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- 32 Classifieds
- 35 Comics/Puzzles

**IRON
COUNTY**

today

of MONSTERS *&* MUD



Annual Cedar Fire Department Fundraiser Haunts Cross Hollow
More on Page 12...



COURTESY OF USF

Lawsuit against Utah Shakespeare Festival is dismissed

by Nikki **KOONTZ**

SUU MARKETING COMMUNICATIONS

In less than 24 hours, a federal judge reviewed and dismissed a lawsuit filed last week by the Utah Schools for the Deaf and Blind (USDB). The lawsuit was a challenge as to whether the Utah Shakespeare Festival was ADA compliant by providing live captioning during performances.

"We are grateful for the swift review of this case," said Frank Mack, Festival executive producer. "Now we can refocus on the 3,700 high school students that are participating in our annual Shakespeare Competition, which is the largest scholastic Shakespeare competition in the country. As an organization, we want to provide an outlet for students to

share their artistic passions and help cultivate the future generation of artists."

Along with providing captioning, the Festival also offers audio descriptions for the visually impaired. This year the Festival also offered a sensory-friendly performance of Joseph and the Amazing Technicolor Dreamcoat. Additionally, the Festival is sending its production of the play Every Brilliant Thing to all public high schools and universities in the state, at no cost to the schools.

All of the Festival's work is intended to entertain, educate, and enrich audience members and students. The vision of the Utah Shakespeare Festival is to create impactful theatre that reflects and celebrates the emotional complexity of our collective humanity.

ALLEGED ATTEMPTED CHILD ABDUCTION PREVENTED

from Sergeant Clint **POLLOCK**

FOR IRON COUNTY TODAY

CEDAR CITY — At approximately 6:56 p.m., on October 1, 2019, the Cedar City Police Department responded to an alleged attempted child abduction in the tractor-trailer parking lot at Love's Travel Stop located at 2645 N Canyon Ranch Dr. Initial information was given that an eight-year-old girl was in a tractor-trailer waiting for her father to return from getting food, when a suspect entered the driver's door of the tractor-trailer and attempted to grab her. The girl kicked away and exited the passenger door getting away and the suspect fled in an unknown direction.

The initial officers on scene were given a description of the

suspect and the tractor-trailer he was driving. Officers on scene had Cedar Communications broadcast an Attempt to Locate (ATL) for the suspects tractor-trailer. A Utah Highway Patrol Trooper in Washington County located the suspected vehicle in the area of mile marker 13 on I15 in

Washington County and took custody of the suspect.

The suspect was transported to the Cedar City Police Department where he was interviewed by a detective and released. We are not

**SUSPECT
FOUND,
PLACED IN
CUSTODY**

looking for any other suspects in this case. This case is active and ongoing as investigators are sorting through evidence, interviews and consulting with the Iron County Attorney's Office. An update will be provided when more information is available.

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TUESDAY
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DEBATE
6:00 PM

Last Week's National News

Compiled by Kelsey **KEENER**

IRON COUNTY TODAY

TALK OF PRESIDENT TRUMP'S IMPEACHMENT

Multiple news sources are reporting a call for President Trump's impeachment after allegedly questionable interactions with the Ukrainian government. According to The Daily Wire, the original reason Democrats began calling for impeachment was apparently the accusation that President Trump had threatened to withhold American military aid to Ukraine in exchange for an investigation of his political opponents, namely Joe Biden (and his son Hunter Biden, who is linked to a Ukrainian gas company). The biggest concerns of House Democrats' impeachment inquiry appear to be a phone call between President Trump and Ukrainian President Volodymyr Zelensky on July 25; and text messages between Kurt Volker, former Special Envoy to Ukraine, and various other U.S. diplomats. As reported by USA Today: Democrats claim the text messages show military assistance and a meeting between presidents used as a way put pressure on the Ukrainian government for President Trump's politically motivated demands; Republicans believe there is nothing to support the president's impeachment.

CONCERN OVER SURVIVAL OF SMALL, FAMILY FARMS

U.S. Secretary of Agriculture Sonny Perdue reportedly announced that America is centered around big business and there is no guarantee that small farms will survive. According to CBS News, Perdue made the following statement after appearing at the World Dairy Expo in Madison, Wisconsin: "In America, the big get bigger and the small go out. I don't think in America we, for any small business, we have a guaranteed income or guaranteed profitability." Farmers in Wisconsin are struggling with declining milk prices, the transition to larger farms and recent international trade policies, in addition to rising suicide rates and increased mental health issues (which is being seen nationally as well).

GROWING NATIONAL OPIOID EPIDEMIC

A Virginia doctor was recently sentenced to 40 years in prison for more than 800 counts of illegally distributing opioids. The rise of use of benzodiazepines ("benzos"), such as Xanax and Valium, in the wake of the opioid epidemic is of growing concern, up 67% between 1996 and 2013. Neuromodulation, a method of treating pain via electrical stimulation, may start being considered as an alternative to opioids.

Coalition reinforces role of prosecutors in domestic, sexual violence cases

by Kelsey **KEENER**

IRON COUNTY TODAY

Iron County Attorneys attended last month's Iron County Sexual and Domestic Violence Coalition meeting to discuss the process of prosecuting offenders.

Chief Deputy Civil Attorney Mike Edwards began by explaining there are five attorneys who represent Iron County as an entity in prosecuting offenses that are Class A misdemeanors or above within the county. Edwards also stated that the role of a prosecutor is not necessarily to win cases.

"Our job is to do the right thing," he said. "... A prosecutor doesn't represent the police; a prosecutor doesn't represent a victim; a prosecutor has the power of the government and we don't just use the weight of the government willy-nilly. So, the law trusts prosecutors to do the right thing."

Edwards continued with the process that leads to prosecution of offenders, which starts with an investigation by law enforcement. Prosecutors generally become involved when there is a need for things like a warrant or a subpoena, or when there's a booking or charging decision that needs to be made. After an arrest is made, prosecutors begin screening the case and reviewing evidence to see if the charge(s) can be justified.

"The prosecutor has the responsibility to review evidence, dealt by law enforcement, and determine whether a charge can be justified," Edwards explained. "Even when a prosecutor is confident of guilt, it may be incorrect to pursue prosecution."

Edwards said some of the reasons it may not be appropriate to pursue the case include lack of evidence and inability or unwillingness of a victim to participate. He added that the evidence that may justify an arrest does not necessarily permit the finding of guilt.

"For an officer to arrest somebody, (there has to be) probable cause," he said. "It's a pretty low standard, but there's other standards that we have to be worried about. If we're going to charge

somebody with a crime, if we're going to prosecute someone for a crime, we have to have a reasonable likelihood of a conviction. ... In order to have a conviction, you have to have proof beyond a reasonable doubt; and that proof beyond a reasonable doubt has to be based upon admissible evidence."

Edwards also explained how cases proceed after a charging document is produced, which details the offenses an individual

a letter to the judge. The judge can read it in his chambers or the victim could stand up and read it. Somebody else can read it. Or they can write the letter and say something else. They have a lot of different options to be heard at sentencing."

County Attorney Chad Dotson elaborated.

"It's powerful when a victim can come to sentencing because judges have to look the victim in the eye," Dotson said. "It goes a

“Even when a prosecutor is confident of guilt, it may be incorrect to pursue prosecution.”

» Mike Edwards, Chief Deputy Civil Attorney



CHIEF DEPUTY CIVIL ATTORNEY MIKE EDWARDS addresses the audience about the challenging process of prosecution.

is charged with, as well as the challenges that prosecutors and victims can face in pursuing cases – such as a prosecutor being considered both too harsh and too lenient for the same offenses, or a case being prolonged by the defense.

"We notify the victims and we let them know 'you have the right to be heard at sentencing,'" Edwards continued. "It could be in the form writing, you can write

long way."

Edwards encouraged coalition members and victims to reach out to the Iron County Attorney's Office with any questions regarding cases they may be involved with or any confusion in the prosecutor's decision-making.

"Crimes where we have victims are very important to all of us," Edwards said. "If you want to reach out to us, if they want to reach out to us, we're happy to (explain)."

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OPINION

From the Editor

Modern day explorers



**COREY
BAUMGARTNER**
MANAGING EDITOR

In case you're wondering, it has been 526 years since Columbus first arrived in the Americas. We will celebrate his historic journey this coming Monday. Another legendary explorer, Ferdinand Magellan, is celebrated as the first sailor to circumnavigate the world 500 years ago. While only one of the five ships he set sail with made it back home and though he was killed near the journey's end; he bravely endured storms, mutinies and the unknown. Magellan's journey, like that of Columbus, made an impact around the world still honored today.

While there is some controversy in each explorer's journey, enough to cause modern-day mutinies, their legends led and still lead others today to courageously leave their own shores and continue the spirit of exploration.

How about you? What new lands await you? You'll never know until you have the courage to set sail and go find them. Because the world still needs courageous explorers. Perhaps its time for your journey to begin. And when you arrive, please send us a postcard.

The opinions stated in this article are solely those of the author and not of Iron County Today.

EDITOR'S NOTE: Cyclops is taking a nap. Here is one of his favorite columns, first published in 2005.

Those concerned with the current state of education in Utah could only shudder after reading a local newspaper last week. Students at one Utah university were "treated" to two different speakers on November 16. One speaker exemplified the soulful embodiment of everything our college students should aspire to achieve. And the other speaker...well, let's just say he was an embarrassment.

I was fortunate to hear Rev. Carl Wilkens in an appearance sponsored by the university's chapter of Amnesty International.

Sent as a missionary to Rwanda, Wilkens risked his life to shelter and feed children in an orphanage during the horrific 1994 genocide that killed 800,000 ethnic Tutsis.

"For me, there was no other choice," he said. "If you're going to live for others, for your fellowman, your life will be full or risk. But the bigger risk is living for yourself alone, because what kind of life is that?"

Amid the beheadings and the senseless torture and massacres, Wilkens alternately praised and cursed God. But his efforts, including the determination to "find a semblance of kindness in even the most evil and wretched attacker," ended up saving hundreds of innocent children.

Saved by the bull



Cyclops

by Bryan GRAY

COLUMNIST

He urged students to look beyond obtaining personal wealth and material goods. Real satisfactions come not from a bank account, he said, but from service to others in need of help.

Wilkens spent the entire day speaking at multiple student gatherings. For his work, he was paid \$900 – and his airplane fare was deducted from his pay.



Thought of the Week

"The first time I read a dictionary I thought it was a poem about everything."

» Steven Wright

Oh yeah, and that other speaker...that same day the university wrote a check for \$6,000 for an "important lecture" by actor Dennis Haskins whose only notable role was as the principal (Mr. Belding) in the TV sitcom Saved by the Bell.

We're not talking about a major icon in pop culture. We're not talking about I Love Lucy, Archie Bunker, Muhammad Ali, or Bob Dylan. We're not talking about an entertainment program that changed society or made a groundbreaking statement. No, we're talking about one of seven bit players on a relatively short-lived TV comedy that catered to adolescents. And what bits of wisdom did "Mr. Belding" offer to our future leaders? He told of giving "Zack" his first razor and gave the low-down on "Slater's" dates.

While Rev. Wilkins told of saving a child from having his tongue sliced out, the other speaker was bragging about beating Bugs Bunny in the ratings.

For the record, Rev. Wilkins drew about 500 students, which, figuring his \$900 fee, comes to about \$1.80 per student. "Mr. Belding," on the other hand, drew 160, about \$37.50 per student.

What's next, booking a graduation speaker who wears mouse ears?

National Newspaper Week

Time's may change, but the need for a free press has not

Editor's Note: Oct. 6-12 is National Newspaper Week, a chance for the more than 9,600 newspapers published across the country to celebrate, along with their readers, the importance of freedom of the press. At a time when so much of the news media is being assaulted by those on both sides of the national political aisle, we take pride in the jobs our editors, reporters, photographers, art directors, sales associates and of course our publishers do every day to bring readers the information they need to make informed decisions. Celebrate newspapers---and read!

Once upon a time, having a job at a newspaper meant working in one of the most imposing buildings in town, inhaling the acrid aroma of fresh ink and the dusty breath of cheap newsprint and feeling mini-earthquakes under our feet every time the presses started to roll. For those of us old enough to remember those days, National Newspaper Week 2019 could be one big, fat elegiac nostalgia trip.

Today, many newspapers are ditching the imposing buildings for low-rent storefronts and have outsourced the printing. Those could be the newspapers that are left. My hometown had three daily newspapers when I was a kid. Now it's down to one that shows up in print just three days a week. Youngstown, Ohio just became the first major American city without any newspaper at all. As University of North Carolina professor Penny Abernathy has documented in her groundbreaking research on the news desertification of America, upwards of 1,300 communities that had newspapers of their own in 2004 now have none.

But if we ink-stained wretches fall prey to the temptation to spend National Newspaper Week crying in our beers, we'd be wasting an opportunity.

Real newshounds don't wallow in the cozy memories of a sepia-stained past. We are about the now and the next. Our job has always been to help our communities recognize the today's challenges of today and turn them into the tomorrow's promise.

Yes, it's awkward that of today's biggest challenges involves us —the newshounds. We've always been better at telling your story than telling our own. Yet this is your story too: The future of democracy is inextricably bound up with the future of a free press.

So here, dear readers, are some facts you need to know:

Newspapers are more than a medium

Increasingly, for both younger and older readers, that low-grade paper with come-off-on-your-hands ink is being replaced by bits and bytes that light up your phone or tablet or computer.

What can't be replaced, however, and what should never be made obsolete is the primary function that newspapers have traditionally performed: Deploying small armies of reporters, photographers and editors to find and produce stories on everything from natural disasters to political scandals to your neighbor's golden wedding anniversary, to catch the mistakes before they make it into print and to correct them

when they do (hey, we're human).

You never paid for news

That 25 or 35 cents you used to plunk into a newspaper box didn't come close to covering what it cost to produce what we newsroom denizens like to call "the daily miracle." The high cost of public service journalism has always been subsidized by advertisers. And the big dogs in the economic equation were not the car dealers or department stores who bought those big, full-page displays. At most newspapers, classified ads produced the lion's share of revenues.

The internet broke that model. Newspaper advertising revenue has nosedived to levels that are less than one-third of what they were in 2005, a study from the Pew Research Center found. The result is all too sadly predictable: newspapers employed fewer than half the number of people in 2016 that they did at the beginning of this century, according to the Bureau of Labor Statistics.

Social media ≠ news. And it's not free

Readers might not notice the hollowing out of newsrooms because today, we have, if anything, too much information at our disposal.

The same digital revolution that blew a hole in newsroom budgets and turned Craigslist and eBay into advertising behemoths also created new paths to publication. According to a 2018 survey by the Pew Research Center, more Americans now get their news from social media than from newspapers.

There's something to be said for no longer having to work for a company that could afford an army of editors and truck drivers to get your voice heard. Historically, the owners of imposing buildings and giant printing presses have been rich white guys, and that had an unquestionably distorting effect on the news.

But not everyone who's publishing via smartphone and YouTube is a promising writer or videographer giving voice to underserved communities. A lot are peddlers of propaganda, snake oil, disinformation and dissension.

Nor is social media as free as it seems: We pay by providing our personal data every time we log on and, often, every time we make a purchase IRL (in real life). Social media sites that data to deliver information that's likely to keep you on their sites: A resident of Moberly, Missouri who shops at Cabela's and is Facebook "friends" with Donald Trump supporters is likely to get a very different news feed on Facebook than one who lives in New York City, listens to NPR and "likes" former President Barack Obama's page. It's a recipe for never having your received opinions challenged or your mind changed.

You can do something about this

OK, I will cop to waxing sentimental for the

rumble of the printing presses underfoot. But I'm not arguing that we should turn off the internet and replace it with ink and paper. What I do think readers can do this National Newspaper Week is become more mindful about their information diet. Right now, a lot of us are living on nutrition-free snacks.

