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WEDNESDAY, DECEMBER 28, 2022

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sports

- 4 Opinion
- 7 Showcase
- 9 Life
- 15 Sports
- 19 Classifieds
- 21 Comics/Puzzles

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down Falcons
in crosstown
rivalry
matchup*



IRON
COUNTY

today

Cedar City Hospital named to list of Best for Maternity Care

by **Becki Bronson**

FOR IRON COUNTY TODAY

U.S. News & World Report has released its annual list of Best Hospitals for Maternity Care for 2022 and Intermountain Cedar City Hospital was recognized for its high quality of care for maternity patients, a major achievement as fewer than 300 hospitals in the nation scored high enough to make the list.

"Our caregivers at Cedar City

Hospital strive to help all expectant mothers by providing high-quality care and a personalized patient experience during all aspects of maternity care including: labor, delivery, recovery and postpartum care – all of which help lead to better outcomes for moms and babies. Being recognized by a national magazine for our efforts is a wonderful honor," said Eric Packer, Administrator at Cedar City Hospital.

Intermountain maternity care-

givers also help educate new moms about how to care for themselves and their baby after childbirth and help connect them with community resources for women and children.

"When expectant parents are considering their options for welcoming a baby into the world, the Best Hospitals for Maternity Care is designed to help them identify hospitals that excel in delivering babies for uncomplicated pregnancies," said Min Hee Deo, senior health data scientist

at U.S. News & World Report.

For the list, the magazine analyzes labor and delivery services data to make their determinations. This year they also analyzed four new factors including episiotomy rates, vaginal birth after cesarean rates, and whether each hospital met new federal criteria for "birthing-friendly" practices. The magazine also rewarded hospitals for tracking and reporting their outcomes for patients of different races and ethnicities.



STORY ON PAGE 2

COURTESY INTERMOUNTAIN HEALTHCARE

Intermountain nurses, volunteers help bring holiday cheer to children in the hospital

from Holly Nelson

INTERMOUNTAIN HEALTHCARE

The holidays are a special time of year, and for some parents, they get an extra special gift of having a baby. Whether a newborn baby is in the hospital briefly and goes home with mom, or has a longer stay in a neonatal ICU, many Intermountain Healthcare nurses help bring holiday cheer to families during their baby's hospital stay.

At many Intermountain hospitals in Utah and Idaho, nurses wrap babies in the nursery in Christmas stockings and give the parents the stocking as a memento. Some of the babies are wearing knit hats hand-knit by either hospital volunteers or nurses.

For babies in the neonatal ICU, some nurses dress up as Santa and hold those tiny babies on their lap



There is no caption capable of capturing all this cuteness at Christmas!



What's the greatest gift to get in one's stocking? The gift of life and love...which comes in every size, including baby size!

for a photo opportunity. And some hospitals with children's units have Santa make a visit to older children.

Intermountain Healthcare has 21 hospitals in Utah that deliver babies and offer various levels of neonatal ICU care. Intermountain Primary Children's Hospital also has a neonatal ICU. More than 24,000 babies have been delivered at Intermountain Hospitals in Utah and southern Idaho from January through November

30 of 2022. About 2,000 more are expected to be delivered throughout December.

Intermountain hospitals have also cared for more than 3,100 babies in their neonatal ICUs from January through November of 2022, with another 200 or so expected throughout December. In addition, 375 babies were cared for in the Primary Children's neonatal ICU from January through November of 2022.



PHOTOS COURTESY INTERMOUNTAIN HEALTHCARE

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Southern Utah University

Best Friends Animal Society, SUU partner to offer scholarships to Navajo Nation community members

from Temma Martin

FOR IRON COUNTY TODAY

A ceremonial signing of a scholarship agreement took place on Tuesday, December 20th, 2022 at Twin Arrows Navajo Casino and Resort, in Flagstaff. The agreement for the 'Phefelia H. Nez Best Friends Scholarships' was signed by Navajo Nation President Jonathan Nez and Vice President Myron Lizer and Aimee Charlton, Senior Manager of Learning Advancement for Best Friends Animal Society.

"During our time in office, First Lady Nez remained committed to working together with animal rescue and caregivers who offer services and support for pets and animals in our Navajo communities. Pets and animals are a key part of many lives and as Navajo people, we have a unique responsibility to care for them. I congratulate my wife, Phefelia, and thank Best Friends Animal Society and Southern Utah University for recognizing her work and compassion," said President Nez.

Best Friends Animal Society is offering a scholarship for a Southern Utah University (SUU) Online General Studies Bachelor's degree with a focus in Animal Services, as well as four seats for professional development certificate courses specifically curated with Best Friends Animal Society and SUU scholarships will be offered for five years.

