, stepfather Josh G. Burgon. Her siblings: Breanna K. Sanchez

(Blake), Collin J. McDermott (Maele), Gavin W. McDermott, Keaton F. McDermott. Also by her Father and Mother-in law John T. and Tammy Jones Banks. Siblings: Chelsea Judd (Breck), Christopher Banks (Kaili), Chantel Anderson (Justin), Chad Banks (Saige). She was preceded in death by her father Jeffrey B. McDermott and sister Lindsay Ruth McDermott. Funeral Services will be held Sat. Oct. 28th at the Enoch UT Stake Center (2200 Heather Hue Rd.) A Viewing will be held 11:30 a.m.- 1:00 p.m. followed by funeral services at 1:30 p.m.

Rickie Lee Mitchell



On the 3rd of October, Rickie Lee Mitchell, age 59, passed away peacefully while vacationing in Cancún, Mexico with the love of his life. Born in Cedar City Utah, on March 17th, 1964, to Garlan William and Ruth Marie (Bauer) Mitchell.

Rickie was one of the hardest working people; if you weren't 15 mins early, you were late! He had a love for the family property "The Mitchell Hideaway" in Duck Creek. Rickie loved to be outdoors with his family, throwing horseshoes, fishing, hunting, or looking for his next purple glass bottle. He enjoyed hopping on his Harley to "leave it all in the wind." Rickie also thrived in the construction industry and worked for Ashdown Bro's & Schimdt Construction for the majority of his career, as well as owning his own business "Rickie Mitchell Trucking." Sundays were his favorite day of the week. He got to shop with his love, followed by rushing home for every Packer's game! Rickie was a loving husband, father, and grandfather. His family was his most precious possession.

Rickie was preceded in death by his mother Ruth Marie Mitchell and his brother Lonnie William Mitchell. He is survived by his father Garlan Mitchell, his loving wife of 26yrs Sonya, his 5 children; Russell (Mandy) Mitchell; Rachel Mitchell; Dylan Mitchell; Zoe (Lane) Thomas; Braiden (Saige) Mitchell. As well as his 8 grandchildren whom he adored. Rickie will be missed by many friends and family. He was truly one of a kind.

Memorial services will be held on Friday, Nov 3rd, 2023, at 4:00pm. A visitation will be held one hour prior. Services will be held at the Homestead 2nd Ward building at 1390 E Midvalley Road. Condolences and memories of Rickie can be posted online at www.HeartlightFS.com.

Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

faith

Upcoming activities discussed during CAIFA meeting

by Ruth Scovill

FOR IRON COUNTY TODAY

Attending the October meeting of the Cedar Area InterFaith Alliance (CAIFA) was a little like attending the elves' planning meeting at the North Pole. There was plenty of discussion on Christmas projects and holiday activities to help brighten the upcoming Christmas for people in Cedar City as well as throughout the world. Community members are always invited to and encouraged to attend and be a part of these fun and inspiring events.

One such activity, hoping to become an annual tradition, is a live-nativity at the historic Cedar City Rock Church (75 E Center St.) on the night of the Annual Christmas Market. There are currently two live sessions planned. The one at 7:00 pm will be sponsored by the Equestrian Point Ward of the Church of Jesus Christ of Latter-day Saints. The second session sponsored by the True Life Center will be at 7:30, also at the Rock Church.

The Christmas Market, sponsored by the city with councilmember R. Scott Phillips at the helm, there will be numerous booths and food vendor trucks. A program at 5:30 will feature Santa flying in on a helicopter, dances, and fireworks. A Silent Night keepsake ornament will also be available for purchase. The annual Jubilee Hall of Trees at the Heritage Center will return to help raise funds for Shop with a Cop and Canyon Creek Services. Other fun activities are also planned including a special treat from CAIFA for the people who attend the annual Messiah concerts—Shhh, not letting the cat out of the bag yet!

Operation Christmas Child,

sponsored by the Calvary Chapel (101 E Nichols Canyon Rd) is a great event to help provide Christmas presents for children around the world. You can pick up a box to fill at the church, make a donation and participate through the Samaritan's Purse website (www.samaritanspurse.org).

Another group discussed during the meeting was Youth Futures. They help homeless youth in the Cedar City area. It is a state sponsored program which currently has four youth houses state-wide, two of which are in Cedar City. Many of the youth in this program, upon finding themselves homeless, have either been house hopping and staying with friends, or some have been forced to sleep in the nearby hills. If you are aware of a homeless youth in need of help, you can contact Cheri Bambrough, the state coordinator, at 801-528-1214 ext. 107.

For other great service opportunities, Just Serve (justserve.org) has ongoing service projects in our local area for individuals and groups. Steve and Lynn Houghtaling are the new area coordinators of Just Serve.

The Presbyterian Church has also welcomed a new pastor, Timm High, who has moved to Cedar City with his wife Kim. Deb Cowan said that he is a very friendly and personable man who is also a delightful preacher, and that the church is very lucky to have him. Welcome to Cedar City, Timm and Kim High.

Iron County is very fortunate to have the CAIFA organization working here in our midst. Stay tuned for monthly reports on upcoming projects. We hope that you will want to get involved.

Deity's daily directions

Since the beginning of mankind's mortal voyage, directions have always been necessary. From point Abba to Zion, whatever the situation, travelers have hoped and had faith that following those divine directions would lead them as quickly and safely as possible to their desired destinations.

Where are you headed in life today? Where do you want to go? Do you have directions? Where did you get them from? Also, which is worse—not having directions, or having them, but not following them? Perhaps you've

about having a real and regular (daily) relationship with our Redeemer and Creator. Because God wants to be involved in our daily lives and not just on Sundays, or during quick prayers at mealtimes and bedtimes.

God wants to direct us daily. He wants to be our every day, every situation God, not just our mortality tour guide. If we're wise, we will seek His instructions (Psalm 32:8) daily—meaning throughout the day, not just at the beginning, middle and end.

This is why He also counsels each of us to pray always and “acknowledge Him in “all [our] ways” (Proverbs 3:5-7). Acknowledging God is having the humility to ask Him for His help, not just His approval. Yes, God wants us to be self-reliant, and make informed decisions, but that doesn't mean we don't need His guidance and providence in our ever day decisions.