There are still plenty of sources of whole-grain news out there. Some of them, are non-profit news organizations; some are launching web start-ups to fill the gap left when legacy media outlets folded. And some are still at those legacy outlets, trying hard to find new revenue streams.

Here are some ways to recognize purveyors of real news: Do they sometimes make you a bit uncomfortable by raising doubts about what you thought to be true? Do they make it easy for you to reach a real human being if you have a question or a complaint? Do they correct their mistakes? Do they ask you to subscribe or donate? Because gathering facts costs.

Yes, supporting real news is a more expensive proposition for readers than it used to be, but it's cheap when you consider what you're really paying for.

As my former Gannett News Service colleague, University of Kentucky journalism professor Al Cross put in a bumper sticker he had commissioned a couple years back, "Support democracy: Subscribe."



KATHY KIELY

JOURNALISM PROFESSOR,
UNIV. OF MISSOURI

OP/
Ed

IRON COUNTY FORECAST

A WEAK COLD FRONT WILL MOVE THROUGH THE REGION OVER THE WEEKEND, BUT WARMER AIR BUILDING OVER THE MOJAVE SHOULD KEEP THE COOLER AIR AWAY FROM IRON COUNTY. LOOK FOR A FEW CLOUDS AND TEMPS TO RISE THROUGH THE 60's.

Get Utah's most accurate forecasts anytime at: ABC4.com/weather

WEDNESDAY	Mostly Sunny	67°/49°	PRECIP: 0% WINDS: S/W 10-15
THURSDAY	Sunny	43°/28°	PRECIP: 0% WINDS: N 10-20
FRIDAY	Mostly Sunny	55°/20°	PRECIP: 0% WINDS: N 5-10
SATURDAY	Mostly Sunny	64°/24°	PRECIP: 0% WINDS: W 5-10
SUNDAY	Partly Sunny	66°/35°	PRECIP: 10% WINDS: SW 10-15
MONDAY	Sunny	69°/37°	PRECIP: 0% WINDS: W 10-15
TUESDAY	Sunny	70°/39°	PRECIP: 0% WINDS: NW 10

Enterprise farmer chosen for exclusive American Farm Bureau program

by Kelsey **KEENER**

IRON COUNTY TODAY

Kyle Wilson, a former Utah Young Farmers and Ranchers district leader, was recently selected to participate in the American Farm Bureau Partners in Advocacy Leadership training and advocacy program.

PAL consists of only 10 participants nationwide; each state selects two individuals to apply for the program, and participants for the program are selected from those candidates. The intent of the

among others.

"This is an opportunity for me to make a difference, one that I would not have otherwise been able to," Wilson stated.

He continued by saying some of the concerns for farmers and ranchers he is most concerned with are access to markets and access to capital.

"In order for us to have any income at all we have to sell our product which is challenging with scrapping NAFTA, we hope that USMCA is a light at the end of that tunnel," Wilson said. "...

farmers and ranchers admiringly because I think there's a lot that, for all the stereotypes and clichés that are portrayed in the media, I still think there's a lot we have to offer societies in general," he said.

Wilson said the lifestyle agriculture creates is one

with the mistakes we make and it makes us better people."

Another important role of agriculture is the use of natural resources.

"Likewise, the importance of agriculture to the economy is paramount because money is made by responsibly extracting natural resources from the ground, which is what we do – we use the energy from the sun to extract natural resources, we turn them into food and then we sell them," Wilson said. "And everything from that point is just money changing hands. Money is made through things like agriculture."

Wilson added that community members can get involved by knowing their elected officials.

"The solution, more often than not, is having a personal relationship with your elected officials – city councilors, county commissioners, state legislators, congressional delegation, the governor, all of those people, they're within your reach," he said. "It's their job to get elected so they will listen. ...Most people's opinions, should they be expressed to those elected officials, matter more than the opinions of a journalist or the opinions of a lobbyist. It's just as simple as saying 'Hi, how are you? I'm Kyle and I have an opinion about something that you're voting on.'"

While he hopes to help influence and advocate for agriculture through PAL, Wilson said he hopes others will too.

"Even if I'm not the person to have that influence, if, by some stroke of luck, I can help other people find their voice or let them know that their platform is important, that would be cool," he said.



KYLE WILSON READS STORIES to a group of students who took a field trip to his farm.

COURTESY PHOTOS

program is for agriculturalists to be able to meet with politicians, news entities and other influential bodies to discuss issues facing agriculture. Earlier this year, Wilson and other PAL participants met with the Wall Street Journal editorial board to discuss the impact of tariffs on farmers and ranchers. This week, Wilson will visit Washington D.C. to meet with the chief of the Natural Resource Conservation Service and Bloomberg representatives,

Access to capital is likewise extremely important and for me personally probably the biggest challenge. I find myself knowing that I could do something better or that I could grow more of something or that I could grow something more nutrient dense but not have the resources to invest in that is a real handicap."

Wilson added that the cultural view of farmers and ranchers is also important to him.

"I'd really like to see

of the primary roles the industry has for the nation.

"We have a lifestyle where we're forced to reconcile with our imperfections," he explained. "If I have blossom-end rot on my tomatoes, I can't, despite how talented a salesman I am, explain that problem away. It exists because there's not enough calcium in the soil and the reason why there's not enough calcium in the soil is because I didn't put it there. We have to reconcile

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

Sept. 30

SARA A DICKINSON
IVINS, UT
Theft, Revoked/Susp
Reg

FELIPE K GARCIA
LEEDS, UT
DRUG – Poss

RANDY D GROVER
KANAB, UT
DRUG – Poss/Use
of C/S, DRUG – Poss
Marijuana Less Than
16oz., Retail Theft,
Burglary/Vehicle

ISAAC R HALSTEAD
ENOCH, UT
Resist/Interfere w/
Arrest, Failure to
Disclose Identity,
DRUG – Poss of Drug
Paraphernalia

JUSTINE LANEY
ST. GEORGE, UT
DRUG – Dist/Offr/
Arrange Dstbn of
C/S (2 Counts), DRUG
– Poss/Use of C/S (2
Counts)

ZACKERY C
MADSEN
ST. GEORGE, UT
Drive on Susp/Revoked
Lic

MICHELLE R
STAGGS
CEDAR CITY, UT
Insurance Fraud, Drive
on Susp/Revoked Lic,
Improper Plates/Reg

ANGELLA HOOVER
SPANISH FORK, UT
Obstructing Justice,
DRUG – Poss C/S Sched
I/II/Analog

DEVIN S
WHEELWRIGHT
CEDAR CITY, UT
DRUG – Poss C/S
Marijuana/Spice (2
Counts), Drive on
Susp/Rev/Den w/Prior
Conviction, Fail to Reg
or Exp Veh, Interlock
Rest. Operating Veh
W/O IL Dev, Littering,
No Valid DL – Expired

October 1

JEFFREY A FROST
CEDAR CITY, UT
Assault, No Insurance
2nd or subsequent
offense within 3 yrs.
of prior

VIVIANN P WOLFE
CEDAR CITY, UT
Criminal Mischief,
WARN-Ignition Interlock
Rest, Alcohol Rest. DL

NIKKI L CERVANTES
CEDAR CITY, UT
DUI – Blood/Breath
Alcohol >= .08
operating or control,
Alcohol Rest. DL, Open
Container in Vehicle
WADE J MOON

CEAR CITY, UT
Open Container in
Vehicle

THOMAS I BURKETT
CEDAR CITY, UT
Probation/Parole
Violation (2 Counts)

ISAAC R HALSTEAD
ENOCH, UT
Theft

NOAH R ISHIHARA
CEDAR CITY, UT
DRUG – Dist/Offr/
Arrange Dstbn C/S

ULYSSES J MONROY
CEDAR CITY, UT
DRUG – Poss C/S
Marijuana/Spice,
DRUG – Poss of Drug
Paraphernalia, CDL
– Susp/Rev

October 2

DANA A LANGSTON
BOWMAN, ND
Retail Theft

JEFFREY O
LANGSTON
INDIANOLA, IA
Retail Theft

HAMAD I ALOLYAN
CEDAR CITY, UT
FTA – Warrant

BRIDGETTE L LONG
LAS VEGAS, NV
Retail Theft

RYAN J MUNSEY
ALTA LOMA, CA
Retail Theft

MICHELLE D NICKS
CEDAR CITY, UT
DRUG – Knowingly
Prod/Disp/Manuf C/S,
DRUG – Poss w/Intent
to Dist C/S

WILLIAM L SCOTT
CEDAR CITY, UT
Retail Theft

CHRISTOPHER L
MCGINNIS
ST. GEORGE, UT
Driving on Denied

October 4

ANTHONY B STRAIN
PAROWAN, UT
DRUG – Poss of Drug
Paraphernalia, Lights –
Tail Light Violation

JASON D
CONTRERAS
CEDAR CITY, UT
Disorderly Conduct
After Req to Stop

VICTORIA
N CORBIN-
PENNINGTON
CEDAR CITY, UT
Consume alcohol by
Minor, Drug Court
Violation

DAX M FRITZ
CEDAR CITY, UT
Drug Court Violation

October 6

FRANCISCO M
ROJAS
HOMELESS, CEDAR
CITY, UT
DRUG – Poss of C/S

Cedar honors Spike 150 with celebration Oct. 12-17

from Maria **TWITCHELL**

FOR IRON COUNTY TODAY

One of the most iconic and life-altering events in America's history was the completion of the Transcontinental Railroad, commemorated on May 10, 1869 where the two railroad lines meet here in Utah with the driving of the Golden Spike. In an effort to celebrate this tremendous occasion, Spike 150 activities have been organized across the state to place throughout 2019. Cedar City organizers have put together a week long celebration October 12-17th that honors the Spike 150 in correlation with the opening of the Spike 150 traveling exhibit A World Transformed: The Transcontinental Railroad and Utah at the Southern Utah Museum of Art in Cedar City.

According to Iron County historian Ryan Paul, the Cedar City Spike 150 celebration is a salute to Cedar City's extensive railroad history. "The completion of the Transcontinental Railroad was pivotal to the early settlers of Cedar City. The Utah Central Railroad began to stretch to the south and with very extension shortened wagon travel and shipping into the region. Freight trains hauled more mining materials and Hollywood came to town thanks to brothers Gronway, Chauncey and Whitney Parry, who enticed filmmakers to use the areas scenic resources for movie locations." Maria Twitchell, Executive Director of Visit Cedar City & Brian Head Tourism Bureau adds, "Rail traffic also brought thousands of tourists to the area each year to see the national parks of southwestern Utah and northern Arizona and Cedar City became known as the "Gateway to the National Parks".

Celebration events begin October 12th with the Opening of the Spike 150 Exhibit A World Transformed: The Transcontinental Railroad and Utah at the Southern Utah Museum of Art (SUMA) from 2-4 pm. This traveling exhibition shares the story of Utah's contribution to the completion of the transcontinental railroad and examines the railway's transformational effects on Utah. The exhibition draws upon the many rich historical resources held by different institutions across not only Utah but the Western United States, including photographs, maps, art, and lithographs. There will also be a railroad display, live music and

activities for the opening. Exhibition runs through December 28th at SUMA which is located at 13 South 300 West in Cedar City.

Also, on the 12th is the screening of the classic Cecile B. Demille film *Union Pacific*, which was filmed in Iron County. State historian and author James D'Arc will give a presentation on Utah's film history which started in Cedar City with the Parry brothers, along with a premier of the Utah Film Commission short film on Iron County's Film History. This event will be held at the Cedar City Visitor Center, located at 581 North Main at 6:30 pm.

On October 15th there will be a Gallery Talk at Southern Utah Museum of Art (SUMA). Join Ryan Paul, SUU History Lecturer, for a walking tour of the newly opened exhibition at SUMA. Attendees will explore A World Transformed, learning more about the imagery and artifacts found in the exhibition. SUMA is located at 13 South 300 West, Cedar City.

October 16th is Wonder Wednesday at Southern Utah Museum of Art (SUMA). Children K-5 are invited to spend their Early Out Wednesday at SUMA for railroad themed activities. That evening the Iron County Historical Society will hold a guest lecture on the Iron County's rich railroad history and its impact on the national parks and early Hollywood movie making. The lecture will be held at the Frontier Homestead State Park Museum, 635 North Main, and Cedar City.

The celebration culminates on October 17th with a Downtown Mural Unveiling & Celebration at 98 West Center Street in Cedar City. Historic Downtown will unveil a mural project at 4 pm honoring the lasting impact of the Utah Parks Company and Union Pacific Railroad in building Cedar City's strong tourism industry. Food, entertainment and a commemorative gift will be part of the festivities.

All of the Cedar City Spike 150 Celebrations Events are open and free to the public. The Spike 150 Celebration was funded in part by the Utah Department of Heritage & Arts, AARP Livable Communities Grant, Cedar City Economic Development, Southern Utah Museum of Art, Visit Cedar City-Brian Head and the Iron County TRCC Fund. For more information, call the Cedar City Visitor Center at 435-586-5124 or go online to VisitCedarCity.com.



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Utah Legislative Update

Dear Friends and Neighbors,

September has been a very eventful month in the legislature. We convened for a special session, participated in a Long-Term Planning Summit and we held our normal monthly interim committee meetings. Here are some of the highlights from the month:

Special Session

Most of the work of the legislature is accomplished during the 45-day general legislative session that runs from January to March of each year. Occasionally, pressing issues that can't wait for the general session arise. When this happens, the governor can convene a special session for legislators to consider issues and address matters that require urgent attention. Governor Herbert issued a call for the 63rd Utah State Legislature to convene its first special session on Monday, September 16th in conjunction with September's regularly scheduled interim week. The purpose of the special session was to address issues with the dispensing of medical cannabis, appropriate census funding and to make several other technical adjustments. To get a brief explanation from legislative leadership of the bills that were considered during this special session, visit the Utah Senate on Facebook. The highlights are below.

Medical Cannabis

In an effort to get medical cannabis to patients before the March 2020 deadline outlined in HB 3001, Utah Medical Cannabis Act, we needed to make some changes to keep things on track. When dealing with complicated legislative matters, it is typical to need adjustments as we develop a new program or comprehensive public policy. Medical cannabis is no exception. The changes recently made were not the first and will likely not be the last. During the special session, we passed SB 1002, Medical Cannabis Amendments, which altered the number of cannabis pharmacies, increased legal protections for patients and paved the way for cannabis businesses to move forward. You can read about the full changes here in this blog I wrote. <https://senate.utah.gov/majority-newsroom/2019/9/18/medical-cannabis-updates>

Census

Every ten years, the United States Department of Commerce performs the decennial census. The information collected in the census has a vast effect on Utahns. The information is used to make data-driven decisions – everything from land-use planning to economic development to city and county classifications to allocation to congressional and legislative representation. We, as a state, have an interest in ensuring its accuracy. We learned the federal government altered how the 2020 census canvassing will be conducted. It is shifting from a paper-based process to a primarily online approach, and is now relying on states to provide outreach and public awareness. With the outreach responsibility shifting to the state, it became necessary for us to appropriate money to inform citizens about the census and create educational materials, especially for those in rural areas, areas with limited internet access, and areas with aging residents. HB 1001, Supplemental Appropriations Amendments, allocated \$1 million to support an accurate census count through public awareness outreach campaigns, to encourage residents to complete the census and grants for local governments and non-profit organizations to increase participation. Census Day is April 1, 2020. Online responses will be available on March 23, 2020.

Alcohol

During the 2019 General Session, we passed a law allowing grocery and convenience stores to sell beer with 4.0 percent alcohol content, after learning major beer producers would be phasing out the production of beer with 3.2 percent alcohol content. The 4.0 beer is permitted to be sold in grocery and convenience stores on November 1, 2019, but the original law did not permit store owners to take possession

of the product prior to this date. This created a logistical challenge for businesses. HB 1002, Beer Transition Period Amendments, simply addresses the logistic and inventory concern by permitting retailers to have the new product in storage a week in advance, so it is ready to be placed on the shelves on November 1.