"We are honored to be working closely with the Navajo Nation and Southern Utah University in making these learning and development opportunities available. Animal Services has evolved into a profession that's connected to community wellbeing and celebrating companion animals in our lives," said Julie Castle, CEO for Best Friends Animal Society. "Because these certificates and degree are online and have a focus in animal services, the goal is that the recipients of the scholarships will bring this

knowledge back to their respective communities to lead the way in the creation of programs and services to help the community members and the animals." Julie Castle herself graduated with honors from SUU in 1994.

The Memorandum of

opportunities," said Melynda Thorpe, SUU Community and Professional Development executive director. "This partnership builds careers, builds degrees and benefits our communities."

The Animal Services Professional Development Coursework Scholarships

University Animal Services Focused Online General Studies bachelor's degree with a focus in Animal Services, offered annually.

At the time of the award of the scholarship, the recipient must either work for Navajo Nation Division of Natural Resources,

in 1984, Best Friends is a pioneer in the no-kill movement and has helped reduce the number of animals killed in shelters from an estimated 17 million per year to around 355,000. Best Friends runs lifesaving programs across the country, as well as the nation's largest no-kill animal sanctuary. Working collaboratively with a network of more than 4,000 animal welfare and shelter partners, and community members nationwide, Best Friends is working to Save Them All®. For more information, visit bestfriends.org.

"Pets and animals are a key part of many lives and as Navajo people, we have a unique responsibility to care for them."

Navajo Nation President Jonathan Nez

Understanding with Best Friends Animal Society (BFAS) Navajo Nation states certain programs supported by BFAS are being offered to benefit individuals who work or volunteer for the Navajo Nation's Division of Natural Resources to

include:

Four scholarships each year for Principles of Contemporary Animal Services Certificate - offered twice a year and upon completion award 3 CEU credits applicable to SUU degrees.

Four scholarships

Navajo Nation Department of Agriculture, or work/volunteer for an animal welfare nonprofit that works on Navajo Nation. The grand total value of the scholarships is \$78,640.

Apply for a scholarship at suu.edu. The application

About Southern Utah University

Located in the world's best backyard, Southern Utah University is known as University of the Parks thanks to its close proximity to several national monuments, outdoor recreational



(L to R) Navajo Nation Division of Natural Resources Executive Director Bidtah Becker, Vice President Myron Lizer, President Jonathan Nez, First Lady Phefelia Nez, Senior Legislative Attorney for Best Friends Animal Society Ledy VanKavage, Senior Manager of Learning Advancement for Best Friends Animal Society Aimee Charlton.

support its employees' professional development. Post-secondary educational opportunities for its members are very important to tribal governments, to students from the Nation, and to the Division of Natural Resources.

"We are pleased to be working with Best Friends to further extend animal services educational

each year to the following micro-credential animal services courses - offered twice a year and upon completion, the trio of courses award 3 CEU credits applicable to SUU degrees. These include: Dog Lifesaving Course, Cat Lifesaving Course and Studies in Contemporary Animal Services.

A total of five scholarships for Southern Utah

deadline is January 4, 2023, and the scholarship recipient announcement will be January 9, 2023.

About Best Friends Animal Society

Best Friends Animal Society is a leading animal welfare organization working to end the killing of dogs and cats in America's shelters by 2025. Founded

areas and educational partnerships with the National Park Service. SUU's Community and Professional Development department offers opportunities for adult and working learners to elevate their careers, stay competitive in the workforce and develop as professionals and leaders. For more information, visit suu.edu/keeplearning.

opinion

FROM THE EDITOR

Happy New Year!

Wait, where did 2022 go? Maybe you don't care and are glad it's gone. Either way, January 1 is coming and I hope that you're ready—not just for some battles, but for some victories, too!

So, what are you most looking forward to in 2023? What are you not looking forward to, even dreading? Is there something you'd like to accomplish but



COREY BAUMGARTNER
MANAGING EDITOR

need some help, or even just another set of eyes, or heart to help give you a different perspective and directive? Let me know. Even if it's not newspaper related.

What am I looking forward

to? Sharing more great words and stories with you, our readers! We really do live in a great community and I wish I had more reporters to help cover it all. Which leads me to what I dread the most...not being able to do it all. Of course, I know that I can't but when you care about something (this community) enough, is there really any other choice when the chips are down? Nevertheless, once again, I'm all in.

