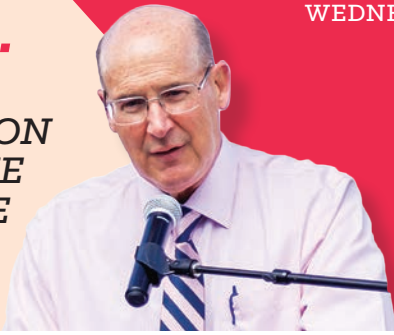


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WEDNESDAY, SEPTEMBER 21, 2022

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KIDS DIG IT



STORY ON PAGE 2

ASHER SWAN

SUU, Leavitt Group and State Bank of Southern Utah partner to provide day care

by Tyler H Brown

SBSU COMMUNITY RELATIONS

Business and community leaders gathered on Aug. 10 for the groundbreaking of a new childcare and preschool facility that will serve hundreds of Iron County families.

The new facility is a partnership between *Funshine*, The Leavitt Group, Southern Utah University and State Bank of Southern Utah. Eric Leavitt, Executive Chairman and CEO of The Leavitt Group, approached Hulet with a proposal to expand *Funshine*'s services for the benefit of his company's employees and many other families in the community.

"We are so pleased to help make this much-needed childcare center in Cedar City a reality," said Eric Leavitt. "All three organizations share the hope that this facility will enable their employees, who are working parents of young children, to benefit from access to high quality and affordable childcare."

"Providing affordable and accessible childcare for SUU's faculty and staff is a top priority for the University," said SUU President Mindy Benson. "Working with local partners like the Leavitt Group and State Bank of Southern Utah have made it possible to provide this to our employees and can serve as a model to grow childcare offerings for working parents throughout our community in the future. The significance of this project goes far beyond the facility itself. I look forward to seeing all the ways this childcare option will benefit the lives of our employees and their families."

"One of the great advantages of

Eric Leavitt spoke of the great need for such a facility for families.



"All three organizations share the hope that this facility will enable their employees, who are working parents of young children, to benefit from access to high quality and affordable childcare."

Eric Leavitt, Executive Chairman, CEO, The Leavitt Group

doing business in Southern Utah is the opportunity to work with people who recognize a need and act on that need," said State Bank of Southern Utah President Eric Schmutz. "The bank is pleased to partner with The Leavitt Group and Southern Utah University to address solutions to childcare availability in our area."

Funshine Child Care & Learning Center, which is currently located at 4254 W. 375 North in Cedar City, has

been providing daycare and early childhood education services since 2017. It offers a nature-based program with Reggio Emilia and Montessori-inspired child development concepts where kids learn and engage through interactive, hands-on activities in a relaxed setting. Rather than primary colors, the classrooms and play areas will be painted in neutral tones.

"It's a different concept than a lot of daycares," director JJ Hulet said. "I

believe it enhances learning when the environment around the children is calm."

The expansion will allow *Funshine* to accommodate over 150 students. The 11,000-square foot facility will feature nine classrooms, along with a large outdoor playground and indoor play area. The center is scheduled to open in March 2023.

"We'll be able to do a lot more with the preschool program," Hulet said.

Funshine is where imagination, intellect and creativity are born. Programs like *Funshine* help kids learn, grow, and reach essential developmental milestones in emotional intelligence, motor abilities, thinking skills, problem-solving and healthy peer interactions.

Hulet emphasized the importance of quality early childhood education, especially in Cedar City, a community where demand for childcare is at an all-time high due to the influx of new residents. Hulet has over 20 years of childcare experience. It has been her passion her entire life and something she always knew she wanted to pursue.

"As childcare providers, we have children during their most vital years of brain development," she said. "They're like sponges at this age, just absorbing everything around them."

The groundbreaking ceremony was attended by Cedar City mayor Garth O. Green and representatives from the partnering organizations. The new facility will be located behind Retro Fitness and IFA Country Stores.

"I'm just really grateful for this opportunity and so excited to be able to serve the community," Hulet said. "It's been a dream come true for me."



Everyone got a chance to turn over a shovelful of dirt and dig up some hope for the new child care center.

PHOTOS BY ASHER SWAN

Southern Utah University

APEX IS BACK!

by Christina Schweiss

FOR IRON COUNTY TODAY

SUU's APEX (Ask. Ponder. Educate. [X]) premier event series had its first event of the new school year on Sept. 15.

Jeanne Jo was the first APEX guest speaker for this fall semester. Jo is an LA-based artist and filmmaker. She has an exhibition on display at the

APEX's new Director is SUU history professor Ryan Paul.

Paul "was thrilled to take on A.P.E.X. Events and continue the series on campus as Director." He is an "advocate of diversity in storytelling, a curator of Cedar City's history, and studies Rock'n Roll's impact on the world."

All APEX events are hosted on Thursdays in the Hunter Charles



Southern Utah Museum of Art, called "What am I Doing Here," until Sept. 24.

Jessica Farling introduced Jo and explained "using humor as a point of entry, Jeanne Jo's visual art and narrative films highlight the artist's ongoing investigations into gender, power, and psychical and emotional vulnerability."

Jo presented some of her greatest works including the short films "Tampoon" and "Punch Me." She has worked on many projects throughout her career. The most exciting and known project was Marvel's "Black Panther." In all of her projects, repetition can be seen. Jo explained, "from my studies in computer science and programming I was really interested in repetition and brought that into my art making."

Leaving the audience with some advice, Jo said, "It's okay to be bad. It's okay to learn."

In other APEX news, during the summer it was announced "that after several years of excellent leadership, Lynn Vartan would be stepping down as APEX Director and returning to her faculty position in the Department of Music."

"From my studies in computer science and programming I was really interested in repetition and brought that into my art making."

Jeanne Jo

Conference room on SUU's campus at 11:30 am.

- » September 22 - The President's Convocation
- » September 29 - Megan Kate Nelson
- » October 6 - Geena Davis (Tanner Center event)
- » October 27 - Live Court
- » November 03 - Spencer McBride
- » November 17 - Darren Parry

SUU HOMECOMING

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THURSDAY, SEPTEMBER 22

Inauguration Academic Convocation • 11:30 AM - Gilbert Great Hall
Power of Place will tell the story of five SUU founders whose bright vision dedication, and hard work shaped the University.

Inauguration Service Event • 3:00 PM - 6:00 PM - SUU Ballroom
Service opportunities for all ages that will benefit local organizations, educators, and first responders.

Alumni Awards Banquet • 6:30 PM - Gilbert Great Hall
Space is limited, RSVP to 435-865-8656

FRIDAY, SEPTEMBER 23

PRESIDENTIAL INAUGURATION

Everyone is invited to attend the Inauguration ceremony & events for

Mindy Benson

17th President of Southern Utah University

September 23, 2022 • 3 p.m.

America First Event Center

Inauguration Celebration • 4:30 PM - Library Quad
Immediately following the inauguration.

Forever RED • 7:30 PM - Upper Quad
This much anticipated Homecoming Week event will celebrate its 11th year with live music, games, inflatables, and fireworks. **Everyone is invited to join this FREE celebration!**

SATURDAY, SEPTEMBER 24

Pancake Breakfast • 9:00 AM - Hunter Alumni Center
Parking Lot. Free for everyone.

Homecoming Parade • 10:00 AM - University Boulevard
Watch with us at the Hunter Alumni Center.

Community Day at SUMA • 10:00 AM - Southern Utah Museum of Art
Celebrate National Public Lands Day from 10 a.m. to 1 p.m.

Volleyball vs Utah Tech • 12:00 NOON - America First Event Center
Purchase tickets at tbirdtickets.com or call 435-586-7872

Football vs Utah Tech • 6:00 PM - Eccles Coliseum
Purchase tickets at tbirdtickets.com or call 435-586-7872

For a complete schedule of events
visit: suu.edu/homecoming

SOUTHERN UTAH UNIVERSITY

opinion

FROM THE EDITOR

Super Summer Saturday

If you're looking for something to do this Saturday, check out our weekly calendar! There's something fun and healthy for everyone. There will be running, biking, bingo and breakfast. Along with opportunities to improve your health in every area from physical to emotional and social to spiritual. Maybe you'll spend the day at one (or all) of the 3 farmers markets, then spend the evening at the Gap to enjoy the Fall Equinox?



COREY BAUMGARTNER
MANAGING EDITOR

And that's just local events. If you're traveling, it's also a Fee-Free Day at the national parks. Which, if you get some great photos, send them to us! news@ironcountytoday.com. Whatever you do this Saturday, be healthy and have fun!

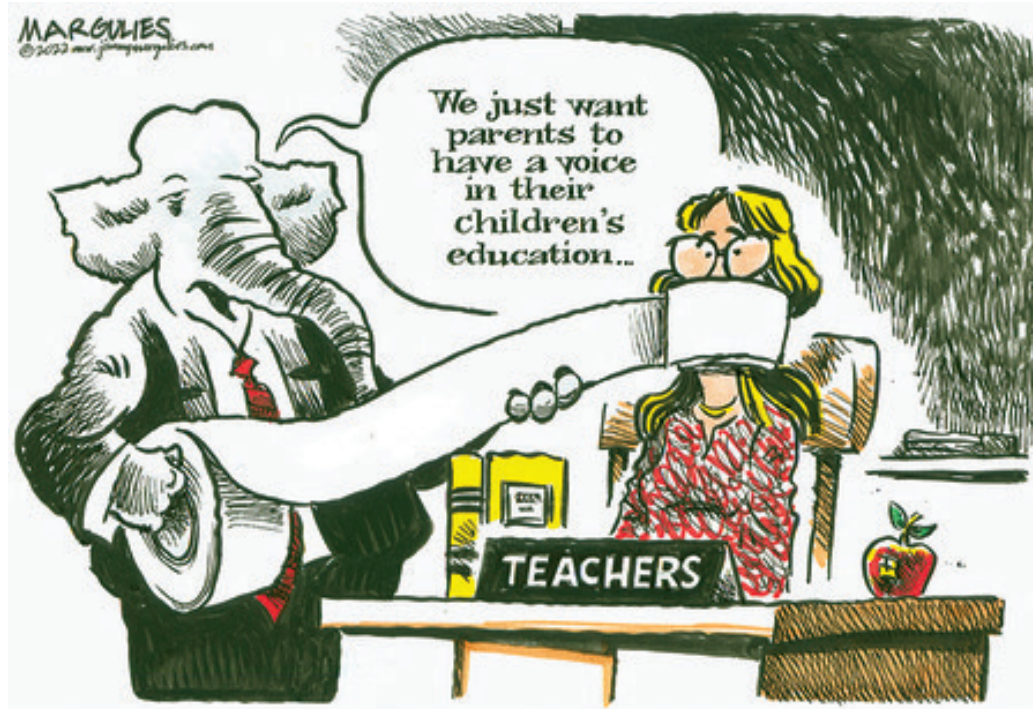
Submit your letter to the Editor on our website ironcountytoday.com, or by emailing it to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author's e-mail address in lieu of a signature.

WORD OF THE WEEK

REQUIEM

A religious ceremony performed for the dead.

If you're reading this, it's time to stop requesting and repeating requiems and doleful dirges for your future. Today, replace your rueful reverie with a rousing reveille.



QUOTE OF THE WEEK

"Though no one can go back and make a brand-new start, anyone can start from now and make a brand-new beginning."

Carl Bard

The art of buying and selling soles

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Editor, Staff or Iron County Today.

Some of you invest in stocks and bonds, precious metals, or real estate. Others soak money into rare coins and collectibles or Bitcoin. Porter, a 20-year old Utahn, invests his money in his passion: Shoes.

He's not the first or only. Some 10 years ago, I wrote about a work colleague whose wife admonished him to clean out his closet. He sold the worn – and somewhat almost destroyed – Air Jordan shoes for \$5,000. Since then, the market for sneakers has ramped up even more.

Porter bought his first limited edition sneakers in 2019. He paid \$175 for Michael Jordan Retro High-Tops – and sold them soon after for \$700, a 400% profit. He was hooked!

His favorite shoe, a numbered Jordan 1 Low-Top, was initially limited to 4,250 pairs. The shoe, a

collaboration with Christian Dior, drew five million interested buyers willing to pay \$2,000 for the rights to buy a pair. Porter was one of the lucky 4,250 and sold the shoe within a few days for \$5,000. ("I could have got \$10,000 for the shoe moments after buying it in Las Vegas," he said, "but I wanted to look at them for a while.") Today the shoes he sold for \$5,000 are worth \$6,000.



cyclops

Bryan Gray

bgray@aphtagraphics.com

Over the years, Porter has sold some of his collection to make a sizeable down payment on a car and to buy more shoes. His current collection includes some 35 pair, mostly Nike or Jordan varieties.

And last week he got an alert. An estimated 25 million people had entered a lottery to be the first to purchase a limited set of 500 Nike Air Force 1 Low-Tops. (The following

day an additional final set of 16,000 would be offered). To his amazement, Porter was one of the 500 to win the jackpot of shoes. The shoe itself was only \$160 – but he would have to be at a specific Nike store in New York City two days after the notification.

He had never been to New York before. With the encouragement of co-workers, he paid \$700 for a red-eye flight from Salt Lake to Manhattan, was the second in line at the Nike store, bought the shoes at 11 a.m., spent several hours visiting Wall Street, the 9-11 site, the Empire State Building, and Times Square – and then stepped on a subway to return to JFK for a 6 p.m. flight back to Utah. By 11 p.m. he was back at his home, carrying a precious box of green shoes and legs which had tromped 22,000 steps, over 10 miles, scurrying around the Big Apple.

As of this writing, he hasn't yet sold the shoes, but if he did he could sell them for nearly \$2,000. (One pair, smuggled out of the factory prior to the lottery, has already sold for \$4,000).

see **SOLES** » 8

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opinion

Is marriage a fantasy or a battleground? (Part 4)

by Edy Meredith

FOR IRON COUNTY TODAY

How do women in Utah generally experience their marriages? We only need to look around ourselves and check the statistics on domestic violence to answer this question. In May 2022, the Gender-Based Violence Consortium at the University of Utah published an assessment titled "Utah State-Wide Needs Assessment: Domestic Violence, Sexual Violence & Human Trafficking Report". It is a thorough 33-page report that substantiates that domestic and sexual violence are tremendous problems in Utah along with human trafficking. Please access the detailed report at the following: gbvc.utah.edu/wp-content/uploads/sites/62/2022/05/UNA-Final-Report-2022-HighResolution_v4pdf

Utah's problem of domestic violence relating to running a home and family relations is a problem of such great size that even the Utah State Attorney General of Utah Sean D. Reyes is focusing on it. October is National Domestic Violence Awareness Month where he asks all Utah citizens "to reaffirm our commitment to break the cycle and ultimately bring about the end of domestic violence which affects millions of people from every background, both men and women from every race, religion, sexual orientation, and socioeconomic status. It is not just punching and

bruises. Domestic violence can be yelling, insulting, humiliation, isolation, and coercion."

Go to the Office of the Attorney General online for more official and detailed information: <https://attorneygeneral.utah.gov>. All who live in Utah need to be aware of these harmful situations so we can use our voices, our votes, our money, and give our volunteer time to organizations and shelters in our communities. Please also consult with the Utah

related to domestic violence."

Adding to that, the National Coalition Against Domestic Violence reported that 33.6% of Utah women (and 21.4% of Utah men) experience "intimate partner physical and sexual violence in their lifetimes. In addition, in 2020 just on one day, the domestic violence programs in Utah served 1,205 victims of domestic violence, and the hotline received 359 calls."

"1 in 3 Utah women will experience some form of domestic violence in their lifetime."

OP/ED

Domestic Violence Coalition at udvc.org and their 24-hour phone number for additional help and information: 1-800-897-5465. It was founded in 1978 by the Utah Division of Child and Family Service but became independent in 1994 and is now a 501 (c)(3) organization and able to take tax deductible donations.

