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WEDNESDAY, NOVEMBER 28, 2018

VOL. 10 NO. 52

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Sports

Falcons come up short to Colts in season opener

- 4 Opinion
- 13 Showcase
- 16 Life
- 21 Sports
- 26 Classifieds
- 28 Comics/Puzzles



IRON COUNTY

today

f @ IRONCOUNTYTODAY.COM

WEDNESDAY, NOVEMBER 28, 2018

VOL. 10 NO. 52



IRON COUNTY TODAY'S TOM ZULEWSKI, along with friend Kris Steinhilber, on the set of "Who Wants to Be a Millionaire." Watch this week to see if he won any money.

COURTESY PHOTO

Public hearings planned on Cedar High mascot name change

CEDAR CITY — A review of the Redmen mascot at Cedar High School is currently underway in the Iron County School District with a committee organized at the direction of the Iron County School Board.

A committee of 28 future students, current students, staff, alumni, tribal leaders and parents is meeting to study the use of Redmen as the mascot at Cedar High School. The district, school board and school administration frequently receive questions and complaints about the use of Redmen as a mascot. The name originated in 1943 and was selected as a way of "representing the many Native Americans that lived and continue to live in this area."

In recent years multiple incidents have brought into question whether the term Redmen is an "honor" as the original selection committee intended. Redmen, and Redskin, have widely become known to be a racial slur in communities around the country.

The school board has directed this committee to explore the issue and solicit feedback from the community regarding the use of Redmen as a mascot. This action is not a result of any specific incident, but rather a culmination of frequent concerns that have been brought forth. The local Native American Tribe, The Cedar Paiute Tribe of Utah, has not requested a name change but is supportive of the district's review of the name. Tribal representatives are on the mascot committee and are providing their input as are all members of the committee.

Public meetings will be held Dec. 4 and Dec. 18 at Cedar High School at 7 p.m. For those wishing to provide input that are not able to attend the public meetings, an email account has been set up to receive input for the committee and school board at mascot@ironmail.org.

THE 'MILLIONAIRE' EXPERIENCE

Brains matter just as much as brawn

Editor's Note: Iron County Today sportswriter Tom Zulewski is a contestant on "Who Wants to Be a Millionaire" that airs tonight and tomorrow night on KJZZ at 7:30 p.m. Here's part one of the story of his experience

by Tom **ZULEWSKI**
Iron County Today

I've been in the newspaper business for the last 21 years. I've seen a lot of amazing things in my days as a sports writer, from buzzer-beaters in basketball to state championships won to fast cars zipping along at racetracks.

Oh, there were rough moments that had to be written about, too, from lengthy

losing streaks to coaching retirements to seeing hopes and dreams dashed. I was responsible for translating all of that.

Now, it's my turn. This is the story behind one of the greatest moments of my life, one that ranks a very close second to my marriage. It had competition, serious drama, determination, and it didn't involve any kind of ball.

see **MILLIONAIRE** | 12

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South Korean visit shared at SUMA festivity

from Emily **RONQUILLO**
Southern Utah Museum of Art

MAYOR MAILE WILSON-EDWARDS SPOKE of her recent visit to South Korea at a SUMA festivity.

CEDAR CITY — On Friday evening, Southern Utah Museum of Art (SUMA) hosted Mayor Maile Wilson-Edwards and members of the southern Utah community as the mayor shared her experiences from her recent diplomatic trip to Gapyeong, South Korea. Attendees included members of the 222nd Field Artillery Battalion, veterans of the Korean War and those interested in the connection between the two countries.

During the evening, Wilson-Edwards spoke about the purpose of the trip, an act of fostering a cultural, economic and educational bridge between sister cities Gapyeong and Cedar City. Wilson-Edwards recounted her visit to the Korean War and United States memorial, a visit to the site of the battle of Gapyeong, a meeting with the Gyeonggi Eastern Chamber of



COURTESY PHOTO

Commerce and Industry among other destinations. The highlight of the trip was her unique opportunity to participate in the rededication of the memorial that honors the United States and specifically soldiers from southern Utah that fought during the Korean War.

“I appreciated the opportunity to share my recent experiences visiting our sister city, Gapyeong, South Korea and the wonderful relationship that exists between our two communities. It was apparent everywhere we went in Gapyeong that there is a continued love, appreciation and respect for the sacrifice of our local military members during the Korean War. Overall, it was an honor to represent Cedar City and further strengthen the bond between our two communities” said Wilson-Edwards.

Following the talk, guests mingled in the gallery, enjoying

see **SOUTH KOREA** | 9

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Enjoy a Festival Christmas at Frontier

Annual Christmas at the Homestead starts Monday



COURTESY PHOTO

CEDAR CITY — Are you looking for a fun, family friendly, affordable way to celebrate the Christmas season? How about Christmas at the Homestead and Holiday Market—at the Frontier Homestead State Park Museum. The Utah Shakespeare Festival and the popular State Park are once again partnering to provide a Christmas celebration for area residents and visitors.

Christmas at the Homestead will be Monday through Friday, Dec. 3 to 7, from 5:30 to 8 p.m. at the park. Admission is \$5 per family. The Holiday Market will add to the celebration on Friday, Dec. 7 from 11 a.m. to 8 p.m. and Saturday, Dec. 8 from 9 a.m. to 3 p.m. Admission to the market on Friday is included in the Christmas at the Homestead admission price. On Saturday, the cost is only \$1 per person.

“Christmas at the Homestead gives us a chance to highlight our local history, give something back to the community, and offer an exceptional shopping experience during the Holiday Market,” said Park Manager Todd Prince.

The celebration will feature lighting design by Festival Properties Director Benjamin Hohman—as well as Santa, various specialty Christmas trees, and free hot chocolate, popcorn, and other surprises. In addition, each evening live entertainment will be featured at 6 and 7 p.m., and hands-on crafts will be available from 5:30 to 8 p.m. The schedule is as follows—

Monday, Dec. 3: Mountain Top Sound; Christmas card and printing press Christmas cards

Tuesday, Dec. 4: The Griffin Family; Snowflake ornaments and Christmas tree cards

Wednesday, Dec. 5: Suzuki Strings; Bow tie noodle wreaths and Holly Berry ornament

Thursday, Dec. 6: Entertainment TBA; rag dolls and paint chip trees

Friday, Dec. 7: Bell Choir; candle dipping and snowman bookmarks

Please note: This schedule is subject to change. Visit frontierhomestead.org/

christmas-at-the-homestead/ for the latest information.

To cap it all off, the Holiday Market on Dec. 7 and 8 will offer visitors an opportunity to recapture the sights, sounds, and ambiance of a pioneer Christmas market, providing a truly unique holiday shopping experience. Visitors can browse the work of over thirty artists and craftsmen then purchase the perfect handcrafted gifts, including exquisite photos and glasswork, historical reproductions, whimsical jewelry, seasonal treats, wood work and much more.

Adding to the ambiance of the market on Saturday will be free hot chocolate, Santa, and live entertainment: A Brass Duet at 9:30 a.m., Washburn Family Band at 10:30 a.m., Mountain Top Sound at 11:30 a.m., Julie Griffin Family at 12:30 p.m., and Southern Utah String Quartet at 1:30 p.m.

Walking through the various museum structures throughout the week, visitors will get a feeling of yesteryear. Each building will be decorated with a themed tree and other decorations. Roving musicians will entertain holiday revelers as they walk among the various buildings.

“Nothing will get you in the holiday spirit quicker and more completely than spending an evening at Christmas at the Homestead,” said “Tyler

Morgan, Festival Director of Marketing and Communications. “It’s an enchanting experience with everything that makes Christmas special: music, friends and family, entertainment, and holiday goodies.”

“This is a great opportunity for individuals and families to benefit from an affordable and entertaining holiday experience,” added Park Manager Todd Prince.

This year, Christmas at the Homestead is made possible with support from Cedar City Corporation, Cedar City-Brian Head Tourism Bureau, Rally Stop, State Bank of Southern Utah, SUU Head Start, Iron County Schools, Utah State Parks, Frontier Homestead Museum Foundation, and the Utah Division of Arts and Museums.

The park is located at 635 North Main Street in Cedar City. For the latest information and details, visit the museum website: www.frontierhomestead.org.

“It’s an enchanting experience with everything that makes Christmas special”

— Tyler Morgan

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**Nov. 28, Dec. 5 & 19
5:30 - 6:30 pm**

4-H Foodies Food Club - Ages 8-12 - \$15
Have some fun learning about food. Yum!

**Nov. 29
4:00 - 5:30 pm**

4-H Aerospace & Aviation Club - Ages 10-18 - No Cost
Flight, space, rockets, airplanes, helicopters.

**Dec. 1
9:00 am - 3:00 pm**

4-H Lotions & Potions Christmas Edition - Ages 8-18 - \$20 - Make soap, lotion, lip balm, & sugar scrub.

**Dec. 5
2:00 - 5:00 pm**

4-H Jewelry Camp - Ages 8-18 - \$20 - Make necklaces, bracelets, earrings, & other accessories.

**Dec. 6, Jan. 10, Feb. 7
6:00 - 7:00 pm**

4-H Teen Council Meeting - Grades 7-12 - No Cost
Learn leadership skills & make friends.

**Jan. 16 & 30,
Feb. 13 & 27
8:00 am - 5:00 pm**

Brianhead 4-H Ski/Snowboard Club - Ages 8-18 - \$160
Price includes gear rental, 4-H club activity, full day pass & lessons. All dates are on Wednesdays.

**Jan. 25 & 26
11:00 am - 9:00 pm**

4-H Teen Winter Retreat - Grades 9-12 - \$65
An overnight trip to learn about healthy relationships and leadership training at Aspen Grove.

**Dec. 13, Jan. 10,
Feb. 14
4:00 - 5:00 pm**

4-H Cloverbud Club - Ages 5-8 - \$5 - A monthly activity for our youngest members that utilizes the Discover 4-H Cloverbud Curriculum.

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Opinion

Show your religion through your acts, not your words

Cyclops is on vacation. This is one of his favorite columns from the past 33 years

Unfortunately, there will always be a few fanatics who want to push their own views on everyone else. This month, for instance, a group has asked a judge to destroy a highway cross commemorating war dead.

I hope they lose. For most of us, a highway cross doesn't promote religion; it merely pays tribute to those who have passed away. I never pause to wonder whether the dead were Christians. I simply see a memorial.

Yet lawsuits like this only bring a wave of complaints that liberals are doing their best to denigrate God-fearing Americans. However, the facts don't bear this out. Nothing has been done to stop anybody from professing faith in their own Supreme Being.

Can a student pray in school? Of course, as long as the public school doesn't mandate prayer or have the students mouthing a prayer written by the teacher or the principal.

If an individual student wants to bow his head and establish his or her own relationship with God, there's nothing to stop the kid. And that's the way it should be; schools should not be in the prayer business.

Can you still place a monument of the Ten Commandments outside your home? Sure, as long as the monument is placed on your front lawn, not the front lawn of the

city library, municipal building, or sewage reclamation facility. While I personally think prohibiting such monuments on city property is silly, the limitation doesn't have any impact on your or my ability to practice or promote the commandments.

Can a teacher mention religion in a



Cyclops

by **Bryan GRAY**
Columnist

None of the controversial court rulings place a roadblock to people showing their faith

classroom? Yes, as long as he or she doesn't use the time for missionary work or begin calling a differing faith a "church of the devil."

Can an individual property owner still place a manger scene outside his or her home to celebrate the Christmas season? No problem.

Can you still find a job without being

discriminated due to your religion? Yes, unless you apply at a company owned and operated by a specific church.

Can you still wear religious adornment in school or at work? Yes, unless there is a valid safety reason to forbid it.

Can you still get married with the blessings of a church or with an umbrella of a spiritual union? Yes. The approval of marriage equality hasn't altered the sanctity of church weddings one bit.

That bottom line is that the country is still safe for Sunday service, church bingo, and CTR rings. None of the controversial court rulings place a roadblock to people showing their faith.

Thomas Jefferson would be proud. In a note written more than 220 years ago, Jefferson addressed the very issue by writing "It does me no injury for my neighbor to say there are 20 gods or no god. It neither picks my pocket nor breaks my leg."

In other words, practice your own religion freely, but don't get the government involved or force other people to pony up for your beliefs.

In my view, the truly religious person will conduct his life like former President Jimmy Carter – showing his religion through every day acts instead of telling everybody how religious he is.

The opinions stated in this article are solely those of the author and not of Iron County Today.

Coats for Kids Campaign kicked off

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — The 2018 Coats for Kids Campaign, organized by the local chapter of Knights of Columbus, began earlier this month and will run through Christmas.

The Campaign collects new and lightly used coats and winter clothing to give to local children in need during the holiday season. The Knights of Columbus, from the Christ the King Catholic Church Parish, work with local businesses to provide space for coat collection

boxes. Volunteers decorate the boxes as well as cash donation cans to display prominently around town.

The Campaign began in 2013 and has grown to include more than a dozen collection locations and an additional 15 cash collection locations. In 2016, 740 coats and 220 other winter clothing items were collected and distributed to local children in need. Donations are distributed by the Iron County Family Support Center.