And, like the Israelites, God won't give you only spiritual directions, but will also guide and provide for you in your everyday logistical ones, too. He wants to help guide you in everything from your relationships, families, and finances, to your plans, playtime and purchases. Yes, He is your Creator, but He is also your Mentor, Provider and Partner. Today, make time to reach out to Him, to hear Him, to invite His miracle manna and divine directions into your itinerary—daily.



forgotten/lost the directions and feel lost today? Pull over and take a moment to evaluate the situation. Are their more directions you need? Have you been following the current directions accurately? Regardless, don't be afraid to ask for more directions, or to make a U-Turn and head in a different (better) direction.

When the Israelites had been delivered from Egypt, they began one of the most difficult exoduses in history. Thankfully, the Lord provided both spiritual and logistical directions (Daily) to guide and guard them on their journey.

One of those directions was concerning manna—a miracle meal that appeared each morning and evaporated each afternoon. God was not toying with, but testing them. Would they trust Him and follow His counsel to only gather what was needed for that day—and twice on Saturday's as to keep the Sabbath holy? Also, if the manna was always available, would they have had to rely on the Lord as much?

It seems like a simple sermon, but that's why we need “daily” bread, or directions (Matthew 6:11). It's not even about the bread as much as it is

VERSE OF THE WEEK

JOHN 14:27

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.”

No matter what's happening in your heart, home, neighborhood, country, world, etc. it is difficult to create solutions—especially right ones—when motivated more by fear than peace. When we seek, invite, receive God's peace, we can better solve the broken pieces.

Reds Pounce on Panthers

KELLING THROWS THREE TDS IN 4A PLAYOFF OPENER

by Tom Zulewski

IRON COUNTY TODAY

Defense plays a big key in any individual football game, but for the 4A state playoff opener, the Cedar Reds used theirs early and often to a victorious effect.

The Reds forced three first-half turnovers that led to the game's first two scores, and sophomore quarterback Everett Kelling threw three touchdown passes in a 34-23 win over the Pine View Panthers on Oct. 20 to improve to 4-6 on the season.

After Cedar was stopped on downs on its opening drive, it took all of one play to get the ball back when Ammon York intercepted an Adam Moore pass that he returned to the Pine View 40. The Reds got tricky on the next play with a double pass as Tredyn Elliott threw a 40-yard TD to J.T. Jeter that set the tone for the night.

"Our effort on both sides of the ball was outstanding," Cedar head coach Josh Bennett said. "I'm happy for our seniors to finish on our home field like they did."

Pine View would fumble on its next two drives, and Kelling went to work in the second quarter, hitting Logan Weselowski on a 7-yard touchdown that made it 13-0 after the conversion was missed. Cedar got the football back again after a lengthy Panthers drive resulted in a turnover on downs.

After a big pass play from Kelling to Jeter put the Reds in business at the Pine View 2, they were forced to burn their final timeout of the half with

Cedar's Tredyn Elliott gives his best Heisman pose as he battles the pursuing Panthers defender.



Cedar

34



Pine View

23

Pine View	0	0	7	16	-	23
Cedar	7	13	7	7	-	34

Q1 - C - Jeter 40 pass from Elliott (Jenkins kick), 10:21

Q2 - C - Weselowski 7 pass from Kelling (kick failed), 9:06
C - York 1 pass from Kelling (Jenkins kick), :02

Q3 - PV - Costa 14 pass from Moore (Swift kick), 9:56
C - Jeter 48 pass from Kelling (Jenkins kick), 8:47

Q4 - C - Jeter 24 run (Jenkins kick), 6:18
PV - Richardson 67 pass from Moore (Harris pass from Moore), 5:53
PV - Tonga 3 pass from Moore (Harris pass from Moore), 1:14





Cedar's Krew Giles escapes the Panthers defense to get the Reds closer to the end zone.



Though just out of reach for Ammon York, he would secure a score later in the game for the Reds.

REDS

« CONTINUED FROM PAGE 27

23 seconds left. A run netted only a yard, but the sophomore hustled everyone to the line and hit York – who had a defender draped over him – for a 1-yard score with only 2 seconds left in the half. Cedar took all the momentum to the locker room with a 20-0 lead.

“When we called the timeout, we called two plays,” Bennett said. “The first was an RPO (run-pass option) that we should have pulled and thrown it. Luckily, we had just enough time for that second play.”

Pine View got on the board on the opening drive of the third quarter when Moore hit Matt Costa on a 14-yard touchdown, but Cedar answered just over one minute later with a 75-yard drive in two plays. Kelling would find Jeter on a 48-yard touchdown that restored a three-score edge.

Jeter would complete Cedar's offensive effort midway through the fourth quarter with a 24-yard touchdown run along the sideline that put the game out of reach. Moore would rally the Panthers with a pair of touchdown passes – including a 67-yarder to Colby Richardson – but the last one came with 1:14 to play. When Elliott ran for a first down, the Reds were able to run out the remaining time and advance to play a second-round game at No. 2 seed and Region 9 champion Crimson Cliffs on Friday starting at 6 p.m.

ROUT ENDS RAMS SEASON

In the 1A playoffs, the Parowan Rams played on even terms with Gunnison after the first quarter, but once Andres Valencia got started, the Bulldogs turned the game into a rout. Valencia caught two touchdown passes and added a touchdown run,

while Pearson Judy added two more scoring runs as Gunnison ended Parowan's season, 46-0 in the first-round game played Oct. 20 on the Bulldogs' home field. No. 8 Gunnison (6-4) built a 21-0 lead at the half and added two quick scores in the first minute of the third quarter to allow for a running clock the rest of the way. Parowan finished its season with a 1-10 record.



Gunnison

46



Parowan

0

Parowan	0	0	0	0	-	0
Gunnison	0	21	22	3	-	46

Q2 – G – Judy 6 run (Tucker kick), 11:14
G – Tucker 4 run (Tucker kick), 3:00
G – Valencia 15 run (Tucker kick), 2:00

Q3 – G – Valencia 68 pass from Tucker (Valencia kick), 11:40
G – Valencia 29 pass from Tucker (Tucker kick), 11:19
G – Judy 6 run (Judy run), 4:42

Q4 – G – FG Valencia 24, 6:18

PHOTOS BY COREY BAUMGARTNER

Thunder sweep Reds, win region volleyball crown

by Tom Zulewski

IRON COUNTY TODAY

The stakes were simple for the Cedar Reds volleyball team. Beat Desert Hills, win the Region 9 title for the first time in more than two decades. When the momentum started swinging in Cedar's direction, the Thunder stopped it at every turn and swept its way to the crown.

