

INSIDE...

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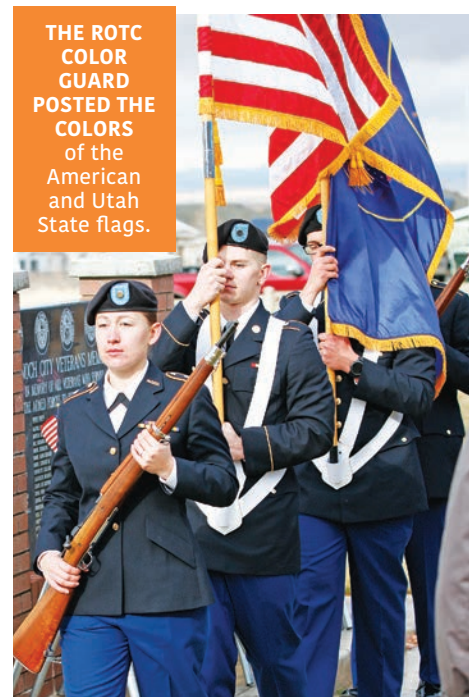
PAGE 2



COLONEL DANIEL S. ROBERTS speaks of the greatness of America and it's noble soldiers who help protect her.



EACH UTAH VETERAN AND THEIR LOVED ONES played and continue to play an important part in preserving the freedoms of our great nation.



THE ROTC COLOR GUARD POSTED THE COLORS of the American and Utah State flags.

PHOTOS BY COREY BAUMGARTNER

Veterans honored with wreaths in Enoch, Summit cemeteries

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

Each year Wreaths Across America honors Veterans in every branch of the armed forces who gave their all with a live wreath placed upon their graves. It is a solemn event where family and community members can honor their ultimate sacrifice and also those who continue to sacrifice for each of us and our country. The wreaths also help keep the memory of those loved ones alive and help teach our children and posterity about the value of freedom.

Thankfully, the rains stopped just in time for the annual event which included the Canyon View Choir singing the National Anthem and members of the ROTC color guard proudly presenting our nation's colors.

Pastor Tom Jeffcott of Valley Bible Church in Enoch offered a prayer of gratitude on behalf of families and our nation for our Veterans, including those who continue to serve and sacrifice on our behalf and those who cannot be home for the holidays.

Enoch Mayor Geoffrey Chesnut thanked everyone for coming and shared that he was very honored to

participate in this event because his grandfather-in-law was a survivor of the attack on Pearl Harbor and was a great example in his life. He also helped put the chilly weather into perspective. "It is cold, but our sacrifice in the cold weather today is a small price for us to pay to respect those interned here and who have sacrificed on our behalf."

He also reminded those in attendance that, "We are not here today to decorate graves. We are not here to remember their deaths, but we are here to remember their lives. Each wreath is a gift of appreciation from a grateful America and they symbolize our honor to those who have served and are serving in the armed forces of our great nation and to their families who endure sacrifices every day on our behalf." He

continued, "To our children, we want you to understand that the freedoms you enjoy today have not been freely given. They have not come without a price. They come at a cost that someday you may have to pay yourself." He concluded by saying that, "Our nation stands as a shining beacon of liberty and freedom to world and we thank those who have given their lives to

keep us free and we shall not forget you. We shall remember."

Following Mayor Chesnut, Colonel Daniel S. Roberts (ret.) spoke to those gathered. "The American soldier is one of the greatest most noble caring human beings on our earth today. They are committed to duty, honor and country," said Roberts. "There are very few things that impress me more than the American Soldier. They are willing to not only give their lives for this country but give their lives for the freedoms and liberties of other countries; willing to leave their homes and unselfishly go to war to protect that precious freedom

and liberty for others beyond their own country." He also spoke of what defines our greatness as Americans. He said that it is the love of freedom and our Constitution. He expressed that even though the very heart and soul of America is under attack, if we, as citizen soldiers, maintain the same principles that made this nation great in the first place, we can help heal and prevent the tearing apart of the moral fiber of our nation.

"If we are to remain the hope and light of the earth it is so important that we understand where we came

see **WREATHS** » 6

“...they symbolize our honor to those who have served and are serving...”

» **Enoch Mayor Geoffrey Chesnut**

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CCPD officer back to work after use of deadly force

by Kelsey **KEENER**

IRON COUNTY TODAY

Cedar City Police Department Officer Zachary Banz returned to work last week after an officer-involved shooting incident on Nov. 11.

Several CCPD officers responded to an emergency call that a suspect was making death threats toward his wife and son. The officers learned that the caller was afraid the suspect would kill her and her son, and that the suspect had made threats to law enforcement and might have weapons in his possession.

After being granted entry to the residence, Officer Banz entered the home with his firearm at "low ready" and Sergeant David Bulloch followed with a taser ready. After being told to present himself and show his hands, the suspect approached the officers aiming a gun directly toward them with his finger on the trigger. Officer Banz fired three shots, and medical personnel pronounced the suspect dead on scene despite immediate live-saving efforts.

When officer-involved shootings take place, the officer is removed from the scene and in this case was taken to the hospital to be examined. The CITF investigates and the

officer is treated with Eye Movement Desensitization and Reprocessing therapy. In addition, a stress debriefing takes place, offering anyone involved in the incident a chance to talk about and process the event with certified professionals. The CCPD also has trained peer support officers on staff.

CCPD Chief Darin Adams reported that Officer Banz was cleared to return to work approximately a month after the incident occurred.

"Everything we did for that officer I think has worked very well," said Chief Adams. "He's ready to come back to work. I'm sure there will be things that come up, memories and triggers and things like that, but he has been supplied the foundation and the tools to process and address

those things when they return, if they should return. He is doing very well."

Chief Adams added he is proud of how the responding officers handled the situation.

"I could not be more proud of the officers that responded and the action that they took," he said. "They did exactly what was expected of them. I have no doubt that they saved the lives of the mother and the son, Officer Banz saved the lives of his fellow officers and residents and neighbors around. This could've gotten a lot worse; I have no doubt he saved countless lives. I'm proud of him, I'm proud of our officers, I'm proud of the department and the way they've all come together and handled this."

The department also recognizes what the suspect's immediate family has been through.

"We all are very sensitive to the family, and our heart really goes out to the mother and the son, because they endured a lot at the hands of the suspect," Chief Adams said. "I've met with them a couple times since and answered their questions. ... We're sensitive to them and very sympathetic to what they've gone through."

Chief Adams said officers train for

dangerous situations, but hope not to need the use of lethal force.

"Nobody ever wants to do that, contrary to maybe some thoughts and feelings out there, these are people," he said. "Our officers are men and women, husbands and fathers, wives and mothers, they have children and they're imperfect human beings, we all are. We train for it but it's nothing you ever think that you're going to have to do and we don't want to go through this. It takes its toll sometimes beyond measure."

Following the Critical Incident Taskforce investigation, the Iron County Attorney's Office has issued a statement finding Officer Banz justified in the use of lethal force, and he will not face criminal prosecution.

"I could not be more proud of the officers that responded and the action that they took"

» **CCPD Chief Darin Adams**



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ADMINISTRATION

R. Gail Stahle
PUBLISHER

gail@ironcountytoday.com

Deborah Martineau
OFFICE MANAGERofficemanager@
ironcountytoday.com

ADVERTISING

Scott Stahle

SALES MANAGER

scott@ironcountytoday.com
801.755.5999**Patti Bostick**

SALES REPRESENTATIVE

patti@ironcountytoday.com
435.592.1030

EDITORIAL

Corey Baumgartner

MANAGING EDITOR

news@ironcountytoday.com

Kelsey Keener

SENIOR REPORTER

kelsey@ironcountytoday.com

Tom Zulewski

SPORTS WRITER

Shay Baruffi

REPORTER

Trinity Pajón

REPORTER

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR

design@ironcountytoday.com

CIRCULATION

Taisha Powell

S. CEDAR CITY

taisha@ironcountytoday.com
435.233.6011**Stormee Anderson**

N. CEDAR CITY/ENOCH

stormee@ironcountytoday.com
435.592.5724**Wendy Hanson**

PAROWAN/PARAGONAH

wendy@ironcountytoday.com
435.477.9100

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389 N 100 W, Suite 12
Cedar City, Utah 84721
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Fax: 435-867-1866
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OPINION

Clouds on the economic horizon

The opinions stated in this article are solely those of the author and not of Iron County Today.

Santa's bag should be filled to the brim this holiday. A majority of American's claim they feel comfortable with the economy, and, even though sales at mall stores are flat, online purchases are more than making up for it.

Entire forests have been cut down to produce "Now Hiring" signs, and if a person can't find a job in this economy, they haven't lifted their behinds from the couch. The stock market continues a steady climb to new highs (and would be even higher if Pres. Trump would stop tweeting about China and tariffs).

A good share of Americans and Utahns feel flush this Christmas, and that would normally make Trump a shoo-in for reelection. (Remember Bill Clinton's political adage: "It's the economy, stupid!")

Of course, the idea that we should vote for any leader solely due to the economy is immoral. Otherwise, we could sympathize with Germans who enthusiastically supported Adolph Hitler who confiscated Jewish holdings and created a wartime economic boom. ("Gee, I love Hitler. After all, I've got a job at an ironworks and my son has taken over a formerly Jewish-owned delicatessen.") The economy is only one consideration we should take to the voting booth.

But we should also share other

concerns; in my view, there are clouds on the economic horizon.

Forget the political rhetoric. Yes, the unemployment is near a 50-year low, but the country hasn't come close to creating the 25 million jobs predicted by the President on the campaign trail – and without a flow of immigrants, where will the workers come from? A detailed report in USA Today, found that in the past 33 months under Trump, the economy added 5.7 million jobs. By comparison,

spent 80% of their tax windfall on stock buyouts and increased stock dividends.

Meanwhile, a study by an international consulting firm claims that economic production moving from the U.S. to Asia is much higher than that moving from Asia back to the United States.

We live in a country where 40% of farmers will lose money on their crops, and a higher percentage of Americans admit they could not come up with \$1,000 to pay an emergency bill.

Additionally, it's not uncommon for college graduates to enter the job market with \$25,000 or more in student loans.

Donald Trump should not be totally blamed for any economic uncertainty, but neither should he bask in what could be a temporary glow. The President – any president – has less to do with economic performance than the business community. Entrepreneurs create

most jobs, not elected officials, and even though the President and Congress can offer investment incentives, economic gains are usually the result of new ideas, not government carrots. Amazon, for instance, is not where it's at due to a Trump or an Obama or a Bush.

I hope I'm wrong on the future of the economy. If I'm correct, however, the rich will get richer, the poor will get poorer, and the middle class will shrink as families amass a pile of personal debt. A future Santa might find his bag less heavy.



Cyclops

by Bryan GRAY

COLUMNIST

Pres. Obama added 7.4 million jobs in his last 33 months. In other words, Pres. Trump took over a strong and recovering economy and hasn't done anything to really mess it up.

However, the manufacturing segment is still struggling. Manufacturers have created less than 500,000 jobs, and few have been added this year. The tax law which has ballooned the national debt was supposed to have led to a wave of new hiring, yet the International Monetary Fund found that businesses

To the Editor

Dear Family, Friends, and the Community of Cedar City,

I want to express my sincere appreciation and gratitude for your continued support for me and my family. My cancer journey has not been an easy one, but because of your love, concern, and generosity, my load has been lightened.

We have been humbled by the outpouring of texts, prayers, meals, flowers, gifts, visits, and financial donations from coworkers, friends, and strangers alike. It seems that when life gives us hard things, we get to see the goodness of others shine through and make those hard things easier to bear.

"Thank You" does not seem like adequate words to express our feelings of gratitude. We are so fortunate to live in such a wonderful, supportive community and to be surrounded by the best of people.

Love,

Pam Smith and family



OPINION

From the Editor

How to find the perfect gift

There's still time (not much) to find that perfect gift. Yes, it's easier said than done. What is the perfect gift anyway and where do you even find it? Do Google or Amazon really know? I've learned that there are many versions of a perfect gift. Of course, the greatest gift is love and friendship. However, if you're speaking of something more tangible and wrap-able, keep your eyes and ears open and have a conversation with that potential recipient. Ask them what goals or projects they're working on or working towards. Are they in school? What about their occupation? Do they have any collections? Is there anything you could get them for their home, office, desk, vehicle, toolbox, etc.? Ultimately, the perfect gift is one they will enjoy and use. More importantly, the more thoughtfulness and personality (presence) you can pack into their present the better. You got this. Happy hunting and Merry Christmas.



COREY BAUMGARTNER
MANAGING EDITOR

Thought of the Week

from the desk of R. Gail Stahle, publisher

"Let a good man do good deeds with the same zeal that the evil man does bad ones."

» The Belzer Rabbi

WBC offering Ms. Biz training starting next month

by Kelsey KEENER

IRON COUNTY TODAY

The Women's Business Center is offering the Ms. BIZ Business Training for Women starting January 14, 2020.

The trainings will take place over six weeks and consist of four sessions, starting with Initiators, then moving to Progressors, Innovators and Challengers. The sessions begin focusing on the beginning stages of opening a business and entrepreneurship, and work up to more advanced information.

Participants will meet in person for the first week of the training, then receive instruction, hear from guest speakers and complete homework online for four weeks via Zoom. Participants will be able to interact with instructors and ask

questions through the online platform. The final week will also take place in-person, and participants can decide whether or not to move on to the next session.

"I am excited to offer this opportunity for our local women business owners to not only sharpen the skills they need to be successful, but to establish relationships with other

"I am excited...for our local women business owners to not only sharpen the skills they need to be successful, but to establish relationships with other women in similar situations..."

» Debbie Drake, Director

Director Debbie Drake said she intends to have a guest speaker for each week of the online portion of the training, that will cover the topic being addressed and answer questions from participants.

women in similar situations to build their support network and discover additional resources in our community," Drake said.

For more information, or to register, visit www.wbcutah.org.

Launch High School now accepting enrollment

by Kelsey KEENER

IRON COUNTY TODAY

Launch High School was recently created and will partner with Southern Utah University's School of Business and Southwest Technical College for an innovative learning experience.

Launch HS is part of the state's competency-based learning pilot program, and is designed to measure student outcomes based on skill mastery. Students will attend LHS on "A" or "B" day to study English, math, science and social studies in an environment focusing on the use of technology and "design thinking." They will return to their boundary high school for

elective and extracurricular activities.

According to the Iron County School District, LHS will be best suited for high school students interested in: early access to credit acquisition for high school or college;

learning through a hands-on and project-based environment; skills like communication and creativity integrated into classes; entrepreneurial education; and personalized

learning.

There will be a lottery on Feb. 12, 2020 to select 200 students into the program. For more information or to indicate interest in enrolling and be placed in the lottery, visit <https://launch.ironk12.org/enroll/>.

SCHOOL TO FOCUS ON USE OF TECHNOLOGY, "DESIGN THINKING"



IRON COUNTY FORECAST

OUR NEXT STORM WILL BEGIN TO MOVE CLOSER TO THE REGION BRINGING IN MORE CLOUDS BY SUNDAY. MOST OF THE EXPECTED PRECIPITATION SHOULD HOLD OFF UNTIL CHRISTMAS WEEK.