Election Date Changes

In 2019 we passed a bill that clarified and cleaned up our elections code. After it passed, we realized an unforeseen calendaring consequence that occurs every seven years. 2020 is one of those unique calendar years with fewer options for political parties to hold their elections based on the deadlines in law. SB 1001, Election Code Date Changes, changes the primary election date in 2020 to June 30 as well as certification dates so the parties, county clerks and Lieutenant Governor's office can have time to do their jobs properly.



SEN. EVAN
VICKERS

UTAH SENATE DISTRICT 28

Settlement

In Utah, a public officer acquitted of a crime for acts committed as an officer or employee of the state is entitled to recover attorney fees and court costs, according to state statute. Financial settlements of more than one million require approval by the governor and the legislature. A jury acquitted John Swallow of criminal charges accusing him of crimes. As such he is entitled to recover his attorney fees as negotiated by the Utah Attorney General's Office. We passed HJR 101, Joint Resolution Approving Swallow Settlement and HB 1001, Supplemental Appropriations Amendments, in

short, so we could pay a bill that we are statutorily required to pay.

Tax Incentive Oversight Amendments

HB 1003, Tax Incentive Oversight Amendment, is a technical language change to a bill passed during the 2019 General Session. It modifies amendments to certain tax incentives regarding the review process required by an independent certified public accountant (CPA). The statute will be adjusted from "attest" to "review and report." The change provides CPA's with the ability to determine the right level of scrutiny when reviewing tax credit transactions to assure accountability and accuracy of tax incentive requests of recipients

Long-Term Planning

Every other year, the legislature organizes a long-term planning summit. This gives us an opportunity to step back from tackling today's needs and look to the future and consider what choices we can make today that will make for a better tomorrow. The summit includes presentations from experts as well as breakout sessions, where we as legislators can engage and dialogue on possible ways to address big issues like housing affordability, transportation and water.

E-cigarettes Workgroup

Utah has the 13th highest vaping use in the country, and an estimated 5.1 percent of Utah teens use e-cigarettes according to the Centers for Disease Control and Prevention (CDC). The number of students using e-cigarettes is growing and long-term use is revealing more potential health threats associated with electronic cigarettes. We are reviewing possible policy options to limit supply to kids in our state. A working group specifically assigned to e-cigarettes has been working during legislative interim to discuss what is currently working in state law and what needs to be changed. The bright colors and flavors found in e-cigarette cartridges and accessories could be attractive to minors and introduce them to nicotine at an early age. Some students and parents may believe that e-cigarettes are harmless and many elementary school kids are starting to try them. The working group is collaborating with the four different legislative interim committees assigned to study this issue, along with many different stakeholders, including local health departments and the CDC, to craft legislation and develop state-level strategies to change perceptions and reduce access to kids to combat the growing concern with the product.

What do you think?

I appreciate this tremendous opportunity you have given me to serve as your state senator. We are dealing with very important issues this year and I hope you will reach out and share your thoughts and insights with me. I work very hard to remain highly accessible and responsive, and I welcome the opportunity to talk to you. Thank you so much for your trust and support. Please reach out to me anytime; evickers@le.utah.gov, or 435-817-5565.

Sincerely,
Senator Evan Vickers
Senate District 28

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Showcase

ARTS &
ENTERTAINMENT
IN IRON COUNTY



SHAY BARUFFI

by Shay **BARUFFI**

IRON COUNTY TODAY

Hanna Dawson, the mind behind Prussian Bleu Artwork, is a local independent artist living in Cedar City, Utah. Dawson uses the cyanotype method of printing. She states in her artist's biography: "cyanotype process was particularly inspiring to me when I first discovered it as a young student. During a presentation, my teacher briefly explained the cyanotype process while showing prints done by the influential botanist Anna Atkins. Atkins remains a main source of inspiration for me, which is evident in the subject matter of my work."

Hanna has recently discovered

her love of painting after a trip to Paris, France in 2018. During this trip she was inspired by the art she had seen while visiting museums

“

My art is meant to represent a seeming juxtaposition: immortality merged with delicacy.”

» **Hanna Dawson**

and viewing paintings from the masters.

Foliage and flowers are a consistent subject of Hanna's artwork,

she has been fascinated by flowers since she was a child. "Most of my artwork is inspired by the idea of immortalization: making sense

of the ephemeral objects that is a focus throughout my portfolio. Delicate leaves, flowers, and stems that I harvested from around the

world are my most frequent subjects. My art is meant to represent a seeming juxtaposition: immortality merged with delicacy. Dried foliage is destined to falter, while printing or painting foliage allows it to live on forever," writes Hanna Dawson.

Hanna Dawson opened her art studio, located next to Art Works Gallery, on September 27th. She wanted to create a space for people to feel welcome to create art. "Cedar City needs more spaces like this, it needs weird and positive vibes," she states.

For more information about Hanna Dawson's art, visit her website at www.prussianbleu.com or follow her on Instagram at @prussianbleu.

ICAMA presents 5-piece bluegrass band Quicksand Soup

from Jim **HOWELLS**

FOR IRON COUNTY TODAY

Iron County Acoustic Music Association (ICAMA) opens its 2019-2020 concert season with Moab-based bluegrass band, Quicksand Soup, 7:00 PM, Friday, October 11 at Community Presbyterian Church, 2279 N Wedgewood Lane, Cedar City. Doors open at 6:30. All are welcome. A \$5 suggested donation supports the shows and promotes live acoustic music in Iron County. The band plays a variety of tunes in a traditional way—5 musicians, one mic!

Quicksand Soup is a high energy alternative bluegrass band based in Moab, Utah. Led by acclaimed songwriter Sand Sheff, Quicksand Soup features top notch instrumental talent and catchy and unique songs. The band



COURTESY PHOTO

QUICKSAND SOUP CONTINUES TO ENTERTAIN AUDIENCES with their unique and lively bluegrass tunes.

is known for a mix of original and old-time selections with an emphasis on show-

ing audiences a great time. This year they are releasing a new CD of original music,

Miss You Darling, as well as collections of cowboy, gospel, and bluegrass.

Songwriter Sand Sheff, Arizona born and Oklahoma raised, has shared the stage with everyone from Ryan Adams to Ramblin' Jack Elliot. Lead Guitarist David Steward is one of the best pickers in the Rocky Mountains, and has several albums of original music. Mandolinist Eric Jones, was a founding member of Big Timbre and is an American musical historian. Moab born and raised Alan Snow was the lead bass player for the world-famous Caleb Chapman Super Band (jazz) and traveled the world, where he performed with such jazz luminaries as Branford Marsalis. Fiddler Tamara Frieda is one of the great strings talents of the Four Corners and also performs with the Durango and Phoenix Symphonies. Check out their music at quicksandsoup.com



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Teaching – the best, scariest job in the world

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

There was quite a hefty knock on my door one afternoon, the vigor of which was belied by the small figure standing on my porch when I opened. “Hi,” he said, looking up at me with the tiniest smile and his music books bag clutched in his arm. He has green eyes and a soft but confident voice, and is adorable. He is barely eight, has taken lessons before, and causes me some anxiety after we have been meeting for about five weeks. “Is he in the right set of music method books?” is the question that I hear in my head at night.

The next day, another knock on my door announced another smallish boy who was there for the first time and who also has been much on my mind. I was so, so aware of the importance of his first day of piano lessons. Whether or not we got off on the right foot – feet? – could determine his attitude about playing the piano for the rest of his life! I needed to be friendly but not pushy, informative but not overwhelming and to make sure that the basic concept of up to the right and down to the left gets firmly fixed in his head. (Don’t laugh. I have some university students who are still mixed up about that.)



Teaching is such a huge responsibility that I wonder sometimes how I even presume to do it. To quote Lee Iacocca, “In a completely rational society, the best of us would

be teachers and the rest of us would have to settle for something less, because passing civilization from [one] generation to the next ought to be the highest honor and the highest responsibility anyone could have.” The brain of a child, and her heart, are in my hands when I establish a student-teacher relationship and I better get it right, because the consequences are lasting.

After one season, my grandsons announced they were quitting baseball. “Why?” Their coach was crabby and they were soured on baseball forever. On the other hand, when Mrs. Evans, my third-grade teacher smiled down at her classroom full of students eagerly waving their hands, I knew that she had the most fun job ever, and that that was for me.

In conjunction with homecoming, our daughter’s classroom was filled with students from years ago for their annual homecoming dinner. They love her, and as a result, love those years in school and love the theater still. Now they are bringing their babies to show off. The person who had the biggest influence in my life besides my parents was my piano teacher. She was demanding and not full of fun and games, but she taught me how to make beauty and shaped the course of my life.

I haven’t always gotten the relationship right and feel great remorse about those times. So, I pray daily to meet the needs of my students, of all ages, and teach hearts as well as notes. The responsibility is huge.

SUU’s Art Insights showcases pair of artists’ works, research

by Amanda **DEBRY**

FOR IRON COUNTY TODAY

Friends Todd Stewart and Robert Bailey have engaged in many collective works including photography, art history, education, documentation, fieldwork, research, and writing. On Thursday October 10, at 7:00 p.m. at the SUU Auditorium, the College of Performing and Visual Arts is excited to welcome artists, authors, and educators Todd Stewart and Robert Bailey.

Todd Stewart began his career as a photographer more than 25 years ago working for advertising and design clients in Columbus, Ohio and Atlanta, Georgia. As an artist and educator, his research and creative concerns center on the cultural landscape and focus particularly on intersections of history, myth, time, and perception. Stewart is Associate Professor of Art, Technology, and Culture at the University

of Oklahoma where he teaches courses in photography and imaging. Prior to joining the School of Visual Arts at OU in 2004, Stewart received a BFA from Ohio University and an MFA from Indiana University. Stewart said “Last summer’s collaboration with Southern Utah Museum of Art and Southern Utah University was a great success and a wonderful



TODD STEWART

experience. We are very excited about returning this fall to share some of the results.”

Robert Bailey is Associate Professor of Art History at the University of Oklahoma, where he teaches the history of contemporary art as well as the historiography and methodology of art history. He



ROBERT BAILEY

is the author of *Art & Language International: Conceptual Art between Art Worlds* (Duke University Press, 2016) and the editor of *Terry Smith’s One and Five Ideas: On Conceptual Art and Conceptualism* (Duke University Press, 2017). With Todd Stewart, Bailey participates in the Fieldworks initiative, and contributes to the Inhabiting the Anthropocene research group and its blog.

“Todd and Robert have been colleagues of mine for quite some time,” said Jessica Farling, SUMA Director/Curator. “I’m thrilled to not only be able to bring their work to campus, but for them to share their insights with the faculty and students of the SUU Department of Art & Design. They bring a genuine enthusiasm for our landscape, which I hope inspires everyone to explore and find new inspiration.” For more information, please visit www.suu.edu/pva.

PHOTOS COURTESY OF SUU

SUU dance to perform with SALT Contemporary Dance

by Ashley H. **POLLOCK**

SUU COLLEGE OF PERFORMING & VISUAL ARTS

Students from Southern Utah University’s dance program have been invited to perform with SALT Contemporary Dance in their fourth annual production of *PAN: The Untold Story of Peter Pan*, October 10 - 12, 2019 at 6:30 p.m. This is a great opportunity for experiential learning for the dance students at SUU. Tickets are \$15 for general admission. They can be purchased at <https://www.universe.com/events/pan-st-george-the-untold-story-of-peter-pan-tickets-st-george-43FZVR>

Danielle Sheather, Assistant Professor of Dance at SUU, shares, “Select SUU dancers are gearing up

to perform alongside SALT Contemporary Dance’s professional company members in the company’s upcoming performances.”

The SALT Contemporary Dance Company says, “Experience the magic of *PAN* in St. George, where aspiring dancers from the local community will perform alongside SALT professionals. Please join us as we take you on an adventure with Peter and the Lost Boys, and share their journey in Neverland and experience the untold story of Peter Pan.”

Don’t miss this exciting production October 10-12, 2019. For more information about SALT Contemporary Dance, please visit saltdance.com/. For more information about the dance program at SUU, please visit www.suu.edu/pva/ta/

COMMUNITY &
PERSONAL INTEREST
IN IRON COUNTY

Life

FRIGHTENINGLY FUN



THE 2ND ANNUAL CEDAR CITY FIRE DEPARTMENT FUNDRAISER, raised money and heartbeats (zombies chasing you tend to do that) for a great cause... assisting families in need during the holidays. Part of the fear and fun of the fundraiser included participants racing safely through a muddy and zombie infested obstacle course.

PHOTOS BY COREY BAUMGARTNER



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PHOTOS BY TRINITY PAJÓN

Iron County Young Survivors holds 7th annual 'Power in Pink' walk

by Trinity PAJÓN

IRON COUNTY TODAY

Last Week the Iron County Young Survivors organization held their 7th Annual Breast Cancer Remembrance Walk and fundraiser at West Canyon Park in Cedar City.

Attendees who participated in the 5k walk donated at least \$25 dollars to support those suffering from the disease.

Breast cancer survivor Deena Marchal talked about the purpose of the annual event.

"Every dime goes to help women fighting breast cancer here locally," she said.

Marchal said that the event was created to raise money to meet the needs of breast cancer patients and their families. Some of the needs may include providing rides, or cleaning services.

Iron County Young Survivors Founder Robyn Brown talked about

the organization's purpose. She said that she and three other breast cancer patients created this organization together.

"We wanted to do something to help those who were going through the same thing," she said.

According to Brown, the organization sends boxes containing a shirt, hat, lotion, and iTunes card to Intermountain hospital for the breast cancer patients. She said that it was important that these women knew that they were not alone.

Brown initiated a moment of silence to remember those who died from the disease and introduced a young musician who sung 'Fight Song,' by Rachel Platten.

Marchal concluded the talks by inviting attendees to come again.

"This is a great event," she said. "It's growing and we hope that you will spread the word. Bring your survivor friends, come out every year and join us."



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CALENDAR

WEDNESDAY, OCTOBER 9

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 North Main Street, Cedar City.

WALK WITH EASE CLASS (FREE) – EVERY Monday, Wednesday and Friday, 9:15 a.m. at Discovery Park, 2077 W Royal Hunte Dr., Motivate yourself to get in great shape, Walk safely and comfortably, Improve your flexibility, strength and stamina, Reduce pain and feel great! For more information and to sign up, contact Mike Hart (435) 673-3548 or rsvp@fivecounty.utah.gov

WEIGHTWATCHERS REIMAGINED! GET guidance and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

ARTHRITIS FOUNDATIONS EXERCISE CLASS (FREE) – Each Wednesday at 1:00 p.m., Cedar City Senior Center, 489 E 200 S, The Arthritis Foundation Exercise Program is a community-based recreational program specifically designed to teach adults with arthritis how to exercise safely. Trained instructors cover a variety of range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics. All of the exercises can be modified to meet participant needs and abilities to help decrease depression and pain while increasing one's confidence to exercise, 435-586-0832 For questions.

TAE KWON DO CLASS TO BENEFIT THE Canyon Creek Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 East 400 South in Cedar City. Paddles and balls supplied. For more info call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE at 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) meetings, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

A.A. – STEPS AND TRADITIONS, 7 A.M., 203 E. Cobblecreek Dr. (KKCB upstairs)

A.A. GROUP – “WHAT A WAY TO START THE Day” – Meets every SUN, MON, WED, FRI, from 7-8 a.m. in the Fellowship Building behind St. Jude's Church, 70 N 200 W, Cedar City. All are welcome!

A.A. – SPEAKING FROM THE HEART, NOON, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

A.A. -- MISFITS, 6 P.M., 203 E. COBBLECREEK Dr., Cedar City. For information call (877) 865-5890

SEX ANONYMOUS – 6:00 PM, 203 E. Cobblecreek Dr. (877) 865-5890

AL-ANON – NEW BEGINNINGS, WOMEN'S book study meeting. 6:00-7:00 p.m., 203 E. Cobblecreek Dr., Cedar City.