Desert Hills beat Cedar in three tightly-played games, 25-19, 25-23,

25-22 on Oct. 17 to finish 11-1 in Region 9 play and earn the No. 3 seed for the 4A state playoffs that started Wednesday at the UCCU Center in Orem.

Cedar head coach Nicole Anglin said the challenge for the matchup came after Desert Hills had lost to Hurricane in its previous outing to fall back into a tie for the top spot.

"We had to train our mindset," Anglin said. "We wanted to focus on what we can accomplish, the good

things we were able to do and try to continue to execute on them."

Cedar led 18-17 late in the opening set, but the Thunder closed on an 8-1 run despite committing five service errors. The Reds led 10-4 in the second set before DH rallied again, and they couldn't rally from a 10-5 deficit in the third before the Thunder closed out the match and celebrated winning the region title.

Both teams ended up earning byes for the 4A playoffs, and Cedar finished

as the No. 8 seed. The first two rounds were held Wednesday, which was too late for press deadline, and the semifinals and finals will be held Thursday.

In the 3A volleyball playoffs, Canyon View earned the No. 4 seed and opened against No. 13 South Summit on Wednesday. The Parowan Rams are riding a 31-game winning streak (25-0 this season) and will start defense of its 2A championship Friday. Check the bracket at uhsaa.org for opponent and starting time.

PREP SCOREBOARD

SCORES

Region 9 Football

10/20 4A PLAYOFFS, FIRST ROUND

Cedar 34, Pine View 23
Desert Hills 49, Hurricane 20
Dixie 55, Logan 13
Bear River 47, Spanish Fork 33
Salem Hills 44, Uintah 7
Mountain Crest 63, Tooele 14
Payson 35, Mountain View 17
Stansbury 62, Jordan 7

3A South Football

10/20 3A PLAYOFFS, FIRST ROUND

Grantsville 39, Carbon 0
Union 13, Ben Lomond 10
Juab 41, North Sanpete 13
Ogden 28, Juan Diego 14

1A South Football

10/20 1A PLAYOFFS, FIRST ROUND

Gunnison 46, Parowan 0
Milford 60, North Sevier 16

Region 9 Girls Soccer

10/16 4A PLAYOFFS, SEMIFINALS at Zions Bank Stadium

Green Cyn. 1, Ridgeline 0, 2 OT
Park City 2, Stansbury 1, 2 OT

10/20 4A PLAYOFFS, CHAMPIONSHIP At America First Field

Green Canyon 2, Park City 0

Region 12 Girls Soccer

10/19 3A PLAYOFFS, SEMIFINALS At Zions Bank Stadium

Morgan 3, Canyon View 0
Ogden 9, Juan Diego 1

10/21 3A PLAYOFFS, CHAMPIONSHIP At America First Field

Ogden 3, Morgan 1

Region 18 Girls Soccer

10/19 2A PLAYOFFS, SEMIFINALS At Zions Bank Stadium

St. Joseph 2, Parowan 0
Rowland Hall 3, Waterford 2, 2 OT

10/21 2A PLAYOFFS, CHAMPIONSHIP

At America First Field

Rowland Hall 4, St. Joseph 3

Region 9 Volleyball

10/17 Desert Hills 3, Cedar 0
Hurricane 3, Snow Canyon 0
Dixie 3, Pine View 0

10/21 4A PLAYOFFS, FIRST ROUND

Dixie 3, Tooele 1
Stansbury 3, Logan 0
Payson 3, Timpanogos 1
Provo 3, Jordan 0
Mountain Crest 3, Hillcrest 0
Mountain View 3, Bear River 0
Crimson Cliffs 3, Uintah 0
Snow Canyon 3, Murray 0

Region 12 Volleyball

10/17 Delta 3, Canyon View 2
North Sanpete 3, Carbon 0
Manti 3, Juab 0
Emery 3, Richfield 2

10/21 3A PLAYOFFS, FIRST ROUND

Grantsville 3, Providence Hall 1
Judge Memorial 3,
Layton Christian 0
Juab 3, Ben Lomond 0

Region 18 Volleyball

10/17 Parowan 3, Kanab 0
Enterprise 3, Beaver 0
Millard 3, South Sevier 0

10/21 2A PLAYOFFS, FIRST ROUND

Wasatch Acad. 3, Freedom Prep 0
San Juan 3, Gunnison 0
Rowland Hall 3, Am. Heritage 0
North Summit 3, Merit Prep 0
Beaver 3, Grand 0
Intermountain Christian 3,
Water Canyon 1
St. Joseph 3, APA West Valley 0
Duchesne 3, Waterford 1
Enterprise 3, UMA Hill Field 0
Millard 3, Rockwell 0
Am. Lead. 3, RSL Academy 0
South Sevier 3, Maeser Prep 0
North Sevier 3,
UMA Camp Williams 0

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 9 Football

	REGION	OVERALL
Crimson Cliffs (2)	6-0	9-1
Snow Canyon (7)	4-2	7-3
Desert Hills (10)	4-2	6-4
Dixie (13)	4-2	5-6
Cedar (15)	2-4	4-6
Pine View (18)	1-5	3-7
Hurricane (23)	0-6	2-9

3A South Football

	REGION	OVERALL
Richfield (1)	5-0	10-0
Manti (2)	4-1	8-2
Canyon View (4)	3-2	8-2
Juab (7)	2-3	6-5
N. Sanpete (10)	1-4	2-9
Carbon (12)	0-5	1-10

1A South Football

	REGION	OVERALL
Beaver (1)	4-0	9-1
Enterprise (3)	3-1	9-1
Kanab (4)	2-2	6-4
Milford (7)	1-3	5-6
Parowan (9)	0-4	1-10

Region 9 Girls Soccer

	REGION	OVERALL
Desert Hills (6)	10-2	13-5
Crimson Cliffs (8)	10-2	13-5
Snow Canyon (11)	9-3	13-6
Cedar (19)	5-7	8-10
Dixie (20)	5-7	5-11
Hurricane (24)	2-10	4-12
Pine View (26)	1-11	1-14

Region 12 Girls Soccer

	REGION	OVERALL
Canyon View (1)	13-1	17-3
Manti (3)	11-3	14-4
Carbon (7)	10-4	11-6
Delta (5)	9-5	11-7
Richfield (9)	6-8	8-9
Juab (12)	5-9	5-12
N. Sanpete (13)	3-11	5-12
Emery (17)	0-14	0-17