Get Utah's most accurate forecasts anytime at: ABC4.com/weather



WEDNESDAY

Mostly Cloudy

39°/20°

PRECIP: 10%
WINDS: S 5-10



THURSDAY

Partly Cloudy

40°/20°

PRECIP: 0%
WINDS: NW 5-10



FRIDAY

Mostly Sunny

47°/23°

PRECIP: 0%
WINDS: NW 5-10



SATURDAY

Partly Cloudy

49°/28°

PRECIP: 0%
WINDS: SW 5-10



SUNDAY

Mostly Cloudy

49°/30°

PRECIP: 10%
WINDS: S 10



MONDAY

Chance Rain/Snow

48°/30°

PRECIP: 30%
WINDS: S 10-15



TUESDAY

Chance of Snow

40°/23°

PRECIP: 30%
WINDS: S 10-15



Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

Dec. 9

CHRISTIAN CAPENER
HOMELESS, CEDAR CITY, UT
Burglary, Criminal Mischief, Mail Theft – Less Than \$1000

GUSTAVO M MALDONADO
CEDAR CITY, UT
Aggravated Assault, Intoxication

AUSTIN C STOCKARD
HURRICANE, UT
DRUG – Dist/Offer/Arrange Distribution of C/S, No Valid DL, Never Obtained

ELIE J CARMONA
BERYL, UT
Retail Theft, Speed Regulations

SCOTT V DELAURA
CEDAR CITY, UT
Violation of Court Order

JOSE J QUINONES JR
CEDAR CITY, UT
Intoxication, Assault, Retail Theft, Disorderly Conduct After Req to Stop

Dec. 10

VIVIANNA P WOLFE
CEDAR CITY, UT
Drive on Susp/Rev/Den w/ Prior Conviction, Interlock Rest Operating Veh w/o IL Dev

KENNETH L PEREGO
CEDAR CITY, UT
DRUG – Poss C/S Marijuana/Spice, DRUG – Poss of Drug Paraphernalia

KAYLA E RENEMAN
(Walls)
CEDAR CITY, UT
Retail Theft, Burglary, Driving w/o Insurance (2) No Valid DL (Expired), Retail Theft

Dec. 11

JAMES E POWELL
CEDAR CITY, UT
Drug Court Violation

JUSTIN B STRINGHAM
BERYL, UT
POSS – dngr weap by restricted, DRUG – Poss/ use of Controlled Substance

MYLES D MATTINSON
OREM, UT
DRUG – Poss of Drug Paraphernalia, DRUG – Poss C/S Marijuana/Spice

CHRISTOPHER M EWANKO
CEDAR CITY, UT
Retail Theft (5), DRUG – Poss <1 OZ C/S in (DF Zone), Fugitives From Justice

BRANDON M MILLER
CEDAR CITY, UT
Retail Theft, Criminal Trespass

JAVIER B SOTELDO
SEATTLE, WA
Assault

Dec. 12

ANTWAUN K RAINEY
CEDAR CITY, UT
Assault, Assault on Police/ Military in Uniform, Fail to Stop at Command of Police, Resist/Interfere w/ Arrest, Failure to Disclose Identity, Intoxication

KENNETH R WILKINS
CEDAR CITY, UT
Probation/Parole Violation

Dec. 13

TAYLOR R STOCK
CEDAR CITY, UT
Drive on Susp/Revoked DL (2)

DERRICK J JOSLIN
CEDAR CITY, UT
DRUG – Knowingly Produce/Disp/Manufac C/S, DRUG – Poss w/Intent to Dist C/S, DRUG – Poss C/S Sched I/II/Analog, DRUG – Poss of Drug Paraphernalia

AUBREY J NELLEMS
CEDAR CITY, UT
Speed Regulations

VINCENTE J TREVINO
CEDAR CITY, UT
DUI, Assault, Fail to Remain At Accident – Damage Only

Dec. 14

ROBERT H IACONO
MADISON, MS
Drive on Susp/Revoke DL, Speed Regulations, Open Container in Veh, DUI w/ BAC at or over .08

STEVEN N FESTA
CEDAR CITY, UT
Aggravated Assault, Threats Against Life/Property

MISILUTI IOANE
CEDAR CITY, UT
Burglary/Veh, Puch/Poss/Consume by Minor – Measurable Amounts

FALETOI J MALAEULU
CEDAR CITY, UT
Burglary/Vehicle

Dec. 15

JAMES C BARTON
CEDAR CITY, UT
No Valid DL – Never Obtained, Minor Purch/ Poss/Consume Alcohol, Theft, False Info to Police, Speed too Fast, Threats Against Life/Property

ROBERT D KELLER
ST. GEORGE, UT
Retail Theft

JEFFREY S PARKER
CEDAR CITY, UT
Aggravated Assault, DV in Presence of Child, Damage/Interruption Comm Device

CHARLES R THOMPSON
HOMELESS, CEDAR CITY, UT
Theft – Less Than \$500

Cedar City Executive elected to NATSAP Board of Directors

from Sheri **SINGER**

FOR IRON COUNTY TODAY

BETHESDA, MD — Cedar City executive, Eric Allred, Executive Director of the HOPE Group (Havenwood Academy and Zion Hills Academy), Cedar City, Utah, has been elected to serve on the National Association of Therapeutic Schools and Programs' (NATSAP) Board of Directors effective February 5, 2020. The official announcement will be made during NATSAP's annual meeting in Palm Springs, February 5-7, 2020.

Allred has been working in the mental health community since 1989. Before his current position, Allred was Executive Clinical Director at Provo Canyon Schools; and Clinical Director at West Ridge Academy where he oversaw the building and development of West Ridge's current campus.

Additionally, Allred was a therapist at West Ridge Academy and Provo Canyon Schools; and Residential Campus Manager at West Ridge Academy. He also oper-

ated a private counseling practice.

"As a result of his decades of experience, Eric has a first-hand, in-depth knowledge of residential treatment centers," said Megan Stokes, Executive Director, NATSAP. "He brings significant experience to help RTC's meet their challenges and plan for a successful future."

Allred will be welcomed to the board member during the NATSAP's Annual Conference to be held February 5-7, 2020 in Palm Springs, CA.

"I have witnessed the power of NATSAP member facilities in healing struggling youth and their families," said Allred. "As a NATSAP board member, I will work to ensure that these facilities continue to adhere to best practices and that the field remains a viable and accessible resource for this vulnerable population."

Allred is a Licensed Marriage and Family Therapist in Utah and Idaho. He is SMART recovery certified and a LifeStar trainer. He holds a M.A. in marital and family therapy; a M.A. in business management; and a B.S. in

journalism and public relations.

For more information, visit National Association of Therapeutic Schools and Programs.

About the National Association of Therapeutic Schools and Programs (NATSAP)

Founded in January of 1999, NATSAP is a national resource for programs and professionals assisting young people with emotional and behavioral difficulties. Located throughout the U.S., NATSAP members include therapeutic schools, residential treatment programs, wilderness programs, young adult programs, and home-based residential programs. The Association is governed by an elected, volunteer Board of Directors comprised of representatives from its membership. NATSAP members are independently operated and owned; therefore, NATSAP does not provide placement services. All NATSAP member programs that treat children under 18 are overseen by state therapeutic licensure or accredited by major mental health bodies, and in some cases, both.

WREATHS

« CONTINUED FROM PAGE 2

from and that we teach our children what great principles this great nation was founded upon. I believe in the same ideas and work that inspired George Washington and the Founding Fathers to defend the God-given rights instilled in us by our Maker. We are meant to be free in this nation. Our Constitution was inspired by God and we believe that all men are meant to be free." Roberts then thanked all that attended and ended his remarks by saying, "Our love for our Veterans is real. We honor their honor. We honor their character and their great sacrifice that enables us to go on preserving that which we believe in. I love this country and I love those who sacrifice their lives to defend her. Those men and women are our greatest asset in this country."

Mayor Chesnut then read each of the Veteran's names aloud as family members and volunteers placed the wreaths upon their graves. Afterwards, the ROTC color



COREY BAUMGARTNER

EACH BRANCH OF THE U.S. ARMED FORCES, including those missing in action, and prisoners of war, are honored with a live wreath as well as individual Veterans who sacrificed their lives in the service of our great nation.

guard retired the colors while the American Legion played Taps. Closing the event, Mary Gillespie (DAR Chairman) thanked all those involved for their contributions in making this special event possible and then shared a few closing remarks. "On behalf of the Bald Eagle Chapter of the Daughters of the

American Revolution and Wreaths across America, I would like to thank you all for attending today, to honor those serving and those that have served, so that we can enjoy the freedoms that we have today. We thank them for their sacrifices and those of their families, that they have endured for our freedom."

UTAH Legislative Update

Dear Friends and Neighbors,

In November, we conducted our final interim committee meetings before the 2020 General Legislative Session, and talked about many important draft bills and reports this month. One key topic discussed includes the much-talked-about tax cut. Below are some of the highlights of discussion from the interim meetings in November, as well as important information about the tax cut.

Vaping

The use of e-cigarettes by minors is a major concern right now in our state. Because e-cigarettes and vaping products are relatively new, there is much work to be done legislatively to help best protect our youth. In the upcoming session, we will be considering bills addressing vaping including taxes, regulation, access and education. The Education Interim Committee got a report on the draft legislation about the education arm of this issue, and the education bill has three key components: establishing clearer, consistent policies for vaping on school property, student awareness and prevention.

Tanning for Minors

Utah has the highest melanoma rate of any state in the country. Studies show tanning before the age of 35 increases the risk of melanoma by 59 percent. Current laws in our state allow for minors to participate in indoor tanning with the consent of a parent. The "Tanning for Minors" bill, as presented in the Health and Human Services Interim Committee, would ban all minors from using indoor tanning devices.

Tax Reform (will be a \$160 million tax cut!)

Please carefully read all that is below, the information is essential to best understand the entire scope of this critical issue. I do want to say that I appreciate the feedback I have received from you on this topic, and have been glad to dialogue with you about your concerns as well as the State perspective on tax reform. I have found many Utahns do not understand why we as a legislature are even working on tax reform. Well, the reality is we have a budget problem. This is something that was brought to the attention of legislative

leadership a few years ago by our non-partisan Legislative Fiscal Analyst's office. When this first came to our attention, we thought we would have a couple of years before the issue started to impact our budget, but we are already beginning to see the impact of the imbalance of our budget structure.

Our budget is basically composed of three funds: General Fund, Education Fund and Transportation Fund. The General Fund is responsible for funding nearly every single function of government, from social services to public safety, and is largely funded through sales tax. Sales tax in Utah is largely focused on goods. As our economy evolves with new technology and trends, the sales tax on goods becomes a less-reliable revenue stream. The sales tax on goods is still a positive revenue stream, but as it is, it does not at all keep pace with our growing population.

The Education Fund receives funding through a mandate in the Utah Constitution that all income tax revenue be dedicated solely for education. This is a provision that is unique to Utah. Income tax revenue is currently up in Utah, but at the same time it is one of the most volatile revenue sources in the economy. When an economic downturn hits, income tax is impacted, which then limits funding for education.

The Transportation Fund is largely funded through the gasoline tax. The gasoline tax went around two decades without being adjusted, which impacted, and is still impacting, our ability to fund roads solely through the Transportation Fund. Last year, instead of funding our roads solely through the gas tax, nearly 40 percent of the road funding came from the General Fund, due to lack of funds in the Transportation Fund.

This is a structural issue. We need to find more reliable revenue sources that keep pace with the rate of population growth in our state, and can remain stable in times of economic hardship. The intention is not to implement a tax increase this year, but to change how we generate revenue for the three different funds. The main changes

being proposed at this point include:

- » Reducing individual and corporate income tax rates
- » Expanding the Utah dependent exemption
- » Creating an income tax credit for Social Security income
- » Creating a state Earned Income Tax Credit

» Restoring the full sales tax rate on food

» Creating a "grocery tax credit" for low-to-middle-income residents

» Increasing the gas tax

There are still a lot of moving targets as the Tax Restructuring and Equalization Task Force continues to refine and modify the draft legislation. Please continue to engage in the process. You can listen online at le.utah.gov, and/or provide feedback at stronger-futures.utah.gov.

Finally, and most importantly, I want you to know that the end result of this tax reform discussion is a \$160 million tax cut to the taxpayers in the state of Utah. Be sure to carefully study all the aspects of this discussion and tax cut. It's sometimes easy to get swept up

in rhetoric, far harder to do the homework needed to make the right decisions for now and the future. I very much appreciate your willingness to carefully read these updates, including this information on the tax cut, and to stay informed and engaged. Thank you.

What do you think?

It's been a busy November and December and with the holidays approaching I want to wish you the best Christmas and hope you have the most wonderful time with family and friends. I express my appreciation to you for your belief in me and support. We are dealing with very important issues this year and I hope you will reach out and share your thoughts and insights with me. I work very hard to remain highly accessible and responsive, and I welcome the opportunity to talk to you. Please reach out to me anytime; evickers@le.utah.gov, or 435-817-5565.

Sincerely,

Senator Evan Vickers
Senate District 28
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It is an honor to serve you in the Utah Senate.

Our mailing address is:

Sen. Evan Vickers
2166 N Cobble Creek Dr
Cedar City, UT 84721



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28

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Last Week's Utah News

Compiled by Kelsey **KEENER**

IRON COUNTY TODAY

Romney, Lee Applaud Senate Confirmation of Utah Judge

U.S. Senators Mitt Romney (R-UT) and Mike Lee (R-UT) released the following statement regarding the confirmation of David B. Barlow of South Jordan to serve as United States District Judge for the District of Utah. In July, Romney and Lee introduced Barlow at his nomination hearing before the Judiciary Committee. "We have full confidence David will serve Utah and the country with honor and integrity, faithfully applying the law and our Constitution to all matters and parties that come before him. We wish him well as he begins this next chapter of service to our nation as a U.S. District Judge for the District of Utah."

Head Start Improvement Act Introduced

Sens. Mike Lee (R-UT), Ted Cruz (R-TX), Marsha Blackburn (R-TN), and Tim Scott (R-SC) introduced the Head Start Improvement Act of 2019 Thursday, a bill that would improve the Head Start program by eliminating much of the program's federal bureaucracy and giving the money directly to states through block grants. "Nothing is more important to the future of our society – nor more critical to fulfilling our national commitment to equal opportunity – than the care and upbringing of the next generation," Sen. Lee said. "Washington should respect the proven ability of communities and states to develop unique solutions for their children. Our Head Start Improvement Act is a step in that direction."

United Utah Party candidate supports articles of impeachment

Jonia Broderick, a candidate seeking the United Utah Party nomination in the 4th Congressional District, has announced that if she were in office, she "would vote to impeach on both the abuse of power and obstruction charges."

"Rising to meet the challenge of our time by voting according to principle needs to be the guiding star for those elected as representatives," Broderick said. "When blatant abuse of power is wielded by the President of the United States, those in the position to speak up need to do so. It is their solemn responsibility."

Richard Davis, United Utah Party Chair, praised Broderick for "putting principle above partisanship."

"Sadly, most of Utah's congressional delegation made it clear very early in this process that the facts weren't nearly as important as party loyalty," Davis said. "These are serious charges that deserve serious consideration, but, by and large, that's not what they're getting when party is the only thing that matters."

"Despite fears that impeachment will divide the country, the reality is that the country is already divided," Broderick said. "A vote either direction will upset

half of the nation. Fear of unpopularity cannot and should not govern our political leaders."

More information is available at unitedutah.org and teamjoniah.com.

Sutherland Institute reacts to Fairness for All Act

Sutherland Institute released the following statement in response to proposed federal legislation by Rep. Chris Stewart (R-Utah) and other coalition members, titled the Fairness for All Act (FFA), or HR 5331:

"While the Fairness for All Act has a long road ahead in terms of refinement and passage, Sutherland Institute fully supports its intent to fairly consider the rights of both the LGBTQ and faith-based communities," said Rick B. Larsen, Sutherland Institute president and CEO. "Sutherland's opposition to the Equality Act is based on the act's one-sided effort to expand rights for the LGBTQ community at the expense of the faith-based community. FFA is a reasonable and productive step toward compromise."

"It is a sad commentary on the state of political affairs that an effort seeking to respect both sides of a debate – to be fair – is dismissed by some as unfair. We encourage all sides to come to (and stay at) the table, and build on this principled approach."

Utah Attorney General calls for Fentanyl to remain Schedule I drug

Utah Attorney General Sean D. Reyes has joined a bipartisan coalition of all 56 attorneys general in calling for Congress to permanently classify fentanyl-related substances as Schedule I drugs. Schedule I drugs are defined as drugs with no currently accepted medical use and a high potential for abuse. "We've got to do everything we can to stop the catastrophic and accelerating abuse of Fentanyl and its family of opioids," said Utah Attorney General Sean D. Reyes. "Make no mistake: This is a national crisis. The legitimate use of these drugs has dwindled even as abuse and deaths grow. I urge Congress to pass this legislation as soon as possible."

In the letter, the attorneys general urge Congress to pass S. 2701, the Federal Initiative to Guarantee Health by Targeting (FIGHT) Fentanyl Act, a bipartisan bill introduced by U.S. Senators Rob Portman (R-OH) and Joe Manchin (D-WV). The Drug Enforcement Administration (DEA) issued a temporary scheduling order in February 2018 to schedule fentanyl-related substances that has allowed federal law enforcement authorities to bring criminal actions against individuals who manufacture, distribute or handle fentanyl-related substances. In the most recent data available from the Centers for Disease Control and Prevention, there were 72,000 drug-related deaths in the United States in 2017. Of those deaths, roughly 40% involved fentanyl or a fentanyl-related compound.

Attorneys general from every state, territory and the District of Columbia signed the letter.



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Showcase

ARTS &
ENTERTAINMENT
IN IRON COUNTY



PHOTOS BY ASHER SWAN

A MOVING COMMUNITY PRODUCTION

by Rachele **HUGHES**

FOR IRON COUNTY TODAY

A quarter-million notes delivered musical movement in many forms during the Orchestra of Southern Utah and Chorale's presentation of Handel's Messiah on December 8 and 9.

From music that had chorale members barely able to contain themselves as they sang with expression, to a "Hallelujah!" chorus that had the audience on its feet, and over two hours of bows moving across strings, the Messiah was full of movement both literally and emotionally.