A.A.—RED CREEK GROUP, 7 P.M., PAROWAN Senior Center, 685 N 300 E, Parowan

MARINE CORPS LEAGUE DETACHMENT 1315 monthly meeting, 6:00 p.m., Elks Lodge, 111 E 200 N, Cedar City. (Go to back and ring buzzer if not an Elk member)

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., KKCB, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 p.m., Cedar City Senior Center, 489 E 200 E, Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients. 245 E 680 S

AWANA BIBLE CLUB – VALLEY BIBLE CHURCH, next to the water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church, 586-0253, Keith at 435-990-1638 or just show up.

THURSDAY, OCTOBER 10

PAROWAN CITY COUNCIL, 6 P.M., CITY Center, 35 E 100 N, Parowan.

BOOK CLUB - CEDAR CITY LIBRARY BOOK Club meets on the second Thursday of each month at 7 pm at the library, 303 N 100 E. This month we will discuss Augmented by Brett King as the featured book. In November, Plum Rains, by Andromeda Romero-Lax will be the featured book.

YEAR-ROUND FARMERS MARKET – EVERY Thursday rain or shine, 3 PM to 7 PM in the parking lot across from Pastry Pub. 45 W. Center St. Definitely worth a stop for farm fresh produce, homestyle treats, crafts, jewelry and artwork. Booths with local honey, homemade jams and variety of jellies made with surprising main ingredients. Also, every Saturday, same location, 9 AM to 12 PM.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (free). 7 p.m., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 A.M., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, CEDAR City Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

A.A. – SPEAKING FROM THE HEART, NOON, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

A.A. – LUNCH BUNCH GROUP, NOON, CEDAR Bowling Center, 421 E. Highway 91

A.A. – MISFITS, 6 P.M., 203 E. COBBLECREEK Dr., Cedar City. For information call (877) 865-5890

AL-ANON – FELLOWSHIP OF RELATIVES AND Friends of Alcoholics, 6 p.m., 203 E. Cobblecreek Dr., Cedar City. For information call (435) 531-1045

NARCOTICS ANONYMOUS – HOPE WITHOUT Dope, 8 p.m., KKCB, 203 E. Cobblecreek Dr., Cedar City. More info at 877-865-5890 or 435-635-9603

WATER AEROBICS CLASS, (TUESDAYS AND Thursdays) 8 AM, SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients. 245 E 680 S

PAROWAN CITY COUNCIL, 6 P.M., CITY Center, 35 East 100 North, Parowan

BIKERS AGAINST CHILD ABUSE (B.A.C.A.) Color Country Chapter Meetings, 7:00 p.m., 593 N. 1450 W., Cedar City.

PARKINSON'S SUPPORT GROUP, 2:30 P.M., Brookdale Sr. Living Center, 995 S. Regency Rd., Cedar City.

FRIDAY, OCTOBER 11

WALK WITH EASE CLASS (FREE) – EVERY Monday, Wednesday and Friday, 9:15 a.m. at Discovery Park, 2077 W Royal Hunte Dr., Motivate yourself to get in great shape, Walk safely and comfortably, Improve your flexibility, strength and stamina, Reduce pain and feel great! For more information and to sign up, contact Mike Hart (435) 673-3548 or rsvp@fivecounty.utah.gov

OCTOBERFEST DINNER – TRINITY LUTHERAN Church 410 E. 1935 N – Across from Fiddler's Elementary School), 5-7 p.m., Cost is \$10 for adults, \$5 for children and \$25 for a family of five. The event is a fundraiser for local Cedar City charities. Tickets available from Trinity Lutheran members, or at the door. Come enjoy an evening of fellowship and delicious traditional German food.

A.A. GROUP – “WHAT A WAY TO START THE Day” – Meets every SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude's Church, 70 N 200 W, Cedar City. All are welcome!

A.A. – SPEAKING FROM THE HEART, NOON, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

A.A. – MISFITS, 6 P.M., 203 E. COBBLECREEK Dr., Cedar City. For information call (877) 865-5890

NARCOTICS ANONYMOUS – LIVE AND LET Live, 8 p.m., KKCB, 203 E. Cobblecreek Dr., Cedar City, for information call (877) 865-5890 or (435) 635-9603

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 p.m., 245 E 680 S. Call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SATURDAY, OCTOBER 12

SIMPLY A MIRACLE FUNDRAISER RUN – 9 AM, Bicentennial Park, 660 W 1045 N, Cedar City, All Proceeds from the event will go to support families who have lost infants. Sign up at: tinyurl.com/2ndAnnualSAMrace, \$20 per person or \$60 for groups of 3+.



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Pediatric Strabismus • General Eye Exams

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CALENDAR

WALK TO END ALZHEIMER'S – 9 A.M., SUU
Student Center Ballroom. Register at www.alz.org or text AlzWalk to 51555. Take a step to help end Alzheimer's! For more info call (435) 238-4998

YOGATHON – STONE PATH YOGA WILL HOST
the first community Yogathon at Main Street Park in Cedar City, from 11:00 to 4:00. This FREE event will include 5 hours of back-to-back yoga classes and workshops. Come try a class, or stay for the whole afternoon! For more info, visit www.yogastonepath.weebly.com/events

A.A. – SPEAKING FROM THE HEART, NOON,
203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

A.A. – MY STORY SPEAKER MEETING, 8 PM,
203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

NARCOTICS ANONYMOUS – CANDLE LIGHT
meeting, 9:30 p.m. KKCB, 203 Cobblecreek Dr., Cedar City. Info at 435-635-9603 or 877-865-5890

YEAR-ROUND FARMERS MARKET – EVERY
Saturday rain or shine, 9 AM to 12 PM in the parking lot across from Pastry Pub. 45 W. Center St. Definitely worth a stop for farm fresh produce, homestyle treats, crafts, jewelry, artwork and more. Booths with local honey, homemade jams and variety of jellies made with surprising main ingredients. Plus, shop while being entertained by live musicians and vocalists. Also, every Thursday, same location, 3 PM to 7 PM.

SATURDAY FARMER'S MARKET, 9AM-1PM
every Sat. @ IFA, 905 S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

SOUTHERN UTAH WOODTURNERS, 9 A.M.,
Cedar High School wood shop, 703 W. 600 South, Cedar City.

SUNDAY, OCTOBER 13

COMMUNITY PRESBYTERIAN CHURCH –
Uplifting services for all, 10 a.m., 2279 N Wedgewood Lane, Cedar City. Our vision at CPC is Reach, Grow, Send

A.A. GROUP – “WHAT A WAY TO START THE Day” – Meets every SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude's Church, 70 N 200 W, Cedar City. All are welcome!

A.A. – STEPS AND TRADITIONS, 7 A.M., 203 E.
Cobblecreek Dr., Cedar City. (KKCB upstairs). For information call (877) 865-5890

A.A. -- TGISS, 11 A.M., 203 E. COBBLECREEK
Dr., Cedar City, for information call (877) 865-5890

NARCOTICS ANONYMOUS – WOMEN'S ONLY
Meeting, 11 a.m., KKCB, 203 E. Cobblecreek Dr., Cedar City. Info at 435-635-9603 or 877-865-5890

NARCOTICS ANONYMOUS – DOPELESS HOPE
Fiends, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information, call (877) 865-5890

DOPELESS HOPE FIENDS – 203 E.
Cobblecreek Dr., Cedar City. Info at 435-635-9603 or 877-865-5890

MONDAY, OCTOBER 14

NARCOTICS ANONYMOUS – MONDAY NIGHT
Basic Text Study, 8 p.m., KKCB, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or 435-635-9603.

WALK WITH EASE CLASS (FREE) – EVERY
Monday, Wednesday and Friday, 9:15 a.m. at Discovery Park, 2077 W Royal Hunte Dr., Motivate yourself to get in great shape, Walk safely and comfortably, Improve your flexibility, strength and stamina, Reduce pain and feel great! For more information and to sign up, contact Mike Hart (435) 673-3548 or rsvp@fivecounty.utah.gov

A.A. GROUP – “WHAT A WAY TO START THE Day” – Meets every SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude's Church, 70 N 200 W, Cedar City. All are welcome!

A.A. – STEPS AND TRADITIONS, 7 A.M., 203 E.
Cobblecreek Dr., Cedar City. (KKCB upstairs). For information call (877) 865-5890

A.A. – SPEAKING FROM THE HEART, NOON,
203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

A.A. – MISFITS, 6 P.M. 203 E. COBBLECREEK
Dr., Cedar City. For information call (877) 865-5890

A.A. – RED ROAD TO SOBRIETY -- OPEN
meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155
East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M.
to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5
p.m. 245 E 680 S, Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

AWANA BIBLE CLUB – VALLEY BIBLE CHURCH,
next to the water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church at 586-0253, Keith at 435-990-1638 or just show up.

TUESDAY, OCTOBER 15

LION'S CLUB – HAPPY FACTORY, 895 N 2175
W., Cedar City, 12 p.m. Catered by Pizza Hut. All are welcome! Call Shanda for more info. 702-480-3238

CEDAR PROFESSIONALS – AN ORGANIZATION
of business people created to stimulate the business climate for members through exchange of ideas, information and business referrals. Visit our weekly meeting - Tuesdays 7:30 a.m. - Springhill Suites 1477 S Highway 91 in Cedar City - www.cedarprofessionals.org

WATER AEROBICS CLASS, (TUESDAYS AND
Thursdays) 8 a.m., SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

STORY TIME AT THE FRONTIER HOMESTEAD
State Park, 10 a.m., 635 N Main St., An opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING.
For more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO
5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP,
6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155
East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

A.A. STEPS AND TRADITIONS, 7 A.M., 203 E.
Cobblecreek Dr. For information call (877) 865-5890

A.A. – LUNCH BUNCH GROUP, NOON, CEDAR
Bowling Center, 421 E. Highway 91, Cedar City

A.A. – SPEAKING FROM THE HEART, NOON,
203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890

A.A. – MISFITS, 6 P.M. 203 E. COBBLECREEK
Dr., Cedar City. For information call (877) 865-5890

AL-ANON "EASY DOES IT," 7 TO 8 P.M.,
Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

A.A. – CEDAR GROUP MEETING, 8 P.M., 203 E.
Cobblecreek Dr., Cedar City. For information call (877) 865-5890

CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7
p.m., 245 E 680 S, Call 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

WEDNESDAY, OCTOBER 16

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL,
10 N Main Street

WALK WITH EASE CLASS (FREE) – EVERY
Monday, Wednesday and Friday, 9:15 a.m. at Discovery Park, 2077 W Royal Hunte Dr., Motivate yourself to get in great shape, Walk safely and comfortably, Improve your flexibility, strength and stamina, Reduce pain and feel great! For more information and to sign up, contact Mike Hart (435) 673-3548 or rsvp@fivecounty.utah.gov

ARTHRITIS FOUNDATIONS EXERCISE CLASS (FREE) – Each Wednesday at 1:00 p.m., Cedar City Senior Center, 489 E 200 S, The Arthritis Foundation Exercise Program is a community-based recreational program specifically designed to teach adults with arthritis how to exercise safely. Trained instructors cover a variety of range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics. All of the exercises can be modified to meet participant needs and abilities to help decrease depression and pain while increasing one's confidence to exercise, 435-586-0832 For questions.

A.A. GROUP – “WHAT A WAY TO START THE Day” – Meets every SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude's Church, 70 N 200 W, Cedar City. All are welcome!

WW - WEIGHTWATCHERS REIMAGINED! GET
guidance and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

TAE KWON DO CLASS TO BENEFIT THE
Canyon Creek Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30
a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155
East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE
at 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY)
meetings, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO
7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411

A.A. – STEPS AND TRADITIONS, 7 A.M., 203 E.
Cobblecreek Dr., Cedar City. (KKCB upstairs). For information call (877) 865-5890

A.A. – SPEAKING FROM THE HEART, NOON,
203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890ALCOHOLICS ANONYMOUS – MISFITS, 6 p.m., 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S
book study meeting. 6:30-7:30 p.m., 203 E. Cobble Creek Drive, Cedar City.

A.A. – RED CREEK GROUP, 7 P.M. PAROWAN
Senior Center 685 N 300 E, Parowan

NARCOTICS ANONYMOUS JUST FOR TODAY, 8
p.m., KKCB, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:00 P.M.
Beginner's Class and Mainstream Dancers from 7 to 9 pm. Cedar City Senior Center (489 E 200 S) More info from Pat 435-531-6811 or Ralph 435-669-4867.

FALL MEDITATION SESSIONS – HEALING TREE,
535 S Main St., Suite #4, Cedar City. Wednesdays through Nov 13, 7 p.m. to 7:45 p.m., Participants will be introduced to a variety of meditation approaches to foster relaxation and a calm mind. No previous experience is necessary. Everyone is welcome. There is no cost for the classes. A donation of \$5 is suggested in the spirit of sharing the Dharma. For more information call or visit <http://healingcedarcity.com/> (435) 267-0133, or Todd Prince at goatboy1963@gmail.com.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5
p.m., 245 E 680 S, Call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

AWANA BIBLE CLUB – VALLEY BIBLE CHURCH,
next to the water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church, 586-0253, Keith at 435-990-1638 or just show up.

AMERICAN LEGION AUXILIARY MEETING, 6
p.m., Cedar City Library in the Park, American Legion Conference Room. Info from Georgia Johnson 435-704-6654

SCHOOLS

ICSD News Nuggets

from Le Ann
WOOLSTENHULME

IRON COUNTY SCHOOL DISTRICT

Enoch Elementary

Teachers, parents, and students of Enoch Elementary met to collaborate on education and build relationships this week. The book fair was also set up to help raise more money for our school. Thank you to all the parents and students who attended!

Pumpkins were picked by Enoch's first graders at the Judd Pumpkin Patch. Students got to pick their own to take home and pet farm animals. They also visited Lin's Fresh Market, the police station, and had lunch at the park. Thank you, Judd Pumpkin Patch.



MRS. JENNIFER WEBSTER and her first-grade students at the Judd Pumpkin Patch.

Students are brushing up on their art skills as they prepare for the Reflections art contest. This year's theme is "Look Within." Students can enter art in the areas of Literature, Photography, 2D and 3D Visual Arts. Entries can be turned into the school office by October 25.

E-Valley

Escalante Valley School would like to thank our parents & families for the support we received last week through SEP attendance and Book Fair purchases. We thoroughly enjoyed having family members join us for lunch during the week as well.

Please remember that there will be no school for ICSD on Monday, October 21st because of Fall Break.

North Elementary

North Elementary would like to thank all those who made our annual "Grand" Breakfast another smashing success this year. We invited grandparents and other "Grand" people to eat breakfast with their little ones at North. We served almost 450 people on Thursday,

October 3, in less than 45 minutes. What a great time! A special thanks goes out to our amazing PTA volunteers, our custodians Dave Bettridge and Shane Wilson, and of course our awesome food service team: Richelle Maxwell, Stacey Barney, Shanna Shotwell, Amber Hinton, and Evelyn Hoyle. We'd also like to thank all the "Grand" people who came to eat with their grandchildren, etc. It made our day!

Three Peaks Elementary

Thank you to all who attended SEP conferences last week. It was nice to see all the wonderful, caring people who help our students succeed in school. We also appreciate the support we had with our Scholastic Book Fair.

Each month during the school year, the Utah Food Bank truck arrives at Three Peaks Elementary where volunteers from the school and the Leavitt Group, assist students as they receive food bags after school. The Mobile School Pantry will be at the school on the first Wednesday of every month and is a voluntary program for Three Peaks Elementary families who wish to participate.



School PTA Reflections projects are due on October 25, 2019. This year's theme is, "Look Within." Entry forms, consent forms, and rules are available in the office.