On August 25, 2022, the Desert News published an article referring to this subject. "Utah is not a safe place for families until we change our domestic violence stats and turn the tide so women and families will feel and be safe here. In fact, research tells us that 1 in 3 Utah women will experience some form of domestic violence in their lifetime and that 40% of adult homicides in Utah are

Back to the important question—How can we all help so that Utah's soaring domestic violence will diminish? First AWARENESS, second ACTION on the part of community members. Even though the Utah Domestic Violence Coalition, service providers, and state agency employees around the state work tirelessly, the growing tide has not turned. Our elected officials should be speaking out against both domestic violence and sexual assault. Creating change in Utah will take substantial and considerable money, time, and effort so that Utah will really become a great place for families. Children who witness domestic and family violence suffer all their lives. Please do not vote for candidates who don't speak out on this significant issue.



4 PINPOINT WEATHER

CERTIFIED UTAH'S MOST ACCURATE FORECAST



IRON COUNTY FORECAST

A LOW PRESSURE SYSTEM MOVING THROUGH UTAH WILL BRING A THREAT OF SHOWERS AND THUNDERSTORMS TO IRON COUNTY WEDNESDAY INTO THURSDAY MORNING. BEHIND THE STORM SYSTEM, WARMER AND DRIER WEATHER IS EXPECTED INTO THE WEEKEND AND NEXT WEEK.



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WEDNESDAY	Chance Storms 73°/51° PRECIP: 40% WINDS: S 10-20
THURSDAY	Morning Showers 75°/45° PRECIP: 30% WINDS: SW 10-20
FRIDAY	Sunny 76°/45° PRECIP: 0% WINDS: SW 5-10
SATURDAY	Sunny 78°/45° PRECIP: 0% WINDS: SW 10-15
SUNDAY	Sunny 79°/49° PRECIP: 0% WINDS: NW 10-15
MONDAY	Sunny 81°/52° PRECIP: 0% WINDS: SW 5-10
TUESDAY	Mostly Sunny 82°/54° PRECIP: 5% WINDS: SW 5-10



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10 steps to promote healthy aging and good brain health

With September being Healthy Aging Month, the Alzheimer's Foundation of America (AFA) is offering 10 steps to promote healthy aging and good brain health during September and throughout the year.

"Lifestyle choices play a vital role in healthy aging and brain health, and it's never too soon to start," said Charles J. Fuschillo, Jr., AFA's President & CEO. "Eating right, exercising the body and mind, getting proper sleep, and being socially active all contribute to healthy aging and good brain health, and can potentially reduce the risk of developing a dementia-related illness."

AFA offers the following 10 steps for healthy aging:

Eat Well

Adopt a low-fat diet high on fruits and veggies, like strawberries, blueberries, and broccoli. Take daily vitamins. Limit intake of red meats, fried and processed foods, salt, and sugar. In general, foods that are "heart healthy" are also "brain healthy."

Stay Active

Physical activity increases blood flow to the brain and can also help improve mood and overall wellbeing.

Brisk walking benefits brain health, while aerobics can boost your heart rate, and weight training builds strength and flexibility.

Learn New Things

Challenge your brain by starting a new hobby like playing tennis, learning to speak a foreign language, trying a cooking class, or something you have not done before. Even something as simple as brushing your teeth with your non-dominant hand stimulates the brain by forcing it to think outside of its normal routine.

Get Enough Sleep

Getting a consistent sleep every night is key; at least seven to nine hours is ideal. Having a good sleep environment is also helpful. Insomnia or sleep apnea can have serious physical effects and negatively affect memory and thinking.

Mind Your Meds

Medication can affect everyone differently, especially as you age. When getting a new medication or something you have not taken in a while (whether over the counter or prescription), talk to your doctor or local pharmacist.

Stop Smoking & Limit Alcohol

Smoking can increase the risk of other serious illnesses, while too much alcohol can impair judgment and cause

accidents, including falls, broken bones, and car crashes.

Stay Connected

Social interaction and maintaining an active social life are very important for brain health, cognitive stimulation and mood. Invite friends and family over for a meal, board games, or just to hang out. Engaging in your community and participating in group activities is also beneficial.

Know Your Blood Pressure

Blood pressure can impact your cognitive functioning. Visit your physician regularly to check your blood pressure and make sure it is in normal range.

See Your Doctor

Maintain checkups. Health screenings are key to managing chronic illnesses, such as diabetes, cardiovascular disease, and obesity, all of which can impact brain health. Speak with your physician about any concerns or questions you have about your health.

Get a Memory Screening

Our brains need regular checkups, just as other parts of our bodies do. Memory screenings are quick, non-invasive exams for our brains. AFA offers free virtual memory screenings every weekday—visit www.alzfdn.org or call AFA at 866-232-8484 to learn more

about getting a free virtual memory screening. You can also talk to your doctor about getting a screening as part of your annual wellness exam.

Individuals who would like to learn more about healthy aging, brain health, or memory screenings can contact the Alzheimer's Foundation of America's Helpline by phone (866-232-8484), web chat (www.alzfdn.org), or text message (646-586-5283) seven days a week, or visit www.alzfdn.org.

The Alzheimer's Foundation of America is a non-profit organization whose mission is to provide support, services and education to individuals, families and caregivers affected by Alzheimer's disease and related dementias nationwide and to fund research for better treatment and a cure. Its services include a National Toll-Free Helpline (866-232-8484) staffed by licensed social workers, the National Memory Screening Program, educational conferences and materials, and "AFA Partners in Care" dementia care training for healthcare professionals. For more information about AFA, call 866-232-8484, visit www.alzfdn.org, follow us on Twitter or connect with us on Facebook, Instagram or LinkedIn. AFA has earned Charity Navigator's top 4-star rating for seven consecutive years.

Sandy Silverstein - Alzheimer's Foundation of America

EXTRA!

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Iron County responds to call on National Day of Service

from John Walser

JUSTSERVE.ORG ADMINISTRATOR

Hundreds of resident volunteers from communities throughout Iron County and neighboring New Harmony contributed thousands of hours of service, answering the call to serve on the National Day of Service, to memorialize the victims and heroes of 9/11/2001. Over an estimated 1900 volunteers joined efforts in over 20 reported projects in the weeks leading up to and on Saturday, September 10, designated as the National Day of Service.

One of the largest projects with hundreds of volunteers was the Cedar City supported project at Park Discovery and the Field at the Hills Ballpark complex. About 400 volunteers ranging from small children in family groups to youth groups and senior citizen and various church groups joined efforts to sand and paint playground activity equipment. The playground area was also cleaned thoroughly. At the Ballpark complex weeds and trash were removed and mulch was spread to improve the appearance of the whole area.

Meanwhile, in Neighboring New Harmony, volunteers painted the monument, removed weeds and cleaned up the grounds of historic Fort Harmony, reputed to be the first settlement in Washington County. A Parowan Day of Service project was also held on 9/10/22. Volunteers cleaned up trash at various locations including the soccer fields by the cemetery and cleaned, dusted and vacuumed the historic Old Rock Church Museum.

Back in Cedar City at a Neighborhood Sidewalk Beautification Event, dozens of volunteers, with the aid of a front loader tractor, cleaned sidewalks and gutters, which were covered with dirt and debris. Another group cleaned weeds and trash and trimmed shrubbery in the yard of an elderly widow in the same neighborhood. Another group of about 65 volunteers picked up trash and debris, chopped down weeds and bushes that had overgrown the Greens Lake Drive and sidewalks in a neighborhood beautification project.

Traveling out to the Three Peaks Park recreation area, a large group of volunteers removed three large trailer loads of garbage. This project was supported by Iron County and The Bureau of Land Management (BLM). At Lake Quichipa, the BLM supported another project where over one hundred volunteers from SUU and other areas contributed hundreds of hours helping to stack brush in piles for eventual burning in preparation for planting natural grasses and wetland habitat restoration.

In early September dozens of volunteers also contributed many hours of service helping with the annual "Old Folks Dinner" as their part of the



Hundreds of volunteers provided thousands of hours of service to help beautify, rebuild and honor our Iron County communities and country.



PHOTOS COURTESY JOHN AND PATTY WALSER

National Day of Service. The nearly 115 year old event is a day honoring the contributions of "Old Folks" in the establishing of the state. This year about 500 such "senior Citizens" were served honoring their status and longevity.

In Enoch City a City Beautification Project enlisted a large number of volunteers. Volunteers performed a variety of services including the

painting of fire hydrants and curbs and removing weeds from around fire hydrants. They also picked up trash along major roads, helped plant shrubs and trees, and removed weeds at city parks.

Also at the Enoch PetSafe Dog Park a project involving dozens of volunteers including the Associate Pastor and the Interim Pastor of the Community Presbyterian Church and

others helped spread new gravel, trim trees, and remove weeds. They helped to make the dog park a safe clean place for dogs to romp and play.

In other places in need of service, Southern Utah University and the Community Engagement Center sponsored projects which involved many volunteers in helping to clean the North Elementary Community Garden and also on campus for the "Project Linus Blanket Project" making blankets for the Primary Children's Hospital.

Also, as follow up to the National Day of Service and in connection with the Inauguration of the new SUU President, Mindy Benson, service projects will be held by SUU on

September 22. These will involve cleaning up and spreading bark chips at the Veterans Memorial Park and painting the Coal Creek Park Trail Bridge. Another large project will be held in the Sharwan Smith Student Center Ballroom to make fleece blankets for needy families in connection with the Iron County Holiday Assistance program. General public involvement is encouraged and invited in this "come and go" project. Drop by Thursday, Sept 22 from 3 to 6 pm and lend a helping hand for a moment or two.

The Iron County School District Foundation (ICSD) sponsored four service projects. Shauna Lund, ICSD, reported that these projects were quite successful. Donated items will go toward helping school age children who are categorized as "homeless." A large group of volunteers/donors contributed bedding, sheets, quilts and "beds in a bag." Other volunteer/donors donated "Grab Bags for Teens" consisting of snacks, food items, and gift cards for ICSD students needing food on the weekends. A group of four volunteers donated their time painting the doors of the ICSD food pantry and many individual volunteers and groups put together hygiene kits. A group of SUU students, along with Robyn Eddy, Associate Pastor of the Presbyterian Church, and the congregation gathered enough items for 83 hygiene kits and 50 packets of feminine hygiene supplies and assembled them as part of the church worship services on Sunday, 9/11. Another church group is holding a project on Sept. 24 and will be assembling and donating 100 hygiene kits, quilts, sheets and "beds in a bag" to help out ICSD homeless students.

In an ongoing "Sand Bag" project a large church group from the Church of Jesus Christ of Latter-day Saints, at the request of Iron County, put in hundreds of hours in response to an urgent need filling about 4500 sand bags to help in mitigating and preventing flooding from the recent monsoon rains. According to the Iron

SOLES

« CONTINUED FROM PAGE 4

He keeps his shoe collection in pristine condition, even the seven pairs of “Baby Jordans” made for children. He has only one pair of traditional

“He keeps his shoe collection in pristine condition, even the seven pairs of “Baby Jordans” made for children. He has only one pair of traditional leather loafers.”

leather loafers. I supposed he wore that pair for work and church.

“For work, yes,” he said. “But not for church. I wear Jordan sneakers to church.”

SERVICE

« CONTINUED FROM PAGE 7

County Emergency Management Team, “There is no doubt that [the sandbag filling] efforts helped avoid disastrous and serious flooding” which has happened in the past.

Other volunteer/donors chose to “bleed” as their contribution to the National Day of Service as they helped and donated blood in a National Red Cross Blood Drive event just prior to the 9/10 day.

Undoubtedly there were other small projects people engaged in at their own initiative in response to the “Call to Service” article published recently in the Iron County Today weekly Newspaper. On drives through neighborhoods families were observed with their children pulling weeds and cleaning driveways and the sidewalk areas in front of their homes. A couple wearing red shirts was observed bagging trash on the freeway exit and underpass at the Kanarraville/New Harmony exit. They advised that this was their way of helping on the National Day of Service. Many others may have done individual acts of service in a similar manner.

Coincidental to The National Day of Service many other activities involving volunteerism were calendared and staged in Iron County. Many participants and volunteers staged a “Walk to End Alzheimer’s” on Cedar City North Main Street near Cedar Motors. The Cedar Half Marathon down Coal Creek Canyon was supported by dozens of volunteers. Many were involved in The Great American Stampede Rodeo in Cedar City. A portion of Three Peaks Recreation Area was closed as about 600 High School Mountain Bikers raced throughout the three peaks area. Volunteers played significant roles in all of these events and more. Iron County was awash with service volunteer opportunities. And around the state and nation Hundreds of thousands contributed millions of hours serving in response to the invitation to help unite and strengthen the nation with resolve in common.

There is undeniably good for both the giver and the receiver that comes from selfless service. In reaching out to others, whether it be to individuals, communities or to the nation as a whole the givers benefit by losing themselves in the service of others and putting aside, even if temporarily, their own concerns. Much good, for individuals, groups, and the community at large was accomplished by thousands in Iron County on this National Day of Service. A hearty “Well Done” is offered to all who participated in any way!

Shakespeare Festival hosts 18th annual fall food drive

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

The Utah Shakespeare Festival will be holding its annual Fall Food Drive from September 12 to October 8.

The Festival has partnered with the local Iron County Care and Share to give back to the community by providing food to those in need. By donating five items of non-perishable food items, those participating in the food drive will receive a half-price ticket to the play of your choice.

This promotion replaces the standard local discount, but there is no limit to the amount of half-price tickets given. Premier Seating is excluded and the promotion is unavailable Sept. 29 and 30.

Local residents of Iron, Beaver, Washington, Kane, Garfield, Piute, and Lincoln counties are eligible for ticket discounts. Please bring proof of residency to the ticket office.

Iron County Care and Share is a private, non-profit organization dedicated to providing compassionate assistance and resources to individuals and families in need, offering them exits from crises and pathways to increase their stability and self-sufficiency. It was founded in 1984 by local churches to address hunger in the community, and almost 40 years later, the Care and Share is still working to help those in need.

This year, there is a special need for canned meat, peanut butter, stews, soups, canned fruits, and vegetables.

The Festival typically receives over 3,500 pounds of food each year for the Iron County Care and Share. Hosting its 18th annual Fall Food Drive, the hope is to gather just as much - if not more - to contribute. To participate, bring food items to the barrels located outside the Festival ticket office when purchasing tickets. Monetary donations are being accepted as well. This offer is not available online. For questions, call 800-PLAYTIX.

BOOKINGS

Below are bookings as reported by the Iron County Sheriff’s Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

SEPT 15

Andrew W Baird

CEDAR CITY, UT

DRUG – Poss C/S, Paraphernalia

Robert C Tonahcot

CEDAR CITY, UT

Intoxication, Disorderly Conduct

SEPT 16

Sandra J Clantz

ENOCH, UT

DRUG – Poss C/S, Paraphernalia

Craig A Fox

HOMELESS, CEDAR CITY, UT

DRUG – Poss C/S, Paraphernalia

Deborah A Fox

KANARRAVILLE, UT

DRUG – Poss C/S, Paraphernalia

John C Hawkins, Sr.

CEDAR CITY, UT

Littering on Public/Private Land

Benjamin G Smith

KANARRAVILLE, UT

DRUG – Poss w/Intent to Distribute

Gabriel L Lewis

CEDAR CITY, UT

DV – Threats Against Life/Prop, Criminal Mischief

SEPT 17

Farrell L Smith

CEDAR CITY, UT

DUI (BAC at/over .08)

Whatever your footprint, location, product or budget, Iron County Today remains your trusted partner in promoting your community business. Through our flagship newspaper and dozens of special publications, we’ve helped hundreds of local businesses and organizations capture the public eye and produce results that matter. And with a reach of up to 20,000 homes, you can be sure that we will help you do the same.

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IRON COUNTY today

Jeanie & Roland Squire

UTAH SHAKESPEARE FESTIVAL AREA REPS FOR OVER 40 YEARS

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

Jeanie and Roland Squire have been area representatives at the Utah Shakespeare Festival for 43 years. The couple began volunteering in 1979 and have been loyal patrons and volunteers ever since. Jeanie started attending the Festival the summer out of high school.

"I've only missed two seasons in 53 years," Jeanie noted. "I saved money as a student to go, and then I took Roland to the Festival our second year of marriage."