Dr. Xun Sun as the Music Director and Conductor and Jackie Riddle as the Chorale Director led an impressive number of community members to a successful 79th annual production that is easily one of Cedar City's most famous holiday traditions. 65 sopranos, 90 altos, 33 tenors, 40 basses, 17 soloists and a 56 piece orchestra brought George Frideric Handel's



THE ORCHESTRA OF SOUTHERN UTAH ALONG WITH MUSIC DIRECTOR AND CONDUCTOR, DR. XUN SUN, gave a magnificent musical performance worthy of the Messiah.

oratorio to the Heritage Center Theater this year. This huge outpouring of community participation in telling the story of Christ from birth to resurrection is perhaps the most extraordinary piece of this production.

From the beginning, the choral pieces combined with the orchestra brought goosebumps shivering through the audience, toe-tapping and a swelling of energy. A celebratory, "And the Glory of the Lord," set the stage for many more thunderous and moving chorus pieces sung by a choir with members of various ages who all seemed moved by the music they came to perform. It was almost impossible to withhold applause when the sweet lullaby of "For Unto Us a Child is Born" or the rousing "Hallelujah!" finished.

Interjected throughout the night were 17 soloists who had auditioned to sing during Messiah. Many of them brought an added richness to the musical telling of Christ's story. Alex Byers, assistant chorale

see **MESSIAH** » 11

Celebrate the Season with 'An Evening of Carols'

from Marlo **IHLER**

FOR IRON COUNTY TODAY

CEDAR CITY — Cedar City's Red Rock Singers present a Christmas choral concert, An Evening of Carols, December 18 at 7:30 pm in Thorley Recital Hall at the music building on the campus of Southern Utah University (approximately 200 S. 425 W., Cedar City). There is a suggested donation of \$5 at the door.

The 40-member group will perform such Christmas classics as "Angels We Have Heard on High," "Carol of the Bells," "Joy to the World," and "We Three Kings," as well as John Rutter's "Candlelight Carol," Mack Wilberg's arrangement of "Away in a Manger," and the traditional French carol "Sing We Now of Christmas." The choir will also perform carols written and arranged by RRS conductors Drs. Keith Bradshaw and Steven Meredith.

"During this beloved time of year, we are excited to share the spirit of Christmas through familiar carols," says Bradshaw. "We are also thrilled to be joined by a group of excellent chamber musicians from the community and university who will play with us. It will be a very enjoyable evening."

Tracey Bradshaw accompanies Red Rock Singers on the piano. The group began in February 2015 and has, since then, worked with well-known choral directors Dr. Ronald Staheli, professor emeritus of Brigham Young University, and Dr. Ryan Murphy of the Mormon Tabernacle Choir (Tabernacle Choir at Temple Square). Red Rock Singers welcomes new members through audition. For more information, visit facebook.com/redrocksingers or email at redrocksingers@gmail.com.

Master Singers bring That Christmas Feeling to Cedar City

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

One didn't have to travel nigh to Bethlehem to hear wonderful Christmas music last Sunday evening. The Master Singers annual Christmas concert brought a sleigh full of Hallelujah and Hi-Ho the Holly to the Heritage Center in Cedar City. With special musical guests, The Village Voices and a piano duet from Amy Gifford and Kathryn Maxwell, it was a beautiful and memorable musical journey of Joy to the World and to Cedar City. The evening ended with the Master Singers performing a humble and heartfelt Silent Night in German and then invited the audience to also sing along. If you would like to be a part of their next concert and to join your voice to the legacy of the Master Singers, please come to one of their practices on Sundays from 5 to 6:30 pm at 256 S 900 W.



PHOTOS BY COREY BAUMGARTNER

THE MASTER SINGERS (ABOVE) along with the Village Voices (Below) are always a favorite Christmas tradition in Iron County.



Cedar City Jazz Alliance presents Mr. CP's Jazz Band

by Shay **BARUFFI**

IRON COUNTY TODAY

The Jazz Alliance of Cedar City presented Mr. CP's Jazz Band at the Off the Cuff Improvisation building last weekend. The band is a group

of four talented musicians; Thomas Herb, David Stevens, Shawn Owens and Mr. CP himself. Thomas Herb, the saxophonist in the band and president of The Jazz Alliance of Cedar City stated, "The idea is to make this more of a Jazz club than a classical

concert where the audience sits still and keeps quiet. We would like you to mill about and have fun."

The group performed an upbeat mixture of famous jazz tunes as well as some jazzy Christmas music. Mr. CP, the bassist, included, "We're more of a Jazz Combo because we like to solo; they call that blowing. These cats up here are blowing." The Off the Cuff stage provides an intimate setting for Jazz performances as the audience can mingle about and enjoy complimentary cookies.

The Jazz Alliance of Cedar City is a new non-profit to the Cedar City area; they provide free jazz concerts to our community. Their next concert will feature the Cedar Jazz Decet and it will take place at the Off the Cuff building on January 21st. For more information about The Jazz Alliance visit their Facebook at www.facebook.com/JazzAllianceCedarCity.



SHAY BARUFFI

MR. CP AND HIS JAZZ BAND ARE A QUARTET of cool cats that know how to entertain their audience with an upbeat mixture of famous jazz tunes and jazzy Christmas music.

MESSIAH

« CONTINUED FROM PAGE 9

director, also sang many of the solos and his bass voice seems to fit perfectly with this style of music. Debra Stillman delivered a crystal and beautiful “I Know That My Redeemer Liveth” and the mother and daughter duet of Ruth Hailstone (alto) and Jasmine Hailstone (soprano) brought a touching piece to the lineup. Rich and lovely tones from soloist Matthew Henry and soloist Hannah Klassen added another layer of beauty to the night.

Carrying the music along was the Orchestra of Southern Utah’s accompaniment. There is little rest for them throughout the oratorio and the music is full of energy. It was an impressive amount of work for these musicians to present this community favorite. It is also a rare treat to see the harpsichord played, which took center stage with harpsichordist Christian Bohnenstengel for the performance.

Handel’s Messiah is an intense experience. Not all of it is for everyone, but there is something in it for everyone that comes to celebrate music and Christianity. This year’s production felt like a musical communion of celebration between those who came to perform and those who came to listen as they moved to the music.

ICAMA presents Many Miles

by Shay **BARUFFI**

IRON COUNTY TODAY

The Iron County Acoustic Music Association presented Many Miles at their latest concert. Many Miles is composed of dynamic singer/songwriter duo, Dave Tate and Victoria Lagerström. Dave Tate is an acclaimed singer/songwriter from Salt Lake City, Utah and Victoria Lagerström is an accomplished singer/songwriter from Stockholm, Sweden.

The two are now married and have a son who is an inspiration for some of their beautifully written original music. The talented couple performed a fun and lively mixture of their original songs and included the crowd in singing traditional holiday songs. Lagerström and Tate create a loving and engaging atmosphere for their audience; the couple perform beautifully together.

For more information about Many Miles and to listen to some of their original music, visit their website at www.manymilesband.com.



SHAY BARUFFI

MANY MILES HELPED PUT MANY SMILES ON THE FACES OF THE AUDIENCE during their latest concert. The married duo and new parents performed their original music and traditional holiday songs.

What will their futures be?

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

A question that kept coming to mind was, “What is in their futures?”

We attended the SUU music department’s Christmas concert on Friday. After fifty plus decades of being married to a choir professional, I always look forward to the Christmas concerts as culminating events of the first semester of the year; a final exam, as it were, showing what has been accomplished during the previous months. Not just a test, of course; I deeply love the music itself and view it as a partner with the Christmas lights all about as an attempt to hold the encroaching darkness at bay. But the teacher in me loves the sense of accomplishment that accompanies watching young people be more skilled than they were before.

And our students here at SUU are good musicians. They come to us from other places as well as here in town. The vocalists sing with fervor and heart. The instrumentalists are really fun to watch. One student said to me, “Watch me at the concert. I will be playing four different instruments during the evening.” Sure enough, the clarinetist here played a saxophone there; the bassoon player can play the tuba. Who knew?

I see them as piano students, most of whom struggle to learn the required proficiency level at the keyboard after years of hardly playing piano at all. So, it was a good reminder for me that they are good at their first choices, not the neophytes with shaky

hands that are in my classroom.

But what will they be ready for? We are a normal school, basically, meaning we train teachers who will go out into the communities and teach band or choir themselves. Except that some of them won’t. They will learn that they don’t really want to teach or that they can’t find jobs that will support a family. Those who wish to become performers will enter a world of fierce competition; few singers qualify for an opera company and few violinists play in a first-class orchestra.

But maybe hours like that Friday are enough. They have become friends over the weeks and the joy of making such beautiful sounds with their peers was evident in their faces. Swelling music rolled over me as the groups combined in a glorious finale. I watched students I’ve come to love smile with joy at the experience of creating something wonderful.

The next day, a tuba band played a concert in front of the Rock Church to a small but appreciative audience. It wasn’t great music; they had barely rehearsed, but they were proud of themselves, and we gladly sang along. Those euphonium players might never play in a great band but they were skilled enough to enjoy each other and play for us.

Some of the SUU students will become accountants, some salesmen. Many will play or sing in their leisure time and make music for their families, churches, and communities. Maybe they will have a few young students of their own. Maybe that is enough. More thoughts on this to follow.



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COMMUNITY &
PERSONAL INTEREST
IN IRON COUNTY

Life

by Amyanne **RIGBY**

FOR IRON COUNTY TODAY

Everyone needs a hallmark memory. Cedar City delivers. It definitely has much to offer this holiday season – parades, shops, music, theatre and more. To top it off, Main Street is all dressed up in Winter's Wonderland. It is both an elaborate and classy showing. But this small community offers several points of interest beyond main street for those who traditionally spend Christmas Eve “seeing the lights.”

The Elves at 26 North 1150 West are in their 15th year of delivering Christmas Cheer. Walk down “Candy Cane Lane” while taking in the illumination of over 60,000 lights, 55 plastic blow-molds, 19 lighted wire animal sculptures, 3 wire-frame animated sculptures, a homemade nine-foot wreath, and much more.

The lights “dance” to twenty Christmas Songs in both the front and back yards of the home. This holiday display raises Christmas cheer to a new level while entertaining all of one’s senses.

Ben Hohman and Marielle Boneau are the “master” elves behind this Christmas production. In their off season as elves, Hohman and Boneau are the “master magicians” behind the wonder of the Utah Shakespearean Festival as the prop artists for the Festival’s productions.

Hohman and Boneau enjoy the challenge and the artistic license their jobs provide. Their holiday display is a further testament for their love of a “fanciful life.”

This illustrious display has also raised over \$16,500 for the Make-A-Wish Foundation. Visitors of the display can contribute to the foundation at <http://benprops6wix.com/holidaylights>.



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DENTAL EXAMS AND CLEANING ARE FREE FOR CHILDREN UNDER 3!

Help get animals off the ground

from Dianne GIL

FOR IRON COUNTY TODAY

Cedar City has a beautiful new Animal Adoption Center but it is missing something that is desperately needed...beds for the animals. The facility does not have anything for the animals to lie on. Donors have graciously given blankets, towels and sheets but they are put on the floor. Think about it. Kennels are cleaned and disinfected daily and the animals have to sit on the cold, damp, floor. If the kennels haven't been cleaned yet, they are sitting in a soiled area. The animals don't have an option of anywhere to go, but a soft bed that keeps them off the ground would make a world of difference in their lives.

Some of the homeless pets may be in the shelter for weeks and even months. A bed can help give comfort, making their situation less stressful and more comfortable. Less stressed animals can then show their true personalities and are more adoptable.

Animal Rescue Aid is a non-profit corporation that offers shelters & rescue groups beds at an affordable price to make it feasible to place high quality rust proof aluminum framed beds in a facility. The beds range in price depending upon size. ARA is offering to pay all shipping costs and every donation is tax deductible. The beds are made in the USA.

Cedar City Animal Adoption Center is in need of 28 medium sized beds. The beds measure 35" X 23" X 8". If donating online, you can go directly to the Animal Rescue Aid website at www.AnimalRescueAid.org and then click on "Donate to a Shelter". The registered "shelter" is

Friends of Festival Country K9s (you will need to scroll down to Utah to find us because the states are listed alphabetically.) Choose "Blue Bed" if you want to purchase a bed or "Forgotten Shelters" if you want to donate a certain dollar amount. You will be asked to designate the shelter information at the end of the



COURTESY PHOTO

THE CEDAR CITY ANIMAL SHELTER IS NEED OF BEDS to help give the animals a safe, healthy and comfortable place to stay while in the kennel.

checkout process. The location is Cedar City Animal Adoption Center, 1303 West Kittyhawk Drive, Cedar City, Utah 84721. You will be asked to pay via PayPal. If you want to mail a check and get a tax-deductible receipt, please make the check out to Friends of Festival Country K9s or FFCK9s and mail it to: FFCK9's, Attention: Kim Ritz, Treasurer, P.O. Box 910814, St George, Utah 84791. Please write on the check that the donation is for dog beds, so that the donation is designated correctly. Any donation dollar amount can help and would be greatly appreciated.

Christmas, a time of peace on earth and good will towards men. However, even during this iconic season of remembering and rejoicing, the holidays aren't always holy or happy. That doesn't mean you have to be grouchy like the Grinch, or expect coal in your stocking, but it does mean you may have to steel yourself for the normal nuances, stresses and distresses of this holly, jolly—or not so much—Christmas season.

There's also the hotly debated and misleading "Christmas Suicide" myth, perpetuated by the belief that suicides spike significantly during this most wonderful time of the year. The assumption is that because sadness and loneliness seem to be more pronounced during the Christmas season, suicide is a person's only option for opting out of their personal pain. While the Centers for Disease Control and Prevention, and other reputable online resources, thankfully report otherwise; loneliness, sadness and suicide are not myths. My heart goes out to anyone who feels alone, abandoned, or forgotten during this season and at any other time of the year.

And while it seems that everyone else is singing Christmas carols, buying presents and having visions of sugar plums, there are many silent nights that go unnoticed. The familiar carol, Silent Night, has a different meaning for those whose nights are far from silent or safe. When all is not calm, and all is not bright because of angry voices, terrors and tears. When it's difficult to sleep in heavenly peace because one feels broken in pieces. When there is a longing for the presence of loved ones in their hearts and home, instead of presents under

the tree. When there is an aching and longing for the silent sounds of loneliness to be chased and replaced with laughter, I love you's, and stories about the good old days.

Even if you're having what Elvis Presley calls a Blue Christmas, remember that you are also the reason for the season. Whether you celebrate the Christ in Christmas or share a heartfelt Happy Holidays. Whether you believe in God, Santa, or just want Christmas to hurry up and get over with, know that your life still and always has great worth. I may not be able to hold your hand, give you a hug, or remind you personally, but please don't give up on yourself or your life.

Silent Nights



The Rut
LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

If you know someone who is alone, struggling, or hurting, don't wait to share some Christmas joy with them. If you need help getting through your own Christmas blues, please don't hesitate to reach out for help. Whether you need a meal, a miracle, or both, there are still good people in this world who can and want to help you. If you're in trouble, please call the National Suicide Prevention Lifeline: 1-800-273-TALK (1-800-273-8255) or (suicidepreventionlifeline.org/chat/). Closer to home you can find help at the Canyon Creek Crisis Center (canyoncreekservices.org) and the Cedar City Care and Share (www.careandshare-ut.org) Have a safe and Merry Christmas.

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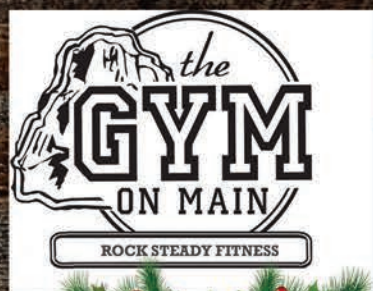
Holidays

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AN CHAMBER OF COMMERCE

CALENDAR

Service Clubs

LION’S CLUB

Tues, 11 AM Board Meeting, 12 PM General Meeting • SWTC South Campus, 757 W 800 S, Cedar City. Lunch catered by SWTC. All welcome! (702) 480-3238

ROTARY CLUB

Tues, 12:15 • Southwest Tech 757 W 800 S, Cedar City • (702) 865-7637

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar City Library 303 N 100 E, American Legion Conf. Room • (435) 704-6654

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am Commission Chambers 68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall 10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall 900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall 900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall 35 E 100 N • (435) 477-3331

Support Groups

ALCOHOLICS ANONYMOUS

(435) 865-5890 • www.utahaa.org

CEDAR CITY

Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Steps and Traditions • M – Su, 7 am

Speaking From The Heart • M – Sa, Noon

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

New Beginnings

(Women Only Book Study) • Wed, 6 pm

Family Groups (Fellowship of Relatives, Friends) • Th, 6 pm

T.G.I.S.S. (Thank God it's Sunday Spiritual) • Sun, 11 am

My Story • Sat, 8 pm

Hope for Today • Thurs, 7 pm • KKCB Meeting Hall, 1067 S Main St, (435) 559-3333

What a Way to Start the Day

Su, M, W, F, 7-8 am • Fellowship Building behind St. Jude's Church, 70 N 200 W.