Coat collection boxes have been placed at the following local businesses: CAL Ranch; Christ the

King Catholic Church; Christensen's Department Store; IFA; Retro Fitness; Smith's; State Bank of Southern Utah (North and South Branches); Walmart; Wells Fargo Bank, South Branch; and Zion's Bank.

Cash donation can are located at the following locations: All American Diner; Applebee's; Brick House; Bruno's Italian Deli; Bulloch Drug; Christensen's Department Store; Denny's; IFA; Markey Grill; Mike's Tavern; Pizza Factory; Sizzler; Tag-N-Go Car Wash; Township Pharmacy; Wet Willy's Car Wash.

Free prediabetes testing ends Nov. 30

The Southwest Utah Public Health Department (SWUPHD) will continue to offer free A1C testing to screen for prediabetes through the end of the month (Nov. 30).

"Prediabetes means your blood sugar is higher than normal, but not in the diabetic range," says Jeff Smith, SWUPHD Diabetes Program Development Manager. "More than 1 out of 3 adults have prediabetes, and 90 percent of them don't know they have it. The good news is that if you have prediabetes, you can make

simple lifestyle changes to prevent or delay type 2 diabetes. That's why it's so important to get tested."

The A1C test involves a simple finger prick. You'll get the results within a few minutes, placing you in the range of normal, prediabetic, or diabetic. You do not need to fast before the test. To qualify for the free screening you must be at least 18 years old and a resident of Washington, Iron, Kane, Garfield, or Beaver County.

After November the A1C cost

will return to \$25. No appointment is needed. Here are locations in our readership area:

Cedar City (260 E. DL Sargent Drive)
Mondays - Thursdays from 7:30 a.m. - 5:30 p.m. (closed Tuesdays until 1 p.m.). Fridays 8 a.m.-5 p.m.

Beaver (75 W. 1175 N.)
Tuesdays and Wednesdays from 7:30 a.m. - 5:30 p.m. (closed 12-1 p.m. for lunch)



IRON COUNTY FORECAST

A SERIES OF STORMS WITH A CHANCE OF RAIN AND SNOW WEDNESDAY AND THURSDAY. THEN, EVEN COLDER AIR HEADING INTO AND GOING THROUGH THE WEEKEND WHICH WILL MAKE ANY PRECIPITATION A CHANCE FOR SNOW.

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THURSDAY	Rain/Snow Likely 44°/31°	
	PRECIP: 60% WINDS: SW 5-10	
FRIDAY	Mostly Cloudy 39°/30°	
	PRECIP: 20% WINDS: W 5-10	
SATURDAY	Snow Likely 38°/21°	
	PRECIP: 60% WINDS: SW 5-15	
SUNDAY	Chance of Snow 36°/23°	
	PRECIP: 30% WINDS: W 5-10	
MONDAY	Snow Possible 32°/20°	
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The Creamery in Beaver now open for customers

by Kelsey **KEENER**
Iron County Today

BEAVER — The Creamery in Beaver, a recently redesigned retail store for the Dairy Farmers of America, opened to the public on Nov. 17.

Before opening to the public, a VIP grand opening was hosted Nov. 16 featuring several speakers. First Vice Chairman and Mountain Area Council Chairman for DFA Brian Hardy welcomed guests to the opening before inviting project leaders and contributors to comment on the store opening.

DFA Chairman of the Board Randy Mooney said he hopes the redesigned store will help bring consumers closer to producers.

"All of us, me included, we go to these big grocery stores where there's food everywhere and we take for granted what rural agriculture does," Mooney said. "And what's so great about this creamery I think is, it really brings a crossroads where dairy farmers and consumers come together. We want to be part of the community, we want to be closer to the consumer and we want the consumer to know where their food comes from and we want them to know what we produce on our farms is some of the highest quality product known to man and some of the most nutritious product."

DFA Senior Vice President and Western Fluid Group Chief Operating Officer Dennis Rodenbaugh spoke briefly on some of the features of the new store. Rodenbaugh said the store has a new kitchen, a menu built around dairy, a learning and experiential room for

VIPS CUT THE RIBBON TO OPEN THE CREAMERY, just off I-15 in Beaver.



PHOTOS BY KELSEY KEENER

AN INTERACTIVE PLAY AREA FOR KIDS has already proven a popular spot at The Creamery.

children and a cheese-tasting area. He added that the new store will continue to serve the community.

"As a farmer owned-co-operative with roots going back to 1952 this cheese plant, this manufacturing plant, has been making hand-crafted cheeses for locals and travelers for 60-some years and we're going to continue on with

that great tradition and expand that," he said.

Beaver Mayor Matt Robinson addressed guests to announce that Beaver would be temporarily named Curd City for the duration of the new store's opening.

The Creamery is intended to provide a unique, farm-to-table dining experience as well as farm-fresh products and interactive learning. It

is owned by DFA, a national dairy cooperative owned by more than 14,500 family dairy farmers. The store features locally produced, farm-fresh cheeses and cheese curds from Utah dairy farmers.

The Creamery is located at 165 South 500 West in Beaver and is open from 8 a.m. to 6 p.m. Monday through Saturday.

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

November 18

Andrew J. Blodgett-Bennie, Cedar City
Intoxication, Failure to Stop on Command

Tyson S. Hales, Parowan
Possession of Drug Paraphernalia, Retail Theft, Theft by Deception

Emily M. Twitchell, Cedar City
Probation/Parole Violation, Intoxication, Disorderly Conduct after Req. to Stop

Johann Wade, Cedar City
Intoxication

November 19

James D. Bates, Beaver
Driving on Denied

November 20

Fabian R. Crandall, St. George
Probation/Parole Violation

Cody G. Ille, Cedar City
Dealing Harmful to Minor, Enticing a Minor over Internet

November 21

Kristy P. Barker Cedar City
Dangerous Animal at Large

Jason T. Mace, Cedar City
Possession of Controlled Substance, Possession of Drug Paraphernalia, Probation/Parole Violation

Rubilee J. Schekenbach, Hurricane
Assault

Meikle John O Scott, La Verkin
Intoxication, Criminal Mischief

Jeffrey Sudweeks, Woods Cross
Possession of Stolen Credit Cards, Possession/Use of Controlled Substance

November 23

Jerry Dorsey, Newcastle
Theft/firearm or oper. vehicle, Burglary of a Dwelling

Stevie R. Eccles, Cedar City
Driving on Susp/Rev license, Possession of Controlled Substance, Possession of Drug Paraphernalia

Juan C. Jimenez, Fullerton, Calif.
Knowingly Produce, Disp. Manu. Controlled Substance, Theft firearm or oper. vehicle, Burglary of a Dwelling, Possession of Controlled Substance, Burglary, Weapon while Under Influence

Alexander C. Wiederhold, Cedar City
Probation Violation

November 24

Clinton M. Kelsey, Parowan
Knowingly Fail Reg. Sex Offender, Unlawful sex conduct w/16-17

November 25

Andrew J. Lawton, Cedar City
DUI, Fail to Remain Accident-Damage Only

November 26

Lanette M. Bow, Cedar City
Threats Against Life/Property, Telephone Harassment

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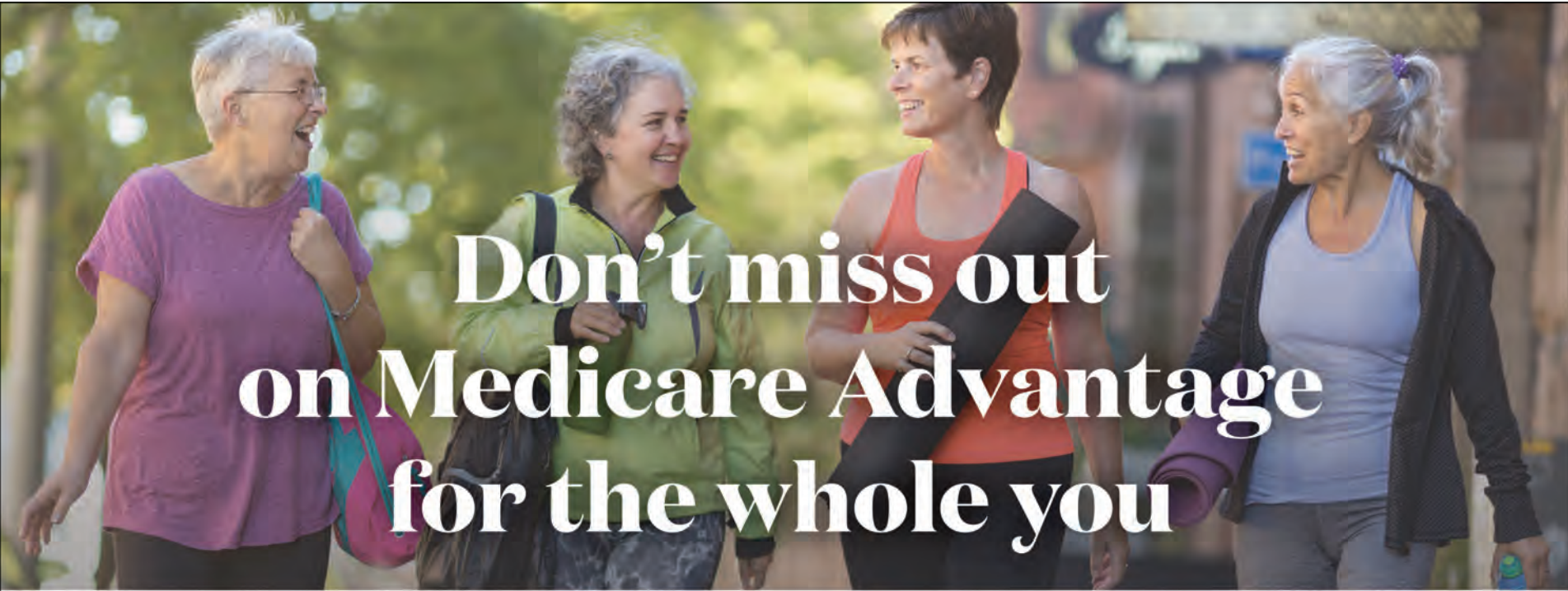
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SUU for Hope Team places first in Grand to Grand

by Nikki **KOONTZ**
SUU Marketing Communications

CEDAR CITY — Placing first in the team division, Southern Utah University President Scott L Wyatt and professors William Heyborne and Johnny Oh are back from running the Grand to Grand Ultra Marathon. Over the course of six stages, the SUU for Hope team traveled a total of 170 miles and more than 400,000 steps, with runners from 22 countries.

Starting at the North Rim of the Grand Canyon, the marathon included seven days of traveling through the high desert, slot canyons, national forests and some of the most remote country in the United States. Stages varied in distance from 8 miles to 53 miles and overnight camps were built along the way. The Grand to Grand Ultra race is the adventure of a lifetime and the first self-supported stage footrace ever to take place in the U.S., meaning that each racer was responsible to carry all equipment, clothing, and food necessary for the seven days.

"I hope I get the chance to do another race like this again," said Wyatt. "I experienced everything from very humbling moments to exhilarating personal victories. I learned a great deal over the course of 170 miles with my teammates and our new friends from around the world. Mostly, I was reminded that we can do more than we think possible."

Running for the future Sorenson Legacy Foundation Child and Family Development Center, the SUU for Hope team aimed to raise awareness and support for the project. As a commitment to the retention and

graduation of SUU students, the center will provide a high-quality facility offering on-campus childcare and parent and family support. To date, SUU has raised about \$1.3 million for the center.

"I want to let students with children, who need to get an education, find the internal strength (and help from us) to finish school and get good jobs," said Wyatt. "Running 170 miles, mostly in sand, carrying everything we need to survive on our backs was difficult. But it doesn't compare with the day-to-day effort it takes for a mother, with small children, to take care of them while pushing forward to complete a degree."

"While it was among the most difficult things I have ever

"I was reminded that we can do more than we think possible."

— **Scott L Wyatt,**
SUU President

done physically, it was also one of the most rewarding," recounted Heyborne, associate professor of biology at SUU. "I'm so grateful to my colleagues Scott and Johnny, for their sense of adventure, great attitudes, and grit. And we are so grateful to the sponsors for their commitment to the soon to be developed child



(LEFT TO RIGHT) Johnny Oh, President Wyatt and Bill Heyborne

care center on our campus. This will be a great resource for young parents seeking an education here at SUU."

SUU students, under the direction of Professor of Communication Jon Smith, followed the team throughout the week-long adventure and are producing a documentary highlighting the journey. "Running for Hope" will premiere December 3 at 7 p.m. in SUU's Great Hall. The event will include question and answer sessions with the runners, SUU's production crew, and the Sorenson Legacy Foundation Child and Family Development Center steering committee.



PHOTOS COURTESY OF SUU

RUNNING FOR HOPE CREW

SUU Professor publishes statistics textbook

CEDAR CITY — Southern Utah University Psychology Professor Lynn White recently published her first book, *Statistics Straight Up: The Essential Guide to Understanding and Using Statistics*. In addition to teaching a variety of psychology courses, White is also the director of the department's Behavioral Neuroscience Lab.

Professor White previously self-published an earlier version of this book, originally titled *Statistics for Psychology: A Survival Guide*. Thanks to the encouragement of her students, she found publisher Linus Learning, and took about 18 months to write and revise before publishing at last.



