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WEDNESDAY, OCTOBER 19, 2016

VOL. 8 NO. 46

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IRON COUNTY

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today

WEDNESDAY, OCTOBER 19, 2016

VOL. 8 NO. 46

Utah Governor invited to speak with students

by Klarissa **WILLIAMS**
Iron County Today

CEDAR CITY — Governor Gary Herbert was invited by the Michael O. Leavitt Center at Southern Utah University to speak on Friday, Oct. 14. The governor, along with his Chief of Staff, Justin Harvey, and Lt. Gov. Spencer Cox, gave about a 30 minute presentation, which was followed by questions from students. Afterward, they stayed for a meet-and-greet, allowing attendees to take pictures with the leaders of Utah.

Harvey, who is also an alumni of SUU, introduced the governor saying, "It has been my privilege for the last two and a half years to work for Gov. Gary Herbert." Harvey told the audience he could see that Herbert was doing great things in the state of Utah, and he jumped at the opportunity to work for him.

Gov. Herbert sees that the "states are the preeminent organizations in our system of government, and he has worked diligently to restore that proper balance of federalism between the states and federal government," Harvey continued. Although Harvey has only been Chief of Staff since 2014, Herbert, who is the 17th governor of Utah, has been in office since 2009.

All the "experiences of my life helped me prepare to be an effective governor" Herbert said before asking Cox to take some time to talk about his own background. Cox, like Herbert, began in business and served as a local government official before becoming the lieutenant governor.

"We have the finest governor in the country. He's a great governor and an even better human being, and that's what we need more of," Cox said. He then encouraged students to participate in the political process, noting that change has to be achieved on a large

HERBERT VISITS SUU

Michael O.
LEAVITT CENTER
for Politics & Public Service



**UTAH GOVERNOR
GARY HERBERT**

spoke with SUU
students on Oct. 14,
encouraging them to
give back to society.

COREY BAUMGARTNER

*"It's not who we are today,
but what we can become"*

— Governor Gary Herbert

scale. Cox then turned the time back over to Herbert.

He began his presentation with a metaphor the Utah State Capitol building, saying that when it was first built it was thought to be too large

and ornate, but that it was built for the future. "It's not who we are today, but what we can become," he said, in talking about the growth of Utah. He told the

see **HERBERT** | 9

Wildfire burns near Cedar City

*Nearby residents are
forced to evacuate*

by Cody **SMITH**
Iron County Today

CEDAR CITY — A wildfire began to burn out of control above Cedar City on Sunday afternoon after high winds caused a private, controlled burn to rekindle and spread.

Although authorities said the landowner was monitoring the fire, 40-60 mph winds, which the National Weather Service had previously warned for the area, caused the smoldering remnants of the private burn to relight. The Utah State Fire Warden declared the fire a wildfire at 1 a.m. on Monday. The wild fire is burning in the Hicks Creek area, which is approximately 3 miles south of Cedar City.

As of Monday at noon, the fire had consumed approximately 1,000 acres, including state, BLM and private land. Wind had pushed it towards three homes in the area, and authorities evacuated residents of those homes. High winds continued throughout the night. Authorities warned the Cedar Highlands subdivision on Cedar Mountain to be on standby for evacuation.

Authorities ordered a type-3 fire incident management team, 12 fire apparatuses, and aircraft for the area to respond to the wildfire. Authorities said the cause of the fire has not been confirmed to have started on private land, but is suspected of starting there. Fire investigators will be confirming the cause when able.

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Guest lecturer discusses challenges of gay community

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — SUU’s Allies on Campus brought John Corvino, an author lecturer and philosophy professor at Wayne State University, to campus as part of the celebration of National Coming Out Day on Oct. 11.

Corvino delivered a keynote speech titled “Fighting Bigotry, Respecting Religion, Valuing Diversity: The Gay Moralists Reflects on the Culture Wars,” which focused on creating better dialogue about issues that need resolved. Corvino largely focused on dialogue regarding the LGBTQIA+ community.

Assistant professor of philosophy and co-chair of Allies on Campus Kris Phillips introduced Corvino by talking about his accomplishments and briefly addressing the difficulty

of coming out. “It’s precisely because the LGBTQIA+ community is often misunderstood and stigmatized that individuals face difficulties when they come out,” Phillips said. “These

“What we need to try to do is to listen and let people explain their experience”
— **John Corvino**

difficulties can include things like alienation from friends and family, discrimination, harassment and even violence.”

Corvino began his lecture by addressing the difficulty

that currently exists in coming together to talk about problems that require solutions. Then he discussed one aspect of this difficulty that he referred to as “conversation stoppers,” and concluded with a few brief statements about diversity and intersectionality.

“Conversation stoppers” are statements that make productive conversations difficult. Corvino divided these into categories of left wing, right wing and all-purpose “stoppers.”

One of the right wing examples Corvino addressed was the statement “I’m just trying to live out my convictions.” He demonstrated the reason this statement is not conducive to a productive dialogue by saying that, while it’s okay to have convictions, we must recognize that living out our own convictions can still have an effect on others.



JOHN CORVINO DISCUSSED the bigotry and bias he’s experienced as a gay college professor during an appearance in Cedar City.

KELSEY KEENER

Corvino provided several more examples of “conversation stoppers” that he addressed, and ended his

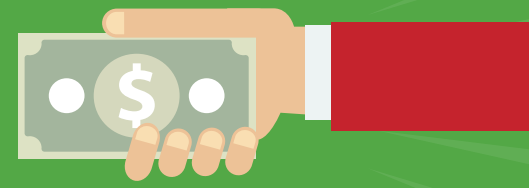
lecture by touching on the diversity and intersectionality
.....
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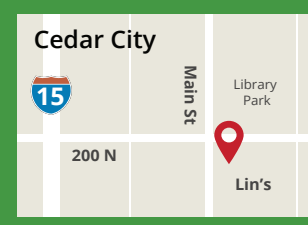


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Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

Oct. 10

Vanessa Jackson, Cedar City, Retail Theft, Intoxication

Oct. 11

Stan Broadhead, American Fork, Controlled Substance

Wallace Limb, Cedar City, Theft, Forgery, Burglary, Possession, Probation Violation

Christopher Taylor, Salt Lake City, Criminal Mischief, Driving on Denied License

Angelique S. Callaway, Cedar City, Fugitive from Justice, Expired License

Oct. 12

Robert Hinds, Cedar City, Controlled Substance, Drug Paraphernalia

William B. Aune III, Cedar City, Criminal Trespass, Possession

Jessie Collins, Cedar City, Assault

Michael Patterson, Cedar City, Lewdness

Tyler Larsen, Assault, Resisting Arrest

Laura Moody, False Written Statement

Lakita Pate, Cedar City, Intoxication

Sara Sigman, Cedar City, Retail Theft

Oct. 13

Marco A. Vieyra, Chicago, Ill., Possession, Drug Paraphernalia

Julio E. Vega, Chicago, Ill., Possession, Drug Paraphernalia

Jerry Azule, Cedar City, Intoxication

Randall Benn, Cedar City, Intoxication

Oct. 14

Melissa Hattabaugh, Cedar City, Possession, Drug Paraphernalia

Oct. 15

Brandon Wall, Cedar City, Assault

Oct. 16

Justin Z. Bugawisan, Cedar City, Possession

Nicholas V. Ibarra, Parowan, Theft, Criminal Trespass

Robert Pingel, Cedar City, DUI, Driving on Denied License

Oct. 17

Evelyn Alvarenga, Simi Valley, Calif., Assault

Guiliana Alvarenga, Simi Valley, Calif., Assault

Bruno Demellocosta, Las Vegas, Nev., Intoxication

Sarah R. Maddock, Las Vegas, Nev., Intoxication

Sheriff e-mail investigation continuing at AG's office

by Craig BENNETT
Iron County Today

Iron County Sheriff Mark Gower understands how Utah's open records law, also known as the Government Record Access Management Act, known as GRAMA, works. That law is at the center of a dispute between Gower and the Iron County Commission. He alleges that the three commissioners attempted to improperly get access to emails from his department server.

The Utah Attorney General's office is now reportedly leading that investigation.

In speaking with Iron County Today, Gower said, "The situation hasn't changed and is still under investigation and continues to be pursued."

Gower continues to question why the three commissioners tried to get into his email server in an attempt to gather information concerning a court case. In a story that broke last month on KSL-TV, Gower stated that he has nothing to hide with his emails. However, as head of a law enforcement agency, there are some things he can't release.

GRAMA offers governmental agencies the right to declare documents as private and protected, something often used in law enforcement when an agency receives sensitive information about an individual or a case. A lot of that information shouldn't be read by anyone, including the Iron County Commissioners, Gower said. When Gower got word last January that the commissioners had possibly accessed and read emails without filing a legal GRAMA request, he was concerned.

The Iron County Commissioners involved are Alma Adams, Dale Brinkerhoff and Davis Miller.

According to the KSL report, Gower said it all happened at the same time the commissioners were appealing a judge's order to re-instate Iron County Sheriff's Lt. Jody Edwards, who the commissioners fired after privatizing the Iron County's ambulance service.

Gower did fight the commissioners in court to re-instate Edwards and won. The commissioners appealed the case, and Gower said he found out at that time that the commissioners had allegedly tried to access his emails, possibly to help reinforce the case.

Iron County did let 70 employees go at that time, under what was called the county's Reduction in Force (RIF) policy. That mass layoff of people was the largest of its kind in the history of Iron County.

The commissioners did place the Iron County Ambulance Department under the Office of the Sheriff in November of 2012. At that time, the ambulance had accrued over \$1 million in bad debt.

Council approves tobacco ordinance

CEDAR CITY — City Council has approved an amendment to Cedar City's tobacco ordinance that concerns retail specialty tobacco businesses. It was discussed at length in the council meeting on Oct. 5.

The amendment provides Cedar City with new ways to define specialty tobacco businesses, and the requirement for these businesses to

be 600 feet away from areas zoned for agriculture was removed.

Cedar City officials will now also look at the name of a business and how it advertises itself, and what percentage of sales space and floor space is dedicated to tobacco processes, in order to determine if the business is a retail specialty tobacco business.



Greg Stauffer, Colorado

"I feel like I never even had shoulder surgery."

Greg Stauffer's career in higher education took him from SUU to positions around the state, but he came back to Cedar City when he needed another shoulder surgery. Dr. Robert Nakken performed Greg's arthroscopic shoulder operation 10 years earlier. Last February, Greg had his other shoulder scoped on a Thursday and was back on the job the following Monday. Now retired,

Greg is in top shape as he works his 130-acre ranch in Colorado.



Robert Nakken, MD



Lex Allen, MD

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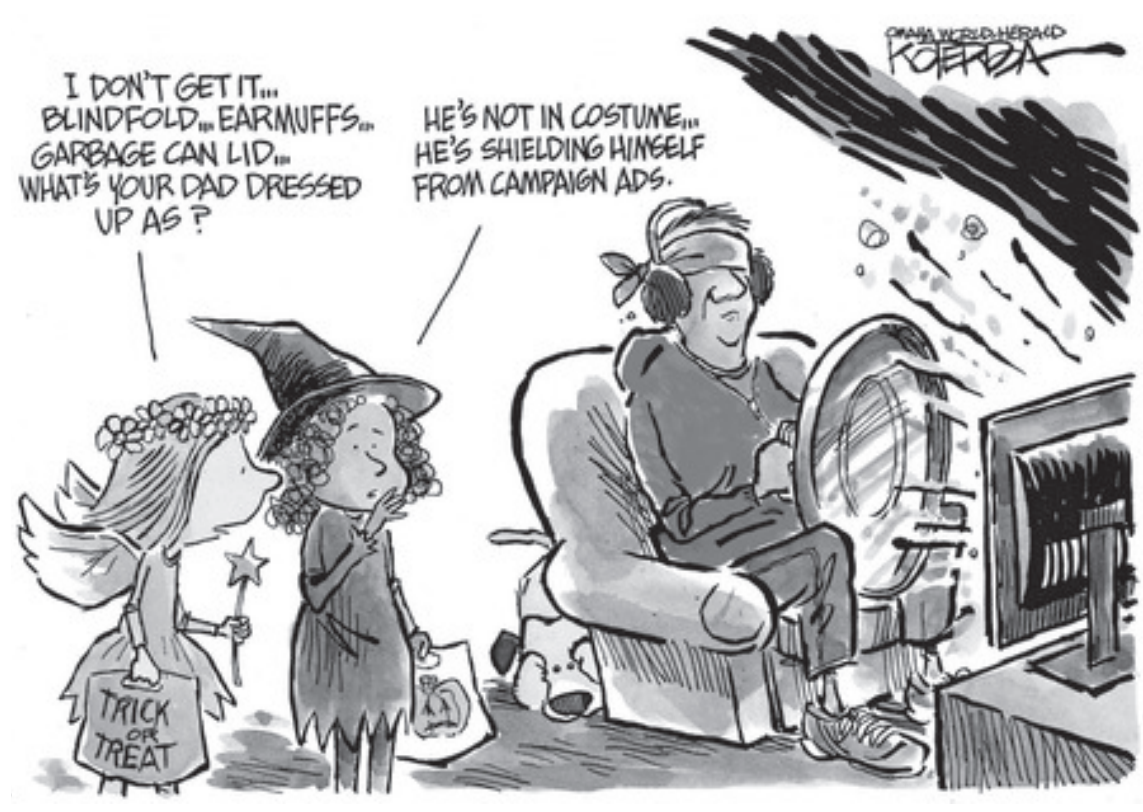
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Opinion



We Are More Alike Than We Think

It seems like every other week an ad for a “What a Woman Wants” event is in the newspaper. Republican nominee, Donald Trump has serious trouble capturing women voters. And it seems like the old “Men are from Mars. Women are from Venus” mentality of the 80s is still up for discussion.

So are the genders really that different? I don’t pretend to understand even a small percentage of the opposite sex. I can only comment on the woman in my life. We agree on the big issues but in other ways we march to a different drummer. Heck, sometimes we aren’t even in the same parade!

Around The House: While I’m perfectly happy to leave a glass on the counter or a pair of slacks draped over a bedroom chair, she doesn’t even let dust settle before she has a can of Pledge in hand. The minute she gets out of bed, she starts making it. But give credit where credit is due – when there is a household repair to tackle, I’m reaching for the phone to call the experts and she is on her phone looking up a YouTube video for fix-it yourself tips with a wrench in the other hand.

