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VOL. 9 NO. 1

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- 4 Opinion
- 12 Showcase
- 17 Life
- 24 Sports
- 28 Classifieds
- 30 Comics/Puzzles



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WEDNESDAY, DECEMBER 7, 2016

VOL. 9 NO. 1

GROUND IS BROKEN *for new Sonrise church*



PASTOR JIM VASQUEZ AND HIS WIFE KATHY (inset) welcomed supporters at Sunday's groundbreaking ceremony.

KELSEY KEENER

by Kelsey **KEENER**
Iron County Today

On Sunday afternoon, leaders of Sonrise Christian Fellowship broke ground on the property where their new church will be located. Members of the community and the congregation were there to help celebrate an accomplishment that has been 13 years in the making.

Pastor Jim Vasquez started by giving a brief overview of the Fellowship's journey in acquiring its

A generous developer donated five acres of land off of Iron Springs Road to the Fellowship

own church building. Currently, the church meets in different places throughout Cedar City, sometimes renting rooms and spaces from existing buildings.

Pastor Vasquez said SCF purchased land for a church on Cross Hollow Road, but was financially unable to build on it because it was floodplain land and because of difficulties with FEMA. Hearing about the SCF's struggle, a generous developer

see **SONRISE** | 3

SUU students join with Cedar police for fundraiser

CEDAR CITY — Southern Utah University student-athletes joined forces with officers from the Cedar City Police Department on Nov. 30 to raise money for the Shop with a Cop event.

In total, the two groups raised \$1,560 at the men's basketball game against UNLV, which will allow almost 16 children to shop for Christmas presents on Dec. 10 with officers from the CCPD.

Donations can be made until Dec. 9 through either the SUU Department of Athletics or the Cedar City Police Department.

SUU STUDENTS AND THE CEDAR CITY POLICE DEPARTMENT teamed for the Shop with a Cop event.



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Annual Santa Flight is set for Dec. 8

WEST JORDAN — Weather permitting, the Utah Wing of Angel Flight West will be making its annual Santa Flight into Hurricane on Thursday, Dec. 8. Twenty-two volunteer pilots will depart the South Valley Regional Airport in West Jordan and head for General Dick Stout Field in Hurricane, eventually going to Hurricane Elementary for a school assembly at 11 a.m.

Once there, they will deliver toys, school supplies, books, backpacks and warm clothing to the 600+ children at Hurricane Elementary School. Sixteen scouts have used this as their Eagle Scout Service Project. They have gathered donated school supplies, winter coats, books and toys based on the needs of the school.

The local PTO will transport the pilots to the school for an assembly. After being serenaded by the students, Santa, Mrs. Claus and the elves will give out hugs and candy canes. The "Triple Deuce" National Guard members will help unload the planes and transport the items to the school.

Since the first Santa Flight



COURTESY OF ANGEL FLIGHT

in 2000, the members of the Utah Wing have worked with their local communities to gather needed supplies & toys and deliver them to Title One Schools in rural communities throughout Utah. Santa Flight

coordinators Steve Bollinger, AFW UT Wing Leader, Phil Titus, AFW Outreach Coordinator, Joanne Brattain, AFW Outreach Coordinator, Tim Miller, pilot briefer and Santa, and the Scout Leaders

have worked on this project since September. According to Bollinger, the partnership between AFW and the Scouts has been critical in the success of this project.

As with every Angel Flight

As with every Angel Flight mission, the pilots donate their time, talent, airplanes, fuel and operating expenses

mission, the pilots donate their time, talent, airplanes, fuel and operating expenses. Last year, the group made a similar trip to Manti Elementary School.

Founded in 1983, Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air transportation in response to health care and other compelling human needs. The Utah Wing has 77 pilots and flies 100+ missions a year within Utah and throughout the Intermountain west. Should weather not allow for the Dec. 8 flight, the group has Dec. 13 as an alternate date.

LAST YEAR'S ANGEL FLIGHT concluded at a school in Manti. This year's destination is Hurricane Elementary.

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Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

November 28

Dean P. Brooks, Cedar City
Fugitive from Justice

Tisha L. Brooks, Cedar City
Assault, Assault Against Police/Military Member

Joshua S. Silard, Cedar City
Possession, DUI, Probation/Parole Violation

Phillip D. Gonzales, Kanab
Federal Contract Prisoner

Johnny Hernandez-Valles, Long Beach, Calif.
Federal Contract Prisoner

Joseph L. Hoyt, Enoch
Theft Firearm or operable vehicle

Lauren L. Quick, Cedar City
Exploitation of Disabled/Elderly

Andrew L. Shiozaki, Cedar City
Possession, Criminal Mischief, Burglary

November 29

Kellie J. Anderson, Layton
Warrant

William L. Hatch, Jr., Parowan
Probation/Parole Violation

Duane Lyon, Cedar City
Agg. Sexual Abuse of a Child

Michael M. Williams, Cedar City
Open Container, Concealed Weapon

Colton M. Stephensen, Cedar City
Fraudulent Use of Credit Card

November 30

Jonathan N. Fraley, Cedar City
DUI

Mark P. Hillstead, Enoch
DUI

Richard L. Kalles, Cedar City
Possession, Drug Paraphernalia

Matthew R. Dudley
Federal Contract Prisoner

Stephen P. McRae
Federal Contract Prisoner

Salvador Santana-Achves, Covina, Calif.
Federal Contract Prisoner

Raymond C. Schavey, Las Vegas
Federal Contract Prisoner

Nathan Smith, St. George
Federal Contract Prisoner

Dec. 1

Mark L. Lanza, Enoch
Disorderly Conduct, Resisting Arrest, Intoxication

Dana G. Osborne-Frost, Cedar City
DUI, Controlled Substance, Drug Paraphernalia

Katherine I Perkins, Enoch
Forgery, Retail Theft, Drug Paraphernalia

Savannah M. Valenzuela, American Fork
Possession/Purchase of Tobacco by Minor

Arthur J. Garcia, Las Vegas, Nev.
Federal Contract Prisoner

Duane D. Blunt, Enoch
Aggravated Assault, Assault

Dec. 2

Jenny R. Coombs, Cedar City
DUI

Angel Garcia, Cedar City
Felony Evading, Reckless Driving, Tampering with Evidence

Melissa M. Hattabaugh-Bugg, Cedar City
Tampering with Evidence

Keisha A. Caruso, Enoch
Probation/Parole Violation

Tina White, Cedar City
Probation/Parole Violation

Saturday Market moves indoors for Winter

Vendors to set up shop inside IFA Country Store

CEDAR CITY — To celebrate its move indoors for the winter starting this week, the Cedar Saturday Market is sponsoring a drawing for a 14-lb Mary's Free Range Turkey. The farmers market has moved to IFA Country Store where you'll find all of its vendors inside from 1 to 5 p.m.

Drawing entries can be done each Saturday afternoon at each vendor's booth.

Entries collected each week will go into the drawing to be held Dec. 17 at 4 p.m. Other gifts from the vendors will also be given away.

"Being open in the afternoon will make it easier for many of customers who don't like to go out in the cold first thing in the morning, as well as be more convenient for those who work mornings," said Nancy Dalton, market manager, in a release.

The Cedar Saturday Market will be open on Saturdays Dec. 10 and 17, and Fridays Dec. 23 and 30.

The Cedar Saturday Market features

agriculture vendors with produce, tamales, local honey, local eggs, baked goods, caramel sauces, locally-raised beef, pork and lamb products; and artisans who hand craft jewelry, baby and children clothing items, stuffed toys, kid teepees, winter shawls and hats, hand-embroidery pillow cases and dish towel sets, body-care products including goat soap, lip balms and deodorants.

Farmers and artisans are welcome to participate in the market each week. For more information on the Cedar Saturday Market or to become a vendor, contact Dalton at 435.463.3735.

Public Hearing on Cedar Highland set for Dec. 15

PAROWAN — A public hearing to discuss elections, filing periods and initial elected terms for the newly-formed Cedar Highlands Town will be held on Thursday, Dec. 15 at 934 East High Cedar Highlands.

Information on the election of town officials and candidate application forms will be distributed.

The filing period for interested candidates will be Dec. 19-23. Application forms need to be filed in the office of the Iron County Clerk, 68 E. 100 South in Parowan.

An election will be held on Aug. 15, 2017, for two council members to serve two-year terms, two council members to serve four-year terms, and a mayor to serve a four-year term.

SONRISE

Continued from page 1

donated five acres of land off of Iron Springs Road to the Fellowship so it could build a church.

The congregation is glad for the new land, as many in attendance expressed their excitement and gratitude.

Alicia Benson, a representative from Tushar Contracting Inc., and Clarence Jones from Pacific Design Concepts, were there to show support for SCF.

Jones said the new church will be about 110 feet from the front of the road, with a parking lot in front of the building, and will be 12,000 square feet. In the future, there are plans to add another 2,000 square feet as well as things like pavilions behind the building.

After Pastor Vasquez spoke, he led everyone in a brief prayer and then anyone who brought a shovel was invited to participate in the groundbreaking.



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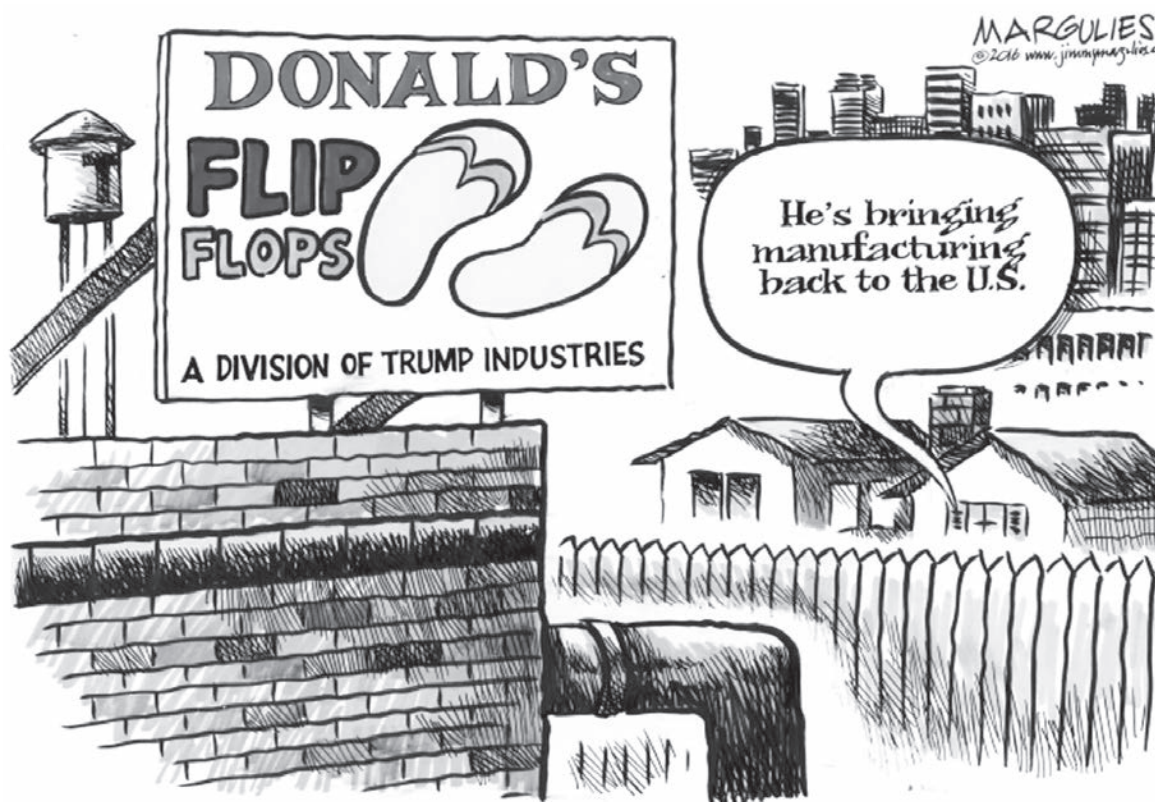
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Opinion


Want to Submit a Letter to the Editor?

Submit your letters to news@ironcountytoday.com or bring or mail them to 389 N. 100 West, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving by e-mail, we will use the author's e-mail address in lieu of a signature.

More than anything, make your life purposeful

A friend was contemplating a move into a new home – and, like most Utahns who move, it would be fairly close to his old place.

He is not alone. According to a Census Bureau survey, Utahns are slightly more likely to change residences within a year. About one of every six will move. More than three-fourths of these will remain in Utah, and I suspect the vast majority of these will purchase a home or move into an apartment in the same county.

The family-centric environment in Utah is certainly a factor. Adults tend to live near their grown children and

art venues. The AARP also featured the small desert town of Madrid, New Mexico, where people valued “living off the grid” and “knowing the names of people you could count on,” and a community of cottages in Massachusetts where retirees pledge at least six hours weekly to mentor foster children. Said one woman, “I didn’t want to molder away in an old folks home...Here you live a useful life.”

But the seemingly most popular place for older adults was The Villages, a large spread in central Florida, the fastest growing metro area in the U.S. for several years. The

However, I am not intrigued. It has nothing to do with my disinterest in golf; The Villages seems like a box containing little purpose except to wear plaid shorts and keep the “real America” at bay.

My wife and I have spoken about this. If we ever did move, we wouldn’t want to be surrounded by men and women exactly like us. The majority of our neighbors have young children and I enjoy watching the kids grow up, though I wish there was more diversity in religion, political views, race, and ethnicity. My wife is also enraptured by

When we pass on, most of us would hope we made a difference in this life



Cyclops

 by Bryon GRAY
 Columnist

grandchildren. But what about those retirees and near-retirees whose sons and daughters are scattered in other states already? With a new chapter opening in their lives, how many would be interested in moving out of Utah to encounter a new challenge or expectation?

The November edition of the AARP Bulletin addressed the issue, spotlighting four diverse locations (“In Search of the Good Life”) with residents giving reasons for their selection. In one, urban Baltimore, Maryland, most people felt stuck there due to low incomes, although downtown Cleveland, Ohio is one of the fastest growing cities for retirees due to affordable housing and nearby

55-and-older crowd views the three-county “city” as a “Disneyland for adults” filled with golf and evening Happy Hours.

There is no diversity in The Villages. More than 98% of the residents are white, spending their time in and on 81 swimming pools and 36 executive golf courses. The Villages estimated it contains 65,000 golf carts. As the AARP article noted, “You could golf from one end to the other, 36 holes a day for 15 days, without repeating a hole.”

Most residents apparently love the lifestyle, surrounded by people their own age and interests and presumably with somewhat similar incomes. (“It’s like being a kid in a candy store,” said one man.)

the four seasons; she welcomes sunsets and snowstorms over a tee time.

When we pass on, most of us would hope we made a difference in this life. I would personally want more than to have a neighbor say, “Hey, remember that guy with the loud Hawaiian shirts who drank martinis at Happy Hour and drove his golf cart to the doctor’s office?”

If a purposeful life is lowering my golf handicap, count me out.

The opinions stated in this article are solely those of the author and not of Iron County Today

Work progressing on Navajo Lake Road

by Craig **BENNETT**
Iron County Today

Though it is closed now for the season, almost 85 percent of reconstruction and paving of Navajo Lake Road (Forest Road 300532) is now complete. That according to a release from Marcia Gillies, public affairs officer at the U.S. Forest Service.

The Navajo Lake Road is a high traffic roadway that provides access to summer recreation cabins, trails, campgrounds, Navajo Lake and the North Creek Road. Numerous locals and visitors to Navajo Lake have been awaiting paving of this road to decrease the road dust. The road-paving project will reduce dust hazards, improve visibility and enhance overall safety of roadway conditions.

The Federal Highway Administration (FHWA) awarded the Navajo Lake Road Reconstruction contract to local contractor Mel Clark, Inc. of Cedar City. The road work consists of roadway excavation, grading, improving drainage, aggregate base, rock walls, asphalt paving, erosion control, signing and striping, seeding and mulching, and temporary traffic control along the entire 5.70 miles of Navajo Lake Road.