Roland was hooked and has been going with his wife ever since. They began taking their children, who are also lifetime fans of the Festival. All four sons became area representatives.

"It started out to be an escape away from our kids, but then we started taking them, and they've been going since they were around five," Jeanie said. "Now they bring their own children."

It's become a family affair. The couple has 14 grandchildren, ranging in ages 16 months to 19 years old, and those that are old enough to attend love going to the plays.

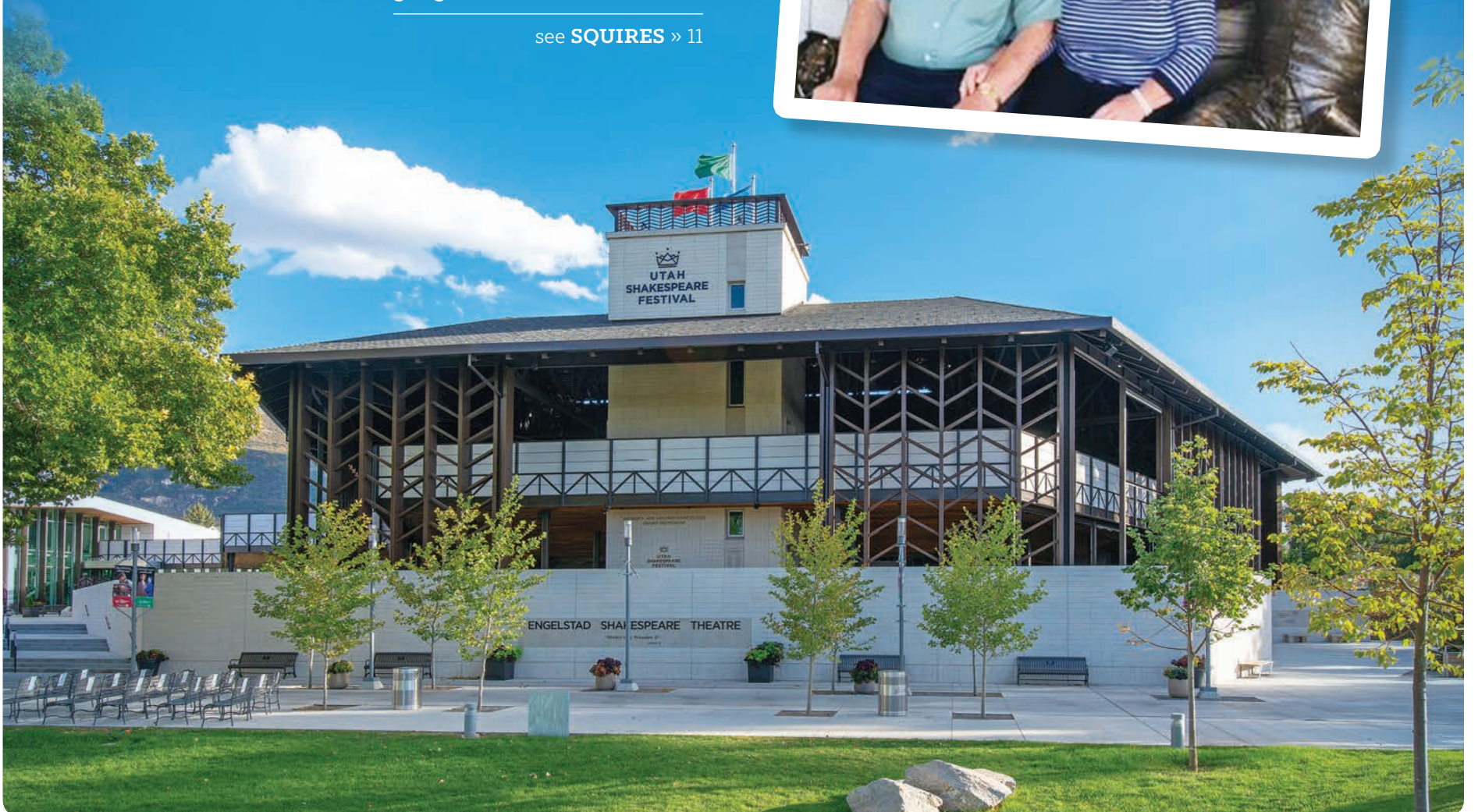
"It's become a tradition for our family that we just love," Jeanie said.

Jeanie and Roland live in northern Utah near Logan, but fulfill their duties by dropping off brochures and representing the Festival in a positive way. They make a trip down to Cedar City every season, eating at their favorite restaurants, attending the prop and actor seminars, going to the Greenshows, and, of

see **SQUIRES** » 11



Jeanie and Roland Squire are true bards that continue to herald the Huzzahs for the Utah Shakespeare Festival.



UTAH SHAKESPEARE FESTIVAL

FALL FOOD DRIVE: Local residents, get half-price tickets to any show (except Sept. 29 and 30), any time through October 8 by donating five food items per discounted ticket, no limit. Tickets subject to availability. Premier Seating excluded. Offer available at the ticket office only. Must provide proof of residency.

OUR 2022 SEASON
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FOUNDATION

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#utahshakes | Cedar City, Utah

Amara Webb as Miranda and Freedom Martin as Ferdinand
in *The Tempest*, 2022.



I love a library

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

I go there about once a month, usually to a meeting that is being held in one of the available meeting rooms. Often, on those occasions, I arrive on time and leave as soon as I can to get on with the next item on my agenda for the day. But last week I had occasion to go a couple of times and spend a little more time and was reminded how much I love a library.

Don't you have the same fond childhood memories of a library that I do? As I was growing up in Salt Lake City, The Sprague Branch in Sugarhouse was close to our home and my Mom took us every two weeks. If I were to be blindfolded and led to a place without knowing where I was going, the "library smell" upon entering the building would tell me exactly where I was! Don't you remember that musty, old-paper smell? And the magic of all those books...! A pile of seven books in my arms with the little yellow cards in the backs to remind me when to return them was a persistent ritual in the lives of my sisters and me.

Our modern library is a much different place—more light, no musty smell, and the computers for public use that weren't a part of my youth experience. On one occasion I was to meet with an individual coming from the north as I came from the south and the library seemed like a good, comfortable location to meet up. I

waited for a few minutes and looked around. Here was a table of "new audio kids' books." Here were shelves of videos with the stern warning that viewing them was not a license to copy them.

Over in the corner, four friends sat around a table and played cards. Two gentlemen sat in comfortable chairs and read newspapers, sharing engaging stories with each other. Families trooped past me on their way to the children's section in the back. I walked back and watched kids pull books off the shelves to show their moms. There would be happy bedtimes in those homes that night!



I had been in the library earlier in the week to view the Women's Artists art show hanging on the walls. I thought there were mostly landscapes but as I made my way down the wall, I found a variety of other subjects.

Carol Stenger had "Lassie with Tarts", a charming girl-vendor at the Shakespeare Festival. "Let's Converse" was an oil painting, no less, of a pair of red Converse shoes! I always search out the watercolors, my favorite medium, and found "Kids' Pond", a gentle depiction of a place I know well from taking our grandkids there. (I'm going to go back and look at the price on that one.) Three pieces of fused glass were stunning.

Go to the library. Look at the art work, read a newspaper you won't find in your driveway, but most important, take a child. Take two.

SQUIRES

« CONTINUED FROM PAGE 9

course, attending all of the plays.

"The arts are important and they have value – they build us up and lift us," Jeanie said. "I come [to the Festival] and I feel like it feeds my soul."

Jeanie started attending plays at the Festival when it was just a platform stage with folding chairs. It's been a lovely experience for her to watch the company grow.

"We loved Fred, and I think it takes a special person to have that kind of passion," Jeanie said. "When you look at the size of Cedar City and what they've built, it's really amazing."

The couple said they've always liked the traditional productions but have come to appreciate the modernization of Shakespeare.

"You have to be open minded. When they started playing with the time period, I realized sometimes it helps me understand the show better," Jeanie said. "I might have

seen the show eight times, but I'll come away with something new."

Jeanie and Roland have many favorites, and it was hard to name a few after going for so many years. However, one of their most memorable plays was the 2002 production of *Man of La Mancha*.

"It's hard for me to even talk about that show... it was magical," Roland said, starting to get emotional. "There were two standing ovations during the first act."

Other favorites include productions of *The Merchant of Venice*, *The Tempest*, *Coriolanus*, and *The Spitfire Grill*. This season, Jeanie's favorite is *King Lear* while Roland's are *Clue* and *The Sound of Music*.

No matter what show is on, the family continues to return for the atmosphere and experience.

"The Festival has such a standard of quality that they've maintained since the beginning," Jeanie said.

We thank Jeanie, Roland, and their four sons for the time and dedication they have contributed to the Festival. The Squires are simply invaluable to the Utah Shakespeare family.

CEDAR CITY MUSIC
ARTS PRESENTS

THE UTAH SYMPHONY



WED SEP 28

7:30pm • Heritage Center Theater
105 N 100 E • Cedar City

\$30 ADULTS \$15 STUDENTS

SYMPHONY SOIRÉE

5:45pm • Festival Hall • \$35/plate

— tickets must be purchased in advance —



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CEDAR CITY HALF-MARATHON

13TH ANNUAL RACE INSPIRES EPIC COMPETITION

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

CEDAR CITY — Over five hundred runners from around the world participated in Cedar City's 13th Annual Half Marathon through Cedar Canyon on Saturday, September 10th. This year's race was organized by Cedar City's new events director, Brooke Twitchell, with many new surprises that participants raved about at the finish line.

"This is one of our biggest events of the year in Cedar City," said events director, Brooke Twitchell. "I love the creativity my job provides when planning a community event and I made sure to have the right people at the table to help plan this unforgettable experience."

The half marathon's signature bagpipers made their annual appearance in the first few miles of the race through Cedar Canyon, with a new addition this year featuring a local cellist band and Cedar City Star Search participant, Cellomania, who played a unique set of songs at Veteran's Park as runners made their way on the city trail system. Another memorable moment was the finish line party complete with awards, a large spread of catered food, runner's massages, and a live '80s cover band known as The Breakfast

Klub out of Park City, Utah.

Runners enjoyed the many donated raffle prizes and giveaways at the finish line, where family and friends were invited to join in the celebration and cheer on their loved ones.

All participants received a commemorative t-shirt, swag bag, and medal hand delivered by Miss Iron County or Miss Color Country's

Outstanding Teen. Age division winners won another medal on top of that to add to their collection along with a \$25 gift card. This year's top three winners for overall male and female categories also received their own medals, gift cards, and a hand-crafted trophy hand delivered by Mayor Garth O. Green at the award ceremony.

TOP 3 MALES

- » 1st Place - Jason Quinn - 1:09:12
- » 2nd Place - Hunter Chamberlain - 1:10:09
- » 3rd Place - Logan Petty - 1:11:25

TOP 3 FEMALES

- » 1st Place - Angie Green - 1:20:51
- » 2nd Place - Carolyn Williams - 1:22:15
- » 3rd Place - Janzen Quinn - 1:26:40

"We love that so many people look forward to this race every year," stated Twitchell. "Whether you are home-grown in Cedar City or traveling in to admire the breathtaking beauty of Cedar Canyon, there is no denying you will leave feeling some type of way after running 13.1 miles."

Registration for next year's half marathon has already opened! Visit www.CedarCity.org/half to claim your spot today at the lowest registration price of the year.



(Top) The top 5 male runners of Cedar City's 2022 Half Marathon pose for a photo at the finish line. (Bottom) Racer Hunter Chamberlain receives a medal at the finish line, placing second overall.



family

Mom hair, don't care. Or do I?

mom's
CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



There are several habits of successful people that begin at home. Like making the bed, reading something spiritual and eating a solid breakfast. Or so I've been told.

While most of us are not giving presentations to a high-rise room full of CEOs, I believe many of the same principles of success still apply. Starting with getting dressed!

As a stay-at-home mom it's easy to get lost in my kids' needs and make it to noon before realizing I'm still in my pajamas. While this may sound like a relaxing way to spend the day I'm typically left feeling run down, grungy and grumpy.

When I do finally remember to swap sweatpants for jeans I no longer have time for haircare since my tiny posse is after me for lunch. Messy ponytail it is! Again!

I know there is a whole retail based market on the phrase 'Messy (or Mom) hair, don't care' but I am here to call baloney on that concept!

A day or two here and there, I am A-OK with my messy mom hair as I roll up my sleeves and give the house a deep clean. However, when I pull on a pair of jeans and my kids ask if we're going

somewhere, I know I have spent one day too many in causal mode.

Generally speaking, my productivity and mood are both boosted by simply putting on a respectable grocery store worthy outfit and spending a mere 10 minutes on my appearance. Even if I see no other adults that day, I am happier with myself. That tends to rub off on my kids, who respond much better to a positive attitude rather than nagging "frump mom".

In addition to simply getting dressed, I have read several articles on the importance of Me Time after kids. Most of them preach about having a list of things you should be doing for yourself. While exercise, reading, meditation and pampering are great concepts and helpful sanity savers, I believe a mom needs to be flexible about meeting those needs.

For example, exercise may come in the form of lifting toddlers in and out of the car as well as carrying them up and down the stairs, rather than hitting the gym. Meditation may come in the last five minutes of your day while drifting off to sleep rather than sitting in a calming yoga studio. And reading may be browsing Google search results after your kid ate something that might be poisonous or broke out in an unexplainable rash.

I encourage all parents to save a little effort for themselves and see how rewarding it can be for the whole family. But remember to keep it realistic and attainable!



GETTY IMAGES

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2017

2018

2019

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Follow the QR code to give us your feedback before October 5.

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More Than A Flag is managed by the Utah Department of Cultural & Community Engagement with support from the Governor's Office and the Utah Legislature.



calendar

WED, SEPT 21

MINI-GOLF DAY

SUU HOMECOMING CONTINUES (THRU SAT)
Visit: suu.edu/homecoming for details.

BEGINNING TAI CHI FOR HEALTH (9:30AM)
@ Cedar City Senior Center (489 E 200 S). Excellent low impact movement for stress reduction and balance – Fun and Free! INFO: Maria Bailey (435) 673-3548 x103. Pre-registration not required.



CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

MIDVALLEY FARMERS MARKET (4-7PM) @ 780 Midvalley Rd (Enoch). Live music, jump house, face painting, and more. This is a Project of The PEACE Guild. INFO: Text: (760) 580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM)
@ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

CEDAR CITY COMMUNITY BAND (WEDS, 7-9pm rehearsals) @ Cedar High Band Room (703 W 600 S). No audition required. High School band students and up. (Middle School students may be allowed to play if a parent is also playing in the band). Scheduled performances on November 4, April 7, and June 24. Steve Shirts, director: steve39shirts@gmail.com.

THURS, SEPT 22

HOBBIT DAY

10,000 BEDS BREAKFAST OF HEROES (7:30-9am) Doors open at 7AM. @ Courtyard by Marriott (1294 S. Interstate Dr, Cedar City). Speakers include Cedar City Mayor Garth O. Green, Sergeant JR Robinson - Narcotics Task Force, Councilman Ron & Liz Riddle, Interventionist Travis Whittaker, and Lion's Gate Recovery's Aaron Ward. This event will raise awareness about substance use and mental health challenges in our area. FREE but registration is required on Eventbrite.com: 10,000 Beds Breakfast of Heroes in Cedar City, UT.

BIBLE STUDY CLASS (1-3PM) @ CEDAR CITY Public Library (303 N 100 E). This Precept Upon Precept Bible Study includes a 15-week study of Romans 1-5. Workbooks \$31.50. Romans 1-5 explains the foundational doctrines of our faith - original sin, justification, redemption, and propitiation. Studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber. INFO & Registration: 435-267-2234 or 435-238-3078 and www.precept.org.

PRAYER IN THE PARK (6:30PM) @ CEDAR City Main Street Park. Featured speaker Fr. Adrian Komar of Christ The King Catholic Church. Prayer gathering sponsored by Cedar Area Interfaith Alliance (CAIFA). As part of our community outreach we will be collecting non-perishable food items for Iron County Care and Share. Bring your chairs and blankets and have a picnic.