Politics: Oh, we agree on most issues. It’s how we participate that differs. Not only do I enjoy watching the presidential debates, but I’ll watch the pre-show buildup as well as the post-show analysis. Debate watching is an endurance sport for me. My wife will occasionally start to watch, but inevitably her anxiety will get the best of her and she will head upstairs to read a book and let me give her the condensed version. It’s the same whenever the Utah Jazz are playing.

Entertainment: We are both readers, she more than I. But while I’m happy reading the latest Jonathan Kellerman or a classic Agatha Christie, she is drawn towards the more “literary” authors. She gets annoyed with all of the twists and turns of the typical thriller. “Don’t throw in a character that doesn’t have any purpose,” she says. On the other hand, she’s an enthusiastic fan of the “shoot ‘em up” action thrillers while I wouldn’t know Jason Bourne from Jason Chaffetz.

Social Interactions: I’ve been known to make coffee plans with people I’ve met on a plane. I figure everyone has a story and usually those stories are interesting enough to keep me entertained from Salt Lake to Chicago. My wife on the other hand opens a book and puts on headphones as soon as she sits down. If America ever wanted to build a wall to keep people out, she should be consulted.

It’s true. Men and women are different, but so are men and men and women and women. That’s what makes life interesting. Fortunately, we acknowledge and accept these differences better in person than we do on Facebook or even worse, in anonymous “comment” posts.

In the end, we are more alike than we are different. Most of us want to be valued. We want our loved ones to be happy. We want a warm bed at night, clean water to drink, and enough food to keep our bellies full. Life is pretty simple once you get to the essentials.

The opinions stated in this article are solely those of the author and not of Iron County Today



Cyclops

by Bryan GRAY

To the Editor

Go Out and Vote

With the election right around the corner, people are getting more and more frustrated with the candidate choices. I have heard people say that they either do not want to vote, or vote for “the lesser of two evils.” These two things are wrong to think.

When it comes to the election there are some things to remember; each vote counts, there are more than two candidates, do research and vote for who is the best person for the job, and remember why voting is important. Each vote counts. Even if you write in a name or vote for

see **VOTE** | 10

Against Commission pay increase

One of the most important questions facing candidates for Iron County Commission this year is where they stand on the 23 percent raise the County Commissioners voted for themselves earlier this year. In a year when Commissioners significantly cut the budget of the Sheriff’s Department, and privatized ambulance service because of tight finances, how can they justify giving themselves such a significant raise?

In addition to increasing their pay to \$67,000 (benefits included), some say they spent \$20,000 on the study to justify the raise. Voters need to know that at a recent candidate debate, two of the candidates spoke in support of the raise – incumbent Alma Adams (who voted for it in the first place) and candidate Mike Bleak. Two other candidates spoke against the pay raise.

Scott Truman said he did not support the pay increase, that the money should be used for greater needs, and that sitting elected officials should not be able to give themselves a pay raise. Wayne Hall said the raise was reckless and unconscionable.

I hope voters will reject candidates seeking to pad their own pockets at taxpayer expense, and support true public servants willing to put in the time to do the job.

Christie Jenson
Cedar City

'Dine Out for Shelter' event on Oct. 20

CEDAR CITY — Canyon Creek Women's Crisis Center (CCWCC) will hold its fifth annual Dine Out for Shelter fundraising event on Thursday, Oct. 20.

October is nationally recognized as Domestic Violence Awareness Month. As part of this awareness, 12 Cedar City restaurants will be donating 15 to 50 percent of their total day's proceeds to support the CCWCC.

As always, there is something for everyone all day long -- breakfast, lunch and dinner, as well as frozen treats and delicious pastries-- all supporting a very good cause.

Dine Out for Shelter is the CCWCC's month-long awareness kick-off event. It is a great opportunity for our community to raise much needed funds for the Center while also raising awareness about the important services that it provides relative to the public health issue of domestic violence, and helping to make our community safer for everyone.

With gratitude, CCWCC would like to request that hungry patrons choose to eat at one or more of the following restaurants on Oct. 20: Brick House Café, Centro Pizzeria, Chef Alfredo's, Dairy Queen (both locations), Depot Grill, Lighthouse Seafood Grill, Pastry Pub, The Pizza Cart, Soda Run, Sonny Boy's, Teriyaki Grill, and 5 Buck Pizza. Each of these restaurants

will be donating a percentage of their total sales that day to CCWCC.

At each participating restaurant, you will find CCWCC Board Members, Staff, and Volunteers serving as dining Hosts, welcoming patrons and accepting individual tax-deductible donations for CCWCC. Each person who makes a direct donation will be entered into a drawing to win some great door prizes. If you're unable to attend that day you can still make a donation electronically on their website, or text CCWCC to 41444. The Hosts onsite will also be available to answer questions about CCWCC programs, and will provide information about the current new projects that this fundraiser will focus on. These projects include the Lethality Assessment Program (LAP), in partnership with local law enforcement agencies, and the Emergency Safe House Renovation Project, in partnership with the Iron County Home Builders Association and Intermountain Healthcare.

CCWCC is a 501(c)3 nonprofit organization located in Cedar City, Utah serving the communities of Iron, Beaver, and Garfield counties since 1996. Last year, CCWCC provided free confidential help for 975 survivors of domestic violence and sexual assault.

For more information, visit ccwcc.org.



Dine out at any participating restaurant anytime on October 20th

5th Annual Dine Out For Shelter

Donating 25%	Donating 25%
Donating 25%	Donating 15%
Donating 25%	Donating 25%
Donating 15%	Donating 25%
Donating 50%	Donating 50%
Donating 25%	Donating 25%

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MLS #77068 • Judy Lindsay 435-559-1346

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MLS #76667 • Jeff Jacomb 590-0849

Gorgeous Home in Bridle Path
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Dude Benson
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Jim & Heather Shurtleff
Jason (Barber J) & Katie Green

VOTE BY MAIL BALLOTS ARRIVE THIS WEEK!

Chili *for a* Cause



COURTESY OF SOUTHERN UTAH UNIVERSITY

THE CERAMIC GUILD for the SUU Department of Art and Design is hosting its Annual Chili Bowl fundraising sale on Oct. 19, 20 and 21. Over 270 handcrafted ceramic bowls will be on sale from 10 a.m. to 4 p.m. in the SUU Sharwan Smith Living Room. Susan Harris, acclaimed ceramic artist and Professor of Art at SUU, will be donating a few bowls to the sale as well. All proceeds from the sale support Ceramic Guild members' attendance at the annual National Council on Education for the Ceramic Arts (NCECA) conference. Chili comes free with the purchase of a ceramic bowl. Every ceramic bowl is microwave and dishwasher safe. Prices range from \$10 to \$25.

CERT training course being offered to public Oct. 21

CEDAR CITY — Iron County Emergency Management is offering a CERT Basic Training Course that is open to the public. The course begins Friday, Oct. 21 from 6 to 10 p.m. at Festival Hall, 105 N. 100 East in Cedar City.

Applications and the complete training dates are available at [https://](https://www.ironcounty.net/wp-content/uploads/CERTpacket0616.pdf)

www.ironcounty.net/wp-content/uploads/CERTpacket0616.pdf. Or, you may pick up an application at the Visitors Center located at 581 N. Main Street, Cedar City. Cost of the course is \$25.

Questions can be directed to John Higley at 435-865-5332 or jhigley@ironcounty.net.

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Prescription Drug Take Back Day on Oct. 22

CEDAR CITY — To raise awareness about the potential for abuse of prescription medications, Southwest Prevention, the Iron County Sheriff's Department, the Iron County Prevention Coalition and Smith's Food and Drug are sponsoring a Prescription Drug Take Back Day event this Saturday, Oct. 22, from 10 a.m. - 2 p.m. It takes place in the parking lot of the Smith's Food and Drug parking lot, 633 S. Main St. in Cedar City.

Organizers will collect prescription medications, over the counter medications, and liquids. Medical waste, syringes, intravenous solutions, and injectables will not be collected.

According to the Office of National Drug Control Policy, prescription drug abuse is the nation's fastest-growing drug problem. Most individuals who misuse prescription drugs, particularly teens, believe that these substances are safer than illicit drugs because they are prescribed by a healthcare professional and dispensed by a pharmacist. The first step in attempting to tackle the problem of prescription drug abuse is to educate parents, youth, and patients about the dangers of abusing prescription drugs.

To address the abuse and misuse of prescription drugs, community organizations, public health entities and law

enforcement are collaborating to host drug take-back programs nationwide. These drug disposal programs are a good way to remove expired, unwanted or unused medicines from the home and reduce the chance that someone may accidentally or intentionally take the medicine.

What can you do in your community?

- Follow disposal guidelines. Don't flush your prescription medications. If no instructions are given on the drug label and no take-back program is available in your area, take them out of their original containers and mix them with an undesirable substance, such as used coffee grounds or kitty litter — to make the medication less appealing and unrecognizable — then put them in a sealable bag, empty can, or other container to prevent the medication from leaking or breaking out of a garbage bag.

- Talk to your kids: It's important that our children learn about the use and abuse of prescription drugs.

- Take advantage of community take-back programs: Prescription Drug Take Back Day occurs twice yearly in April and October. The Cedar City Police Department also has a drug disposal box in their lobby for year-round disposal.

Cedar City Prescription Drug Take Back Day

SATURDAY, OCTOBER 22ND

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Will Collect: Prescription & over-the-counter medications, liquids

Will NOT Collect: Medical waste, syringes, intravenous solutions and injectables

For more info. visit SouthwestPrevention.com



**Free Prescription Lock Boxes
to the First 25 Participants!**



Local writers invited to NaNoWriMo Kick Off Event

CEDAR CITY — Cedar City Library is proud to do its 2nd Annual NaNoWriMo Event. But what in the world is NaNoWriMo? NaNoWriMo stands for National Novel Writing Month and occurs every year in November. It first began in 1999 and eventually became a non-profit organization in 2005.

Every year, beginning Nov. 1, writers from all over work towards completing a novel, or write about 50,000 words by Nov. 30 at 11:59 p.m.

Feeling overwhelmed at the thought of completing an entire novel? Don't stress - the point of NaNoWriMo isn't to have a perfect novel finished by the end of the month ready to publish. Rather, see it as an opportunity. It's an opportunity to complete a rough first draft of that story that has been

bursting to be put onto paper. Or it's an opportunity to make sure that you write something every day. Finally, it's also an opportunity to meet and connect with other writers.

Need a quiet place to write your novel? Or do you need to bounce ideas back and forth with someone about your plot? Cedar City Library in the Park is an official "NaNoWriMo Come Write In Partner" which means we not only offer a quiet space where you can write your novel - but we also offer an opportunity for you to connect and meet with other local writers.

Interested? Curious to learn more? Join us for our NaNoWriMo

Kick-Off Event on
Tuesday, Oct. 25 at
7 p.m. A local writing
group, Thinking Through

Our Fingers, will lead the discussion "How Great Starters Can Become Great Finishers." We've all started a project as some point in our lives, but that doesn't necessarily mean that we finish them. So how does one maintain the motivation to complete what was started?

Thinking Through Our Fingers is comprised of local published and soon-to-be published authors Helen Boswell, Rosalyn Eves, Tasha Seegmiller, Erin Shakspear, and Elaine Vickers. These writers are familiar with writer's block, loss of motivation, and the many surprises that come with life that can create a barrier to completing a project. How do they maintain their motivation to finish what they started? Join with us on Oct. 25 at 7 p.m. and find out.

This program is free and open to all interested parties, writers or

non-writers alike, of all ages. Copies of published books by Helen Boswell and Elaine Vickers will be available to purchase, courtesy of Main Street Books. Be on the lookout for Rosalyn Eve's book, which will come out Spring 2017.

Don't forget to mark your calendars for our "Write-In" times and to attend our closing party.

Write-ins:

Tues. Nov. 1—7-9 p.m.

Sat. Nov 5--10 a.m.-noon

Thur. Nov 10--7-9 p.m.

Sat. Nov 12—10 a.m.-noon

Tues. Nov 15--7-9 p.m.

Tues. Nov 22--7-9 p.m.

Sat. Nov. 26—10 a.m.-noon

Tues. Nov. 29--7-9 p.m.

Our closing party will be on Dec. 1 from 7-8 p.m.

by Craig **BENNETT**

Iron County Today

The deer rifle hunt in Utah continues to be a tradition for many families in the state of Utah. The Utah general rifle deer season begins on Oct. 22 and ends on Oct. 30.

The general rifle deer hunting season in Utah is almost always held around the third week in October, but history shows us it was different in the past. Hunting deer and other big game was always structured as it is today. It was more of an opportunity for food and providing for a family than a set season.

"The deer herd this year is doing great, said Teresa Griffin, Program Manager, Southern Region, Utah Division of Wildlife Resources. "Buck to Doe ratios are increasing and above objectives in most areas. There are 90,950 general season deer permits statewide which is up from 86,550 permits last year."

Griffin went on to say, "Utah's population of deer are healthy and it should be a great hunt. There will be check stations during the opening weekend, please stop so we can sample the deer taken in order to get crucial data to manage the herds. We are also doing standard CWD (chronic wasting disease) sampling in several units."

The deer season has had its challenges in the past. The Standard Examiner newspaper of Dec. 13, 1913, reported that deer were seen west of Ogden. George Folkman was with a group of four other hunters near the Great Salt Lake who were searching for geese and ducks when they came across deer, west of what



THE GENERAL RIFLE DEER HUNT

begins on Oct. 22 and ends on Oct. 30. It's a tradition in Utah and many parts of the country.

is now Plain City.

The party made a desperate effort to get close enough to the deer to shoot one with their shotguns but failed in their attempts. The newspaper story stated that they gave up after a four hour chase and ended their hunt with five geese and some ducks, but they were disappointed in not obtaining any venison.

Some other historical tidbits are that in the 1919 deer hunt, there were approximately 60 deer shot in the area. When the pioneers first came into the area, there weren't a lot of deer roaming the area, but by 1920 deer were believed to be the abundant big game in the area.

Deer hunting in Utah

is not without its risks. Hunters are hurt, and even killed almost every year by succumbing to accidents. Whether it is by an accidental gunshot wound or a physical problem there seems to be a risk.

October is also an unpredictable month when it comes to weather. Examples can be found each year, but going

back in history, in 1945 the hunt became one of the most tragic hunts ever. The death toll of hunters was 8 that year. The fatalities occurred from gun accidents, a fatal heart attack and one hunter falling off of a cliff.

Griffin said the DWR is encouraging all hunters to be safe and take the necessary precautions.

BRENT STETTLER, UDWR

Preparations are key to safe deer hunt

"There's so much more to deer hunting than taking a deer," said Kirk Smith, hunter education coordinator for the Division of Wildlife Resources. "Being in the mountains with your family and friends, enjoying the beautiful fall scenery and seeing the variety of wildlife that live in Utah can make any deer hunt a memorable experience."