That also means I dread the mistakes I will make in 2023. I don't say that negatively, just realistically. I'm not disappointed when I'm defeated and miss opportunities or make mistakes. Everybody falls sometimes, and we get back up and try again, hopefully better and wiser. Some of the greatest inventions in the world have come from so-called "mistakes."

However, as my final words of 2022, I'll share this...It has been a difficult, but also great year of experiencing and sharing the unity within our communities. We have such good people that make our cities and neighborhoods great. I look forward to the new adventures, new friends, new opportunities and new directions of making your Iron County Today newspaper the best it can be to help you be the best you can be.

ZED by Duane M. Abel



www.corkeycomics.com

Differing views, values can be such a drag

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Publisher, Editor, Staff or Iron County Today.

Recently southern Utah got unwelcome publicity – and taxpayers received a high invoice – when the City Council of St. George unsuccessfully tried to revoke a permit for the filming of a drag show in a city park. The council ousted the city manager by giving him a six-figure severance package, the filming of the HBO show “We’re Here” went on, HBO broadcast the segment, and a whole lot of feathers remain ruffled in a continuing debate over free expression and so-called culture wars. And since then, another similar incident occurred in a small Texas town. Are there lessons to be learned?

First, let me say that I am not a fan of drag shows. I don't find men with football biceps dressed in gowns and make-up intriguing, entertaining, or remotely sexy. At the same time, there are media and events far more shocking than drag queens bedecked in pearls. As the television critic for the Salt Lake Tribune wrote after seeing the HBO event, “There's no sexual content, nudity, or violence. Kids see more

risqué stuff on TV every day.” (Okay, the show does contain a couple of F-bombs, something every high school student in St. George hears daily in a school hallway.)

And now to Taylor, Texas, a small town a 30 minute drive away from

thus canceling Taylor Pride's entry. Fearing a lawsuit and trying to tamp down controversy, the city manager created a new event. The drag float could, he said, be part of a separate parade following the traditional one. To me, this made perfect sense.

“It's simple: If you don't want to see a bunch of drag queens, then don't attend a drag show. I wouldn't want to see a hoard of Nazi sympathizers gather in a public park either, but that's their constitutional right.”

cyclops

Bryan Gray

bgray@aplhagraphics.com



No one was forced to see men dressed as busty women in sequined dresses and heels. The townsfolk could take the children to wave at Santa and pick up candy from the elves, then go home. But that still wasn't enough for a resident who

Austin. The traditional Christmas parade organized by a conservative religious organization initially approved a float from a group called Taylor Pride. Soon after the approval, the ministers discovered the float would be more than a rainbow Christmas tree; it altered the wording on the application

complained in a Wall Street Journal article that Americans are derelict in allowing paid professional staff to overrule the feelings of small-town majorities. He said by farming out decisions to experts or educated professionals – you know, people

see **CYCLOPS** » 5

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opinion

TO THE EDITOR

Referring to referees

I may not be the world's greatest sports fan, but I enjoy watching them on television and especially supporting our hometown high school teams. I may not enjoy trying to find a parking place when I'm running late, but once I find a seat in the gym, or outside on the field (during spring sports), I'm good to go.

I am in awe of the dedication and the courage our kids have for competition. I played sports growing up and while the thrill of victory is elating, especially in front of the home crowd, I also know it can be tough sometimes to keep one's composure completely when the scoreboard and opposing players can pressure one's principles. My first point is that I'm proud of our Iron County athletes for not getting into any extra-curricular scuffles, especially when their chips and the score is down.

My second point is more of a question than a comment. Why do refs get such a bad rap? Yes, they make bad calls now and then, but for the most part they're the ones who help provide a safe and enjoyable environment for the athletes and the fans. Does yelling have to be a part of the sporting experience? When the players berate the refs, or each other they get a technical, why can't some people in the crowd get one too? Yes, that includes me.

That being said, I know it's not enjoyable when they make an obvious bad call (obvious at least to us fans sitting in the stands). And I know sometimes the decibels of displeasure from the crowd can affect the players, the game, even the other fans around them.

And I also believe that a bad call, even at the end of the game, doesn't warrant the warfare on the refs. One bad call can negatively affect the outcome of a game, but thankfully more teams are implementing instant replay challenges. And I'm of the old school belief that teams shouldn't ever let their victory or defeat come down to a bad call—easier said than done, I know.

Anyway, let's give the refs a break. At least the benefit of the doubt without throwing fits. They don't get enough credit or gratitude for all they have to deal with during a game, in the heat of the battle. I could say they're human, too, but as fans, especially when it's our kids, our teams, or even the money we paid for that ticket/seat, we think they should be perfect and when they're not, we believe we have a liberty to libel the refs, the opposing players, even the fans of the other team. And I suppose that's part of sports, but should it be? Can't we all get along and have a ball, regardless of the ball?