FRI, SEPT 23

BRAVE DAY

SUU 17TH PRESIDENTIAL INAUGURATION (3pm) @ America First Event Center (351 W. University Blvd, Cedar City). Inauguration Ceremony of the 17th SUU President, Mindy Benson. Followed by Inauguration Celebration at 4:30 pm at various campus locations. INFO: suu.edu/inauguration/.

SAT, SEPT 24

GHOST HUNTING DAY

CEDAR CITY FARMERS MARKET (9AM-1PM)
@ IFA parking lot (summer) (10am-1pm) @ inside IFA (winter) (905 S Main St, Cedar City), admission FREE. Come for the farmers, food, and artisans as well as drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy (435) 463-3735.



FESTIVAL CITY FARMERS MARKET (9am-1pm) Summer. (10am-1pm) Winter. @ W Center & 100 S. By Bristlecone Coffee. FREE. Festival City Farmers Market offers the bounty of local farmers and backyard gardeners who grow organically.

BELGIAN WAFFLE RIDE & EXPO (7AM-7PM)
@ Main Street Park (200 N Main, Cedar City). Back for another year, the Utah edition of the Belgian Waffle Ride promises unparalleled punishment for entrants. A variety of different surfaces; gravel, single track, rocky trails, sandy sections, and even some asphalt and bike paths. INFO: www.belgianwaffleride.bike.

AG RUN FOR A REASON 5K (8AM CHECK-IN, 9am Race) @ Ann J Gardner East Canyon Park (500 E Center St, Cedar City). Reg \$26 adults, \$5 kids in advance. Day of \$35 adults. Donations & Tickets made here: agmonitoring.com/5k-cedar-city-2022. 4-year-old Hudson was diagnosed with stage 4, high-risk Neuroblastoma. He and his family need our help! If you or your business would like to become a sponsor, reach out to Ammon Davis at adavis@agmonitoring.com.

BREAKFAST ON THE FARM (8:30-11AM) @ Red Acre Farm (2322 W 4375 N, Cedar City). Come enjoy the farm, hear the roosters crow, feed the animals, and eat a real farm breakfast fresh and hot off the grill! INFO: (435) 865-6792 or Facebook /RedAcreFarmCSA/.

HEALTH FAIR + FLU SHOOT OUT (9AM - 12PM)
@ Cedar City Hospital Concourse (1303 N Main). Dozens of booths to provide health screenings, information, support, activities, swag bag, and more. Masking/hand sanitation required.

LABYRINTH WALK (NOON-2PM) @ ST. JUDE'S Episcopal Church (70 N 200 W, Cedar City). Come walk a beautiful tiled medieval style labyrinth within the church. Based on the labyrinth in Chartres Cathedral, France. This meditative practice has been used for centuries to calm the mind and open the soul. FREE (approx. 30 Mins.) INFO/Reservations please call Anne (702) 539-3400, Rev. Lee (435) 586-3623.

PAROWAN GAP FALL EQUINOX (6PM - Presentation) @ Parowan Gap Historic Site (13 miles N of Cedar City off Hwy 130). (7pm) Walk to the Fall Equinox Carin to observe sunset down the center of the Parowan Gap. FREE.



NATIONAL PARK FEE-FREE ENTRY DAY - TO encourage Americans to explore America's natural beauty, rich history, and culture; admission fees will be waived. www.nps.gov.

SUN, SEPT 25

DREAM DAY

BRISTLECONE CARS & COFFEE (9-NOON) @ Bristlecone Company (67 W University Blvd/Center St, Cedar City). Casual meet-up to connect, grab a fresh coffee, New York bagels, and enjoy some of the sweetest rides in Cedar City. INFO: (435) 708-0000.

61ST ANNUAL UTAH SHAKESPEARE FESTIVAL (Matinee and Evening performances) in three grand theaters. FREE nightly Greenshow (summer) at 7:10 pm, backstage tours, seminars, and play orientations. Plays featured this season in repertory are: 'All's Well That Ends Well', 'King Lear', 'Sweeney Todd', 'The Sound of Music', 'Trouble in Mind', 'Clue', 'The Tempest', 'Thurgood' (Thru Oct 9). Tickets and INFO: 1-800-PLAYTIX (752-9849) or visit www.bard.org.



MON, SEPT 26

LOVE NOTE DAY

MESSIANIC DANCE WORKSHOP (4-5:30PM)
@ Cedar City Library (303 N 100 E). Come and learn fun and easy Judeo-Christian dances. INFO: (702) 460-2317.

TRAVIS HUMPHREYS ART EXHIBIT (M-F 9-5pm) @ Cedar City Offices (10 N Main). FREE Admission. Enjoy over 30 original oil paintings of the local area with handmade frames. Paintings are available for purchase. INFO: (435) 586-3399 or goldriversgallery.com

TUES, SEPT 27

NO EXCUSES DAY

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Exhibits include, I'm Walkin' for My Freedom, The Space Between, and Jeanne Jo. Admission is Free. INFO: suu.edu/suma.

WED, SEPT 28

NEIGHBOR DAY

MIDVALLEY FARMERS MARKET (4-7PM) @ 780 Midvalley Rd (Enoch). Live music, jump house, face painting, and more. This is a Project of The PEACE Guild. INFO: Text: (760) 580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM)
@ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.



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calendar

THURS, SEPT 29

IRON COUNTY LOCAL HOMELESS COUNCIL (3PM) @ Libertad Community (Building A) 1044 N. Hovi Hills Drive, Cedar City. A multi-agency collaboration of homeless providers, public agencies, and private entities committed to address and reduce the causes and conditions of homelessness in Iron, Beaver, and Garfield and Kane counties.

FRI, SEPT 30

FINAL FRIDAY ART WALK (5-8PM) @ VARIOUS locations along Main Street and University Blvd (25 N Main St to University Blvd & west to 300 W University Blvd). Visit with artists, see beautiful art pieces made using a variety of mediums. INFO: Facebook: /CedarCityWalks or /CedarCityArts.

SAT, OCT 1

UTAH LANTERN FESTIVAL (3-9PM) @ THREE PEAKS Oasis (7797 N Oasis St/Lund Hwy, Cedar City). General admission \$40. Date Night \$25.99, and Family Bundle \$85 available online at utahslf.com. Come for an evening of food, activities, and more! All children 5yrs or younger have FREE admission to the festival.



TUES, OCT 4

CANYON CREEK SERVICES MASQUERADE CARNIVAL (6-9pm) @ Heritage Center Theater (105 N 100 E, Cedar City). Admission \$20 general admission, group rates available. Tickets available online @ canyoncreek-services.org/. Proceeds allow Canyon Creek Services the ability to provide essential and life-saving services and emergency shelter to survivors of domestic violence and sexual assault. Celebration includes appetizers, drinks, music, entertainment, silent auction and donations.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountypublicwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Lauren Willie 435-359-4819, lewillie@alz.org for info and Zoom link.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 6 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristi 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sunrisechruh.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

DAR – Bald Eagle Chapter

2nd Tues, 4 pm • Cedar City Library, 303 N 100 E

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hatha Yoga

Tues 6 pm & Wed 7 pm, \$10, Retro Fitness (929 S Main St, Cedar City) • Fri 7:30 pm, \$13, Cedar Yoga Space (736 N Main, Cedar City). Connect body, mind, & breath through movement & meditation. Mats provided, all levels welcome. Kirsti 435-327-1200.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main, North Entrance). New and fun way to add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated to live your best life. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health benefitting Seniors. Helps coordination, balance, flexibility, more. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W. Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

"PIONEER"

When you read the word, "Pioneer" what comes to mind? Wagon-wheels and snowstorms? Perhaps a faded picture or heroic story of an ancestor? Do you think of the words Sacrifice, Suffering, or maybe Old and Boring? Maybe you might also be thinking that this week's illustration is a bit boring, at least compared to the usual fun and frolicking pictures from Rockwell's repertoire.

Regardless, this week's ratty advice is no less as important—not to your past, but to your future. Because no matter who you are, you are a mod-

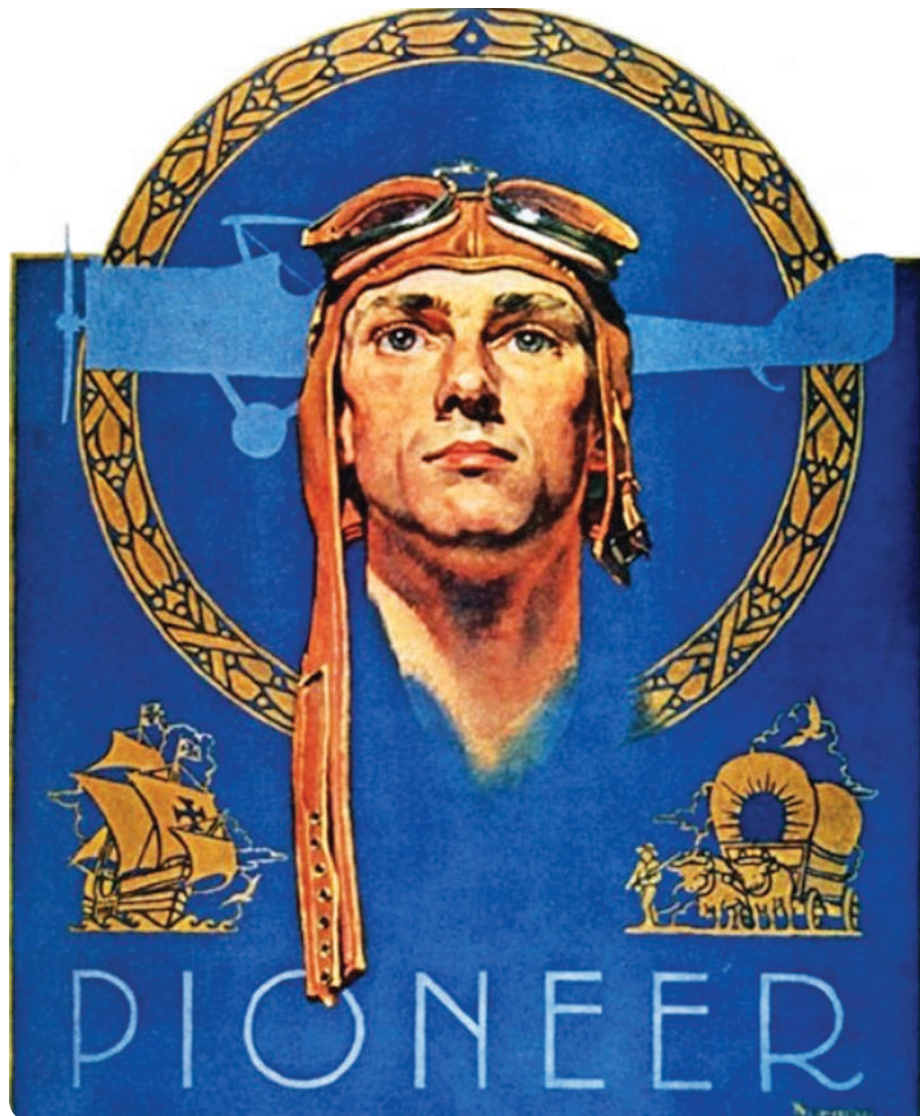
takes as to avoid them in the future. It's not about evasion as much as your innovation and dedication to continuing to forge a new and/or better trail (despite your trials) so that those who follow will do so more safely and successfully.

Being a pioneer is a verb, not a noun. It's continuing to live your life forward, even when the wheels break, come off, or get stuck in the mud made from a tiresome tempest. Being a pioneer isn't about never making mistakes, taking wrong turns, feeling lonely or always knowing the best path to take. There will be times when you just have to put your shoulder to the wheel and take one more step into the unknown. That's why it's also imperative you put your heart to the will to keep pressing forward, no matter what.

Because despite taking new risks and making new mistakes, you are leading the way with your life each day. You may not think anyone is watching, let alone following, but you are making a difference in this world whether you realize it or not.

I know that such responsibility can bring anxiety, perhaps even some unrest and resistance, but that is the price one pays for the privilege of becoming a pioneer. That's also why you must not give up. If you have given up, it's time to get back up and keep moving forward one hope, choice and step at a time.

Whether your faithful feet take you across (under) the land or sea, into the aerospace or outer space, keep putting your shoulder and heart into your choices and opportunities. Today, become a pioneer!



NORMAN ROCKWELL

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



ern-day pioneer. And right now, your life and those who will follow need you focusing more on your future than your past.

We all have ruts and regrets. We've all been stuck in a rut, or perhaps pushed someone in, or failed to help pull someone out. We've all missed and messed up opportunities to better our lives and the lives of those around us. What do we do now? We remind (not reprimand) ourselves that there's a difference between knowledge and wisdom. There's a difference between knowing how, where, when why we got stuck and what we're going to do to prevent it in the future.

Thus, being a pioneer isn't about where you've been as much as about where you're going. However, it isn't just about learning from your mis-

VOLUNTEERS DESPERATELY NEEDED FOR PAROWAN AREA

THE PAROWAN SENIOR CENTER

is in need of substitute delivery volunteers to deliver Meals on Wheels to the homebound elderly. The drivers are needed on Monday, Wednesday and Thursday between the hours of 10:30 a.m. until around 12:30 p.m.

Meals on Wheels is for those that are homebound and cannot get out or prepare their own meals. These seniors are in great need and are very appreciative of this service and especially to the volunteers that make this possible.

FOR MORE INFORMATION PLEASE CALL:

Curtis Crawford, Coordinator
435-225-1222 • ccrawford@ironcounty.net



Intermountain® Cedar City Hospital

is pleased to welcome

Dr. Travis Jones

Dr. Travis Jones was born and raised in southern Utah. He started his undergraduate studies at Southern Utah University where he received his associates degree prior to moving to St. George, Utah, to complete his bachelor's degree from Dixie State University. Medical school brought Dr. Jones and his family to the Denver Metro area while he attended Rocky Vista University, College of Osteopathic Medicine. Internal medicine residency was completed at HCA/HealthONE Sky Ridge Medical Center. Dr. Jones has special interest in type I and type 2 diabetes management, cardiovascular disease, weight loss, and preventative medicine. In his free time he enjoys woodworking, mountain biking, snowboarding, flyfishing, hiking, camping, and spending time with his family.



Power in Pink

COUNTY ANNOUNCES 10TH ANNIVERSARY WALK, 5K

from Donna Law

FOR IRON COUNTY TODAY

On Saturday, October 22, join with other members from Cedar City and Iron County to support local women dealing with breast cancer. This is the 10th year of the Power in Pink-Iron County Walk and 5K which will begin at 8:30 a.m. at Cedar City West Canyon Park, 151 S 400 E.

Early bird registration is \$25 until October 1, with registration thereafter at \$35. Registration and information are available at EventBrite and powerinpink-ironcounty.com where you can also make tax deductible donations if you are unable to participate the day of the event. Registration on the day of the event begins at 8 a.m. All participants will receive an event shirt, swag bag, and 10th anniversary medallion. A number of individual and team prizes will also be awarded.

Started in 2013 by four young breast cancer survivors, this annual event helps meet the needs of local women rather than sending proceeds to national organizations. "We are so pleased that for 10 years we have been able to raise funds from this event and provide assistance to ladies in our area that need help getting through the challenges of cancer treatment," said Robyn Brown, one of the organization's founders.



COREY BAUMGARTNER

"We find this an important time to recognize and cheer survivors and remember those who have lost their lives to this horrible disease."

During the walk, names and photos of women who have dealt with breast cancer line the trail. The Pink team invites all who have someone they would like to honor and remember to send photos of loved ones to powerinpinkcedarcity@gmail.com. In addition, they are seeking volunteers to help make the 10th anniversary event the best yet.

Ernie's Stores is the lead sponsor for this 10th anniversary Power in Pink Walk and 5K. Additional sponsors include: Fiddlers Storage, Jennie Hendricks-CENTURY 21 Prestige Realty, Lovene and Donn Jersey, SUU Alumni and Community Relations, Swig, Mountain America Credit Union, State Bank of Southern Utah, Smith's, Women's Health and Midwifery, and the employees of the Iron County School District.