Smith provides the following tips for a safe and enjoyable hunt:

Personal preparation

- Be familiar with the area you're going to hunt. If possible, scout the area before the hunt. "Scouting before the hunt is absolutely vital," Smith said. "You need to know the conditions in the area and how deer are responding to those conditions. The better you know the area, the better chance you'll have of taking a buck."

- Put a survival kit together. The kit should include:

- * a small first aid kit
- * three ways to make a fire (e.g. matches, a cigarette lighter, fire starters)
- * quick-energy snack foods
- * a cord or rope
- * a compass or Global Positioning System unit
- * a flashlight
- * an extra knife
- * a small pad of paper and a pencil (if you become lost, you can leave information at your last location about yourself and the direction you're traveling).

Preparing your firearm

- Be as familiar as possible with your firearm. Know how to load and unload it, and where the safety is and how to operate it.

- Make sure the barrel of your firearm doesn't have any obstructions in it.

- Make sure you have the correct ammunition for your firearm.

- Visit a shooting range, and sight in your firearm. When you sight in your firearm, make sure you use the same ammunition you'll use during the hunt. A list of shooting ranges in Utah is available at www.wildlife.utah.gov/dwr/shooting-centers-home.html. You can also get the list by visiting www.wildlife.utah.gov and typing the words "shooting centers" into the search box.

Firearm safety

- Never carry a loaded firearm in your vehicle.
- Treat every firearm like it's loaded.
- Always control the muzzle of your firearm. Never let the muzzle point at anything you don't intend to shoot. And make sure you don't accidentally point the muzzle at yourself.

- Keep your finger off the trigger until your sights are on the target.

- Be sure of your target and what's beyond it.

Vehicle preparation

- Make sure your vehicle is in good mechanical condition.

- Carry a shovel, an ax, tire chains, jumper cables and a tow chain in your vehicle.

- If you experience mechanical problems with your vehicle or you get snowed in, stay with your vehicle—don't leave it.

Before leaving on your trip

- Let someone know where you're going and when you expect to return.

While in the field

- Never hunt alone.

- Wear proper safety clothing: 400 square inches of hunter orange on your back, chest and head. This is the minimum amount that's required. "I'd recommend that you wear even more," Smith says. "Hunter orange really helps you stand out to other hunters."

Field dressing your animal

- Use a sharp knife. A sharp knife cuts better than a dull knife and is safer to use.

- Cut away from you. Never bring a knife blade towards you while cutting.

Your physical well-being

- Know your physical limitations, and don't exceed them.

- Prepare yourself for weather changes by dressing in layers. Dressing in layers allows you to regulate your body temperature by adding or removing clothes as needed.

- Drink plenty of water, no matter how cold it is. "You can still become dehydrated," Smith says, "even in cold weather."

- Hypothermia (the loss of body temperature) can occur in temperatures as warm as 50 degrees.

Be aware of the signs of hypothermia. Some of the first signs are violent shivering, stumbling or becoming disoriented. "If you notice these signs," Smith says, "sit down immediately, and build a fire. Get yourself warm and dry as fast as you can."

- Frostbite. If you're hunting in cold weather, watch for signs that you're getting frostbite. White spots on your skin are the first sign. Check your face, feet and hands regularly. You'll notice the first signs of frostbite on your face sooner if you're hunting with a companion who can alert you.

If you get lost

- Don't panic. Sit down and build a fire, even if it isn't cold. Having a warm fire to sit by has a soothing effect. "Building a fire will help you relax and think clearly," Smith says.

After calming down, try to get your bearings and think your way out of the situation. If you think you know the direction you need to travel, get the pad of paper and pencil out of your survival kit, and leave a note at your location. Indicate on the note who you are and the direction you're traveling. If you find other hunters, don't be embarrassed to ask them for help and directions.

If you don't know which direction you should travel, stay at your camp. If



COURTESY OF UTAH DWR

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SUU program recognized by National Park Service

by Nikki **KOONTZ**
SUU Marketing Communication

CEDAR CITY — The National Park Service (NPS) recognized Southern Utah University's Director of Outdoor Engagement, Dr. Briget Eastep, as a recipient of the 2016 Director's Partnership Award. The Director's Partnership Award is a distinguished honor from Jonathan B. Jarvis, director of the NPS.

According to the NPS website, the award is given to partners who demonstrate "innovation, leadership, and expertise... and the many lives they touch through their initiatives, programs, and activities." These achievements have led to "an ever growing community of National Park Service supporters and advocates."

As the Director of Outdoor Engagement, Eastep received this recognition because of her work for SUU's Intergovernmental Internship Cooperative (IIC), which develops tomorrows public land leaders today.

"When I received the award I was completely surprised," said Eastep. "After the surprise wore off, I looked around the room at the Outdoor Recreation Summit and saw students, colleagues, and friends who have all helped build the IIC. I was filled with an overwhelming feeling of gratitude for the learning community we've created."

Eastep was a founding member of the IIC in 2007 and helped place 15 students in internships during the first year. Now the IIC has grown to offering roughly 300 internships in regional and public lands with more than \$6 million in cooperative agreement funding. The IIC partners with 19 federal and state land agencies, the Paiute Tribe, and SUU to place students into employment,



COURTESY OF SOUTHERN UTAH UNIVERSITY

DR. BRIGET EASTEP has received an award from the National Park Service.

internship, and volunteer positions. These opportunities provide 'real world' work experience that can complement a student's academic pursuits and help prepare them for a successful career in public lands.

"Right now I am researching how the IIC can adapt and grow so we can develop the next generation of conservation professionals," said Eastep. "If our students are successful, we are successful."

HERBERT

Continued from page 1

students that their generation is the future and that it is important to have a vision and the courage to implement and work for that vision.

His second point was about the idea of upward mobility in America. He mentioned an article he read about upward mobility, the idea of the American Dream, being a myth except in Utah. "We know what we're doing in Utah. It's not by chance, it's by design," the governor said in reference to the lowering tax rate and the efforts to empower the private sector. "The states are the best hope for America, and Utah is the standard today."

Herbert ended his presentation by saying he is very optimistic about the future, because the students at Southern Utah University are the future. He then took questions from audience members. The first question concerned GOP presidential nominee Donald Trump.

"I'm concerned about what it

would do to the Republican Party if he is the president," Herbert said, in response to why he pulled his endorsement for Trump. He said his initial endorsement was based on the trust in had in Mike Pence, Governor of Indiana and Trump's Vice Presidential running mate. Gov. Pence had hoped to steer Trump more than he has been able to, and Herbert said he's "not telling anyone one else how to vote, but I just can't go there."

Although the Governor was expected to address the rise in college tuition in Utah, and the decrease of state support for higher education, these topics took the backburner his focus on the growth of business in the state. One student did ask how college students could implement the governor's ideas of self-determination into their own lives. Herbert's answer was to stay away from entitlement attitudes, saying that "we tend to look to government too much" for help.

Following the Q&A, those in attendance were invited to stay and meet and take pictures with the Governor.

DEER HUNT

Continued from page 8

possible, build a shelter several hours before sundown. Build a smoky fire (this type of fire can be spotted from the air) or build three fires (a distress signal that can also be spotted from the air).

Remaining at your camp is usually a good option. "Many people don't

know this," Smith says, "but you can live without food and water for several days. Staying at your camp is usually a good choice."

Alcohol & firearms don't mix!

- Do not handle a firearm if you've been drinking alcohol.
- Do not give alcohol to someone who's cold. Instead of warming the person, alcohol will actually make them colder.



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SUU to compete for Campus Cup

CEDAR CITY — Southern Utah University is once again involved in a campus-wide competition. This time, it is political. The Campus Cup is up for grabs for 10 different schools across the state. The Michael O. Leavitt Center for Politics and Public Service (Leavitt Center) at SUU is taking the initiative to get the school's students, faculty, staff, and alumni more politically involved.

The Campus Cup is a statewide voting challenge sponsored by the Utah Lieutenant Governor's Office. Higher education institutions in Utah will compete for bragging rights and ownership of the Campus Cup Trophy for two years.

There are two parts of the competition. The first part, which started Sept. 1, is a voter registration push. Students will be encouraged to register to vote by mail or online, needing to be done by Oct. 10 or Nov. 1, respectively.

The second part of the competition is a social media campaign. Participants are encouraged to show themselves voting or getting ready to vote by posting on social media. Posts can be on Facebook, Twitter, Instagram, Flickr, Google+, and Vine; they must also include #suuvotes.

The social media competition will run through Election Day on Nov. 8. Posts can include pictures of your ballot, a video of you dropping your ballot in the mail, or anything along those lines. Make sure that your pictures and videos only include your ballot, not somebody else's.

Donna Law, Executive Director of the Leavitt Center, feels that this push for civic engagement is needed, especially for the students on campus.

"It is always good to see students step up and take initiative in the world of politics," Law said. "Registering to vote is the first step in getting involved. This Campus Cup will be a fun way to incorporate competition into a person's civic duty."

To find out more on the competition, visit elections.utah.gov/campus-cup. If there are any questions, contact the Leavitt Center via email at leavittcenter@gmail.com or by phone at 435-586-7868.

CORVINO

Continued from page 2

of members of the LGBTQIA+ community. Each member of this community has an experience entirely different than every other member due to the fact that each member is also part of several other communities.

"The idea is that the various aspects of identity don't come like free floating and separate from each other, they come bundled together," Corvino said. "All these different things, that in the real world come bundled together, and those bundles affect the different experiences that go with each of the letters, each of the elements. What we need to try to do is to listen and let people explain their experience, because their experience is unique and distinctive."

Megan Brunsvold, assistant professor of dance and co-chair of Allies on Campus, said that having Corvino on campus to deliver this lecture was significant for the LGBTQIA+ community at SUU because it lets students and members of the community that the Allies are here for support and are open to discussion.

"This is an offering to say we are open to dialogue, that we do want to continue to have conversations and it's important that we try and bring in speakers who've certainly debated these issues on a national level so that we can continue to stay as current and as up to date in terms of best practices of engaging in dialogue (as possible)," Brunsvold said.

VOTE

Continued from page 4

a third party. What happens is, it affects the Electoral College. If more people knew they have more than two options and started voting for another party, the Electoral College will sway to another party, and the state can become a swing state. In the long run this is a great thing to be.

Even if you do not like anyone running for president, remember that there are other items on the ballot that you are voting on. One of the most important items to vote on is the state senator. This person is the person who represents the state and says what that state wants. Remember there are more than the

Democratic and Republican parties. There are many more, the Liberal, Conservative, and Green parties are a few examples. We are not just stuck with two choices for president. So the phrase of voting for "the lesser of two evils" does not apply, because we have a handful of people who are running for president.

So when you are thinking who to vote for, do the research on all of the candidates. Doing the research can be difficult to decipher what is real and what is not. Try to look for the credible sources. By looking at where the information came from is one of the best ways to do this. Do not be quick to judge, and look at both sides of the information. When you feel you have done enough research that you can make an educated decision,

then decide who will be the best person for the job.

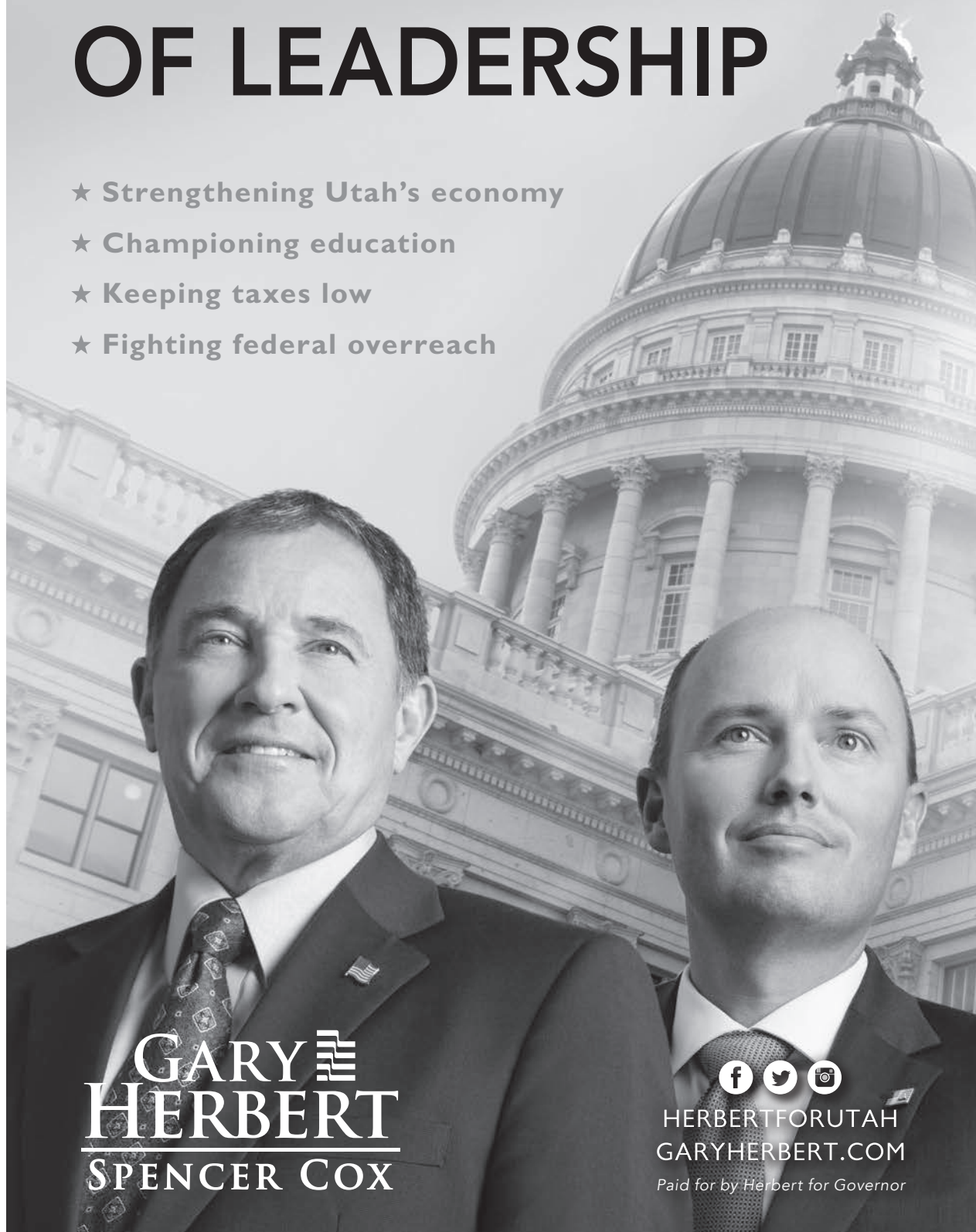
One thing to always remember is the reasons why we vote. We vote for who best will represent our country, we vote for all those who suffered and sacrificed their lives for the freedom to vote, and we vote for respect for ourselves. If you do not have the respect enough to vote, then you do not have the right to complain about who is president. Those who do not vote are the only ones who are wasting their vote.