Region 18 Girls Soccer

	REGION	OVERALL
Parowan (1)	10-0	13-3
Millard (4)	8-2	10-5
Grand (8)	5-5	5-6
Beaver (10)	5-5	6-9
S. Sevier (12)	1-8	4-11
San Juan (15)	0-9	0-11

Region 9 Volleyball

	REGION	OVERALL
Desert Hills (3)	11-1	21-10
Cedar (8)	10-2	17-10
Hurricane (6)	9-3	22-7
Snow Canyon (11)	6-6	17-9
Crimson Cliffs (19)	4-8	10-19
Dixie (16)	2-10	11-16
Pine View (25)	0-12	1-25

Region 12 Volleyball

	REGION	OVERALL
Emery (1)	11-3	25-4
Manti (5)	10-4	18-10
Carbon (3)	9-5	18-7
Canyon View (4)	8-6	15-8
Delta (8)	7-7	14-14
North Sanpete (11)	6-8	13-16
Richfield (10)	5-9	12-15
Juab (14)	0-14	8-18

Region 18 Volleyball

	REGION	OVERALL
Parowan (1)	12-0	25-0
Kanab (2)	10-2	21-6
Enterprise (10)	7-5	15-15
Millard (7)	6-6	14-9
S. Sevier (11)	5-7	14-16
Beaver (13)	2-10	13-11
Water Canyon (21)	0-12	2-14

SCHEDULE

Region 9 Football

10/27 4A PLAYOFFS, SECOND ROUND

Cedar at Crimson Cliffs
Desert Hills at Snow Canyon
Payson at Provo
Stansbury at Ridgeline
Bear River at Sky View
Green Canyon at Salem Hills
Dixie at Park City
Mountain Crest at Timpanogos

3A South Football

10/27 3A PLAYOFFS, QUARTERFINALS

Grantsville at Canyon View
Juab at Manti
Ogden at Richfield
Union at Morgan

1A South Football

10/27 1A PLAYOFFS, QUARTERFINALS

Gunnison at Beaver
Millard at Kanab
Milford at Duchesne
North Summit at Enterprise

Region 9 Volleyball

10/25 4A PLAYOFFS, SECOND ROUND

At UCCU Center, Orem

Cedar vs. Stansbury
Dixie vs. Orem
Sky View vs. Payson
Park City vs. Provo
Mtn. Crest vs. Green Canyon
Mountain View vs. Ridgeline
Desert Hills vs. Crimson Cliffs
Snow Canyon vs. Hurricane
Additional matchups TBD

Region 12 Volleyball

10/25 3A PLAYOFFS, SECOND ROUND

At UCCU Center, Orem

Canyon View vs. South Summit
Delta vs. Summit Academy
Juan Diego vs. Manti
Richfield vs. Ogden
North Sanpete vs. Union
Emery vs. Grantsville
Morgan vs. Judge Memorial
Carbon vs. Juab
Additional matchups TBD

Region 18 Volleyball

10/27 2A PLAYOFFS, SECOND ROUND

At UCCU Center, Orem

Parowan vs. Wasatch Academy
Rowland Hall vs. San Juan
Beaver vs. North Summit
Intermountain Christian
vs. St. Joseph
Duchesne vs. Kanab
Enterprise vs. Millard
Am. Leadership vs. Draper APA
North Sevier vs. South Sevier
Additional games TBD

Thunderbirds fall to Governors in 20T

by *Regan Hunsaker*

ASSISTANT AD, SUU SPORTS INFORMATION

RECORD NIGHT FOR MILLER ENDS IN HEARTBREAK

CEDAR CITY — Saturday night marked the third time this season that Southern Utah has squared off with a top-25 FCS team. Justin Miller set a new school record for career touchdown passes with 62, but the Thunderbirds fell in double overtime to #24 Austin Peay State 48-45. Southern Utah battled to the end and beyond in the heart-breaking loss in front of the home crowd.

The Thunderbirds kicked off to the Governors to start the game and sent the defense out to make a quick stop. After taking over possession on its own 29-yard line Justin Miller led the T-Birds quickly down the field for the score, connecting with Freshman tight end Chase Merrill for a seven-yard touchdown pass. The Governors would bounce back on the ensuing drive marching down the field and tying the game up at 7-7 on a 23-yard touchdown rush. The Thunderbird offense went back out onto the field and had the drive stall due to a penalty. Despite a booming punt by Alyas Vigil the Speedy return man for Austin Peay raced 82 yards for a touchdown making the score 14-7.

The Thunderbirds started the second quarter with a solid 16-play and 75-yard drive capped off with a 2-yard touchdown run by Braedon Wissler. Southern Utah would force another punt for the Governors which would pin the Thunderbirds deep in their territory. It looked as though Austin Peay would force a three and out but the T-Birds would use a well-timed fake punt to earn a first down. On the next play, Grady Robison would run up the middle 73 yards for the T-Bird Touchdown making the score 21-14. The Thunderbirds would get the ball back with just over a minute to go in the half. An offsideline penalty with no time left on the clock gave Southern Utah a single untimed down from the Austin Peay 47-yard line. Grady Robison came into the game and heaved up a prayer that fell into the waiting arms of Gabe Nunez for the touchdown. This sent the Thunderbirds into the break with a 28-14 lead.

The Thunderbirds received the opening kick of the second half and promptly took the ball 87 yards in just seven plays to score on a five-yard touchdown pass from Justin Miller to Isaiah Wooden. The Governors would strike back with a 75-yard drive of their own. Austin Peay quarterback Mike Diliello would collect the touchdown with a one-yard run up the middle to make the score 35-21 in favor of the T-Birds. After a three-and-out by the Thunderbirds, the Governors would drive 69 yards in just over four minutes to bring the game back within a single possession.

After another SUU punt the Governors would drive 97 yards tying the game up at 35-35 on a

46-yard reverse pass. Austin Peay would score again to take the lead with just over two minutes left in the game. The Thunderbirds would even it up once again by taking the next drive 75 yards in only six plays. The drive was capped by a 16-yard touchdown pass from Miller to Josh Acord. The Southern Utah defense held tough and sent the game into overtime.