South Elementary

South Elementary students and faculty are enjoying this school year. Our amazing teachers create a positive learning atmosphere while

our PTA helps to supplement this by creating opportunities for our entire community to socialize. All families were invited to a Family Fun Night at Fiddler's Fun Center. Families participated in laser tag while others enjoyed time at the arcade. Toy Story and Aladdin were also shown at the theatre. A quote from Winnie the Pooh sums it all up. "We didn't realize we were making memories; we just knew we were having fun! Thank you to all who made the evening possible."



Parowan Elementary

Parowan Elementary just finished a fun week of "walk or bike to school" activities sponsored by our PTO. The students were added to a drawing if they walked to school last week. The winner received a scooter. Students were also able to write a paragraph on why they would like to win a bike. They were all put into a drawing and with the generous donations of many parents we were able to give away 12 bikes and helmets. We also had a great assembly presented by UDOT about safe routes to school. Students learned how to safely use crosswalks. Thank you to our PTO for all their hard work.



Signs of life (part 1)



The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

The signs of life are all around us. They tell us where to go, when to go, how to go and how long before we get there. When we obey signs and symbols we usually arrive at our destinations safely, even if it's not as quickly as we'd like. From these everyday signs and symbols can come simple wisdom that will also help the journey of our lives be more enjoyable, not just endurable.

There's no doubt that we live in a fast-paced world. Stop signs are more often a quick pause and yellow traffic lights usually mean speed up to beat the red light, right? However, we can't just race through life all the time or we will miss so many good things that need contemplation more than just pausing while passing.

We should slow down in school zones, construction zones, parking lots and places where there are pedestrians. There are also plenty of annoying speed-bumps to quickly remind us if we forget. Slowing down and using caution is also advisable when we find ourselves in the construction zones of life: new jobs, new classes, new relationships, marriage, moving, creating a family, etc. Regardless of the roads we travel, we must not let the pace of life, become a detour from things that will bring peace into life.

When we find ourselves upon freeways and highways, the pace quickens and we must proceed with added caution. Just because there are no stop signs or traffic lights to delay us doesn't mean we can be careless. We need to be sure we are buckled up and paying attention to speed, spacing, and potentially distracted, drowsy, and speeding drivers around us. Because accidents at high speeds can be disabling and deadly, not just cause frustrating fender-benders.

We can experience similar situations while traveling other roads of life. As we learn how to become better drivers we hopefully learn how to also be more patient with others and ourselves. Because we all get delayed and distracted en route to our destinations. There are road closures, detours, traffic-jams and sometimes we miss exits, or find ourselves driving the wrong way on a one-way street. When we realize we're on a wrong road, we make timely U-turns, or take the next exit and get back on track. It's unwise and unsafe to keep going down a road that will not take us to our desired destinations or destinies.

Thus, we have to pay attention to the road signs and/or our GPS to make sure we're heading in the right direction. Don't be afraid to recalculate, pull over to check the map, or ask for directions. It's better to be late than remain lost. When we do get lost or realize that we are not in a safe place with safe people, look for the Emergency Exits and get out. There are some places we shouldn't travel to, no matter how fun and inviting they appear to be.



THE FALL FESTIVAL is a creative, fun and favorite event celebrating the autumnal season.

PHOTOS COURTESY OF PAROWAN VISITOR'S CENTER

Scarecrows, Fall Festival return to Parowan

by Carol **CABLE**

FOR IRON COUNTY TODAY

Fall is finally in the air, and scarecrows are starting to appear on our Main Street in Parowan!

Main Street is lined with bales of straw and dozens and dozens of scarecrows are waiting to greet you! Come out and have your picture taken with some very interesting characters. These fanciful creatures will be up from October 7th through October

28th for your viewing pleasure.

October in Parowan is truly a beautiful time of year. In addition to the scarecrows, Parowan City will host the “Fall Fest and the Car Show on Main”. This event will be held on Saturday, October 12th from 10 a.m. to 4 p.m. and will include vendors, food and entertainment in addition to the Car Show.

Come out and enjoy the festivities and the beauty of Parowan, Utah. For more info visit, www.parowan.org.



3rd Annual Youth Halloween Dodgeball Tournament

from Southern Utah **SPORTS ACADEMY**

FOR IRON COUNTY TODAY

You don't want to miss this FUN and EXCITING event! The Halloween Dodgeball Tournament will take place Saturday, October 26th, 2019 at Southern Utah Sports Academy, located at 494 North 2150 West. There will be an Elementary division, Middle School Division, and a High School division. We are excited about the bracket format of the tournament this year, and want it to be better than ever! Team costumes are encouraged! There will be PRIZES for the BEST costumes and the TOP placing teams. Teams

must be registered by midnight on October 20th to play. Sign up TODAY.... for a Spooktacular good time!

*Cost is \$10 per player. There can be 6-10 players per team, with 6 players on the court at a time.

Each player will receive a wristband when you check in the day of the tournament.

You are welcome to pay \$60 now as part of this registration, and you can pay for each additional player the day of the tournament.

Or you can select the Cash on Delivery payment option, and

pay the full amount via Venmo to @Susahoops. You will need to pay \$10 per player in order to receive a wristband for each player.

PHOTO BY COREY BAUMGARTNER



SOUTHERN UTAH UNIVERSITY

suu.edu



SUU is a caring campus community where students come first.

'Freedom to Choose' fundraiser this weekend

by Kelsey **KEENER**

IRON COUNTY TODAY

A fundraiser to benefit Holding Out HELP, an organization that offers assistance to those that want to transition out of polygamist communities, will be held this Saturday at 4 p.m. at the Courtyard by Marriott in Cedar City.

The event will include music by Jon Yerby, a silent auction and food provided by Charlie's Southern Barbecue and Pisco Peruvian Rotisserie and Grill Cuisine.

Guest speakers will include: Sam Brower, author and producer of Prophets Prey; Ian Jeffs, a nephew of Warren Jeffs; and Tonia Tewell, founder of Holding Out HELP.

In addition to raising funds to help provide assistance through education, food, support, clothing and counseling to those desiring to leave polygamist communities, the goal of the fundraiser is also to help raise awareness surround the abuse and neglect that can be found related to such communities.

Meggie McMullen, one of the event organizers, said awareness is one of her primary concerns.

"My hope is that through this fundraiser, people will be enlightened by the guest speakers who will be sharing their knowledge on this particular FLDS community and the current events surrounding it," she said. "But more than even that, I want these people to know that if they do decide they want a change in their lives there are people to help them, and people that will be there for them."

The Courtyard by Marriott is located at 1294 S Interstate Drive in Cedar City. For more information about the event or how to help, contact McMullen at 805-400-9360 or megl.mcmullen@gmail.com.

PEOPLE

BIRTH

Ava Isabella Wright

Ava Isabella Wright daughter of Nicholas Wright and Alma Castro was born Sept 24, 2019. She was 6lbs. 5oz.

17in. long. Ava was a little early but perfect as can be!



Fall and Football

Summer has long since taken its final bow, and the harvest's foliage has ignited neighboring hills in a kaleidoscope of color. The air has changed and the boys of fall are nearing their seasons' end.

For years my life revolved around football. Growing up, sports may well have been "religion" in our home. In the 80's Cedars High's Dave Jensen's ideology in our home was as good as the bible. Jensen's "There's a wrong way, a right way, and then there's Jensen's way," became the 11th commandment in our home.

I probably knew the names of the Redmen's coaching staff better than the names of my neighbors. And perhaps these names weren't always tagged with the best adjectives. But that's the world of sports. You win some, you lose some and you love some and you hate some. But there is that ever-abiding hope that doing "hard things" will change you. Football is one of those "hard things."

I spent most of my younger years under "Friday Night" lights carefully following crimson and gold's numbers, 55, 44, and 41 (the numbers of my four older brothers) for nearly a decade. Those were exhilarating times—times that to this day have not left me. Names such as Cardon, Whitney, Garrett, Bulloch, and Nakken were tossed around our dinner

table like they were mom's mashed potatoes. I became somewhat of a "young sports writer" in those days carrying names, numbers and stories with me for decades.

Fast forward two decades to a different field, to different numbers, and to different coaches, and I fell in love with football all over again, but this time as a mother. Watching our two oldest sons put on the pads sporting Falcon jerseys was equally thrilling. There is just

something about the game of football.

I wish I had been around in the 30's to watch my husband's grandfather, Eldro Rigby don the BAC (present day SUU) football jersey. Eldro played for Coach Howard "Tuff" Linford. Eldro was an "end" man. He came from Hinckley High where he was known as a "flashy" guard.

The game of football can track its beginnings to November 6, 1869 when Rutgers and Princeton played a college soccer "football" game. Its roots can be traced to both rugby and soccer. However, it was a rugby player from Yale, Walter Camp, who is credited for "pioneering" the great American sport known as football. And a century ago in 1919 William "Pudge" Heffelfinger's \$500 contract to play for the Allegheny Athletic Association versus the Pittsburgh Athletic Club gave rise to the American Professional Football Association. Two years later the name was changed to the National Football League.

Football for me is synonymous with autumn air, apple cider, and orange pumpkins. Drop by our home on a Sunday afternoon and you will probably hear a football game in the background. It's just something that is a part of me. Thanks to Grandpa Eldro, my big brothers, and my sons for the football memories and Happy 100th Birthday to the NFL.



AMYANNE RIGBY

CONTRIBUTOR

Pet Adoptions

MR. O'MALLEY

This cute and cuddly fur-leaf clover is perfect for cuddling and can't wait to bring a bit of luck into your life.



SPICE

Sibling of Pumpkin, can be adopted separately or as the purr-fect pair to add enjoyment to any season of your life.

PUMPKIN

Arriving at the purr-fect season along with sibling, Spice. Together, Pumpkin and Spice are very playful and lively.



MOWGLI

It's a jungle out there and this cute stray, along with his three siblings, is sure to be a great companion for you.

MR. MUNCH

Don't let the name fool you. This mature male is more of a lover than a biter. He is very sweet and loves to give kisses.



BLACK & WHITES

This cage contains the cutest set of four black and white kittens. It is hard to count them because they love to cuddle together. There's always room for one more if you choose to adopt one or all of them.

KITTEN COLLAGE

This colorful kitten collage includes a mix of males and females, each ready to add cuteness, color and companionship to your world.



To view these cute kittens and adopt a new friend visit the Cedar City Animal Adoption Center, 1303 W Kitty Hawk Dr., (435) 586-2960, Mon-Fri 8 AM to 6 PM and on Sat 9 AM to 1 PM.

FAITH

A whale of a tale

JONAH 1-2

The story of Jonah and the Whale is more than a biblical springboard for the prodigal Pinocchio. There is a divine difference between Deity's prophet and Disney's puppet. So, what can we learn from this inspiring whale of a tale?

There are times when I feel God prompting me to go somewhere, to do or to say something that I feel is impossible for someone like me, or too uncomfortable or just plain inconvenient to my own mortal schedules and desires. I try to avoid doing it, or put it off for a more convenient time, which rarely arrives. I start looking for the nearest EXIT, or other familiar escape routes to hide my heart from hearing God's patient, but persistent call. Like

Jonah, I seek to become a stowaway on any ship heading in the opposite direction. Thankfully, God always finds me. Thankfully, I also haven't had to get swallowed by a whale as motivation to get back on and stay on the covenant path. Though, I think that would be a great story to tell the grandkids. We'll just keep that between you and me.

Another lesson learned from this fishy story is that wise sailors would rather lose their cargo than their lives. Spiritually speaking, when we encounter life's storms, we may be tempted to throw the wrong things overboard. In our mortal maelstroms we unwisely throw the teachings of the prophets overboard, then the scriptures and prayer. Who would tempt us to do such things,

especially during a storm when we need them most? We are even willing to throw our own souls overboard, along with our commitments to the commandments, in hopes of calming things. There is only One who can truly calm the storms in our lives. (Mark 4:35-31)

What is God calling you to do today? Where are you sailing right now? Perhaps through a dark and difficult storm? Don't start tossing your precious cargo overboard. Instead, cast away any carnal cargo keeping you from the ballast-providing light and love of Christ. Get rid of anything leading you off course by demoralizing and demagnetizing your Christ-centered compass.

Whales or not, we all have choices to serve God or

run and hide from Him. Like the Parable of the Talents, (Matthew 25:14-30) we each have a choice to use our talents for good works, or not. Like the Prodigal Son, (Luke 15:11-32) sometimes we still make wrong choices, abandoning Abba and His compassionate companionship and inspiration, to make our own way in the world.

Nevertheless, whether we are in the belly of a whale, a prison, or places where poisons are purchased and consumed, God's love is always with us. It is calming the storms in our hearts and minds and calling to and carrying us back home. And no matter how long our voyage takes, there is still a place for each of us, if we will have faith and keep sailing onward and upward.



GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

OBITUARIES

Enid Jones Bassett



Enid Jones Bassett, 93, surrounded by her family, passed away peacefully October 5, 2019 in Cedar City, Utah. Mom was born June 20, 1926, in Byron, Wyoming. Her parents, Frank Lyman Jones and Lydia Isabell Jenkins Jones, had four daughters of which she was the youngest. Her parents and sisters

Donna Dale, Arlene Root, and Anna Kaspar, preceded her in death.

She married her sweetheart, Jack Thaxton Bassett, on March 25, 1944 in Billings, Montana. Later they were sealed in the Salt Lake Temple. Mom and Dad spent their married years in San Diego, California, where they raised their five children: Sue Bassett Parowan, Utah, Nancy Kaye Bassett Provo, Utah, Valerie Townsend (Wayne) Parowan, Utah, Bradley Bassett (Jill) Cedar City, Utah, and Lance Bassett (Callie) Parowan, Utah. Dad passed away November 11, 1999, in Parowan, Utah.

Mom had many gifts, talents, and interests which she shared with family, friends, and her community. Music was very important. She sang in Dad's dance band. Mom also conducted or sang in church and community choirs. She was known for her pie baking, holiday cookies, love of yard work, and serving her family and neighbors. Knitting was a passion and she was best known for grandchildren's sweaters and dozens of Christmas stockings. Her daughters and granddaughters received dresses she had sewn for special occasions. Mom and Dad loved to travel and she always had a bag packed ready for the next adventure.

Mom was a life-time member of the Church of Jesus Christ of Latter-day Saints. Along with many ward and stake callings, she served a mission with her husband in the Arizona Mesa Temple Visitor Center and worked in the San Diego Temple Baptistery. Because of her service, she made lifelong friends, influenced people, and shared many spiritual experiences which strengthened her family.

She will be missed by her five children, their spouses, 13 grandchildren, their spouses, and 26 great grandchildren, with another on the way.

Funeral services will be held Friday October 11, 2019, at 1:00pm at the Parowan 1st Ward Building (59 South 100 West, Parowan, Utah). Viewing will be held October 11, 2019, at 11:00am-12:30pm at the Parowan 1st Ward Building. Interment will be in the Parowan Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com

As a family, we appreciate the kind care of her neighbors, hospice, and Cedar Health and Rehab Center.

Glen Colin Miller



In the early morning hours of October 5, 2019, a spiritual giant took his last breath and stepped into eternity. Glen Colin Miller began his earthly sojourn on March 20, 1945 as the third child and first son of Glen E and Vivian Seibold Miller. Glen was born in Salt Lake City and raised in Bountiful, Utah. During his school years, he worked at the Bountiful Motor View and Slim Olson's Gas Station. Glen loved cars and built a few himself - winning third place in the 1978 Concours d' Elegance for his Shelby Mustang. After graduating from Bountiful High School, he attended Brigham Young University and served in the Central States Mission for the Church of Jesus Christ of Latter-day Saints. While serving in the Hawk Missile Division of the United States Army, Glen earned a National Defense Service Medal as a sharp shooter. He later served several

years in the Utah Army Reserve.