For more information, visit powerinpink-ironcounty.com, email powerinpinkcedarcity@gmail.com or follow the event on the Power in Pink-Iron County Facebook and Instagram pages.

people

90TH BIRTHDAY

Rod Kaminska

Happy Birthday to Rod Kaminska who turns 90 on September 25, 2022! Come celebrate with him at an open house on the 25th from 3pm-7pm at 525 E 4960 N, Enoch, UT.



Want to submit an announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

ANNUAL CEDAR CITY HOSPITAL Health Fair and Flu Shoot Out

**Saturday,
September 24**
9 a.m. to 12 p.m.

Located in the Cedar City Hospital Concourse

Face coverings and hand sanitation required

DOZENS OF FREE:

- Screenings
- Booths
- Giveaways
- Helpful information
- Low or no cost flu vaccines provided by the Health Department

Visit swuhealth.org/flu for more information on flu vaccines and fill out needed forms.

**For more information,
please call 435-868-5828**



**Intermountain[®]
Cedar City Hospital**

1303 N Main
Cedar City, UT 84721



schools

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

Three Peaks Elementary

The Iron County School District cabinet members had the opportunity to visit Three Peaks Elementary on September 13. Dr. Lance Hatch, Steve Burton, Janette Stubbs, Roy Mathews, and Kevin Garrett helped in classrooms, met with the Student Leadership team for a question and answer session, and listened to teacher suggestions and questions. We were happy to have them visit our school and welcome them back any time.



The Fall Community Council meeting will be held on September 23, 2022, at 2:00 pm in the school library. PTA will sponsor their annual move-a-thon on September 29, 2022. This activity is a fun activity for all students. An envelope with detailed instructions has been sent home with your child. Tax deductible pledge donations may be made in cash, check or online this year at 3peak.memberhub.store. If you did not receive an envelope, please let your child's teacher know. Participation is optional.

Escalante Valley Elementary

Guests from Thanksgiving Point met with our 3rd grade class to teach them scientific skills including observing, recording and making models. Students studied life cycles by observing various stages of mealworms. Ultimately, they were given the opportunity to examine and plant tulip bulbs, which they hope will bloom in the spring.

**South Elementary**

South Elementary PTA is continuing the great legacy of support that has been carried on from year to year. On Monday, September 12th, South's PTA sponsored a successful Family Fun Night filled with great food and activities. Along with rock climbing and food trucks, there was a raffle to benefit our students. South students and staff are so appreciative of the parents and community members who support our PTA!

**Enoch Elementary**

Enoch Elementary gathered at the flagpole to remember the events of 9/11. Principal Ekker spoke of his time in the military, the sacrifices of many, and what it means to love your country. He encouraged students to say thank you to veterans and show respect to the flag.



Bring your family to the Fall Carnival on September 26, from 5-7pm for bounce houses and more. Keep an eye out for more fun happenings by following the Enoch Elementary PTA on Facebook.

Fiddlers Canyon Elementary

Mark your calendars for SEP Week October 3-7. School will let out at 2:30 every day, including Friday. Your child's teacher will be reaching out to schedule conferences to discuss your child's progress. We will also be holding our Book Fair the same week, which will be open at lunch and after school during parent-teacher conferences.

If your child missed school picture day or if the photos just didn't turn out quite right, you have another chance. School picture make-up day will be Thursday, October 6.

Our next PTA meeting will be Wednesday, October 12 at 2:30 in the school faculty room. We hope to see you there! Follow Fiddlers Canyon Elementary PTA on Facebook for more updates and highlights.



COURTESY KATI MEYERS

Monarch Metamorphosis

The Gateway Academy Kindergarten & First Grade students have been learning about the Butterfly Life cycle. The Ogden Nature Preserve provided us with Monarch Butterfly Caterpillars, milkweed and a net. Students were able to watch the caterpillars eat the milkweed, turn into a chrysalis and then emerge as a Monarch butterfly and be released for migration.

Grow your money for brighter days.

Earn up to

1.25% APY*on a **Money Market Plus** account.

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Membership eligibility subject to verification.
Federally insured by the NCUA.

*Rates effective 9/1/22. APY = Annual Percentage Yield. For Money Market Plus Relationship Bonus Rate accounts, you must maintain a LifePlus or Business Checking account during the calendar month. Rates displayed include 0.10% APY Relationship Bonus. Minimum balance for advertised rate \$1,000,000. The monthly qualified cycle is defined as the period beginning on the first calendar day of the month and ending on the last calendar day of the month. Fees could reduce earnings on the account (applies only to maintenance or activity fees). Variable rates. Rates subject to change at any time. UT/NV

Scan to learn more



VISIT US ONLINE AT IRONCOUNTYTODAY.COM

schools

Special mural honors dear colleague, friend

from Lynn O'Neil

ASSISTANT SECRETARY, IRON SPRINGS ELEM.

Iron Springs Elementary honored former educator and dear friend, Chari Hensler, who passed away from cancer in 2021. A mural was created at Iron Springs Elementary to illustrate important characteristics that she embodied which help students empower themselves and others around them.

During their monthly IRON assembly, Principal Nathan Jenkins shared how kindness and respect help us to build relationships of friendship, and that good friends help us to go through the fields and mountains of life where the sun will rise and shine once again.

Ms. Emily Pereira, a teacher



PHOTOS COURTESY SHAUNA LUND

A special mural was created in Chari's honor and during a special assembly words about friendships, kindness and compliments were shared by Principal Nathan Jenkins and Teacher Ms. Emily Pereira.

at Iron Springs Elementary and friend of the late Chari Hensler, taught students the importance of

receiving the compliments given to them and how that builds respect within ourselves. She also shared how Chari taught her to accept compliments by hearing them, catching them, placing them in your

heart and saying thank you.

Chari Hensler's family and the mural artist, Baylee Weiner, were recognized at the end of the assembly and gifted a framed digital rendering of the mural.

INCOMING, IT'S HOMECOMING!

NEWS FROM THE NEST

by Kayleah Madsen

FOR IRON COUNTY TODAY

These past few weeks the halls of Canyon View have been filled with unspoken feelings of anxiety and excitement. The reason for these tensions? Homecoming. Boys have been busy mustering up enough courage to ask a girl to a dance, meanwhile the girls are scrambling to find the perfect dress. Nevertheless, despite the anxiety, we are brimming with excitement. There are many fun activities during homecoming week to get us riled up for the big game.

On Monday from 5pm-7pm the student government is partnering with Sparkles Car Wash to give anybody and everybody a free car wash. Of course, donations are accepted. All proceeds go to CV Christmas

(The Christmas gift drive for students in need). On Tuesday, we are organizing a drive in movie in the parking lot of CV Middle School at 8pm. On Wednesday we are holding our annual Powder Puff game at 7pm. On Thursday the Senior Class is getting together on the football field at 8pm to release lanterns into the night sky. Friday is the highly anticipated game day. This year we

are throwing a tailgate party for the entire community before the game. This party will be in the parking lot of CV Middle School at 5pm, hope to see you there!

This year we are also starting a new tradition of honoring alumni each homecoming. This year we are honoring the Class of 2002 and 2017. On Friday, we invite alumni of all classes to come to the Alumni Banquet

outside of Canyon View High School at 5:30pm. Lastly, on Saturday our very own princes and princesses may just find their happily ever after at our Homecoming dance.

Along with the anxieties and excitement surrounding Homecoming week, region is looming right around the corner for many of our fall sports. Luckily, we seem to be up to the challenge. The girls soccer team is on a roll,

having won their past 7 games in a row. Tennis has swept their last 2 matches against San Juan and Gunnison, and cross country got back from pre-state competition with a few medals under their belts as well as some new personal records. Keep it up Falcons!

Despite the enthusiasm in which we press forward, I would like to take the time to acknowledge the past. On September 9th, 2001, four terrorist attacks were launched against the United States by the Islamic extremist group, al-Qaeda. In these attacks 2,996 lives were lost, may they rest in peace. To honor those lives who we lost too soon, our choir, Madrigals sang at Fiddlers Elementary during their annual 9/11 commemoration.

Suffice it to say, this week has been quite the emotional roller coaster. Yet, here at Canyon View you are never on the ride alone. For every high and every low, for every twist and every turn, we get through it together.



COURTESY CANYON VIEW

To honor those lives lost too soon, Canyon View's choir, the Madrigals, sang at Fiddlers Elementary during their annual 9/11 Commemoration.

obituaries

Allan Scharn



Allan Scharn was born on July 12, 1935, to Emil and Myrtle Scharn in Watertown, SD and passed away in Cedar City, UT on September 9, 2022.

He attended Clark High School in Clark, SD. Following graduation he married Mary Block from Webster, SD and they moved to Southern California. While attending college, Allan worked in the Retail Food Industry.

Allan and Mary are the parents of Debra and Steven, Grandparents of Matthew Francis and Andrew Francis and great-grandparents of Quinn Scharn and Phoenix Francis.

Allan spent his entire career in the food business. He served as President of Gelson's Markets, a Southern California supermarket chain. He was also active in community, charity and industry service. Allan served as a member of the board of directors and officer of several grocery companies. He was also a member of the board of directors and officer of the Southern California Grocers Association, a

member of the board of directors and officer of the California Grocers Association, and Chairman of the Board of Trustees of the California Grocers Association Educational Foundation.

Allan received several awards including: The National Conference of Christian and Jews Humanitarian Award, the Dennis Day Memorial Award from the Muscular Dystrophy Association, the Spirit of America Award from the National Grocers Association, and the Hall of Achievement Award from the California Grocers Association. Following retirement, Allan and Mary moved to Cedar City, UT.

Allan was preceded in death by his parents and older brother, Leslie. He is survived by his wife Mary, daughter Debra (James) Lefler, son Steven (Cindy) Scharn, grandsons Matthew and Andrew, great-grandson Quinn and great-granddaughter Phoenix.

Private family services will be held at a later date. Arrangements were made under the direction of Southern Utah Mortuary. Online condolences may be left at mortuary.org.

Lori Ann Langan



Lori Ann Langan, 62, passed away September 10, 2022, in the comfort of her home in Enoch, Utah. In her last moments she was surrounded by her family in love.

She was born July 30, 1960, in Yankton, South Dakota to Jack and Carol Watson. She grew up mainly in Nebraska and married Patrick Langan in Utah where she spent the majority of her life.

Those who knew Lori would describe her as a social butterfly. She had a knack of making others feel special and loved. She always put others before her and found the best in each person. She loved spending time with her husband deer hunting and one of her favorite memories with Patrick was when she won their wedding ceremony at Cabela's from her favorite country radio station K-bull '93.

She loved spending time with her family, her grandchildren, and her girlfriends. She was very proud of her daughter, Kylie, and spoke of her accomplishments to anyone she came into contact with. Lori was always known to be a fighter with positivity. She battled breast cancer since 1996 and also celebrated 22 years of sobriety. She was a genius when it came to making friends and welcomed all into her home.

She is survived by her spouse Patrick Langan, her brothers Terry and Mike Watson, her children Kylie Anne, Marie Castaneda, Patrick Jr. Langan, Justina Corbett, Anna Teeple, Laura Langan, Samantha Ontiveros, 12 grandchildren, and 5 great grandchildren. She was very loved by everyone close to her.

She was preceded in death by her parents Jack and Carol Watson, her brother Dan Watson, and her daughter Shaina Marie Watson.

Funeral Services were held the 15th of September 2022, at 1 p.m. at Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com and gifts and donations can be sent at https://www.paypal.com/donate/?hosted_button_id=KQ92QQ46FGFQJ

Catherine Jane Holt



Catherine Jane Holt peacefully passed away on September 5, 2022. She was 83 years old. Her family who had held vigil by her bedside for several days surrounded her. Our family would like to extend our thanks for Cedar Health and Rehabilitation. They went above and beyond in making sure she was comfortable. In addition, Zion's Way Health and Hospice provided our mother with the highest level of care.

Our mother lived an extraordinary life. She was born in Denver, Colorado in 1939 to Frank and Effie Patterson. Her father was a career army man and as a result, our mother was able to see the world as a young woman. She travelled throughout Europe and went to high school in Germany and Austria. Salzburg held a special place in her heart.

Our mother was generous, kind, loyal, intelligent and loved a good laugh. These traits helped her in every aspect of her life. Our mother was married a few times, but she was always successful when she was not married. She did everything to insure that our family was okay. This was a variety of jobs including cleaning restrooms in the morning every week. She was a teacher's aide, and employment counselor helping others find employment. However, her calling came when she became a dispatcher for Garfield County Sheriff's Department. She held additional positions as well including civil defense director and victims witness advocate. One of her biggest successes was reuniting a family when one parent took a child and was on the run. Her quick actions insured that the family was brought back together. She then worked at the Iron County Correctional Facility for several years. Her face was the first one you saw when you arrived. Mom was kind and non-judgmental to everybody in the facility. She received awards for this.

After she retired, she concentrated her time on her family. We would have yearly Christmas parties where everyone would travel for fun, presents and food. She adored her children, grandchildren, and great-grandchildren. As she got older, she received a great deal of daily help from Sage Holt and Sky Lynn Christensen. They would help her clean and run errands for her. These are the children from her youngest son, Jeff Holt. She adored little Daniel Jay Holt as well.

It is difficult to put into words everything positive about our mom. She raised all good children who today are working, raising families, etc. This all begins with my mom. She taught us these things. She seemed to make an impact on people wherever she went.

Her parents Frank and Effie Patterson and her sisters (Gladys and Patsy (Lee) precede her in death. Her beloved companion "Rocket" also precedes her. This was her Chihuahua. Rocket was more than a pet. Rocket was her world. Her children Matthew Hughett, Roger Hanne, Frank Holt, Raymond Holt, Robin Holt and Jeffrey Holt survive her. She also leaves behind her ex-daughter-in-law whom she adored through thick and thin. Her grandchildren include Zeke Hughett, Heather Hughett, Sam Hughett, Jordan Hanne, Tyler Hanne, Patrick Hanne, Mason Becker, Sharlene Rosas, Marc Holt, James Holt, Sarah Holt, and Catherine (Catie) Ann Horton. Her great-grandchildren include Carlos Rosas, Ethan Rosas, Sky Lynn Christensen, Sage Janie Holt, and Daniel Jay Holt. We are all better because of her.

Memorial services were held on Saturday September 17, 2022, at 1:00 pm at Southern Utah Mortuary, 190 N 300 W, Cedar City, UT 84720. Live streaming of the Memorial is available on Catherine's obituary page. Arrangements are under the direction of Southern Utah Mortuary. Online condolences can be made at mortuary.org.

Jesse D Prisbrey



Jesse D Prisbrey, 84, was born on January 7, 1938, to Reed & Doneva Huffman Prisbrey. He was the youngest of four & spent his childhood living on a 600-acre farm in New Harmony, UT.

At the age of seventeen, Jess' desire to see the world took over one day when he decided to skip school & walked to the recruiting office to join the United States Navy. From 1951-1955 he served aboard the USS Piedmont in the Pacific Theater. He loved being out to sea!

After a fifteen-month courtship & engagement, Jess married Sherie Seegmiller on December 15, 1961, which was later solemnized in the St. George LDS Temple. The first four years of their marriage were spent in Salt Lake City while the two of them attended trade schools. It was during this time that Jess became a heavy diesel mechanic.

When they decided to move back to Southern Utah, no homes were listed for sale in New Harmony. Jess & Sherie decided to split the distance between their parents & settle in a modest home in Kanarrville where they raised their three children.

Throughout his career, Jess worked for many companies as a heavy diesel mechanic. He absolutely loved the puzzle of disassembling & reassembling an engine. Jess was a member of the Church of Jesus Christ of Latter-day Saints & served in many callings. From 2006-2008, Jess & Sherie served a mission at the Cedar City Cannery.

Shortly after midnight on September 15, 2022, Jess peacefully returned to his Father in Heaven at his home surrounded by family.

Jess is survived by Sherie (wife), Tonya (daughter), Ramona (sister), 16 grandchildren, and 34 great-grandchildren & counting.

Jess is preceded in death by his parents, Donald (brother), Katherine (sister), David (son), Jason (son), Richard (nephew), & Margaret (niece).