Rex Mitchel, Iron County

QUOTE OF THE WEEK

"Life's not about expecting, hoping and wishing. It's about doing, being and becoming."

Mike Dooley

WORD OF THE WEEK

YESTERYEAR

Last year. Time not long past.

Whether 2022 has caused you to yatter, yammer or yak, yawl or yelp, I hope you yearn more than yawn and make 2023 your best year yet!

CYCLOPS

« CONTINUED FROM PAGE 4

who understand the law – small towns are being run by ideological (to him, liberal) colonizers instead of acting like hired hands.

That's the same argument that led to the dismissal of the St. George city manager. With this logic, if the majority of residents didn't want Black families to live in their city, the legal opinion of the city manager or city attorney should be muzzled. If the majority of a small town didn't want to have their children learn about slavery or the fact that Native Americans were the "first Americans", then the school superintendent should nod his head and keep his mouth shut.

It's simple: If you don't want to see a bunch of drag queens, then don't attend a drag show. I wouldn't want to see a hoard of Nazi sympathizers gather in a public park either, but that's their constitutional right. I don't have to attend and I can let everybody else know that they are idiots, but my likes and dislikes should have no place in the legal arena.

As far as teaching values to children, that is the duty of individual families, not an elected official who is pandering for votes.

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

DEC. 19

Alysa D Douglas
CEDAR CITY, UT
Assault

DEC. 21

Chavis D Blackhorse
CEDAR CITY, UT
Theft, Assault, Fire

Tommy B Augustus
CEDAR CITY, UT
Forgery, DRUG – Poss C/S

Justin W Bowler
ENOCH, UT
DRUG – Poss C/S, Paraphernalia, Susp/Rev DL

Kylee N Gray
CEDAR CITY, UT
Reckless Endangerment

Angela N Hoover
CEDAR CITY, UT
DRUG – Poss C/S, Burglary/Vehicle, No Ins

Clarence D Samuelson Jr.
ENOCH, UT
Threat of Violence, Criminal Mischief

Leoner I Vanfleet
CEDAR CITY, UT
False Info, Theft of Services

DEC. 22

Shane A Larson
CEDAR CITY, UT
Criminal Trespass

Wade T Williford
ENOCH, UT
Disorderly Conduct

DEC. 23

John C Hawkins Sr.
CEDAR CITY, UT
DRUG – Poss Paraphernalia

YES

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IRON COUNTY FORECAST

ACTIVE WEATHER FOR THE REMAINDER OF THE WEEK. RAIN AND SNOW WEDNESDAY WILL TRANSITION OVER TO SNOW THROUGH THE REST OF THE WEEK. MOISTURE WILL LINGER INTO THE WEEKEND.

WEDNESDAY

Rain/Snow
41°/26°
PRECIP: 70%
WINDS: SW 5-10

THURSDAY

Snow Showers
39°/28°
PRECIP: 40%
WINDS: SW 10-15

FRIDAY

Snow Showers
39°/24°
PRECIP: 50%
WINDS: SW 5-10

SATURDAY

Snow Chance
38°/24°
PRECIP: 30%
WINDS: SW 5-10

SUNDAY

Partly Cloudy
37°/22°
PRECIP: 10%
WINDS: W 5-10

MONDAY

Partly Cloudy
35°/15°
PRECIP: 5%
WINDS: Light

TUESDAY

Mostly Sunny
38°/15°
PRECIP: 0%
WINDS: Light

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Southern Utah University

Local employers invited to job fair at SUU

by Nikki Koontz

SUU MARKETING COMMUNICATION

Southern Utah University's Career and Professional Development Center invites all Cedar City and surrounding area employers to attend the upcoming Local Job Fair on January 18, 2023. The event will take place in the Sharwan Smith Student Center Ballroom from 10 a.m. to 2 p.m.

For those interested in recruiting student workers, registration is open on Handshake, an online recruiting platform for higher education students and alumni, and closes on January 4, 2023, at 5 p.m. There is an employer registration fee of \$50 for a standard booth, or \$100 for a sponsor booth. The event is free to SUU students and alumni.

"We have so many incredible students looking for job opportunities in the community," said McKinley Hatch, events and marketing coordinator for the Career Center. "We invite

the community to support SUU by recruiting our hard-working students. We know they will add value and be an asset to your team."

SUU is a resource to help local businesses fill open positions with

quality applicants. With 150 undergraduate programs and 32 graduate programs and certifications, as well as a professional doctorate degree, SUU has students pursuing degrees in just about every industry.