On July 28, 1967, Glen married the love of his life, Wanda Fae Miller, in the Salt Lake Temple for time and all eternity. They welcomed six beautiful children into their home and shared 52 years of fun and adventure mingled with struggle and triumph! Glen was an avid skier - snow and water! Boating was his passion! He loved nothing more than being on Lake Powell with his family around him. He was a wonderful husband and magnificent father who literally gave his life for his family! Serving for over 31 years as a Temple Ordinance Worker, Glen taught his children to love the Lord, work hard, and find joy in living. He loved his career in the flower industry - operating Sea View Nursery in Santa Barbara, California until moving to Cedar City, where he continued working with his brothers at Milgro Nursery in New Castle.

Glen was preceded in death by his parents; his sisters Glendala and Cynthia (Ron) Haertel; and his brother Ted (Valorie) Miller. He is survived by his beloved wife, Wanda; his daughter, Misty (Russell) Reber; his sons, Glen Jr (Alexandra); Spencer (Natalie); Nathan (Mary Lynne); Daniel (Tasha); and Matthew (Stacy); 21 grandchildren and 6 great grandchildren.

Funeral services will be held at 12:30 p.m. on Friday, October 11th in the Heritage Park Ward, 290 West 1045 North, Cedar City, Utah. Viewing will be just prior to the funeral from 10 a.m. to 12 noon. Interment will be at the Cedar City Cemetery under the direction of Affordable Funeral Services, 2002 North Main Street, Cedar City, Utah (435-586-3456).

The family wishes to thank the IHC Hospice Team for their loving care of Glen, especially Dr. Todd Garrett, Fae Lyn Kartchner, Becky Solomon, and Craig Hanson. Online condolences can be sent to www.affordablefuneralservices.com

Submitting an obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

SCORES & RECAPS
FROM COMPETITION
IN IRON COUNTY

Sports

Warriors turn takeaways into easy win over Reds

by Tom **ZULEWSKI**

IRON COUNTY TODAY

In the flow of a football game, the team that has a strong defense usually has the best chance to win. When the Snow Canyon Warriors forced turnovers, they made life miserable for the Cedar Reds in a key Region 9 showdown Oct. 4.

Thanks to four turnovers – two returned for touchdowns – Snow Canyon used a big first half to blow out Cedar on its senior night, 55-10, and even its region record at 3-3. Cedar fell to 2-4, and head coach Josh Bennett said the quicker the Reds can move forward from the loss, the better.

“They came out swinging, got us down early, got the momentum, and we never really recovered,” Bennett said. “We’ve gotta forget about this game, move on, and get better for next week.”

Cedar’s starting quarterback, junior Jaron Garrett, was injured on the game’s second series and had to sit out as a precaution. Kas’n Crandall didn’t fare well in relief, throwing an interception that Kole Warner returned 20 yards for a pick-six late in the first quarter that made it 21-0.

Garrett returned briefly for the Reds’ next offensive series and led them to their only touchdown of the night, a 37-yard pass to Kolby White that got Cedar on the board at 21-7 in the final minute of the period.

It would be all Snow Canyon after that.

Warner would follow up his interception return by catching a 62-yard scoring pass from Landon Frei in the first minute of the second quarter, and a pair of Cedar fumbles led to two more scores before halftime.

see **REDS** » 23



PAROWAN RAM NICHOLAS GOODMAN expertly evades his would be tackler on the way to helping the Rams to victory.

DAVID MINEER

FLYERS SHUT DOWN FALCONS

RAMS CRUISE PAST NORTH SEVIER

by Tom **ZULEWSKI**

IRON COUNTY TODAY

The Dixie Flyers didn’t have much in the way of momentum on its side after a rough one-point loss to the Pine View Panthers last week.

With Reggie Graff working his usual effort under center at quarterback, the Flyers had no problem recovering and getting back on the winning track.

Graff threw three first-half touchdowns and Tyler Walden returned an interception for another score as Dixie took control early and routed the Canyon View Falcons, 49-0, on Oct. 4 at Walt Brooks Stadium. Keaton Schweitzer got the scoring parade

started for Dixie (5-1 region, 6-2 overall) with the first of his two rushing touchdowns on a 12-yard run for the early 7-0 lead.

The Flyers would lead 35-0 at the half after Graff’s three scoring tosses -- including an 88-yarder to Walden -- and Walden’s 69-yard interception return in the final seconds before the break.

Graff scored on a 38-yard run in the third quarter and Schweitzer added a 2-yard touchdown to close out the scoring.

Canyon View will close the regular season Friday with a home game against Snow Canyon. The Falcons are 18th in

see **CV-PAROWAN** » 22



Dixie

49



Cyn. View

0

Cyn. View	0	0	0	0	--	0
Dixie	14	21	14	0	--	49

Q1 – D – Schweitzer 12 run (Barben kick)
D – Walden 88 pass from Graff (Barben kick)

Q2 – D – Schultz 30 pass from Graff (Barben kick)
D – Simmons 20 pass from Graff (Barben kick)
D – Walden 69 interception return (Barben kick)

Q3 – D – Graff 38 run (Barben kick)
D – Schweitzer 2 run (Barben kick)

Lady Reds hold on, beat Thunder 3-2

by Tom ZULEWSKI

IRON COUNTY TODAY

A two-set lead on a newly-christened home floor had evaporated.

The Cedar Lady Reds were in dire need of any positive motivation they could find.

Senior Brittnie Simcox and her teammates put their feet down and simply refused to lose.

When a kill attempt from Kamryn Bliss sailed beyond the end line, it gave Cedar one of the bigger wins of its season as they beat Desert Hills, 3-2, on Oct. 1 (25-18, 25-14, 12-25, 15-25, 16-14). The Lady Reds played its first home match after a 5-2 road stretch through the first half of the season.

"We got into the huddle for the fifth set and we said 'we're not losing,'" Simcox said. "We had the mindset that we were here for each other and we were going to win for each other."

Cedar had to overcome a 12-10 deficit in the final set, but was able to take advantage of several service errors by Desert Hills along the way. The Lady Reds were able to convert on its second match point when Bliss committed the unforced error.

"We need to practice finishing, for sure, but it's all about the next set, no matter what happens," Simcox said.

For Cedar head coach Nicole Anglin, the team's confidence pushed upward at exactly the right time.

"They started to believe and stay confident," Anglin said.

"They have to stay confident in order to be a great team.

"It's a relief to be home, but we were just ready to play."

The Lady Reds answered all challenges from the Thunder to win the opening set, then closed the second with a 13-2 tear to take the two-set lead. Desert Hills, who swept Cedar in three sets in the earlier meeting, scored the first seven points of the third set and cruised from there.

The Thunder pulled away with a similar big run late in the fourth set to even the match.

In its other match of the week, Cedar couldn't overcome a strong start from Dixie as the Flyers swept to a 3-0 win, 25-15, 25-15, 25-23. The Lady Reds are 6-3 in Region 9 and sit at No. 8 in the latest RPI rankings. The top 11 teams at the

end of the regular season earn a spot in the state playoffs at the UCCU Center in Orem.

"We got into the huddle for the fifth set and we said 'we're not losing,'"

» Brittnie Simcox



LADY REDS JAPRIX WEAVER elevates above the net to spike the ball past a Thunder blocker.

COURTESY OF JENNIFER WEAVER

LADY REDS KEANA TOLMAN battles for the ball against an unyielding Desert Hills Warrior Defense.



COREY BAUMGARTNER

Warriors slip past Lady Reds

by Tom ZULEWSKI

IRON COUNTY TODAY

When Heidi Smith does her thing for the Snow Canyon girls soccer team, opponents are usually hard-pressed to find ways to slow her down.

Looking to keep pace with Desert Hills in the race for the Region 9 title, Smith provided the punch that left the Cedar Lady Reds searching for answers.

Smith scored both goals – one in each half – as the Warriors shut out Cedar by a 2-0 count on Oct. 3 to improve to 10-2-1 in region play with one match remaining in the regular season. Cedar fell to 7-6-0 with the loss.

"She does what she does," Cedar head coach Scott Kamachi said of Smith. "We had pressure, but when our cover left, we were playing from behind. She's so fast, you can't give her what she wants. She catches us flat in the back, she'll score goals."

Smith scored on a clean breakaway with the match less than five minutes old, then the Utah State commit won the race to a loose ball and beat keeper Kelci Oldroyd from a sharp angle seven minutes into the second half.

The Warrior defense did the rest, limiting Cedar's scoring chances the rest of the way.

In its opening match of the week Oct. 1, the Lady Reds got a tiebreaking goal from Emily Schuh in the second half and edged Hurricane on the road, 2-1.

Cedar closed the regular season with a match at Canyon View on Tuesday. The final RPI rankings that will determine order for playoffs will be released today, and the top 11 teams earn a bye into the first round of matches will open play next Wednesday, Oct. 16.

Those ranked 12th and below will face a play-in match Saturday.

The Falcons dropped two matches last week and fell to 2-11-0 in Region 9 play. CV suffered its

fourth one-goal loss of the season as Crimson Cliffs rallied in the second half by scoring both goals in a 2-1 home victory Oct. 1.

Canyon View returned home Oct. 3 and dropped a 4-2 decision to Desert Hills. The Thunder led 3-0 at the half, but Brinley Christensen and Addie Newman scored in the second half to make the game close. Desert Hills sealed the win with an insurance goal in the final minute.

**FALCONS
CONTINUE TO
STRUGGLE,
DROP TWO
MORE GAMES**

Vikings use big second quarter to top T-Birds

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMMUNICATION

HILLSBORO, Ore. – The Thunderbird football team (1-5, 0-2 Big Sky) fell on the road Saturday afternoon to the Portland State Vikings (3-3, 1-1 BigSky) by a final score of 52-31.

“It’s disappointing,” SUU head coach Demario Warren said. “The same trend keeps happening. We’re getting our butts kicked in the second quarter and today was no different than the rest of the season.”

The Vikings took an early 3-0 lead with a 37-yard field goal before five minutes had even ticked off the clock. They extended

Williams took one to the house from 38 yards away. After another pair of touchdowns from PSU, the T-Birds scored on the ground thanks to Chris Helbig to cut the Viking lead to 45-24.

When PSU extended their lead by another seven points the T-Birds responded with Brandon Schenks scoring his first-career touchdown in the closing minutes. Ultimately, the Vikings downed the T-Birds 52-31.

Helbig finished the game with 31 completions for 302 yards and three touchdowns. Diego-Williams caught nine passes for SUU and a touchdown, while Lawson had eight for 100 yards and a TD. Alex Sims led the teams



COURTESY OF SUU

SUU THUNDERBIRDS CORNERBACK ANTWAUN RAINEY prepares to prevent a Viking receiver from making a crucial play.

their lead to 10-0 before the opening quarter came to a close with a touchdown capping an eight-play, 71-yard drive.

Southern Utah got on the board to start the second quarter as Lance Lawson scored his third touchdown of the season through the air to cut into the Viking lead. Unfortunately for the T-Birds, the Vikings would score 28 unanswered points to take a 38-7 advantage before SUU would score again. Right before the opening half came to a close the Thunderbirds added a Manny Berz field goal, giving PSU a 38-10 lead at the break. The Vikings hung 28 points on SUU in the second quarter alone.

The T-Birds scored another touchdown to start the third frame as Isaiah Diego-

with 11 total tackles. Quaid Murray, Aubrey Nellems and Francis Bemiy all finished the game with eight. SUU had five tackles for loss as a team.

The T-Birds will be back on the road next weekend to face off against in-state rivals Weber State. Kickoff in Ogden is set for 6 p.m. MT.

Keep tabs on the Thunderbirds throughout the entire Big Sky Kickoff by following @SUUFB on Twitter and Instagram and by liking the Southern Utah Football page on Facebook.

Single game tickets and season tickets are available for the remainder of the 2019 campaign at www.tbirdtickets.com or at the America First Event Center Ticket Office.



Portland St.
52



So. Utah
31

So. Utah 0 10 7 14 -- 31
Portland St. 10 28 7 7 -- 52

Q1 – PSU – FG Williams 37, 10:40
PSU – Hoffman 2 run (Williams kick), 4:58

Q2 – SUU – Lawson 5 pass from Helbig (Sasaoka kick), 14:43
PSU – Alexander 3 run (Williams kick), 7:58
PSU – Kelly 16 pass from Alexander (Williams kick), 4:50
PSU – Daigbe 11 run (Williams kick), :47
PSU – Koetter 46 pass from Alexander (Williams kick), :27
SUU – FG Berz 32, :00

Q3 – SUU – Diego-Williams 38 pass from Helbig (Sasaoka kick), 12:53
PSU – Walker 2 run (Williams kick), 1:47

Q4 – SUU – Helbig 1 run (Sasaoka kick), 12:13
PSU – Hoffman 1 run (Williams kick), 6:17
SUU – Schenks 14 pass from Helbig (Sasaoka kick), 1:54

INDIVIDUAL STATISTICS

RUSHING: Southern Utah – Felila 10-41; Davis 7-37; Helbig 5-21; Duckett 3-14; Lawson 1-minus-21. **Portland State** – Hoffman 24-81; Alexander 7-80; Walker 8-40; Holtz 6-28; Daigbe 1-11; Martin 3-7.

PASSING: Southern Utah – Helbig 31-41-1-302. **Portland State** – Alexander 18-30-0-234; Kelly 0-1-0-0

RECEIVING: Southern Utah – Diego-Williams 9-65; Lawson 8-100; Cockett 4-57; Colson 2-23; Eyre 2-14; Nelson 1-17; Schenks 1-14; Duckett 1-8; Brown 1-4; Mitchell 1-1; Bollingbroke 1-minus-1. **Portland State** – Koetter 5-108; Taumoepeau 4-24; Daigbe 3-41; McCorley 2-20; Hoffman 2-16; Kelly 1-16; Talalemotu 1-9.

Big Sky Scoreboard

SCORES

Big Sky Football

10/5 Portland St. 52, So. Utah 31
North Dakota 38, UC Davis 36
Montana 59, Idaho State 20
Weber State 41, Idaho 35
N. Arizona 41, N. Colorado 23
Montana St. 34, Cal Poly 28, OT
Sacramento St. 48, E. Wash. 27

STANDINGS

Big Sky Football

	REGION	OVERALL
Montana	2-0	5-1
Montana State	2-0	5-1
Weber State	1-0	3-2
Sacramento St.	1-0	3-2
Portland St.	1-1	3-3
N. Arizona	1-1	3-3
Cal Poly	1-1	2-3
Idaho State	1-1	2-3
E. Washington	1-1	2-4
N. Colorado	1-1	1-5
Idaho	0-2	2-4
UC Davis	0-2	2-4
Southern Utah	0-2	1-5

SCHEDULE

Big Sky Football

10/12 Southern Utah
at Weber State, 6 p.m.
N. Colorado
at E. Washington, 2 p.m.
Sacramento St.
at Montana State, 2 p.m.
Idaho at Portland State, 3 p.m.
Cal Poly at UC Davis, 6 p.m.

CV-PAROWAN

« CONTINUED FROM PAGE 20



Parowan
40



N. Sevier
12

N. Sevier 0 6 0 6 -- 12
Parowan 7 13 6 14 -- 40

Q1 – P – Robb 1 run (Saylor kick)

Q2 – NS – Chamberlain 42 pass from Crane (kick failed)
P – Jense 65 run (kick failed)
P – Saylor 2 run (Saylor kick)

Q3 – P – Miller 17 run (kick failed)

Q4 – NS – Gale 33 pass from Crane (run failed)
P – Goodman 22 pass from Miller (Saylor kick)
P – Miller 7 run (Saylor kick)

the RPI rankings, while the Warriors are 11th.

Up the road in Parowan, the Rams returned to 2A South play with a 40-12 rout over North Sevier to even its region record at 2-2. Quarterback Hutch Miller scored two touchdowns on the ground and added a 22-yard TD pass to Nick Goodman.

Easton Jense had a 65-yard touchdown run for the Rams in the win, while Grayson Robb and Levi Saylor also found the end zone with rushing scores.

The Rams led 20-6 at the half and cruised to the win. They will travel to face 2A South co-leader Milford on Friday at 7 p.m.