We live in a country that is amazing and we are part of what makes it incredible. Do your part and vote with an educated choice of who you think will best serve our country.

*Christine Fawson
Cedar City*

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WEDNESDAY, OCTOBER 16

JOSH ROSSI

THE PIANO GUYS will perform in SUU's Centrum Arena on Feb. 3. Tickets are now on sale for the concert.

CEDAR CITY — Tickets are now on sale for the concert appearance by The Piano Guys on Friday, Feb. 3, 2017 at 7:30 p.m. in the Centrum Arena at Southern Utah University.

The Piano Guys is a group of four men: Paul Anderson, Jon Schmidt, Steven Sharp Nelson and Al van der Beek. The four play classically-influenced instrumental music, have risen to the top of the popularity charts across the country, and say they are excited to come to Cedar

City for the first time in history.

SUU officials are equally thrilled to present the group in the Centrum, renowned for its suitability for concerts.

"The Piano Guys are amazing, and you will not want to miss this show. They are wonderful musicians, and the whole family will enjoy the evening," said Mindy Benson, SUU's vice president for alumni and community relations. "It would be the perfect Christmas or Valentine's Day gift."

the **PIANO GUYS** *coming to Cedar*

Bree Jones, a SUU senior majoring in communication, said, "I have loved The Piano Guys for what seems like forever. They are so talented and I could not be more excited they are finally coming to campus."

Tickets are now on sale at the Centrum Ticket Office at 435-586-7872 or online at tbirdtickets.com. Prices are \$25 for SUU students, \$30 for high school and middle school students, and \$39.50-\$49.50 for community members.

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Special screening of 'Hamilton's America' Oct. 20

CEDAR CITY — A special preview screening of PBS Great Performances Documentary Hamilton's America, the story behind the revolutionary musical, will be offered on Thursday, Oct. 20 from 6 to 8 p.m. in the Church Auditorium in the Sharwan Smith Student Center at SUU. The event is free and will feature a keynote presentation by SUU Professor Michelle Orihel and Michael Bahr, education director at the Utah Shakespeare Festival.

The event is co-sponsored between SUU, the Utah Shakespeare Festival and KUED 7. KUED's Director of Creative Services and Host of Contact, Mary Dickson, helped organize the event and is excited to bring the documentary film to Cedar City.

"The musical phenomenon of Hamilton is firmly rooted in the history of our democracy, which makes it an important work for today's audiences,"

said Dickson in a release. "It's highly appropriate that we're screening the film that tells the story of its creation. We're very excited to partner with the Shakespeare Festival and SUU and to have an acknowledged scholar from SUU speak about and lead a discussion of the cultural relevance of this musical."

**"Hamilton creates
an instant connection
to history"**

— **SUU Professor
Michelle Orihel**

As the Assistant Professor of Early American History at SUU, Orihel uses the hit musical to teach about the complexities of the revolution.

"Hamilton creates an instant connection to history and our founding

fathers," said Orihel. "By analyzing a song from Hamilton, students are engaged and motivated about a subject they usually struggle with. Discussing the themes presented in the song gives them the opportunity to think about a number of important issues: the relationship between old and new media, the role of extra-constitutional organizations in the coming of the revolution, and the importance of context and chronology in history."

Hamilton's America is a behind-the-scenes documentary film that brings history to vivid life through the lens of Lin-Manuel Miranda's pop culture Broadway phenomenon Hamilton — winner of 11 Tony Awards® and the Pulitzer Prize. The film endeavors to brush the dust off American history, much as the musical does, and provide a unique new way to view our national heritage and current political landscape.

COURTESY PHOTO

Spreading money for great causes

by Mary Anne **ANDERSEN**
Cedar City Arts Council

I wonder if Bill and Melinda Gates enjoy giving away money? Do the Zuckerbergs know the individuals who benefit from their generosity? I am luckier than they in that I know the people who will receive the money I have to distribute.

Consider Nathan Washburn, of the locally famous Washburn Family Bluegrass Band, for example. Nathan is 10 years old, and he plays the banjo. He is getting better on his instrument but needs a new one in order to really improve. But, surprise, banjos are not cheap and Nathan, in spite of saving his money for several months, can't get close to the amount he needs. The Cedar City Arts Council to the rescue! Nathan applied for and received an Artists' Mini-Grant Award that will get him to his goal much faster. The fun part for me was picturing the smile on his face when he opened the letter with the news.

I also know Debra Stillman, a local young mother of 4 who, for a period of time, actually worked in New York as a singer/songwriter. She wants to perform again and is looking for some help to put together a gig at our Off the Cuff theater. Of course the Arts Council said, "Sure", and sent a letter to her as well. What community wouldn't benefit from another pretty singer in our midst?

I don't really understand what it is the Southern Utah Space Foundation needs, but it has to do with a smartphone mount, virtual reality viewers, and video editing software.



I do know they are devoted to helping the community engage more fully in exploration of space; some of your kids may have participated in some of their presentations. The Arts Council approved their request for equipment that would help the people at their events take better pictures.

The Iron County Youth Center is a temporary place for kids who need somewhere to be for a while. Taylor Rowley, whom I also know, speaks to the well-proven therapeutic value of art in the rehabilitation of troubled spirits, and when he asked for art supplies and money for some ukuleles, we said, "Yes". Many of that population have never had a chance to explore their inner artists, or develop coping mechanisms through artistic creation. The Arts Council wants to foster that kind of activity.

The new All the World's Stage Theater, young actors whom you may know, wants help with production expenses to produce "A School for Scandal", a pretty arty goal for kids 11 through 18! Who wouldn't be glad to pitch in?

And do you attend the Red Rock Film Festival? Their budget is big and we can help in just a small way, but were happy to do so, wishing we could do more.

Do you see why I love to play Warren Buffett every six months? And the best part of it is, the money is yours, if you belong to the Arts Council. I just get to spread it around.



THE NATIVE AMERICAN ROCK BAND DOCUMENTARY 'Shadow Nation' will be shown on Oct. 22 at the Heritage Center.

COURTESY OF RED ROCK FILM FESTIVAL

CEDAR CITY — On Saturday, October 22 the Film Series from MARS will present the George Lynch's Native American rock band documentary "Shadow Nation." The last film in the series, the feature film stars director George Lynch of the bands Lynch Mob and Dokken, Tom Morello of Rage Against the Machine, Serj Tankian of System of a Down, philosopher Noam Chomsky and rocker Ted Nugent who wrote the topical song "Great White Buffalo".

Director George Lynch is one of the most recognizable names in the world of rock guitar. Grammy nominated, with a career spanning more than 30 years, he has recorded over 20 albums with his bands. He has toured the globe many times, and is the one of the most recognizable endorsees of the world's finest guitars and equipment.

The passion George has for the plight of the American Indian and social and environmental justice is

explored through film and music in the film "Shadow Nation." He feels as though the paths of his life have led to the moment of creating this unique and important documentary.

The film follows a group of renowned Rock musicians, from American Indian reservation to reservation throughout the southwest and Great Plains. As they make new friends they learn about the many injustices done to the original Americans, and how those seeds of repression have contributed to the poverty, alcoholism and illness that continue to plague the reservations.

Producer Mark McLaughlin said that the nature of our modern worldview of materialism is disconnected from the natural world. There is a powerful message learned from the historical worldview of indigenous people.

"Their connection to the earth, their sense of humility and compassion, and their belief that all actions

have long lasting consequences are inspiring," McLaughlin said.

Continuing the film series' theme of the evening called "Rock & Passion," the feature film will also play with short films including "Crazy Beautiful Thing" directed by Utah adventure filmmaker Michael Call. The film shows the passion of Steph Davis a world class climber and base jumper, who reflects on why she continues to pursue these activities after losing her new husband during a jump 9 months earlier.

Film Series from M.A.R.S.: Rock & Passion featuring "Shadow Nation" will play Saturday, October 22 at the Heritage Center Festival Hall on 105 N. 100 E. in Cedar City at 7:30 pm. M.A.R.S. will also show trailers from the upcoming Red Rock Film Festival. Admission is \$5 General seating and \$10 VIP seating. Tickets are available at marsfilm.eventbrite.com/ or by calling 435-705-5555.

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"Spirit of the Game" interesting and inspirational

History is more interesting than most people realize.

That's evident once again in "Spirit of the Game," a sports movie and LDS movie that manages to retain many of the simple pleasures of each genre. Though the fact that it's based on a true story robs it of some of the clichéd story beats that sports movies like to hit, it's a gentle, warm-hearted movie that offers a fun glimpse into church history.

Set in the 1950s, the movie follows a young basketball player from the University of Utah who, after heartbreak at home, decides to serve a mission in Australia. The people there are far more interested in sports than they are missionary work, however, and with the Olympic Games coming up, basketball is all anyone



MOVIE Beat

by Jennifer WARDELL

can think about. Luckily, there just happen to be some missionaries who are great at basketball, and are willing to use their skills to help get the country's Olympic team in shape.

Most of the cast are relative unknowns – though Kevin Sorbo shows up as the main character's dad, continuing his inexplicable streak of being in any religious movie he can get his hands on – though their resumes are more impressive than those normally found in an LDS movie.

Aaron Jakubenko, best known for his work on the "Shannara Chronicles" TV series, is appealingly humble as lead character Delyle Condie, personable enough that you want him to succeed and emotionally complicated enough that he has a journey to go through. Wabe Briggs starts off a little awkwardly as Condie's companion, but soon proves to have excellent chemistry with Jakubenko and a slyly subtle gift for comic timing.

The movie is far from perfect, plagued with some of the stiffness that infects a



COURTESY PHOTO

lot of smaller-budget religious movies. But there's more grace and skill in the storytelling than in several other films from that category, and a strong sense of inspiration and wholesomeness that never crosses over the line to feeling preachy.

It also tells an interesting story well, drawing me in even though I personally

don't have the slightest interest in basketball. The movie's approach to athletics feels like sportsmanship in its purest form, a wholesome love of the game and respect for their fellow players that would be welcome in real games today.

It's easy to cheer for that spirit, as well as the boys who show it.

Rating: PG for mild thematic elements

Screenplay: J.D. Scott

Director: J.D. Scott

Starring: Kevin Sorbo, Aaron Jakubenko, Wade Briggs, Anna McGahan, Cameron Caulfield, Denise Roberts and more

Grade: ★★☆☆

Poetry takes over at SUU

by Cody SMITH

Iron County Today

Southern Utah University, in Partnership with University of Southern California and Utah Humanities Book Festival, hosted the first Poetry, Ecology and Place in a Technological World writing conference Oct 6, 7 and 8.

Simmons Buntin, editor of the oldest online-literary magazine terrain.org, delivered a literary introduction Oct. 6 in the Southern Utah Museum of Art. Following Buntin, Sherwin Bitsui, an award winning Dine (Navajo) poet and author of the books Shapeshift and Flood Song, recited from his book "Flood Song," said the event's organizer Danielle Dubrasky, associate professor of English and director of SUU convocations. Dubrasky developed the conference in partnership with famed poet Mark Irwin.

"I've never really been in to poetry," a student at the Oct 6. reading said. "But, Bitsui's reading was like music. He stood in front of a huge painting of the Grand Canyon, and it was like the painting used his words to wrapped around us all. Before I knew it, I felt like I was standing on the edge of the Grand Canyon with Bitsui, listening to his song."

Dubrasky said she hopes to make the conference, which is free and open to the public, an annual event and to introduce the beauties of southern Utah

to as many artists as possible in the process.

Celebrated poets led several workshops and readings Oct. 7 on topics ranging from "The Editor Ecologist: Publishing in Today's Technological World" to "Poetry & Place in a Placeless World of Global Communication."

"The beautiful location of SUU, with its close proximity to Kolob Canyon, was the perfect setting for a unique conference," Dubrasky said.

In addition to leading the workshops, the visiting, and resident artists, read from their own collections of work: Nancy Takacs, winner of the University of Massachusetts Press Juniper Poetry Prize; Michael McLane, Editor of the journal Saltfront; and Juan Morales, author of The Siren World; and Dubrasky, author of Ruin and Light, which won the 2014 Anabiosis Press Chapbook Competition.

Dubrasky said to help reinforce the concept of poetry and place, students enrolled in an Outdoor Recreation in Parks and Tourism course (ORPT) at SUU. ORPT students designed the excursion in collaboration with Dubrasky's Intermediate Poetry Writing class. Students chose from three hikes Oct. 8 in Kolob Canyon National Park: Rim Trail, Taylor Creek, and South Fork. ORPT students lead the hiking groups and visiting poets led the poetry students' discovery.

GEORGE 1 LYNCH JOHN TRUDELL NOAM CHOMSKY TOM 2 MORELLO TED NUGENT SERJ 3 TANKIAN

1 DOKKEN and LYNCH MOB

2 RAGE AGAINST THE MACHINE

3 SYSTEM OF A DOWN

IN **SHADOW NATION**

CELEBRITY HERITAGE CENTER
FILM SERIES from M.A.R.S. 705-5555

Saturday, October 22, 7:30 pm
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\$5 General
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A PLETHORA *of* PUMPKINS



THERE WERE PUMPKINS AND KIDS GALORE
at the 16th Annual Pumpkin Festival on Oct. 15. The event raised money for the Cedar City Women in Business scholarship program.



Things I Learned at the Statue of Liberty



Life & LAUGHTER

by Peri **KINDER**

I imagine the worst family reunion ever. Add some cholera and a couple dozen languages and you'll get an idea of the conditions immigrants faced when traveling to America in the early 1900s. You think your Aunt Maude is annoying? Imagine being stuffed in a ship's berth with her for almost two weeks.

But then. One morning you step onto the deck and see the Statue of Liberty standing in the New York Harbor, lifting her lamp and welcoming you to America. Breathtaking.

The hubby and I visited New York this summer and Lady Liberty was one of our first stops. At 130 years old, and standing 22-stories tall, she continues to attract people from all over the world who view her as a light in the darkness, a symbol of freedom, and the best place to buy overpriced ice cream cones and Statue of Liberty back scratchers.