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

Easy Does It • Tues, 7-8 pm

Community Presbyterian Church, 2279 N Wedgewood. (435) 559-3333

Lunch Bunch • T, Th, Noon, Cedar Bowling Alley, 421 E Highway 91, (435) 586-1383

PAROWAN

Al-Anon • 1st & 3rd Tues, 7-8 pm, Parowan Senior Center, 685 N 300 E (435) 477-8925

Red Creek Group • Wed, 7 pm Parowan Senior Center 685 N 300 E • (435) 477-8925

NARCOTICS ANONYMOUS

www.nasouthernutah.org (435) 635-9603

Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

SEX ANONYMOUS

Wed, 6 pm • 203 E. Cobblecreek Dr. (877) 865-5890

PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library (West Room), 303 N 100 E

CAREGIVER

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

ARP—ADDITION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

(BACA) BIKERS AGAINST CHILD ABUSE

Color Country Chapter Meeting 1st Thurs 7:30 pm • 2nd Thurs, 7 pm 593 N 1450 W, Cedar City.

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library 303 N 100 E

NAMI BRIDGES

& Family to Family Classes Thurs, 7 pm • Southwest Behavioral Health Center, 245 E 680 S, Cedar City Free • (435) 590-7749 or (435) 590-0880

WEDNESDAY, DECEMBER 18

ROAST SUCKLING PIG DAY

RED ROCK SINGERS (AN EVENING OF CAROLS)

7:30 PM, Thorley Recital Hall at the SUU Music Building. There is a \$5 suggested donation at the door. This 40-member community choir will share such favorite arrangements as Sam Cardon's "Angels We Have Heard on High," Mack Wilberg's "Away in a Manger," John Rutter's "Candlelight Carol," and Elaine Hagenberg's "Sussex Carol" and "Wexford Carol." The choir will also perform carols arranged by Red Rock Singers conductors Drs. Keith Bradshaw and Steven Meredith. The group is accompanied by Tracey Bradshaw on piano as well as a guest chamber orchestra. For more information, email redrocksingers@gmail.com.

THURSDAY, DECEMBER 19

NATIONAL RE-GIFTING DAY

HBA CHRISTMAS MEMBERSHIP LUNCHEON

(Toys for Tots fundraiser) – Noon, Southwest Tech, 757 West 800 South in Cedar City. Come help others celebrate the Christmas season. We'll have a Gift Auction to raise money, and collect toys for the kids. Please bring 2 things to donate: An unwrapped NEW TOY to put under the Christmas tree (cash contributions accepted). Also, gift items to donate for the auction. (We will have members bid on items with the proceeds going to Toys for Tots. And bring your employees – Included this month at no extra charge. Merry Christmas, Zurl Thornock, ICHBA

A CHRISTMAS CAROL ON THE AIR (SIMONFEST THEATRE CO)

– 7 PM, Heritage Center Theater, 105 N 100 E, Cedar City. Tickets are \$15 adults and \$10 veterans/students/children. Don't miss this hilarious holiday family-friendly offering which faithfully tells the Dickens classic Christmas story in the style of an old-time radio show. Complete with live sound effects, backstage antics, and an All-Star Cast. Tickets available online at www.simonfest.org.

LIGHTS AT THE FRONTIER, 6-8 PM, FRONTIER

HOMESTEAD STATE PARK MUSEUM (635 N Main St.). Admission is FREE but donations are welcomed! For information call (435) 586-9290

FRIDAY, DECEMBER 20

UNDERDOG DAY

CEDAR CITY VISITOR CENTER 20TH

ANNIVERSARY HOLIDAY OPEN HOUSE, 4-6 PM, Cedar City Visitor Center (581 N Main St, Cedar City). Admission is FREE. Enjoy family friendly activities including live music by Simple Men (reuniting for a one-night performance), popcorn, Santa and beautiful holiday decorations. Then head over and walk the grounds of the Frontier Homestead among the beautiful Christmas Light Display (donation boxes will be available throughout the Homestead). *Be sure to wear your best ugly sweater!

A VERY SUMA HOLIDAY – WINTER SOLSTICE

CELEBRATION, 4-7 PM, Southern Utah Museum of Art – (13 S 300 W, Cedar City). Admission is FREE. Join a community celebration of the shortest day of the year with a late night at SUMA! Enjoy activities for all ages in the

Classes/Activities

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center 489 E 200 S • 435-586-0832 FREE. Trained instructors.Variety of range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm Preschool-6th grade, Wed, 6:30 pm Valley Bible Church, 4780 N Hwy 91, Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E. This month we will discuss “Plum Rains” by Andromeda Romero-Lax.

CEDAR CHEST QUILTERS’ GUILD

Thurs, 10 am • Cedar City Senior Center 489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library 303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub 86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (435) 773-5466

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals. www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Center). Paddles & balls supplied. (435) 586-6345

HEY CEDARS SQUARE DANCE

Wed • Beginner's, 6 pm, Mainstream Dancers, 7-9 pm • Cedar City Senior Center 489 E 200 S. (435) 531-6811 or (435) 669-4867

PICKLEBALL GROUP

Weekdays, 7 am • SUU Pickleball Courts. Anyone is welcome. Fee is \$2 (indoors) and FREE (outdoors)

MEDITATION CLASS

4th Tues, 5:45-6:45 pm • Cedar City Library 303 N 100 E. With Cristina Clerico. Learn how meditation helps with stress management, focus, relationships and more. Sonation appreciated. (541) 905-2891 or cristina@cristinaclerico.com

ROCK CLUB

1st Thurs, 6 pm • Lapidary shop, 497 N 100 W. Come explore beautiful So. Utah, learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

SOUTHERN UTAH WOODTURNERS

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

TAE KWON DO CLASS

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25 per month, ages 5+, any experience level, sign up at the Aquatic Center. (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

TOP BAR HIVE BEE KEEPING

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – TAKE OFF POUNDS SENSIBLY

Wed • Weigh-in 9 am, mtg 9:30 am. Evening weigh-in 6:30 pm, mtg 7-8 pm Cedar City Library, 303 N 100 E. Lose weight without buying special foods. 586-3233 (a.m mtg) or 867-4784 (p.m. mtg)

WATER AEROBICS CLASS

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio conditioning, full body muscle toning. Any fitness level. Beginners, all ages welcome. \$3 per class, including pool admission. (435) 327-2091 (no text)

WEIGHTWATCHERS REIMAGINED!

Wed, 9:30 am • Cedar City Aquatic Center 2090 W Royal Hunte Dr. Guidance and in-person motivation from members, trained guides and wellness coaches (702) 832-0555

WELLNESS PLACE

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

CALENDAR

classroom and gallery, light refreshments, live music performances, and storytelling. Holiday merchandise in the SUMA Shop will be 25% off during the event. For information call (435) 865-8765.

FREE CHRISTMAS CONCERT - VILLAGE VOICES and The Southern Utah Children's Choir, 6:30 PM, Community Presbyterian Church, 2279 N Wedgewood Ln, Cedar City. "Sing We Now of Christmas" will bring the feeling and spirit everyone needs for this time of year.

TOADZ MASQUERADE YULE BALL, 9 PM, Toadz (432 N 100 W, Cedar City). \$5 cover charge. Escape the muggle world and step into the wizarding world for one night only. Come dressed to impress as you celebrate the winter solstice drinking butter beer and honoring the magical wizard world. Live music, \$5 Oracle readings, \$10 tarot readings as well as wizard themed drink specials and hors d'oeuvres. Professional photographer all night. 21 yrs +

LIGHTS AT THE FRONTIER, 6-8 PM, FRONTIER Homestead State Park Museum (635 N Main St.). Admission is FREE but donations are welcomed! For information call (435) 586-9290

SATURDAY, DECEMBER 21

WINTER BEGINS

SATURDAY FARMER'S MARKET, 10 AM - 1 PM, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735



LIGHTS AT THE FRONTIER, 6-8 PM, FRONTIER HOMESTEAD STATE PARK MUSEUM (635 N Main St.). Admission is FREE but donations are welcomed! For information call (435) 586-9290

BREAKFAST WITH SANTA, 8 AM - 11 AM, Fiddlers Fun Center (170 E Fiddlers Canyon Rd,

Cedar City). \$25 for the whole family or \$10 for individuals. You will receive: \$5 Arcade Card, Donuts, Chocolate Milk and good Ole' St Nick. Enjoy a movie "The Polar Express" beginning at 9:00 am; bring your pillow & blankets. Be sure to get your picture with Santa too.

A VERY MERRY CHRISTMAS - WITH SANTA, 11 AM - 2 PM, (259 W 200 N, Cedar City). Join the ERA Realty Center agents and staff to celebrate the holiday season. Come and have a treat, play some games, color a picture, or just come and mingle. We want to thank our amazing community for another fantastic year.

SUNDAY, DECEMBER 22

CHANUKAH

MONDAY, DECEMBER 23

FESTIVUS

TUESDAY, DECEMBER 24

NATIONAL EGGNOG DAY

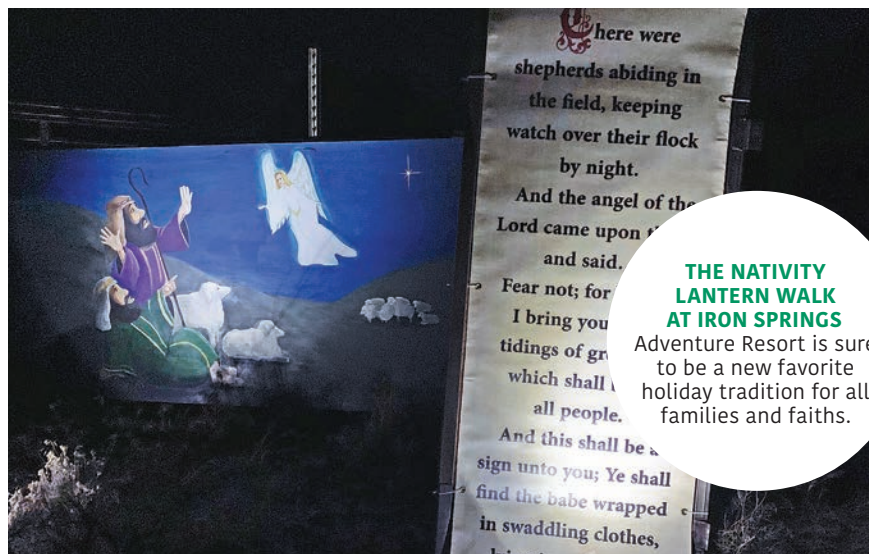
STORY TIME - FRONTIER HOMESTEAD STATE PARK (FREE), 10 a.m., 635 N Main St., Preschool children learn about the past through stories, and history activities.

CHRISTMAS EVE SERVICE - 7 PM, PAROWAN UNITED METHODIST CHURCH (190 N Main, Parowan). Pastor Jeri Lee Harrell-Leeper invited everyone to a very special Christmas Eve service. This year Jay Wilcken will be singing O Holy Night and Spencer Kohler will be singing Maji. Both will be accompanied by Donnett Vincent. Pastor Jeri will be sharing the story of The Three Trees. Hymns will be Good Christians, Rejoice, Angels We have Heard on High, The Virgin Mary Had a Baby Boy and closing with Silent Night. Jesus is the Light of the World. This service prepares us for Christmas. All are welcome.

WEDNESDAY, DECEMBER 25

MERRY CHRISTMAS

FROM
IRON COUNTY TODAY



THE NATIVITY LANTERN WALK AT IRON SPRINGS

Adventure Resort is sure to be a new favorite holiday tradition for all families and faiths.

Enjoy a beautiful nativity lantern walk

by Leslie DODGE

FOR IRON COUNTY TODAY

A new must see this year! Come enjoy the amazing Nativity Lantern Walk at Iron Springs Adventure Resort in scenic Cedar City! This is an interfaith display with beautiful artwork sponsored by seven local congregations: Seventh-day Adventist, Trinity Lutheran Church, Sunrise Christian Church, Westview Christian Center, Christ the King Catholic Church, St. Jude

Episcopal Church, True Life Center.

Start at the Lodge front door and follow the map for a lovely daytime Nativity stroll or come at night and follow the lantern lit pathway and enjoy the Nativity and the stars. We'd love to see you enjoying the walk, so share your photos on Instagram and Facebook (Ironspringsutah).

Free and open to the public, day or night through New Year's Day.

Questions: Les@ironspring-sutah.com or 435-708-0101



COURTESY PHOTOS

THE NATIVITY WALK CAN BE EXPERIENCED AND ENJOYED during the day or night through New Year's Day.



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SCHOOLS

ICSD News Nuggets

from Le Ann **WOOLSTENHULME**

IRON COUNTY SCHOOL DISTRICT

East Elementary

East Elementary has an amazing reading award program that our PTA puts on. The students are asked to read at home and track their efforts. They turn in a bookmark when they have read for 500 minutes. Awards and prizes are presented to students for each bookmark. The culmination of these awards is to read 5,000 minutes during the school year. When this lofty goal is achieved, the students become a member of our Golden Eagle Club! Golden Eagle members are encouraged to wear their shirt on spirit Friday to help spread the enthusiasm. These are the first third graders to join the group this year! We look forward to several more students joining the ranks as the year continues! Thank you to the greatest PTA for supporting our young readers!



Enoch Elementary

The Spirit of Christmas was alive at Stratum Real Estate Group on December 7. Students made crafts, visited Santa, drank hot chocolate and more. Enoch Elementary won money from the elementary school competition for having the most students in attendance. Thank you, Stratum Real Estate Group for the fantastic festival!

Congratulations to Mrs. Rieff's 5th grade class, Mrs. Braden's 4th grade class, and Mrs. Soper's 3rd grade class for winning the Battle of the Books class competition! The students in these classes have read the most battle books so far this year. Classes win a game day and teachers win time to relax! A second competition will be held in the spring.

Parents are invited to Christmas Performances for each grade. December 16 is 2nd grade at 9:30am. December 17 is 3rd grade at 2:30pm. December 18 is 4th grade at 9:30am and Choir/Orchestra at 12:50pm. December 19 is 5th grade at 2:30pm.

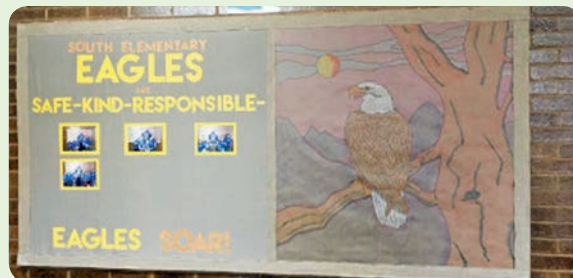
Winter break is December 21 through January 5.



2ND GRADER REESE MEACHUM and his family at The Spirit of Christmas Festival.

South Elementary

It is hard to believe that school is already halfway over. The students at South Elementary have been busy with school work and are looking forward to the holidays. Our PBIS assembly reminded students about the importance of striving to live by our school motto: South Elementary students are Safe, Kind, and Responsible. We want to thank ERA and Stratum Real Estate for their holiday donations to the PTA. Also, thank you to all who contributed to our classroom emergency kits. We appreciate the generosity of our parents and community.



North Elementary

Cedar North Elementary would like to thank Lowe's, Jones Paint and Glass, Braun Construction, Dixie National Forest, USU Iron County Extension, SUU, North Elementary PTA, and the Iron County School District for their awesome help with our school garden this year. It was a great success and we are excited to see how to expand our efforts there this coming spring. Drop by and see some of the cool things that are going on there – even in winter!

Canyon View Middle

The 7th grade ELA classes at Canyon View Middle School are reading A Christmas Carol in class. As a service project, students created cards and wrote letters to servicemen and women deployed in Afghanistan. With the letters, students wanted to bring small gifts. From the generosity of our students, we ended up sending five boxes full of letters, treats, games, and toys to our troops. It was a wonderful success!



7th graders are finishing up a fun unit in science about geologic hazards and have enjoyed building and testing structures.

The Advanced Orchestra played the lobby music prior to the Orchestra of Southern Utah's performance of the "Messiah" on Sunday, December 8, 2019 from 6:45 - 7:15 p.m. Gavin Brown, an advanced student at CVMS, conducted the ensemble.

Math Counts club participated in a practice competition that was held at CVMS. There were 7 total schools represented at this competition; along with 31 teams and 121 individual students. CVMS had 1 student score in the top ten for the Count Down Round. This student was Riley Ball who earned 5th place. Way to go! CVMS had 2 teams score in the top 10 teams.



WAY TO GO TO THESE STUDENTS:

5th Place Team Members are: Joseph Anderson, Isa McUne, Loralie Pierce, and Jared Sowards.

7th Place Team Members are: Riley Ball, Thomas Daniels, Payson Slade, and RJ Rose

CVMS Math Counts club advisers are Angela Sanders and Leah Colburn.

The Literature League meets each Wednesday from 2:35 until 3:30. Writers of all skills and styles welcome! Meet in Mrs. Lea's room.