"The remaining work to pave will go very quickly," said Rob Bullock from Mel Clark Construction.

The seasonal closure of the Navajo Lake road will remain until construction resumes in late spring or early summer, dependent upon weather conditions.

Once construction resumes, there would be an estimate of 4-6 weeks of road construction and finish paving. "The seasonal closure is in place to protect the multi-million dollar investment from vehicle traffic and ruts that the local contractor would need to fix in the spring," said Steven O'Neil, forest engineer.



PHOTO COURTESY OF U.S. FOREST SERVICE

**CONSTRUCTION CONTINUES
ALONG NAVAJO LAKE ROAD,**
which should be finished next year.

***"The remaining
work to pave
will go very
quickly"***

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COSMIC CONTEMPLATIONS

by Zach **SCHIERL**

Cedar Breaks National Monument

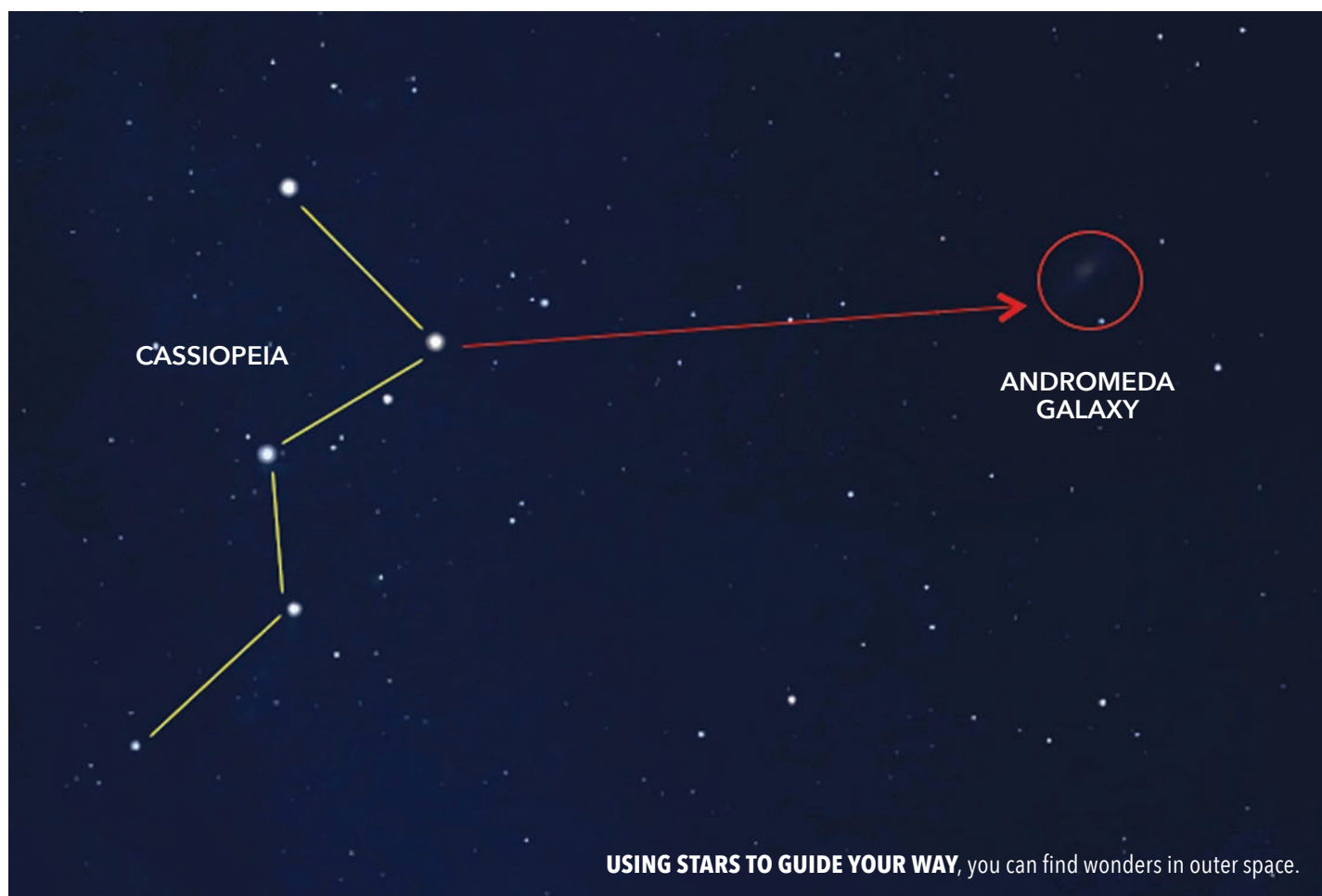
Outer space is truly vast. So vast, that if we use miles as our measuring stick, we quickly end up with more zeroes than we can count. Thus, astronomers often use light travel time to measure distances in space.

For example, the closest star (other than our Sun) is Proxima Centauri, about 4.2 light years away. This means that light, travelling at a whopping 186,000 miles per second, takes a little over four years to travel from Proxima Centauri to us here on Earth. The fastest spacecraft we've ever built, travelling at more than 20 times the speed of an average bullet, would take ~88,000 years to reach it. For comparison, light takes just eight minutes to make the journey from the Sun to our eyes.

Cosmically speaking, even Proxima Centauri is our next door neighbor. Our own eyes are capable of seeing much deeper into the Universe. On weeks when the moon absent from our night sky, take some time to test the limits of your night vision by attempting to spot the most distant celestial object visible to the naked eye.

Head to a dark place away from city lights a few hours after sunset and face northeast. About halfway up in the sky is a prominent grouping of bright stars (about the width of a fist held at arm's length) that looks like a "W" on its side. This is the constellation Cassiopeia. Use the included star chart to follow the right-most point of the "W" until you arrive at an underwhelming faint, hazy smudge.

Once you've found the smudge, sit down and relax (hopefully you brought



USING STARS TO GUIDE YOUR WAY, you can find wonders in outer space.

COURTESY IMAGE

a chair!). This smudge is the Andromeda Galaxy; the closest major galaxy to our own Milky Way. It contains nearly one trillion stars, a number so large that if we were to start counting them today, it would take us 31,700 years just to tally them all!

While the size of Andromeda is impressive, its distance is what really commands our attention (and why you should sit down). The light we see

from that hazy smudge has been en route to Earth for nearly 2.5 million years, making the Andromeda Galaxy the most distant thing we can see with the naked eye. When the light hitting our eyes left the Andromeda Galaxy, modern humans did not yet exist on planet Earth. Saber-toothed cats and mammoths roamed Utah. And Zion Canyon was no more than an unremarkable gully.

Looking at the Andromeda Galaxy is a great way to gain perspective on our place in the Universe and the distances in our own lives. Next time you dread the thought of the long drive to Las Vegas or Salt Lake, thank your lucky stars that you're not embarking on a 2.5 million year, 14,000,000,000,000,000,000 mile road trip like the light leaving the Andromeda Galaxy.



COURTESY OF SUU

DR. KRISTINA JOHNSON is now part of counseling and psychological services at Southern Utah University.

New psychologist joins SUU staff

CEDAR CITY — Southern Utah University has welcomed Dr. Kristina Johnson to the center for Counseling and Psychological Services (CAPS) as a new dedicated psychologist and sexual violence prevention coordinator. Johnson started at SUU in August and helps students transition smoothly throughout the different developmental stages they experience in college and strives to make SUU a place where sexual assault is not tolerated.

She earned her PhD in counseling psychology from Andrews University in Berrien Springs, Mich. Johnson started her college counseling career while in graduate school at Andrews University counseling center. She completed her pre-doctoral internship at SUU CAPS, and her post-doctoral internship at University of Wisconsin at Lacrosse.

"I love working with college students while they are figuring out who they are and what they want to do with their lives," said Johnson.

Johnson's number one goal is to

create a safe space for students at SUU. "I want to help build a culture that doesn't tolerate sexual assault and that cares for its students in every way possible."

Research shows that sexual assault is a significant and troubling issue on

"I love working with college students while they are figuring out who they are and what they want to do with their lives"

— **Dr. Kristina Johnson**

university and college campuses across the nation. In an effort to decrease the risk of sexual assault, SUU has established several key initiatives and trainings for both students and faculty. These include Title IX online training sessions, consent training, bystander

intervention, trauma recovery and empowerment groups.

One of Johnson's roles is to work closely with Ann Marie Allen, special counsel and director of ethics and compliance, to provide CAST (Care and Support Team) training to faculty and staff.

"The goal of this collaboration is to teach SUU employees how to support students who have experienced sexual assault and familiarize them with the Title IX process so that they will be more comfortable and empowered to make referrals to Title IX," Johnson said.

CAPS is staffed with experienced licensed mental health professionals including psychologists, social workers, and mental health counselors. CAPS offers individual counseling, couples counseling, group counseling, biofeedback and workshops. Students who have questions or would like to initiate counseling services are welcome to come by the CAPS office or call (435) 865-8621.

Meteorites helping to broaden space education

CEDAR CITY — The Engineering and Technology Department at Southern Utah University, in coordination with professionals at Utah State University, have purchased two pieces of a meteorite through the NASA Utah Space Grant Consortium. The meteorites will be used in lab demonstrations and analysis, training for Iron County teachers and student recruitment to the SUU Engineering program.

The Department of Engineering and Technology at SUU helps encourage students in science, technology and engineering with hands-on, applied experiences. Dr. Ali Siahpush, associate professor of engineering, has worked with multiple NASA projects during his career, including the design of a multi-layer insulation blanket and shuttle flights, and currently represents SUU in the NASA Space Grant Consortium.

"Dr. Munro and I would like to leverage the student and community interest in model rocketry," said Siahpush in a release. "The goal is to create or expand the existing SUU student-led club to reach out to the K-12 community. We hope to foster an interest in aerospace and

engineering through children designing, building and flying model rockets."

Throughout the 2015-16 school year, students in the Engineering Design Lab I and II courses, led by Dr. Scott Munro, associate professor of engineering, prepared for the Experimental Sounding Rocket Association's Intercollegiate Rocket Engineering Competition. As the only university in Utah to compete, SUU's name stood out among the list of national and international institutions during the June 2016 competition. After the competition, engineering faculty were approached by people in the community with an interest in creating a model rocketry club geared toward K-12.

The partnership with the NASA Utah Space Grant Consortium and the newly purchased meteorites will also provide SUU faculty a chance to encourage students in a variety of technical areas, such as upper atmospheric physics, mathematics (orbital mechanics), space environment and solar systems. Fostering cross-department cooperation at faculty and student levels, different lab courses and the SUU Rocket Club will allow each participant to bring their unique expertise



PHOTOS COURTESY OF SUU

PIECES OF A METEORITE are held by educators using them to broaden students' knowledge of space.

to contribute to the multi-disciplinary learning environment.

SUU also has funding to host a two-day Science Teacher Workshop designed by the NASA Utah Space Grant Consortium to provide teachers with professional development in STEM instruction. Schools in southern Utah will be able to customize the workshops, learning about topics from 'The Hubble Telescope' and 'Origin of the Moon' to 'Dinosaurs' and 'The Human Body in Space'.

SUU was one of the first higher education institutes to join the NASA Space

Grant Consortium in 1988. Over the years, a collaborative effort between the Utah NASA Space Grant Consortium and Utah higher education institutions such as SUU, University of Utah and Utah State University produced successful higher education workshops and programs.

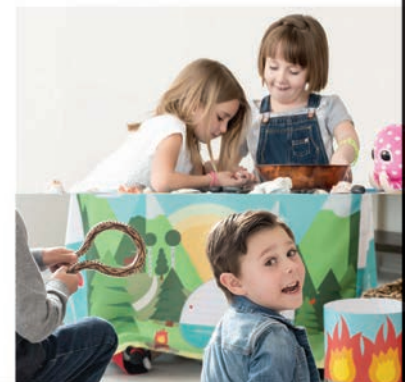
Students and community members interested in the SUU Rocket Club (K-12 or collegiate) can contact Dr. Scott Munro at scottmunro@suu.edu. Students and community members interested to participating in the Teacher Workshop can call Dr. Ali Siahpush at alisiahpush@suu.edu.



SUU everywhere

ASHLEE WINTERROSE

For AshLee Winterrose teaching is written on her heart. With the help of caring mentors at Southern Utah University, AshLee realized teaching was more than a profession, it was her purpose. After graduation, AshLee began her career in the classroom, where she saw many parents struggling to connect with their children. Thus she created Hide-A-Boo, an interactive toy company with teachables for parents. AshLee said, "I found my confidence at SUU. I found me."



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PRESENTS

Business Tip of the Month:

GET THE TRAINING NECESSARY FOR SUCCESS

Robert Kiyosaki, author of *Rich Dad Poor Dad*, said "If you want to thrive in today's economy, you must challenge the status quo and get the financial education necessary to succeed." He also said "I wasn't born a natural entrepreneur. I had to be trained." Small business owners are innovators, job creators, and drivers of our economy, but most entrepreneurs are required to wear many hats. Every day successful entrepreneurs make countless decisions that affect their day-to-day operations and determine whether they achieve their goals.

The Small Business Development Center at the SUU Business Resource Center offers free counseling to help you start, market and manage your business. Starting in February is a series specifically designed for aspiring entrepreneurs and for current business owners who want to grow their companies. FastTrac Growth Venture offers 33 hours over eleven weeks covering such topics as; Exploring Growth Opportunities, Making Strategic Decisions, Using Financial Tools, Strengthening the Product/Service, Seizing the Market, Leading the Organization, and Managing Growth. More information is available online at www.suu.edu/business/sbdc/seminars.html

Cedar City Chamber of Commerce (435) 586-4484 www.CedarCityChamber.org



THINKSTOCKPHOTOS

Don't forget to wash your hands

by Stacey **DAVIS**
For Iron County Today

As we dive into the colder winter months, we also face cold and flu season. For parents, it can be no fun because when you have one sick child, the other children usually follow suite.

Often we may be sick and have to care for little ones too. We all have a magical tool at our disposal that may help to limit the number of germs and therefore illnesses that we have to face in the winter months. This magical tool is also known as hand washing! (GASP)

Hand washing can actually be more effective than the standard hand sanitizing creams. This is due to the fact that scrubbing our hands for 30 seconds helps to remove germs. This is more effective than just rubbing alcohol into our hands.

So what is with all this talk about handwashing? Well, did you know that the first week of December is National Handwashing Week? This is perfect timing with the start of cold and flu season. We can help eradicate the spread of illnesses by reducing the number of spreadable germs by washing our hands frequently. Wow, who knew the power to stay healthy laid within ourselves?

One doctor, Ignaz Semmelweis, attempted to eradicate childbirth fever through encouraging others to simply wash their hands. Childbirth fever was a common and often fatal risk to moms

and babies in the 1800s.

In his daily practice Dr. Semmelweis observed that care providers would often move from one patient to the next without switching gloves or observing any hygiene practices. Often a provider would touch a deathly ill, or sometimes dead, patient with bare hands and then attend to a mom in labor or who had recently delivered a baby. This practice would take the germs from the ill to a mom and baby who would otherwise be healthy. The mom and baby would, within a few days, get sick. Thus started

Dr Semmelweis' practice of hand washing.

Once he began this practice, he noticed a significant difference between his patients' risk of surviving childbirth compared to other providers patients. His attempts to get other medical providers on board with handwashing were ridiculed and mocked. Although Dr. Semmelweis was unable to get other medical professionals to catch on to the benefits of handwashing, once the practice was eventually established the risk of childbirth fever was substantially lowered.

Dr. Semmelweis was definitely on to something with handwashing. Unfortunately it took a few decades for the rest of the world to catch onto this simple practice that is so beneficial. So as you go about enjoying the holidays with your family don't forget to wash your hands. It is probably the best gift you can give them--the prevention of illness.