While navigating the crowds on Liberty Island, I learned some things I thought I'd share with you.

1. Selfie sticks need to go. Maybe it's an evolutionary stage. Maybe in 100 years, our arms will be three feet longer to accommodate our narcissistic self-obsession to document everything we do with a photo. I watched as girls stood in front of Lady Liberty, extended their selfie sticks and took seven or eight dozen pictures, flipping their hair from side to side and making kissy, duck faces at their cameras. By the angle of the phone, I'm sure the statue wasn't even in the photo.

2. I'm so white. Picture hundreds of people with beautiful skin colors ranging from ebony to creamy mocha, and everything in between. And then there's me. Boring white. And not just sorta white. I'm fluorescent-lightbulb-shining-in-an-igloo white. And it wasn't just the skin colors. People streamed past in bright saris, colorful headscarves and multi-colored robes. I stood wearing America's national uniform of shorts, a T-shirt and sneakers. All I was missing was a fanny pack and tube socks.

3. I'm not good at butting in line. Part of the Statue of Liberty experience was standing in line. For everything. I waited for the restroom, the drinking fountain, the tickets, the ferry and the souvenir Statue of Liberty plastic crowns. But not everyone chose to wait in line. Some people (you know who you are!) did the line merge where they slowly blend their way to the front of the line. My hateful glaring did nothing to stop them.

4. Tourists will buy anything. Americans commercialize everything, and Lady Liberty is no exception. If you're looking for a Statue of Liberty snow-globe, bumper sticker, shot glass, toothbrush, underwear set or decorative clock, a crowded ferry ride to Liberty Island will fulfill all your dreams.

5. She still stands for freedom. At the statue's right foot, a broken shackle and chain rest on the pedestal, representing freedom from oppression. Through all the shrieking immigration debates, her promise still resonates in the hearts of people all over the world:

"Give me your tired, your poor, your huddled masses yearning to breathe free, the wretched refuse of your teeming shore. Send these, the homeless,

tempest-tossed to me, I lift my lamp beside the golden door!"

Lady Liberty is a pretty cool old lady. For more than a century she's welcomed refugees, tourists, immigrants and dignitaries. She's starred in several

movies. She's inspired poetry, anthems, songs and memes. But her real accomplishment is that whoever visits Liberty Island feels like part of a global family reunion with dozens of languages, cultures and dreams. Breathtaking.

MKTO

NOVEMBER 5 | 7:30PM
SUU CENTRUM ARENA

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\$15 FOR SUU STUDENTS
 (UP TO 2 TICKETS PER STUDENT ID)
\$25 FOR COMMUNITY
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TICKETS AVAILABLE AT SUU BOX OFFICE

SUU SA
 SOUTHERN UTAH UNIVERSITY STUDENT ASSOCIATION

SUU ALIEN & COMMUNITY RELATIONS
 SOUTHERN UTAH UNIVERSITY

Calendar

Wed, Oct. 19

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

"UNDERSTANDING LIFE," James Swartz. Put life's puzzle together. Acquire the knowledge that dispels ignorance—Vedanta. A 25 minute video then casual discussion, 7 p.m. Cedar City Library in the Park (Rare Books Room). The Literary Club. Stephanie 435-559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S.Main St., Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 p.m., city offices.

MARINE CORPS LEAGUE AUXILIARY MEETING, 10:30 a.m., Cedar City Library in the Park. 435-586-9790 for more info.

Thurs, Oct. 20

AMERICAN SIGN LANGUAGE III CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way, Enoch.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATIONS, Cedar City Toastmasters, 7 a.m, 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.

ALCOHOLICS ANONYMOUS, 11 a.m. women-only meeting, noon Speaking from the Heart AA, 6 p.m. AA Misfits. The Meeting Hall, 1067 S. Main Street, Cedar City. More info at 877-865-5890.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON HOPE FOR TODAY (FOR FAMILIES OF ALCOHOLICS), 7 p.m., the KKCB Meeting Hall, 1067 S. Main. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

TAI CHI, 11:30 a.m.-12:30 p.m. and 7-8 p.m. with Jack Strosnider at The Healing Tree Wellness Center, 535 South Main Street Suite 4, Cedar City. Tai Chi is a low impact form of martial arts that is very good for the mind and body. These classes are for everyone. \$10 drop in . Call for more info 435- 267-0133.

SENIOR BLIND AND VISUALLY IMPAIRED SUPPORT GROUP, meets the third Thursday of each month at 1:30 p.m. in the Cedar City Library in the Park, 303 N. 100 East. For transportation or information, call 435-705-1367 or 435-704-4798.

Fri, Oct. 21

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, Oct. 22

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.

CEDAR SATURDAY MARKET, 9 a.m. to 1 p.m., in front of C-A-L Ranch, including farmers, gardeners, food vendors, youth agricultural groups and artisans/crafters.

ALCOHOLICS ANONYMOUS, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

Sun, Oct. 23

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

Mon, Oct. 24

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

BOOK BABIES, 10 and 10:30 a.m., Cedar City Library at the Park. Story time designed for babies and toddlers up to age 2.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

IRON COUNTY COMMISSION, 9 a.m., commission chambers, 68 S. 100 East, Parowan.

Tues, Oct. 25

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

DINING FOR WOMEN TO HELP WOMEN AND GIRLS, Our Cedar City Chapter is meeting Tuesday, Sept. 13 at 5:30 p.m. for a delicious potluck and short presentation. We meet once a month. All are welcome. The 400 Chapters fund grass roots programs helping women and girls in education, health, business and self-worth. We join the community in being agents for change. For questions, the address of this month's gathering or if you need a ride, please email bethjgaines54@gmail.com or call/text Beth at (435) 201-3529. The Nonprofit's website is www. DiningForWomen.org or on Facebook.

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

MEMOIRIST AND POET IRA SUKRUNGUANG, will speak at 11:30 a.m. in the Student Center Theater, SUU, on his new book, "The Melting Season."

Wed, Oct. 26

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

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FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

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DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

"BE THE WITNESS OF WHAT COMES 7 GOES." MOOJI, "Don't cling to anything for a moment, or there you will stay. Become aware of your own presence." A 25 minute video then casual discussion. 7 p.m., Cedar City Library in the Park (Rare Books Room). The Literary Club. Stephanie, 435-559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S.Main St., Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

MARINE CORPS LEAGUE AUXILIARY MEETING, 10:30 a.m., Cedar City Library in the Park. 435-586-9790 for more info.

YOGA SERIES, The Healing Tree will be offering a Intro to Kundalini yoga series . This will introduce you to the benefits of this style of yoga. We have all of the yoga props, just bring you. Classes will end on Nov. 9. Call for more info 435-267-0133 or come by The Healing Tree Wellness Center, 535 South Main Street, Cedar City.

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Schools

NEWS Nuggets

from Iron County School District

by Amy JOHNSON
Iron County School District

Enoch Elementary

This week, Enoch Elementary fourth grade students enjoyed a workshop on wise water usage. This ties in with their science curriculum and provided very useful information. School yearbooks are now on sale. Teachers recently sent home information on how to order a yearbook online. Oct. 20 will be picture make-up day. If you are interested in redoing school photos or your child was absent on picture day, send students to school prepared to have pictures taken. October 25-28 is Red Ribbon week at our school. We will be having dress up days, so watch for more information coming home about participating.

Mark your calendars for our annual Halloween carnival. It will be held on Saturday, Oct. 29. Come play games, eat food, and enter the spook alley as you support our school PTA organization. It will be a great night of dressing in costume and having lots of family fun.

Parowan Elementary

Last week was SEP week and the PTO book fair at Parowan Elementary. The teachers and staff at Parowan Elementary wish to thank parents for participating in SEP conferences. We appreciate your support and willingness to come and help set goals for your children to help achieve student success. We would also like to thank our PTO for their hard work. They donated \$100 to each classroom toward books at the book fair to help supplement classroom libraries. We are so lucky to have such great people in our community, dedicated to helping our students!

Iron Springs Elementary

Our first graders at Iron Springs started the week off by teaching us all about Christopher Columbus in their annual Columbus Day Program. They knew all about his adventure and shared their beautiful singing voices with us. We are so lucky to have such amazing first graders and teachers at our school! Go Miners!



THE COLUMBUS DAY PROGRAM at Iron Springs Elementary School.

Three Peaks Elementary

Third grade students enjoyed their visit to the Frontier Homestead State Park Museum. They had a great time discovering the pioneer and early industrial history of Cedar City, Iron County, and southwest Utah through an extensive horse-drawn wagon collection, historic buildings, Native Heritage exhibit, sawmill and replica blast furnace. Thank you for providing this wonderful educational opportunity for our students. Three Peaks Elementary will host a Halloween Carnival on Wednesday, Oct. 26 from 5-8 p.m. in the gym. Tickets are \$2 per person (adults must be present). Enjoy carnival games, concession stand, face painting, movie, cookie decorating, balloon twisting, Waffle Love, Pronto Pups, Subzero, and Bites Doughnuts. Bring extra cash for some of these delicious treats. Please come and participate in the many fun activities hosted by our wonderful PTA.

North Elementary

North Elementary is having our second annual round-the-block Halloween Parade! Parents are invited to join us on Monday, October 31st. The parade will start at 1:30 p.m. sharp on our north playground. We'll then travel north on 500 West, west on 400 North, and then south on 600 West back to our flagpole. Cedar City police officers will be on hand for traffic control. This was a hit last year. Come join the fun!

South Elementary

The South Elementary 5th graders had a wonderful trip to Cedar Mountain that included being able to enjoy the Cedar Breaks overlook. We are so fortunate to live in such a beautiful area where our students can enjoy and explore the outdoors. Thank you to our teachers and parents for a good SEP week. It was great seeing so many parents at school. One of the recent highlights for our students was having a visit from some of SUU's football players and SUU's mascot, Thor. Thor and the football players spent time playing with the students at lunch break. He created a lot of enthusiasm, and our students really enjoyed the visit.



PHOTOS COURTESY OF IRON COUNTY SCHOOL DISTRICT

PARENTS AND STUDENTS at South Elementary enjoyed activities during SEP week, including a visit from SUU football players.

Canyon View Middle

What is Math Counts? Math Counts is a math club held after school on Thursdays in Mrs. Angela Sanders' classroom D102. The advisers are Mrs. Angela Sanders and Mrs. Tiffany Ellett. This club practices and learns math problems then competes against other Southern Utah middle schools in order to make it to a State Math Counts tournament. The math counts club meets from September through February. The math counts club is FUN! Come check us out!!!

CCR conferences held last week were very successful. Thank you to all of the parents that attended. Reminder: Orchestra and choir concerts were the week of Oct. 10.

Cedar Middle

Our Symphonic Band was invited to perform at the State Capitol Building in Salt Lake City as part of a special centennial celebration. This group of exceptional musicians wowed the audience with a 45-minute patriotic salute. The director, upon hearing technically challenging music being played so well, stepped out of her office to see which high school band had slipped in to perform in place of the band she had scheduled. She was pleasantly surprised to discover it was our CMS Symphonic Band—not a high school band at all. We are proud of the way our school's top band represented us in such a prestigious setting.

The ICSD Annual Parent Night will be Oct. 17 at 6:30 p.m. at CVHS. Topics will include: Suicide Prevention, Drug Trends, Social Media/Internet Safety, Vaping, and Bullying Prevention. Mrs. Whiting and Mr. Kroff and have been in the 7th grade health classes discussing these topics.

Nominations open for 2016 Science and Technology Awards

SALT LAKE CITY — The Governor's Office of Economic Development (GOED) and the Utah Science Technology and Research initiative (USTAR) are now accepting nominations for the 30th annual Governor's Medal for Science and Technology Awards. Following the final selection of 2016 awardees, Governor Gary R. Herbert will present the awards at a dinner on Jan. 18, 2017.

The Governor's Medal award program was initiated to recognize those who have provided distinguished service or made significant career achievements that have benefited Utah in the areas of science and technology. Utah residents or organizations may submit nominations, and all nominations must be received by 5 p.m. on Friday, Oct. 28, 2016. Nominees must meet specific requirements detailed on the "Procedures and Criteria" page linked below. Nominations can be made in one of five categories:

- Education – Higher Ed
- Education – K-12
- Academic/Research
- Industry or Government – Individual
- Industry – Company

Nominees must have demonstrated important contributions in the fields of science, STEM education, engineering technology or technology management. Previous award recipients and current members of the medals review committee are not eligible for nomination. A one-page nomination form is available online at: <http://business.utah.gov/governors-medals/procedures-criteria/>.

Nominations should be addressed to GOED, attn. Science Medals, 60 E. South Temple 3rd Floor, Salt Lake City, UT 84111 or emailed to businessutah@utah.gov. Nominees selected from the first round of applications may be asked to submit a more complete application package that would include letters of recommendation.

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People

Mission

Elder Callison

Elder Brandon Callison has returned from servicing in the Georgia Macon Mission of the Church of Jesus Christ of Latter-day Saints. He will be speaking on Sunday, Oct. 23 at 11 a.m. in the LDS Church at 2233 E. Village Green Road.



Birth



Dre Noel

Dre Matthew Noel, son of Matthew and Kassie Noel of Cedar City, was born on Oct. 6, 2016 at 7:20 a.m. He weighed 8 lbs. 1 oz. and was 19-1/2 inches long. His family includes sister Harper Noel, and grandparents Randy and Julie Davis and Cameron and Jean Noel.

Rae Julia Lea

Rae Julia Lea, daughter of Austin and Julia Lea of Cedar City, was born on Sept. 11, 2016. She weighed 7 lbs. 0 ozs. and was 18 inches long. She is the granddaughter of Matt and Shannon Lea and Susan and the late Thomas LeCorchick. She's loved very much by all her family near and far! We love you, Rae.



Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements.

Announcements and photos can be submitted to news@ironcountytoday.com or at 389 N. 100 West, #12, Cedar City, Utah 84721. The deadline is Wednesday at 5pm for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 6 for pricing for all other announcements.

Kids Halloween yoga class to be held Oct. 21

The Healing Tree Yoga Studio will be having a kids Halloween yoga class on Friday, Oct. 21 from 6 to 7:15 p.m. Bring your little goblins and ghouls - for story time yoga, fun Halloween themed yoga poses and yoga games.

This class is \$2 a child or \$1 for kids dressed in costume. The studio is at 535 South Main in Cedar City.