The family wishes to thank Dr. Lin & her oncologist team, VA Clinic, Zion's Way Hospice, and the many family, friends, & neighbors for their service & support during the past few months.

A viewing will be held from 10a-11:30a on Saturday, September 24, 2022, at the Kanarrville LDS Church. Funeral will be held at 12p on Saturday, September 24, 2022, at the Kanarrville LDS chapel. Burial will follow funeral services at the Kanarrville Cemetery under the direction of Southern Utah Mortuary. Online condolences may be left at mortuary.org.

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an obituary?**

There is a charge of \$50 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submissions is Monday at noon.

faith

"HIS HAND IN MINE"

"These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God's love."

— L. Brent Jones

How Do I Measure Up

by L. Brent Jones

*Each day that I make mistakes
They are discouraging to my soul.
When I see my imperfections,
My doubts will take their toll.*

*They tell me I'm not good enough,
To deserve our Savior's love.
My spirit becomes overwhelmed,
Knowing He's watching me
from above.*

*Will He forgive me of my foolish acts,
When my choices come out wrong?
Or, when I cause someone pain,
Will He merely go along?*

*What is it He expects of me,
Since perfection is His goal?
It is to try, try and try again,
And claim the Savior's role.*

*It is to be sorry for my mistakes,
And to repent of what I've done.
Then bask in His forgiving light,
For my freedom He has won.*

*From others I might hide my flaws,
But to Him, He sees them all.
Then makes weak things become
strong,
As I hear our Savior's call.*

*He shows to me who I can be,
Then helps me find my way.
He tells me I am not alone,
And I'll have another day.*

*As He forgives, He also counsels me,
To forgive as He has done.
To everyone that crosses my path,
From the many to the one.*

*Forgiveness is an act of love,
That everyone deserves.
So, with this help may I be found,
Forgiving those I serve.*

*Then with my commitment to God,
Let charity fill my cup.
For as forgiveness is the love He
shows,
How do I measure up?*

"Strong Tower" (Kutless)

What comes to mind when you read the word "tower"? There are many types of towers, cell tower (communications) watchtower (observations), and some for (fortifications). There's a definite difference between a cell tower and a watchtower. Towers in the Bible had a different purpose than those of today. In the Bible (Proverbs 18:10), it refers to the Lord as a "Fortified Tower." In today's world we need all 3 types of towers more than ever.

In a world where it seems there are fewer and fewer places of refuge, where can we turn for peace? Where can we find such towers to help connect us, direct us and protect us? In some situations, we may wonder where such towers need to be built, or re-built and reinforced.

The first tower that comes to mind, along with our Savior, is the home. The home is designed and designated by Deity as a safe place to rest from our rigors and to recharge, reinforce and reset our resilience. They say the home is where you hang your hat. It should also be a place

where you hang your heart, safely and confidently. It's much more than a pitstop from the perils and pains of daily life. It's where you can find peace after a long day of being broken in pieces.

The home is a fortress we should look forward to returning to, not running away from. And yet, I know there are some who didn't have and/or

worry that the damage done is too great and there is no way to repair your foundation or re-build your heart and home? As both Creator and Carpenter, Jesus can heal your heart and help rebuild your house—and not only rebuild, but make you more beautiful and stronger than you ever were (Psalm 27:1, 46:1-2, Joel 2:25)!

That's why wherever you call home today and regardless of where you hang or have hung your hat and heart, there is one Strong Tower that will not fall, or fail to help you endure and overcome the storms and sieges of this world (Psalm 62:1). We know all too well if the devil can't destroy our strongholds, then he will seek to decoy us from them so we

are left defenseless. Both Jesus and the devil know well the power of homefield advantage.

Thus, Jesus is the best place to hang your heart and your hurt. He is your shelter from the storms and shield from your enemies. Let Him be your Strong Tower and to bring fortitude to your foundation and your fortress.

**GOD'S
playlist**

Corey Baumgartner

news@ironcountytoday.com



don't have such a refuge. Their home was/is more hell than heaven in which they have ran away, drove away, or were carried away from a home that felt more like a pit than a pitstop.

What if your home wasn't or isn't a strong tower? What if someone/something has wrecked, or has been wreaking havoc in your heart, mind and soul for a long time? Do you

Jehovah's Witnesses resume door-to-door ministry

from Jamie Dunjey

JEHOVAH'S WITNESSES SPOKESPERSON

The two-and-a-half-year suspension of the work ended just in time for the launch of a global campaign featuring an interactive program for Bible study.

The decision to resume their door-to-door ministry marks the complete restoration of all pre-pandemic in-person activities for the nearly 1.3 million Jehovah's Witnesses in the 12,000 congregations in the United States. Houses of worship (called Kingdom Halls) were reopened on April 1, witnessing in public places resumed on May 31 and in-person conventions are again being planned for 2023.

"It's exciting to be going back to speaking with people in person," said St. George resident Dustin Werre, who will be heading out to the neighborhood with his wife, Stephanie, in the coming weeks. "We have enjoyed reaching out to people on the phone and in letters ... but nothing takes the place of seeing our neighbors face-to-face."

The suspension of the public ministry was a proactive response by the organization to keep communities and congregants safe. The move was also

unprecedented. Jehovah's Witnesses had been preaching from house to house without interruption for more than 100 years through an economic depression, two world wars and global unrest, but COVID-19 demanded a different response.

"We believe that the early decision to shut down all in-person activities for more than two years has saved many lives," said Robert Hendriks, U.S. spokesperson for Jehovah's Witnesses. "We're now ready and eager to reconnect with our neighbors once again — person-to-person, face-to-face. It's not the only way that we preach, but it has historically been the most effective way to deliver our message of comfort and hope."

The return to an in-person ministry coincides with a global campaign to offer an interactive Bible study program, available in hundreds of languages and offered at no cost. The course comes in the form of a printed book, online publication or as an embedded feature within the organization's free mobile application, JW Library. Released in late 2020, the interactive study platform combines text, videos, illustrations and digital worksheets to help learners of all ages.

"This study program is designed to match the learning style of the

21st-century student," said Hendriks. "We're excited to begin sharing it with our neighbors as we return to making personal visits."

The pandemic forced Jehovah's Witnesses to pivot quickly to virtual meetings and conventions while conducting their ministry exclusively through letters, phone calls and virtual Bible studies. This has led to growth in meeting attendance and the number of congregants, with more than 400,000 newly baptized Witnesses joining the ranks of 120,000 congregations globally in just the first two years of the pandemic.

Utah resident Kimberly Robles is one of those newly baptized. "It was like therapy, writing it and putting it there in my own words," she said of sending letters to her neighbors about the Bible's message of hope. As she anticipates knocking on doors for the first time, she knows what she wants to share. "There's a better life ahead of you and it's not just what this world offers," she said.

For more information about Jehovah's Witnesses, their history, beliefs, activities and content available in more than 1,000 languages, visit their official website, jw.org.

sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

FALCONS FLY FAST

CV EXTENDS WINNING STREAK TO SEVEN

by Tom Zulewski

IRON COUNTY TODAY

In what's been a rare moment, the Canyon View girls soccer team found itself on equal terms with the opposition after it scored a quick goal. Once Bethanee Vargas went to work, the Falcons flew high again and soared to another convincing win.

Vargas broke a 1-1 tie with a long-range shot from just outside the 18-yard box midway through the first half, and CV poured it on from there to beat the Carbon Dinos, 5-1 on Sept. 15, extending its winning streak to seven games and padding their lead in Region 12 to two games over the Dinos with three to play in the regular season.

Head coach Steve Newman credited the goal from Vargas – which came less than two minutes after Carbon's

Kinley Cowdell scored on a free kick to get the Dinos on the board – in helping CV regain control of the game. It was the first goal given up by the Falcon defense in 338 minutes.

"We haven't had very many games where we were ahead and got equalized," Newman said. "It was a good challenge for our players to figure out how to dig in and not crumble."

The Falcons pushed the margin to 4-1 with goals from Emilee Winters in the 29th minute and Harmony Lopez with two minutes left in the first half. Lopez lifted a shot from 20 yards out that slipped under the crossbar and splashed into the top right corner of the net.

Vargas added her second goal of the game, and CV's only tally in the second half, when she got a clean, rolling 15-yard shot past the Carbon



Canyon View's Madison Roberts beats her opponent to the ball and evades her Dinos defender.

Canyon View's goalie Gracie Burt kept the Dinos' hopes of a comeback extinct.



"It was a good challenge for our players to figure out how to dig in and not crumble."

Steve Newman, CV head coach

keeper despite slipping on the grass after making contact with the ball.

"We've been trying to teach the girls it doesn't have to be fancy, just get it past the goalie and into the box," Newman said.

Brook Davie got the scoring started for Canyon View in the 18th minute with a 20-yard shot that settled in the cage for the 1-0 lead. In the Falcons' other game of the week, Trinity Marsh's hat trick set the pace in a 6-0 road shutout over the Emery Spartans on Sept. 13. Davie added two goals to the win and Vargas had the other.

Standing at No. 2 in the latest RPI ranking, CV was idle Tuesday and will travel to Grand to play the Red Devils on Thursday in a 4 p.m. kickoff.

PHOTOS BY JR ROBINSON

Reds survive scare, beat Panthers

KUCIFER KICKS GAME WINNER IN OVERTIME

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds saw a two-touchdown second-half lead evaporate, and found itself in serious trouble when its opponent moved in front looking for its first win of the season.

Given an additional opportunity, Parker Kucifer didn't miss on his second chance as he helped Cedar escape with a well-earned victory.

Despite missing a shorter field goal that would have won the game at the end of regulation, Kucifer hit a 38-yard field goal in the first overtime as Cedar held on for a 31-28 win over the Pine View Panthers on Sept. 16, their second straight. The Reds improved to 2-1 in Region 10 and 3-3 overall, while Pine View remained winless on the season at 0-3, 0-5.

It took a while, but Cedar got started with 12 seconds left in the first quarter when quarterback Kodan Lunt scored on an 11-yard run. Lunt struck again with his legs on a 4-yard run late in the second quarter that put the Reds up 14-0.

Pine View found the end zone with 25 seconds left before the break when Tyler Brown threw the first of his three touchdown passes, a 10-yard toss to Blake Stucki. Cedar restored a two-touchdown lead on its opening drive of the second half when Lunt

hit Ammon York for a 30-yard TD, but the Panthers bounced back quickly. Brown struck again with two touchdown tosses in less than a minute. He hit Matt Costa on a 23-yard score with 7:38 left in the period. After Lunt threw an interception on the Reds' next drive, Brown found Quincy Jones on a 5-yard touchdown to tie the game at 21-21.

After a fourth-down gamble by Cedar resulted in a turnover on downs, the Panther offense capitalized and took its first lead since the first quarter of the game against Salem Hills on Aug. 26. When Jacob Sersansie scored on a 2-yard run with 10:44 left, Pine View had a 28-21 lead.

Cedar responded on its next drive when Logen Weselowski caught an 8-yard touchdown from Lunt to pull even at 28-28 with 7:43 remaining.

The score stayed tied until there was .8 seconds showing on the clock and the ball sat at the Pine View 3 after a penalty. Kucifer's 21-yard field goal attempt bounced off the upright and the game moved into overtime.

Pine View had the ball first, but a penalty wiped out a touchdown and the

Panthers did not score on its possession. Cedar didn't get a first down on its overtime chance, but Kucifer hit the game-winning field goal and helped the Reds exhale. It was Kucifer's second successful 38-yarder on the season, the other coming to end the first half against Snow Canyon on Sept. 2. Cedar will return home for a game against Dixie on Friday at 7 p.m. The Flyers are coming off a 51-26 loss at home to Desert Hills last week.



Cedar
31



Pine View
28

Cedar 7 7 7 7 3-- 31
Pine View 0 7 14 7 0-- 28

Q1 - C - Lunt 11 run (Hernandez kick), :12

Q2 - C - Lunt 4 run (Hernandez kick), 4:06
PV - Stucki 10 pass from Brown (Swift kick), :25

Q3 - C - York 30 pass from Lunt (Hernandez kick), 10:20
PV - Costa 23 pass from Brown (Swift kick), 7:38
PV - Jones 5 pass from Brown (Swift kick), 6:43

Q4 - PV - Sersansie 2 run (Swift kick), 10:44
C - Weselowski 8 pass from Lunt (Hernandez kick), 7:43

OT - C - FG Kucifer 38



Canyon View
34



North Sanpete
32

Canyon View 7 6 14 7-- 34
N. Sanpete 12 7 6 7-- 32

Q1 - NS - Cook 49 pass from Allen (kick failed), 9:47
CV - Groft 6 run (Slack kick), 2:56
NS - Murrillo 49 pass from Allen (run failed), :25

Q2 - NS - Allen 2 run (Contreras kick), 2:28
CV - Groft 1 run (kick failed), :48

Q3 - CV - Macias 25 pass from Jensen (Slack kick), 4:38
CV - Macias 44 pass from Jensen (Slack kick), 1:31
NS - Allen 16 run (run failed), :00

Q4 - CV - Buhler 23 pass from Jensen (Slack kick), 10:57
NS - Jacobson 27 pass from Allen (Contreras kick), 8:03

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View Falcons were down by two scores late in the first half. With Jaxon Jensen doing the work at quarterback, it was only a matter of time before his team found a way to win and get 3A South play off on the right foot.

Jensen threw three second-half touchdowns as Canyon View overcame a 19-7 deficit and beat the North Sanpete Hawks, 34-32, on Sept. 16 in the region opener for both teams. Asher Groft added two touchdown runs in the first half as the Falcons improved to 4-2 overall.

The host Hawks (2-4, 0-1) took the 12-point lead when Tyler Allen scored on a 2-yard run with 2:28 left before

the break, but Groft helped CV respond on a 1-yard run with 48 seconds to play. Although the PAT was missed, the Falcons cut the North Sanpete lead to 19-13 at the break.

Canyon View's momentum continued in the third quarter when Jensen hit

the 2-point conversion was missed. CV countered quickly and pushed the lead back to 34-25 when Traie Buhler caught a 23-yard touchdown from Jensen one minute into the fourth quarter, and North Sanpete had one last answer when Allen threw his third

CANYON VIEW OVERCOMES 12 POINT DEFICIT

Macias on a 25-yard touchdown with 4:38 to play in the period. The duo connected again three minutes later on a 44-yard score to put the Falcons up 27-19, but quarterback Tyler Allen gave the Hawks a jolt of offense on the final play of the quarter when he scored on a 16-yard run to cut the deficit to two after

touchdown of the night, a 27-yard connection to Beau Jacobson with 8:03 to play. The Falcons' defense was able to hold on from there and secure the win.

Canyon View will return home to play Manti on Friday in a 7 p.m. kickoff. The Templars rolled over Carbon, 42-13 in last week's 3A South opener.