Hand washing can actually be more effective than the standard hand sanitizing creams

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Questions?
fullerton@suu.edu

Venture is a partnership between Utah Humanities and Southern Utah University



For more information or to apply online:
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COURTESY OF ZION NATIONAL PARK

Public input sought on redesign of Zion entrance

SPRINGDALE — Zion National Park officials are proposing to redesign the South Entrance Monument site and adjacent parking area in order to enhance visitor safety, expand cultural resource protection measures and help mitigate factors contributing to vehicle congestion experienced at the South Entrance. The monument has become a renowned park feature, enjoyed by travelers from around the globe and is a favored backdrop for millions of visitors' photographs at the entrance for over 80 years.

The proposed project would move the monument approximately 28 feet east from its original location but would remain in-line with the park boundary. A monument plaza would be installed around the relocation site as well as a walkway on the eastern edge of the monument parking area. The monument parking area would also be restructured.

The park will prepare an Environmental Assessment (EA)

in compliance with the National Environmental Policy Act (NEPA) to provide a decision-making framework that explores a reasonable range of alternatives to meet project objectives, evaluates potential issues and impacts to park resources and values, and identifies mitigation measures to lessen the degree or extent of these impacts.

At this time, the public is invited to help identify concerns and to express any ideas or comments regarding the reconfiguration of the South Entrance Monument site.

To provide comment online or to get additional information on the proposed project, visit the NPS planning website at <http://park-planning.nps.gov/zion>. You can also comment through the U.S. mail by writing to: Superintendent, Attention: South Entrance Monument EA, Zion National Park, Springdale, UT 84767.

Please submit comments by Dec. 28, 2016.

Deadline extended for Farm Agency voting

The U.S. Department of Agriculture (USDA) Utah Farm Service Agency (FSA) has announced that the deadline to submit ballots for the 2016 County Committee Elections has been extended to ensure farmers and ranchers have sufficient time to vote.

Eligible voters now have until Dec. 13, 2016 to return ballots to their local FSA offices. Producers who have not received their ballot should pick one up at their local FSA office.

"We're extending the voting deadline to Dec. 13 to give farmers and ranchers a few additional days to get their ballots in," said Mark Gibbons, executive director. "I urge all eligible producers, especially minorities and women, to get involved and make a real difference in their communities by voting in this year's elections. This is your opportunity to have a say in how federal programs are delivered in your county."

FSA has modified the ballot, making it easily identifiable and less likely to be overlooked. Ballots returned by mail must be postmarked no later than Dec. 13, 2016. Newly elected committee members will take office Jan. 1, 2017.

Nearly 7,700 FSA County Committee members serve FSA offices nationwide. Each committee has three to 11 elected members who serve three-year terms of office. One-third of County Committee seats are up for election each year. County Committee members apply their knowledge and judgment to help FSA make important decisions on its commodity support, conservation, indemnity, disaster and emergency programs.

Producers must participate or cooperate in an FSA program to be eligible to vote in the County Committee election. Approximately 1.5 million producers are currently eligible to vote. Farmers and ranchers who supervise and conduct the farming operations of an entire farm, but are not of legal voting age, also may be eligible to vote.

For more information, visit the FSA website at www.fsa.usda.gov/elections. You may also contact your local USDA service center or FSA office. Visit <http://offices.usda.gov> to find an FSA office near you.

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Danella Pampinella 592-0562



Beautiful Home in Parowan

Built against the hillside, this home on 3.53 acres is surrounded by pinion pines & gorgeous views, especially from the upper deck. The floor plan is open w/a spacious kitchen & living area. The cabinetry is amazing & everywhere. There are 2 bedrooms/2 baths on the main level. The huge 3rd bedroom & bath are in the vast walkout basement along w/2 family room areas & laundry/utility room. Perfect for year round family living or a vacation hideaway! This is a must see!

MLS#77314 • Berta Macgregor 327-1372



New Construction in Sagewood Subdivision

This beautiful new home should be completed in 3 months, floor plan is "Exceptional", wonderful layout! Large spacious rooms, vaulted ceilings, & 9' ceilings through out! Upgraded cabinets, Luxury Vinyl Plank Floors in Kitchen, Dining Room, & Entryway. Gas fireplace, master tub & separate shower. Dual sinks, Unfurnished basement plumbed for 2 baths, Main floor built on trusses so basement heating and A/C ducts will not show. Oversized garage, front landscaping w/auto sprinklers. There's still time to pick colors!

MLS#77078 • Judy Lindsay 559-1346



Perfect Horse Property

6 bedroom, 3 bath home on 6 acres with approx. 3 acres of irrigated pasture. Formal living room with fireplace, a large master bedroom, & a spacious kitchen. Includes well and water rights. Owner/Broker.

Marcus Hansen 559-8297



Nice Home in Parowan

3 bed/ 2 bath single level home with open floor plan & vaulted ceilings. Large covered back patio and a great, detached double garage heated & insulated with attached shed. Beautiful view of the mountains and only one neighbor.

MLS #76667 • Jeff Jacomb 590-0849



Beautiful custom home in Sunset Canyon

Wonderful open flowing floor plan, every room spacious & roomy, high 9ft & soaring vaulted ceilings. Oversize master suite/bath. Large bonus room w/sink & counter. Granite kitchen counters, upgraded plumbing & lighting fixtures, ceiling fans, central vac. Home has ease of heating, cooling, 3 car garage. Low maintenance, xeriscape landscaping, large lot with room for RV & Boat! A great place!

MLS# 77443 • Dan Roberts 559-2221 and Judy Lindsay 559-1346

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Free interagency Brown Bag Lecture Series for December

ST. GEORGE, Utah — Every Friday, from October through April, the Bureau of Land Management (BLM) and its partners host the popular Brown Bag Lecture series which provides unique opportunities for members of the public to learn more about the area's natural resources and public lands. Speakers include geologists, range specialists, biologists, archaeologists, rangers and other specialists who cover subjects tied to the Arizona Strip and surrounding public lands. For those who want to learn more before venturing out or are curious about these remote and rugged landscapes, the lectures are an excellent way to bring the resources and related issues to the community's doorstep.

The lectures, which begin at noon and last one hour, are held at the Interagency Information Center, located at 345 E. Riverside Drive in St. George, Utah. Admission is free, but space is limited for this popular lecture series. Attendees are advised to reserve their free seating early; tickets are available one week prior to each program. To obtain tickets visit the Interagency Information Center or call (435)688-3200 for more information.

The lecture series is sponsored by the Dixie/Arizona Strip Interpretive Association, BLM, National Park Service and U.S. Forest Service.

Dec. 9 William Mason Hoy, PhD, Curator, Hoy Insect Museum

If you've ever been captivated by a dragonfly in flight, or watched a walking stick in wonder, this lecture will keep you spellbound. Mr. Hoy's extensive knowledge spans from local bugs to insects found around the world. Join us to learn more about all the creepy crawlies in Southern Utah from the guy who really knows and loves them.

Dec. 16 Doug Alder, PhD, Past President Dixie State, History Professor and Author

Dr. Alder will be discussing his new book "Dixie Saints", a compilation of interviews with senior citizens on the history and growth of Washington County. Alder's wit and humor about the history of the area are well known and enjoyed.

Dec 23 Keith Behunin and the Fertile Dirt Band

The Fertile Dirt Band is an

audience interactive bluegrass band utilizing the musical instruments that were available in the days of the pioneers. Our audience will enjoy recreating that pioneer music sound with washboards, spoons, cow bells, jugs, washtub bass and bending saws, the sounds of which have not been heard for 150 years. Join us for this fun, interactive, festive event.

Dec 30 Marilyn Davis, Red Cliffs Audubon Society

The annual Christmas Bird Count is a great opportunity to get outdoors and enjoy birding all day long. Participants mingle with fellow birders while contributing to a useful scientific study that has been documenting wintering bird densities and movements for over 100 years. The St. George Winter Bird Festival is an event hosted by the Red Cliffs Audubon Society and Utah Division of Wildlife Resources. Their mission is to intrigue and educate the public about these creatures by catering to both novice and expert birders with a variety of field trips, workshops, and presentations. Come learn about the regions' most fascinating featured friends.

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Enoch Orchestra Celebrates 100TH ANNIVERSARY

ENOCH — 40 Old Enoch residents attended the Enoch Orchestra 100th Anniversary program at the Joel Hills Johnson Museum in Enoch on Nov. 26. Representing the Enoch Dramatics Company, Amberly Plourde gave historic narrations in three accents.

She explained how Joel Hills Johnson founded Enoch in 1851 and wrote over 1,000 songs of Zion with hundreds of poems of western life, to become the great Psalmist of Zion throughout the territory of Deseret, and earning him the title "Shakespeare Of The West." She also described how John Lee Jones, a pioneer Iron Worker from England, stated in 1908 that he was led to organize the Enoch Brass Band with William H. Grimshaw as the director for many years.

By 1916, Myron S. Jones and his sister Grace J. Smith had further established the dance orchestra where marches, polkas, waltzes, quadrilles and schottische dances were performed for over 60 years in the Cultural Hall on Enoch Road and throughout the settlements of Southern Utah.

The Enoch Orchestra then played the pioneer hymn "Beautiful Zion Built Above," which emphasizes the ideals and attributes Enoch was named for in 1884, with the hope that it would become a beautiful City Of Zion like the ancient

city of Enoch. Next the orchestra played a rolling quadrille. Arlen Grimshaw explained to the attendees how the circles were formed and people used to dance to the quadrilles, then a polka and a waltz were performed.

Plourde gave a second narration with a distinct Irish Accent. She explained the next four favorites performed including, "Wild Irish Rose," "Sugar In The Morning," "Let Me Call You Sweetheart" and "The

Waltz You Saved For Me." The waltz was classically demonstrated by Jeanette Alger and Dan Thomas.

The final narration was given with a Scottish accent. Plourde explained the Schottische which in German is the Scottish Dance, and also introduced the Spanish Waltz with its elegant colonial sounds. When asked if any could remember how to dance the Schottische, Worth

Grimshaw explained the steps and the callers who used to teach the dances. George Halterman was a caller who would stand next to the more elderly attendees and thunder out, "Come on kids, get up and dance." They usually did.

The Leader Of The Band was performed in honor of lifelong Orchestra leaders of Enoch who served until their

see **ORCHESTRA** | 13

**TOP RIGHT
WAS ENOCH
ORCHESTRA**
in 1917. Below
it, the orchestra
in 2016.



COURTESY OF ENOCH ORCHESTRA

Creche Festival returns Dec. 11



COURTESY OF CEDAR CITY CRECHE FESTIVAL

CEDAR CITY — The Cedar City Creche Festival is one of the most anticipated events of the Christmas season in Cedar City. It will be held this Sunday, Dec. 11, from 4 to 9 p.m.

For over 15 years, the LDS Chapel at 1985 North Main Street has been transformed into a softly-lit Christmas sanctuary filled with Christmas art, music and nativity scenes. In previous years, some of the over 6,000 visitors had to wait in long lines outside in the cold. Now, visitors can enter on the west side of the building (facing Canyon View High School), wander through Christmas trees and artwork by Del Parsons, pass through the kitchen for a cookie before listening to live piano Christmas music as they wait to enter the large room filled with hundreds of creches (nativity scenes) from around the world.

The festival also presents local music groups, including the Southern Utah Handbell choir, the Canyon View and Cedar high school madrigal singers, the David Jordan Marimbas, various LDS Ward and primary choirs and other small ensembles. Community children will be dressed in period costume presenting live nativity scenes throughout the evening.

The festival is free to the public. You may visit the festival Facebook page listed under the Cedar City Creche Festival.

A HOLIDAY TRADITION, the Cedar City Creche Festival will be held on Sunday, from 4 to 9 p.m.

Let the games begin

by Mary Anne **ANDERSEN**
Cedar City Arts Council

The first thing that happened was that someone asked where the game table was so he could put it up and play a game of cards. The second thing was someone asked where the Candyland game was. Now, we haven't played Candyland in our family for 15 years. It turned out she meant Eat It, a trivia game about all things to eat that are bad for you. We love it.

So began the Thanksgiving weekend in our house, with seven young people between the ages 15 and 21, their long-suffering mothers, and one very large boxer dog. Now I am famous for posting rather extensive lists of possible activities on the bathroom mirrors when I have guests. This time it included a craft project (no one even asked about it); free time at the gym (2 cousins immediately planned a lift-off); sunset at Kolob (no takers); ice skating (1 enthusiast could get only his mother to go—not what he had in mind); and yard work for \$10 an hour (a few coerced half hours on this one). Movies were big—we saw 3—but the favorite choice by far was playing games.

I should have known. We are a game-playing tribe and this year it

was the event most looked forward to, even to the point of some urging quicker eating so we could clear the dining room table for our first game of Eat It. The special thing about this game, besides the tricky questions themselves—What is added to a Voortman Almonette cookie to make it even sweeter?—is that Grandpa will play. Even when he isn't in the mood to man a board piece, he will read the questions, often giving subtle hints with vocal emphasis or body language. The game takes forever and we rarely actually finish it, usually setting a time at which the current leader is declared the winner.

Then it's on to the next game, which this year was Scrabble. This is my game, and while I don't win every time, I am the one to beat. It became clear this year that the ubiquitous smart phone is a real leveler of the playing field. His phone allowed a 16-year old, not normally known for his spelling prowess (see the gym offering above) to beat me by 2 points. Who knew that "nodus" means a problem, difficulty, or complication?

The weekend included a marathon game of Monopoly which included much yelling and table banging, a few hot rounds of Scattergories, and the completion of 4 puzzles, one of 500 pieces done after 10:00 at night. Not by me, let it be said. I had long since gone to bed.

I have had to face the sad fact that going to Grandma's is no longer the activity of choice for teen-agers as it was for grade schoolers. But as long as the game closet is well stocked, they'll show up occasionally, I choose to hope.



It became clear this year that the ubiquitous smart phone is a real leveler of the playing field



COURTESY OF CANYON VIEW HIGH SCHOOL

THE CANYON VIEW HIGH MUSIC DEPARTMENT will perform its annual Christmas program twice next Wednesday.

CVHS to hold annual Christmas concert

by Charley **WALQUIST**
Iron County Today

CEDAR CITY — Canyon View High School's (CVHS) Music Department will host its 16th annual combined Christmas Concert Wednesday, Dec. 14 in the CVHS Auditorium. There will be two performances— 5 p.m. and 7:30 p.m.—and the event is free admission with no tickets required.

All the instrumental and choral groups will perform in this concert in both group performances as well as combined group pieces. David Jordan, director of bands and orchestras, will direct the instrumental groups while Alex Byers, director of choirs, will conduct the choral groups.

This year's concert has a special theme: "A

1940's Christmas."

"We will be commemorating the 75th anniversary of the attack on Pearl Harbor," said Jordan.

"We will be performing music that was published during that time period, such as "White Christmas," "Let it Snow," "I'll be Home for Christmas," as well as a variety of other favorites," he added.

This concert has been a huge hit in the community for the Christmas season for many years. The CVHS auditorium has been completely filled several years for the concert, and the one year the concert was held at the Heritage Center Theater, every seat was filled.

Jordan and Byers are excited to showcase the work their students have put together for this annual event. They encourage everyone in the community to attend and enjoy a night of music.

Artist exhibit opens Friday

CEDAR CITY — Utah ceramic artist, Susan Harris, will be featured in a solo show at Art Works Gallery opening on Friday, Dec. 9, at the Art Works Gallery in Cedar City. The show, entitled "Reliquaries for the Ancient Future," will feature a selection of work related to her study of ancient Etruscan and Chinese ritual vessels. It runs through Dec. 17.

Opening night begins at 5 p.m. at the gallery, 16 N. 100 West in Cedar City. More information is online at www.artworkscedarcity.com or www.susanharrisceramics.com.

ORCHESTRA

Continued from page 12

eyes grew dim, including John Lee Jones, William H. Grimshaw, Grace J. Smith, Myron S. Jones and George D. Grimshaw. More requests were taken. Sharon Giles and her daughter Jenny Lewis demonstrated the polka called the chicken dance. After the performance, attendees viewed the Old Enoch Ward Beehive Quilt preserved by Marilyn Alger as well as the songs, poems and history displays. Orchestra instruments consisted of guitars, mandolins, violins, ukuleles, a keyboard and an antique accordion. Anniversary Enoch Orchestra performers were Kent Sevy, Mellisa Sevy, Sean Sevy, Libby Thomas, Jordan Maxwell, Eris Lewis, Amy Matheson, Mary Matheson and Plourde.