Three Peaks Elementary

Three Peaks Elementary presented "AnnieKids" to the school, parents, and friends on December 12 and 13. The students did an excellent job on their songs, speaking parts, and choreography. Bravo! Thank you to the parents for helping with costumes and scenery and volunteering to support with practices, transportation, treats, make-up, etc. Thank you to our drama teacher, Mrs. Karlene Young, for directing this fun play and for the help of the student directors, Ellyn Ohms and Rio LeFevre.



Our orchestra performed their Holiday Strings Concert on December 14 at the Thorley Recital Hall with students from Enoch and Iron Springs. They did an awesome job! Thank you to the director, Chris Kuhlemeier, for teaching these students how to play their instruments and for being such a positive influence on them.

On behalf of the entire Three Peaks Elementary faculty and staff, we want to wish you a safe and happy holiday season! School will resume on Monday, January 6, 2020.

BUSINESS

Octopus Apothecary celebrates one year

by Kelsey **KEENER**

IRON COUNTY TODAY

Business partners Ty Vinney and Andy Martin celebrated the one-year anniversary of opening their store, Octopus Apothecary, last week.

The occasion included light refreshments, a raffle drawing and a sale throughout the store.

Vinney reflected on the store's first year of business.

"It's been pretty rewarding, definitely not without its struggles," he said. "The community reaction has been fantastic; we have a huge support system."

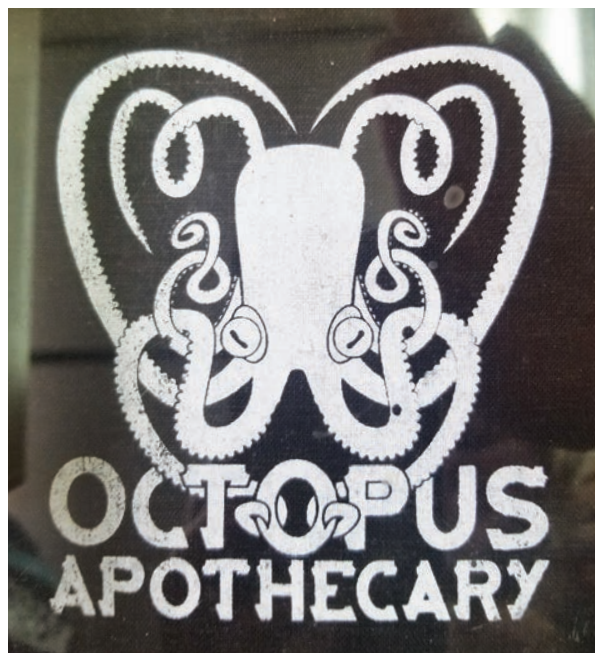
Octopus Apothecary specializes in "rare gifts for rare people," and frequently showcases products and art created by local community members.

"We're always looking for more artists who want to do commission-based (products)," Vinney said. "I want to network with more of our community and grow, because the more we all network the better we're going to succeed – small businesses, artists, etcetera."

Martin added that selling products created by local residents helps connect the store to the community.

"The local art ties into the community itself," he said. "So, we're not just being about ourselves, we're also connecting to more than just us and our costumers, were connecting to the community at large because there's a lot of talent here in Cedar and we want to highlight that talent – whether its art or a successful business down the street."

Octopus Apothecary is located at 62 ½ North Main Street in Cedar City; the store is open from 11 a.m. to 7 p.m. Monday through Saturday.



KELSEY KEENER

PEOPLE

WEDDING

Lindey & Tyce

Dan and Lauri Evans are pleased to announce the marriage of their daughter, Lindey Evans to Tyce R Matheson, son of Vance Matheson and Leslie and Derrek Adams.

They will be married in the Cedar City Temple on Saturday, December 28th, 2019. They will celebrate with family and friends at a reception that evening. Tyce and Lindey will reside in Cedar City where they will continue their education at SUU where they both are studying accounting.



WEDDING

M'Kala & Jackson

M'Kala Robinson and Jackson Lancaster were married, Saturday December 14, in the Cedar City Temple. M'Kala is the daughter of Lindy

and Jesse Robinson of Cedar City, UT. Jackson is the son of Sharon and Boyd Lancaster of Corrine, UT. The couple plan to continue their schooling at Southern Utah University.

MISSION

Ame Plummer

Sister Ame Plummer has returned from serving in the Stockholm Sweden Mission for The Church of Jesus Christ of Latter-day Saints. She will be speaking Sunday, December 29th at 10:30am at 75 west Midvalley Rd. She is the daughter of Jay and April Plummer.

90TH BIRTHDAY

Les Griffin

Les celebrated his 90th birthday! He was born December 11th, 1929 in Burbank, California. Les is the second of three sons

born to Zetta Anita (Lewis) and Leslie Marion Griffin. A longtime resident of Newport Beach, CA, Brian Head, UT, Cedar City, UT and Overton, NV, he has been active as a business owner, ski instructor, town councilman, private pilot and involved in a variety of other community activities. He and his wife Jerry have been married 71 years. They have three children, Sandi, Ralph and Steven. Les loves an adventure! Boating on Lake Mead is one of his favorites. HAPPY BIRTHDAY!!!

BIRTH

Westan James Okeson

Westan James Okeson was born on October 11, 2019 at 9:48am to Jeff and Liz Okeson of Enoch, UT. He weighed 8lbs. and was 20.5 inches long. His brothers are Teagan and Deklan Okeson



BIRTH

Aiden Angel Alvarado



Aiden Angel Alvarado was born on November 22, 2019 to Albert Alvarado and Kelsey Wayland of Enoch, UT. Aiden was

born at 10:07 AM, weighed 8 lbs. 6 oz. and was 20 in. long. Grandparents are Lucas and Paula Baldwin and Roy and Diana Arredondo. Big sisters are Syrus and Maliah. Big Brothers are Albie and Charlie.

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

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FAITH

Peace Light comes to Cedar City

from Dave **ADMIRE**

FOR IRON COUNTY TODAY

Each year an Austrian child travels to Bethlehem to obtain a flame from the grotto where Jesus was born. The flame is then flown back to Austria and distributed to delegations from across Europe who take it to their countries for use in services throughout the continent with a message of peace. The Peace Light is never extinguished.

The Peace Light, symbolic of the Light of Christ, is meant to promote peace, harmony and



GETTY IMAGES

unity among the people of the world regardless of race, ethnicity or creed.

For decades, the International Scouting movement, Boy Scouts and Girl Scouts, have actively been involved in the distribution of the Peace Light while promoting global peace and harmony. "The Light of Friendship and Peace" was first introduced to the United States in the year 2000. The sharing of the Peace Light has steadily grown each year in America, arriving this year at the JFK International Airport on December 6.

There will be a Peace Light sharing in Cedar City on Sunday, December 22, 2019 from 1-5 pm at Park Place Eatery, located at 23 W Center St. It is free and everyone is invited! Please bring an oil-filled lantern or protected candle to contain the flame and a safe way to transport it away. Share it with friends and family this holiday season.

The Peace Light is a symbolic reminder that we are one world in the name of peace and love. Let's light up our community with Peace Lights.

Thank you to the Park Place Eatery for their generous offer to house the Peace Light. They will not be open for regular business on this day.

For more information on the Peace Light go to www.peacelight.org. Merry Christmas!

2020 VISION (PART 1)



GOD'S Porch

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

MATTHEW 7

As the new year approaches and we begin pondering and preparing to make resolutions that will help us become better humans, I think Matthew 7 is a great chapter to help us improve our lives and our visions for 2020. While some verses may sound like reprimands for being human, I believe they are more like righteous reminders to help guide and guard us because we are human. Try to think of this chapter more as a charge and challenge to be a better human and live a better life next year, beginning today.

Speaking of vision; those who wear glasses will understand this week's words a speck more personally. After a particularly long day, I noticed my glasses had a spot on them. The annoying, right in your line of sight spot that can no longer be ignored. As I took them off to clean them I realized the spot was nothing compared to how dirty the whole lenses were. How was I able to still see through them all day? Whenever this happens I always wonder why I don't see (remove) the smudges and dust sooner?

Isn't this how life can be sometimes; when we don't notice things that need our attention until it feels like they are too much to handle as easily or overcome? Sometimes we might feel it's too late to even bother trying to pick up the pieces or clean up the messes. It's easier said than done to be productive even when we know exactly what to do and plenty of time to do it. Besides the many technological distractions at our disposal (smart-phones, social media, movie streaming, video-games, etc.), not being as productive as we'd like to be is not always because we are lazy, unwilling or too busy to clean, organize, reach out or repair. Sometimes we just get so used to seeing (and living with) the spots, clutter and stains that we forget about them or become blind (indifferent) to them. Until they begin interfering, it's easier to overlook them.

And how often do we judge (get frustrated, complain about) the spots, clutter, mistakes and stains in other people's lives, families, neighborhoods, communities and country, but don't make time to focus on making our own lives better, first? Why is it easier to judge and begrudge others rather than budge our own selves into action? Is that part of being human? Perhaps, but it doesn't have to be as difficult, distracting, or as destructive part of being human.

Isn't this why we have scriptures? They aren't just history lessons with nice morals at the end. They were specifically written for each of us humans because God wants us, His children, to not only see better but to live and become better. I hope we will each allow the Spirit to better prepare and purify our hearts, eyes and anything else we will need for a more enjoyable and successful journey into the next decade.

WISHING EVERYONE A
MERRY CHRISTMAS
AND HAPPY NEW YEAR!

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Local businesses join forces, donate supplies to Family Support Center

from David **CROCKETT**

FOR IRON COUNTY TODAY

Have you stopped to think about what support services are in place for parents who need assistance navigating the waters of parenthood? There are occasions when a family "safety net" isn't available, or moms and dads need the assurance that someone is there to back them up. Every family in Cedar City needs to know that help is available when it's needed.

"Protecting children and preserving families," a broad description of the invaluable role of the non-profit organization, The Family Support Center of Southwestern Utah, encompasses a number of valuable resources for families. Among their many services, the Family Support Center's nursery provides scheduled respite care so parents can participate in activities that help to strengthen their family, such as medical or mental health appointments, addiction recovery groups, self-care activities, etc.

Directed by Connie Sowards, the Center receives close to 500 children annually. The reasons are numerous. Much of the care is scheduled. Some children are brought to the center due to a family crisis or tragedy.

For children who arrive at the Center without basic provisions (i.e. a change of clothes, basic hygiene essentials, etc.), the Family Support Center makes sure those needs are met. "We want each child in our care treated like family and provided a clean, comfortable and safe environment, regardless of the circumstances that brought them to us," said Sowards.

The Center relies largely on donations from the community to provide for the needs of each child. Some of these donations come in the form of clothing that is used in their clothing exchange program, bedding, food, formula, diapers and monetary donations.

To help the Family Support Center and staff to continue providing these much-needed services, ImagePro Printing has coordinated with other local

businesses to equip the Family Support Center with personal hygiene packets for 500 children. Each kit provides a child with soap, shampoo, toothbrush, toothpaste, and a wash cloth. ImagePro Printing has also provided 500 coloring books and 500 boxes of crayons that can be used by children at the Center.

The local businesses who have donated the items in the packets include:

- » Best Western Town and Country Inn
- » Brown Dental Clinic
- » Cedar Dental Center
- » Cedar View Pediatric Dentistry
- » Courtyard by Marriott
- » Corry Dental
- » ImagePro Printing
- » Hampton Inn.
- » Holiday Inn Express
- » Brian K. Tavoian Family Dentistry
- » Springhill Suites Marriott
- » Wilson Orthodontics
- » Webster Orthodontics

"We've really come to admire the Family Support Center for what they do. We've had a wonderful business relationship with the Center for several years. The more we learn about them the more we're amazed at the scope and value of their services.

In truth, none of us can say with certainty that we would never need their services. It's good to know they are here and that they truly care about each child who comes through their facility, and for their parents. We are thankful to have this organization in our community and wanted to let them know the community supports their mission," said Mark Rowley, ImagePro's president and founder.

The personal care kits were assembled by the staff at ImagePro and delivered to the Family Support Center on December 7th. To learn more about the Family Support Center please visit www.familysupportutah.com.



COURTESY PHOTO

THE IMAGEPRO STAFF AND THEIR FAMILIES assembled the personal kits for the Family Support Center using generous donations received from local businesses.

OBITUARIES

Colleen McDonough Blackner



Our loving Wife, Mother, Grandmother, Great-Grandma and friend Colleen McDonough Blackner, passed away from this life unexpectedly on December 13, 2019. She was born in Cedar City, UT to Talmage and Yvonne McDonough on September 16, 1951. She Graduated from Cedar High in 1970, where she was active in many High School activities and was the president of the Mohey Tawa Drill team. She was a true REDMEN.

Colleen married, Bruce Blackner, her sweetheart since 7th grade, on June 18, 1970. They were later sealed in the St. George LDS Temple on February 13th, 1982, for time and all eternity. They raised 5 children, Lori, Natalie, Leslie, Burke and Danielle in Cedar City, UT. She held many jobs, but her most rewarding job was working at East Elementary as a title one aide for 28 years, there she was well respected and made lifetime friends young and old. She looked forward to spending time with her family on the mountain and during the holidays and supporting her grandkids in their various activities, going to lunch with her friends and playing cards with the club ladies. She is known as "Lenard," by many longtime friends.

Colleen was a faithful member of the church of Jesus Christ of Latter-day Saints where she served in many callings throughout her life. She loved her Savior and had a strong testimony of prayer. She always put others needs before herself and was a great role model of a wife, mother, sister and friend.

Colleen is survived by her Husband Bruce Blackner, her children Natalie (Rodney) Aldrich, Leslie (Jason) Winn, Burke (Amy) Blackner, all of Cedar City, Danielle (Carson) Gubler of Kanab. Her 16 Grandchildren and 1 Great grandson. 3 Sisters, Sandra (Wells) Webster, Hollie (Doug) Urie, Tamie Wheeler, and her brother Wade McDonough all of Cedar City. In-laws Kenneth and Carol Blackner of St. George UT. She is preceded in death by her daughter Lori Blackner Myers, Granddaughter Shelby Myers, and her parents Talmage and Yvonne McDonough.

Funeral services will be held on Saturday, December 21, 2019 at 11:00 am at the Cedar North Stake Center. A viewing will be held on Friday, December 20, 2019 from 6:00-8:00 pm at the Cedar North Stake Center and on Saturday, December 21, 2019 from 9:30-10:30 am at the Church. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Herman Pete



Herman Pete passed away peacefully in his sleep at the age of 71. Herman was born on February 16, 1948 to Wanda DeRow and Woodrow Pete Sr. in Cedar City, Utah. He was raised in Southern Utah living with family. He married his first wife Althea Benn and they had two sons together; Orlando D. Benn Sr., and Waylon G. Pete. He and his first wife divorced and he then married Wendy Benn and had one daughter; Josephine J. Pete.

In his youth he worked on a farm in Enterprise, Utah. He was also a cook for some time before he joined the Army. While in the army he went to many places including Germany where he often reflected back on his time there. After serving his time in the Army he got into construction where he worked alongside many people who say he was a great worker. He loved to work on cars, go hunting and fishing with grandchildren, watch sports, and go to Mesquite.

He is preceded in death by both his parents, older brother Luther Frank, brother Floyd B. Drye, sister Roselyn Pete, his first wife Althea Benn. He is survived by his wife, Wendy Benn; his sons, Orlando Benn Sr. (Bridget) and Waylon Pete (Charmaine); his daughter, Josephine J. Pete; his loving furry companion Dine Dine; his brother Woodrow Pete Jr.; along with many nephews, nieces, and cousins.

Services will be held at the Rock Church on Saturday 21 of December at 12 PM. A viewing will take place at 10:30 AM - 11:30 AM and will be followed by the services at noon. Interment will be in the Cedar City Cemetery under the direction of Affordable Funeral Services, 2002 North Main, Cedar City Utah (435-586-3456) Family and friends are welcome to attend.

Online Condolences can be sent to his memorial page at www.affordablefuneralservices.com.

OBITUARIES

Kathleen Dalley



Kathleen Dalley, 74, passed away December 14, 2019 in Cedar City, Utah following a stroke.

Kathleen was born March 19, 1945 in Cedar City to Hyrum Ivan and Susannah Jones Dalley. She grew up in Summit surrounded by loving relatives and friends. She attended school in Cedar City. She enjoyed the monthly lunches with her Cedar High 1963 classmates.

She spent her working years as a bookkeeper in Salt Lake City. Following her retirement, she moved back to Summit.

Kathleen always adored babies and children. She satisfied this love by borrowing neighbors' children and being The Favorite Aunt.

She was a faithful member of the Church of Jesus Christ of Latter-day Saints. She loved temple service and ministering to her neighbors.

She loved to read and watch cooking shows and major league baseball.

She loved decorating for all of the holidays. She especially loved Christmas. She collected nativity sets and Night Before Christmas books. "She'll be home for Christmas." We believe she is having a joyous reunion with her loved ones.