SCOREBOARD

SCORES

Region 10 Football

9/16 Cedar 31, Pine View 28, OT
Snow Canyon 47, Hurricane 0
Desert Hills 56, Dixie 21
Crimson Cliffs 41, Cyprus 8

3A South Football

9/16 Canyon View 34, N. Sanpete 32
Manti 42, Carbon 13
Juab 54, Richfield 40

1A South Football

9/16 North Summit 39, Parowan 19
Enterprise 22, Kanab 14
Milford 62, Water Canyon 6

Region 10 Girls Soccer

9/13 Cedar 1, Dixie 0
Desert Hills 1, Crimson Cliffs 0
Hurricane 3, Pine View 2

9/15 Crimson Cliffs 2, Cedar 1
Dixie 2, Hurricane 2,
Flyers win 5-4 on PKs
Snow Canyon 4, Pine View 1

Region 12 Girls Soccer

9/13 Canyon View 6, Emery 0
Carbon 6, Grand 0

9/15 Canyon View 5, Carbon 1

STANDINGS

Region 10 Football

	REGION	OVERALL
Crimson Cliffs (1)	2-0	5-1
Snow Canyon (5)	2-1	3-3
Cedar (7)	2-1	3-3
Desert Hills (2)	1-1	4-2
Dixie (3)	1-1	3-2
Hurricane (12)	1-2	1-5
Pine View (13)	0-3	0-5

3A South Football

	REGION	OVERALL
Juab (2)	1-0	6-0
Canyon View (4)	1-0	4-2
Manti (8)	1-0	3-3
Richfield (5)	0-1	4-2
North Sanpete (9)	0-1	2-4
Carbon (12)	0-1	2-4

1A South Football

	REGION	OVERALL
Enterprise (1)	1-0	6-0
Milford (3)	0-0	5-1
Parowan (9)	0-0	1-4
Kanab (6)	0-1	5-1

Region 10 Girls Soccer

	REGION	OVERALL
Desert Hills (3)	6-1	9-3
Snow Canyon (6)	6-1	8-3
Cedar (5)	6-2	8-3
Crimson Cliffs (8)	3-5	4-9
Dixie (10)	3-5	3-10
Hurricane (12)	3-5	4-7
Pine View (13)	0-8	1-10

Region 12 Girls Soccer

	REGION	OVERALL
Canyon View (2)	5-0	10-3
Carbon (7)	3-2	8-4
Richfield (8)	2-2	7-4
Emery (15)	1-3	3-9
Grand (18)	0-4	1-4

SCHEDULE

Region 10 Football

9/23 Dixie at Cedar
Desert Hills at Snow Canyon
Hurricane at Crimson Cliffs

3A South Football

9/23 Manti at Canyon View
Juab at North Sanpete
Richfield at Carbon

1A South Football

9/23 Milford at Parowan
Enterprise at Water Canyon
Layton Christian at Kanab

Region 10 Girls Soccer

9/20 Cedar at Parowan
Pine View at Desert Hills
Snow Canyon at Dixie
Crimson Cliffs at Hurricane

9/22 Hurricane at Cedar
Crimson Cliffs at Pine View
Desert Hills at Snow Canyon

Region 12 Girls Soccer

9/20 Carbon at Richfield
Emery at Grand

9/22 Canyon View at Grand
Emery at Richfield

Cedar girls split pair on pitch

by Tom Zulewski

IRON COUNTY TODAY

Keana Tolman scored a penalty-kick goal in the first half, but Crimson Cliffs responded in the final 40 minutes and rallied for a 2-1 victory over Cedar on Sept. 15, knocking the Reds out of a share of first place in the Region 10 standings at 6-2, 8-3 overall.

As was the case in the first meeting between the teams Aug. 23, Tolman got the scoring started with a penalty-kick goal in the first half, her fifth of the season and 18th overall. Unlike in the first meeting, the Mustangs were the ones who delivered two second-half goals and left

with the win.

Quinci Smith and Avery Cardenas scored for Crimson Cliffs – last year's 4A state runner-up – who improved to 3-5 in Region 10 and 4-9 overall.

In its other game on Sept. 13, Tolman scored in the first half and it held up the rest of the way as Cedar shut out the Dixie Flyers, 1-0. Cambria Simper earned her third clean sheet of the season in goal for the Reds in the win.

Cedar played a make-up road game at Parowan on Tuesday that was too late for press deadline, and they return to region play Thursday with a home game against the Hurricane Tigers that starts at 4 p.m.

Nelson, Smith lead North Summit past Parowan

by Tom Zulewski

IRON COUNTY TODAY

McKade Nelson ran for two touchdowns and added a kickoff return for another score, and Jake Smith delivered two rushing TDs and threw a scoring pass in the first half as the North Summit Braves routed the Parowan Rams, 39-19 on Sept. 16. The Braves improved to 2-4 on the season while Parowan fell to 1-4.

Smith got the scoring started early for the Braves with a 2-yard touchdown late in the first quarter, and he added a 2-yard TD to Carter McCowan along with a 47-yard run in the second quarter. Cooper Townsend got the Rams on the board with 31 seconds left in the



North Summit

39



Parowan

19

Parowan	0	7	6	6	--	19
N. Summit	7	13	13	6	--	39

Q1 – NS – Smith 2 run (Chavez kick), 2:45

Q2 – NS – McCowan 2 pass from Smith (Chavez kick), 5:36
NS – Smith 47 run (kick failed), 2:21
P – Townsend 17 pass from Blair (Townsend kick), :31

Q3 – NS – Nelson 8 run (kick failed), 7:05
P – Hall 3 run (kick failed), 1:23
NS – Nelson 95 kickoff return (Chavez kick), 1:09

Q4 – NS – Nelson 1 run (kick failed), 7:40
P – Hall 30 pass from Blair

half when he caught a 17-yard touchdown pass from Kadyn Blair that cut the lead to 20-7 at the break.

Nelson went to work in the third quarter, scoring on an 8-yard run and adding a 95-yard kickoff return late in the period after Wyatt Hall scored for Parowan on a 3-yard run. Nelson completed the Braves' offensive output for the night when he scored on a 1-yard run with 7:40 left in the fourth quarter.

The Rams were able to score on the game's final play when Hall caught a 30-yard touchdown pass from Blair. Parowan will try for its first 1A South win when they welcome the Milford Tigers to Alma Richards Stadium on Friday in a 7 p.m. kickoff.

Thunderbirds triumph against Bengals in five set thriller

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

CEDAR CITY — The Southern Utah University volleyball team played a thrilling match against the Idaho State Bengals on Saturday, winning in five competitive sets.

Raegen Beeson came out hot to start the first set, scoring four of the first six Thunderbird points. It was a back and forth affair, but Southern Utah held on to a steady lead. A kill from Macy Short made the score 21-15 in favor of SUU. A set win was within reach, and the T-Birds didn't slow down. Idaho State scored four consecutive points to creep back into the game, but the Thunderbirds maintained their composure. Makenzie Templeton was a force to be reckoned with, scoring the last two points for Southern Utah with emphatic kills. The Thunderbirds earned a set one victory with a score of 25-21.

Southern Utah matched the Bengals every move to start the second set. The two teams saw themselves tied 11-11 early on. Neither team built a lead larger than two points, and towards the end of the match the two squads had 22 points apiece. The Thunderbirds briefly took a 24-23 lead after a kill from Calli Johnson, but the Bengals bounced back with three consecutive points. Idaho State tied the match 1-1 by winning the second set 26-24.

Idaho State looked to be in control to begin the third set, building a 14-10 advantage over the T-Birds. Coach Kacey Nady called a timeout to regroup her team and create some

momentum for them. Following the timeout, Southern Utah went on a 10-4 run that gave the Thunderbirds a two point lead late in the set (20-18). The Bengals responded with a four point run themselves, taking the lead back for good. Idaho State would go on to narrowly take the third set 25-23.

Macy Short began the fourth set with some spectacular serves, giving the T-Birds the lead after two aces of her own. The set was a neck and neck contest, with the Thunderbirds holding on to a slim 9-8 lead early on. Idaho State jumped ahead after a 7-1 run gave

them a 15-10 edge over Southern Utah. The situation was similar to the third set, with the Bengals holding a lead late in the match. The Thunderbirds knew the next stretch was pivotal, and they executed to perfection. Southern Utah rallied back with a 11-1 run, highlighted by two more aces from Macy Short and three kills from Makenzie Templeton. Southern Utah now found themselves in the driver's seat, and the Thunderbirds drove straight to the finish line. It was fitting that the T-Birds 25th point was another ace by Molly McDermott, the sixth service

ace of the set for Southern Utah. After a 25-20 victory in the fourth set, the Thunderbirds looked ahead to a crucial winner takes all fifth set.

The Thunderbirds were electric to start the final set. A powerful block by Raegen Beeson negated the Bengals scoring attempt, and gave the Thunderbirds a 3-0 lead. The display of excellence was far from over, however. The Bengals scored, but the momentum had swayed in the favor of the Thunderbirds. The kills began to pile up for Southern Utah during a 6-0 run that blew the game open, first by Makenzie Templeton, then Andreanna McKee. The run was punctuated by a powerful kill by Molly McDermott to give the T-Birds a seemingly insurmountable 9-1 lead. The Thunderbirds saw themselves within arm's reach of victory after a kill from Raegen Beeson made the score 14-6. An attack error from the Bengals clinched the win for the Thunderbirds, as they won the fifth and final set in dramatic fashion 15-6, and the match 3-2.

Makenzie Templeton was huge tonight for Southern Utah, leading the team with 17 kills. Another key factor in the victory was the brilliant play of Macy Short, who added 39 assists and a whopping five service aces. The defensive prowess of Carissa Richie and Raegen Beeson was on display tonight, as they both had crucial blocks during the match (Richie 5, Beeson 3).

The Thunderbirds will be back on the road for a match against California Baptist University on Thursday. The game is scheduled to begin at 8:00 p.m. MT.



SUU's Calli Johnson celebrates with her T-Bird teammates after the thrilling victory over the Bengals.

SUU ATHLETICS

Solid defense, late heroics give T-Birds road win

by **Regan Hunsaker**

ASST. AD, SUU SPORTS INFO

MACOMB, IL — The Thunderbirds flew into Illinois looking for a battle and they found one. Both Southern Utah and Western Illinois were coming off disappointing losses on the road against Power Five teams Saturday afternoon when they met in Macomb for the Leathernecks home opener.

The T-Birds started the game with the ball but after a quick three and out, the drive stalled giving the Leathernecks the ball on their own twenty-yard line. Three incomplete passes later, Western Illinois was forced to give the ball back to the Thunderbirds.

Southern Utah was unable to capitalize on decent field position as the Leathernecks dropped quarterback Justin Miller for a sack on the first play of the drive. Even after a short completion to Elijah Burns, Southern Utah would punt for the second time. After having his first punt pulled into the endzone for a touchback, Jake Gerardi was able to pin Western Illinois deep in their own territory with a coffin corner kick that was caught out of bounds at the four-yard line.

The Leathernecks were able to get some breathing room as nose guard Rylen Sua-Filo jumped offsides on the first play of the drive. Sua-Filo would rectify the mistake quickly though, coming up with a nine-yard sack to make it fourth and long. The Leathernecks short punt was returned by Ethan Bolingbroke inside the Western Illinois thirty-yard line to give Southern Utah their best starting position yet.

Isaiah Wooden got things going for the Thunderbirds as he took a jet sweep all the way down to the one-yard line. The powerful defensive line for the Leathernecks held the line of scrimmage though and Micah Petit came on to kick a short field goal giving Southern Utah the first lead of the game.

When the Leathernecks found themselves deep in their own territory they opted to try and fool the defense with a reverse. The fumbled exchange, however, was recovered by Julian Sanderlin and put the T-Bird offense within striking distance at the five-yard line. Two plays later the Thunderbirds would extend the lead to ten with a touchdown run by Elijah Burns.

In the second quarter an early interception by Davin Wilson caused Western Illinois to make a change at quarterback bringing Clay Bruno into the game. Bruno would begin to carry the Leatherneck offense adding to the ground game as well as the air

attack. Southern Utah Head Coach DeLane Fitzgerald commented that (Bruno) "Wasn't someone we had seen on tape" adding "the young man looked good out there today".

The assiduous Thunderbird Defense was up to the task however, holding Western Illinois to a field goal on the only sustained drive of the

was picked up by fellow T-Bird Zach Strand. Following a short drive and a punt from the Thunderbirds the Leathernecks looked to have a drive going again moving the ball into Southern Utah territory to end the third quarter.

The first play of the final period however was a short pass that was

would come up with a huge fourth down stop. Zach Strand and Payton Payne came up with the key play to end the drive, dropping the quarterback for a three-yard sack.

The Thunderbirds got the ball back with five minutes left on the clock and turned to the running game. Southern Utah moved the ball just seven yards but would end up having to punt the ball back to Western Illinois with just over three minutes to play.

The Leathernecks would have their best drive of the game when they needed it most. The seventy-three-yard campaign was capped off by a seven-yard quarterback read play which Bruno took into the endzone. This drive tied the game at ten with just under a minute to play.

Southern Utah's offense took over for their final drive of the game at the twenty-seven-yard line. After running the ball almost the entire fourth quarter the Thunderbirds looked to the air and quarterback Justin Miller found the speedy Isaiah Wooden for a seventy-three yard Touchdown pass. Coach Fitzgerald said of the play, "When the defensive backs have had to come down to make tackles the whole fourth quarter and then Wooden runs past at about a 4.4 it is pretty hard to adjust." Coach then added "As good of a player as Isaiah Wooden is he is an even better person, he had a big impact on this game."

The Leathernecks would get the ball back at their own twenty-five-yard line with a little time left on the clock. The final thirty-two-yard drive would not be enough as the Thunderbirds would hold on for the seven-point victory.

The T-Birds would finish the game with three-hundred and thirty-four yards of total offense. The Southern Utah defense came up big several times in the game finishing with five takeaways. Coach Fitzgerald said of the defense "Our linebackers came up and made some big plays... we rotated four guys in on the corners and they all played really well today"

Western Illinois next game will be at home against Northern Iowa. The Thunderbirds will be back on their home turf next week for the homecoming and rivalry matchup with Utah Tech. That game will kick off next Saturday at 6 PM at Eccles Coliseum.



SUU receiver Isaiah Wooden could not be caught after hauling in a seventy-three yard touchdown pass from Justin Miller.

"As good of a player as Isaiah Wooden is he is an even better person, he had a big impact on this game."

DeLane Fitzgerald, SUU Head Coach

first half. The Thunderbirds were able to take a lead into halftime despite having less than one-hundred yards of offense.

The defensive battle continued in the third quarter of the low scoring contest as neither team was able to reach the red zone until the final two minutes of the period. Western Illinois was poised to knot the game up when Southern Utah linebacker Aubrey Nellems forced a fumble that

intercepted by Tre Cain to give the T-birds the ball back on their own twenty-yard line. A methodical sixty-two-yard drive on the ground for the Thunderbirds ate nearly five and a half minutes of clock. Ultimately Southern Utah would turn the ball over on downs at the Leatherneck eighteen-yard line.

Western Illinois then started a drive of their own that moved almost sixty yards before the T-Birds defense

For all the latest on Southern Utah football, follow @SUUFb_ on Twitter, @SUUFb on Instagram, and like the Southern Utah Football Facebook page. And don't forget to listen to the Thunderbird Coaches Show on your favorite Podcast platform and on YouTube! New Episodes drop Every Monday at 6 PM!

TOM'S SPORTS TRIVIA

With the Major League Baseball season winding down, this week's dozen takes a look at the statistical leaders in selected categories – individual and team – and how they stack up in the record books. All stats mentioned are through games of Sept. 15, so please remember...no wagering!

1. Through Sept. 15, New York Yankees slugger Aaron Judge leads all of MLB with 57 home runs, his second season with 50 or more and five away from breaking the American League record of 61 set by Roger Maris in 1961. Prior to Judge, who was the last AL player to hit more than 50 home runs in a season (2013)?

- A. Mark Trumbo
- B. Nelson Cruz
- C. Chris Davis
- D. Jose Bautista

2. Who was the last National League player to hit more than 50 home runs in a season – he did it as a rookie in 2019?

- A. Pete Alonso
- B. Nolan Arenado
- C. Giancarlo Stanton
- D. Paul Goldschmidt

3. Aaron Judge leads the AL in home runs and RBIs (123). Which Cleveland Guardians player is second in RBIs and the only other AL player with more than 100?

- A. Shohei Ohtani
- B. Kyle Tucker
- C. Jose Ramirez
- D. Alex Bregman

4. Judge is one notch short of the Triple Crown with a .310 batting average, tied for third through Sept. 15. Which Minnesota Twin leads the AL in batting at .320?

- A. Xander Bogaerts
- B. Andrew Benintendi
- C. Jose Abreu
- D. Luis Arraez

5. Freddie Freeman leads the National League in batting at .329. Which of his Los Angeles Dodgers teammates is fourth at .305?

- A. Manny Machado
- B. Trea Turner
- C. Jeff McNeil
- D. Jose Iglesias

6. Freeman leads the NL in one other hitting category with 45. Which one is it?

- A. Home runs
- B. Triples
- C. Doubles
- D. Runs scored

7. Houston Astros ace Justin Verlander leads the American League with a 1.84 ERA, the third AL pitcher in the last five

seasons to have an ERA under 2, including Shane Bieber (2020) and Blake Snell (2018). Before those three, who was the last AL pitcher to finish with an ERA under 2 (2000)?