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UPCOMING EVENTS

SIMPLY BALLROOM

Randall L Jones Theatre
December 9 & 10 at 6:30 p.m.
December 10 at 2:00 p.m.

HOME FOR THE HOLIDAYS

Randall L Jones Theatre
December 12 at 7:00 p.m.

ART INSIGHTS - BEN KIRKBY

Southern Utah Museum of Art
January 12 at 7:00 p.m.

FIVE WOMEN WEARING THE SAME DRESS/

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Eileen and Allen Anes Studio Theatre
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February 2, 3, 4 at 7:30 p.m.
January 28 & February 4 at 2:00 p.m.

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The In Jubilo Annual Concert set for Dec. 9

CEDAR CITY — The Jubilo Annual Concert will be held on Friday, Dec. 9, starting at 7 p.m. in the Heritage Center Theatre. As always, admission is free.

As we experience the yearly reminder that Christ came for peace and unity for all people, it often takes us awhile to awaken our spiritual hearts. The winter comes surprisingly fast, and before we know it, summer and fall have fallen away, and snow and sun give us another season for loving our fellow men, women, children and world. Like animals, we seem to hibernate until awakened to the incredible beauty and depth of this annual spiritual season.

When Cedar City's downtown white lights line Main Street, with the brilliant colored lights illuminating Main Street Park and the Heritage Center, they remind us of beauty and love, not busyness and presents.

We are ready then to anticipate and hear the music of the season, for many their favorite music of all. We all look forward to hearing and singing traditional hymns and songs we've known since childhood, and to be inspired by new arrangements and new songs all

CHOIR MEMBERS REHEARSE AND PREPARE for the annual In Jubilo Concert this Friday night.



COURTESY PHOTOS

together.

Yearly, our Community Women's Chorale, In Jubilo, directed by Jackie Riddle-

Jackson with pianists Teresa Redd and Cynthia Jorgensen, join with other musical groups to touch our hearts, and connect

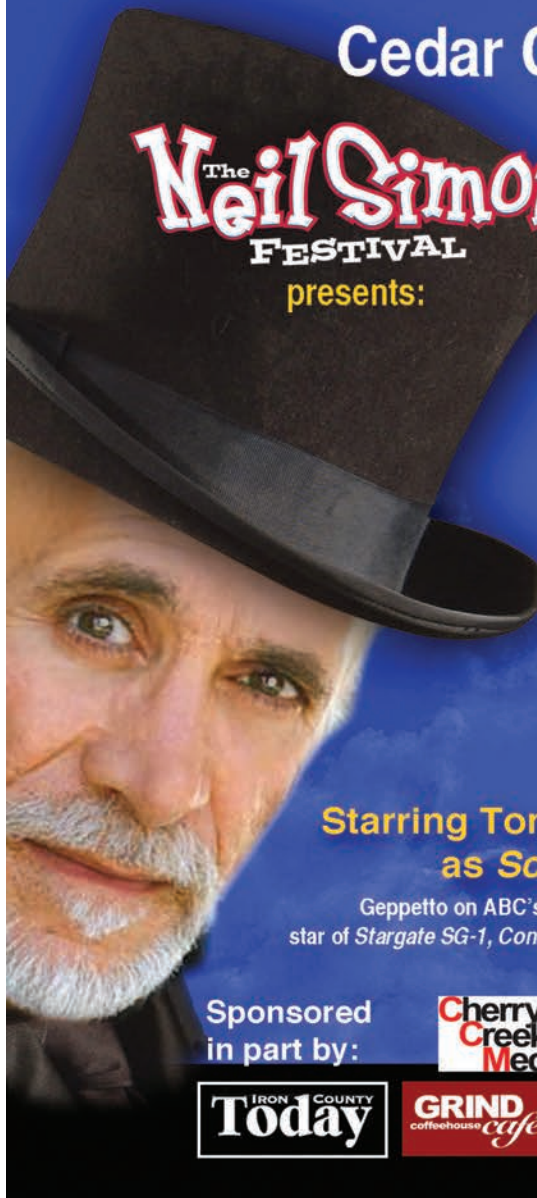
us to a deeper holiday experience through music and words.

This year, as usual, the Southern Utah Hand Bell Choir,

join the holiday Concert, under the direction of Donna McNabb, the Bell Choir has grown in name recognition and is often asked to perform at various holiday celebrations. The Bell Choir will play processional music at 6:45 p.m. and during the concert, as well as accompanying In Jubilo.

Also joining In Jubilo this year under the direction of Teresa Redd, the Canyon View Middle School Drama students will entertain with some wonderful surprises. The Westwind Flute Trio comprised of Brad Gregory, Adrienne Read and Arielle Rhoades; Flutist Adrienne Read; violinist Callie Flanigan; percussionist Carylee Zwang; and four hand pianists, Teresa Redd and Cynthia Jorgensen will help In Jubilo's pieces to soar.

Jessie Haley, who has sung with In Jubilo for six years, said, "Our choir gets better and better. This is not just because of the phenomenal direction of Jackie Riddle - Jackson but because In Jubilo is a family, ladies who are true friends and get together every week to practice. Though it's challenging we love every minute of it."



The Neil Simon Festival
presents:

A CHRISTMAS CAROL

ON THE AIR



Starring Tony Amendola
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Geppetto on ABC's Once Upon A Time,
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For Iron County Today

CEDAR CITY — The Southern Utah University Ballroom Dance Company presents Simply Ballroom in the Randall L Jones Theatre on Friday and Saturday, Dec. 9-10, at 6:30 p.m. There will also be a matinee on Saturday at 2 p.m. Tickets are \$10 for adults, \$6 for students, and children 5 years old and under are free. Tickets can be

purchased from any company member or at the door.

This year, the ballroom dance company will take you on a journey through dance history. See classic ballroom dance styles from Salsa to the Waltz. The company consists of three performance ensembles with more than seventy student participants. This energetic group will keep you tapping your feet as you are entertained by wonderful music, beautiful costumes, and amazing formation ballroom dancing.

Jessica Alejandro, Ballroom Dance Director, said, "Simply Ballroom is an amazing family friendly dance concert that will leave the audience wanting more! Members of the ballroom dance company have been working hard to perfect these dances since September. I have had so much fun working with these incredible students. We only have two dance majors in the company, which makes the company a place of inclusion for students of all majors. Make sure to come see this spectacular performance."

Originally from Highland, Utah, Laikin Barney is a Graphic Design major who is minoring in Illustration and Dance Performance. After overcoming physical injuries, she said, "The most rewarding part of participating in this concert is simply the opportunity to dance. I feel that the community will be educated on different dance styles and history as well as enjoy the positive atmosphere."

For more information, visit www.suu.edu/pva/ballroom.



COURTESY OF SUMA

CATHEDRAL MOUNTAIN by Valerie Orlemann

Call for Artists opens for Plein Arts Festival

CEDAR CITY — The Southern Utah Museum of Art (SUMA) and Cedar Breaks National Monument are excited to present Chasing Light: Plein Air Festival and Sale the week of July 2, 2017. The call for artists will be open through January 21, 2017. Up to 12 Plein Air painters will be selected to paint from July 2 – July 6, 2017, with a wet paint sale and gala the evening of July 7. Art will be exhibited and for sale through Aug. 19.

Selected artists will be notified by Feb. 15, 2017. During July 2 – July 6, 2017, the selected artists will be painting at Cedar Breaks National Monument, Kolob Canyon (part of Zion National Park) or anywhere in

Iron County, Utah. Completed art will be exhibited salon style and sold at SUMA. Each artist will have a wall that is 8' wide and 9' tall. Completed works that don't originally fit in the exhibition will be stored and used as replacements for sold pieces. Each artist may submit one studio piece to sell during the exhibition. Artists will receive 60 percent of the purchase, with 40 percent of the proceeds going to SUMA.

Prospective artists may enter their information at www.suu.edu/suma/exhibits. Please include three pieces of artwork to be reviewed by the selection jury. For further questions, please send an email to sumafriends@suu.edu.

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*In the Air There's
a Feeling of Christmas*

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Conductor

Teresa Redd
Pianist

Special Guests:
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CVMS Drama
Southern Utah Handbell Choir

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7:00 pm
Heritage Center Theater
Cedar City

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Beatty's "Rules Don't Apply" a self-indulgent disappointment

Hollywood needs to have some kind of oversight program for passion projects.

If one existed, Warren Beatty's "Rules Don't Apply" would have either been a better movie or mercifully killed before it could get to us. Nominally a Howard Hughes biopic, the movie eschews

anything even remotely resembling hard fact for a self-indulgent romp through Hughes' power and mental issues. Even worse, Beatty's Hughes is virtually unable to fail the least interesting thing on the screen, serving the movie best when he's only a plot device for Alden Ehrenreich and Lily Collins. When he hijacks the plot in the second half, the entire movie suffers.

The movie starts by focusing on Ehrenreich and Collins, with the former as one of Hughes' fleet of drivers and the latter as one of his team of starlets he kept promising movie roles to.

The two are both religious, though that mostly seems to be a plot device that Beatty abandons when it's no longer useful to him, and quickly bond amid the eccentric circumstances that come from working with Hughes.



MOVIE Beat

by Jennifer WARDELL
Entertainment Writer

Basically, it's a slightly clichéd but surprisingly sweet period romance, mostly due to winning performances by both Ehrenreich and Collins. Beatty, who of course is playing Howard Hughes, is fine as a supporting character who seems to be there mostly to say eccentric things.

He's an accent to the real focus of the movie, the young couple.

Then, unfortunately, the movie takes a left turn into strangeness that it never quite recovers from. The turning point is the most unpleasant, wince-inducing sex scene that has possibly ever existed in a PG-13 movie. Though

you don't even see much skin, I've made people cringe simply by informing people that it's between Warren Beatty's character, who is 79 years old, and a young woman in her mid-20s. Yes, you read that correctly – Beatty has graced us all with

Rating: PG-13 for sexual material including brief strong language, thematic elements, and drug references

Screenplay: Warren Beatty, story by Warren Beatty and Bo Goldman

Director: Warren Beatty

Starring: Warren Beatty, Alden Ehrenreich, Lily Collins, Matthew Broderick, Annette Bening, Alec Baldwin, Martin Sheen, Candice Bergen and more

Grade: ★★☆☆



©20TH CENTURY FOX

mental image of him having sex with someone almost young enough to be his great-granddaughter. Oh, and she's drunk, for the first time in her life, on a full bottle of champagne. Beatty's character, on the other hand, is completely sober.

Once this is over, there's still a full hour of movie to get through. Ehrenreich and Collins try to maintain what they had going before, but they're fighting a losing battle as Beatty takes over both the story and the screen. If there had been some real, nitty-gritty history behind it, it would have been forgivable – a close analysis of Hughes' downward slide might have been both fascinating and heartbreaking, but it's clear that the movie takes history as nothing more than a mere suggestion. While that's a common crime among biopic movies, the meandering nonsense it's replaced with is

no improvement.

Random, big-named actors and actresses wander through for what mostly amounts to between a minute and about 10 minutes of screen time apiece, as if Beatty called in every favor he was ever owed from a lifetime of movies. Though none of them are given a chance to make much of an impression, some entertainment may be gathered by playing a rousing game of "Spot the Celebrity." Bonus points if you can do it with the pics of old-time actresses in all the photos of young Hughes where Beatty has photoshopped in his own face.

In a better world, someone will cast Ehrenreich and Collins in the cute 1950s Hollywood romance this could have been. As it is, all "Rules Don't Apply" will do is make you wish someone had taken the movie out of Beatty's hands.

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WEDNESDAY, DECEMBER 7, 2016

HOMESTEAD CHRISTMAS MARKET

ushers in holiday season



FRONTIER HOMESTEAD STATE PARK hosted its Christmas Market on Friday and Saturday, part of a two-event celebration of the season. The market featured live entertainment, vendor booths and more than 30 artists and craftsmen. Continuing this week through Friday are evening activities from 5:30 to 8 p.m. Learn more at www.christmasatthethomestead.com.



PHOTOS BY KELSEY KEENER



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Calendar

Wed, Dec. 7

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS, to benefit the Canyon Creek Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

"LIVING WITHOUT KNOWING HOW TO LIVE" UNMANI, Answer your deepest calling to wake up to your True Life. Be the wide open space for your life to unfold, felt and experienced. A 25 minute video then casual discussion 7 p.m. Wednesday Cedar City Library in the Park, (Rare Books Room.) The Literary Club. Stephanie 559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 p.m., Enoch city offices.

SOUTHERN UTAH ROCK CLUB, 6 p.m., at the Aquatics Center. New members welcome, door prizes, rock drawings, and show and tells. For more information, visit www.southernutahrockclub.net.

Thu, Dec. 8

AMERICAN SIGN LANGUAGE III CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way, Enoch.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATIONS, Cedar City Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.

ALCOHOLICS ANONYMOUS, 11 a.m. women-only meeting, noon Speaking from the Heart AA, 6 p.m. AA Misfits. The Meeting Hall, 1067 S. Main Street, Cedar City. More info at 877-865-5890.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON HOPE FOR TODAY (FOR FAMILIES OF ALCOHOLICS), 7 p.m., the KKCB Meeting Hall, 1067 S. Main. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

PAROWAN CITY COUNCIL, 6 p.m., city offices.

DINING FOR WOMEN CEDAR CITY CHAPTER, 5:30 p.m. Potluck and short presentation.

BIKERS AGAINST CHILD ABUSE COLOR COUNTRY CHAPTER MEETING, 7:30 p.m., Grifols.

Fri, Dec. 9

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, Dec. 10

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.

CEDAR SATURDAY MARKET, 1 to 5 p.m., inside IFA, 905 S. Main. Includes farmers, gardeners, food vendors, youth agricultural groups and artisans/crafters.

ALCOHOLICS ANONYMOUS, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY MEETING, 9:30 a.m., Marriott Springhill Suites, 1477 So. Old Highway 91, Cedar City.

SOUTHERN UTAH WOODTURNERS, 9 a.m., Cedar High School wood shop, 703 W. 600 South.

ORDER OF THE EASTERN STAR MONTHLY MEETING, 11 a.m. Call 435-867-6222 for more information.

Sun, Dec. 11

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information, call (877) 865-5890.

Mon, Dec. 12

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

BOOK BABIES, 10 and 10:30 a.m., Cedar City Library at the Park. Story time designed for babies and toddlers up to age 2.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

IRON COUNTY COMMISSION, 9 a.m., county building in Parowan.

AMERICAN LEGION POST 74, 6 p.m., Cedar City Library in the Park.

Tues, Dec. 13

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SUU DISCOVER STORY TIME, 6:30 p.m., Cedar City Library in the Park.

CEDAR CITY TOP BAR HIVE BEE KEEPING MEETING, 7 p.m., Cedar City Library in the Park

DINING FOR WOMEN, - Please join us as we help women and girls. Our Cedar City Chapter meets at Noon Tuesday December 13 for a delicious potluck and short presentation. We meet once a month. All are welcome. The 400 Chapters fund grass roots programs helping women and girls in education, health, business and self-worth. www.DiningforWomen.org. For questions, the address or if you need a ride, please call Beth (435) 201-3529.

Wed, Dec. 14

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS, to benefit the Canyon Creek Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

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FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

JAMES SWARTZ. 'PUT LIFE'S PUZZLE TOGETHER, Acquire the knowledge that dispels ignorance - Vedanta. A 25 minute video then casual discussion 7 p.m. Wednesday Cedar City Library in the Park, (Rare Books Room.) The Literary Club. Stephanie 559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

MARINE CORPS LEAGUE AUXILIARY MEETING, 10:30 a.m., Cedar City Library in the Park.