The Thunderbirds got the ball back and despite earning a first down eventually had to settle for a 40-yard field goal which Tyler Graham put through making the score 45-42. The Governors would get their chance and though the Thunderbird put them behind the sticks with a Robert Horsey tackle for a loss. The Governors found Trey Goodman for a touchdown to seal the game.

SUU's Justin Miller set a new record (62 touchdown passes) during the double-overtime downer against the Govs.



COURTESY SUU

The Thunderbirds won the toss and elected to defend first. On the back of a solid defensive effort including a key interception by A.J. Felton, the T-Birds would get the ball needing only a field goal to win. The 42-yard kick hit the left upright and bounced back into the field giving the Governors a second shot to win the game.

The Thunderbirds will host Abilene Christian for another United Athletic Conference matchup on Saturday, October 28th. Kickoff is set for 1:00 p.m. MT and will be broadcast on ESPN+. For all the latest on Southern Utah football, follow @SUUFb_ on Twitter, @SUUFb on Instagram, and like the Southern Utah Football Facebook page.

Trojans score early, end Falcons' soccer season

by Tom Zulewski

IRON COUNTY TODAY

If anyone arrived late to the 3A girls soccer semifinal game between Canyon View and Morgan on Oct. 19, they would have found the Falcons in an early hole. After the Trojans added two more goals in the first half, the defense was able to clamp down and finish off CV's season one step short of the ultimate prize.

Lacie Poll scored in the game's first 30 seconds, and Morgan didn't let up for a 3-0 win over Canyon View to advance to the title game. The Falcons finished 17-3, setting a new record for most wins in school history.

"This game was a good learning experience for our players. We were able to see how far we've come and how far we need to go to be the champion," CV head coach Steve Newman said. "Morgan is a good, fast team, and they have much more experience than us on artificial turf."

The Trojans stretched the lead to 2-0 in the 10th

"This game was a good learning experience for our players. We were able to see how far we've come and how far we need to go to be the champion"

Steve Newman, Canyon View head coach

minute when Ashlyn Noss punched in a shot from in close, and Macie Burton completed the surge with a penalty-kick goal in the 25th minute. Canyon View was able to keep Morgan off the board the rest of the way and just missed breaking up the shutout when an angled shot bounced off the right post with five minutes left in the second half.

"We competed well in the second half," Newman said. "Unfortunately, we were down too far at halftime and couldn't mount a comeback."

Morgan faced Ogden in the championship game. The Tigers routed Juan Diego, 9-1 in the second semifinal.

CV had nine graduating seniors who finished

with a 57-19 record in four years, one more than the program produced in the previous 11 seasons (56).

In the 2A semifinals, the Parowan Rams couldn't solve the St. Joseph Jayhawks, who scored both goals in the second half in a 2-0 win Oct. 19. Abigail Gough broke the deadlock in the 60th minute with a direct free kick, and Sofia Evans scored the clinching goal after a missed clearing attempt with five minutes remaining. Parowan was the No. 1 seed, but had its 11-game winning streak snapped and finished 13-3 overall. St. Joseph earned a rematch for the title with Rowland Hall, who edged Waterford, 3-2 in double overtime in the other semifinal.

Despite loss SUU Soccer clinches WAC tournament appearance

by Aiden Mortensen

SOUTHERN UTAH UNIVERSITY

SEATTLE, WA — With a playoff spot on the line, the Southern Utah University women's soccer team traveled to Seattle to take on Seattle University in a conference matchup which the Redhawks won 4-0. However, due to Abilene Christian drawing their match against GCU the Thunderbirds will advance to the post season and play in a conference tournament for the first time in 15 years.

The scoring got started early for the Redhawks when in the first minute senior Sarah Creighton connected with sophomore Caroline Penner on a cross pass in the penalty box, resulting in a quick tap-in goal for Seattle, giving them the early 1-0 lead. It wasn't long before Creighton found herself the one scoring for Seattle, as in the 21st minute sophomore Marla Gaudlitz slipped a pass through the Southern Utah defense, finding Creighton for an easy goal making it 2-0 Redhawks.

The Redhawks didn't let off in the first half, scoring again in the 32nd minute when graduate student Makinzie Packwood corralled a missed shot from junior Nina Prusa and snuck it past Southern Utah goalie Julia Ortega making it 3-0 in favor of Seattle.

The defense for the Thunderbirds would tighten up a bit going into the second half, going 26 minutes before Seattle again scored, this time off of a stolen pass from the Thunderbirds, freshman

Katie Piburn drove in and passed to freshman Emma de la Cruz at the top of the penalty box, who converted the open shot, which built on the Redhawks lead making it 4-0.

And that score would hold for the remainder

of the game. With the win, Seattle moves to 7-8-2 overall and 5-2-1 in conference play. The loss bumps the Thunderbirds to 3-9-5 overall and 3-4-1 in conference play, snapping their two-game win streak in the process.



COURTESY SUU

The rout by the Redhawks didn't deter the Lady T-Birds from making the conference tourney for the first time in 15 years.

SUU's Mitchell named to Jerry Rice Award Watch List

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — Southern Utah University is proud to announce that one of its own, Zach Mitchell, a dynamic wide receiver, has been included in the prestigious 2023 Stats Perform Jerry Rice Award Watch List. This annual award recognizes the top freshman player in college football's Division I subdivision and is presented by FedEx Ground. The Jerry Rice Award, now in its 13th season, honors the legendary Hall of Fame wide receiver Jerry Rice and has previously been awarded to notable players such as Cooper Kupp, Chase Edmonds, Trey Lance, and Shedeur Sanders.

Head Coach DeLane Fitzgerald said, "Zach's work ethic, toughness, and humility make him a threat to opposing defenses each week. Every day Zach shows up ready to play and with a winner's mindset."

Zach Mitchell's remarkable performance and standout abilities have garnered him a well-deserved place among the 22 FCS freshmen nominated to this midseason watch list, which includes both true and redshirt freshmen from various conferences across the nation. With impressive statistics that include 416 receiving yards, a 13.00 yards per catch average, 4 touchdowns, and a long reception of 30 yards, Mitchell has quickly established himself as a key player for the Thunderbirds.

Mitchell's exceptional dedication and determination have not only made him a valuable asset to the team but have



PHOTOS COURTESY SUU

"Zach's work ethic, toughness, and humility make him a threat to opposing defenses each week. Every day Zach shows up ready to play and with a winner's mindset."