REDS

« CONTINUED FROM PAGE 20

Logan Mendenhall caught one loose ball on a bounce and returned it 25 yards for one score, and Ryan Bethers scored from 1 yard out with just 14 seconds remaining in the first half after the Warriors recovered the second fumble deep in Cedar territory for a 48-7 lead at the break.

With a running clock throughout the second half, Snow Canyon scored on its opening drive as Frei threw a 36-yard touchdown to Austin Anderson. Cedar's only points came on a 36-yard field goal from Taz Chamberlain in the final minute.

Crandall and Tanner Esplin finished the game under center for Cedar, who forced two Snow Canyon fumbles, but failed to score on each.

Cedar will finish the regular season Friday with a home game against Crimson Cliffs. Kickoff is set for 7 p.m. The Reds fell from 12th to 13th in the RPI rankings, while the Warriors moved up three spots to 11th. The top 10 teams in the final RPI will receive byes in the first round of the 4A state playoffs.



Snow Cyn.

55



Cedar

10

Cedar 7 0 0 3 -- 10
Snow Cyn. 21 27 7 0 -- 55

Q1 – SC – Frei 5 run (Van Gils kick)
SC – Stone 10 run (Van Gils kick)
SC – Warner 20 interception return (Van Gils kick)
C – White 37 pass from Garrett (Chamberlain kick)

Q3 – SC – Warner 62 pass from Frei (kick blocked)
SC – Mendenhall 25 fumble return (Van Gils kick)
SC – Stuart 12 pass from Frei (Van Gils kick)
SC – Bethers 1 run (Van Gils kick)

Q3 – SC – Anderson 36 pass from Frei (Van Gils kick)

Q4 – C – FG Chamberlain 36

Adventures in fantasy football

After four seasons of disappointment and frustration, I agreed to return to the challenge of picking an ideal team for fantasy football this season. When it comes to winning, nothing really changes.

With every new week, things ebb and flow in ways that would make those who follow the stock market blush. Case in point: in last week's matchup, my team had all but one of its players put up double-figure points and I cruised to a win.

This week, my opponent had two players – Houston Texans quarterback DeShaun Watson and New Orleans Saints wide receiver Michael Thomas – score 41 points each. I was done before Sunday's late game kicked off.

And now you know why fantasy football can drive players to the sidelines. Sure, it's fun, but you can't predict what will happen from week to week. Injuries, bad performances, and individual game situations change from moment to moment, and it all affects the outcome.

But if you're among friends and having a good time, it all comes out clean in the end. Just watch out for any sneaky trade offers.

» The 4A state golf tournament

was held at Talons Cove Golf Course on Oct. 2 and 3, and Cedar's Donovan Barnes finished 10th as an individual, carding a final-round 70 to earn recognition. Teammate Jackson Miller was close behind after his final-round 74 put him at 152, only four strokes behind.

Canyon View's boys team made it as a group but did not make the cut after Day 1.

» **Region 9 and 2A South football** are heading into its final two weeks before the playoffs begin. Cedar's hopes for earning a first-round bye took a big hit after a 55-10 road loss to Snow Canyon and Canyon View will face the Warriors in its home finale Friday night.

With one week left, the Reds are 13th in the latest RPI rankings and the Falcons are 18th, just ahead of Crimson Cliffs. Cedar will face the Mustangs in its regular-season

finale this week, and the likely scenario is it will play a home game in the first round of the 4A state playoffs Oct. 25 or 26.

The top 10 teams in the final RPI, regardless of region, will earn first-round byes. Dixie, Pine View and Desert Hills are safely in that mix from Region 9.

As the rankings stand right now, the Reds' first opponent would be Ben Lomond, and Canyon View would travel to Logan to take on the Grizzlies. With Region 10 having two games left, expect plenty of change before the final rankings are released by the UHSAA on Oct. 19.

On the 2A side, only the top three teams get the first week off for the postseason, and the Parowan Rams sit at No. 7 after last week's games. They face a tough test this week as they travel to Milford on Friday, and

a win will help push them up the ladder a little further.

As long as the Rams can stay within the top eight, they'll be assured of at least a first-round home playoff game.

» **Cedar volleyball took a hit in the rankings** after being swept by Dixie at home Oct. 3. They sit at No. 8 overall and are three spots in front of the cutoff to earn a first-round bye and a spot in

Orem for the 4A playoffs.

The good news, though, is all of the Lady Reds' five remaining matches are at home, starting with Pine View on Tuesday and Hurricane on Thursday night. Cedar is 6-3 in Region 9 with five matches still to play.

» Cedar soccer finished its regular season

with a road match at Canyon View on Tuesday, and the final RPI rankings were released by the UHSAA today. Teams that are in the top 11 receive a first-round bye, and the Lady Reds were sitting in the No. 11 spot when the last standings were released.

Follow me on Twitter for the final rankings and playoff matchups later today.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.



RANDOM Thoughts

by Tom ZULEWSKI

SPORTS WRITER

“With every new week, things ebb and flow in ways that would make those who follow the stock market blush.”

High School Scoreboard

SCORES

High School Football

10/4 Snow Canyon 55, Cedar 10
Dixie 49, Canyon View 0
Desert Hills 35, Crimson Cliffs 13
Pine View 56, Hurricane 19
Parowan 40, North Sevier 12
Beaver 51, Kanab 14
Milford 37, Millard 29

Region 9 Girls Soccer

10/1 Cedar 2, Hurricane 1
Crimson Cliffs 2, Cyn. View 1
Desert Hills 2, Pine View 0
Snow Canyon 2, Dixie 0
10/3 Snow Canyon 2, Cedar 0
Desert Hills 4, Canyon View 2
Crimson Cliffs 1, Dixie 0, 2OT
Hurricane 3, Pine View 0

Editor's note: Due to press deadline, scores from Tuesday's games will appear along with the first-round games from the 4A state playoffs in the Oct. 16 edition.

STANDINGS

Region 9 Football

	REGION	OVERALL
Pine View	6-0	6-2
Dixie	5-1	6-2
Desert Hills	5-1	5-3
Snow Canyon	3-3	4-4
Cedar	2-4	3-5
Canyon View	1-5	1-7
Crimson Cliffs	1-5	1-7
Hurricane	1-5	1-7

Region 2A South Football

	REGION	OVERALL
Beaver	4-0	8-0
Millard	3-1	7-1
Milford	3-1	7-1
Parowan	2-2	4-3
Kanab	2-3	4-3
Enterprise	1-3	4-4
North Sevier	0-5	2-6

Region 9 Girls Soccer

	REGION	OVERALL
Snow Canyon	10-2-1	11-2-2
Desert Hills	10-2-1	10-5-1
Hurricane	8-4-1	9-5-1
Pine View	7-6-0	8-7-0
Cedar	7-6-0	8-7-0
Dixie	3-9-1	3-11-1
Crimson Cliffs	3-10-0	3-11-0
Canyon View	2-11-0	4-11-0

SCHEDULE

High School Football

10/11 Crimson Cliffs at Cedar, 7 p.m.
Snow Canyon at Canyon View, 7 p.m.
Desert Hills at Pine View, 7 p.m.
Hurricane at Dixie, 7 p.m.
Parowan at Milford, 7 p.m.
Beaver at Millard, 7 p.m.
Enterprise at Kanab, 7 p.m.

FREE Classifieds

LIMIT OF 2 ADS PER PERSON AND PHONE NUMBER, 30 WORDS PER AD. CHARGES APPLY FOR ANY ADDITIONAL WORDS OVER 30 AND FOR “HELP WANTED” AND “SERVICES” CATEGORIES.

1 WEEK » \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word. **3 WEEKS »** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word.
2 WEEKS » \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word. **4 WEEKS »** \$.10/word- 30 Words - \$9.00. More than 30 words - \$.10/word

Submit classified ads at ironcountytoday.com or fax them to 867-1866 or call 867-1865 ext. 1. **Deadline to place ads is Friday at NOON**

IRON COUNTY TODAY'S FREE CLASSIFIEDS SECTION IS A SERVICE TO THE COMMUNITY AND IS NOT INTENDED TO BE USED BY FOR-PROFIT BUSINESSES. ADVERTISEMENTS ARE THE SOLE RESPONSIBILITY OF THE ADVERTISER. IRON COUNTY TODAY HEREBY DISCLAIMS ALL LIABILITY FOR ANY DAMAGE SUFFERED AS THE RESULT OF ANY ADVERTISEMENT IN THIS NEWSPAPER AND IS NOT RESPONSIBLE FOR ANY CLAIMS OR REPRESENTATIONS MADE IN ADVERTISEMENTS IN THIS NEWSPAPER. IRON COUNTY TODAY HAS THE SOLE AUTHORITY TO EDIT AND LOCATE ANY CLASSIFIED ADVERTISEMENT AS DEEMED APPROPRIATE. IRON COUNTY TODAY RESERVES THE RIGHT TO REFUSE ANY ADVERTISING.

ANNOUNCEMENTS

CAVALCADE PARADE: NOVEMBER 2ND! CANDY WILL NOT BE thrown until the Pizza Factory to assure SAFETY to all the Kids!

HELP IS NEEDED FOR THE CAVALCADE PARADE: KEEPING kids behind the WHITE Line! Walking the Street during the parade. Call Sue 435-267-2327. Landline. Leave Message!

HELP IS NEEDED FOR THE CAVALCADE PARADE: HELPING check in/out boxes of costumes. Call Sue 435-267-2327. Land-line. Leave Message!

ORIGINAL OIL PAINTINGS NOW AVAILABLE ON DVD. DISC with soothing music in background. You'll love it! Good to Relax by. 435-867-0908.

BACHELOR HAS MET THE FLAKES: SEEKS ONE SINCERE WOM-an. Likes animals, walking, and nature. Over 50. 435-327-8212

CONCEALED CARRY CLASSES; \$25(MAY ONLY) INCLUDES picture and fingerprints. 435-592-6849.

AFFORDABLE GOLD FOR EVERYONE! FIND OUT HOW YOU can buy gold for yourself or even get paid to help others buy gold. Go to www.karatcrypto.com/kmitchell4415/ and watch a 30 minute video or CALL 435-592-6849.

PHOTOGRAHIC ARTIST SEEKS PATRON. AWARD WINNER!, but a "starving artist" seeks patron to fund 10 day photo/road trip to Utah's 5 national parks. 435-383-3099.

AUTOMOBILES

2005 VW BEETLE GL. 6-SPEED AUTOMATIC. DRIVES EXCEL-lent. Very clean. Black w/grey interior. 153k hwy miles. Asking \$3,500. Call Elizabeth, 435-865-1243.

2000 HONDA ACCORD LX SEDAN 4D IN CEDAR. 234,290 miles. Automatic. Nice to drive. Strong engine and transmis-sion, good tires, Stereo, CD and Bluetooth. \$1500 Firm. Call 435-233-4530.

2007 CHEVY COBALT. 135K MILES. NEW BRAKES, SHOCKS, windshield. New tires in 2018, sway bars and belt in 2017. Clean, reliable, economical transportation. Asking \$2700 obo. Call 435-867-4207.

FOR SALE

CAMO CLOTHING AND HUNTING GEAR. EVERYTHING YOU need for cold weather outdoors. Clothing extra large, Boots 10 1/2 and 11, Luggage, duffels,travel bags, backpacks, fanny packs, gun cases, cleaning station, scopes, sleeping bag and pad. Socks to hats and in between. All good quality and light-ly used. Some never used. Can't hunt anymore due to health. ALL PRICED TO SELL. Contact me for pictures and item pric-ing. All located in Cedar City. Contact Rick at 702-210-7040.

FOR SALE

#3 & #4 DOUBLE LONGSPRING TRAPS: 435-590-0324.

FREE BUBBLE WRAP TO ANY ONE INTERESTED! CALL 435-865-2777.

EPSON 17", 8 INK PRINTER MODEL 4880. WORKS GREAT! Roll feed & Sheet Feeder. \$495 OBO. Call Jay: 702-860-9630

DINING ROOM SET: HUTCH, BUFFET, TABLE, W/6 CHAIRS. (4 side chairs, 2 captain, 3 leaf extensions, custom made protec-tive top.) \$350. Great Condition. 435-867-6126.

ELECTRIC JAZZY WHEEL CHAIR, EXCELLENT CONDITION, like new: \$400. Please call in the late afternoon. Taking up space, Must Sell. 435-572-5848 or 435-233-6125.

USED EQUIPMENT AND FURNITURE: TILE CUTTER \$100, Portable Generator \$75, Table Saw \$100, Wheel Barrel \$50, Disks for tractor \$100, Writing Desk \$250, Ottoman \$50, New box nails \$150 435-218-3818.

SNOW IS COMING. CRAFTSMAN SNOWBLOWER 26 INCH 2 stage 6 forward, 2 reverse. Has electric start. Make reasonable offer. In Cedar City. 208-350-9282

HONDA EG 3500X GENERATOR 3500 WATT, RUNS WELL, Smokes on Initial start-up. \$350. Call Will 435-590-0020.

1938 WHITE BABY BASSINET WITH FOLDING LEGS \$35. QUEEN-size comforter set. Includes 2 shams, bedskirt, 4-piece sheet set. Croscill rose pattern. Chantilly lace trim \$30. 435-865-7593.

MEN'S TAN TRENCHCOAT, 42L (NEW) \$25. LONDON FOG, all weather coat, zip-out lining. Size 44. (New) \$35. 21 pairs casual pants, 40"-42" waist/30" inseam. \$4/pair or 3 pairs/\$10. 435-865-7593.

HELP WANTED

THE CREAMERY, FULL/PART TIME JOBS WITH BENEFITS: Join The Creamery team, earning at least \$10.50 an hour with the opportunity for benefits. From greeting customers and keeping the store clean to serving a meal at the Creamery Kitchen, our team members are just as much part of The Creamery brand as are our products. We are looking for dedi-cated team members who are passionate about food, desire to be part of a brand, and are willing to engage with cus-tomers to create that memorable experience, bringing them back for more. Apply to our open positions — Day Porter, Seasonal Help, Store Clerk, Kitchen Helper — at thecreameryutah.com/about-us.

PERMANENT - PART TIME SALES/SECRETARY PERSON NEED-ed. Telephone and follow-up, knowledge of word perfect, construction trade, interior design helpful, but not neces-sary, FESTIVAL~ABBEY CARPET & FLOOR 2572 W. Highway 56 Cedar City, UT (435) 586-1114.

MISCELLANEOUS

LIEN STORAGE SALE: NOTICE IS HEREBY GIVEN, BY ENOCH Storage Rentals, that the rights, title and interest of the fol-lowing storage occupant's personal property will be sold at public auction for non-payment of rent. Each unit's contents will be sold in bulk as a single transaction for CASH only on Saturday, October 12, 2019 at 9 am at Enoch Storage lo-cated at 660 E 4930 N Enoch, UT 84721, 435-867-4655. A \$100 refundable cash performance deposit, per unit, is required of successful bidders. Successful bidders will be allowed 7 days to clean out the units. #102 Joshua Finnegan; spools of wire, vacuum, luggage, clothing, totes. #218 Minda Malaeu-lu; tools, shelves, furniture, appliances.

DONATE YOUR CANDY TO THE CLOWNS! DROP OFF YOUR Candy at the Cedar City Library NOW! for the Cavalcade Pa-rade that's on November 2nd!

MOVING BOXES & MOVING PAPER FOR FREE TO A GOOD home! 760-413-3169.

BACHELOR HAS MET THE FLAKES: SEEKS ONE SINCERE WOM-an. Likes animals, walking, and nature. Over 50. 435-327-8212

ORIGINAL OIL PAINTINGS NOW AVAILABLE ON DVD. DISC with soothing music in background. You'll love it! Good to Relax by. 435-867-0908.