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& Stuff

by Cody SMITH

(Editor's Note: Iron County Today correspondent Cody Smith filed this story from his experience at Standing Rock, North Dakota. Ironically, the situation there changed on Sunday. This is an updated column from him)

I don't know what I expected to find when I arrived at the camp where thousands of people protesting the Dakota Access Pipeline (DAPL), but I know I didn't expect what is here. My hometown, Cedar City, Utah, has held a population of roughly 30,000 for some years now, so how could I have so greatly underestimated just how vast a space it takes to house thousands of people. In my mind, I would get here and go straight to the front line; I would get some great photos, conduct a few groundbreaking interviews, and generally be the badass I am in the fictitious world inside my mind.

People are freezing. They're working, hard, to care for each other and prepare for winter. Although the ground is already covered in snow at the Standing Rock Indian reservation in North Dakota and temperatures trend at 32 in the scarce light of day and plummet close to zero at night, Winter proper has begun to awaken from its annual slumber.

Sickness and fatigue afflict scores within each camp, luckily the healers in the medic tents, 40-foot-long

structures with skeletons of tree branches and skins of assorted blankets and tarps, are stocked with western and eastern style medicines and the skill to utilize them. Medicine and tonics like a daily shot of Fire Cider, an awful drink made from apple cider vinegar and every herb and spice known – meant to prevent sickness.

More surprising than anything, children are running around everywhere, and crews are erecting an earthen schoolhouse for them. Other construction crews are working on a building for the kitchen and a dozen outhouses to replace the commercial ones that will soon be taken away. I have been working on the crew building the bathrooms. I've worked with people from California, Massachusetts, Colorado, New Orleans, Germany, and Ukraine. I arrived at camp with the idea that this would all be over soon, but the people in these camps are setting up what they call a green community to last.

Following the conflict, the landowner plans to use the infrastructure to educate people to live in a sustainable way within a green community.

The community I walked into here is so busy with work. Everything is free, and there is enough food and clothing to keep everyone alive. Potable water is scarce but available. It's easy to forget about the battalion of police across the Missouri River, about 600 yards or so from my living quarters, until I return and the 6-mile wall of spotlights along the river flood their luminescent glare toward, reminding me each night of the imposing authorities and the accounts of violence I've heard from people in camp.

As the progressive peoples of this nation celebrate the federal ruling Dec. 4 that should end this conflict, the consensus in camp is bleak: "We'll leave when the barricade comes down and the Sheriff's Department starts evicting DAPL personnel." People here believe drilling will continue and the companies are willing to pay the fees they will incur; the local Sheriff's Department will continue to support corporations over people; and the new federal administration will support the DAPL without concern for the environment.

From North Dakota, this fight is not over yet.



PHOTOS BY CODY SMITH



ABOVE, THE STANDING ROCK COMMUNITY

where protesters are living. Below left, veterans who've gathered to support the cause. Below right, a schoolhouse created at the site.

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SMILE

Home Makeover: Uninspired Edition

If researchers study my genetic make-up, they'll find a preponderance of genes that create a longing for candy and silence, and a disturbing lack of genes related to interior design and holiday decorating.

When my kids were little, my decorating style was what I called Sticky Chic or Bohemian Toddler. As they grew into teenagers, my design concepts alternated between Early Landfill and Festive Asylum. Now, my style is what I lovingly call Dust.

Before Pinterest was a thing, I'd scour magazines for ways to make my home look pleasant that didn't involve renting a bulldozer or spending \$5,000. Now I'll spend hours on Pinterest, scrolling through images of beautiful kitchens and bathrooms; then I'll purchase a new garbage can and call it good.

I'm amazed by people who can look at a room and visualize décor that belongs in Good Housekeeping because people who visit my home usually ask if I get my decorating ideas from Mad magazine. I just don't have an eye for that kind of stuff. My genes have no idea what to do with throw pillows. How can you sit on a couch with 27 throw pillows?

Someone once said, "Design is thinking made visual." If my thinking could be made visual I'm afraid it would include a lot of blank and/or confused stares, accompanied by slow blinking.

I know a woman who used a handful of matchsticks and a pound of year-old taffy to sculpt a quaint Halloween yard display. For Christmas, she twisted three green pipe-cleaners into a full-size holiday tree, and then adorned it with a dozen hand-knitted baby quail. She leaves a trail of glitter wherever she goes. I hate her.

To me, decorating means finding kitchen tile that camouflages spaghetti stains or changing out the family photo that is 10 years old. I have no idea how to arrange lovely accent pieces. If I'm feeling a little wild, I might invest in a



Life & LAUGHTER

by Peri **KINDER**
Columnist

scented candle.

I was recently asked to help create fun table decorations using crinkly paper strips and plastic flowers. I dumped what I thought was an appropriate amount of paperage and flowers on the table, but my centerpiece looked like a crinkly green nest that had been attacked by crows.

The woman in charge of the event walked up to my "decorated" tables and let out a gasp. She quickly rearranged four strands of the crinkly paper and suddenly the whole table transformed into a fairy wonderland with twinkly lights and butterflies. A real decorator defies the laws of physics.

Halloween decorating is easy. I already have the cobwebs and spiders. I just sprinkle some blood on the floor and call it good. Christmas decorating is a little more difficult.

Last year, using my sparse skills, I spent the entire afternoon creating a festive holiday atmosphere in our home. My husband walked in, sipping his Diet Coke, and glanced around the room.

"I thought you were going to decorate."

I looked at my hours of work and tersely replied, "I did."

"What's that pile of crinkly paper strips doing in the middle of the room?"

There was a long pause while I considered the ramifications of manslaughter. "Don't you have something to do?"

Now that scientists can genetically modify our DNA, perhaps I can get an infusion of the interior design gene. I don't need to be Martha Stewart level, but at least something a little better than Mad magazine.

Ten tips for healthy holiday eating

by Candi **MERRITT**
Utah State University Extension

The average American will consume about 4,500 calories on Thanksgiving Day when the pre-meal party, the actual dinner and dessert, then evening leftovers are all taken into account.

That is enough to gain a pound or two, which can be remedied, but how many more days like this will there be?

Actually, there is the potential for quite a few as the holidays approach: Thanksgiving weekend, family holiday parties, work holiday parties, neighborhood/church holiday parties, Christmas Eve, Christmas Day, Christmas week, New Year's Eve and New Year's Day. In addition to extra meals and calories is the fact that activity levels generally taper off during the holidays. The combination of overeating and not much exercise has the potential to provide weight gain that is often not lost, and year after year, a few more pounds continue to be added to the tally.

It is possible to get through the holidays, however, without gaining weight and being mad at yourself in January. Consider these 10 tips for healthy holiday eating.

1) Eat what you love and leave what you like. You don't have to eat everything that is put in front of you. Make careful choices and stick with the foods you enjoy most. Don't select foods that

aren't your favorite just because they are there.

2) Go to gatherings to gather, not to eat. Focus on enjoying those you are with, not the food.

3) Fill your plate with 80 percent healthy foods, and save the other 20 percent for dessert or treats.

4) Skip the punch and eat the cake. You'll likely enjoy eating your calories more than drinking them.

5) Don't save up for later. It doesn't make sense to starve all day because you have a party that night. You will likely end up consuming more because you are so hungry. Eat light, but don't skip meals.

6) And especially, don't skip breakfast. It is the most important meal since it fuels your body as you start the day.

7) Pack the snacks. Keep healthy snack choices available when you're on the run so you don't overeat at mealtimes.

8) Follow the three-bite rule. People seem to most enjoy the first and last bites of what they eat, so put a bite in between and call it good after three.

9) Don't skimp on sleep. Being tired and cranky won't be good for anyone during the holidays.

10) Drink water. Staying hydrated during the hustle and bustle will help you feel your best and will also help you not feel so hungry when you get to the table.



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Schools

NEWS Nuggets

from Iron County School District

by Amy JOHNSON
Iron County School District

Enoch Elementary

Enoch Elementary students are back in learning mode now that the Thanksgiving break is over. We hope your break was enjoyable and safe. As the Christmas season approaches, our thoughts turn to service for others.

Our school recently participated in the Operation Christmas Child drive to provide gift boxes for less fortunate children. The support from Enoch families was overwhelming. Our school was able to provide Christmas boxes for 126 children around the world. It was so exciting to see the outpouring of love as classes, families, and individuals helped fill boxes with toys and goodies. The spirit of service is alive and well at our school. We thank all of the families who participated in this annual project. We also appreciate the hard work and dedication of Mrs. Marcy Christensen, who spearheads this project every year. She spends countless personal hours making sure it is a success.

North Elementary

We'd like to let all North Elementary parents know that our first Mini-Mall of the year is coming up on Friday, Dec. 16, from 1:30 to 2:30 p.m. Mini-Mall is a blast! Students in grades 2-5 (grade 1, if accompanied by an older sibling) can "rent" booths for the most fun you've ever seen...kind of like a mixture between a swap meet and a school positive behavior incentive reward! Students sell everything from time on a video game to manicures to cookies to used toys to paper airplanes. The sky's the limit (except no liquids, please). Applications for "business licenses" will be available this week, so encourage your child to get his/hers in soon. All LIME tickets earned at this event will be put in a drawing for toys and stuff just before Christmas break. Parents are welcome to come and help. You'll love the fun! More info to come.

Three Peaks Elementary

The school choir performed at the Talons Craft Show on Nov. 19 and did a professional job singing to the crowds of shoppers. Thank you, Mrs. Cassie Walker, for preparing the choir for this amazing performance.

On Nov. 22, Three Peaks Elementary held their second annual Turkey Gobbling Contest. The grand prizewinner for K-2 was Jake Skirvin and for 3-5 was Ava Wilson. Thank you to all who participated in this fun and silly event. Thanks also to the event organizer, Amy Burton, and to Great Harvest Bread Company for donating prizes.

On Dec. 6, the 4th grade classes were invited to attend a SUU women's basketball game. The students cheered for the SUU women and enjoyed their experience very much. Thank you coaches Chris Boettcher, Robert Yonce, Dionisio Gomez, and Kim Beeston for making this trip possible. GO LADY-T-BIRDS!!



Canyon View Middle

Beginning December 1-21, our school library will be hosting a reading contest. Students may come to the library before school, during lunch, or after school and sign in on a clipboard noting the time they check in and out. For every 15 minutes that they read, their name will be entered into a drawing for an electronic reader. For every 15 minutes they read on an electronic device on the Overdrive Library, they will get their name entered twice. Prizes will be awarded throughout the contest period. Please see Mrs. Edward's in the library if you have questions.

Honor Society is taking on the role of Secret Elves this holiday season! In order for every child to have a gift and feel the generosity of the community, Honor Society has stockings in the school office that need to be filled. Community members are encouraged to take a stocking, fill it with a gift card from a local area store and return it to the school office by Dec. 20. Please share in the spirit of the holiday!

Cedar Middle

Cedar Middle School students participated in the annual Peace Poster Contest sponsored by the Lions Club. The theme this year was "Celebrate Peace". Angel Hillier took 1st place, Dallas Roberts 2nd, Shauna Zuefelt - 3rd, Kyla Colburn - 4th, and Braxton Colburn 5th. Congratulations to these students; they also earned cash prizes.



PHOTOS COURTESY OF IRON COUNTY SCHOOL DISTRICT



COURTESY OF SUU

SOUTHERN UTAH UNIVERSITY PRESIDENT SCOTT L. WYATT met with local high school students last month.

SUU President visits area high schools

CEDAR CITY — During "Utah College Application Month" in November, Southern Utah University President Scott L. Wyatt joined hundreds of high school students at Success Academy, Canyon View High School and Cedar High School to talk about the advantages of attending college.

Wyatt stressed that the decisions students make now determine the life they will lead. "There are fewer jobs and opportunities for people who only have a diploma, any education beyond high school is valuable," said Wyatt. "There are a million reasons why you should go to college, but bottom line; you will earn more money, live longer, and be a happier, healthier person."

KarriAnn Raddon, a counselor at Canyon View High School, was grateful that President Wyatt took the time to visit with her students. "Wyatt was very encouraging and illustrated how education will give you a better life," she said.

According to national studies, on average the lifetime income for people with an undergraduate degree is over

"President Wyatt's presentation made me feel like I can have a good future by jumping into my education,"

— **Kyler Krause**

a million dollars more than someone with a high school education. Earning a bachelor's degree is an investment that results in more opportunities and a greater variety in jobs and careers.

"President Wyatt's presentation made me feel like I can have a good future by jumping into my education," said Kyler Krause a senior at Cedar High School.

Wyatt also explained that a post-secondary experience equips students to navigate their way in life. Students gain confidence, discipline, motivation and communication skills, which leads to positivity, less stress and greater self-fulfillment.

Abigail Strasmann, a sophomore at Success Academy, stated that she has more confidence about her future after Wyatt's visit. "President Wyatt made me feel like going to college is possible and affordable."

"College prepares you to think critically, learn to communicate, work with people from different backgrounds and makes you a more productive member of society," said Wyatt. "I believe education is the best path to achieving your potential and discovering your purpose."

CHURCH Directory

Calvary Chapel

101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
10 am - Sundays,
7 pm - Thursdays
867-8188

Cedar City Seventh Day

Adventist Church

4571 N. Hwy. 91, Enoch
11 am - Saturdays
592-2142

Christ the King Catholic Church

690 S. Cove Drive, Cedar City
9 am & 7 pm - Sundays
Spanish Service
11:45 am - Sundays
586-8298

The Church of Jesus Christ of Latter-day Saints

Cedar City Stake
155 E. 400 South, Cedar City
586-8381
9 am & 11 am, - Sundays

Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 am, 11 am & 1 pm - Sundays

Parowan Stake
90 S. Main St., Parowan
477-8929
9 am & 1 pm - Sundays

Church of Christ

1075 S. Fir, Cedar City
11 am Sundays
586-9534

Community Presbyterian Church

2279 N. Wedgewood Ln.,
Cedar City
10 am - Sundays
Childcare Available
586-8891

First Baptist Church

324 W. 200 North, Cedar City
11 am - Sundays
586-6994

Grace & Truth Fellowship A Church of Christ

195 W 650 S, Cedar City
10 am & 11 am - Sundays
6 pm - Wednesdays
238-3886

Grace Christian Church

845 West 200 South,
Parowan
10:30 am - Sundays
7 pm - Wednesdays
590-1663

Kingdom Hall of Jehovah's Witness

620 E. Nichols
Canyon R., Cedar City
7 p.m - Thursdays,
10 am - Sundays
867-1837

Light of the Valley Fellowship Church

995 S. Regency Rd., Cedar City
(Brookdale Senior Solutions)
1:30pm - Sundays
590-7362

Mountain View Baptist Church

1160 S. 860 West, Cedar City
11 am & 6 pm - Sundays
865-1211

New Life Church

Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
10 am - Sundays
233-0047

Parowan United Methodist Church

190 N. Main, Parowan
10 am - Sundays,
6:30 pm - Thursdays
477-1334

Potters House Christian Fellowship Church

732 North Main,
Cedar City
11 am & 6:30 pm - Sunday's
7:30 pm - Wednesdays
695-8212

Red Hills Southern Baptist Church

4277 N. Wagon
Wheel Dr., Enoch
10:45 am - Sundays
865-7068

Sonrise Christian Fellowship

201 E. 3800 N. Enoch
(Gateway Academy)
10 am - Sundays
586-3640

St. Jude's

Episcopal Church
70 N. 200 West, Cedar City
10 am - Sundays
586-3623

Trinity Lutheran Church

410 E. 1935 North,
Cedar City
10 am Sundays
586-7103

True Life Center

2111 N. Main St., Cedar City
9 am & 11 am - Sundays
867-0405

Valley Bible Church

4780 N. Hwy 91, Enoch
11 am - Sundays
586-0253

Westview Christian Center

2624 W. Hwy 56, Cedar City
11 am - Sundays,
6:30 pm - Wednesdays
865-1550

Religion

Red Hills hosting Christmas program on Sunday

by Charley **WALQUIST**
Iron County Today

ENOCH — Red Hills Southern Baptist Church (RHSBC) will host its Christmas Program Sunday, Dec. 11, at 6p.m. The event is free admission, and everyone is invited to come and enjoy a night of music and celebration.