COURTESY SUU

Career fairs are a great way to gain experience, make connections and propel one's potential into the future.

The Career Center is actively preparing students to be effective and desirable employees. With an emphasis on skills like critical thinking, oral/written communication, professionalism, work ethic, competency in digital technology, and many others, students are provided with the resources they need to be valuable employees and contribute to whatever business or organization they are a part of in a meaningful way.

"At past Local Job Fairs, we have had several students walk away with either an interview scheduled or a job offer," said Jerry Ross, assistant director of employer relations. "Our fair is the perfect opportunity for students and employers to connect and network."

SUU's Career and Professional Development Center strives to provide students with opportunities to enhance their careers, increase their networking abilities, and give them the financial resources they need to succeed in college.

No-cost Workplace Ready Program prepares locals for meaningful careers

from Susie Knudsen

SUU ASST. DIR. MARKETING & ENROLLMENT

CEDAR CITY — Those looking for a low-risk option to explore a meaningful career, increase earning potential or gain flexible work options, Southern Utah University is now offering two no-cost, short-term Workplace Ready career pathway programs. Both pathways can be completed in approximately 90 hours and lead learners into one of two high-demand, high-need job sectors in southern Utah: Tourism and Hospitality or Computer Technology.

Each pathway offers two tracks: 1) Workplace Ready digital badge, three foundational courses led by local industry experts; 2) A professional certificate, networking/mentoring opportunities, and a professional development conference attendance.

The Tourism & Hospitality Career Pathway is designed to introduce students to the many fields within the industry and give them the skills necessary to stay competitive in this fun, fast-paced career. Choose from the Tourism & Hospitality Workplace Ready track (includes the pro-skills digital badge and short courses—Gold Services Gold, Foundations in Tourism, Hospitality and Outdoor Recreation, and Management Training); or the Parks & Tourism Professional Certificate track (includes Utah Tourism Conference attendance) to get started in your career.

The Computer Technology Career Pathway is designed to launch your tech career in Utah by earning stackable micro-credentials and building industry connections along the way. Choose from the Computer Technology Workplace Ready track (includes pro-skills digital badge, three short courses—IT Help Desk, Cyber Security, and Software

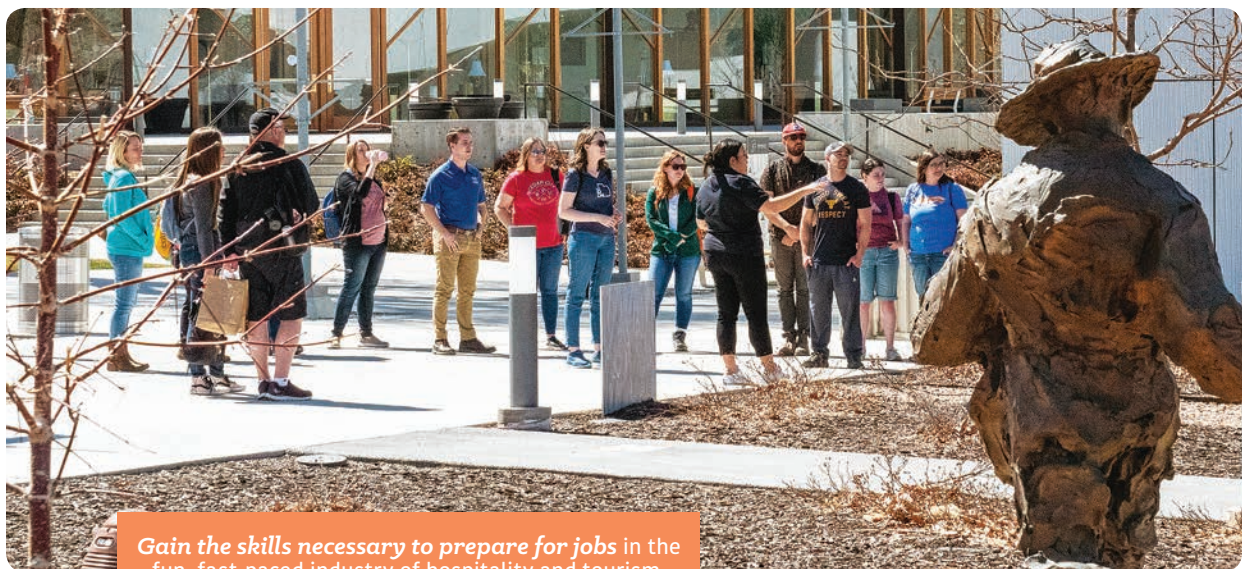
as a Service); or the professional certificate track with the choice of Amazon Web Services Academy Cloud Foundations Certificate or Cyber Security Certificate (both include Silicon Slopes Summit attendance).