DeLane Fitzgerald, SUU Head Coach

also captured the attention of the national college football community. Thunderbird Athletics is thrilled to see Zach Mitchell represent Southern Utah on this prestigious watch list, and the entire community eagerly

anticipates watching his continued success on the field.

For all the latest on Southern Utah football, follow @SUUFB_ on Twitter, @SUUFB on Instagram, and like the Southern Utah Football Facebook page.

Can't please everyone all the time

Major League Baseball has reached its final four – the Houston Astros, Texas Rangers, Philadelphia Phillies and Arizona Diamondbacks. Three of these teams finished with 90 victories, and the D-backs had 84.

Instead of celebrating them, a lot of the purists and old-timers have been crying that the system, which added an extra round of playoffs, needs more tweaking. I'm sorry, but I have a problem with that.

There were many cool stories coming into this year's MLB postseason. The Baltimore Orioles won its third AL East title since 1997 and had 101 regular-season wins, but got swept in the Division Series by the Rangers. Atlanta won 104 games, but the Phillies knocked them out in the NLDS for the second year in a row.

Love them or hate them, the Houston Astros finished with its fewest regular-season wins (90) since 2016, when the total reached 84. As of this writing, they were one win away from another trip to the World Series.

And speaking of 84, Arizona may be the biggest surprise out of all of them. The D-backs swept aside NL Central champion Milwaukee in the NL Wild Card in two games and did the same to the Los Angeles Dodgers in three. That's the same Dodgers team that won 100 games in the regular season for the third straight year and fifth in the last six (not including the 2020 pandemic year when it won the World Series).

Arizona's win total is the fewest since the 2006 St. Louis Cardinals won 83 to go with a Series trophy. They trailed the Phillies in the NLCS heading to Game 6, but as we've learned before across all sports, anything is truly possible.

On the local front, the 4A state football playoffs have some people up in arms, mainly for how the bracket ended up being stacked. There were two first-round matchups that

paired Region 9 teams – Cedar easily beat Pine View and Desert Hills ended Hurricane's season in blowout fashion.

The second round will have the same deal as the Reds travel to face Crimson Cliffs, and the defending 4A champion Thunder travel to play Snow Canyon. All four of these teams are on the same section of the bracket, so whoever emerges from the next two games will be the lone region representative in the semifinals being played at Rice-Eccles Stadium on Nov. 10.

We could go back to the old way of thinking where region records are the only criteria that matters for playoff consideration, but that's the main reason the RPI came to be in the first place. Your full season needs to count for something, and algorithms were the best option. For a region championship, you get a nice trophy for the trophy case, but the big one from the UHSAA is the one that matters.

Shoutout here to the Parowan volleyball team, who has clearly picked up where it left off following last season's 29-1 record and first 2A state crown. Heading into the 2023 playoffs that start Friday, the Rams are 25-0 and have won 31 straight matches overall, the sixth-longest winning streak in state history.

The Cedar High girls basketball team and coaching staff will be hosting its annual camp for boys and girls from kindergarten through 2nd grade over six Saturdays starting at 9 a.m. at the Cedar gym Oct. 28 and running through Dec. 9. Registration will be taken on the first day of camp and costs \$40, including a T-shirt.

For more information, contact head coach Corry Nielsen at 435-592-1415.

Follow Tom Zulewski on X – the artist formerly known as Twitter – @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



“We could go back to the old way of thinking where region records are the only criteria that matters for playoff consideration, but that's the main reason the RPI came to be in the first place.”

TOM'S SPORTS TRIVIA

More general madness from the week highlights the dirty dozen. We go all over the place with pride and hope you've been paying attention to sports stuff everywhere you look. Please remember...no wagering!

1. The Canyon View Falcons haven't enjoyed a lot of athletic success on the field, but a pair of sports brought home 3A state titles in 2006. Name either sport that brought home the championship trophy.

2. Las Vegas had a moment of WNBA glory last week when the Aces beat the New York Liberty on Oct. 18 and became the third team to repeat as champions, taking the Finals, 3-1. What two original franchises are the others? One won the first four (1997-2000) and the other took the next two (2001-02).

3. Despite reaching the playoffs after a full 162-game season for the first time since 2003, what National League team relieved general manager Kim Ng of her duties?

4. The NCAA announced Oct. 19 it's investigating what Big Ten football program over allegations of sign stealing?

5. Down 2-0 as the team headed to Game 3 of the NLCS, tickets to the Arizona Diamondbacks game at Chase Field were going almost dirt-cheap on StubHub. According to an ESPN.com story, how low were “entry” tickets being priced?

6. The unlikely appearance of the Diamondbacks in the NLCS forced Chase Field to reschedule a concert by what heavy metal band fronted by Axl Rose and a guitarist named Slash?

7. Who did the Utah Jazz face at the Delta Center to kick off its 50th season on Oct. 25?

8. Held to just two catches in last week's win over the New England Patriots, what Las Vegas Raiders wide receiver admitted his frustration was growing over the lack of targets?

9. A collectibles company announced last week it will be selling 47,000 shares at \$7 per share of the Oklahoma boyhood home of what legendary New York Yankees outfielder?

10. What SEC school entered the latest AP poll at No. 20 in the Top 25 rankings? The team is 6-1 after beating Kentucky last week.

11. Former Vegas Golden Knights goalie Marc-Andre Fleury got his 20th NHL season off to a good start in a 5-2 victory over the Montreal Canadiens on Oct. 18. Where is Fleury playing?

12. What Seattle Seahawks wide receiver declared “I'm not going to change the way I play” after he was flagged for a 15-yard unnecessary roughness penalty last week in a 17-13 loss to the Cincinnati Bengals?

LAST WEEK'S ANSWERS:

1. Miami (FL).
2. Alex Anzalone.
3. Orlando Arcia.
4. Baker Mayfield.
5. Six. The Dodgers lost the last three games of the 2022 NLDS to the San Diego Padres and were swept in three games in this year's NLDS by the Arizona Diamondbacks.
6. Milwaukee Bucks.
7. Stanford. Colorado had a 29-0 halftime lead over the Cardinal, but ended up losing 43-36 in double OT at Folsom Field in Boulder.
8. Tush push.
9. New York Yankees and New York Mets. The Yankees beat the Mets in five games and captured its third straight World Series crown.
10. Tiger Woods.
11. Detroit Pistons.
12. Tom Brady.