She was preceded in death by her parents, her sister Mary Jane Rasmussen, her brother and sister-in-law Ivan Leon Dalley and Pat Dalley, her brother-in-law Kenneth Vern Aston and two nephews, Jeff and Craig Dalley.

She is survived by her sister Bonnie Aston, her brother David J. Dalley and his wife Rene, her sister Maxine Munson and her husband Scott, her brother-in-law Paul Rasmussen and his wife Peggy, and many nieces and nephews.

Funeral services will be Saturday, December 28, in the Summit Ward Chapel at 11 a.m. Visitation will be from 9:30 to 10:30 a.m. Burial will be in the Summit Cemetery.

Online condolences can be sent to Kathleen's memorial page at www.affordablefuneralservices.com.

Nathan Wilhelm Herbert Ludwig



Nathan Wilhelm Herbert Ludwig – (Nate the Great), 53, passed away on Tuesday, November 26, 2019 in Murray, UT. Nathan was born December 2, 1965 in Manila, Philippines. He is the son of Evan Herbert and Margarete Wilma Barbara Ludwig.

Nathan is survived by his son, Wesley and daughter, Marsha. He is also survived by his father and mother and six siblings; Martha Beacco, St. George, UT, Marcus Ludwig, Dallas, TX, Tonja Fox, Cedar City, UT, Heidi Ludwig, Afton, WY, Daniel Ludwig, Parachute, CO and Sahra

Hiss, Spanish Fork, UT.

Nathan attended Cedar City High School, (Home of the Redmen) and served a mission for the Church of Jesus Christ of Latter-day Saints in the Anaheim California Mission. Upon returning home, Nathan earned a degree in Math and Science from Southern Utah University.

Nathan was a beloved brother and friend. When we think of him, we remember his kindness, his acts of charity and his humility. Nathan was never assuming. He only saw the good in others and always found the good humor in the downside of things, choosing to remain positive when the situation seemed otherwise.

Nathan will be remembered for his many likes and passions as a youth and teenager, like the games he loved to play and the foods he loved to eat. But as the pages of time turned from youth to manhood, Nathan will be remembered for the work he did for his ancestors in the House of the Lord. Nathan loved the temple and the people he served with. The time he spent in the temple gave him hope and increased faith in the future.

Nathan's passing has caused a pause in our lives. In a large family like ours, we never really thought about who would pass first, or about a child passing before their parents. Death was something we weren't prepared for.

Nathan, we miss you. God be with you 'til we meet again.

There will be a memorial service held on December 26, 2019 at the Cedar Stake Center, 155 E 400 S, in Cedar City, UT.

Nellie Rae Mecham



Nellie Rae Whatcott Mecham passed away on December 12, 2019, in Cedar City, Utah, with her sweet husband, Stan, by her side. Nellie Rae was born January 30, 1942, to Alfred Elihu and Leila Larson Whatcott in Cedar City, Utah. She met and married N. Lyle Fullmer from Idaho on January 11, 1963. They later divorced in June 1974. In January 1978, she began dating Stan Mecham from Tropic, Utah. When Nellie Rae was a little girl she dreamed of marrying a cowboy. When she married Stan on October 14, 1978 that dream came true. They have shared 41

wonderful years together and have a great love for each other. They worked really hard at putting two families together and making our house a home. Nellie Rae became the step-mother to Stan's four children: Debi, Clint, Harvey, and Mclain Mecham. Nellie Rae and Stan were also blessed with two more children, Bode and Zane.

She is survived by her husband, Stan Mecham, children—Debi (Jim) Miller, Henderson, NV; Francine (Stonnie) Pollock, Midland, TX; Mclain (Merrilee) Mecham, Tropic; Jan (Angie) Fullmer, Henderson, NV; Barbile (Tracy) Feltner, Cedar City; and Bode (Taryn) Mecham, Cedar City; 31 grandchildren and 39 great-grandchildren siblings: Ferry (Ben) Baldwin, Cedar City; Mazie Burris, Centerville; Don (Linda) Whatcott, Argyle, TX. Nellie Rae is preceded in death by her parents; Stan's parents, Malen and Angelyn Mecham; son, Zane; step-sons: Clint Mecham and Harvey Mecham; daughter-in-law, Tad Mecham; and sister-in-law, Margaret Mecham.

The family wishes to extend a special thanks to the CNA's and nurses at The Beehive Home, Cedar City Health & Rehab, and the Zion's Way Hospice team who took such kind and tender care of Nellie Rae during her last few months, especially the loving attention that was given by Ellen and Colleen in her final days.

Funeral services will be held Friday, December 20, 2019, at 12:00 Noon in the Tropic Ward Chapel. Friends may call at the ward chapel from 10:00 a.m. to 11:30 a.m. Burial will be in the Tropic Cemetery. Funeral Directors: Magleby Mortuary, Richfield, Salina and Manti. Online guestbook at www.maglebymortuary.com

Walter Leo Messinger



Walter Leo Messinger, 99, surrounded by his loving family, was reunited with his eternal sweetheart, Barbara, on Dec 11th, 2019 in Riverton, Utah after fulfilling a wonderful life.

Walt was born Oct 3rd, 1920 to Clyde L. Messinger and Hilda Parkinson in Beaver, Utah. He married Barbara Marshall Gressman, on Dec.8, 1954. They were later sealed in the St. George Temple on April 16, 1966. Barbara died Jan. 3 2012. They had two sons; Robert L. Gressman (married to Margie Hollingshead) and Paul A. Messinger (married to Paula Wright). They have 8 grandchildren, 16 great grandchildren, and 5 great, great grandchildren.

Walt was raised in Beaver, UT. He lived a short time in Minersville, UT, and then a majority of his married life in Cedar City, UT. Ten years ago, he and Barbara moved to live with their son, Robert, in Riverton, UT.

He was a proud WWII and Korean war veteran. He served in many LDS callings and also served 35 years in the scouting program. He enjoyed hunting and fishing. He was always seen with his wife Barbara, until she passed away. He loved spending time with his family and grandchildren.

He was loved by everyone who knew him. He was known as being a hard worker, an extremely kind and patient man, and one who always spoke funny one-liners.

Siblings: Brother Arlo Messinger (1916-1990), Fay Messinger 1918 – lives in Boise, Idaho, Sister Ethel Jean Barton 1922-2018. Marie Powell 1937-2015. Shirley Morris 1939 – lives in Beaver.

Services will be held on Thursday, December 19th at Deer Mountain chapel 2742 W. 14400 S. Bluffdale, UT. Viewing 9am to 10:30am. Funeral service 11:00am. The same day, a graveyard service will be held at the Minersville Cemetery at 4 pm under the direction of Southern Utah Mortuary. Online condolences can be sent to www.summortuary.com.

Carole Theresa Lucas



November 1, 1936 - December 12, 2019
It is with heavy hearts that we inform you of the passing of our mother and grandmother Carole Theresa Lucas. Carole passed away on December 12, 2019, in Cedar City, Utah from dementia and other illnesses. Carole was born on November 1, 1936 in Cleveland, Ohio to Theresa Marie Haydu and Joseph Haydu. She will always be remembered as a social butterfly who loved her family and friends. She enjoyed jewelry, bowling, crocheting afghans, and making floral arrangements.

She is survived by her significant other Robert Allen of Cedar City, Utah, 3 children Cindy Bizal (Jim) of Norco, California, Cathy Sparkman (Rick) of Cedar City, Utah, and Chris Lucas (Jennie) of Norco, California, several grandchildren and great grandchildren. Carole was preceded in death by her husband William Lucas, her father Joseph Haydu, her mother Theresa Marie Haydu, and her brother Ronnie Haydu. She will be deeply missed.

Jeffrey Guy Johnston



Jeffrey Guy Johnston passed away December 14, 2019, due to complications from septic shock. He was surrounded by his wife, his brother and many of his wonderful friends. He was born January 19, 1948 in Santa Monica, California to Phillip and Margaret Johnston. He has an older brother James (Rocky) Edge in Parowan, UT and a sister Katherine Johnston in Bozeman, MT. His younger brother Kelley Johnston in Melbourne, Australia passed away earlier this year. He has several nephews and nieces also.

Jeff grew up on Torrance, California

and learned to surf at an early age when his brother Rocky bought him his first surfboard. Rocky also taught him how to sail when he was younger. He met his wife Pam in 1969 at a club called The Flying Jib in Redonda Beach, CA, now where Dive-N-Surf is located. After spending the 69/70 ski season working in Aspen, CO they married in January 1971. Jeff and Pam were inseparable in all of their life's endeavors. They are soul mates to the core.

Jeff bought a Pacific Catamaran in 1975 and they began racing with the fleet along the coast (and sometimes Lake Havasu) and retained the friendships developed there. He also had motorcycles and they went dirt bike riding almost every weekend in the desert while living in California.

After being a VW mechanic in Redondo Beach, Jeff got his real estate license and started investing in property. However, in 1980 Jeff and Pam moved to Brian Head, UT and helped manager the Chalet Village complex. He met many of his close friends in Utah but also kept many of his old friends from California. They moved to Parowan in 1986 and proceeded to build, from the ground up, Brian Head radio station 98.1FM which was called Classy 98 and is now known as the Star 98. They put 98.1 on the air in November 1988 and ran it for 11 years. They sold the station in 1999 and built Oak Storage in Parowan in 2001. They kept Oak Storage for 11 years and sold it in 2013.

Every Summer, Jeff would spend his days fishing, sailing and kayaking at the log lake house they have in Minnesota where he developed wonderful friendships with the neighbors along the lake. He loved his 2006 Unlimited Jeep and would make yearly treks to Moab with friends he met throughout the years, and he was out almost daily in the deserts around Southern Utah. His sharp sense of humor, intelligence, and fun will be sorely missed.

Online condolences can be sent to www.affordablefuneralservices.com.

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

Sports

SCORES & RECAPS
FROM COMPETITION
IN IRON COUNTY

LADY REDS SHUT DOWN TIGERS

by Tom ZULEWSKI

IRON COUNTY TODAY

HURRICANE — They were coming off their first loss in nearly two full years, but the Cedar Lady Reds weren't about to let that feeling linger in their heads with the Region 9 opener at Hurricane looming.

All drama and any remaining self-doubt were quickly squashed by the end of the first quarter, and a suffocating defense helped Cedar get back on track heading into its busiest stretch of the young season.

Japrix Weaver led the way with 11 points, and 10 players found the stat sheet as Cedar steamrolled over the Hurricane Tigers, 56-23 on Dec. 11. The Lady Reds held the home team without a field goal until early in the second quarter and never let up as they won their 19th straight game in region play.

After the loss to Bishop Gorman five days earlier, Cedar head coach Corry Nielsen put one simple message on the board in his office for the team.

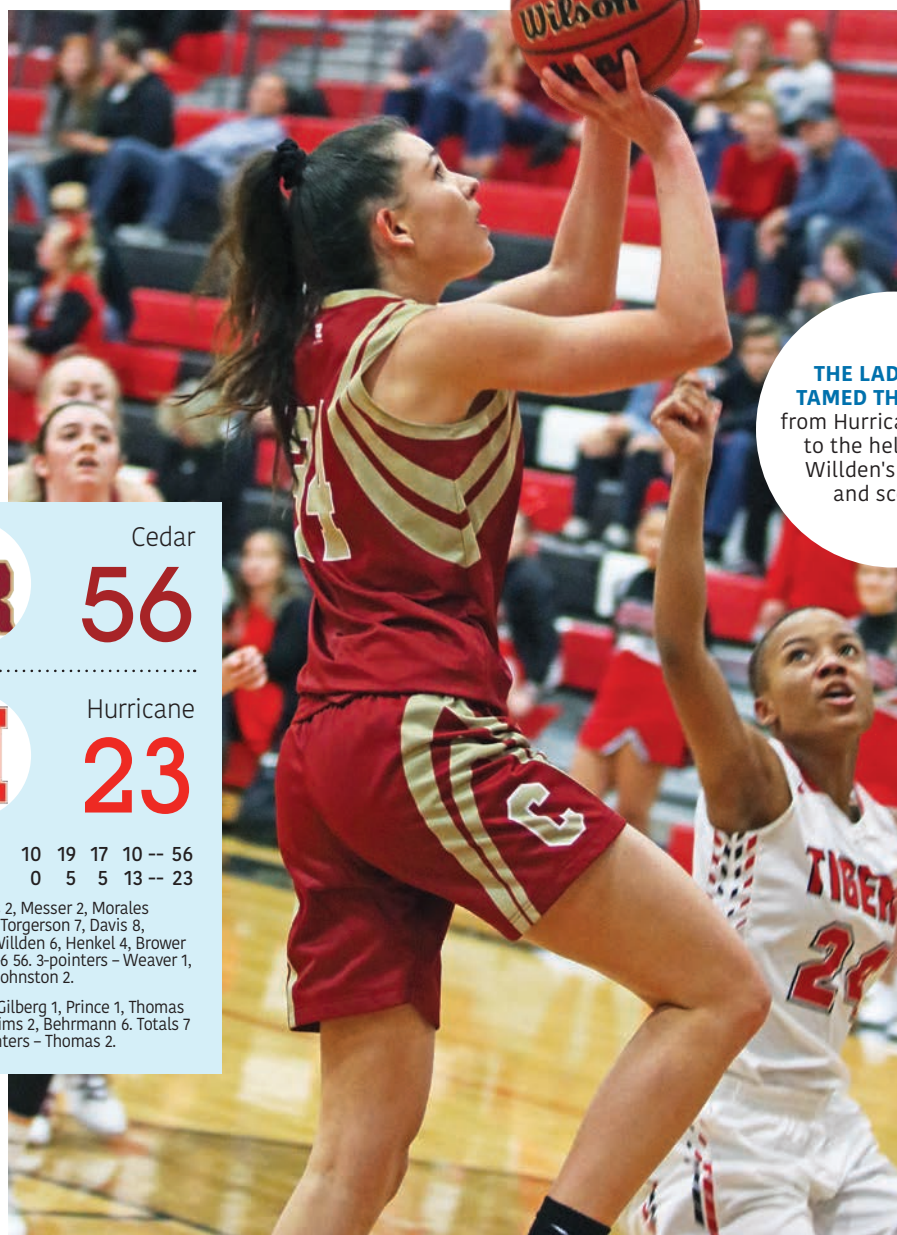
"How do champions respond? We hadn't been beaten in (22) months, and the girls were not happy on the bus trip back home," Nielsen said. "This was a region game, so there was extra motivation to play Cedar basketball."

The Lady Reds led 10-0 after a quarter and 29-5 at the half. Hurricane didn't reach double figures until the final minute of the third quarter when Brooke Thomas drained a 3-pointer. Both sides used their reserves throughout the fourth quarter, and the Tigers outscored the Lady Reds, 13-10.

It was a strong statement of challenge for Nielsen, who allowed the players to run practice the day before.

"They made the schedule out, ran the drills, and I sat back and watched," Nielsen said. "I interjected every so often, but the captains did everything."

Junior Sam Johnston said the loss



THE LADY REDS TAMED THE TIGERS from Hurricane thanks to the help of Jadi Willden's defense and scoring.

	Cedar
56	
	Hurricane
23	

Cedar	10	19	17	10	--	56
Hurricane	0	5	5	13	--	23

Cedar — Laws 2, Messer 2, Morales 6, Weaver 11, Torgerson 7, Davis 8, Johnston 6, Willden 6, Henkel 4, Brower 4. Totals 24 4-6 56. 3-pointers — Weaver 1, Torgerson 1, Johnston 2.

Hurricane — Gilberg 1, Prince 1, Thomas 7, Hinton 6, Sims 2, Behrmann 6. Totals 7-12 23. 3-pointers — Thomas 2.

at Bishop Gorman was a driving force for her and her teammates.

"We were definitely heartbroken after that loss," she said. "We were really focused on this game, and we knew what we had to do to be better and be ready."

The Lady Reds went on the road for the remainder of the week and won two of the three games, opening with an 86-33 drubbing of Timpanogos on Dec. 12. Cedar outscored the Timberwolves by 28 in the first half and 25 in the second.

Mayci Torgerson led three players in double figures with 24 points for the Lady Reds, while Weaver added 15 and Logan Laws chipped in with 14.

Defending 6A champion Bingham beat Cedar one day later, hanging on for a 46-43 victory. The teams were tied 18-18 at the half, but the Miners outscored the Lady Reds 18-7 in the third quarter before holding on.

Weaver and Torgerson led Cedar with 11 points apiece and Denim Henkel — who sat out most of the fourth quarter with an injury in the

Hurricane game before returning — added nine.

The Lady Reds completed the trip with a 65-51 win over 6A state finalist Copper Hills on Dec. 14 to improve to 4-2 on the season. Torgerson led all scorers for Cedar in the win and reserve Abby Davis added 12.

Cedar returns to Region 9 play with a home game against Dixie tonight starting at 7 p.m.

The Canyon View Falcons opened region play on a rough note Dec. 11, falling 73-40 on the road to the Dixie Flyers. CV was held to just 16 points after halftime as Dixie pulled away for the win.