"In less than a year, you can be ready to enter a dynamic field in southern Utah, or change careers with confidence and support," said Melynda Thorpe, executive director of SUU Community and Professional Development. "This opportunity reflects the current and future needs of southwest Utah's workforce, and engages employers, mentors and professional conference attendance to ensure an immersive experience."

Start your pathway today by applying to either the Workplace Ready digital badge track or professional

certificate track in either Tourism and Hospitality or Computer Technology at suu.edu/learnandwork. No-cost enrollment is made possible through a Learn and Work grant funded by Utah System of Higher Education (USHE). Must be age 17 or over to apply.

SUU's Community and Professional Development department offers opportunities for adults to elevate their careers, stay competitive in the workforce and further develop as leaders. Located in the world's best backyard, Southern Utah University is known as University of the Parks thanks to its close proximity to several national monuments, outdoor recreational areas and educational partnerships with the National Park Service. Reach your next career peak with SUU by visiting suu.edu/keeplearning.



Gain the skills necessary to prepare for jobs in the fun, fast-paced industry of hospitality and tourism.

SUU COMMUNITY & PROFESSIONAL DEVELOPMENT

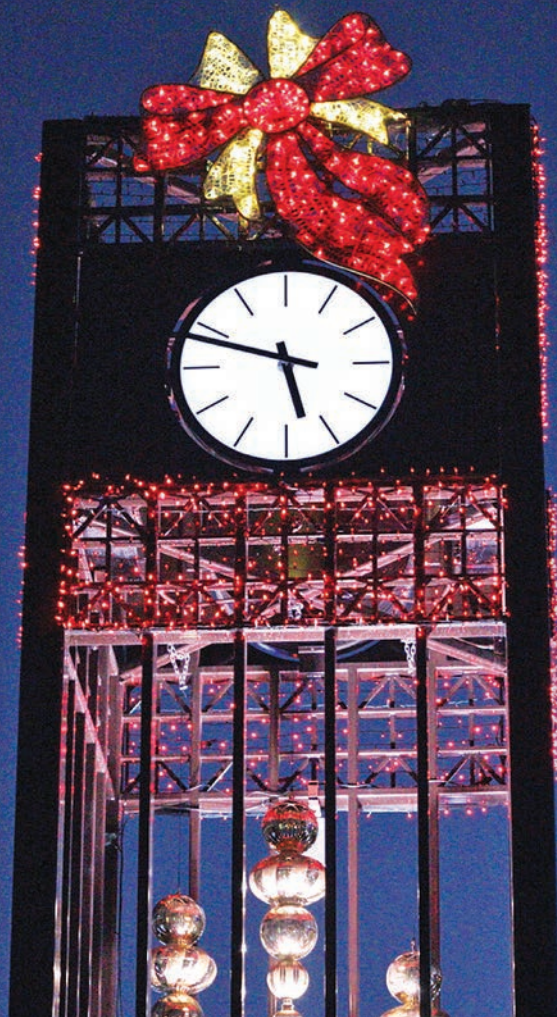
UTAH SHAKESPEARE FESTIVAL PRESENTS

Our Favorite Festive Songs

Happy Holidays! We at the Festival plus some of our seasonal company members from 2022 compiled a list of our favorite festive songs to share some holiday spirit with you. Please comment your favorite holiday song on our Favorite Festive Songs post on Facebook or Instagram @utahshakespeare to join in on the fun!

Visit our Spotify playlist at:

<https://open.spotify.com/playlist/oZeK8JLUcLgDU3L5TBOvnc?si=17ef680da85d495f>



SHAY BARUFFI

RESIDENT STAFF

- » Derek Charles Livingston – Interim Artistic Director & Director of New Play Development
“The Christmas Song” by Nat King Cole
“It was a favorite of many family members, especially my great-grandmother’s,” Livingston said. “I recall a host of us being at what was the house she shared with her son, my Uncle Frank, and him singing it in her honor.”
- » Troy Adams – Facilities
“Grandma Got Run Over by a Reindeer” and “O Holy Night”
- » Liz Armstrong – Communications Assistant and Writer
“Do You Hear What I Hear” by Martina McBride and “Mary, Did You Know” by Pentatonix
“I grew up listening to Martina McBride’s holiday album, and so it elicits a feeling of nostalgia for me listening to it year after year,” Armstrong said.
- » Astrid Bacy – Marketing Assistant
“Opera of the Bells” by Destiny’s Child
“It was my first caroling experience when I was 6. It was so magical,” Bacy said. “We all stood outside on my uncle’s porch in one of the rare years it snowed in Dallas, Texas. It was cold but the carolers’ voices were ethereal. It is what made me want to sing.”
- » Marielle Boneau – Assistant Properties Director
“We Need a Little Christmas”
“It was on a compilation Firestone Singers-type of record we would listen to when I was young. I had no idea it was from Mame until I was out of college,” Boneau said.
- » Kami Paul – General Manager
“I Heard the Bells on Christmas Day”
“It reminds me to find hope,” Paul said.