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ANIMALS

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ANNOUNCEMENTS

PIANO NEEDED. "POST HIGH" SPECIAL NEEDS SCHOOL has moved to a new building. 288 N Westview Dr. They need a piano. Call 435-592-9193 or Miss Holly 435-421-1557.

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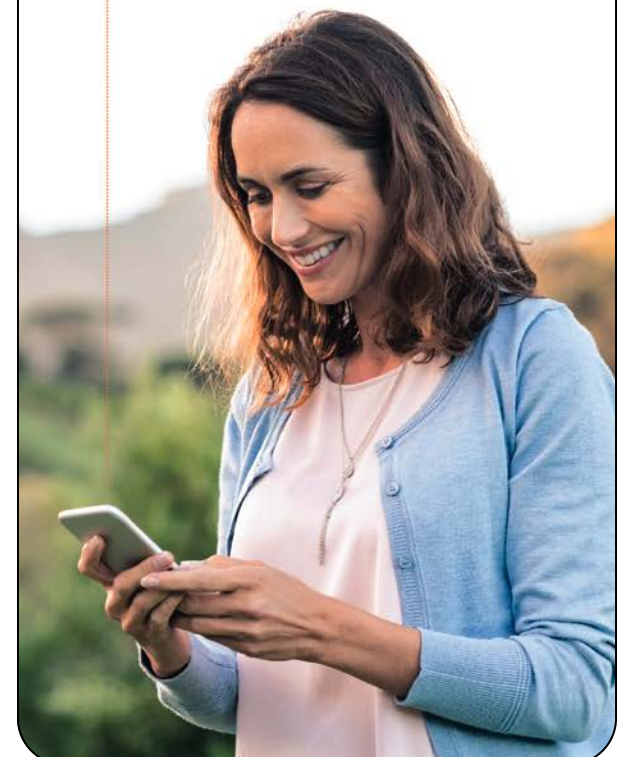
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NOTICE OF PUBLIC HEARING

PUBLIC NOTICE IS HEREBY GIVEN that on October 18, 2023, the Mayor and City Council of Enoch City (the "Issuer"), adopted a resolution (the "Resolution") declaring its intention to issue its Sales Tax Revenue Bonds (the "Bonds"), pursuant to the Utah Local Government Bonding Act, Title 11, Chapter 14, Utah Code Annotated 1953, as amended and to call a public hearing to receive input from the public with respect to the issuance of the Bonds.

The Issuer shall hold a public hearing on November 15, 2023, at the hour of 6:00 p.m. The location of the public hearing is in the City Office, 900 East Midvalley Road, Enoch, Utah. The purpose of the meeting is to receive input from the public with respect to the issuance of the Bonds and any potential economic impact to the private sector from the construction of a public safety facility, together with related improvements (the "Project") to be funded by the Bonds. All members of the public are invited to attend and participate.

DATED this 18th day of October, 2023.

/s/ Lindsay Hildebrand
City Recorder

Published October 26 & November 2, 2023
Iron County Today • #0530

NOTICE OF BONDS TO BE ISSUED

PUBLIC NOTICE IS HEREBY GIVEN that on October 18, 2023, the Mayor and City Council of Enoch City (the "Issuer"), adopted a resolution (the "Resolution") declaring its intention to issue its Sales Tax Revenue Bonds (the "Bonds"), pursuant to the Utah Local Government Bonding Act, Title 11, Chapter 14, Utah Code Annotated 1953, as amended.

The Issuer intends to issue the Bonds in the principal amount of not to exceed \$1,700,000 to bear interest at a rate not to exceed 4.0% per annum, to mature in not to more than 32 years from their date or dates, and to be sold at a price not less than 98% of the total principal amount thereof, plus accrued interest to the date of delivery. The Bonds will specify that any installment of principal on the Bonds which shall not be paid when due shall bear interest at the rate of 18% per annum from the due date thereof until paid.

The Issuer intends to issue the Bonds for the purpose of (i) financing all or a portion of the cost of construction of the public safety facility, together with related improvements; and (ii) paying costs of issuing the Bonds.

SALES TAXES PROPOSED TO BE PLEDGED

The Issuer proposes to pledge all of the sales tax revenues received by the Issuer pursuant to Part 2 of Chapter 12, Title 59, Utah Code Annotated 1953, as amended for the repayment of the Bonds.

OUTSTANDING BONDS SECURED BY THE SAME REVENUE

The Issuer currently has no outstanding bonds secured by the revenues from sales tax, which revenues are being pledged to secure the payment of the Bonds.

ESTIMATED TOTAL COST OF THE BONDS

Although the Resolution authorizes the issuance of

Bonds in the aggregate principal amount of up to \$1,700,000, the Issuer anticipates that the actual principal amount of the Bonds will be \$1,460,000, in which case the estimated total cost to the Issuer for the proposed Bonds is \$2,091,675, including an estimated cost of interest on the Bonds is \$631,675.

A copy of the Resolution is on file in the office of the City Recorder in Enoch City, Utah, where it may be examined during regular business hours of the City Recorder from 9:00 a.m. to 4:00 p.m., Monday through Thursday, for a period of at least 30 days from and after date of the last date of publication of this Notice.

NOTICE IS FURTHER GIVEN that a period of 30 days from and after the last date of publication of this Notice is provided by law during which (i) any person in interest shall have the right to contest the legality of the Resolution or the Bonds, or any provision made for the security and payment of the Bonds, and that after such time, no one shall have any cause of action to contest the regularity, formality or legality thereof for any cause whatsoever, and (ii) registered voters in Enoch City, Utah, may sign a written petition requesting an election to authorize the issuance of the Bonds. If written petitions which have been signed by at least 20% of the registered voters of Enoch City, Utah, are filed with the Issuer during said 30-day period, the Issuer shall be required to hold an election to obtain voter authorization prior to the issuance of the Bonds. If fewer than 20% of the registered voters of Enoch City, Utah, file a written petition during said 30-day period, the Issuer may proceed to issue the Bonds without an election.

DATED this 18th day of October, 2023.