CV SPLITS PAIR

Ashlyn Banks and Harlee Nicoll had 11 points each for the Falcons in the loss.

Canyon View got back on the winning track Dec. 14 with a hard-fought 39-38 home win over Bryce Valley. The game was close throughout, but the Falcons evened their overall record on the season at 3-3.

CV will continue region play tonight with a home game against Snow Canyon that starts at 7 p.m.



JR ROBINSON

THE CV FALCONS HAD A DIFFICULT LOSS ON THE ROAD to Dixie, but returned home and soared to victory over Bryce Valley.

Stetson Wright makes history at Wrangler NFR

by Tom ZULEWSKI

IRON COUNTY TODAY

LAS VEGAS — While most of the attention has gone to his brothers at the Wrangler National Finals Rodeo, Milford's Stetson Wright knew his moment in the sun would come around soon enough.

The 21-year-old didn't get the saddle bronc title like his dad and three brothers have, but the rookie grabbed his own slice of history with the biggest title of all at the Thomas & Mack Center on Dec. 14.

Despite missing a month of the season with a broken jaw and failing to score on his 10th go in bull riding, Stetson became the fifth family member to win a gold buckle, capturing the all-around title with a money total of \$297,922, beating out team roping world champ Clay Smith by more than \$18,300.

Wright's fifth-place check in the average for bull riding, which was good for \$22,846, put him over the top and into championship history, becoming the first rough-stock cowboy since Ty Murray in 1998 to win in the category.

Even after missing all of July following the injury that happened after a rodeo in Cheyenne, Wyo., Stetson wasn't about to let it slow him down from the moment that came to life under the bright lights at the biggest PRCA rodeo of the year.

"I won everywhere I went, big and small," Wright said. "It wasn't enough to help me in the bronc riding, but it was enough to help me win this. I've counted my blessings all year and haven't overlooked anything or anyone. I appreciate all of my wins and I'm glad I'm here."

As the final day began, Stetson watched as team roping header Clay Smith — his closest challenger for the all-around title — collected a fourth-place finish in



THE WRANGLER NATIONAL FINALS RODEO DIDN'T DISAPPOINT with performances by gold buckle winner Stetson Wright and his Wright brothers from Milford, UT.

Round 10 and a sixth-place average check to temporarily move into the money lead.

Stetson knew he wanted a challenge, and it's exactly what he got.

"I was rooting for the other guys," he said. "I didn't want to win at

their lowest point.

I wanted to beat them at their best point or have them beat me at theirs."

Stetson was able to score on five of his 10 bull rides, winning two rounds and earning \$114,923 for the 10 days in Las Vegas, almost identical to his regular-season total in the category of \$115,054.

Among the rest of the Wright family, Ryder Wright closed a rough NFR with his best score in the final go-round of saddle bronc. His 88.5-point ride aboard Dakota Rodeo's Bartender was good for a three-way share of third-place money in his third cash of the rodeo.

Despite starting the WNFR with a big money lead, Ryder finished third for the season with \$273,129. Brody Cress won Round 10 and the average title to pass Wright for second place with \$286,371.

Spencer Wright, the 2014 world champion, finished second in the average and fourth for the season with \$258,014. Rusty Wright tied for sixth with an 87.5-point ride in the final round and finished fifth in the money with \$241,153.

Jesse Wright, the 2012 champion, earned a seventh-place average check and finished 11th for the 2019 season with \$155,159.

Canadian Zeke Thurston won three rounds at the WNFR and finished the year with \$347,055, good for his second saddle bronc gold buckle in the last four years (2016).



STETSON WRIGHT POSES WITH HIS MOM, EVELYN, and the champion's gold buckle after winning the all-around title at the 2019 Wrangler National Finals Rodeo in Las Vegas on Dec. 14.

Scoreboard

SCORES

Boys Basketball

12/10 Cedar 40, Hurricane 37
Dixie 71, Canyon View 42
Crimson Cliffs 69, Snow Cyn. 54
Pine View 48, Desert Hills 47

Girls Basketball

12/11 Cedar 56, Hurricane 23
Dixie 73, Canyon View 40
Snow Cyn. 76, Crimson Cliffs 29
Desert Hills 63, Pine View 58

STANDINGS

Region 9 Boys Basketball

	REGION	OVERALL
Dixie	1-0	5-1
Cedar	1-0	4-1
Pine View	1-0	4-1
Crimson Cliffs	1-0	4-1
Hurricane	0-1	3-1
Desert Hills	0-1	2-3
Snow Canyon	0-1	1-3
Canyon View	0-1	1-4

Region 9 Girls Basketball

	REGION	OVERALL
Snow Canyon	1-0	5-0
Desert Hills	1-0	4-0
Dixie	1-0	5-2
Cedar	1-0	4-2
Pine View	0-1	5-3
Canyon View	0-1	3-3
Hurricane	0-1	2-5
Crimson Cliffs	0-1	1-3

Region 18 Boys Basketball

	REGION	OVERALL
Kanab	0-0	8-0
Parowan	0-0	5-0
Beaver	0-0	4-2
Enterprise	0-0	6-4
Millard	0-0	4-4

Region 18 Girls Basketball

	REGION	OVERALL
Kanab	0-0	7-1
Millard	0-0	5-3
Enterprise	0-0	4-5
Parowan	0-0	1-3
Beaver	0-0	1-4

SCHEDULE

Boys Basketball

12/17 Cedar at Dixie
Canyon View at Snow Canyon
Crimson Cliffs at Pine View
Hurricane at Desert Hills

Girls Basketball

12/18 Dixie at Cedar, 7 p.m.
Snow Cyn. at Cyn. View, 7 p.m.
Pine View at Crimson CL, 7 p.m.
Desert Hills at Hurricane, 7 p.m.

Flyers start fast, run over Falcons

by Tom ZULEWSKI

IRON COUNTY TODAY

For its Region 9 opener, the Canyon View Falcons faced an opponent that seemingly couldn't miss from anywhere on the floor. By the time the first quarter came to an end, it was the start of a very long night for the home team.

Isaac Finlinson hit a pair of 3-pointers in a 15-1 run that broke the game open, and Dixie would go on to a convincing 71-42 rout over Canyon View on Dec. 10 to begin the Region 9 season. After dropping three of four games at the Legacy Tournament in Las Vegas to start the year, head coach Robbie Potter said the Flyers' hot start only made matters harder for his young team.

"It was a collection of all the perfectly wrong things to go wrong," he said. "We're not hitting shots, they're not missing, and we're not making adjustments. The snowball rolled in a hurry."

Dixie led 24-8 after a quarter and built the lead to as many as 32 points in the second half. Jordan Matthews led the list of 11 Flyers who scored with 21 points and Finlinson added 19 to go with five 3-pointers. Only two Falcons carried nearly all of the scoring load as Jaxon Jorgenson led the way with 20 points and Trevor Farrow had 18 along with four 3-pointers.

CV traveled to play its last region game before the Christmas break Tuesday at Snow Canyon, which was too late for press deadline.

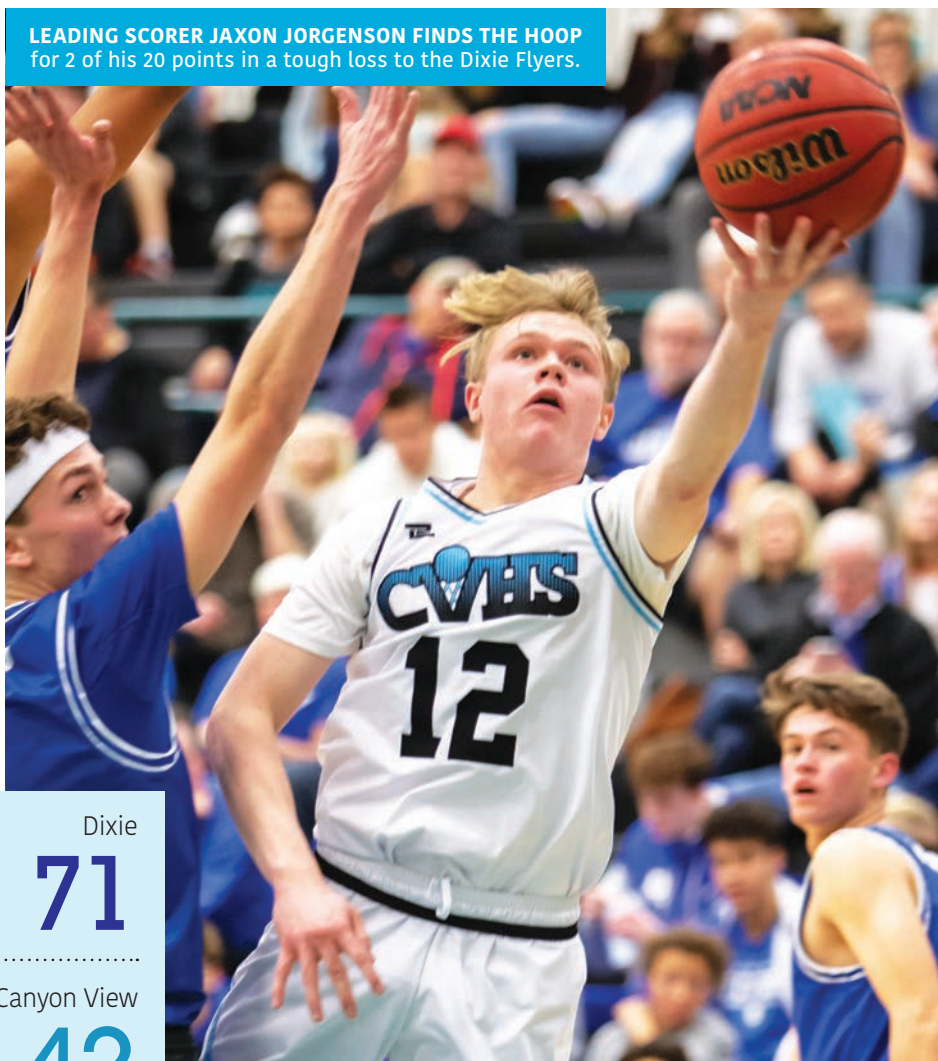
Across town, the Cedar Reds

REDS EDGE TIGERS IN REGION OPENER

continued its strong start with a 40-37 win over Hurricane in its Region 9 opener Dec. 10, only the third at home since the 2016 season. Cedar had a nine-point halftime lead at 26-17, but Hurricane battled back by outscoring the Reds 12-4 in the third quarter to close the gap.

Dallin Grant led Cedar with 12 points and Luke Armstrong added 11. Bryce

LEADING SCORER JAXON JORGENSEN FINDS THE HOOP
for 2 of his 20 points in a tough loss to the Dixie Flyers.



JR ROBINSON



Dixie

71



Canyon View

42

Dixie 24 15 20 12 -- 71
Cyn. View 8 10 12 12 -- 42

Dixie – Rich 2, Forsey 4, Finlinson 19, Bennett 4, Larkin 2, Lemke 7, Matthews 21, Schultz 4, Gledhill 2, Jones 2, Cox 4. Totals 26 14-15 71. 3-pointers – Finlinson 5.

Canyon View – Farrow 18, Zobel 2, Jorgenson 20, Jensen 1, Spencer 1. Totals 15 8-15 42. 3-pointers – Farrow 4.

Thomas and Daxton Dayley led the Tigers with 11 points each in the loss.

The Reds would extend their best start in eight years to 4-0 with a 54-41 road win at Cedar Valley on Dec. 13. Jorge Santana-Reyes

led the way with 14 points and Grant added 12 as Cedar built a 33-17 halftime lead before cruising to the win.

To complete the weekend trip, Cedar fell for the first time this season, 83-79 in overtime at Lehi. The Reds trailed 45-29 at the half, but wiped out the deficit by the end of the third quarter, outscoring the Pioneers 22-6 to pull even at 51-51 heading to the fourth.

Grant led all scorers with 36 points and Santana-Reyes added 16, but Cedar couldn't overcome four Lehi players in double figures, led by 22 from Noa Gonsalves.

Cedar played its final region game before the holiday break Tuesday at home against Dixie, which was too late for press deadline.



COREY BAUMGARTNER

TREYTON TEBBS BEATS HIS TIGER DEFENDER TO THE HOOP to score a valuable basket in a close victory for the Reds.



Parowan

66



Gunnison

52

Ram boys hoops stay perfect on season

by Tom ZULEWSKI

IRON COUNTY TODAY

The Parowan Rams had a struggle on its hands as its non-region schedule continued Dec. 10, but Krue Stubbs and Shaydon Benson rescued their team at the right times.

The pair combined for 37 points (23 and 14, respectively) as Parowan improved to 4-0 by beating Bryce Valley 53-47 in overtime to improve to 4-0 on the season. The Rams had a seven-point lead entering the fourth quarter, but were outscored 14-7 to force the extra four minutes.

Max Topham added nine points and eight rebounds in the win for Parowan.

On Dec. 13, the Rams returned home and won its fifth straight game to start the season, beating the Gunnison Bulldogs, 66-52. Benson led three Rams in double figures with 21 points and Topham added 20 as Parowan built a 31-18 halftime lead before cruising to the win.

Topham also delivered seven rebounds and nine assists for the Rams, who will play at South Sevier tonight before wrapping up the pre-Christmas portion of the schedule with a home game against Duchesne on Friday.



BAILEY OSWALD POSES WITH HIS PARENTS after signing his letter of intent to join the SUU track team on Dec. 13.

DANNY LEWIS

Oswald signs letter of intent with SUU track

by Tom **ZULEWSKI**

IRON COUNTY TODAY

As most teenagers who come to a new school try to do, Cedar senior Bailey Oswald tried basketball and track and field when he came to campus two years ago from Austin, Texas.

When all was said and done, track and field made Oswald's day more than good enough for him to move his talents up to the collegiate level.

Oswald signed his letter of intent in front of a room full of teammates and coaches Dec. 13 to join the track team at Southern Utah after he completes his LDS Church mission following graduation in the spring. He'll run cross country, work as a mid-distance runner (800, 1500 meters) during the outdoor season and "wherever I'm needed" at the indoor season.

"We've tried to create a family atmosphere on our team. Bailey enjoyed basketball, but he liked our atmosphere," Cedar head coach James Davidson said. "Our cross-country team did pretty well, too. It's one of the things I tell the

kids. If you're out competing and want to do really well, you have to have fun at it, too. When you enjoy what you're doing, you'll do a lot better at it."

Oswald improved from a 14th-place showing as a junior by finishing second along with his Reds teammates at this year's 4A state meet in October. His time of 15 minutes, 44.9 seconds was just ahead of Stansbury's Josh Oblad, which denied the Stallions a 1-2 individual finish.

The success played a major part of why Oswald settled in to the running world, but the team dynamic certainly helped when it came time to visit SUU and assistant coach

Brent Springall.

"He's super nice and friendly, not as strict," Oswald said. "Joke around, but be serious."

"I like the atmosphere of running better than basketball. The coaches are nicer and they know if you don't do better than someone, you're still really good. You don't have to be your best all the time."

After the visit, Oswald was convinced SUU was the place for him.

"I like the atmosphere of running... (The coaches) know if you don't do better than someone, you're still really good."

» **Bailey Oswald**

Knight III lifts Southern Utah past UC Santa Barbara

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMMUNICATION

CEDAR CITY — For the second-consecutive home game Southern Utah's John Knight III scored the go-ahead basket for the Thunderbirds, which eventually gave them a 62-61 victory. There were just 54 seconds on the shot clock when he made the shot, and after some free throws back-and-forth the T-Birds snapped UC Santa Barbara's five-game winning streak.

The victory moves the T-Birds to 6-4 overall this season, with a 4-0 record inside the America First Event Center.

"It was a hard-fought game against a very good team," SUU head coach Todd Simon said following the contest. "That's a well-respected Santa Barbara team. They do a good job, they're older with experienced players and they're well coached. We knew we'd need every second and every possession to get that one."

The first half started incredibly close, as it stood at 18-18 with 7:34 remaining in the opening frame.

In the closing minutes of the first half the T-Birds went on a 6-0 run, and eventually took a 32-29 lead into the halftime break.

The T-Birds built an eight point lead in the second half, and were in control with 8:24 to play. UCSB

quickly climbed back into the game, however, and the contest was tied with under two minutes to play.

As the game came to a close, the Thunderbirds made the right plays down the stretch, including Knight's go-ahead basket with under a minute remaining to claim the victory.

The Gauchos started the second half on a 7-0 run, but the T-Birds quickly made up the ground and the game was tied up at 38-38 when the first media timeout of the frame was called.

Knight III finished the contest with 19 points to lead all scorers.

Harrison Butler had a double-double, scoring 10 points and pulling down 10 boards. Maizen Fausett was the third T-Bird in double figures, scoring 11 points.

SUU held an 8-0 advantage in fast break points, and scored 12 points off UCSB's turnovers.