The program's theme is "With New Eyes" and will look at the Christmas Story through the eyes of Joseph, giving the audience a new perspective on the traditional story.

The evening will include a narration of the Christmas Story that correlates with the theme as well as music.

Those providing the music include the Red Hills Worship Team, the Adult Choir, Children's Choir, and the SUU String Ensemble. There will also be a piece at the end of the program with "special guests you won't want to miss," according to Michelle Osborn, worship leader and director at Red Hills.

"We have worked hard to create a Christmas Story Program that is unique from most programs," said Osborn. "Much time and energy has gone into the rehearsals and preparations," she added.

From music and directing to lighting and sound, many people have been involved in putting this program together.

"We are excited to watch the program unfold as everyone involved comes together for one special night," said Osborn.

The program is one that both young and old will enjoy and includes both well-known Christmas songs as well as some that may be new to some.

RHSBC is located at 4277 Wagon Wheel Drive in Enoch. The coordinators of the program are excited to present this program to the community and encourage everyone to come look at the Christmas Story "With New Eyes."



IRON COUNTY TODAY

People

Births

Charlotte Jean Jacobs

Charlotte Jean Jacobs, daughter of Tanner Smith Jacobs and Dawnie Susanne Jacobs of Cedar City, was born on November 18, 2016, at 12:35 p.m. She weighed 7 lbs. 10 ozs. and was 2.5 inches long.



Harper Ann Parrish

Harper Ann Parrish, daughter of Andrew and Jill Parrish of Cedar City, was born on November 17, 2016 at 1:47 p.m. She weighed 6 lbs. 12 ozs. and was 19.5 inches long.

87th Birthday

Les Griffin

It's Happy Birthday time for Les Griffin on Dec. 11, 2016. He will be 87. He was born in Burbank, Calif., to Zetta Anita (Lewis) and Leslie Marion Griffin. A longtime resident of Brian Head and Cedar City, he was raised in southern California, along with his brothers, Ralph

and John. He graduated from Antelope Valley High School in Lancaster, Calif. Les has been a business owner from a very young age, while actively participating in the community. Les has been married to his wife, Jerry, for 68 years. They have three children, one granddaughter and two great-granddaughters.

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A life no longer lived in infamy



The Rut LESS TRAVELED

by Corey BAUMGARTNER

Today marks the 75th anniversary of the bombing of Pearl Harbor on December 7, 1941. "A date which will live in infamy," said President Franklin D. Roosevelt who, on December 8, would also sign a Declaration of War against Japan. What ensued would be a brave, but bloody and hard-fought battle. A terrible war that would end as it began; with falling bombs. Only with more death and destruction caused then when the battle began. Though the surprise attack decimated America's naval fleet, it was through that destruction that would define a generation of heroes. Brave men and women who rose above and beyond to defend our liberty, both past and present, and at all costs.

We have all experienced days of personal infamy. Days when we didn't see the 'enemy' coming; when we felt "suddenly and deliberately attacked." Days we wish we could take back, opportunities to be more prepared for, words left unspoken, and actions never taken. Moments we wish didn't still haunt, or hurt.

America, at great costs, has overcome many such moments. Not because it's better than other countries, but because when a country and people are built upon a foundation of faith, hope and love, they can survive, thrive and overcome anything. Those three 'weapons of peace', when combined, form a greater power than all

When a country and people are built upon a foundation of faith, hope and love, they can overcome anything

the weapons of war ever created. That trinity can heal all wounds, turn enemies into allies and rebuild countries and the very hearts beating within each of us.

Is it so much harder to love than to hate? Can we start focusing more on improving our affections, rather than inventing new afflictions that bully, discredit and ultimately destroy each other? No, I'm not talking about regular ruts. I'm talking about grand canyons of contention that need to stop being filled with anger and regrets, and then filled in with love. "Love is all you need," said the Beatles. They were right. Love heals wounds, builds and re-builds bridges over troubled waters that once seemed impossible for even such a miracle to be attempted. Love is a power that can connect people 280.4 miles away, and hearts 171,477 thousand miles away. Yet, hate and war can destroy hearts and homes from across the dinner table, a bedroom, or a neighborhood. Sadly, home is too often the worst battleground of all.

Let us be more patient, more understanding, and more forgiving. Where lines and swords have been drawn, or bombs dropped in anger, let us surrender. And in humility, not humiliation, sign a treaty of peace and take those shattered pieces and together rebuild and restore our broken, bombed, and sunken families, friendships, relationships and marriages. Today, let us not live in fear or shame, but look to our past to give us courage for our future. Let today be a date which will live in dignity and unity. Let the wars between all of us be over. Come back home.

Obituaries

Ray Donald Morris



Ray Donald Morris, age 88, passed away on December 2, 2016 in Beaver, Utah. Ray was born in Beaver, Utah to Blaine and Ireta (Anderson) Morris on August 21, 1928. He grew up in Beaver with two brothers and four sisters. After graduating from Beaver High School, Ray served in the army during the Korean War as a Morse-code operator.

Shirley Messinger and Ray were married on June 3, 1954 in Beaver, Utah. In October of 1963 their marriage was solemnized in the LDS Salt Lake City Temple. Together Ray

and Shirley had three boys, Donald, Warren and John, as well as four girls, Shanna, Kristi, JoAnn and Becky.

Ray was a patriot through and through. He loved his country and thoroughly enjoyed being active in the American Legion and VFW. Ray also cherished his membership in the LDS Church, and his testimony of his Savior. He served as a worker in the St. George Temple for just over seven years, building many treasured memories and friendships.

Ray was an avid golfer and accumulated many trophies which signify his love of the game. He enjoyed following the Utah Jazz and watching their games on TV. Being outdoors and farming was a huge part of Ray's life. He especially enjoyed his time riding horses. Ray spent many hours working with his brother Warren at the El Bambi Café and developed many relationships there. Ray was integrally involved with his family and their activities. He was always willing to help and support whoever needed a lifting hand.

Ray was survived by his dear wife Shirley of Beaver, Utah; five children, Donald (Michelle) Morris of Beaver, Warren Morris of Beaver, Kristi (John) Sumner of Layton, JoAnn (Robert) Jensen of Beaver, and Becky (David) Fuller of Heber. He is also survived by 19 grandchildren, 35 great grandchildren, 1 great-great grandchild, sisters Virginia (Gene) Anderson of Beaver, and Nancie Dennett of Cedar City.

Ray was proceeded in death by his parents, Blaine and Ireta (Anderson) Morris, brothers Blaine Morris and Warren Morris, sisters Betty Baldwin and Mary Jane Baldwin Thompson, daughter Shanna Holzheier, son John Morris and grandson Randall Aylsworth.

Funeral services will be held Saturday, December 10, 2016 at 11 a.m. at the Beaver 3rd Ward Chapel (220 North Main Street, Beaver, UT). A viewing will be held on Friday, December 9, 2016 from 6 - 8 p.m. at the Beaver Southern Utah Mortuary (195 North 200 West, Beaver, UT). On Saturday, December 10, 2016 the viewing will be held at the Church from 9:30 - 10:30 a.m. Interment will be in the Mountain View Cemetery under the direction of Beaver Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

Val Hansen



Val Francis Hansen, born February 19, 1964, passed away November 25, 2016, from complications after battling a long journey with cancer.

When Val was not yet an adult, he volunteered with the Bureau of Land Management in Cedar City, Utah, helping with the preservation of several Anasazi archeological sites in the Leeds, Utah area. He was always very interested in studying ancient Native American Indian history. He had a great love for the outdoors, particularly the Southern Utah mountains, where he enjoyed hunting, fishing, camping and hiking.

Val served in the U.S. Army National Guard during the early 1980s and was honorably discharged. His major profession as an adult was in the roofing trade, working primarily in California and Arizona.

Val is preceded in death by his mother, Billie Hansen, and younger brother, Rusty Hansen. He is survived by his father, Lew Hansen; two sisters, Nannette (Paul) Klein; Wendie (Mike) Mitchell; his son Casey Hansen; former wife, Lisa Hansen, and three nephews, Nicholas and Jordan Klein, and Skylar Hansen.

Val was a hard worker, and had a good heart, always willing to help and give generously to his friends and family. He used wit and humor to get through the tough days while suffering from cancer but he never stopped fighting. His faith in Jesus Christ as His Savior enabled him to face death with dignity and hope.

He will be missed dearly as a son, father, brother, uncle, and friend. Private services will be held by the family at a later date.

Charles Edward Morton



Charles Edward Morton, age 68, passed away in Cedar City, Utah. He was born November 18, 1948 to Charles Edward Morton and Laura Adelia Knight in Tonahpah, Nevada.

Charles grew up in Cedar City. He was a graduate of Cedar High School. He was very patriotic and served proudly in the U.S. Navy. He loved the mountains, enjoyed painting, doing paint by numbers and embroidering pillow cases and pictures.

He is survived by his daughter Theresa Morton (Bill Freier) of Cedar City; brothers Rockland Lee Morton

of Cedar City, and Terry J. Morton of Washington; and by his twin grandsons Lyle David Dover and Kyle Bryant Dover of Cedar City.

Charles is preceded in death by his mother Laura Adelia Knight and by his step father Maurice Chisholm.

Charles' wishes were to be cremated. Arrangements are being handled by Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

Special thanks to Iron County Care Center, Beehive Homes, Bella Terra, Intermountain Hospice and Alliance Hospice for the care they all gave my father throughout the years.

Thomas Stewart Blood

Thomas Stewart Blood, age 86, passed away on November 27, 2016 in Cedar City, Utah.

Memorial services were held on Monday, December 5, 2016 at 1 p.m. at the LDS Rock Church (75 East Center Street, Cedar City). Arrangements were under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

<http://www.sumortuary.com>.

Submitting an Obituary

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T-BIRDS FALL SHORT *in pair of losses*

SUU follows thrilling home loss to UNLV with defeat at Oakland

by Tom **ZULEWSKI**
Iron County Today

CEDAR — A big crowd was ready and excited to see the Southern Utah men's basketball team take on the UNLV Runnin' Rebels on Nov. 30. There was no sense of nostalgia for Todd Simon, who was an assistant and interim head coach at the school for three seasons before arriving in Cedar City.

When the ball went up, the T-Birds made the visitors work for everything they got, but six players in double figures was too much for them to overcome.

Dwayne Morgan led the way with a double-double of 19 points and 14 rebounds, and UNLV led from the start before having to hold on down the stretch for an 89-81 win over SUU before an announced crowd of 4,249 at the Centrum.

The T-Birds fell to 2-5 on the year with the loss, but Simon said the effort was another part of the team's continued growth.

"We have a team that's clearly defined they won't quit," Simon said. "We have a team that showed tremendous poise in the face of adversity. For an inexperienced team that hasn't played a ton together and has a lot of youth, it's a huge step."



COURTESY OF SUU SPORTS INFORMATION



UNLV
89



Southern Utah
81

UNLV	40	49	--	89
SUU	34	47	--	81

UNLV – Clyburn 15, Green 12, Poyser 11, Coupet Jr. 5, Morgan 19, Mooring 16, Baxter Jr. 11. Totals 31-52 21-31 89. 3-pointers – Clyburn 3, Mooring 2, Baxter Jr. 1

SUU – Onwuasor 19, Day 5, Marshall 9, Parsons 15, McGee 18, Madunic 4, Musoko 11. Totals 28-60 14-24 81. 3-pointers – Onwuasor 1, Day 1, Parsons 4, McGee 4, Madunic 1.

UNLV came out as hot as their red road uniforms, building an early 13-2 lead before SUU rallied with a quick 9-0 run of its own to set the stage for a 40-minute prize fight that captured the attention and emotion of the crowd throughout.

The T-Birds trailed 40-34 at the half and had multiple chances to tie the game or move in front, but came up empty. Randy Onwuasor – who finished with 19 points but had just three in the second half – missed one free throw that helped ignite a 7-0 UNLV run to push the lead to 73-65 with five minutes left.

Onwuasor would foul out in the sequence, but SUU didn't wilt under the pressure. James McGee (18 points) and Race Parsons (15) hit 3-pointers that helped cut the deficit to two at 77-75.

But when Decardo Day missed a layup, Jovan Mooring drained a 3-pointer

at the other end with 2:23 remaining that started a 9-0 run for UNLV and sealed the victory.

New Rebels head coach Marvin Menzies gave the T-Birds and Simon full credit.

"There's a line from 'The Godfather' that says 'it is the profession we have chosen.' Right now, I feel like I've played," Menzies said. "It was tooth and nail all night and I'm really proud of what Todd's doing here. He's got some gutsy young guys who can shoot the ball."

see **SUU HOOPS** | 25

Iron County Boys' hoops open 2016-17 season

by Tom **ZULEWSKI**
Iron County Today

The Cedar Redmen boys basketball team kicked off a new era under new head coach Russ Beck at the 3A-2A Preview in Richfield on Dec. 1 and 2, splitting two games at the Sevier Valley Center.

In the opener, the Redmen got 26 points and five 3-pointers from senior Keenan Nielson, but couldn't overcome a slow first half and fell 54-47 to the Grantsville Cowboys. Cedar scored only five points in the second quarter and trailed 22-14 at the half.

The Redmen turned things around the next day against Tooele, scoring 29 points in the second quarter and cruising to a 62-30 rout over the Buffaloes. Nielson had 20 points in the win, and Cedar held Tooele scoreless in the opening quarter. Nielson and Ethan Fletcher led the way with six rebounds apiece, and 11 different players scored.

Across town, Canyon View had a busy week with a home game against Desert Hills and four games at the Legacy Tip-Off Classic in Las Vegas.

The Falcons opened the week Nov. 29 with a 60-49 loss

to the Thunder. Joey Lambeth had 18 points and four 3-pointers. At Las Vegas, CV picked up their first two wins of the year while splitting the four games played.

In the opener Dec. 1, the Falcons fell 53-42 to the host team, Legacy High. The Longhorns led 28-15 at the half before seeing Canyon View close the gap within single digits.

Brantzen Blackner led the Falcons with 15 points.

On Dec. 2, the Falcons grabbed their first win of the year with a 59-49 victory over Mojave of California. Blackner

led the way for Canyon View with 22 points, and they pulled away after the Rattlers closed within 44-40 through three quarters.

In the first of two games Dec. 3, Canyon View fell 69-51 to Shadow Ridge. The Falcons scored just three points in the second quarter and never recovered. Lambeth had 14 points and Blackner added 10 in the loss.

CV closed the weekend with a 49-45 victory over Green Valley. Blackner led the way with 23 points in a game that was close throughout.

The Falcons returned home

to face defending 3A state champion Dixie on Tuesday. Results were not available at press time. Read about the game in the Dec. 14 issue.

Parowan boys basketball opened its season Dec. 1 with a 44-33 Region 20 loss at Valley. The Rams couldn't overcome a seven-point third quarter as the Buffaloes pulled away for the win.

Ethan Guymon and Porter Wood had nine points each in the loss.

Parowan played Wayne in its home opener Tuesday. Results weren't available at press time.

Lady Reds open season with rout of Falcons

by Tom **ZULEWSKI**
Iron County Today

CEDAR CITY — When the fourth quarter rolled around in the girls hoops season opener at Cedar High, the Lady Reds had trouble finding the basket, scoring only five points with the second unit on the floor.

The first three quarters against the Canyon View Falcons went much better and Cedar ended up reaching the win column with ease.

Dream Weaver scored 15 points and Carley Davis added 10 as the Lady Reds raced out to a big halftime lead and cruised to a 51-26 rout over Canyon View on Nov. 29.

“You never know until the first game. It’s always a battle with Canyon View,” Cedar head coach John Elison said. “I was anticipating a much closer game, but I credit my girls with playing tough defense, forcing them where (Canyon View) didn’t want to be. Our girls prepared well and used each other well.”

Cedar held Canyon View to just one field goal in the first half — none in the second quarter — and built a 30-6 lead at the break. The Falcons didn’t hit their second field goal until Alycia Flores hit a jumper late in the third quarter. By the time the period ended, the Lady Reds

were in full control with a 46-11 lead.