/s/ Lindsay Hildebrand
City Recorder

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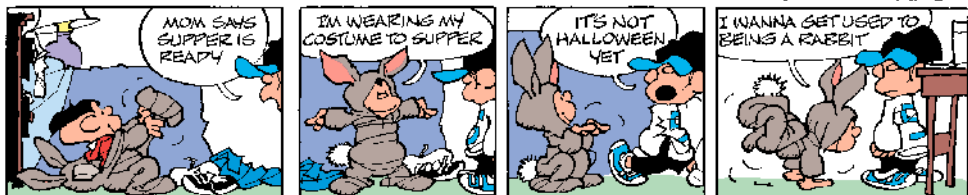
donate



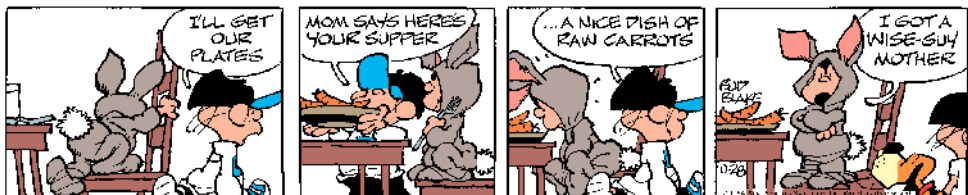
SCAN ME

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IRON COUNTY today

**TIGER**

by BUD BLAKE



by Jeff Pickering

The Spats**Weekly SUDOKU**

by Linda Thistle

8				3	1	5	
		6	4		9		
	7			5			8
	1			9	6		
3				1		8	
	9	2	8				5
2				5			6
	8			6		4	
		4	7	8	3		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTIKOFF



Find at least six differences in details between panels.



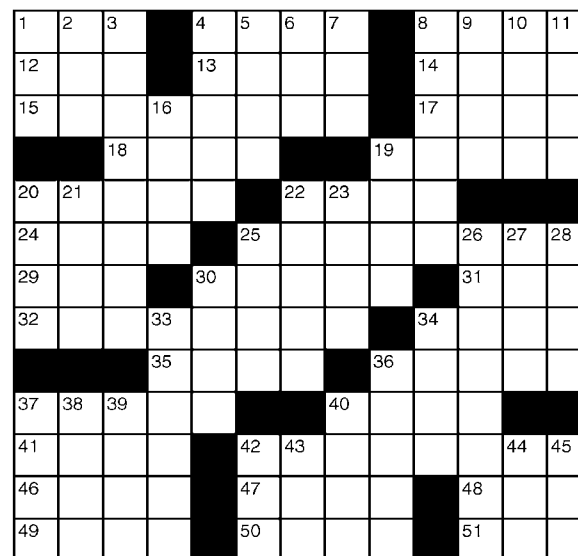
Differences: 1. Shirts are missing. 2. Swing is missing. 3. Dog's tongue is hidden. 4. Cap is missing. 5. Bug sprayer is missing. 6. Flap is smaller.

Trivia Test Answers

1. A drake; 2. Jane Austen; 3. Serpens; 4. Franklin Roosevelt; 5. "The Matrix"; 6. The kidneys; 7. Vermont; 8. Mount Kilimanjaro; 9. Winston Churchill; 10. Pierre.

King Crossword**ACROSS**

- 1 Lass
4 Choose
8 Beanies
12 Historic time
13 Actor's quest
14 Theater award
15 Contingency funds
17 Goddess of victory
18 Orange veggies
19 Pursuing
20 Cellist Casals
22 Innocent one
24 New York canal
25 Misfortune
29 Balloon filler
30 Pal
31 Big D.C. lobby
32 Melancholy melodies
34 Alike (Fr.)
35 Aftermath
36 Condition
37 Of the Arctic
40 Chinese dynasty
41 Egg
42 Believed
46 Ganges wrap
47 Skip
48 Apprehend



- 49 BPOE members
50 Lactern locale
51 Sticky stuff
7 Lock opener
8 Have a huddle
9 Slightly
10 Toll road
11 Crystal gazer
16 Like ganders
19 "Dear —"
20 Stew veggies
21 Operatic solo
22 Police ID
23 Tosses in
25 Nonsense
26 Attractive
27 "I smell —!"
28 Hardy cabbage
30 Sow's mate
33 Hindu teachers
34 Sicilian volcano
36 Prepares flour
37 Sit for a photo
38 Ellipse
39 Hide in the bushes
40 1502, in Old Rome
42 Brick carrier
43 "I — Rock"
44 Eastern "way"
45 "Game of Thrones" airer

DOWN

- 1 Prized possession
2 Altar constellation
3 Small beetle
4 Teaser ad
5 Charged bits
6 The Browns, on scoreboards

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Trivia test by Fifi Rodriguez

1. ANIMAL KINGDOM: What is a male duck called?
2. LITERATURE: Who wrote the novel "Pride and Prejudice"?
3. ASTRONOMY: In which constellation are the gas and dust clouds called the Pillars of Creation located?
4. U.S. PRESIDENTS: Which president died at his retreat in Warm Springs, Georgia?
5. MOVIES: Which 1999 movie features a character named Neo?
6. MEDICAL: Which part of the human body is affected by Bright's Disease?
7. TELEVISION: In which state is the sitcom "Newhart" set?
8. GEOGRAPHY: What is the tallest mountain in Africa?
9. HISTORY: Which politician made the phrase "Iron Curtain" famous in a speech about eastern Europe?
10. U.S. STATES: What is the capital of South Dakota?

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1	6	8	2	8	7	9	5
2	7	9	9	1	8	8	6
9	7	8	9	7	6	1	8
5	1	7	7	8	8	2	6
6	8	7	1	9	2	5	8
8	2	9	7	6	9	8	1
8	9	2	6	9	1	8	7
7	8	6	8	2	7	9	5
7	5	1	8	7	9	6	2

Answer

Weekly SUDOKU

O	O	G	S	D	A	I	S	E	L	K	S
R	B	N	A	V	I	T	O	M	A	I	T
H	A	V	E	F	E	A	T	M	W	M	O
N	G	M	I	N	G	M	I	N	G	M	I
E	S	T	A	T	E	S	T	A	T	E	S
S	A	D	S	M	A	K	E	S	A	D	S
N	R	A	N	B	U	D	D	B	U	D	D
A	K	A	K	A	K	A	K	A	K	A	K
P	A	B	A	B	A	B	A	B	A	B	A
M	A	M	S	A	M	S	A	M	S	A	M
E	R	A	F	E	R	A	F	E	R	A	F
M	A	D	M	O	N	E	Y	N	I	K	E
E	R	A	R	O	L	E	R	O	L	E	R
G	A	L	P	I	C	K	C	A	P	S	

Solution time: 26 mins.

Answers

King Crossword

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