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LYNN WHITE

"There wasn't a text that simplified statistics, presented the concepts in a casual, conversational manner, and steered away from hand calculations," said White. "I genuinely believe that this book uses a one of a kind approach to teaching statistics. My students helped shape the book and the system I've developed for teaching statistics. I cannot thank them enough."

The book focuses on the importance of knowing how to use statistics as a tool for understanding data, rather than stressing hand calculations, theorems, and derivation formulas. White described how she wrote with a casual, storybook approach using characters like

Winnie the Pooh and Tom and Jerry to illustrate concepts.

Currently, Statistics in Psychology is utilizing the textbook for the class (PSY 3010) and lab (PSY 3015). It is also a recommended text for Research Design (PSY 3410) and Independent Research I (PSY 4930).

"Professor White's book has earnestly eased my transition into psychology stats," said senior Sofie Scaletta who is majoring in psychology and sociology. "I was pretty nervous to take this course, but the witty and informative nature of her writing has really helped me understand that statistics can actually be fun, and much more easily applied to real-life situations than we think.

I'll definitely take it with me to grad school!"

Lynn White has a Ph.D. in Physiological and Comparative Psychology. She attended Bishop's University and McGill University, and has been teaching at SUU since Fall 1997.

SUU's psychology program offers an academic major and minor. Students majoring in psychology may choose a research-focused course of study or the clinical/counseling focused option. Psychology professors are deeply involved in helping students choose courses that support their career goals and form strong mentoring relationships with students in classes. Learn more about SUU's psychology program.

SOUTH KOREA

Continued from page 2

authentic Korean cuisine served by Das Nest, while viewing the art of Encounter Korea.

"Our current exhibition, made for a perfect setting for this special evening. Between the mayor's talk, the Korean food and the being surrounded by contemporary Korean art, our guests truly felt our community's connection with Gapyeong and South Korea," said Jessica Farling, director/curator of SUMA.

The relationship between Gapyeong and Cedar City dates back to the Korean War, but the two did not become sister cities until 2009. Roughly 240 soldiers from Cedar City and the surrounding areas served as part of the Southern Utah 213th Field Artillery Battalion. The battle they fought is referred to as "The Miracle of Gapyeong" because not one member of the 213th lost his life.

Encounter Korea features the work of seven Korean and Korean-American artists through a partnership with Korean Cultural Center Los Angeles. Encounter Korea will be on display at SUMA until Dec. 29.

Canyon Creek fundraiser a success

Canyon Creek Services has announced the best year yet for its Dine Out for Shelter fundraiser. Niki Venis, volunteer and communications director, said this year's event raised \$17,315.21 for the non-profit.

Since 2011, the Dine Out for Shelter event has been raising funds needed for Canyon Creek Services to support survivors of domestic violence and sexual assault in our community. Money raised during this event assists the organization in its continued efforts to provide shelter, food, clothing, transportation assistance, and many other services to clients in need.

"Not only is this annual event important to Canyon Creek's survivors, it also brings business to our community and local participating restaurants," Venis said in a release. "In addition to our legacy participants, The Pizza Cart, Centro Woodfired Pizzeria, Charlies Southern BBQ, Pastry Pub, Brick House Cafe, Teriyaki Grill, both Dairy Queen locations, 5 Buck Pizza, Pisco Peruvian Cuisine, The Depot Grill Steak and Seafood, All American Diner, and Pork Belly's Eatery and Catering Co., Dine out for Shelter was also grateful for the participation of a few "newbies" this year.

New participants for 2018 included Palette Bakery, Bruno's Italian Deli, Perks Espresso and Smoothies, The French Spot, and Taco's El Jefe."

She said the top five restaurants for generated donations were The Pizza Cart (for the second year in a row), Charlies Southern BBQ, All American Diner, Pastry Pub, and Centro Woodfired Pizzeria.

"Canyon Creek Services would like to extend its most sincere gratitude to all those who participated in any capacity this year, helping to make 2018's Dine Out for Shelter the most successful one yet."



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STOPPING 'PORCH PIRATING'

Tips to safeguard mail and packages

Don't let 'porch pirates' steal your holiday packages. Here are 10 ways to protect mail and packages this holiday season and beyond, courtesy of the U.S. Postal Service:

1. Avoid sending cash by mail. Checks and money orders are safer than cash and may be cancelled or reissued in the event of theft.

2. Don't leave delivered mail and packages unattended. Just as wallets and purses shouldn't be left on the front seat of an unlocked car overnight, mail and packages shouldn't be left uncollected in mailboxes or on front porches for any length of time.

3. Consider an alternate shipping address. Customers can arrange to have packages delivered to neighbors who are home during the day or get packages delivered at work, if permitted.

4. Change the package's address — while it's in transit! Customers who know they won't be home when their package is delivered can try USPS Package Intercept. Prior to delivery, most domestic package shipments can be redirected back to the sender, to a new address or to the Post Office to be held for pickup.

5. Customize the delivery. If the package doesn't fit in the mailbox and the customer won't be home to receive it, the customer can provide delivery instructions online and authorize the carrier to leave it in a specified location. Visit usps.com, enter the tracking number and select Delivery Instructions. Customers can also request their packages be left with a neighbor or held at a Post Office for pickup.

6. Plan ahead. Ship using "Hold for Pickup." When shipping packages, customers can choose the Hold for Pickup option and the recipients can collect the packages at their local Post Office. For customers receiving packages, they can redirect



THINKSTOCKPHOTOS

incoming packages to their local Post Office by selecting Hold for Pickup using USPS Package Intercept.

7. Going out of town? Hold mail at the local Post Office. Instead of risking leaving a package unattended for an extended period of time, customers planning on being away from home for a few days are encouraged to take advantage of the Request Hold Mail service. Letters and packages will be held securely at the local Post Office until the customers return.

8. Secure the shipment using USPS Signature Services. Signature Services help ensure the package ends up in the right hands by requiring a signature at the time of delivery.

9. Choose the most secure form of delivery. For the most valuable packages, customers can opt for Registered Mail service. Registered Mail receives special handling from the time it's mailed until it's delivered, documenting the chain of custody.

10. PO Boxes might be the answer. Customers concerned about the security of their mail can consider renting a Post Office Box at their local Post Office. The mail remains secure within the Post Office, accessible only when using the right key or combination. Many Post Office lobbies are open 24/7, allowing customers to retrieve mail on their schedule.

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Upcoming local 4-H events

by Kelsey **KEENER**
Iron County Today

Iron County 4-H is offering many activities and club meetings through the rest of the year.

The Foodies Food Club will be meeting tonight at 5:30 p.m. The cost is \$15 per participant for ages eight through 12. The club discusses food safety, exposure to new foods and understanding where food comes from. The club will also meet Dec. 5 and Dec. 19.

The Aerospace and Aviation Club, for ages 10 through 18 at no cost, will meet tomorrow at 4 p.m. The club discusses mechanics of flight, space travel, rocket science, problem solving, teamwork and other topics.

The Lotions and Potions club teaches soap, lotion and lip balm making, among other products. The Christmas Edition of the club will meet Dec. 1 from 9 a.m. to 3 p.m. The activity is \$20 for ages eight through 18.

The next Jewelry Camp will be offered Dec. 5 for \$20 from 2 p.m. to 5 p.m. to ages eight through 18. Participants learn to make necklaces, bracelets, earrings and other accessories.

The Teen Council, for grades seven through 12, will meet Dec. 6 at 6 p.m. The meeting offers the chance to meet new people, learn leadership skills, attend conferences and community service.

The Iron County 4-H office is located at 585 North Main Street, suite 5. For more information about any of the offered activities or enrolling in 4-H, call 435-586-8132.

SUU students are traveling the world

by Nikki **KOONTZ**
SUU Marketing Communications

CEDAR CITY — According to a report from the Institute of International Education (IIE), study abroad does more than boost your resume. IIE President Dr. Allan Goodman believes the world and the workforce are becoming increasingly globalized every day. In his opinion, students need to gain an international experience which he believes to be vital for career success and mutual understanding.

For that very reason, Southern Utah University is increasing study abroad opportunities for students while making programs financially attainable. During the 2017-18 school year, SUU's Office of Learning Abroad coordinated the study abroad of more than 460 students to 68 different countries from Nicaragua to Austria.

Jill Knox, a junior history education major, traveled to New Zealand to learn about Polynesian perspectives and culture. During her trip, Jill was encouraged to take pictures, try new food, and learn new words.

"I loved studying abroad," said Knox. "I wasn't afraid to ask questions and learn about an area. I was able to set aside

"It's important to be exposed to other countries and cultures in order to become an educated individual"

— Logan Wyness

any personal stresses and enjoy every experience."

Logan Wyness traveled to Japan to study nutrition and family life. A senior computer science major, he has always had an interest in Japanese culture. He's now considering living and working in Japan in the future.

"It's important to be exposed to other



COURTESY OF SUU

countries and cultures in order to become an educated individual," said Wyness. "One of the reasons I came to SUU was because of the many study abroad options. The experiences you have at an affordable cost is unmatched."

Kaitlin Lawler, senior psychology major, studied abroad in Romania in May where she visited historical sites, met with locals and studied the cultural differences of people from the region.

classroom and into the world. Students are able to learn from different cultures, find new interests, serve, improve language skills, make lifelong friends and become more prepared to help solve future global challenges.

Tessa Douglas, the former assistant director of learning abroad, said that studying abroad is one of the most beneficial, life-altering experiences a student can have.

"It teaches so many important life skills in an incredibly impactful and lasting way, and it's amazing to see the changes in students' confidence, communication, and worldview when they return," she said. "These experiences are highly valued by employers, can help students graduate early, and are just so fun! And because SUU offers so many scholarships and several low-cost, subsidized programs, there are opportunities for every student to have some kind of study abroad experience."

To learn more about the SUU study abroad program, visit the SUU Office of Learning Abroad site at www.suu.edu/academics/studyabroad/

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MILLIONAIRE

Continued from page 1

I may be a sports writer, but I'm also a game show nerd, dear readers. I appeared on one in 2010, earning \$1,500 on Let's Make a Deal by looking like the oversized sequel to Bugs Bunny and avoiding a red marble in a bag.

But it was small potatoes compared to what happened this summer on a stage in Las Vegas, courtesy of "Who Wants to be a Millionaire"

July 12, 2017: Believing in destiny I already knew WWTBAM has been in existence for 17 seasons, but it took a couple of current ones before it hit me. The show's home is Caesar's Entertainment Studios, a tent-shaped lot located directly behind Bally's in Las Vegas.

A golden chance to put my knowledge to the test was out there for the taking, and all it took was getting in the car for a simple day trip. Purely on a whim, I drove down to the show and took the audition test with minimal expectations.

Passing the test was the first big hurdle, but if I didn't, I knew I could always try again.

Walking into the Jubilee Theater inside Bally's, I got settled in for the test. We had 10 minutes to answer 30 multiple-choice questions.

The time flew by, so much so that I didn't have time to answer the last five questions. I thought my chances were dead.

When the tests were collected and graded, the results told me otherwise. I still passed the test, which allowed me to do an interview with a contestant producer. The basic goal: tell them why you're worthy of being on the stage and taking your shot at a million dollars.

I was still blown away by my good fortune on the test. When I told the woman who interviewed me what happened, she basically said "go with it. It's fate."

It would be all the motivation I needed to make the show. When the interview finished, I was told to watch my email for a decision on a second callback within a week. Unfortunately, the "sad email" came and I had to try again.

Once that was done, I walked over to the studio and took in some episodes in the taping process. The energy was easy to latch on to, and the people were taking notice. Audience warm-up man Frank Nicotero said I had the personality part down. I knew it would be on me to put the rest of the puzzle together and make the dream come to life.

Two weeks later, on July 26, 2017, I visited the show again and celebrated the birthday of show host Chris Harrison. I passed the audition test again and I didn't get a callback...again.

I paid a third and final visit to the show about three weeks later. The third time was not the charm. I didn't pass the test, but watched a few more episodes being made. The whole adventure was a ton of fun, but the offseason training regimen was about to begin.

I was able to watch the shows – just about all of them – via a YouTube channel. The study guide was absolutely perfect and gave me a lot of ways to get ready to try again.

New season, new approach

My drive to play on the new season of Millionaire began when auditions were announced May 11. Four days later, with the help of my wife filming me on my iPad in front of the Cedar City sign at Main Street Park, I shot a one-minute video – actually 1:08, but who's counting? – and submitted it along with my online application.

On May 24, my phone rang after I got home from work. As it always happens, it was on the wrong side of the room and I didn't get to it in time.

I double-checked the number on caller ID, and it was worth calling back.

It was the first of several show producers. I was being invited to participate in an online audition that happened five days later, May 29. It required I download Skype, but that was no big deal.

Tony Schermetzler was my official quizmaster, and I never had to leave the house. We did a quick interview, and he fired off at least 20 questions by my highly unofficial count – he wasn't allowed to tell me how many there were. When all was said and done, I was told I had gotten enough questions right to advance to the next stage.

The next night, May 30, there was one more interview to do. This step included a quick mini-game – where I got to say "final answer" and give reactions – and a chat with another producer, Stephanie

Lewis. Once again, I did it from the comfort of my living room on Skype.

Once that was completed, Lewis spoke the words that were most telling my simple, crazy, off-the-wall dream was about to come true.

"I like you. I could easily root for you to win a large amount of money," she said.