- » Aubree Rasmussen – Guest Services Manager
“Home for Christmas” by NSYNC (the album)
“Growing up, I got the NSYNC Christmas album as an early holiday present from my mom. We used to turn it on and listen to it while we played Nintendo games when all of us kids (there are six of us) were out of school during winter break,” Rasmussen said.

ACTING COMPANY

- » John Bixler – Duke of Albany in King Lear and Sebastian/Ceres in The Tempest
“How to Make Gravy” by Paul Kelly
“I love this song because it focuses on our traditional and chosen family and the small traditions that bind us,” Bixler said.
- » Anastasha Blakely – E. Dumaine in All’s Well That Ends Well and Stephano in The Tempest
“Merry Christmas, Happy Holidays” by NSYNC
“This was the first tape I owned and listened to on repeat on the way to my grandma’s house,” Blakely said.
- » Aaron Galligan-Stierle – Wadsworth in Clue and Pirelli in Sweeney Todd
“River” by Joni Mitchell
“I love the peaceful imagery and feeling it evokes,” Galligan-Stierle said.
- » Shannon Galligan-Stierle – Frau Schmidt in The Sound of Music
“In the Bleak Midwinter” by Shawn Colvin
“It gives me old-timey fireside vibes and her voice reminds me of my youth with so many wonderful memories accompanied by her music,” Galligan-Stierle said.
- » Antonio TJ Johnson – Sheldon Forrester in Trouble in Mind

- » **“The Christmas Song” by Nat King Cole**
“It’s my mother’s favorite song and quite frankly the only thing I like about Christmas,” Johnson said.
- » Luke Sidney Johnson – Baron Elberfeld in The Sound of Music, Ensemble in Sweeney Todd, King of France/Captain/Ensemble in King Lear
“The Christmas Song”
“It’s a classic which encapsulates the feeling of Christmas for me,” Johnson said.
- » Aidan O’Reilly – Caliban in The Tempest and The Fool in King Lear
“White Christmas” by The Drifters
“It reminds me of being a kid during the holidays which was always a magical time,” O’Reilly said. “It still is when I get to see my nieces experiencing it too.”
- » Jacob Sorling – Swing for The Tempest
“Christmas in L.A.” by The Killers feat. Dawes
“This song truly touches on the loneliness of moving to L.A. as an artist and not being able to easily go home for Christmas,” Sorling said. “The song is so cathartic.”
- » Jeremy Thompson – G. Dumaine in All’s Well That Ends Well, Burgundy/Herald in King Lear, and Fenton in Trouble in Mind
“Christmas in the Trenches” by John McCutcheon
“I learned about the World War I Christmas truce through the song ‘Snoopy’s Christmas’ by the Royal Guardsmen. ‘Christmas in the Trenches’ tells the same story from a more grown up perspective and my parents recorded it from a radio show onto a cassette tape where it became the first track on our family Christmas mix,” Thompson said. “It still moves me to tears.”



CONTEST WINNERS!

BLVD Home

Avery Randall, 8

Fairway Mortgage

AGES 0-4

Logan King

AGES 5-8

Avery Randall

AGES 9-12

Isaac J

AGES 13-18

Tinaya White

AGES 19+

Carly Phillips

AGES 62+

Vivian Harker

Infowest

AGES 3-12

1st: Miley Crawley, 11
2nd: Alli Huff, 12
3rd: Evangeline Rigby, 5

Iron County Today

Marian White

TDS

AGES 0-6

Alaina Parshotam, 5

AGES 7-11

Chandra Johnson, 11

AGES 12-18

Carl J., 13

Wahweap Group

AGES 0-7

Noah Cruz

AGES 8-15

Mari White

AGES 16+

Luis Ticay

Webster Orthodontics

AGES 2-9

Bodie Hardman

AGES 10-16

Desna White

AGES 17-90

Chrystal Adams

GRAND PRIZE

Linaya White

No Christmas without Christmas music

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

Christmas celebrations would not exist without music. Agreed. But there is some disagreement about the “correct” time to start listening to Christmas music. My own boundaries go from Thanksgiving through New Year’s Day, but some members of my family start listening right after Halloween. It is my opinion that one can become unresponsive to Christmas music if it floods our space for too long. “White Christmas” shouldn’t be the background to buying pumpkins.