The Thunderbirds will be back on the road Thursday as they'll head to Long Beach, California, to face off against Long Beach State. Tip is set for 8 p.m. MT.

Follow the Thunderbirds all season @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

Read all about the Thunderbirds on www.suutbirds.com.



JOHN KNIGHT III RISES TO THE OCCASION once again to help the SUU Thunderbirds secure another close but well deserved victory.

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LEGAL NOTICES

NOTICE OF JUDGMENT OF FORFEITURE

THE STATE OF UTAH gives notice to any person or entity claiming an interest in certain property (“the Property”) described as:

Eight Thousand, Five Hundred Dollars (\$8,500.00) in United States currency.

The Honorable Judge Barnes of the Fifth Judicial District Court for Iron County, State of Utah, has entered a “Judgment of Forfeiture” in Case no. 191500542 forfeiting the Property to the State of Utah. Any claim you may have to the Property will be waived if you fail to file a written petition with the court at 40 North 100 East, Cedar City, Utah 84720 and serve a copy upon the state prosecutor addressed to Chad E. Dotson, 82 North 100 East, Suite 201, P.O. Box 428, Cedar City, Utah 84720 according to the procedures outlined in Utah Code Ann. § 24-4-105(10) within thirty (30) days of this notice.

Published December 11 & 18, 2019
Iron County Today • ICT #0202

PUBLIC NOTICE

State Bank of Southern Utah, with its main office headquartered at 377 N Main Street, Cedar City, Utah, 84721, hereby provides notice of its intent to establish a domestic branch of its banking operations in Escalante, Utah, on property located at 250 W Main Street. Any person wishing to comment on this application may file his or her comments in writing with the regional director of the Federal Deposit Insurance Corporation at the appropriate FDIC office located at 25 Jessie Street at Ecker Square, Suite 2300, San Francisco, California, 941 05, ATTN: Kathy Moe, Regional Director, not later than 15 days after the date of this publication The non-confidential portions of the application are on file at the appropriate FDIC office and are available for public inspection during regular business hours. Photocopies of the non-confidential portion of the application file will be made available upon request. Published in the Iron County Today newspaper on December 18, 2019.

Published December 18, 2019
Iron County Today • ICT #0203

ADVERTISEMENT FOR BIDS

Cedar City is accepting separate sealed Design-build BIDS for the Bicentennial Grounds Pre-Fab Steel Building Project according to specifications prepared by the City. If you are interested in submitting a Bid, Project Specifications and Bid information will be available December 18, 2019 and can be obtained from Michal Adams, Engineering Secretary, 10 N. Main, Cedar City, Utah 84720 - Tel: (435) 586-2963, or amichal@cedarcity.org. The Bid Documents can be obtained either electronically for free or in hard copy for a non-refundable fee of \$30 per set. The deadline for submitting the bid is 2:00 p.m. on January 16, 2020. The right is reserved by Cedar City to reject any and all Bids.

Cedar City Corporation
Kit Wareham, P.E.
City Engineer

Published December 18, 2019
Iron County Today • ICT #0211

PUBLIC NOTICE

The Cedar City Council will hold work meetings on the first and third Wednesday of each month and regular meetings on the second and fourth Wednesday of each month during 2020, with some exceptions. The adopted meeting schedule is as follows:

January		July	
8	Work	1	Work
15	Action	8	Action
22	Work	15	Work
29	Action	22	Action
		29	No Meeting
February		August	
5	Work	5	Work
12	Action	12	Action
19	Work	19	Work
26	Action	26	Action
March		September	
4	Work	2	Work
11	Action	9	Action
18	Work	16	Work
25	Action	23	No Meeting
		30	No Meeting
April		October	
1	Work	7	Action & Work
8	Action	14	Action
15	Work	21	Work
22	Action	28	Action
29	No Meeting		
May		November	
6	Work	4	Work
13	Action	11	No Meeting
20	Work	18	Action & Work
27	Action	25	No Meeting
June		December	
3	Work	2	Action & Work
10	Action	9	Action
17	Work	16	No Meeting
24	Action	23	No Meeting
		30	No Meeting

The meetings will be held at 5:30 p.m. in the Council Chambers at the City Office, 10 North Main, Cedar City, Utah.

PUBLIC NOTICE

The committees and boards for Cedar City will hold their 2020 regular meetings at the City Offices, 10 North Main Street, Cedar City, Utah. They are as follows:

Board of Adjustments: First Monday of each month – 5:15 p.m.

Planning Commission: First & Third Tuesday of each month – 5:15 p.m.

Redevelopment Agency: Meet as needed

Municipal Building Authority: Meet as needed

Other committees appointed by the Mayor will meet as needed.

PUBLIC NOTICE

The Cedar City Library Board will hold regular meetings on the third Tuesday of each month during 2020 except for July and December. The meetings will be held at 12:00 p.m. at the Public Library, 303 North 100 East, Cedar City, Utah.

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NOTICE OF TRUSTEE’S SALE

NOTICE IS HEREBY GIVEN that the following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of the sale, at entrance to the IRON COUNTY COURT-HOUSE located at 40 N. 100 E., Cedar City, Utah, 84720, on Monday, January 13, 2020, at 1:00 p.m., for the purpose of foreclosing on an All-Inclusive Deed of Trust with assignment of rents, originally executed by Russell Burt, as Trustor, and Evan Rose and Cynthia Rose as Beneficiaries. The All-Inclusive Deed of Trust is dated July 1, 2015 and recorded on July 1, 2015, as Entry No. 00671599, Book 1317, Pages 1313-1316, in the official records of the Recorder of Iron County, State of Utah, and includes property more particularly described as follows:

Parcel: A-0477-0000-0000
Address: 200 S. 500 W., Parowan, UT 84761
Legal: N 6 RDS OF LOT 4, BLK 69, PLAT B, PAROWAN CITY SURVEY; LESS W 100.11 FT.

A Substitution of Trustee was recorded on January 28, 2019 as Entry 00724346, Book 1435, Page 273 and a Notice of Default was recorded on August 29, 2019 as Entry 00732882, Book 1455, Pages 1341-1342 in the official records of the Recorder of Iron County, State of Utah.

The Substitute Trustee has elected to sell or cause to be sold all rights, title and interest of the Trustor in and to the real property described in the aforementioned Trust Deed in order to satisfy such obligations in favor of the Beneficiary.

Bidders must tender to the Substitute Trustee a deposit of five thousand dollars (\$5,000.00), at the time of sale and the balance of the purchase price is due by 12:00 p.m. MST on the first business day following the sale. The deposit is non-refundable and retained as damage if balance is not paid within 24 hours of sale. Both the deposit and the balance must be paid to J. David Westwood, Trustee, in the form of a wire transfer, cashier’s check or certified funds. Cash payments, personal checks or trust checks are not accepted.

The Substitute Trustee shall sell the above property at the time of the sale without warranty, express or implied subject to all encumbrances of record. Anyone having questions or desiring information regarding the property to be sold should contact the undersigned. Hours of office operation: 9:00 a.m. to 5:00 p.m., Monday through Friday, except legal holidays.

This is an attempt to collect a debt. Any information obtained will be used to collect this debt.

J. David Westwood
WESTWOOD LAW, P.C.
444 S. Main Street, Suite C-8
Cedar City, UT 84720 (435) 267-2145
Published December 11, 18 & 25 2019
Iron County Today • ICT #0205

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LEGAL NOTICES

REQUEST FOR PROPOSAL TO SERVE AS MUNICIPAL ADVISOR FOR IRON COUNTY, UTAH

Introduction: Iron County (the "County") is seeking a Municipal Advisor to assist in the future issuance of municipal bonds and other financings that may arise.

Scope of the Work: In order to be considered for award, the financial advisor must agree to meet the County's requirements and provide the services outlined below. Required services include, but are not limited to, the following: * Provide the County with expert financial advice and assistance regarding financing techniques and options on matters pertaining to the issuance and sale of municipal securities including General Obligation Bonds, Sales Tax Revenue Bonds, Utility Revenue Bonds, Lease Revenue Bonds, and other financing options for the County and the County's Municipal Building Authority (MBA). * Make studies and recommendations on methods and the structuring of financings including payment, security details, and bond specifications believed to be advantageous to the County. * Provide sophisticated bond financing schedules and sizing analyses for the County. * Monitor the County's outstanding bonds and provide timely recommendations on refunding opportunities. * To collaborate with recognized bond counsel, to be selected by the County, in connection with proceedings authorizing the issuance of bonds. * Prepare the County's Official Statements or other offering documents setting forth financial and other information about the County and the bond issue. * Participate in the drafting of documents utilized by the County in their financing. * Have representatives present at meetings, when requested or notified, on matters concerning financial techniques and bond issues. * Assist, as directed by the County, with presentations to rating agencies and bond insurance companies concerning the issuance. * Perform other functions normally associated with the scope of duties of a fully qualified financial advisor including advising the County on the method of sale of bonds. **Inquiries:** Questions concerning this Request for Proposal should be directed to Dan Jessen, Iron County Auditor, (435) 477-8331 or djessen@ironcounty.net. **Submission of Proposals and Timing:** Contact same for a detailed list of required information to be included in Proposal. Proposals shall not exceed 15 pages in length (not including cover, TOC, appendices, etc.). No proposals will be accepted after the deadline of **4:30 p.m. on Tuesday, December 31st, 2019**. Proposals will be opened in the Auditor's Office at the address noted below just after the deadline for submission has ended. Proposals can be emailed to djessen@ironcounty.net or sent by mail. If mailed, please submit three (3) copies of the proposal and mail your proposal to: Dan Jessen, County Auditor, 68 South 100 East, P.O. Box 457, Parowan, UT 84761. It is anticipated that the County Commission will make a decision regarding its selection of the winning firm during the regularly scheduled County Commission meeting scheduled January 13th, 2020 located at the commission chambers of the Iron County Courthouse in Parowan, Utah. However, the County reserves the right to forbear making a selection until a future meeting for any reason deemed necessary by the County.

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Iron County Today • ICT #0212

NOTICE OF ORDINANCES

Notice is hereby given that the Cedar City Council at its regular meeting of December 11, 2019, passed the following ordinance(s):

1. Ordinance No. 1211-19, an ordinance approving a no parking zone on 450 West to allow for adequate fire protection of Old Sorrell Hall; and
2. Ordinance No. 1211-19-1 an ordinance amending Chapter 23 concerning short-term rental applications.

Said Ordinances shall become effective immediately upon publication.

A Copy of said ordinance(s) may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

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NOTICE OF ORDINANCE

Notice is hereby given that the Cedar City Redevelopment Agency at its regular meeting of December 11, 2019, passed the following ordinance:

1. Ordinance No. RDA-1211-19, an ordinance defining parcels B-1335-0000-0000 and B-1335-0007-000 (collectively referred to as Decorworx) as eligible for an Economic Development incentive within the Coal Creek Community Reinvestment Area (CRA).

Said Ordinance shall become effective immediately upon publication.

A Copy of said ordinance may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

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Cat Adoptions

APRICOT

It's been said that, "by their fruits ye shall know them" and this classy looking orange tabby is a good fruit. She is calm and friendly and hoping you will pick her to adopt. She was a stray, is fixed and was brought in with three kittens.



CHITO

This orange tabby has big bright eyes only for you. He was also a stray, has been neutered and he is very active and loves to play with kittens.

DEVILED EGG

The roots of the modern-day deviled egg can be traced back to ancient Rome, but you don't have to travel that far for this furry and feisty kitty. He has not been fixed yet. And as a famous Roman once said, "Death smiles at all. All a person can do is smile back... and adopt a cat."



CHARLIE

This black and white male was brought in with two siblings. He has not been fixed, but will be ready to go home soon. It's no coincidence that the name Charlie, means "free man." Please come help Charlie live up to his name!

WEASLEY

Since adopting dragons is still illegal in some states, this beautiful orange and white kitten is both adorable and adoptable.* He is new and still needs to be fixed, but there's no need to consult your tea leaves or go mental. Hop on your Firebolt and head down to the shelter and adopt him. His broomstick skills need a little more practice, but he is excellent at chasing your Patronus and finding horcruxes.
*Wand and leaky cauldron not included.



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A CHEF'S ADVICE FOR Stress-Free HOLIDAY COOKING

FAMILY FEATURES

How many times have you heard someone say they've slaved away in the kitchen all day? Stress in the kitchen can easily arise for a variety of reasons, especially when you're strapped for time and have a never-ending to-do list.

As a survivor of Gordon Ramsay's MasterChef competition, Caitlin Meade – a top 4 finalist on season 8 – understands the pressure all too well. To decrease the stress and make your hosting experience more enjoyable, consider putting these tips from Chef Meade into practice.

Prep Before You Begin

Practice the “mise en place” method – a French term alluding to having everything in place before cooking. Measure ingredients, chop vegetables and prepare utensils to create a steady workflow.

Plan in Advance – Like a Chef

Prep the main dish the night before, have easy appetizers assembled ahead of guests' arrival and outsource sides to family and friends.

Save Money by Getting Spicy

Before it's time to cook, pre-make spices. Since many store-bought blends can be overpriced, this is a way to save both time and money while personalizing your own flavors.

Save Table Wine for Drinking & Use Cooking Wine

A secret ingredient and important pantry staple for Chef Meade, cooking wine is perfect for when she needs to make a pan sauce or add flavor. It's even saved her from having to open a nice bottle of table wine, as most recipes call for less than a cup. An option like Holland House Cooking Wines delivers consistent, bold flavor while standing up to high temperatures. Available in Sherry, Marsala, Red and White, there are plenty of flavor-boosting options that will have your friends and family wondering what your secret ingredient is.

Create Your Own Stock

Many recipes call for chicken stock. One way to save money and time at the store is to create your own. Save any leftover poultry carcasses, wing tips, neck and bones. Add onion peels, celery tips, carrot tops and other vegetable scraps in the freezer. When you're ready to make a batch, fill a large pot with the leftovers, cover with water, bring to a boil and simmer 1-2 hours for stock that can last up to one year.

For more stress-free holiday recipes, visit hollandhouseflavors.com.



White Hominy Chicken Chili

Recipe courtesy of Cate Meade

Prep time: 15 minutes

Cook time: 4 hours

Servings: 8

- 2 tablespoons olive or avocado oil
- 2 medium yellow onions, diced
- 1 1/4 pounds boneless, skinless chicken breast
- 1 packet of white chili seasoning
- 1 cup Holland House White Cooking Wine
- 1 jar (16 ounces) chunky salsa verde
- 4 cups unsalted vegetable stock
- 1 can (16 ounces) cannellini beans, drained and rinsed
- 1 large poblano or green pepper, diced
- 1 bag (10 ounces) frozen fire-roasted corn
- 1 can (29 ounces) white hominy, drained and rinsed
- 3 tablespoons cornmeal (optional)

Topping recommendations: Lime wedges, avocado, cilantro, sour cream, cheese, tortilla chips and/or jalapeños

Instructions:

1. Turn slow cooker on low; add oil, onions and chicken. Distribute chili seasoning evenly over chicken and onions.
2. Add cooking wine, salsa verde and chicken stock.
3. Cover and cook 3 hours.
4. Remove chicken and allow to rest, covered, for 15 minutes before shredding.
5. Add beans, peppers, corn and hominy to slow cooker. For thicker consistency, add cornmeal, if desired. Cook on high 1 hour, stirring occasionally.
6. Add shredded chicken back to slow cooker and serve with lime wedges, avocado, cilantro, sour cream, cheese, tortilla chips and jalapeños, if desired.

Spinach Feta and Artichoke Dip

Recipe courtesy of Cate Meade

Prep time: 10 minutes

Cook time: 2 hours

Servings: 10-12

- Nonstick cooking spray
- 3 cloves garlic, minced
- 1 package (12 ounces) frozen spinach, thawed and excess liquid drained
- 2 cans (14 ounces each) whole artichokes, drained and chopped
- 1 can (8 ounces) sliced water chestnuts, drained and chopped
- 1 1/4 cups low-fat mozzarella cheese
- 3/4 cup feta cheese, crumbled, plus additional for garnish
- 1 1/4 cups low-fat Greek yogurt
- 1/4 teaspoon red pepper flakes (optional)
- 1/2 cup Holland House White Cooking Wine
- 1 package (8 ounces) reduced-fat cream cheese
- Salt and pepper, to taste

Garnishes (optional): feta cheese, roasted red peppers

Instructions:

1. Grease 6-8-quart slow cooker with nonstick cooking spray.
2. In slow cooker, mix garlic, spinach, artichokes, water chestnuts, mozzarella, feta, yogurt and red pepper flakes.
3. In a small saucepan over medium heat, simmer cooking wine 3 minutes. Stir in cream cheese and turn off heat.
4. Transfer cream cheese and wine mixture to slow cooker; add salt and pepper, to taste, and stir to combine ingredients.
5. Cook on low for two hours.
6. Transfer to a serving bowl and garnish with feta and roasted red peppers, if desired.