It's been a really long time – since 2009 – that someone won the top prize, so it was understood how she didn't make too big a deal out of the million dollars. Heck, the last time a million-dollar question was even asked was in 2013.

And before we signed off, Lewis gave me the good news. Paperwork to fill out would be arriving in my email "within three weeks."

The dream was about to get seriously real. I received the email June 18, sent everything back the next day, and one week later – on my wife's birthday, June 26 – final approval came via another phone call, this one from producer Marina King. The tape date was set for Friday, July 13.

My life was about to reach a new level of Barney Stinson-esque awesomeness. I'm not a superstitious person, but taping on Friday the 13th would only add to the aura of what was to come.

All will be revealed over the next two nights – today and Thursday – at 7:30 p.m. on KJZZ.

Coming next week: The process, the game, and what it meant to someone who loves feeding his brain with knowledge that isn't really useless at all.

Christmas at the Homestead and Holiday Market

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A DIVISION OF THE UTAH
DEPARTMENT OF HERITAGE & ARTS



WEDNESDAY, NOVEMBER 28, 2018

Sixth Annual

FESTIVAL of TREES

starts Thursday

CEDAR CITY — A community celebration of caring and giving is planned when SUU's Department of Theatre Arts and Dance presents a holiday Festival of Trees. This family event runs from Nov. 29 through Dec. 1 in the lobby of the Randall L. Jones Theatre. Hours for viewing are 3 p.m. until 8 p.m. on Nov. 29 and 30, and 9 a.m. until 8 p.m. on Dec. 1. While donations of canned goods are requested to be brought to the theatre to benefit Iron County Care and Share, all events are free and open to the public.

The Festival of Trees is not only a community event to celebrate the season, but also a way to raise funds for Iron County Care and Share. All trees on display have been decorated and provided by local businesses and individuals. These trees are donated to the festival and will be sold through silent auction, with all proceeds being donated to Iron County Care and Share. To add to the festivities once again the balcony of the Randall Jones

will be decorated with the Utah Shakespeare Festival's Christmas Village, which is sure a sight to behold.

Saturday, Dec. 1 will truly be a family orientated day at the Festival. Starting at 9:30 a.m. there will be readings of Christmas stories as well as a coloring station and contest for children. Santa will join the festival from about 10 a.m. until 1 p.m. and be in the lobby for children and families to visit. During all open house times there will be a place for visitors to bid on trees. Winning bids will be announced on Dec. 1 and trees delivered soon after. In support of the Festival of Trees, with a donation of a can of food, the Department of Theatre Arts and Dance is offering a \$2 discount on the price of admission to FRESH! An Original Choreographed Dance Concert.

For more information or for inquiries about performing or donating a tree, please contact Brian Swanson, swanson@suu.edu or at 435.865.8674.



COURTESY PHOTO



COURTESY PHOTO

MR. CP'S JAZZ BAND AND THE CEDAR JAZZ DECTET will perform tonight at Off the Cuff in Cedar City.

Jazz Alliance concert tonight at Off the Cuff

CEDAR CITY — The Jazz Alliance of Cedar City presents the first concert of the Jazz at Off The Cuff series tonight at 7:30 p.m. The concert will open with The Cedar Jazz Dectet, a 10-piece group filled with local musicians. They will perform arrangements by Cedar City residents David Bolsover, Bob Gordon, and Thomas Herb. The unique arrangements and professional musicianship of this group is not to be missed.

For the second portion of the concert, Mr. CP's Jazz Band will perform. This jazz band is a combo that is getting steady gigs in the St. George area and a growing reputation as the finest jazz being performed in Southern Utah. The set will feature several of the new charts in the Django Reinhardt jazz guitar style of the 1930's. This music has been getting rave reviews at Mr. CP's regular performances in St. George,

and makes it first appearance in the Cedar City scene.

Jazz at Off The Cuff begins at Off The Cuff Comedy Center at 913 S. Main in Cedar City. This concert is sponsored by The Jazz Alliance of Cedar City and a grant from the Cedar City Arts Council which provides for free tickets to SUU and Iron County students. Regular admission tickets are \$5. Contact ThomasHerb@suu.edu for more details.

An Ode to Brunnhilde

by Mary Anne **ANDERSEN**
Cedar City Arts Council

It is not an exaggeration to say that Brunnhilde may have saved my marriage. Brunnhilde is the other woman in my husband's life who gets us where we need to be with efficiency and confidence. (I wanted to name her Peggy, but my husband couldn't remember that name and said Brunnhilde just to be silly. It stuck—sort of like the nicknames that your kids acquire.) She is our all-knowing GPS system and she has saved many an irritated exchange between us.

The thing is, I don't do maps. I must be excessively left-brained, loving words and linear processes but helpless with a map in my hand. Before Brunnhilde, I didn't know where we were, what street was approaching, or how far it was to our destination. I would rotate the map so that it was aligned with the way we were moving but usually to no avail. We would have to pull over so that my husband could look at the map I was holding and somehow it made perfect sense to him.

We have come to trust her advice almost without question.



But, oh, the glorious day that he opened a box and there she was. Surprise! My inadequacy would no longer matter. We could rely on her decisive directions, not on my hesitant, fumbling offering that usually said we should have turned back there.

I spoke a couple of weeks ago about how I have come to love my email server and really love my convenient texter. I would have a hard time going back to life without these two modes of communication, but I would do without them before I'd give up Brunnhilde. She is even more dear to me than my garage door opener, I think.

No, on second thought, my garage door opener is magic and I love the way it allows my home to swallow me up when I've been away. The light comes on, my space is there waiting, and all I had to do was push a button. I stay safe and dry, convenient to where I need to unload things. But notice that it doesn't have a name; it is just my servant. Brunnhilde is my friend.

We have come to trust her advice almost without question. She always chooses a freeway route, even if just from one exit to another, and occasionally we choose not to do that. We can practically sense her irritation when, after a minute or two, she says "recalculating" with a real edge in her voice. And we find ourselves talking to her! "Sorry," we say, when we miss a turn. Or, "Are you sure?" when we think we know better. But we hardly ever do know better.



COURTESY PHOTO

Ryan Shupe and The RubberBand in Cedar City tomorrow, Friday

CEDAR CITY — Utah-based rock/pop/acoustic/jamgrass artist Ryan Shupe and his ensemble, The RubberBand, are continuing their 8-city Christmas Tour with a performance tomorrow night and Friday night at 7:30 p.m. in the Heritage Theatre. Ryan Shupe & The Rubberband are also teaming up with Light the World Service Initiative to help promote service during the holiday season.

Being born and raised in Utah, Shupe and his band have toured Utah extensively, performing to packed amphitheatres in Provo, Ogden, Sandy, Layton, Richfield, American Fork, among several other cities. Being a 5th generation fiddler, an accomplished electric guitar, acoustic guitar and mandolin player, Shupe has been touring the state as well as the US extensively since he was 10 years old. Shupe and his band have made numerous local and national TV and radio appearances, including on Good Morning America, E! TV, Good Day Utah, Mountain Stage, Woodsongs, GAC and CMT. With Shupe as band leader, songwriter and lead vocalist, the group has had a successful career spanning seven albums over the past two decades, including Dream Big, which was released via Capitol Records, and was a Top 40 Hit on the U.S. Billboard Hot Country Songs Chart.

Ryan Shupe has received praise from countless outlets, both for his recordings and his live shows. No Depression says of Shupe's vocals, "Ryan IS a commanding rock vocalist with superlative acrobatic pop vocal magic." Paste Magazine calls Shupe's music "infectious" and "extremely catchy." MTV says, "Ryan's unique style, which blends influences including rock, country, folk, and jazz, provided

for a texture that evoked images of Dave Matthews Band gone bluegrass." Charlie Cran, of The Strawberry Music Festival in CA, calls Shupe and The Rubberband, "the surprise hit of the festival."

For information on tickets to either concert, call 435-865-2882 or visit <https://www.cedarcity.org/1088/Festival-Hall-Heritage-Theater>.

SUU COLLEGE OF
PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

ADVENTURES IN "TIME"
JAZZ ENSEMBLE CONCERT
Heritage Center Theater
November 30 at 7:00 p.m.

ART INSIGHTS- BRIAN SOKOL
SUU Auditorium Theatre
Thursday, November 29 at 7 p.m.

FRESH!
AN ORIGINAL CHOREOGRAPHED DANCE CONCERT
Randall L. Jones Theatre
November 30 &
December 1, 3, 7, 8 at 7:30 p.m.
December 8 at 2 p.m.

MAKE WE JOY
MUSIC DEPARTMENT CHRISTMAS CONCERT
Heritage Center Theater
December 7 at 7:30 p.m.

ENCOUNTER KOREA
Southern Utah Museum of Art
Now through December 29
Tuesday through Saturday
11 a.m. – 5 p.m.

www.suu.edu/pva

**"Ryan (Shupe) IS
a commanding
rock vocalist
with superlative
acrobatic pop
vocal magic"**

— No Depression

by Ashley H. **POLLOCK**

SUU College of Performing and Visual Arts

CEDAR CITY — SUU's Master of Music Education program was named one of the Best Master's In Music Education Programs for 2019 in the country by OnlineMasters.com. SUU was ranked 25th of 36 programs that were selected.

Barbara Montgomery, Program Recognition Manager for OnlineMasters.com, said, "Through our research we were able to provide SUU's program with the added distinction: Best For Individual Projects. This speaks to the amazing work that SUU is doing and demonstrates to our 100,000 monthly visitors that the program provides quality education that can help students with their career aspirations."

SUU's Master of Music Education is a 30-credit graduate program designed specifically for current school ensemble directors who want to continue working while obtaining their degree. Teachers utilize their classrooms as experimental laboratories while they master best practices, broaden their pedagogy, and grow as artists themselves. Students meet at SUU for a three week on-campus sessions in June, then complete the bulk of their course work online throughout the school year, tailored to match the schedules of busy teachers. With over 1/3 of the degree being electives and individualized projects, they can improve on the skills that they truly want to master.

Dr. Thomas Herb, Director of the Master of Music Education program, explains, "I was thrilled with this unexpected national recognition for our young Master of Music Education program. We are only in our third year, having recently graduated our first group of students, and to be



COURTESY OF SUU

SOUTHERN UTAH UNIVERSITY MUSIC STUDENTS AND PROGRAMS have elevated the school's Master of Music Education to new heights.

getting national attention for what we are achieving really shows that we are doing something right. This program is built on flexibility, to help individuals improve in the areas they have selected,

and to help them achieve their personal goals. To already be labeled as the Best For Individual Projects in the country is really a testament to the way this program is built for each individual. We are proud of our accomplishments, and look forward to even more success as we continue to elevate the level of music education for our students."

Dr. Lawrence Johnson, Chair of the Department of Music, shares, "To receive these accolades on a national level gives further credence to SUU's motto, 'Learning Lives Forever', and demonstrates the music department's commitment to helping graduate

students continue their learning and dedication to their professions as music educators. Dr. Herb is to be lauded for guiding the incipient Master of Music Education program on such a successful path already. Kudos also go out to all those faculty who help and support this thriving graduate music curriculum, which is sure to continue its growing momentum!"

Also on the website under Best Online Masters in Music Programs was SUU's Master of Music in Music Technology. It was listed as 9th of 32 programs and had the honor of Best of Studio Careers.

"To receive these accolades on a national level gives further credence to SUU's motto, 'Learning Lives Forever'"

— **Dr. Lawrence Johnson**

Gateway Academy concert coming Dec. 5

CEDAR CITY — Gateway Preparatory Academy is hosting a free concert for residents of Iron County. On December 5 at the Heritage Theatre, families are invited to come and share the evening of entertainment from Cedar High School Choirs, Southern Utah Handbell Choir, Village Voices, Gateway's Advanced Ensembles, and other performers from our talented community.

Heritage Theatre doors open at 5 p.m. and audiences are welcome to come early to enjoy the festive trees, take a picture with Santa and have



COURTESY PHOTO

THE SOUTHERN UTAH HANDBELL CHOIR will be among performers at Gateway Academy's Dec. 5 concert.

some delicious Christmas treats, while enjoying prelude music performed in the lobby by the Southern Utah Handbell Choir, this will then be followed by the concert beginning at 6 p.m.

Guests can support Gateway's music program by purchasing delicious treats in the lobby from "Sees candy" "Sweets and Knotty" and other delightful baked goods.

Please bring your family and friends to enjoy this free special evening of holiday music and cheer!

If you have any questions, please feel free to call the school at (435) 867-5558.

'Tis the Season for

LADDER SAFETY

THINKSTOCKPHOTOS

by Becki **BRONSON**
*Communications Manager,
Cedar City Hospital*

As the holidays are approaching, many of us are getting our holiday decorations out from the basement or attic, hanging the lights on the roof, and trimming the tree. Much of this activity can require the use of a ladder, but if a ladder is not utilized safely, it can cause a trip to the emergency room, or even serious injury or death.

Patrick Thompson, physician assistant at Cedar City Hospital's Emergency Room, says "Falls are a leading cause of death and nearly half of those deadly falls have been from ladders. But these deaths are preventable. Falls from ladders

can be prevented and lives can be saved if you use make sure to take the time and caution to use a ladder safely."