Essential Oils for Pregnancy

by Stacey DAVIS

Iron County Today

I love working with pregnant women. It is such an exciting time for them. They are learning just how strong and capable their bodies are. It is so fun to watch their growing bellies as they glow with excitement for what is to come. As fun as it is, let's face it--it can also be miserable. With all the changes to your body, the physical symptoms can be hard to deal with.

Pregnancy leaves you dealing with morning sickness, heartburn, backaches, headaches and more, daily... for nine months. Often "over the counters" are either not safe or not available. One option that is my personal favorite and is readily available is natural remedies. One natural remedy I have found that is great for most pregnancy ailments are essential oils.

An essential oil is the process of taking a plant and extracting the liquid from it either through heating or cooling it into its purest form. Essential oils are plant-based, so you can assume that they are safe to take during pregnancy. Considering they are safe during pregnancy you can be assured that they are safe for the whole family. For more information on the safeness of oils, visit aromaticscience.com/.

A few oils that are great for most pregnancy symptoms would be Peppermint, Ginger, Lemon and Lavender. Peppermint is great for morning sickness, headaches, and indigestion. Lavender works for headaches and to help you

a combination of oils that help with hemorrhoids. A couple drops of Myrrh and Cypress applied directly to the area can help soothe those annoying and often painful hemorrhoids.

Knowing how to use oils is just as important as what oils to use. Some methods of using these oils include diffusing them. Diffusing oils is done by adding oils to the air with a diffuser or inhaling them directly. You can add them to a carrier oil and apply either directly to the area or on reflex points. Carrier oils help to dilute the oils before applying. Olive Oil, Coconut Oil or Grapeseed Oil are carrier oils. Adding a couple drops to your water before drinking can be helpful.

When beginning to use oils remember that not all oils are created equal. That being you may have to try several oils until you find the oil that works for you. You should always use a carrier oil, especially when using oils on children or babies. Until you are more experienced and know more about oils refer to someone with more experience with oils. To find a local mom and oil expert visit Facebook page "Empowering Moms to Super Status."

There will be a free class on Essential Oils in pregnancy on Thursday, Oct. 20, at 6 p.m. at the Parowan Library.

An essential oil is the process of taking a plant and extracting the liquid from it either through heating or cooling it into its purest form

sleep. Ginger is another oil that works for morning sickness and heartburn. Adding a couple drops of Lemon Oil to your water helps to reduce swelling and water retention. Lemon is also great for morning sickness. There is



CHANTEL BLACKBURN AND FAMILY. Chantel will teach a free class on using essential oils in pregnancy on Oct. 20 in Parowan.

COURTESY PHOTO

Business

CEDAR CITY CHAMBER News

by Deniece **ALLRED**
Cedar Chamber of Commerce

The Cedar City Chamber of Commerce will conduct two ribbon-cutting events this coming week.

On Oct. 20 at noon, there will be a ribbon cutting for Mountain Lighting and new owner Randy Wilson at 50 West 400 South in Cedar City. That will be followed from 4 to 6:30 p.m. with a ribbon cutting and Grand Opening for the new Fresenius Kidney Care facility at 1320 N. Main in Cedar City.

Next Wednesday, Oct. 26, from 11 a.m. to 12:30 p.m., there will be a live remote Google presentation in the Charles Hunter Room at the Hunter Conference Center. **HOLIDAY LIVESTREAM:** Help holiday shoppers find your business. Join us for a workshop presented by Google experts in partnership with the Small Business Administration and give your business a boost ahead of the holiday shopping season by creating a free business listing on Google, optimizing your website for mobile, and advertising online. There is limited seating, so contact the Chamber if you are interested, or register online on Tuesday afternoon.

The Chamber Business of the Month is Cedar City Hospital. Cedar City Hospital is currently in the process of installing a new MRI machine. It will have a wider bore (wider opening so it doesn't feel so claustrophobic), goggles where you can watch your favorite movie or TV show while you are getting the MRI, and state-of-the-art technology that will provide an even higher resolution image. The new MRI machine will be installed and ready in late November.

The hospital held the Cedar City Health Fair & Flu Shoot Out on Sept. 24, and it was a huge success. A big part of this is the generous partnering of the Southwest Utah Health Department to hold their flu shoot out at the fair. Roughly (700) attendees came, with (2,009) encounters (meaning booth visits or health screenings) and (221) flu shots given. Of the screenings, (196) of those patients were referred for follow-up care.

Also this month, Cedar City Hospital received the HealthInsight Quality Award, where a hospital must rank at or above the 75th percentile on national rankings like quality of care, patient perception of care, and outcomes.

Cedar City Hospital will dedicate a small chapel space inside the new hospital waiting room. This chapel will feature an original work-of-art stained glass window, commissioned by a generous local hospital supporter Dennis Schnarr, in honor of his late wife.

Cedar City Hospital also received the 2016 Quality Improvement Center of Excellence from the Utah Department of Health, for innovative improvements to the process on how newborn hearing is tested, resulting in more accurate data and less re-testing, and last but not least Cedar City Hospital was once again named a Community value 5 Star Hospital by national healthcare rating group Cleverly + Associates, and was also recently chosen as one of the Top 100 Community Hospitals in the Nation by Becker's Hospital Review for the second year in a row.

Fresenius Kidney Care hosting open house on Oct. 20

CEDAR CITY — Fresenius Kidney Care, the dialysis division of Fresenius Medical Care North America and the nation's leading network of dialysis facilities, will host an open house on Thursday, Oct. 20 at its new clinic in Cedar City. The clinic is a joint venture with Southern Utah Kidney and Hypertension Center. The clinic is centrally located near the Cedar City Hospital at 1320 N. Main Street.

Local experienced medical professionals available to discuss in-center and at-home dialysis, and how the center's care team can offer individualized care. Members of the team will give tours of the facility and explain services offered. Light

refreshments will also be available.

The open house will run from 4 to 6:30 p.m. Contact clinic manager Richard Eaton at 435-867-8163 for more information.

According to the National Kidney Foundation, one in three American adults are at risk for developing kidney disease. The two leading causes of kidney disease are high blood pressure and diabetes. Other risk factors include family history of kidney failure, kidney stones, smoking, obesity and cardiovascular disease. Dialysis is required for those who develop end stage kidney failure, which typically represents 85 to 90 percent loss of kidney function. Dialysis is used to

remove waste, salt and extra water in the body, and keep safe levels of potassium, sodium and bicarbonate in the blood and control blood pressure.

Fresenius Kidney Care, a division of Fresenius Medical Care North America (FMCNA), provides dialysis treatment and services to more than 180,000 patients with kidney disease at more than 2,200 facilities nationwide. Fresenius Kidney Care supports people by helping to address both the physical and emotional aspects of kidney disease through personalized care, education and lifestyle support services so they can lead meaningful and fulfilling lives.



IRON COUNTY TODAY

THE PUBLIC IS INVITED TO AN OPEN HOUSE on Oct 20 at Fresenius Kidney Care, a joint venture with Southern Utah Kidney and Hypertension Center.

Best Business Idea trainings to begin

CEDAR CITY — The 11th annual Best Business Idea Competition will begin with a pair of training sessions in early November. Any college student or resident in Iron, Beaver or Garfield counties with an entrepreneurial idea for a startup product or innovative business can submit their idea, have a chance to pitch it to a panel of judges, then receive feedback and/or prize money.

"This is our 11th Annual Best Business Idea Competition and we are always excited to see the variety of business ideas that come from the community," said Joni Anderson, Assistant Director of the SUU Small Business Development Center.

Build your proposal by identifying a market need and the

solution your product or service will provide. Create a pitch that shows your creativity, personality and passion for your product or service. Keep it simple, inspire confidence and win money for your idea.

According to Craig Isom, Executive Director of the SUU Business Resource Center, "The community is filled with great business ideas. Over the years, this competition has provided a way for some of them to be brought forward and turned into real businesses. It's fun to help make someone's dream a reality."

The official rules, contest information and past winners are available online at www.bestbusinessidea.org. Two training sessions will help with your entry:

Tuesday, Nov. 1 at 4:30 p.m., and Monday, Nov. 14 at noon at the SUU Business Resource Center, 510 West 800 South, Cedar City. Entries must be submitted before 5 p.m. (MT) on Friday, Dec. 9. The evaluation and judging of the submissions will take place promptly following the contest period.

Finalists will be invited to present their ideas, inventions or innovations to a panel of judges in person. Winners are expected to be announced and prizes awarded in January 2017. Last year, \$10,000 in prizes were awarded to the eligible residents or teams. The winning SUU students or teams will also be eligible for additional funding through the Opportunity Quest competition.

You've Got Some Nerve!



The Rut LESS TRAVELED

by Corey BAUMGARTNER

Have you ever had your nerves get the best of you? Everybody has had experiences where their nerves of steel suddenly turned into nerves of aluminum. From special occasions to sporting events, we've all choked or broke down in critical moments where our nervousness became our weakness. These mortifying moments include: Game time, test time, speeches, a new job, dating, confrontation, performances, and proposals.

The examples seem endless of when our nerves made us swerve into the ruts of chagrin and regret. If only we could have a proxy for our missing moxie during those moments! If only life was a Hollywood movie we could have our own stunt double for those moments so we don't stumble or get stuck. Until that person shows up—have you tried looking in the mirror lately—how do we get past our unnerving fears and conquer our cold feet with courage when it's our time to shine?

First, when life throws down the gauntlet, or makes you an offer you can't refuse, don't let your confidence become gone with the wind. Otherwise, you'll feel like you're just eating the grapes of wrath the rest of your life and that your box of chocolates is just full of empty wrappers. No, life is not always elementary and there are trials along the trails that not even a spoonful of

You may not always feel lucky, or like everybody wants to make your day

sugar can cure, but that doesn't mean the force is not strong within you.

Secondly, you may not always feel lucky, or like everybody wants to make your day. You may not always feel like you can handle the truth, and sometimes life will seem inconceivable and your 'supercalifragilisticexpialidocious' might not feel so super. You may also find that even the yellow brick road has roadblocks and ruts. But whether you find yourself in Iowa or Heaven, or realize you're not in Kansas anymore, remember that there really is no place like home.

Even when you can't phone home, or when the rain in Spain doesn't stay mainly in the plain; you've got to realize that you can't always stop the storms in your life, but you can learn to sing and dance through them. Stay true to you and always live and speak boldly from your heart.

Finally, even when you mumble and stumble over your words and actions, never forget that it truly is a wonderful life and that tomorrow is another day. I'm not saying you have to wake up every morning singing zip-a-dee-doo-dah, or yippee ki-yay, but if you want to hear the sound of music in your life again don't fiddle around on the rooftops of regret. Stop looking back through the rear window of your life. You've got to put the past behind you and find the nerve to face your future confidently, despite the doubts and dents. Don't show me the money, show me your courage! Get out there and carpe diem! That's all I have to say about that.

Obituaries

Pearl Petersen Hansen



Pearl Petersen Hansen, age 90, of Enoch, Utah, went peacefully into the arms of Jesus on October 13, 2016. Pearl was born January 4, 1926 to Joseph and Dessie Petersen in Logan, Utah.

She spent most of her life helping others. She was a great cook and was ready to feed anyone who came to the house. She also made quilts that are scattered all over the country.

Pearl is survived by her five children: Joyce Hansen of Enoch, Bruce Hansen of Spring City, John Hansen of Garrison, Ruth Jackson of Enoch and Mary Denman of Enoch; one brother, Dean Petersen of Logan; 13 grandchildren and 12 great grandchildren.

She is preceded in death by her parents, nine brothers and sisters, and her loving husband Mark.

Graveside services were held on Saturday, October 15, 2016 at 2:00 pm at the Garrison City Cemetery in Garrison, Utah under the direction of Southern Utah Mortuary. A Memorial service will held on October 22, 2016 at 11 a.m. at the RJ Law Community Center (95 W Main St, Delta, Utah). Online condolences can be made at www.sumortuary.com.

We want to say thanks to the Millard Care Center for taking good care of Mom these last four years.

Joan Cohn



Joan Linda Cohn, 79, passed away on October 13, 2016 in Cedar City, UT. She was born in Palo Alto, California on December 2, 1936 to Herman Kaufmann and Elsie Arvilla Phillips.

Her passion was horses; well accomplished in the horse industry throughout her whole life. Working in many fields, she always had a way of organizing and working her way right up to management. Starting by working her way to be one of the first women to manage and model a high end fashion store in California, to Brian Head and many more. Her summers were consumed with wranglers and trail rides. She had a small family to begin, but every summer at the national parks, she added wranglers of all ages--most of whom took her on as grandma. For those that know her, she always carried a dark tan and anticipated their trips to Mexico.

Joan is survived by her children Cammie Berry (Dave) Gentry of Sloughhouse, Calif., and Robert Jamison, step-son Eddie Cohn; three grandchildren: Amber Berry, Cody Edge Berry and Jason Wiley; two great-grandchildren, her sister Marie "Ree" Zaphiropoulos and her step-mother Gertrude Kaufmann. She was preceded in death by her daughter, Sherril Wiley, her parents, her brother Gary Kaufmann and her companion Lance Baldry.

A small Celebration of Life will be held at her home (2727 West 5900 North, Cedar City) for close family and friends on Friday, October 21, 2016 between 2 and 4 p.m. Online condolences can be sent to www.sumortuary.com.

Submitting an Obituary

There is no charge for obituaries of 400 words or less with up to two photos. Please email submissions to news@ironcountytoday.com or bring to 389 N. 100 West #12, Cedar City, Utah 84721. The deadline for submission is Monday at 9am For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 6.

Jerry George Bryant



Jerry George Bryant, age 85, passed away surrounded by his family on October 14, 2016. He was born in Cedar City, Utah to Orson J. and Elora Urie Bryant on the 28th day of July 1931.

He married his sweetheart and love of his life, Lillian Bauer on September 12, 1959 in the St. George Temple.

Jerry is survived by his spouse Lillian (Lynn) Bauer Bryant and five children: Jeri Lynn Benell (Anthony), Ronald Orson Bryant, Brenda Roscher (John), Boyd Bryant, Daniel Bryant (Sarah), 10 grandchildren and 4 great

grandchildren.

He was active in the Church of Jesus Christ of Latter-day Saints and served in three bishoprics, as High Priest Group Leader, Elders Quorum President, Cubmaster, Home Teacher, and many more. Jerry and Lillian also served a 2-year full time mission at the Cedar City Family History Center, and served as ordinance workers in the St. George Temple for 4 years.

Jerry graduated from Cedar City High School in 1950 and went on to take several courses from Southern Utah State College.

He loved the mountains and working with his brothers and children at the family ranch and cabin. He loved his family very much and enjoyed being with them as much as possible.