JUST IMAGINE LIVING THE LIFE YOU HAVE ALWAYS WANT-ed; debt free, with increased income and paying less taxes. Why don't you give it a try! 435-559-1657

FREE: STURDY CHICKEN "HEN" HOUSE. FIVE NESTING AR-eas. 4 ft. x 2-1/2 ft. x 3 ft. Rear door for egg removal. See at 294 No. 1700 West.

REAL ESTATE

FOR SALE- PAROWAN AREA: 20.4 ACRES WITH 2 ACRE FEET of water and drilled well. Power at street, beautiful views, easy access. Located off paved road. \$109,000, MLS# 82527. Call Jeff Johnston, High Country Realty Inc. Parowan. 435-590-2836.

LOOKING TO PURCHASE A HOME? HAVE SUPRA WILL SHOW. Call William Cedar City Realty LLC Broker. 435-212-1416 wgdavidson45@gmail.com

FOR SALE. BEAUTIFUL, LEVEL CEDAR CITY GOLF COURSE building lot. 1/3 acre located on the 17th Fairway. Additional grass frontage on common area. View of City and Mountains. Must see to appreciate. \$96,500. Call or text Jeff Johnston, High Country Realty Inc at (435) 590-2836 or Connie Shum-way, High Country Realty Inc at (435) 559-8908.

ONE ACRE+ RESIDENTIAL LOT IN MID-VALLEY ESTATES, CE-dar City. Utilities in street. No HOA. \$63,000. Call or text 435-590-7553

REAL ESTATE

FOR SALE-1 ACRE PARCEL \$1,000; OLD IRONTOWN LOT .51AC with water & electric in road \$32,000; 20-acres with water and electric \$149,000. Call William at Cedar City Realty LLC 435-212-1416

RENTALS

3 BEDROOM BASEMENT APPT. NEAR THE UNIVERSITY. 1ST & last. \$650/month. 435-229-4300.

NICE FURNISHED STUDIO CONDO FOR RENT AT SHINGLE-brook in Parowan. Fireplace, free digital T.V. No Pets, No Smoking. \$455/month plus utilities. \$300 refundable deposit. Contact Sherri at 435-590-7022.

2 BEDROOM BASEMENT APARTMENT. 1ST AND LAST. 650.00/month 300.00 deposit 435-586-8619

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CAPT. RICK-HANDYMAN CARPENTER/PAINTER: REPAIRS & Renovations Decks, Railings, Fences, Doors, Windows, Kitch-ens, Baths, Appliances, Varnishing, Light Trucking. Honest & Reliable, Clean & Careful, Cedar City Area Rick 435-477-9032. Cell:612-802-6205.

MANUFACTURED HOMES SET UP: DOUBLE WIDES, SINGLE wides, park models, 38 years experience. Have state required licence and liability insurance. Call Chris 435-559-3348.

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WANTED

WANTED ALL CANNING JARS. WILL PICK UP. 435-218-8956.

WANTED

WANT TO BUY PINION FIREWOOD. DON'T CALL UNLESS YOU can provide Pinion only. Thanks. 520-237-9687

WANT TO BUY PINION FIREWOOD. DON'T CALL UNLESS YOU can provide Pinion only. Thanks. 520-237-9687

THE HAPPY HENS HANGOUT NEEDS EMPTY COUNTRY COM-PANION LAYER PELLET bags to make a tablecloth for their booth at the Downtown Farmers Market. 435-559-1657. Thank you.

ATTENTION: I NEED A JOB! I AM NEW TO TOWN AND PLAN to stay. I'm a hard worker, am 63 yrs. Old. Never Miss work. I have worked as an apartment maintenance technician, steel worker, am pretty handy. Please call Rick @206-276-2677. Sal-ary Negotiable.

YARD SALES

OCTOBER 11 AND 12 (FRIDAY/SATURDAY), 9:00 A.M.-2:00. 4322 North 2400 West, Cedar City. Sunrise Meadows Subdivi-sion, one block west of Red Acre Farm. Follow the signs.

76 S 3900 E, EXIT 42, TURN LEFT (NEW HARMONY AREA). Oct 12th, 8am-2pm. Multi-family sale, household, dishes, Easter, Halloween, Christmas, Lots More.

HARMONY FARMS COMMUNITY GARAGE SALES: EXIT 42 off I-15, West on SR 144 1/2 mile, South on 3430 E., Follow Signs, Oct 12th 8am-???

HUGE GARAGE SALE: SATUDAY OCT. 12TH. 11AM-4PM. 3796 W 4000 N, Cedar City. Something for everyone, Come One, Come All!!!

LEGAL NOTICES

PUBLIC NOTICE

Per resolution passed by the Cedar Highlands Town Council on September 26th, 2019, the municipal election for town council members is canceled.

Published October 9 & 16, 2019
Iron County Today • ICT #0175

LEGAL NOTICES

NOTICE OF ORDINANCE

Notice is hereby given that the Cedar City Council at its regular meeting of September 25, 2019, passed the following ordinance:

1. Ordinance No. 0925-19, an ordinance vacating a 10-foot wide waterline easement located on Lot 5, Block 10, Highland Park Subdivision.

Said Ordinance shall become effective immediately upon publication.

A Copy of said ordinance may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

Published October 9, 2019
Iron County Today • ICT #0171

PUBLIC HEARING NOTICE

Notice is hereby given that the Cedar City Council will hold a public hearing on Wednesday, October 23, 2019, at 4:00 p.m., in the City Council Chambers, 10 North Main Street, Cedar City, Utah. The purpose of the meeting is to receive public comments related to the FY 2019-2020 donation requests. The public is encouraged to attend.

Published October 9, 2019
Iron County Today • ICT #0172

NOTICE OF ORDINANCE

Notice is hereby given that the Cedar City Council at its regular meeting of September 25, 2019, passed the following ordinance:

1. Ordinance No. 0814-19, an ordinance amending the zone from annex transition to industrial and manufactur-ing-2 for property located at 951 North Lund Highway.

Said Ordinance shall become effective immediately upon publication.

A Copy of said ordinance may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

Published October 9, 2019
Iron County Today • ICT #0173

FALL PHOTO CONTEST

TIME TO GET OUT & SNAP THOSE PHOTOS THAT BEST CAPTURE THE FALL SEASON HERE IN IRON COUNTY!

Complete contest details/rules & enter your photo at **IRONCOUNTYTODAY.COM**

WINNING PHOTOS WILL BE FEATURED IN OUR NEWSPAPER AND WEBSITE ON NOV 13!

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MON-FRI 9AM-6PM • SAT 10AM-6PM | 435-592-5308

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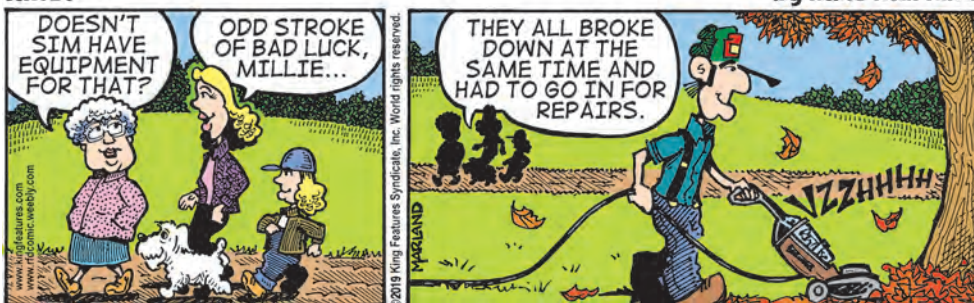
today

on

f **Instagram**

LOOK AROUND MOM. "GETTING SOME FRESH AIR" IS PRETTY MUCH THE ONLY THING THERE IS TO DO.

R.F.D.



by Mike Marland

ALEXA...

WHAT

...TURN VOLUME DOWN.

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by Jeff Pickering

by Linda Thistle

	6		1				9	
		9		4				3
4					2	5		
	7			5				8
6					4	2		9
		8	6				4	
5					7		6	
		7	5			3		
	2			9				7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

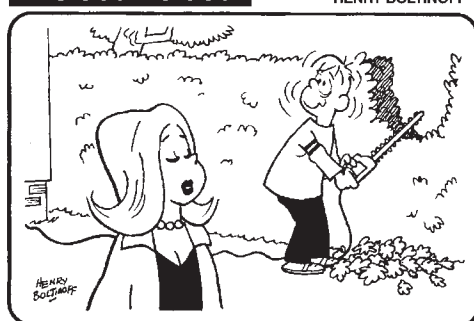
DIFFICULTY THIS WEEK: ♦♦♦

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

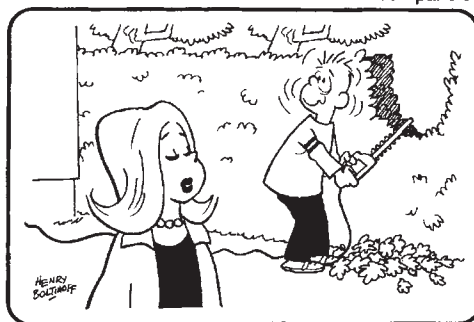
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HOCUS-FOCUS

BY
HENRY BOLTING



Find at least six differences in details between panels.



ifferences: 1. Tree is added. 2. Saw blade is shorter.
1. Bricks are missing. 4. Dress's neckline is shorter.
5. House is wider. 6. Man's hair is different.

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ACROSS

- 1 Bar order
5 Stick out
8 String tie
12 Incite
13 Blonde shade
14 Disney's
" — and the
Detectives"
15 O or W
17 Even, as a
score
" — Abner"
18 Gap
19 Charley horse
24 Military status
25 Tatters
26 Quite attrac-
tive
30 Past
31 Paycheck
extra

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
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42					43	44				45	46	47
48					49				50			
51					52				53			

- | | | | | | | | |
|----|------------------------|-------------|-----------------|-------------|--------------|--------------|-----------------|
| 32 | Altar affirma-
tive | team | 8 | Cause to go | 28 | Between jobs | |
| | | 51 | Shakespeare's | 9 | Leave out | 29 | Filly's brother |
| 33 | Artist Rene | shrew | 10 | Stead | 31 | Wait | |
| 35 | Toppled | 52 | Bow the head | 11 | Automaker | 34 | Devastate |
| 36 | Commotions | 53 | Pumps up the | | Ransom Eli — | 35 | Indy Jones' |
| 37 | Jaunty cha-
peau | | volume | 16 | Speed | | hat |
| | | | | 20 | Hostels | 37 | Crib |
| 38 | Tray | DOWN | | 21 | Study at the | 38 | Polio vaccine |
| 41 | Help | 1 | Lazy person | | last minute | | pioneer |
| 42 | Neighborhood | 2 | Historic period | 22 | Sitarist's | 39 | Met melody |
| 43 | Mississippi | 3 | Ovum | | offering | 40 | Fasting period |
| | flower | 4 | Kingdoms | 23 | Enthusiastic | 41 | On in years |
| 48 | "The View" | 5 | Hoosegow | 24 | Carries on | 44 | Mil. address |
| | alumna Lisa | 6 | Tars' org. | 26 | Subway | 45 | Felon's flight |
| 49 | Gorilla | 7 | Netherlands | | employee | 46 | Little devil |
| 50 | St. Louis | | city | 27 | Laver | 47 | Fool |

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1	2	6	3	9	8	4	5	7
9	4	7	5	6	1	3	8	2
5	8	3	4	2	7	9	6	1
2	9	8	6	1	3	7	4	5
6	1	5	8	7	4	2	3	9
3	7	4	2	5	9	6	1	8
4	3	1	9	8	2	5	7	6
8	5	9	7	4	6	1	2	3
7	6	2	1	3	5	8	9	4

Answer

Weekly SUDOKU

S	A	M	P	S
S	A	M	S	S
A	R	E	A	V
S	A	L	V	E
A	D	O	S	E
T	B	E	R	E
L	F	E	T	E
O	I	D	O	S
C	E	T	I	G
K	R	A	N	P
S	H	I	L	L
D	E	I	E	Z
L	E	M	I	E
O	J	U	T	E
L	E	H	E	R

Solution time: 21 mins.

Answers

King Crossword



Rodriguez

1. MOVIES: Who was the voice of Genie in the animated version of “Aladdin” (1992)?
2. GEOGRAPHY: What river forms the northern border of Kentucky?
3. LITERATURE: Who wrote the short story “The Secret Life of Walter Mitty”?
4. ANIMAL KINGDOM: What kind of dog was Toto in the book and movie “The Wizard of Oz”?
5. MYTHOLOGY: What is the name of the Greek god of sleep?
6. U.S. PRESIDENTS: Which president earned the nickname “Silent Cal” for his quiet demeanor?
7. FOOD & DRINK: What is another name for Middle Eastern pocket bread?
8. HISTORY: What battle started the U.S. Civil War?
9. MEASUREMENTS: How many milliliters are in a teaspoon?
10. MATH: What is the Arabic equivalent for the Roman numerals MCMLXXXIV?

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Trivia Test Answerst

1. Robin Williams; 2. Ohio River; 3. James Thurber; 4. Carn terrier; 5. Hypnos; 6. Calvin Coolidge; 7. Pita bread; 8. Battle of Fort Sumter; 9. Almost 5 ml; 10. 1984

Busy Season Solution

For those who are always on the go, it can be difficult to find time to whip up meals that are both nutritious and tasty. However, with some simple changes – and timesaving recipes – you can create delicious dishes and meals that will keep you feeling energized to fuel your busy lifestyle.

For example, this quick and

easy recipe is part of the Atkins low-carb lifestyle, a long-term, healthy eating approach focused on high-fiber carbohydrates, optimal protein and healthy fats. The eating approach, which is a more flexible version of the popular ketogenic diet, offers a balanced mix of foods containing fiber-rich and nutrient-dense carbohydrates while focusing on reduced levels of refined

carbohydrates, added sugars and the “hidden sugar effect” – when carbohydrates convert to sugar when digested. You don’t see the sugar, but your body does.

Learn more about the benefits of a balanced, low-carb approach, and find more recipes to help kickstart a nutritious eating plan, at [Atkins.com](https://www.atkins.com).

(Family Features)

Egg Roll Bowl with Shrimp

Recipe courtesy of Atkins
Prep time: 5 minutes • Cook time: 10 minutes • Servings: 4

- 5 cups frozen cauliflower rice
- 3 tablespoons canola oil
- 3 tablespoons sesame oil
- 4 teaspoons minced or pressed garlic
- 2 teaspoons ginger paste
- 6 cups pre-cut coleslaw (cabbage and carrots)
- 1 cup sliced red bell pepper
- 1/2 cup thinly sliced scallions, root and tips trimmed
- 1 teaspoon Chinese five-spice blend
- 1/4 cup tamari soy sauce
- 2 tablespoons mirin rice cooking wine
- 1 pound cooked and peeled shrimp, thawed
- 4 teaspoons sesame seeds

In microwave, steam cauliflower according to package instructions.

While cauliflower is cooking, warm large, nonstick skillet with lid over medium heat. Add oils, swirl to coat pan and, when shimmering, add garlic and ginger. Sauté until sizzling and fragrant, stirring constantly, about 30 seconds.

Add coleslaw, bell pepper and scallions; continue sautéing, stirring frequently, until cabbage just begins to wilt, about 3 minutes.

Sprinkle on five-spice blend and stir to incorporate. Add soy sauce and mirin rice cooking wine to pan and stir to evenly coat cabbage. Add shrimp to skillet; toss to evenly distribute. Reduce heat to medium-low, cover with lid and allow shrimp to warm, about 3 minutes.

Measure about 1 cup cooked cauliflower rice into bottom of four bowls. Top evenly with shrimp and cabbage mixture, about 1 cup vegetables and 9-11 large shrimp per serving, drizzling with pan sauce evenly. Sprinkle each bowl with 1 teaspoon sesame seeds and serve while hot.

Notes: To help meal come together quickly, use frozen cauliflower rice, pre-grated ginger paste, pre-minced jarred garlic and bagged coleslaw mix. Green onions and bell pepper can also be pre-sliced.