Here are some very important safety rules regarding the use of ladders:

1. Before using the ladder, check it carefully to ensure there are no visible defects and that it is in good working condition.
2. Use the right ladder for the job. For example, ensure the ladder is high enough for you to reach your work are without having to stand on the top rung or step.
3. When using ladders to access another level, secure and

extend the ladder at least 3 feet above the landing point to provide a safe handhold.

4. The base of the ladder should be strong and secure.
5. Wear proper footwear that is non-slip and flat-soled.
6. Place the ladder on stable and level ground. DO NOT place it on an uneven ground.
7. Ensure that the ladder is fully extended before starting work.
8. Prevent those passing by the ladder from walking under or near ladders being used, by using barriers, like cones, or getting a friend to act as a lookout.
9. Maintain three points of contact with the ladder at all times.
10. Do not carry any tools or materials in your hand when climbing a ladder.

11. Do not use ladders near doorways, or make sure the door is locked before you use the ladder.
12. Do not use ladder if its faulty, wobbly, bent, broken, or weak, and do not use ladder if it is missing a step or if the spreader bars do not lock in place.

Lali Hall, Cedar City

Hospital's trauma coordinator, says "We see far too many injuries regarding ladders in our emergency room. And these injuries did not have to happen. It does take a little time and effort to follow those safety rules, but using those safety rules regarding ladders is a must to keep you and your loved ones safe, so you can have a wonderful and enjoyable holiday season."

"... nearly half of those deadly falls have been from ladders."

— Patrick Thompson



PATRICK THOMPSON



LALI HALL

COURTESY PHOTOS

Flack Friday

The thrills and chills of Black Friday are finally over, or are they? To those of you who braved the hordes of hurried holiday hooligans, congratulations. To those of you who chose not to stray and stay safe and sound snuggled in your bed, rather than cramped and cramped into those never-ending lines, I commend you. I also commend every one of the employees and authorities who spent their evening to help keep everyone safe. Yet, I wonder what this world is coming to when we have to have armed guards throughout the stores to keep everyone calm and honest?

Also, sadly, Black Friday is slowly but surely becoming Black Thursday. Instead of being home with our families on Thanksgiving, we're in stores with strangers. Perhaps Black Friday should be renamed Blue Friday—the color hearts turn when Thanksgiving and Christmas become competitions of consumers more than holidays of happiness? Retailers haven't stopped there. With the invention of Cyber Monday, soon we'll be celebrating more than just a couple of days of delightful deals. We'll be celebrating, or salivating, for a whole week, or even a whole month of can't-live-without shopping sales. Therefore, I ask you, has the true meaning of Christmas been highjacked, plundered, or even replaced by the race for bargains, super sales, long lines, shopping and wrapping?

I wonder how many people's debts grew three sizes instead of their hearts?



The Rut LESS TRAVELED

by Corey BAUMGARTNER

In the famous phrases of the unforgettable and regrettable Grinch, who stood puzzling how every Who down in Whoville could still wake up with songs of gratitude and joy in their hearts, even after he confiscated their Christmas, "How could it be so? It came without ribbons. It came without tags. It came without packages, boxes, or bags." I wonder how many realize this as they stand in those long lines or receive their credit card bills. It's also worth noting that the Grinch puzzled for three hours on this miraculous matter. Which is as long as it took some people just to get inside the stores, hoping no one beat them to their sought for and hard fought for prize.

Now, I don't pass up every delightful deal. However, I am asking if we can become a little more like the Grinch, who, thankfully, realized his demise in time. Even though it hurt, his heart grew three sizes. I wonder how many people's debts grew three sizes instead of their hearts? For when we give from our finances more than our feelings, our wallets and our hearts can shrink three sizes.

Let us say bye-bye to the Buy! Buy! and remember the wise words of that once groveling Grinch who never spoke a truer truth, "Maybe Christmas doesn't come from a store. Maybe Christmas, perhaps, means a little bit more." I think he would agree today that there is no "perhaps" about it. I encourage each of us to do our parts to make Christmas mean a lot more by spending less with our wallets and more with our hearts.

Schools



COURTESY OF ZIONS BANK

CEDAR HIGH STUDENTS ARE COMPLETING A FINANCIAL LITERACY COURSE sponsored by Zions Bank.

Cedar High students celebrate financial literacy course

CEDAR CITY — Utah's General Financial Literacy Course — a requirement for high school graduation — turns 10 this year, and new state data show there are plenty of reasons to celebrate the milestone.

Cedar High School students in LeAnn Leavitt's financial literacy class marked the occasion on Tuesday, Nov. 20, with birthday cake and an extra serving of financial wisdom delivered by Zions Bank employee Megan Hutchinson.

In 2008, Utah became the first state to mandate a financial literacy course for high school graduation, a result of Senate Bill 154, which was signed into law in 2003. A decade later, Utah is the highest-ranked state in the nation for teaching financial literacy and the only state to receive an "A+" grade on Champlain College's Center for Financial Literacy 2017 Financial Report Card.

"As a nation, we often talk about the state of Americans' finances in terms of negative news and the many ways people are falling short," said Scott Bealer, manager of Zions Bank's Cedar City branch. "It's a pleasure to recognize these students and the progress we are making in Utah by celebrating this 10-year milestone in financial literacy."

While tackling money-related topics isn't always a piece of cake, the benefits are well documented; financial literacy is linked to greater personal wealth and economic stability.

An October 2018 report from the Office of the State Auditor revealed that Utah high school graduates who have taken the General Financial Literacy course have better personal financial knowledge and make smarter financial choices than those who have not. Utahns who graduated high school after 2008, when financial education became a requirement, also fared better on the personal finance survey than peers in neighboring states.

The half-credit General Financial Literacy course, designed for junior and seniors, covers topics like saving and spending, budgeting and investment strategies. Each year, more than 40,000 students attend this class and learn money skills they will use as adults.

While Americans in general struggle to save — 55 percent of Utahns and 57 percent of Americans have less than \$1,000 in a savings account, accord-

ing to a 2017 GOBankingRates survey — U.S. teens exhibit some promising financial behaviors. A 2017 TD Ameritrade report found that more than half of teens (56 percent) have started saving money and more than 40 percent of teens (43 percent) follow a budget.

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25-lb Beef Variety Package \$200



25-lb Pork Variety Package \$87



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Calendar

Wed, Nov 28

CEDAR CITY COUNCIL, 5:30 p.m., city hall.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

FREE DANCE AEROBICS CLASS, 9 a.m. Class is medium to high impact but can be adapted to any fitness level. Beginners and people of all ages welcome. Moms can bring young children. For more information, call Allison at 435-327-2091 (no text).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 to 8 p.m., 300 E. 685 North (the senior center), in Parowan.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 P.M., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, Cedar City Toastmasters, 7 a.m, 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

Thurs, Nov 29

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

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COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON--"AFFECTED BY SOMEONE'S ADDICTION OR DRINKING? AL-ANON CAN HELP. 7-8 P.M., 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. More info at 877-865-5890 or 435-635-9603.

WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up-tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/ class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Fri, Nov 30

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, Dec 1

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.

SATURDAY MARKET, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

NARCOTICS ANONYMOUS CLOSED, Candle Light meeting, KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

Sun, Dec 2

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

NARCOTICS ANONYMOUS WOMEN ONLY, 11 a.m., KKCB, 203 E. Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

COMMUNITY MINDFULNESS MEDITATION, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

Mon, Dec 3

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

FREE DANCE AEROBICS CLASS, 9 a.m. Class is medium to high impact but can be adapted to any fitness level. Beginners and people of all ages welcome. Moms can bring young children. For more information, call Allison at 435-327-2091 (no text).

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

FREE AEROBICS CLASS, 9 a.m.–fun easy dance moves to current pot hits, Latin, jazz, hip hop, and 80s choreography all included. People of all ages and fitness levels welcome. Moms can bring young children. For more information, call Allison at 435-327-2091

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances

Tues, Dec 4

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan Senior Center.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up-tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/ class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

CEDAR CITY LION'S CLUB, noon to 1 p.m., Cedar City Library in the Park, 303 N. 100 East, Cedar City. For more information, visit www.lionsclubs.org.

Wed, Dec 5

CEDAR CITY COUNCIL, 5:30 p.m., city hall.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 to 8 p.m., 300 E. 685 North (the senior center), in Parowan.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 P.M., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 p.m., city offices.

"ADDICTION-RECOVER LIKE A WARRIOR," written by local author Sue McAley, will be discussed at 7 p.m. in the Cedar City Library in the Park East Room. McAley will be presenting excerpts from her book and demonstrating concepts from this new cutting edge approach to recovery from addiction. Participants will be encouraged to engage in games and board breaking. Open to everyone ages 12 and up. For more information call (435) 233-8670



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Sacred horses are in peril



The Pet CORNER

by Dawn AERTS

While early Native American Tribes like the Navajo in Arizona believed that horses were sacred, there are a variety of equine horse rescues scattered across Utah, Colorado, Florida, Nevada and the Southwest that are trying to save horses from drought, slaughter and worse.

In Iron County, there are stories of horse-owners who left their equines to fend for themselves on open grazing land all winter without water available and with frigid temperatures that have left colts, mares and newborn foals to face the elements without adequate care or provision.

Horse advocates in Enoch remember the little

and Sanctuary for horses.

On their website, owner Ginger Grimes shares several stories of the horses that have come to survive after experiencing significant neglect by a horse owner. She writes, "A lovely 20-something year-old mare came to us in late August 2012, along with 15 of her friends – through local law enforcement in Iron County.

When this horse we called 'Lady' arrived she had severe sunburn, two bad legs, a bad eye, heart murmur and 'looked like' a bag of bones... But despite her condition, she always greeted me with a friendly whinny as I entered the barn. 'Lady' spent her time wandering across the ranch, nibbling grasses as she pleased while I cared for the other 30 horses. Her favorite spot was a place where the southern breezes blew her mane and she liked getting washed and groomed despite the sunburn.

Though her trips outside became less until she didn't want to go out at all, I still had high hopes that we could turn her around, so she could be a good pasture pal on the ranch. But towards the end of her life, one of her legs was swollen three times the size leaving her only two good legs to stand on.

According to Grimes, 'Lady' should never have reached this condition.



HORSE RESCUE AND SANCTUARIES FOR ABUSED, NEGLECTED OR ABANDONED HORSES

(like Lady) are scattered across the Southwest and can be found in Southern Utah where advocates ask for donations under 501©3 status that provides for donations to cover the care, feeding and veterinarian attention. Most donations are tax-deductible.

white foal that fell to the ground one winter night in January and was found frozen into the earth without a chance to survive. In that case, the horse owner was held accountable, as there are measures and laws in Utah that are in place to protect horses and livestock from abuse or neglect.

In summer, other signs of horse neglect are evident. There was the story of 191 wild horses that turned to a traditional water field in Arizona but found a pool of mud instead. There was national media coverage and photos of that herd moving to quench their thirst in 105 plus degree temperatures, but who ended up suffocating in a Navajo-lands lake of dirt.

So who and where are the protectors of 'sacred' horses?

In Southern Arizona, you'll find advocates like Harmony and Hope Horse Sanctuary in Portal, Ariz.; Equine Voices, Green Valley Rescue outside Tucson; the Front Range Equine Rescue a 501© 3 in Colorado and Ocala, Fla; and in Iron County, Dust Devil Ranch

"I know she will not be the last horse to get to this point," writes Grimes, "But with help from local people, (animal advocates) we can grow the sanctuary to help more horses find a forever home." Despite the case of the 191 horses that met their sad fate in a pool of mud, communities can still reach out to horse rescues that continue to work in the humane treatment of animals once considered 'sacred.'

There is likewise the 'Save the Wild Horse' campaign sponsored by Front Range Equine, that focuses on direct rescue from slaughter or neglect or abuse; the Trails End program which helps with reimbursement for humane euthanasia, with legal campaigns and educational efforts in progress.

If you suspect neglect, abuse or abandonment of a horse, contact the local humane society or an official with Iron County.

For more information on how you can help, look to horse rescues or sanctuaries or contact Dust Devil in Iron County, 410-596-5444.

People

90th Birthday

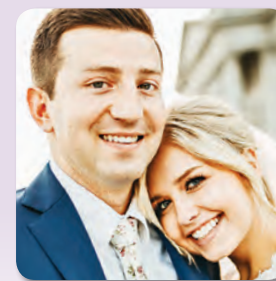
Donald "Don" Stucker

He was born November 30, 1928 in the coal mining town of Somerset, CO. From there he moved to Grand Junction, Col., on to Gallup, N.M., and then to Delta, Col. He participated in boxing and football and was active in sports. He married Dottie in 1954 after attending Mesa College and Colorado State College. They moved to Cedar City in 1975 and made it their home for 43 years. An open house will be held



December 1 from 1-3 p.m. at the Stucker residence, 982 S. Spruce St. Come celebrate with us at a cake and ice cream party! We'd love to see you! No gifts, please.

Wedding



Bettridge-Perkins

Weston Bettridge and Kiersten Perkins are pleased to announce their marriage on November 30, 2018 in the Ogden Utah Temple. An open house will be held in Cedar City on December 1, 2018 at 500 S 1100 West from 6:30-8:30 p.m. Parents of the groom: Rand and Cami Bettridge of Cedar City. Parents of the bride: Chris and Gayle Perkins of West Point, Utah.