- A. Johan Santana
- B. Pedro Martinez
- C. Roger Clemens
- D. John Lackey

8. Verlander has also been pretty good as a strikeout pitcher. How many times in his career has Verlander led the American League in the category?

- A. Three
- B. Four
- C. Five
- D. Six

9. In the National League, three different pitchers have led in strikeouts over two or more consecutive seasons since 2010. Which pitcher does not belong on this list?

- A. Jacob DeGrom
- B. Max Scherzer
- C. Clayton Kershaw
- D. Tim Lincecum

10. Complete-game shutouts are becoming rare in baseball, but in 2021, three of these National League pitchers recorded two such efforts. Which pitcher does not fit on this list?

- A. Max Fried
- B. Joe Musgrove
- C. Zack Wheeler
- D. Sean Manaea

11. Who was the last National League pitcher to lead in saves for a team that went on to win the World Series?

- A. Brian Wilson
- B. John Axford
- C. Craig Kimbrel
- D. Heath Bell

12. Which American League pitcher – who retired as the all-time leader in saves – was the last to lead the league in the category for a team that won the World Series?

- A. Derek Lowe
- B. Mariano Rivera
- C. Keith Foulke
- D. Francisco Rodriguez

LAST WEEK'S ANSWERS

- 1. B: 1991
- 2. C: San Francisco 49ers
- 3. A: Jonathan Taylor
- 4. D: Derrick Henry
- 5. C: Three. The years were 2005, 2007 and 2017.
- 6. A: Ja'marr Chase
- 7. C: Joe Burrow.
- 8. D: Four. The Detroit Lions, Cleveland Browns, Houston Texans and Jacksonville Jaguars have never been to a Super Bowl.
- 9. B: Justin Tucker.
- 10. B: Calvin Johnson.
- 11. C: 97 yards.
- 12. A: Tampa Bay Buccaneers.

NASCAR playoff gets...weird

As NASCAR's Cup Series unfolded with a new car for 2022, we got all kinds of competitive balance. Once the 26 regular-season races were finished, the playoff field started with 15 of the 16 drivers having at least one victory.

After the first round – the Round of 16 – finished, something bizarre happened. Those who ended up on the outside of the party got in on the winning. Let's go over what went down.

As the playoffs began, we watched Erik Jones make some history when he drove the No. 43 for Petty GMS Motorsports to the checkered flag at Darlington in the Cook Out Southern 500.

Not only was it Jones' first win of the season, but it was also the first time the 43 won when Richard Petty drove it to Victory Lane in 1967, 55 years ago.

Jones became the 17th different driver to win a Cup race in 2022. Denny Hamlin was second as the highest-finishing playoff driver, but Joey Logano finished fourth and left Darlington with the points lead.

Small point of clarity before we continue. Kurt Busch was the other playoff driver to win a race (Kansas 1), but his season ended after he suffered a concussion at Pocono in July.

Busch's replacement in the 45, Bubba Wallace, came through and joined the 2022 first-time winners club with a victory at Kansas Speedway in the Hollywood Casino 400. Once again, Hamlin was the runner-up, and Christopher Bell took over the points lead when he finished third while Logano finished a lap down in 17th.

The last race of the Round of 16 was the Bristol Night Race. You'd think we would get a playoff driver into Victory Lane, but you'd be wrong.

Chris Buescher led 169 laps, including the

last 61, and won the 500-lap battle that put Roush Racing back on better footing and gave us our 19th different race winner for 2022. When all the other chaos cleared and the dust settled, the championship dreams of Tyler Reddick, Austin Dillon, Kyle Busch and Kevin Harvick come crashing back to earth.

And in related news, it was announced that Busch will race for Richard Childress Racing in 2023, leaving Joe Gibbs Racing after 15 seasons and going from Toyota to Chevrolet. Strange times, indeed.

As if this round wasn't wild enough, the

Round of 12 will give us a 1.5-mile track (Texas), NASCAR's biggest track (Talladega) and the Charlotte Roval. Humble and probably wrong prediction: we're going to see a 20th different driver win one of these next three races, setting a new single-season record. Yeah, it's been that crazy

of a season.

And with the Round of 8 starting in Las Vegas on Oct. 16, you should get your tickets if you don't have them already. Place bets at your own risk.

In one of the more impressive turn-arounds of the fall season in our high-school sports, the Parowan volleyball team has not lost a match, is 14-0 overall, and stands No. 1 atop the 2A RPI rankings through Sept. 18. The Rams won five matches at a tournament over the weekend, and they will travel to play Canyon View at the Falcons' Nest on Thursday.

The Rams were seeded 19th a year ago at state and won their first-round match, but you can be reasonably sure they'll make a deeper run when the playoffs come around next month.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



"You'd think we would get a playoff driver into Victory Lane, but you'd be wrong."

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SUMMONS

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR IRON COUNTY, STATE OF UTAH

STEVEN ARTHUR THOMPSON and LESLIE MICHELL OWEN
aka LESLIE MICHELLE OWEN,

Plaintiffs,

v.

THE ESTATE OF HAROLD HUFFSTUTTER and JOHN DOES I-X,
Inc.,

Defendants.

SUMMONS FOR PUBLICATION

Case No. 220500112

Judge Ann Marie McIlff Allen

THE STATE OF UTAH TO DEFENDANTS:

The above-entitled Court has entered an Order granting Plaintiffs the right to serve

Defendants, THE ESTATE OF HAROLD HUFFSTUTTER and JOHN DOES I-X, Inc., by Publication. You are thereafter hereby summoned and required to file an answer in writing to a Complaint on file with the clerk of the above entitled Court, located at 40 N 100 E, Cedar City, UT 84720. You are also required to file an Answer with the Court and serve upon, or mail to, Plaintiff's attorney, a copy of said Answer within twenty-one (21) days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside the State of Utah.

If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

Please be advised that this action seeks to quiet title to certain property and water rights identified in Plaintiffs' Complaint, Exhibits "A" through "O", which is located in Iron County, Utah, and once quieted, the land and water shall be titled solely in the names of Steven Arthur Thompson and Leslie Michelle Owen, to the exclusion of all parties.

A copy of the Complaint in this action has been deposited with the Clerk of the Iron County District Court, with a description of the Real Property, and can be picked up by anyone claiming an interest in the above matter at no charge.

DATED this 31st day of August, 2022.

WAYMENT & JONES LAW

/s/ Justin W. Wayment

JUSTIN W. WAYMENT

Attorney for Plaintiffs

Published September 21, 28 & October 5, 2022
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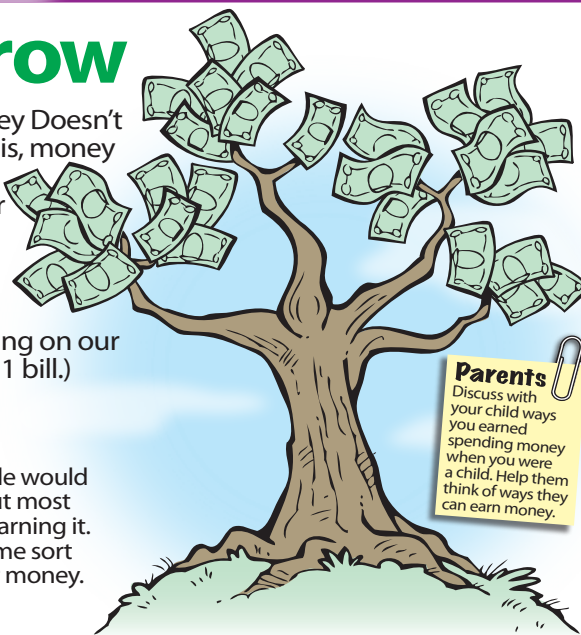
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Making Money Grow



Have you heard the phrase, "Money Doesn't Grow on Trees"? The sad truth is, money does not grow on trees. We have searched the world over and can't find one anywhere.

But what if we did? It might look something like this. How much money can you find growing on our silly money tree? (Each "leaf" is a \$1 bill.)



Parents
Discuss with your child ways you earned spending money when you were a child. Help them think of ways they can earn money.

The Big Question

Do you plan how to use your money wisely — for spending, saving, investing and donating? But how do you get money to put in the bank?

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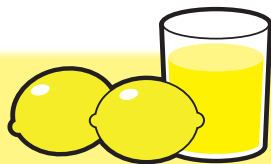
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Complete each of these rhymes to discover ideas about ways kids can earn money.



Try this to earn some money:
Ask the neighbors on your block
If you can take their pooches
For a nice long



With a box for a counter,
There's money to be made
From lemons, water, sugar
By selling



Earning money around the house
Really isn't super hard.
Just ask a parent if you can help
By weeding in the

Can you think of three more ways you could earn some money?



Maybe someone that you know,
Maybe even right next door,
Would pay you a buck or two
To pick up something from the



If you have some old toys
Here's an idea that will not fail:
You can make yourself money
By having a garage

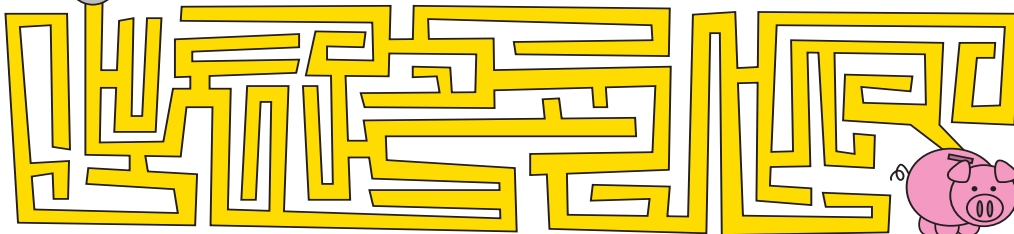
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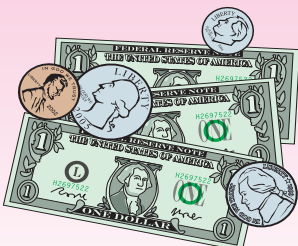
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\$ _____

Double Double Word Search

INVESTING
DONATING
INCOME
LEMONS
RHYMES
GARAGE
MONEY
TREES
TRUTH
BLOCK
GROW
EARN
BANK
WORK
KIDS

Find the words in the puzzle. How many of them can you find on this page?

R M G N I T A N O D
H A K R N B L O C K
Y I N A C G M Y O H
M N E E O S E E R T
E Y G R M O W N W U
S N O M E L W O O R
E G A R A G R M R T
N B A N K G S D I K
I N V E S T I N G T

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.



Kid Scoop Together:

Lemonade Stand

Follow this "recipe" and start a lemonade stand of your own!

Photo: www.pachtd.com



STEP 1:

The Business Plan

You will need to invest a little cash to get started. Visit or call a local store to find out the cost of the items you need. Add up your costs to determine your price and profit. Here is what the math looks like:

EXPENSES:

12 lemons cost	\$1.20
1 3/4 cups of sugar cost	.20
10 paper cups cost	.60
Total cost for 10 cups of lemonade:	\$2.00

INCOME:

10 cups of lemonade at 50¢ each ...	\$5.00
-------------------------------------	--------

PROFIT:

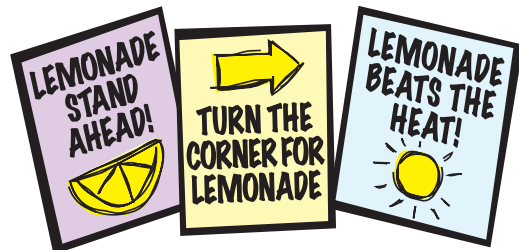
(The money you make after covering your expenses)	\$3.00
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On a hot day, you might sell 100 cups of lemonade! How much money would you earn?

STEP 2:

Make Big Signs

Make a big sign to attract people to your stand. If it is OK with your neighbors, put up several signs to direct people to your stand.



STEP 3:

Open Up!

A lemonade stand can be just a box or a portable table. Remember to smile and say "Thank you!" to every customer.



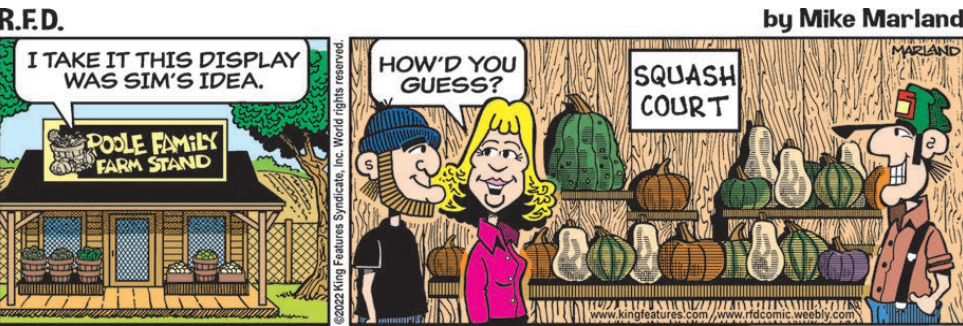
Write On!



How I Earn Money

How do you earn money? Do you do chores? What kind of jobs do you do?

Amber Waves



Weekly SUDOKU

by Linda Thistle

2			3		6			
		7	8					9
	3			7				1
		6		4		7		
	1		2					5
9				3				2
		2	9					6
	5			8				3
4				6	1			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Differences: 1. Paper is moved. 2. Buttons are missing. 3. Pillow is missing. 4. Picture is moved. 5. Handle is shorter. 6. Leg is moved.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Pardon
LOPEAR

Reap
RANGER

Feasible
OBLADE

Speaker
ROOTAR

TODAY'S WORD

September 19, 2022 Posting Date
King Crossword

ACROSS

1 Dame Dench
5 Witty one
8 Leer at
12 Western tribe
13 TV pioneer
14 Eye part
15 Dressing ingredient
17 Sugar unit
18 Fill in — blank
19 Conclude
20 Monk's home
21 Droop
22 Bikini top
23 Wan
26 Germ
30 God, in Granada
31 Joke
32 Spoken
33 "You wish!"
35 Pesky insects
36 Chairman of China
37 Greyhound vehicle
38 Hoopster
41 Dict. info
42 Chi follower
45 Sandwich cookie
46 Fuel-producing area
48 Hindu royal
49 Parisian pal
50 Advertising award
51 Genesis

DOWN

1 Equitable
2 Beehive State
3 Take out of context?
4 "This — recording"
5 Incorrect
6 Battery fluid
7 Lass
8 Getty and Rockefeller, e.g.
9 Vittles

10 Margarita garnish
11 Glimpse
16 Campus VIP
20 Lob's path
21 Staple in some Asian recipes
22 Ginormous
23 Do sums
24 Polite address
25 Weed whacker
26 Chess piece
27 — pro nobis
28 Cudgel
29 Overhead trains

31 Sticky stuff
34 Scratch
35 Nonsense
37 Prove untrue
38 Comics' Mrs. Dithers
39 Bedouin
40 Hereditary unit
41 Exemplar of thinness
42 Soccer leg-end
43 Faux pas
44 Nuptial vows
46 Klutz
47 Glacial

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Trivia test

by Fifi Rodriguez

1. ANIMAL KINGDOM: What is a baby hedgehog called?
2. MOVIES: Which 1960s movie features a character named Holly Golightly?
3. HISTORY: In which country did the Easter Rising of 1916 take place?
4. GEOGRAPHY: Which U.S. state is bordered by the states of Washington, Oregon, Montana, Utah, Wyoming and Nevada?
5. LITERATURE: What do the initials in J.D. Salinger's name stand for?
6. GEOMETRY: How many sides does a heptagon have?
7. TELEVISION: Richard Dawson was the original host of which TV game show?
8. GENERAL KNOWLEDGE: Which gymnast was the first to score a perfect 10 in Olympic competition?
9. U.S. STATES: Which state's official animal is a red fox?
10. MEDICAL: What is the common name of a condition called tussis?

Solution time: 23 mins.

Answers

King Crossword

ADORABLE

Today's Word

1. Parole 2. Garner
3. Doable 4. Orator

SCRAMBLERS