He was a farmer and livestock man and served as water master of the Coal Creek Irrigation Co. for 30 years and served as president and secretary of that company for several terms for a total of 33 years. He worked as the Iron County Weed Supervisor for 8 years.

Jerry's family would like to express their deep appreciation to all the nurses and Doctors at the Cedar City Hospital and the Home Health staff for their excellent care.

Funeral services will be held Friday, October 21, 2016 at 11 a.m. at the Cross Hollow Stake Center, 2830 West Cody Drive, Cedar City. There will be a viewing held on Thursday, October 20 from 6 to 7 p.m. at Southern Utah Mortuary, 190 North 300 West, Cedar City. On Friday, October 21, 2016 the viewing will be at the church from 9:30 to 10:30 a.m. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com.

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Religion



PACKING GIFTS FOR CHILDREN
in need are volunteers for Operation Christmas Child. This year's packaging in this coming Saturday.

PHOTO COURTESY OF CALVARY CHAPEL CEDAR CITY

Operation Christmas Child packing party on Saturday

by Charley **WALQUIST**
Iron County Today

CEDAR CITY — Calvary Chapel Cedar City will host its annual Operation Christmas Child (OCC) Packing Party on Saturday, Oct. 22 from 1-5 p.m. at 101 E. Nichols Canyon Road. The packing party is open to everyone in the community.

Operation Christmas Child is a program put on by Samaritan's Purse that takes shoeboxes loaded with gifts for kids all around the world for Christmas. These boxes include items such as toys, hygiene items, school supplies, etc., and they go to children in poverty.

Calvary Chapel hosts this packing party to encourage people to participate in the program. All the supplies for the boxes are included, and those wishing to participate pick a box and fill it at the packing party.

The event is structured like an open house. Those who have not been involved in OCC watch a short video that explains the process and why

people take the time to pack these shoeboxes. They then take a shoebox and decide what age range and gender of child they want to pack a shoebox for. The supplies for the shoeboxes are separated out into different rooms, and people load their shoeboxes from the supplies in the rooms.

If possible, those loading the shoeboxes are asked to pay the \$7 shipping if they are able. Those who pay the shipping will be fed a light lunch by the coordinators. There is also an option for tracking the shoebox if the packers wish to see where it is delivered.

"We love giving families the opportunity to come together to do something for someone far away," said Terri Carroll, Southern Utah Area Coordinator for OCC. "The most important part is to pray for the child getting that shoebox. God will lead each person packing the shoeboxes and will move them to pack what is needed in the boxes."

For more information or to donate to the event, contact Calvary Chapel at 435-867-8188 or visit <https://www.samaritanaspurse.org/occ>.

THE CEDAR CITY LDS TEMPLE
is backlit with one of southern Utah's famous beautiful sunsets.



BOBBY VALERO

CHURCH Directory

Calvary Chapel
101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
10 am - Sundays,
7 pm - Thursdays
867-8188

**Cedar City Seventh Day
Adventist Church**
4571 N. Hwy. 91, Enoch
11 am - Saturdays
592-2142

**Christ the King
Catholic Church**
690 S. Cove Drive, Cedar City
9 am & 7 pm - Sundays
Spanish Service
11:45 am - Sundays
586-8298

**The Church of Jesus Christ
of Latter-day Saints**
Cedar City Stake
155 E. 400 South, Cedar City
586-8381
9 am & 11 am, - Sundays
Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 am, 11 am & 1 pm - Sundays
Parowan Stake
90 S. Main St., Parowan
477-8929
9 am & 1 pm - Sundays

Church of Christ
1075 S. Fir, Cedar City
11 am Sundays
586-9534

**Community
Presbyterian Church**
2279 N. Wedgewood Ln.,
Cedar City
10 am - Sundays
Childcare Available
586-8891

First Baptist Church
324 W. 200 North, Cedar City
11 am - Sundays
586-6994

**Grace & Truth Fellowship
A Church of Christ**
195 W 650 S, Cedar City
10 am & 11 am - Sundays
6 pm - Wednesdays
238-3886

Grace Christian Church
845 West 200 South,
Parowan
10:30 am - Sundays
7 pm - Wednesdays
590-1663

**Kingdom Hall of
Jehovah's Witness**
620 E. Nichols
Canyon R., Cedar City
7 p.m - Thursdays,
10 am - Sundays
867-1837

**Light of the Valley
Fellowship Church**
995 S. Regency Rd., Cedar City
(Brookdale Senior Solutions)
1:30pm - Sundays
590-7362

**Mountain View Baptist
Church**
1160 S. 860 West, Cedar City
11 am & 6 pm - Sundays
865-1211

New Life Church
Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
10 am - Sundays
233-0047

**Parowan United
Methodist Church**
190 N. Main, Parowan
10 am - Sundays,
6:30 pm - Thursdays
477-1334

**Potters House Christian
Fellowship Church**
732 North Main,
Cedar City
11 am & 6:30 pm - Sunday's
7:30 pm - Wednesdays
695-8212

**Red Hills Southern
Baptist Church**
4277 N. Wagon
Wheel Dr., Enoch
10:45 am - Sundays
865-7068

**Sonrise Christian
Fellowship**
201 E. 3800 N. Enoch
(Gateway Academy)
10 am - Sundays
586-3640

**St. Jude's
Episcopal Church**
70 N. 200 West, Cedar City
10 am - Sundays
586-3623

Trinity Lutheran Church
410 E. 1935 North,
Cedar City
10 am Sundays
586-7103

True Life Center
2111 N. Main St., Cedar City
9 am & 11 am - Sundays
867-0405

Valley Bible Church
4780 N. Hwy 91, Enoch
11 am - Sundays
586-0253

Westview Christian Center
2624 W. Hwy 56, Cedar City
11 am - Sundays,
6:30 pm - Wednesdays
865-1550

If your church in Iron County is not listed in this directory or if any information is incorrect, please call 867-1865 or email news@ironcountytoday.com

FALCONS HANG ON *clinch 3A playoff berth*

by Tom ZULEWSKI
Iron County Today

As Canyon View head football coach Robby Robinson walked into a postgame huddle with his team, shouts of "sweep" could be heard well back toward the campus. While the junior varsity and freshman teams won their games, the varsity came through with the most important win that mattered and extended the Falcons' season.

Kelton Christensen missed a 42-yard field goal try with less than 30 seconds left, and Canyon View held off a furious second-half rally to beat North Sanpete 30-27 in a Thursday night game played Oct. 13 on the Falcons' home field. With the victory, CV finished 3A South play as the No. 3 seed with a 3-2 record – its first winning league record since the 2000 season – and earned a spot in the 3A state playoffs.

"We gave them plenty of chances, but our defense came through at the end," Robinson said. "We'll take it. I don't care if it's one point, three, five, whatever. We're in, and it will be exciting."

As things turned out, Canyon View would need every last point as they nearly surrendered all of a 30-13 third-quarter lead thanks mainly to fumbles on three consecutive possessions, two that led directly to touchdowns by the Hawks (1-4 3A South).

Waylen Atkinson was involved with both scores, first catching a 37-yard pass from quarterback Spencer Steadman with 2 minutes, 11 seconds left in the third, then running untouched up the middle on a 42-yard run that cut the margin to only a field goal with 7:05 left in the game.

Then it became a battle of missed chances. The Falcons failed to convert a pair of fourth downs, but sophomore Brady Lowry batted down a pass on fourth-and-7 from midfield that stopped a Hawks drive in its tracks.

CV's defense would come up even bigger when North Sanpete got the ball

back with 2:13 left and only one timeout. Starting from its own 31, Steadman drove his team to the Falcons' 25, but three straight incompletions – including

see **FALCONS** | 25



Cyn. View
30



N. Sanpete
27

N. Sanpete	6	7	7	7	--27
CV	8	14	8	0	--30

First Quarter –
NS – Taylor 3 run (kick failed)
CV – Bergener 66 run (Rigby run)

Second Quarter –
CV – Rigby 7 run (run failed)
CV – Huxford 12 pass from Rigby (Shearer run)
NS – Taylor 44 pass from Steadman (Christensen kick)

Third Quarter –
CV – Huxford 35 pass from Rigby (Miller pass from Rigby)
NS – Atkinson 37 pass from Steadman (Christensen kick)

Fourth Quarter –
NS – Atkinson 42 run (Christensen kick)



CANYON VIEW'S ABE HUXFORD (5) and Porter Miller (42) celebrate one of Huxford's two touchdowns in the win over North Sanpete.

JR ROBINSON



TODD BOYER

CEDAR'S ELLIE KUCIFER battles for control of the ball in the Lady Reds' 4-0 loss to Juan Diego last week.

Lady Reds, Rams eliminated early in 3A soccer

by Tom ZULEWSKI
Iron County Today

After consecutive trips to the 3A state finals – including the 2014 championship, its first in school history – the Cedar Lady Reds saw the postseason end early this time around.

Juan Diego set the tone early by scoring three times within the first 16 minutes on the way to a 4-0 shutout at home over Cedar in the first round of the 3A state girls soccer playoffs Oct. 12. Annanaria DiGeronimo opened the scoring with a penalty-kick goal, and Davi Vaka added two more to give

the Soaring Eagle (12-5-1) all the momentum they would need on the way to the victory. Cedar was shut out for the fifth time on the season and finished with an 8-7 overall record.

It was the Lady Reds' earliest postseason exit since 2009, when they failed to qualify for that year's 3A playoffs. Juan Diego defeated Park City 6-2 on Oct. 15 and will face Snow Canyon in the semifinals Oct. 21 at Jordan High in Sandy.

Despite earning a three-way share of the Region 13 title with Delta and Millard, the Parowan Rams lost the coin flip and had to open the 2A playoffs on the road at Summit Academy as the No. 3 seed. They

would go on to fall to the Bears by a 2-1 count in the first-round matchup Oct. 12.

The two teams played to a scoreless draw in the opening half, but Vanessa Lozano got Parowan on the board with a goal six minutes into the second half. Moments later, Summit Academy tied the game on a goal by Abbey Hawkins and Ryann Timm – the state's third-leading goal scorer – netted her 31st of the season for what proved to be the game-winner.

The Rams finished the year with an 11-4 record, while the Bears beat Manti 3-2 on Oct. 15 and will play Rowland Hall in the semifinals at Jordan High.

Canyon View girls soccer falls in OT thriller

by Tom **ZULEWSKI**
Iron County Today

As the last Region 9 team standing in the 3A girls soccer playoffs, the Snow Canyon Warriors seemed to have the weight of the world on its collective shoulders as they faced the Canyon View Falcons in the quarterfinals Oct. 15. With one firm kick of the ball off her right foot, sophomore McKenzie Brough restored order in the Warriors' world.

Brough scored on an indirect free kick five minutes into the first overtime, and Snow Canyon edged Canyon View 2-1 to advance to the semifinals. With the ball set up just outside the 18-yard box, Brough struck a low rolling shot through traffic that snuck past the outstretched arms of Canyon View goalkeeper Jessica Hinck.

"When they set the wall up, I knew if I tried to go over it, the ball would go over the goal," Brough said. "Ashley (Brindley) and I talked it out, and we knew it was something we could pull off."

After the Warriors beat

the Falcons 3-1 in the teams' preseason meeting Aug. 30, the rematch in the playoffs was a polar opposite. The tone was set early when Hinck stopped a penalty kick by Ellie Christensen with the match just seven minutes old.

Snow Canyon got on the board first in the 25th minute of the opening half when Brielle Hoskins rose up and headed a corner kick into the top right corner of the net just under the crossbar for the 1-0 lead.

CV would set the tone for a tension-filled second half when sophomore Morgan Haag got behind the Warrior defense, took a loose ball off a free kick from Makayla Mechem and beat the keeper in the 38th minute to knot the score heading to the break.

Both sides had chances to break the deadlock in regulation, but couldn't find the back of the net. Hinck had a pair of key saves in the final five minutes and nearly netted the go-ahead goal by herself with the help of a strong breeze that blew throughout the game.

The long-distance shot took a couple of high bounces, but



JR ROBINSON

CANYON VIEW GOALKEEPER JESSICA HINCK prepares to defend against Snow Canyon's Avilia Hinton during the Falcons' quarterfinal loss last week.

landed over the Snow Canyon goal.

"We played awfully tight today," Snow Canyon head coach Kenny Kunde said. "There was a ton of pressure on this game from what went down in the preseason. Canyon View played their hearts out and played a great game. I never felt pressure playing at Canyon

View until today."

The Warriors nearly won the game in the opening two minutes of the overtime, but a shot glanced off the crossbar and barely stayed outside the CV goal. Snow Canyon improved to 12-6-1 and will play Juan Diego at Jordan High in the semifinals Oct. 21.

Canyon View cruised into

the matchup with Snow Canyon by posting a 7-0 shutout of Grantsville in its opening-round playoff game Oct. 12. Tylee Bulloch and Sydnee Evans scored twice for the Falcons, who finished the year with a 10-8 overall record. Allie Lloyd, Mia Smith and Ruby Molina added the other goals in the victory.



COURTESY OF SUU SPORTS INFORMATION

RAYSEAN PRINGLE RETURNED A KICKOFF 97 YARDS for a touchdown, but it wasn't enough as North Dakota downed Southern Utah 45-23 on Saturday in Grand Forks.

North Dakota tops SUU, 45-23

by Chanel **BARNES**
Suu Football - Strategic Communication

GRAND FORKS, N.D. — After a 14-7 Thunderbird lead to start the game, the North Dakota Fighting Hawks rallied to secure a 45-23 Homecoming victory.

"We're just trying to get better. We've gotta do a better job of getting these guys prepared to play 60 minutes," head coach Demario Warren said. "We'll keep working. That's one thing we promise."

Thunderbird highlights from the loss include Raysean Pringle's 97-yard kickoff return and a 68-yard touchdown from Brady Measom. Tate Lewis punted four times for 195 yards, averaging 48.8 yards per punt. His longest of the game was a 66 yarder.

Junior Tufuga led SUU defensively with 10 tackles, seven solo and three assisted. Tyler Collet and Kyle Tauiliili added nine and eight tackles respectively. The T-Bird defense posted five tackles for a loss of 27 yards.

The Fighting Hawks finished with 537 yards of total offense on 39:36 minutes of possession time, compared to the Thunderbirds' 356 yards on 20:24 minutes of possession.

UND tacked up the first touchdown of the

game on a 9-yard pass from Keaton Studsrud to Luke Stanley before the Thunderbirds quickly answered as Pringle ran 97 yards for a kickoff return touchdown.