70th Birthday

Emma Linda Thompson

Emma Linda Thompson turns the sweet age of 70 this week. Born on the "Tough" Westside in Salt Lake City on 11/29/48. She moved to Cedar City to hookup with Tom Thompson, and now runs Festival Carpets. She was the Chamber President and Woman of the Year. Her daughter and two grandchildren live in Seattle. She loves to play golf and on an occasion, she destroyed a few Prairie Dogs



while playing. She recently developed lupus, but she is doing just fine. We wish her a very Happy Birthday and many more! Your Loving Husband, Tom

Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements can be submitted online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

Obituaries

Marilyn Miles Fotheringham



Marilyn Elva Miles Fotheringham passed away on November 20, 2018 at the age of 87. Marilyn was the daughter of Lorin C. Miles and Elva Johnson Miles. She was born in Cedar City, Utah, on January 17, 1931. Marilyn married her first and only love, Robert Bruce Fotheringham, on September 17, 1949, in the St. George Temple. They lived in Beaver County for a few years, and then made their permanent home in Cedar City. They are the parents of four children: David Bruce, Robert Miles, Debra Marie, and

Gary Scott. Marilyn attended the Cedar City public schools, graduating from Cedar High in 1949. She later went on to attend the College of Southern Utah (SUU) in Cedar City, earning a degree in Elementary Education and in English. She graduated in 1965 as valedictorian of her class. After graduating from college, she became a beloved teacher and taught in the Iron County School District for 27 years. As an active member of The Church of Jesus Christ of Latter-Day Saints all of her life, Marilyn served faithfully in the various positions to which she was called. She was an arbitrator in the indexing program and over the years processed hundreds of thousands of names. Probably the most satisfying genealogy work she did for herself was the writing and compiling into a book the histories of Bruce's and her ancestors going back six generations. All of her life she maintained an unwavering devotion to the strong testimony she possessed. Marilyn's family and friends were the focus and love of her life. She had a kind and pleasant disposition. She enjoyed traveling with her family and friends in the United States and abroad. She had a gift for seeing the beauty in her life and in the people she loved. Marilyn enjoyed quilting and crocheting. She was an avid reader and a gifted writer. Marilyn lived a long and rich life filled with all of the best things. She left a remarkable legacy for her family and was an example to them of love, integrity, and positive thinking. Her presence in their lives will be greatly missed.

Marilyn is survived by her husband, Robert Bruce, and their children, David Bruce (ShaRee), Robert Miles (Susan), Debra Marie (Jim Johnson), and Gary Scott. She has 18 grandchildren, and 39 great-grandchildren. She is also survived by one brother, Gail (Bonnie) Miles, and one sister, Carol (Larry Adair), and one sister-in-law LaRae Miles. She is preceded in death by her sister, Lois Miles Higbee, and her brother LC Miles Jr. Funeral services will be held on Saturday, December 1, 2018 at 1:00 pm at the Cedar West Stake Center (725 S 1100 W, Cedar City, UT). A viewing will be held on Saturday, December 1, 2018 from 10:30 am – 12:30 pm at the Cedar West Stake Center. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Diana Lee Nelson Smith



The following obituary as written by Diana Lee Nelson Smith
"I have shed the baggage of old age! And am running young into eternity!"
My parents are James Darwin Nelson who took me to baseball games and Irissa Dover Nelson who gave me the love of gardening.
Blair D. Nelson, Shirley Nelson Kennicott, and "J" Travis Nelson are my cherished siblings.
I married Bob Ray Smith on November 6, 1953, which was a great

stroke of fortune. Our children are Maureen Smith and Eric Nelson Smith. Neither of whom have ever done what I've told them. Our granddaughters, Erica Lee Smith, Shannon K Smith, Marie Cox Barker and Christine Cox are the best in the world. Our great grandsons are Maddux and Nolan Barker, who have given me great joy. I have chosen to share with my Bob R. all the support and love shown to us at the time of his death; therefore there will be no formal funeral." The family would like to thank and honor mom's kind and loving neighbor, Kathy. A viewing will be on Wednesday, November 28, 2018 from 11 a.m. to 12:30 p.m. at Southern Utah Mortuary (190 N 300 W, Cedar City, UT). Graveside services will follow at Cedar City Cemetery at 1 p.m. Interment will be in the Cedar City Cemetery under direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

DruElla Orton Chamberlain



DruElla Orton Chamberlain, 90, passed away on November 20, 2018 at Stonehenge Care Center in Cedar City, Utah. She was born on April 4, 1928 to William Taylor and Iona Baldwin Orton in Provo, Utah. She graduated from Parowan High School in 1946. She married her high school sweetheart, Bud Chamberlain on July 9, 1945, and were sealed in the St George Temple on September 23, 1947, and they had 50 wonderful years together.

DruElla was a member of The Church of Jesus Christ of Latter-day Saints and served for many years in Young Women's and Relief Society, as well as the ward Librarian. She worked in the family business, Color Country Glass as the secretary, and Gem Jewelers. She was active with Bud in the Lion's club and continued after he passed until the last week of July 2018 when she was no longer able to attend. She was a member of the Daughters of Utah Pioneers, and attended the Senior Citizens center every Friday until she was no longer able. She enjoyed crocheting, sewing, collecting spoons, bells and plates. She also liked playing Solitaire, reading and doing word search books, and was a Jazz fan. Most importantly for DruElla was her time spent with family and friends at the mountain cabin and travelling with Bud and friends. DruElla is survived by her daughter, Anngela (Howard) Christiansen of Cedar City; her sister, Sandra (Stephen) Pittenger of Grand Junction, Colorado; 15 grandchildren, 31 great grandchildren and 4 great-great grandchildren, and many nieces and nephews. She is preceded in death by her parents, William and Iona Baldwin Chamberlain; her husband Llewellyn C. (Bud) Chamberlain; her infant daughter, Vanda; son and daughter-in-law Ronald and Diane Chamberlain; daughter, Marsha Chamberlain Bulloch, and brothers Caudell Orton and Melvin Orton. Funeral services were held on Monday, November 26, 2018 at 11 a.m. at the Cedar 15th Ward Chapel (500 W 400 N, Cedar City, UT). Viewings were held on Sunday, November 25, 2018 from 6 - 8 p.m. at Southern Utah Mortuary (190 N 300 W, Cedar City, UT), and on Monday, November 26, 2018 from 9:30 – 10:30 a.m. at the Cedar 15th Ward chapel. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Josephine Virginia (Vidal) Christopher



Our beloved mother, grand-mother, and friend Josephine Virginia (Vidal) Christopher passed away peacefully while reading a book on Monday, November 19, 2018 in Cedar City, Utah. Born on July 25, 1930 in Brooklyn, New York to Jovito Vidal and Virginia Chevalier. Josie married her handsome sailor John David Christopher and together raised their four sons in West Covina, CA and Rock Springs, WY – John David Christopher, Jr. (Susan), Keith Christopher (Brenda), Terry Christopher (Sam), and Philip Craig Christopher (Debbie).

Throughout her life, Josie remained close to her many brothers, sisters, nieces, and nephews in New York, California, and Puerto Rico. She loved her awesome grandchildren – Jessica, Katherine, Justin, Cassy, Brian, Shandi, Charvel, Riley, and Kaitlyn. She had many cute great-grandchildren. Grandma's eyes lit up anytime we were near garage sales and she always sought a good deal. She loved reading, especially Stephen King novels, and enjoyed horror movies. She attended every activity she could with her grandchildren and great-grand-children. She touched the lives of the many foster children she brought into her home. Josie valued her many friends and we thank all those who brought joy and companionship to her life. Josie was preceded in death by her husband, sisters Margie, Selma, and Tanis, and brothers Joe, Ricky, Robert, and Rudy. Her surviving sister Gloria lives in New Jersey. At Josie's request, a short service was held on Saturday, November 24 at The Church of Jesus Christ of Latter-day Saints chapel located at 1390 E Midvalley Road, Enoch. The interment was in the Enoch cemetery. The family would like to thank the many friends and neighbors who came to honor and remember Josie. They would also like to thank the Cedar 15th Ward for their compassionate service.

LaNae Davis Thomas



LaNae Davis Thomas, age 83, died on November 22, 2018, in Beaver, Utah, after battling cancer for the fifth time. She was born in Milford, Utah, the first of three daughters to Marcine Leon and Sylva Rollins Davis, on October 8, 1935. She attended schools in Minersville and Beaver and graduated from Beaver High School in 1953. For LaNae, growing up in Minersville was magical. She was surround by her immediate family, aunts and uncles, and lots and lots of

cousins. She enjoyed playing down by the creek, making hollyhock dolls, sitting beneath the quilt frames while aunts talked above, walking down "the lane" going "out west" for picnics, and hunting arrowheads. She loved to sing with her family and enjoyed when all the cousins got together. LaNae met and married that handsome kid from North Creek, Douglas R. Thomas. He drove an oil truck and when he came to Minersville to deliver oil to her Uncle Dan's service station, she would time it just right to be there. She latched on to him and they were married on March 7, 1956. This marriage was later solemnized in The Church of Jesus Christ of Latter-day Saints St. George Temple on December 15, 1964. The happy couple was blessed with three children, Paula, David and Janet. In 1960, LaNae and Doug moved to Arcadia, California in search of more meaningful employment. This was only to be a temporary move, but it lasted more than three decades. LaNae was proud to be a wife, mother and homemaker. She enjoyed keeping her house clean and providing delicious meals for her family. She made many new lifelong friends in California and treasured them like family. In 1979, LaNae's world turned upside when Doug passed away suddenly, leaving her with three young adult children to help prepare for the world. She did a fabulous job. She supported their educational, work and religious pursuits. LaNae's greatest pleasure was her family. She loved each of her children and their spouses but had a greater love for her grandchildren and now great-grandchildren. She adored her sisters, Norma and Evelyn and their spouses. When they all got together, the laughs became contagious and everyone wanted to be around them. LaNae was a faithful and devoted member of The Church of Jesus Christ of Latter-day Saints. She was a visiting teacher for more than 55 years, held callings in the Primary, Cub Scouts, Young Women, and Relief Society programs, having served as Relief Society President twice. After returning to Utah in 1995, she served as Librarian and as an Ordinance Worker in the St. George Temple.

LaNae is survived by her three children and their spouses: Paula (Owen) Spencer, Beaver, UT; David (Kathleen) Thomas, Cedar City, UT and Janet (Gary) Clark of Cedar City, UT. She will be greatly missed by her 11 grandchildren: Benjamin (Amber) Spencer, Jeremy (Sophie) Spencer, Brittney (Adam) Mejia, Clinton Thomas, Chad (Kelly) Thomas, Courtney (Joseph) Phillips, Cassidy Thomas, Hayden (Mikaela) Clark, Austin (Shay) Clark, Makenzie (Kody) Roney and Madison Clark, and 10 greatgrandchildren (with four more on the way). She is survived by her two sisters Norma (Harlan) Thomas, Milford, UT and Evelyn Munk, Cedar City, UT, and her sister-in-law, AnnaMae Thomas, and many cousins and nieces and nephews. LaNae was preceded in death by her parents, Marcine and Sylva Davis, husband, Douglas Thomas, brother-in-law, Donald Munk, and all of Doug's siblings, Ruth Hoopes, Margaret Riley, Josephine Killiam, Eldon Thomas, Audrey Harris, Shirley Ashworth, Alice Swindlehurst, Dan Thomas, Nell Smith, Virginia Gillins, Helen Thomas, Jack Rehnstrom and Neil Rehnstrom. Funeral services will be held on Saturday, December 1, 2018, at 11 a.m. at the Greens Lake Ward building, located at 1120 West Greens Lake Drive, Cedar City, UT. A viewing will be held prior to the funeral on Saturday from 9:00 to 10:30 a.m. at the church. Interment will take place at the Mountain View Cemetery in Beaver Utah under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Submitting an Obituary

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

WEDNESDAY, NOVEMBER 28, 2018

by Tom **ZULEWSKI**
Iron County Today

CEDAR CITY — If Canyon View's season-opening boys basketball game had highlights to note, the beginning was worth the price of admission for the home team.

The visiting Cottonwood Colts found its groove in the middle and held on for the victory at the end.

Eli Reynolds scored 22 points, and the visiting Colts held Canyon View off the board for the first five minutes of the second half before hanging on for a 74-68 victory over the Falcons in the season opener for both teams. The Colts led 34-29 at the half, but used a 13-0 run to take control of the game.

"We got stagnant offensively and got in situations where we didn't play real smart defensively," Canyon View head coach Robbie Potter said. "We had some weird lineups out there and got in some early foul trouble. That's just gonna improve with time."

The Colts stretched the lead to as much as 20 points early in the fourth quarter before the Falcons put together a 20-4 run that Malik Drye capped with a 3-pointer that made it a game at 68-64 with one minute left.

It would be as close as Canyon View would get. After Parker Holmes — who led the Falcons with 22 points — hit two baskets to keep his team in range, Josh Riah missed the front end of a one-and-one with 32.9 seconds to play.

After Britton Jensen (18 points) came up with an offensive rebound following the miss, he got inside for a layup that completed the scoring and sealed the victory for the Colts.

"That was the exciting part," Potter said of the comeback. "The not-so-exciting part was when we got down by 20. We did some things that played to our strengths, so let's build on that."