“It was a good opening to the season,” Davis said. “It’s always fun to beat our rival.”

Weaver and Davis each had 10 points in the first half as the Lady Reds built their big lead. About the only concern for the Lady Reds was getting back into game shape following the Thanksgiving weekend.

“We’ve got lots of things to sharpen up on,” Elison said. “We need better defense, but it will come. ... We started to get almost in shape, but then we had

Thanksgiving break. We were tired.”

Senior Lindsay Robinson added seven points for Cedar and freshman Japrix Weaver chipped in with five.



Cedar
51



Canyon View
26

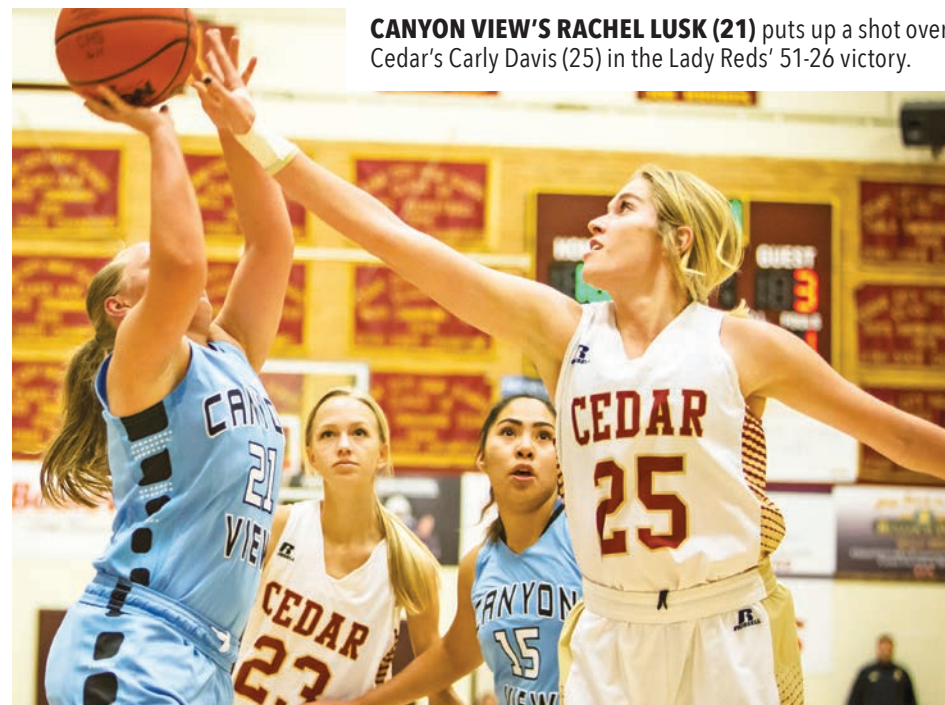
Canyon View 3 3 5 15 -- 26
Cedar 14 16 16 5 -- 51

Canyon View — Flores 8, Slack 2, Cheney 5, Oshley 2, Lusk 3, Condie 1, Vasi 5. Totals 7 11-19 26. 3-pointers — Cheney 1.

Cedar — D. Weaver 15, Robinson 7, Lamb 3, Sanders 2, Pearson 2, J. Weaver 5, Davis 10, Fielding 1, Elison 4, Brower 2. Totals 19 9-18 51. 3-pointers — D. Weaver 1, Robinson 1, Elison 1, J. Weaver 1.

Thursday's Game
Beaver 47, Canyon View 33

Friday's Game
Springville 47, Cedar 28



JR ROBINSON

The younger of the Weaver sisters poured in 33 points in the junior varsity game earlier in the evening, a 62-60 victory over the Falcons in double overtime.

The Falcons completed their week of games Dec. 1 with a 47-33 loss on the road at Beaver to fall to 0-3 on the season. The Beavers pulled away from a 19-17 lead at the half and rolled to the win.

Morgan Cheney led the Falcons with 11 points. Beaver was led by Abbey Yardley and Sydnee Gillins with 12

points apiece.

Cedar went to Springville on Dec. 2 and dropped a 47-28 decision to the taller Red Devils squad. The Lady Reds trailed 21-16 at the half, but were outscored 13-2 in the fourth quarter that helped Springville earn the victory.

Dream and Japrix Weaver led Cedar with seven points each in the loss.

Cedar played at Beaver on Tuesday night, while Canyon View played at Pine View. Both games were too late for press deadline.

Canyon View returning to Region 9 fold

by Tom **ZULEWSKI**
Iron County Today

The days of long road trips to play sports in Region 12 are about to come to an end for the Canyon View Falcons. With the first consideration of regions Nov. 28 by the Utah High School Activities Association (UHSAA), Canyon View will be rejoining the ranks of the Region 9 schools starting with football next August.

For the first time, the UHSAA has branched out to six classifications (1A-6A) across all sports. Region 9 will be part of the new 4A realignment for the next two years, and Canyon View will be the smallest school in terms of enrollment. Athletic director Jim Langford said being on that borderline presents a full plate of challenges.

“It’s tough to be the smallest school,” Langford said. “I understand the plight where we’re right on that line of being the biggest school — which creates its own challenges — or the smallest. It would be nice if everything was equal, but I understand the tough job the UHSAA has to divide us up.”

Since its move to Region 12, Canyon View has won championships across multiple sports, but Langford said the biggest factor that benefited the school came from the health of the student-athletes.

“We made the switch (from 3AA to 3A) in football four years ago, and in that time, we’ve really increased the health of our kids,” Langford said. “We were losing a lot of kids to injuries every year playing in Region 9, but you can see that now on every team, the number

of high school career-altering injuries that happen. It’s staggering.”

Even while Langford has concerns about the switch, he said the addition of a trainer from Intermountain Healthcare has eased the worry at least somewhat.

There will be a public hearing tonight at 6 p.m. at the UHSAA offices in Midvale, and the Board of Trustees will finalize the realignment Thursday. If approved, Canyon View will join Cedar, Desert Hills, Dixie, Hurricane, Pine View and Snow Canyon in Region 9.

Langford said with the change, scheduling preseason games will be more of a challenge due to travel restrictions.

“We’re not allowed to go past Payson as a district for more than one competition per year per program,” he said. “Payson is the closest 4A school, so for us, it will be a challenge finding preseason games that are 4A unless some schools are willing to travel down here.”

Langford added there is a small chance things could stay the same, but it would depend on if enough of the other schools sitting on or near the enrollment borderline would ask to move.

“We didn’t expect to go down to Region 12 last time, but other schools requested moving up and down, it shuffled for us,” he said. “I don’t anticipate it happening this time, but anything can happen.”

Parowan will remain 1A for football, but be part of a new 2A Region 18 in all other sports, joining Beaver, Enterprise, Gunnison, Kanab, Millard and North Sevier. The realignment will have 22 regions statewide.



SUU HOOPS

Continued from page 24

“Every time we threw something at him defensively, he had a great counter and we had to keep adjusting. It wasn’t checkers tonight. It was definitely chess.”

NOTES: The announced crowd was the largest at the Centrum since 4,303 saw the T-Birds play Utah State on Nov. 20, 2010. ... UNLV built its largest lead at 11 points on three different occasions. The game was tied once at 2-2. ... The Rebels shot 60 percent from the floor to the T-Birds’ 46 percent. ... UNLV finished with a 38-26 edge in rebounds and committed only four turnovers in the second half. ... The T-Birds made 11 3-pointers, with McGee and Parsons draining four apiece.

ROCHESTER, Mich. — The Southern Utah Thunderbirds fell to the Oakland Golden Grizzlies on Saturday, Dec. 3, in a 78-68 loss.

“Oakland is an outstanding team that will contend for their league. I was pleased that we fought until the end,” head coach Todd Simon said. “We struggled to have shots fall for a couple stretches but found a way to compete. This tough road test will pay dividends in the future.”

Despite outscoring Oakland 44-40 in the second half, the Grizzlies’ 14-point halftime lead guided them to victory, extending their record to 8-1 and dropping SUU’s to 2-6.

Randy Onwuasor led the Thunderbirds in the loss with 21 points. James McGee and Ivan Madunic added 13 points each. Madunic posted two blocks in the loss as Onwuasor, John Marshall, and Jacob Calloway each tacked up three assists.

Southern Utah shot just 29 percent from the field in the first half before improving to 34.3 percent for the game. Oakland shot 44.9 percent.



SOUTHERN UTAH'S WOMEN'S BASKETBALL
team lost on the road to Wyoming Friday night.

COURTESY OF SUU MEDIA RELATIONS

Wyoming downs SUU women in Laramie

by **SUU ATHLETICS STRATEGIC COMMUNICATION**

For Iron County Today

LARAMIE, Wyo. — The SUU women's basketball team played its first road game of December Friday night against the Wyoming Cowgirls. A 21-point, third-quarter comeback would not be enough as the Thunderbirds lost their third game of the season 68-48 in Laramie.

"It was kind of a tough road game where it felt like it was an uphill battle the whole time and we kept making progress, getting our way back into it. We had a great third quarter, great energy and just kind of ran out of gas in the fourth," head coach Chris Boettcher said after the game. "I'm really proud of what they did in the middle of the game, but we definitely need to work on finishing and being tougher in the fourth quarter."

The Cowgirls opened the scoring with six unanswered points, but senior Jamie Smith would get the Thunderbirds on the board with her first three point basket of the night. A Kiana Johnson three pointer would be the only other points scored for the Thunderbirds in the first quarter as they found themselves down 13-6 by the end of the first.

After only scoring two baskets in the first quarter, the Thunderbirds shot 50 percent from the field and put up 14 points in the second quarter. Even with the T-Birds' high shooting percentage,

the Cowgirls were still able to outscore the Thunderbirds in the second quarter by putting up 17 points of their own. Smith and freshman Rebecca Cardenas finished the first half with five points each as the Lady T-Birds went into halftime down 30-20.

The third quarter was the best one of the night, and one of the best of the season, for the Thunderbirds as they came out and outscored the Cowgirls 21-15. The quarter opened with two free throws by the Cowgirls, but the Lady T-Birds answered by going on a 13-4 scoring run and cutting the Wyoming lead down to four points for the first

time in the quarter. The Cowgirls were able to extend their lead back to 10, but another scoring run by the Thunderbirds made it 45-41 by the time the third quarter came to a close.

The Thunderbirds were only able to pull within three points of the lead before the momentum shifted back to the Cowgirls in the fourth quarter.

The Cowgirls went on a 21-4 scoring run in the final eight minutes to more than double their lead and put the Thunderbirds away for good.

Jamie Smith led the way in scoring for the T-Birds with 15 points on the night. She also had four rebounds, a block, and a steal. Freshman Skylee Doman had a good night as well with six total rebounds and seven points.

The Lady T-Birds hosted Utah Valley University on Tuesday night after our press deadline.

"We definitely need to work on finishing and being tougher in the fourth quarter"

— **SUU head coach Chris Boettcher**

Ryder Wright keeps on winning at WNFR

by Tom **ZULEWSKI**

Iron County Today

LAS VEGAS — For any 18-year-old, the pressure of competing in a big event like the Wrangler National Finals Rodeo in Las Vegas isn't always the easiest thing to deal with, especially when competing in front of more than 18,000 fans.

Don't tell that to Milford's Ryder Wright.

Joining five of his family members in his first NFR, the youngest competitor has turned the heads of the rest of his fellow saddle bronc riders. Wright remained perfect in the 10-day event, winning his fourth straight round at the Thomas & Mack Center on Sunday night with a score of 85.5 aboard Sundance and claiming another check for \$26,230.77.

With the win, Ryder Wright moved within \$1,007.50 of leader Jacobs Crawley of Boerne, Texas and increased his money for the season to \$185,527.24. He finished ahead of uncle Jake Wright, who scored 84.5 aboard Bright Lights and earned \$20,230.77.

Rusty and Cody Wright, along with brother-in-law CoBurn Bradshaw of Beaver, scored well, but failed to cash a check for finishing in the top six.

Through four rounds at the WNFR,

Rusty was third overall in the standings (\$152,903.88), Jake moved up to fourth (\$144,677.41), and Bradshaw fell back to fifth (\$140,751.78). Cody Wright was in seventh place (\$111,677.16) and Jesse trailed in 13th (\$91,616.11).

Ryder Wright began his rocket-like move up the money ladder by scoring 87.5 on his opening ride, Times Up, one point better than his father. Jake Wright was third.

In Round 2, Wright scored 86 aboard Get Smart, beating out Sterling Crawley of College Station, Texas, who scored an 84 on Capone. Jake earned a fifth-place check with an 83 aboard Tip Off.

Wright won his third straight round Dec. 3 with 86.5 points aboard Lipstick N Whiskey. Rusty Wright tied for second with Canadian cowboy Zeke Thurston, and Cody and Jesse Wright tied for fifth.

Ryder Wright led the average through four rounds with 345.5 points, ahead of Jake Wright's 330. Canadian Jake Watson sat third (325.5), Allen Boore of Axtell was fourth (324) and Cody Wright was fifth (317.5).

The Wrangler National Finals Rodeo continues through Saturday, starting each night at 8 p.m., and can be seen on CBS Sports Network – TDS cable channel 134, DirecTV channel 221 and Dish Network channel 158.

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Youngest Wright making big waves at WNFR

For a rookie in rodeo's Super Bowl, 18-year-old Ryder Wright from Milford certainly isn't riding like one in the saddle bronc category at the Wrangler National Finals Rodeo at the Thomas & Mack Center in Las Vegas.

Wright has started his run in the 10-day event with three straight round wins and rode like lightning up the money charts. After starting 14th out of the 15 cowboys – including five of his own family members – Wright moved all the way up to second on the money ladder heading into Round 4.

The youngest member of the clan and son to two-time champion Cody (2008, 2010) sat at \$159,296.47 through Round 3 and trailed leader Jacobs Crawley of Boerne, Texas by \$27,238.27. If Ryder Wright ever needed a jolt of inspiration to ride the momentum a little further, he has his uncle, Spencer Wright, to thank.

While Spencer Wright cashed in nine of the 10 rounds when he won the WNFR gold buckle in 2014, he only won twice – in rounds 4 and 7 – and started 13th. His nephew is already well ahead of that pace.

The rodeo is far from over, but the deficit Wright faces right now isn't insurmountable by any means. Each round win is worth \$26,230.77, and a first-place prize of \$67,269.23 is waiting for the winner of the average for all 10 days of the WNFR.

Full results from the first four rounds of the rodeo from Las Vegas can be found elsewhere on these pages, and I'll be providing a full recap of the rest come Saturday night. Read all about them and see if the Wrights can continue their even-year championship tradition in the Dec. 14 issue.

—A little history was made for two Southern Utah grads making their mark in the National Football League on Sunday. Miles Killebrew had three tackles, was involved in one that denied a touchdown, and

came up with the game-sealing interception – his first as a pro – on the final play as the Detroit Lions improved to 8-4 with a 28-13 road win over the New Orleans Saints.

It ended a pretty interesting streak of 11 straight



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

The deficit Wright faces right now isn't insurmountable by any means

games where the final margin on the scoreboard was within a touchdown or less. More importantly, the Lions kept their two-game lead over Minnesota and Green Bay in the NFC North with four to play.

Detroit's remaining schedule won't be easy as they

look to clinch their first division title in 23 years. They'll host Chicago, play on the road at the New York Giants and Dallas (a Monday Night Football tilt Dec. 26), then close at home against the Packers on Jan. 1.

Over in Oakland, defensive end James Cowser had his first sack in the National Football League when he brought down Buffalo Bills quarterback Tyrod Taylor for a 10-yard loss early in the second quarter of the Raiders' 38-24 victory.

Taylor was able to scramble for 21 yards on the very next play, but a holding penalty wiped out the gain and the Bills ended up punting on the drive.

Not only is Oakland in control of the AFC West heading into a Thursday night showdown at Kansas City, they have their first six-game winning streak since the 2000 season.