Southern Utah's Patrick Tyler completed a short pass to Measom who took it 68 yards for a Thunderbird touchdown to give SUU a 14-7 edge to round out the first quarter.

The Fighting Hawks' rally began early in the second quarter as UND punched in back-to-back touchdowns to regain its lead at 21-14. Keita Calhoun knocked in SUU's only points of the second quarter with a 27-yard field goal. Wrapping up the first half scoring, UND's Studsrud connected with Noah Wanzek on a 7-yard pass to give the Hawks a 28-17 lead at halftime.

The Thunderbirds etched in their only second half touchdown early in the third quarter as Tyler found Mike Sharp for a 31-yard passing touchdown. UND posted

three straight touchdowns to break away from SUU for a 45-23 victory.

Southern Utah returns home this weekend, hosting Weber State on Saturday, Oct. 22 as the Thunderbirds aim to stretch their home winning streak to nine. The game kicks off at 6 p.m. in Eccles Coliseum.

"We're just trying to get better. We've gotta do a better job of getting these guys prepared to play 60 minutes"

— **SUU Head coach Demario Warren**

Knevelbaard making strong impression with T-Birds

by Tom **ZULEWSKI**
Iron County Today

CEDAR CITY — For any distance runner, the ultimate challenge to determine success is how well they can run at altitude. For Southern Utah sophomore Kasey Knevelbaard, the adjustment took on added meaning and has produced rapid improvement.

Knevelbaard is a native of Caruthers, Calif. — a small town of around 2,000 people about 25 miles south of Fresno — and has been named the Big Sky Athlete of the Week for cross country three different times this season. He was 12th overall at the Notre Dame Invitational for his most recent award, but it wasn't always easy when he took part in his initial workouts as a T-Bird.

"It didn't end well," Knevelbaard said. "I wasn't in the best shape, and I go from being on a team where there wasn't anyone at my level to where there are 15 guys at the level. Everyone can push the pace, and it was definitely a new stimulus."



COURTESY OF SUU SPORTS INFORMATION

SUU'S KASEY KNEVELBAARD has been a leader for the mens' cross country team all season.

Jewkes, guys who weren't the fastest out of high school. He definitely knows how to work with people and make them better."

Knevelbaard arrived at the right time as the T-Birds knocked off Northern Arizona to win the Big Sky championship last season, and he's been the top finisher in three of the four meets he's run in to date this year. The list includes an overall win at the Sagebrush Invitational in Logan, where this year's Mountain Regional will be held in November.

"I was adjusting last year and getting used to things. This year, I understand the team culture and the whole team is pretty young," Knevelbaard said. "I know I need to step up and represent myself and the team really well. I'm working on staying consistent in practice mentally and score the best points I can. We're good, we're talented and we need to show it."

When Knevelbaard was searching for a school coming out of an area at lower altitudes, he came away impressed with the location of SUU and the philosophy imparted by head coach Eric Houle.

"I saw an aerial video of the school and thought it was really pretty. When I came out for my visit with Coach Houle, what I enjoyed was he was a dreamer, and he wanted people to have dreams," Knevelbaard said. "I wanted to win national championships, do this and that. He's worked with guys like Cam Levins and Nate

TREY JENSE SWEEPS to the right in the Rams' 25-13 loss to Layton Christian on Friday.



DAVID MINEER

Rams fall to Layton Christian

by Tom **ZULEWSKI**
Iron County Today

With its region season complete in 1A South, the Parowan Rams headed north to face Layton Christian and came out on the short end of a 25-13 loss Oct. 14. The Rams lost its fifth straight game and fell to 2-6 on the season.

Braxton Llewelyn was the player of the game for the host Eagles (7-2 overall) as he threw

three touchdown passes and ran in for the other score. Parowan trailed by only 18-13 at the half, but Llewelyn scored on a 2-yard run in the third quarter that proved to secure the win.

Jake Matheson threw a touchdown pass to Nathan Goodman in the first quarter for Parowan, who will return home to close out the season Oct. 21 against winless Wayne (0-4 1A South, 0-8 overall), with kickoff set for 7 p.m.



Layton Chr.

25



Parowan

13

Parowan	6	7	0	0-13
Layton Chr.	6	12	7	0-25



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Canyon View girls soccer can't be ignored anymore

When they left the Region 9 fold two years ago, Canyon View was almost an afterthought in the big picture of Southern Utah high school sports. There was limited to almost no success on the fields of play and winning was difficult to come by.

On a windy afternoon on its home field Oct. 15, the Falcons girls soccer team sent the rest of Region 9 a loud message that came in spite of a 2-1 overtime loss to Snow Canyon that knocked them out of the 3A playoffs in the quarterfinal round.

They have every intention of throwing themselves right into the competitive fires. With a Utah High School Activities Association decision on the next two-year realignment coming up in December, it could be in a return trip to one of the toughest regions in the state.

There's no denying that Canyon View basically demolished the competition and didn't lose a game in Region 12 over the last two seasons, but they also loaded the preseason schedule with their former Region 9 foes to get mentally prepared. Once play rolled around in the Falcons' new home, they transformed themselves into a steamroller.

In its two years of Region 12 play, the Falcons posted 14 shutouts in 16 games. They outscored their opponents by a combined count of 74-2, and no other team in the entire state – regardless of classification – was as good defensively.

They lost in the first round of the playoffs to Pine View a year ago, but learned from that and shut down Grantsville in this year's first round before falling in the showdown with the Warriors.

And yeah, it was as close as the final score indicated. After sharing the Region 9 title with Desert Hills, Snow Canyon had to work for everything they got against the Falcons.

From the moment CV goalkeeper Jessica Hinck stopped a penalty kick seven minutes into the first half, Canyon View knew they belonged. When the Warriors scored first in the 25th minute, the Falcons didn't shrink under the pressure.

When sophomore Morgan Haag – who finished the season with 11 goals – scored on a free kick just before halftime, it was game on from that



RANDOM Thoughts

by Tom ZULEWSKI

point forward.

In spite of one mistake that led to the Warriors scoring the winning goal in overtime, they knew Canyon View was a worthy adversary. Head coach Kenny Kunde even admitted so, saying "I never felt pressure playing at Canyon View until today."

The rest of Region 9 probably knows it now, too. The secret is out, and that's not a bad thing. With only two seniors – Allie Lloyd and Makayla Mechem – graduating, the future is bright.

-If anyone was writing off Cedar quarterback Mason Fakahua playing the rest of this season, you'll need to put those thoughts to rest right now. Head coach Josh Bennett said at practice last week the senior is off his crutches and likely to return as the starter in the regular-season finale at Pine View on Oct. 21.

With the Redmen needing a win to have a chance at a first-round 3AA playoff home game, the timing couldn't be more ideal. Fakahua has been out since suffering an injury to his left knee in a road loss at Snow Canyon on Sept. 30.

-Although his name wasn't on the final stat sheet, Southern Utah grad Miles Killebrew

figured prominently in a couple of big plays in the Detroit Lions' 31-28 win over the Los Angeles Rams at Ford Field on Oct. 16. With the game tied at 14-14, Killebrew helped make stops on consecutive possessions near the goal line, including a fourth-down tackle of running back Todd Gurley on the final play before halftime that kept the Rams off the board.

With a pair of tight games under their belts, the Lions are 3-3. That is a good thing, but it will be even better for SUU fans if we see Killebrew's name mentioned more often.

It's all about progress, even for fourth-round draft choices.

Follow Tom Zulewski on Twitter @ TommyZee81 or @Tomzsports, and email him at tominator19@yahoo.com.

FALCONS

Continued from page 22

two near-interceptions – forced Christensen to try the field goal for the tie. It had the distance, but hooked wide left, giving Canyon View a playoff berth for the second time in three seasons.

The Falcons will close the regular season at home against 3A North power Juan Diego on Oct. 21, then open the postseason with a rematch the following week in Draper.

"We couldn't get beat deep," said CV senior Abe Huxford, who caught a pair of touchdown passes from quarterback Stockton Rigby. "I was hoping the kick

would be short, but when I saw it go wide left, I was so happy."

North Sanpete opened the scoring quickly on its initial possession, getting a 3-yard touchdown run from Shawn Taylor in a four-minute drive, but the Falcons countered in lightning fashion as Kyler Bergener found a hole and scored on a 66-yard run that put CV up 8-6.

Rigby would score on a 7-yard run in the second quarter and add a 12-yard scoring pass to Huxford that stretched the lead, but the Hawks responded with less than two minutes left when Steadman found Taylor on a 44-yard TD that cut the margin to 22-13 at the half.

FALL

Photo Contest!

Time to get out and snap some photos that represent the Fall season to you!

Photos are due:
Oct. 26 @ 5pm

Winning photos will be published Nov. 2

There is a limit of one photo per entrant, and photos can be e-mailed to design@ironcountytoday.com or brought by our office at 389 N. 100 W. Suite 12, Cedar City. Please include the name of the photographer and his/her city of residence. By submitting your photo, you agree to give Iron County Today permission to publish your photo. Call 867-1865 ext. 4 with any questions.

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Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30 and for "help wanted" and "services" categories.

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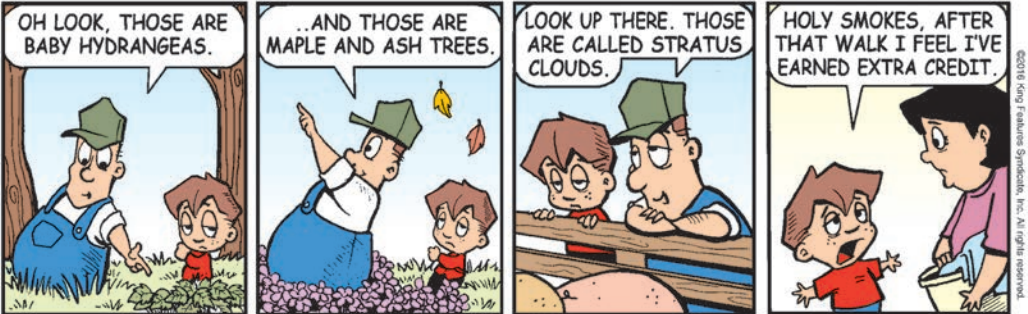
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Comics & Puzzles

WEDNESDAY, OCTOBER 19, 2016

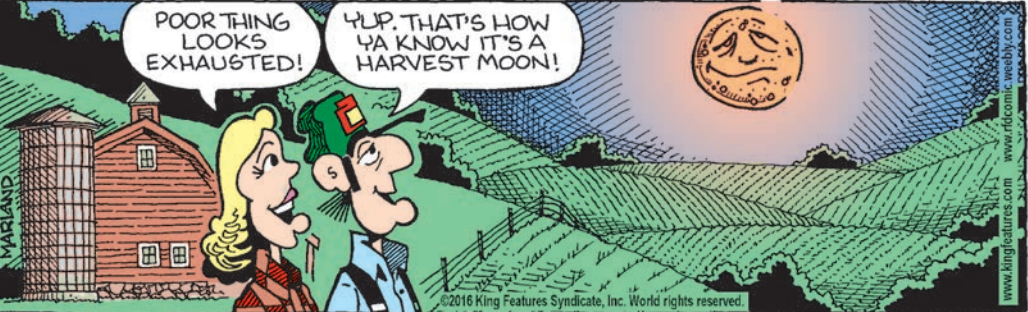
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

	8			5	1			
6				3				5
		3	8				7	9
7				8				1
	3	1			2	9		
	6		9					8
		4			8	6		
9			1					2
	2		6				3	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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King Crossword

ACROSS

- 1 Salk vaccine target
- 6 Frizzy coifs
- 11 Mom or pop
- 12 Censoring sounds
- 14 Majestic
- 15 Reddish brown
- 16 Masseur's workplace
- 17 Nervous
- 19 Through
- 20 Southern st.
- 22 "Go, team!"
- 23 Get ready
- 24 Fiery crime
- 26 Audience
- 28 Jazz style
- 30 Payable
- 31 Risk
- 35 Skewered entree
- 39 Boring
- 40 Petrol
- 42 Pleasant
- 43 Greek vowel
- 44 Kentucky senator McConnell
- 46 Poolroom need
- 47 Writer
- 49 Foreign domestic
- 51 Hispanic chap
- 52 Says impul-

DOWN

- 1 Impoverished one
- 2 Liver, spleen, etc.
- 3 Romanian money
- 4 "Meet Me — Louis"
- 5 Playful water critter
- 6 Embarrassed
- 7 Chimney
- 8 CSA soldier
- 9 Body of work
- 10 More agile
- 11 Trattoria fare
- 13 Breaks suddenly
- 18 "Unh-unh"
- 21 Dynamite inventor
- 23 Hog the mirror
- 25 Neither mate
- 27 Arctic bird
- 29 Refinery input
- 31 Perfect
- 32 — funds
- 33 Nebraska river
- 34 Long. crosser
- 36 Antacid reducer, for short
- 37 Keeness
- 38 Happy hour orders
- 41 Wound covers
- 44 One (Pref.)
- 45 Island dance
- 48 That guy
- 50 Deposit

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Answer

Weekly SUDOKU

5	3	4	6	9	7	8	2	1
2	8	7	3	4	1	9	5	6
1	6	9	8	2	5	7	4	3
8	2	3	1	7	6	5	9	4
7	4	6	2	5	9	1	3	8
9	1	5	4	8	3	2	6	7
6	7	2	9	1	8	3	4	5
4	5	8	7	3	2	6	1	9
3	9	1	5	6	4	7	8	2

Solution time: 24 mins.

Answers

1. Roy Rogers and Dale Evans; 2. Vice president; 3. Voltaire; 4. Andorra; 5. Nancy and Frank Sinatra; 6. Indonesia; 7. Jupiter; 8. Igneous; 9. Red, yellow, brown, green and purple; 10. Mike, Robbie and Chip

Trivia test

by Fifi Rodriguez

- ENTERTAINMENT: The book "Happy Trails" was the autobiography of what famous Western film couple?
- HISTORY: What U.S. office did Aaron Burr hold when he shot and killed Alexander Hamilton?
- LITERATURE: What was the pen name of this 18th-century French writer/philosopher whose real name was Francois-Marie Arouet?
- GEOGRAPHY: What small principality is located between France and Spain?
- MUSIC: What father/daughter duo had a Billboard No. 1 hit in 1967?
- GENERAL KNOWLEDGE: What nation is the top producer of vanilla?
- ASTRONOMY: What is the fifth planet from the sun in our solar system?
- GEOLOGY: What type of rock is pumice?
- FOOD & DRINK: What were the five original colors of M&M's candies?
- TELEVISION: What were the names of the boys on the 1960s show "My Three Sons"?

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