The Falcons will have a 10-day break before facing Juab in the Central Utah Boys Basketball Preview in Richfield on Nov. 30. Tipoff is at 10 a.m.



FALCONS FALL SHORT



Cottonwood

74



Canyon View

68

Cottonwood 16 18 20 20 -- 74
Cyn. View 20 9 9 30 -- 68

Cottonwood — Cooper 12, P. Davis 5, Ostler 2, Riah 9, Jensen 18, D. Davis 6, Reynolds 22. Totals 28 12-15 74. 3-pointers — D. Davis 2, Reynolds 4.

Canyon View — Lyman 19, Farrow 2, Drye 9, Holmes 22, Brindley 8, Spencer 6, Sorensen 2. Totals 26 8-12 68. 3-pointers — Lyman 3, Drye 1, Holmes 2, Brindley 2.

CANYON VIEW OPENED ITS BOYS' BASKETBALL SEASON with a six-point loss to Cottonwood.

JR ROBINSON

Six T-Birds on all-conference football team

The Big Sky Conference announced their 2018 All-Conference Football Teams, and six different Thunderbirds were honored for their contributions during the most recent campaign.

For the second time in his career, Zach Larsen was placed on the Big Sky's First Team Offense. The All-American center has started every game for the T-Birds at center since his freshman year. Larsen was also named to the Big Sky's First Team following the 2017 season, where the Thunderbirds claimed their second Big Sky Conference title.

Former offensive lineman Marquez Tucker was named to the Big Sky's Third Team Offense after starting every game for the T-Birds on the o-line this season. Tucker was a Second Team honoree following the 2017 season. Joining Tucker on the Big Sky Third Team as a kick returner is Judd Cockett, who was the first T-Bird to return multiple kicks for a touchdown in the same season since 2011 when Austin Minefee had two. Cockett took two to the house this season as well, with an average of 30 yards per kick return, returning 14 for 422 yards. This is Cockett's first honor from the Big Sky.

Chinedu Ahanonu made it to the Big Sky's Third Team Defense,

see **ALL-CONFERENCE** | 22



COURTESY OF SUU

SUU'S ZACH LARSEN earned first team Big Sky Conference honors.



ANDRE ADAMS OF SUU SCORED NINE POINTS in the T-Birds' 76-71 loss at UNLV Friday night.

COURTESY OF SUU

Rebels hand SUU first loss of season

by **SUU ATHLETICS STRATEGIC COMMUNICATION**
For Iron County Today

LAS VEGAS — The Thunderbird men's basketball team squared off against the Runnin' Rebels of UNLV on Friday night inside the Thomas & Mack Center in Las Vegas, and ultimately fell 76-71 in tightly played contest.

The Thunderbirds fell to 3-1 on the season after the loss, following the best start in school history.

The T-Birds started hot, including two shots behind the three-point line, and held a 10-4 lead at the first media timeout. The Runnin' Rebels didn't take long to heat up after that, and the score was knotted at 14-14 with 11:43 to play in the opening half.

As the half wore on UNLV continued to have control, but were never able to pull away from the Thunderbirds. At the break SUU trailed UNLV 36-28.

After the Rebels jumped out to a hot start in the second half, the Thunderbirds quickly used a 14-3 run to pull winin one with 12:46 to play in the contest. Shortly after Jacob Calloway tied up the contest with a triple, and the two teams sat at 49-49.

"That was when we were able to rebound," SUU head coach

Todd Simon said. "Obviously that was a big difference in the game, that we weren't able to secure rebounds, and I think getting guys

we can't secure the ball."

After a quick 5-0 run from UNLV, Andre Adams broke the trend and pulled the Thunderbirds back within three.

After the under-eight media timeout Jason Richardson hit a triple for the T-Birds, which tied the contest back up at 55-55. Unfortunately for the T-Birds, the Rebels responded with a 9-0 run to regain the momentum of the contest. That run was eventually broken by a Calloway triple, which pulled SUU back within six.

Despite a solid push from the T-Birds in the final minutes, it ultimately wasn't enough as the Rebels closed out the contest and took the victory 76-71.

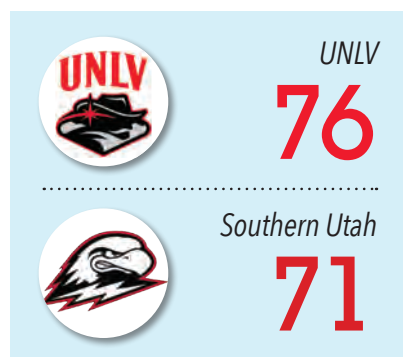
Calloway led the T-Birds in scoring with 14 points on three-of-four shooting from behind the three-point line.

"Jacob is a guy that can stretch a defense and is a high IQ guy," Simon said. "We tried to get him the ball and make them make adjustments. He did a really good job and that's what we've come to expect from him."

Dwayne Morgan finished with 12 for SUU, and Richardson had 10.

Adams was the team's leading rebounder with eight, also finishing with nine points.

The Thunderbirds will be at home next as they'll host San Diego Christian on November 29.



"I think Getting guys in foul trouble that are some of our key rebounders really hurt us"

— **Todd Simon, SUU head coach**

in foul trouble that are some of our key rebounders really hurt us. We were able to get them to miss, but that doesn't do us any good if

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ALL-CONFERENCE

Continued from page 21

leading the team with 92 tackles this season. He also had 11 tackles for loss and two sacks for the T-Birds. Ahanonu was named to the Big Sky's Second Team following both the 2017 and 2014 seasons for the T-Birds. Ahanonu wrapped up his career with Southern Utah's as the team's fourth all-time leading tackler.

Both tight end McCoy Hill and linebacker Taylor Nelson were both given Honorable Mention status by the Big Sky, as both seniors have wrapped up their career with the Thunderbirds. Hill caught 32 passes for 270 yards and two touchdowns, while Nelson was second on the team with 83 tackles and 11.5 TFL. He also recovered four fumbles during the season.

LOCAL STUDENT Signings

Bunnell signs to play baseball at Augustana

by Tom ZULEWSKI
Iron County Today

CEDAR CITY — Bridger Bunnell had close to 30 schools who were vying for his services on the baseball field. With a mission for the LDS Church in his future, most of the coaches weren't sure about taking the risk.

After Cedar head baseball coach Eric Fieldsted gave his input on his pitcher, Augustana College — the defending Division II national champion in Sioux Falls, South Dakota — was sold enough to add Bunnell as a new recruit.

Bunnell signed his National Letter of Intent Nov. 19 at the Cedar High campus to join the Vikings next spring. The right-hander was 4-4 for a Redmen squad that finished one play-in game short of making the 4A state playoffs last season, a loss to the Pine View Panthers.

"In the process of traveling back from South Dakota on Saturday, I went through the positives and negatives in my head and thought 'this is the school I want,'" Bunnell said. "Missing the playoffs by the play-in game last year was tough, but our goal is to get there this year."

Bunnell will be joining a Vikings team that finished with a 51-9 overall record last year and beat Columbus State to claim the national title. With a full senior season remaining with the Redmen, the pitcher knows his work isn't about to slow down.

"For me, the preparation for baseball never really ends," Bunnell said. "I do it year-round, 24-7. My main focus lately has been to lift, gain weight, build strength."

Bunnell said he'll mostly be used as a pitcher, but could see work as a two-way player in a middle-in-field position. He'll play at Augustana for his freshman season after graduation, then leave for his church mission.

Fieldsted said Bunnell's leadership on and off the field has made his job easier as a head coach.

"His focus and work ethic leads these kids," Fieldsted said. "He's kept the kids after it and getting things

done. As a coach, I don't have to do a lot of instruction with the younger kids because he's there taking that role on and instructing the kids what we do as a program.

"The kids will respond to their peers, especially one who works as hard as Bridger does."

"I went through the positives and negatives in my head and thought 'this is the school I want'"

— Bridger Bunnell



TOM ZULEWSKI

CEDAR PITCHER BRIDGER BUNNELL SIGNS HIS LETTER OF INTENT to join Division II school Augustana on Nov. 19.



TOM ZULEWSKI

CEDAR HIGH'S JASIE YORK will be part of the Runnin' Utes track and field program at Utah.

York signs with Utah track and field

by Tom ZULEWSKI
Iron County Today

CEDAR CITY — When she started her freshman year at Cedar High, Jasie York tried to run cross country. It didn't go so well.

After three stress fractures, the focus turned to track and the challenge of the sprints. Multiple school records and three state titles later, York's hard work paid off.

The Cedar senior signed her official letter of intent Nov. 20 to run track for the University of Utah in front of family, friends, coaches and teammates at the Cedar campus. York had plenty of interest from all the big in-state schools — including Southern Utah, where her father had competed — but a chance to sign early combined with a visit to the Salt Lake campus helped the sprinter make her decision.

"I wanted to sign early so I could concentrate on my senior year," York said. "I liked the girls up there and the team was awesome, especially after Lauren (McCluskey) passed away. I was with her all weekend, and the team really inspired me.

"The track team is a good size, and everyone was fun to be around."

York is part of a Cedar girls team that won the 4A state title last spring, and she stood at the top of the podium with wins in the 200 meters, 400 meters, and as part of the 4x400 relay team. She plans on specializing more in the 800 as she prepares to join the Utes in the fall.

"I want to move from the 200 to the 800 because I think I have more potential in that," York said. "The 400 is my favorite race."

Head coach James Davidson said York's biggest attribute comes from the heart.

"It's just her willingness to do and achieve the next level she needs to go to," he said. "We throw workouts at some kids avoid it, but she embraces everything we throw at her, takes it as a

challenge, and embraces everything we throw at her."

In other signings from the week, CV track athlete Larissa Dabb joined forces with Utah Valley while softball player Taylee Braegger signed with Western Nebraska Community College, following former Falcon Kenzie Sawyer to the school.

"I liked the girls up there and the team was awesome"

— Jasie York

SUU ATHLETICS Signings

Gymnastics, soccer each add five on National Signing Day

by **SUU ATHLETICS STRATEGIC COMMUNICATION**

For Iron County Today

GYMNASTICS

CEDAR CITY — The Thunderbird gymnastics program and head coach Scotty Bauman has announced the signing of five future Flippin' Birds on National Signing Day.

Celine Barney

Celine Barney will be staying in the same state to compete on the collegiate level, as she'll be coming to Cedar City from Riverton, Utah where she attends Riverton High School and competes for Black Diamond Sports Center.

"Celine brings incredible power on vault," Bauman said. "She is naturally gifted on that event and fun to watch because of her explosiveness. We look forward to her walking in the door and making an instant impact on the vault team. She's an outstanding student as well."

She scored a 9.450 on vault at the Black Diamond Winter Classic.

Ruby Hernandez

Ruby Hernandez will be joining the Thunderbirds from Canyon Lake, California, where she competes for SCEGA Gymnastics.

"Ruby Hernandez has been continuing to improve over the last couple years, and gets better every year," Bauman said. "She's a young lady we expect to come in and make a difference on all four events. Ruby brings a phenomenal work ethic, she's an extraordinarily hard worker and will continue to improve leaps and bounds in college."

Hernandez finished first in the all-around at the 2018 SoCal State Championships, where she also finished first on beam with a 9.55, second on bars with a 9.675, and 3rd on floor with a 9.6.

Hernandez competed at the Elite Level before turning Level 10.

SCEGA Gymnastics has a history of sending gymnasts to SUU, including current Flippin' Birds Karen Gonzalez, Madison Loomis and Madison Howlett, and former 3 time All-American Elise Wheeler.

Kayla Horton

Kayla Horton will be joining the Thunderbirds from South Jordan, Utah where she attends Bingham High School and competes for Olympus Gymnastics.

"She's a solid competitor," Bauman said. "She has great bars, beam, and floor, but her biggest impact for the Flippin' Birds should be on vault. Kayla is a very hard working athlete. She's going to bring some big numbers for us particularly on vault, but is strong on all four events."

Horton has been competing Level 10 since 2016. She's finished second in the all-around at two meets for Olympus in Level 10. Kayla finished 9th at the region 1 Championships in 2017, and qualified for the USAG Junior Olympic National Championships in 2017, where she finished 36th in the All-Around.

Kaylee Kho

Kaylee Kho, the younger sister of current Thunderbird freshman Caitlin Kho, will be joining the team from Rosemead, California. Kho attends San Gabriel High School and competes for Winner's Academy of Gymnastics.

"Kaylee Kho is a very solid, steady competitor

across the board on all four events," Bauman said. "Over the last couple years as a Level 10 gymnast she's been very consistent, particularly on bars, vault and floor. She brings a good, steady level of competition to each of our lineups."

Kho finished fourth in the all-around at the 2018 SoCal State Championships, which she followed up with an eighth place finish at the 2018 Region 1 Championships.

She also qualified to the Junior Olympic National Championships and finished 27th in the all-around competition.

At Level 10, she scored highs of 9.700 on bars, 9.650 on vault, 9.575 on beam, and 9.4 on floor.

Tiffani Stufflebeam

Joining the Thunderbirds from American Fork and All-American Gymnastics, Tiffani Stufflebeam will be joining the team as an all-arounder.

"I think Tiffani is a very underrated Level 10 gymnast right now," Bauman said. "She has just started coming into her own as far as her power and how she directs that power. Tiffani is a consistent bar worker and very powerful on both floor and vault."