—The announced crowd of 4,249 at the Centrum for SUU's men's basketball game against UNLV last Wednesday night was the largest in six years. It was chock full of dramatics and great shooting, but the T-Birds ended up on the wrong end of an 89-81 defeat to the Rebels.

SUU had Todd Simon's old team well within beatable range – UNLV led the whole way, never by more than 11 – but it's hard to win when the opponent shoots 60 percent from the floor and outrebounds you by double figures (38-26).

It's all part of the learning curve, but it's even more refreshing to see Simon preach that this team has every intention of competing for the entire 40 minutes.

Now if it can just translate into a few more wins – SUU is 2-6 overall after a loss at Oakland on Dec. 3 – crowds like last week's will show up at the Centrum a lot more often.

Follow Tom Zulewski on Twitter @TommyZee81 and email tominator19@yahoo.com.

SUU Football Unveils 2017 Schedule

CEDAR CITY — The Southern Utah University football program has announced its 2017 schedule, highlighted by preseason games against Oregon, Stephen F. Austin, and Northern Iowa.

"I'm thrilled about the opportunity the 2017 SUU football team will have," head coach Demario Warren said. "From start to finish, it will be a challenging schedule."

The Thunderbirds will kick off their season in Eugene, Ore. as they take on the storied University of Oregon Ducks on Sept. 2. Following the matchup with the Ducks, Southern Utah will be back on the road to face Stephen F. Austin on Sept. 9 before opening its home season in Eccles Coliseum with Northern Iowa on Sept. 16.

SUU will launch into its Big Sky Conference season at Sacramento State on Sept. 23 before taking a BYE the following weekend. The Thunderbirds return to Big Sky action hosting Cal Poly on Oct. 7 for SUU's homecoming game.

"The best part of the schedule is that Cedar City will get to see some great programs come into Eccles Coliseum," Warren said.

Returning to the road, the Thunderbirds will travel to Ogden to battle with Weber State for the Beehive Bowl Trophy on Oct. 14. Southern Utah returns to Thunderbird territory to host Eastern Washington on Oct. 21 before traveling to Northern Colorado on Oct. 28.

After hosting North Dakota on Nov. 4, the Thunderbirds will finish off their road schedule at UC Davis on Nov. 11 before hosting Northern Arizona in the battle for the Hinton-Burdick Grand Canyon Trophy on Nov. 18.

"Starting out in front of 50,000+ fans at Autzen Stadium to playing two out of conference programs that have made the playoffs in the last couple years to playing all four Big-Sky opponents that made the playoffs in 2016," Warren said. "It will be an exciting season."

Hosting Northern Iowa, Cal Poly, Eastern Washington, North Dakota, and Northern Arizona will present a big challenge for the Thunderbirds as they look to continue their 9-1 home record over the last two seasons, but they are ready for the task.

"Every team on our home schedule was ranked at some point during the 2016 season," Warren said. "We want our program to be known around the country and our administration has done a great job giving us that opportunity in 2017."

Tickets are available now at tbirdtickets.com with season tickets starting at just \$45 for bleacher seats and \$75 for chair-backs. Family passes are also available, which include five tickets to each game for just \$125. Single game tickets are available for just \$10 bleacher seats and \$20 for chair-backs. Single game family packs include six bleacher seats for \$30.

SUU Football 2017 Schedule:

Sept. 2	@ Oregon
Sept. 9	@ Stephen F. Austin
Sept. 16	vs Northern Iowa
Sept. 23	@ Sacramento State
Sept. 30	BYE
Oct. 7	vs Cal Poly (Homecoming)
Oct. 14	@ Weber State
Oct. 21	vs Eastern Washington
Oct. 28	@ Northern Colorado
Nov. 4	vs North Dakota
Nov. 11	@ UC Davis
Nov. 18	vs Northern Arizona

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JEEP WHEELS & TIRES-NEW: Set of 5 new fuel off road 17 x 9 aluminum wheels, with 33x12.5 Radial mud claw tires-new, can send pics to phone, fits 87-06 jeep wrangler, \$1200.00, Local, 561-502-6342.

APPLE IMAC: APPLE IMAC, 20 inch screen, OS 10.6.8 Snow Leopard, 250 GB Hard Drive, 2 GB RAM, 2 GHZ, \$135. 435-590-3447.

SLEEP SOFA: TAN QUEEN size sleep sofa. Sofa fair. Mattress never used. \$20.00. Stove: White Whirlpool gas stove. Work great. Good condition. \$50.00. 435-590-7553.

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SKIS, BINDINGS, BOOTS, POLES, Excellent condition. Used twice. Ladies Volant Vertex VXS Skis. Marker M3.2 Bindings. Volant Poles. Nortica Boots 46AFX Size 8. \$200.00 435-590-7553.

QUEEN PLATFORM BED MEDIUM brown wood, 6 drawers, newer super clean mattress from Boulevard Furniture. \$300.00. 435-691-1539.

"CHRISTMAS GIFT IDEAS." Acoustic guitar, like-new, includes

CASE, \$380; QUEEN-SIZE BEDROOM set, excellent condition, includes headboard, footboard, rails, large dresser with mirror, and two nightstands, \$480. Call/text (435)327-2101.

30-06 SAVAGE MODEL 114 with stainless steel barrel. With a Leupold VX-3 4.5-14x40mm scope. Fired 8 times at the shooting range. \$950.00 firm. 435-590-2455.

2015 KAWASAKI SIDE-BY-SIDE, MULE, PRO-FXT800. 4 Doors, Waren Winch, Windshield, Top, Dump Bed, Street Legal. Only 600 miles. Factory warranty. Looks like new. \$13,950.00. Call Tom 435-463-9065.

MISCELLANEOUS

NEED YOUR CHIMNEY CLEANED? Who ya gonna call? Ashbusters Chimney Sweep Service. Free Estimates - Call Chipper Mangum at 435-704-4960

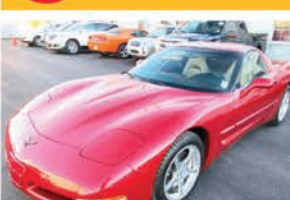
BACHELOR IS FED UP with dating site scams, seeking just one sincere lady. I'm reliable, non-smoker, college degree, likes dancing, nature, photograph & animals. 435-327-8212.

I MAKE TUBEPAINTING PILLOWCASES \$5, & embroidered pillowcases \$10. You can bring me your quilts or pillowcases and I'll finish them for you. Call Sherie 435-586-7047.

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 WAS \$27,290 NOW \$24,500.00	 WAS \$44,204 NOW \$38,835.00
 WAS \$54,000 NOW \$52,500.00	 WAS \$15,800 NOW \$14,200.00
 2015 Chevy 3500 CREW DUALY FLATBED WAS \$44,995 NOW \$43,000	

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WINTER Photo Contest!

Time to get out and
snap some photos
that represent the
Winter season to you!

*Photos
are due:
Jan. 25
@ 5pm*

**Winning photos
will be published
Feb. 8**

There is a limit of one photo per entrant, and photos can be e-mailed to design@ironcountytoday.com or brought by our office at 389 N. 100 W. Suite 12, Cedar City. Please include the name of the photographer and his/her city of residence. By submitting your photo, you agree to give Iron County Today permission to publish your photo. Call 867-1865 ext. 4 with any questions.

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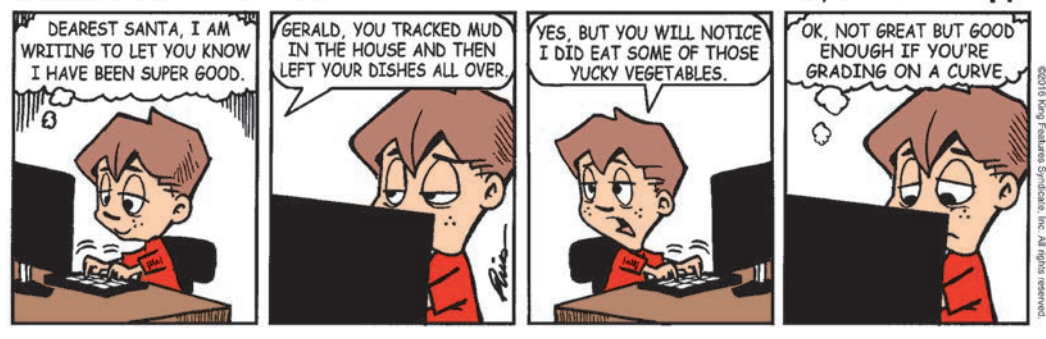
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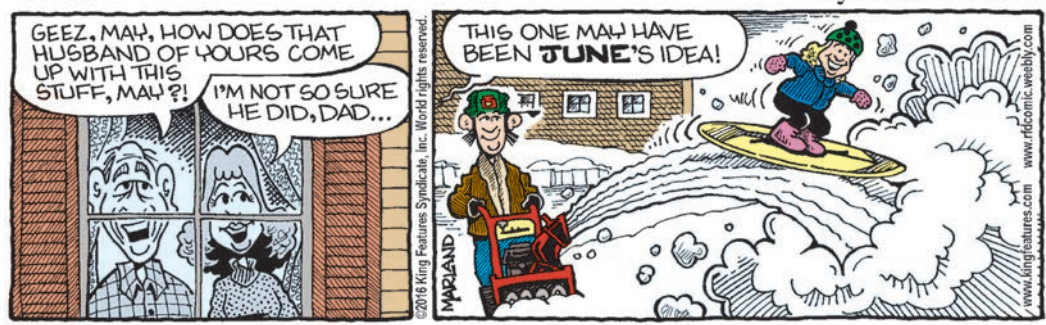
Amber Waves

by Dave T. Phipps



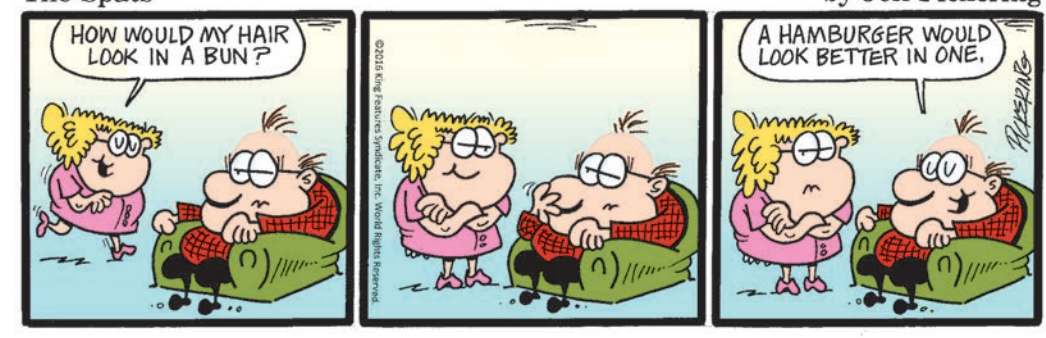
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

1				8		9		
		9		3		6		
	4		7					5
		3	2		8			6
	6			9		5		
5			4					1
	8				4			2
		4	3					8
9				6		1		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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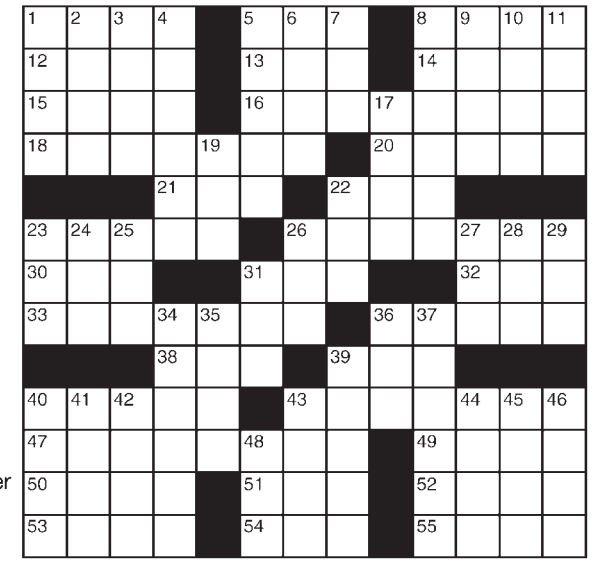
1. Log is missing; 2. Box is smaller; 3. Stocking is reversed; 4. Glass is smaller; 5. Plug is missing; 6. Sheave cuff is missing.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbtamall.com

King Crossword

ACROSS

- 1 Smell
- 5 U.K. fliers
- 8 Teen's skin woe
- 12 One of the Three Bears
- 13 Conclusion
- 14 TV's Dr. McGraw
- 15 Mideast port
- 16 Wrestling hold
- 18 Tetanus
- 20 Lassoos
- 21 High tennis shot
- 22 Jewel
- 23 Jaunty topper
- 26 Samson's weapon against the Philistines
- 30 Altar affirmative
- 31 London forecast
- 32 Hive dweller
- 33 Arid
- 36 Playwright Henrik
- 38 Noon, in a way
- 39 High card
- 40 Squabble
- 43 Plaster-fiberboard mix
- 47 Home entertainment piece
- 49 Vicinity
- 50 Oodles



- 51 Billboards
 - 52 One-named supermodel
 - 53 Some evergreens
 - 54 Lad
 - 55 Harp's cousin
 - 8 Self-assurance
 - 9 Hew
 - 10 Pleasant
 - 11 BPOE members
 - 17 Sketched
 - 19 Make marginalia
 - 22 Choke
 - 23 Lobster eater's aid
 - 24 Tokyo's old name
 - 25 Director Howard
 - 26 Cohort of Whoopi and Sherri
 - 27 Outdated, as a wd.
 - 28 Born
 - 29 Hallow ender
 - 31 Calendar abbr.
 - 34 Rejoices
 - 35 God, in Grenoble
 - 36 Aloof
 - 37 Lament
 - 39 Pretentious
 - 40 Vacationing
 - 41 Bronchial sound
 - 42 Radiate
 - 43 Prank
 - 44 Host
 - 45 Mad king of literature
 - 46 Highway division
 - 48 Arrest
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3	4	1	5	9	8	7	2	6
6	8	7	1	2	3	4	5	9
2	5	9	4	7	6	1	8	3
7	1	2	9	3	4	8	6	5
8	3	5	7	6	1	2	9	4
9	6	4	8	5	2	3	1	7
5	2	3	6	1	7	9	4	8
1	9	8	3	4	5	6	7	2
4	7	6	2	8	9	5	3	1

Answer

Trivia test

by Fifi Rodriguez

- 1. MOVIES: What was Grace Kelly's character's name in the movie "High Noon"?
 - 2. PSYCHOLOGY: What fear is represented in the phobia called "cryophobia"?
 - 3. LITERATURE: What was the name of the island inhabited by tiny people in "Gulliver's Travels"?
 - 4. U.S. CITIES: What city bills itself as "The Sweetest Place on Earth"?
 - 5. GEOGRAPHY: Where is the Gulf of Riga located?
 - 6. HISTORY: How many human beings have walked on the moon?
 - 7. ART: Which post-impressionist painter created the series titled "Sunflowers"?
 - 8. LANGUAGE: What product was slangily known as a "Tin Lizzie" in the early 20th century?
 - 9. ASTRONOMY: What is the largest planet in our solar system?
 - 10. MUSIC: Which 1960s rock group recorded the hit song "A Whiter Shade of Pale"?
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Weekly SUDOKU

Solution time: 21 mins.

8	4	1	5	9	8	7	2	6
6	8	7	1	2	3	4	5	9
2	5	9	4	7	6	1	8	3
7	1	2	9	3	4	8	6	5
8	3	5	7	6	1	2	9	4
9	6	4	8	5	2	3	1	7
5	2	3	6	1	7	9	4	8
1	9	8	3	4	5	6	7	2
4	7	6	2	8	9	5	3	1

Answers

1. Amy Fowler Kane; 2. Fear of extreme cold, ice or frost; 3. Lilliput (the Lilliputians); 4. Hershey, Pennsylvania, home of the Hershey chocolate company; 5. Northern Europe; 6. 12; 7. Vincent van Gogh; 8. Model T Ford; 9. Jupiter; 10. Procol Harum