In her first meet as a Level 10 gymnast



she placed first in the all-around at the Rocky Mountain Invitational in 2017. Stufflebeam will join Autumn Jorgensen, Madison McBride and Megan McBride, and Karley McClain as former All-American Gymnastics competitors that will be Flippin' Birds.

SOCCKER

The Southern Utah soccer team and head coach Fred Thompson have announced the signing of five new Thunderbirds on National Signing Day.

Maddison DeHerrera

Maddison DeHerrera, the younger sister of current Thunderbird senior Meghan DeHerrera, will join the team from Arvada, Colorado. She currently competes for Ralston Valley High School and Broomfield Soccer Club.

The 5' 4" midfielder was a Colorado State Champion in 2015 and 2018 with Ralston Valley and was a two-time All-Conference selection. She also has earned All-State Academic honors in each of her four seasons at RVHS.

"We're very happy to have Maddie in our program. She possesses the technical skills that allow her to play between the lines and to be extremely dangerous," Thompson said. "Having an attacking midfielder who can pass or strike from distance makes us better.

Amberly Hastings

Amberly Hastings is a 5' 5" midfielder/forward from Gilbert, Arizona. She attends and competes for Gilbert High School and is a member of the AZ Arsenal Soccer Club.

Hastings was named Offensive Player of the Year while also earning All-Region honors in 2017 as she was a member of an Arsenal team that captured a Arizona State Championship. She is also a Golden Scholar and is a member of the National Honors Society.

"I'm excited for what Amberly adds to our group and how she will be able to make an impact on the field. She is positive and has limitless energy," Thompson said. "Because of her attitude and work ethic she continues to steadily improve her game. She will be able to play any of the attacking positions and I expect that she will be a key part of our offense."

Quincey Loveridge

Quincey Loveridge will be coming to Cedar City from Omaha, Nebraska. The 5' 6" defender attends and competes for Millard North High School and the Gretna Prima Green club soccer team.

Loveridge won a Class A Nebraska State Championship in 2018 with Millard North and was a member of a MNHS team that made it to the state championship match in 2017 and 2016. She scored six goals and dished out eight assists between her freshman and sophomore seasons as a Mustang.

"Speed and athleticism are two of Quincey's great qualities. Add to that, her versatility as a player and her willingness to do whatever the team requires and you get a fantastic teammate and a great addition to our program," Thompson said. "We're looking forward to how Quincey enhances our program."

Gabriella Pagani

Gabriella Pagani hails from Agoura Hills, California where she competes for Agoura High School and Eagles Soccer Club.

The 5' 2" midfielder has played is a four-year varsity letterwinner including a freshman season in which she earned the Golden Boot Award. Pagani earned the Coaches Award her sophomore season and was named Midfielder of the Year in her junior season. She is a two-time All-League Second Team selection and a two-time Scholar Athlete.

"In the middle of the field you need very good soccer players and you need fighters. Gigi is both of those. She loves to defend, to battle, and to win the ball," Thompson said. "Then once she has it, she tends to do something good with it. She will add steel and intelligence in the middle of the park. With her in we will be much harder to break down."

Alia Shatswell

Alia Shatswell also hails from Gilbert, Arizona where she competes for Highland High School and the AZ Arsenal Soccer Club.

Shatswell is a two-time Arizona State Champion with Arsenal and was a member of the 2017 Desert Premier League Championship team. The 5' 8" outside midfielder/forward was the second leading scorer in the 17U National League and was a Far West Regional Finalist in 2018.

"Alia has all the tools to be a stand out in the college game. Her speed, athleticism and attacking prowess will immediately make us more dangerous," Thompson said. "The sky is the limit for her and we'll all enjoy watching her enjoy herself in the Big Sky."

Graduate student creates beginner disc golf course

CEDAR CITY — Cedar City's first beginner disc golf course has become a reality thanks to Danny Strand, Southern Utah University master of public administration (MPA) graduate student. Strand not only used this project to fill the need for the Cedar City/SUU community, but also to complete a graduation requirement in the MPA program. The Thunderbird Gardens Disc Golf Course will be located near the Thunderbird Gardens Trailhead.

To make this project a reality, Strand wrote a grant, designed the course, found matching funding, gathered additional partners, and obtained land from the city. With guidance and support from Lucky Disc Golf, Strand designed the first half of the course.

"Designing the course and forming some great partnerships were definitely the most exciting parts about the project," said Strand. "Once it's completed, watching others enjoy the course will be the most rewarding of all."

Thunderbird Gardens Disc Golf Course will be the perfect gathering place for beginner and amateur disc golf players. With the course located only a half mile from Cedar City's Main Street, the new 18-hole course helps

make Thunderbird Gardens an outdoor recreation hotspot, as it is already home to multiple hiking and mountain biking trailheads. The next closest disc golf course, Three Peaks, is about 30-minutes outside of town and is designed at a higher skill level.

Many individuals and departments at SUU contrib-

Jason Ramirez. "It started with a need, and now our little town is quite the disc golf destination."

The Thunderbird Gardens Disc Golf Course will allow the Utah Summer Games to use the city property for their disc golf event. SUU will also have the opportunity to start an elective credit disc golf course.

"The most significant part of this project is that there will finally be a family-friendly, centrally located course in-town for everyone to enjoy," Strand explained.

Strand is originally from Thousand Oaks, Calif. He is in his final semester at SUU earning his MPA. The opening of the course is anticipated for November 2018. For more information, visit the Southern Utah Disc Golf Association Facebook page or the Udisc app.

SUU's unique MPA degree can be completed either on-campus or 100 percent online. Career opportunities for individuals with an MPA may include federal/state/local government, higher education administration, HR management, law enforcement administration, management consulting, or non-profit management. These career paths provide many substantially different opportunities and can make a difference in local and global communities.

"It started with a need, and now our little town is quite the disc golf destination"

— **Jason Ramirez, SUU Dean of Students**

uted to this project, specifically the Sponsored Programs, Agreements, Research, and Contracts Office, Student Affairs, and the Outdoor Engagement Center.

"The project came together rather quickly," said Assistant Vice President for Student Affairs and Dean of Students



COURTESY PHOTO

DANNY STRAND, A GRADUATE STUDENT AT SUU, designed and wrote a grant to fund construction of Cedar City's first beginner disc golf course.

SUU SOPHOMORE JANET KALANIUVALU was named to the second team Big Sky volleyball squad.



COURTESY OF SUU

SUU's Kalaniuvalu earns Big Sky honors

OGDEN — The Big Sky Conference has released the members of the 2018 Big Sky All-Conference team. Outside hitter Janet Kalaniuvalu has been awarded Second Team honors for her performance on the Thunderbird volleyball team this season.

"We are so proud of Janet," head coach Pete Hoyer said. "It takes a special kind of athlete to be able to come out game after game, when everyone knows you're the one being set, and still swing away. She's not only a phenomenal athlete- she's one of the most humble kids I have ever coached."

Competing as a sophomore this season, Kalaniuvalu led the Big Sky Conference and Thunderbird offense in kills averaging 4.03 kills per set, finishing the season with 451 kills.

The Orem native tied former Thunderbird Analaine Mailoto for the SUU all-time single game kill record with 30 kills during a home match

against Northern Arizona University on Nov. 9, 2018.

Kalanieuvalu had the second most service aces for the Thunderbirds with 22 and also contributed defensively as she tallied the third most digs for the Thunderbirds with 276.

"The sky is the limit for Janet's play," Hoyer added. "We are thrilled to have her with us for two more years. She's already proven to be a massive threat to any team and a major component in our developing program."

"She's one of the most humble kids I have ever coached"

— **Pete Hoyer, SUU head coach**

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LEGAL NOTICES

PUBLIC NOTICE

Bicycles found in Enoch City

The Enoch City Police Department has had several bicycles turned in. If you have lost a bicycle please come to the Enoch City Office, 900 E. Midvalley Road to identify and claim. After February 20, 2019 the bicycles will be donated to local charities. For more in-

LEGAL NOTICES

formation call 435-586-1119.

ICT #0083
Published Nov. 28, 2018
Iron County Today

PAROWAN CITY
PUBLIC NOTICE

Notice is hereby given that Parowan City is seeking proposals (RFP) from qualified companies to provide rehabilitation work on the National Register-listed Parowan Old Rock Church, 50 S. Main St., Parowan, UT. Proposals are being solicited and will be received at the Parowan City Office, 35 E. 100 N., Parowan, UT, 84761. Proposals will be accepted until **12:00 p.m. on Friday, January 4th, 2019.**

Requests for Proposal details and specifications may be obtained from the Parowan City Office, 35 E. 100 N., Parowan, UT, 84761, beginning on November 26, 2018. A pre-bid

LEGAL NOTICES

meeting/site visit will take place on **Thursday, December 3, 2018 at 11:00 a.m.**, convening at 35 E. 100 N., Parowan, UT, 84761. The RFP may also be viewed on the Parowan City website, www.parowa.org, or obtained from Cleve Matheson at (435) 477-3331 or by email to cleve@parowan.org. Any questions regarding the RFP should be directed to Cleve Matheson.

Proposals must comply with the requirements of the full Request for Proposals to be considered. The right to reject any or all proposals and to waive any or all defects is reserved.

Dated this 21st day of November, 2018.

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ICT #0084
Published Nov. 28 & Dec. 5,
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**Public Meeting December 6,
2018, at 6:30pm**
at the Cedar City Library
303 North 100 East,
Cedar City, UT 84720
Brian (801) 878-7370 Ext 4216



Rent to Own

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**4 BDRMS • 2 BATHS
APPROX \$839**

Income Restrictions Apply

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**Public Meeting December 6,
2018, at 6:30pm**
at the Cedar City Library
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Cedar City, UT 84720
Brian (801) 878-7370 Ext 4216



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WEDNESDAY, NOVEMBER 28, 2018

by Dave T. Phipps



R.F.D.



The Spats



by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

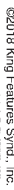
DIFFICULTY THIS WEEK: ♦

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

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HOCUS-FOCUS

BY
HENRY BOLTINOFF



4. Beads are missing. 5. Apron is different. 6. Pan is missing.

Trivia Test Answerst

1. Frontal lobe, parietal lobe, occipital lobe and temporal lobe; 2. February; 3. Nathaniel Hawthorne; 4. Chlorine; 5. 29.5 days; 6. Aluminium; 7. Gerry Goffin and Carol King; 8. Canada; 9. Ohio; 10. Truth in Lending Act

ACROSS

- 1 Woodsy home
6 Buddy
9 Lawyers' org.
12 Russian pan-
cakes
13 " — -la-la!"
14 CSA soldier
15 Big name in
porcelain
16 Expression of
regret
18 Find
20 Flightless
flock
21 E.T.'s trans-
port
23 Previous night
24 Wherewithal
25 Tatters
27 Robin Hood's
missile

- 29 Tiers
31 Big river
35 Helicopter
part
37 Bygone times
38 Go around
the world?
41 Wager
43 Table scrap
44 Gaucho's
weapon
45 Antenna
47 Green field?
49 Amorphous
masses
52 Reggae-like
music
53 Tiny

DOWN

- 1 "NCIS" aier
2 Jungfrau, for
one
3 High school
science
course
4 — -European
5 Family girl
6 Straw hat
7 Lasso

- | | |
|---------------------|---------------------|
| 8 Discoverer's cry | 33 Bobby of hockey |
| 9 Scent | 34 Trawler need |
| 10 Started | 36 Followed |
| 11 Big canyon | orders |
| 17 Maneuvering room | 38 Not just chubby |
| 19 Sailor's "Halt!" | 39 Ice cubes, |
| 21 Cyber-address | slangily |
| 22 Air safety org. | 40 Swell |
| 24 Mid-May honoree | 42 Snug |
| 26 Soap opera, e.g. | 45 Census data |
| 28 Harder to find | 46 Winged |
| 30 Deteriorate | 48 Fly-by-night? |
| 32 Fauna study | 50 Clear the tables |
| | 51 Collection |

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5	1	7	8	9	4	6	3	2
9	3	4	2	6	1	8	7	5
8	2	6	5	3	7	9	1	4
7	6	3	1	2	5	4	8	9
2	9	8	7	4	6	1	5	3
4	5	1	3	8	9	7	2	6
6	8	5	9	7	3	2	4	1
3	7	9	4	1	2	5	6	8
1	4	2	6	5	8	3	9	7

Answer

Weekly SUDOKU

[illegible]

Solution time: 27 mins.

Answers

— King Crossword —



1. **ANATOMY:** What are the four lobes of the cerebral cortex?
2. **GENERAL KNOWLEDGE:** Which month is Black History Month?
3. **LITERATURE:** Which early American author wrote the “The Scarlet Letter”?
4. **CHEMISTRY:** Which element is represented by the designation Cl?
5. **MEASUREMENTS:** How long is a lunar month?
6. **SCIENCE:** What is the most abundant metal in the Earth’s crust?
7. **MUSIC:** Who wrote the 1962 song “The Loco-Motion”?
8. **GEOGRAPHY:** Which country is home of Great Bear Lake?
9. **U.S. STATES:** Which state claims to be the “birthplace of aviation”?
10. **BUSINESS:** What law requires banks to disclose the interest rates on loans?

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Solution time: 27 mins.