Bus even as I say that it has never been the reality in our house, where we have been teaching music for sixty years. If one is teaching music, Christmas does indeed start in October, as it takes some weeks to get a Christmas concert pulled together. Even for my piano students, I have to remember to start assigning Christmas music around the early part of November if I want the kids to have something to play for those cousin talent shows at grandma’s and grandpa’s.

And it is impossible to name a favorite Christmas song. There are too many categories. So, one must think religious carol—see “Angels’ Carol” by John Rutter—, nostalgic ballad—“I’ll be Home for Christmas”—, silly song—“I Want a Hippopotamus for Christmas”—or pop music—as in Mannheim Steamroller’s “Silent Night.” Some music always brings a tear or two, as in “O, Holy Night” and to hear Johnny Mathis makes me think



I’m fifty years younger.

There are live concerts that are traditional from year to year. Messiah is a must, even though it would be impossible to say how many times we’ve attended. It is special to have our own production with the Orchestra of Southern Utah. It may not be in the top tier as far as professional presentations go, but it is wonderful to see our local performers on stage. And come to think of it, I think tenor Dr. Lawrence Johnson could hold his own anywhere. (And I always hold my breath to see how the trumpeter in “The Hallelujah Chorus” is going to do.)

Cedar City Music Arts always spends much time and conversation on what to schedule for our December show. If we can get the Nutcracker Ballet, it is a huge money maker, but not everyone wants to see that every year. This year, the concert was an a cappella group from northern Utah called Vocalocity. It consisted of five singers and one guy doing the boom box, using the microphone which sounds for all the world like a drum set. On the way home, my husband and I talked about how each of us gets our kicks in different ways. Why anyone would choose to be a star as the boom box guy is a mystery. Maybe he just enjoys amazing the rest of us.

SUU presented its own Christmas present to the community each year. This year it was the wildly popular Piano Guys. Probably sold out in two days. And the year before it was Mannheim Steamroller; that old couple grinning and clapping continuously was us.

FESTIVE SONGS

« CONTINUED FROM PAGE 7

SEASONAL STAFF

- » Bryce Barnhill – Wardrobe Assistant
“Here Comes Santa Claus” by Gene Autry
“I grew up [listening to] it when I helped my family with decorating the tree and we’d pull out the radio and play some Christmas music CDs. It was always good and fun,” Barnhill said.
- » Camillia Klausmeier – Ticket Office Staff
“O Come All Ye Faithful” by Scott D. Davis
“This song hits a balance of the whimsy of Christmas, the classic traditions, and just good music,” Klausmeier said.
- » Savannah LeNoble – House Manager
“I Want a Hippopotamus for Christmas”
“It’s my favorite song because I have been listening to it since I was a baby,” LeNoble said. “I remember singing it with my mom and dad a lot.”
- » Emilio Medina – House Manager
“Last Christmas” by Wham
“It’s just a bop,” Medina said.
- » Sarah McCarroll – Costume Shop Manager/
Englestad Wardrobe Supervisor
“We Need a Little Christmas” by Angela Lansbury
“Angela Lansbury – what more could you ask for?” McCarroll said.
- » Rebecca Villalobos – Hair and Make-up Fellow
“Feliz Navidad”
“It is such a simple, fun song to listen to and dance to!” Villalobos said. “Being half Mexican, it’s also a song that just reminds me of my family. That song always plays on Christmas Eve in our house.”



SHAY BARUFFI

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Home for the Holidays

His family or hers? I think every family has the holiday debate over where to spend Thanksgiving, Christmas and New Year's (at least). Our family practices an alternating schedule every other year with this year being away from home.

Christmas in a warmer climate (a couple states south) presents several challenges above and beyond just loading up and going to Grandma's house.

Amid the excited disobedience of toddlers rambling about the gifts under the tree and stocking prizes, I found myself juggling questions like, "Long sleeves or short?" It's projected to be 70 degrees. If I leave the baby in long sleeves to avoid a sunburn on his tender skin will he be too hot to enjoy the outdoors?

To avoid miserable kiddos despite one temperature or the other I made the executive decision to overpack. With double the amount of clothing necessary for each kid we were left with bulging bags bound to be scattered across the floor of the guest room at my in-laws.

In an effort to make good time on our drive south I put it upon myself to ready the fam before my husband got home from work.

mom's CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



"With double the amount of clothing necessary for each kid we were left with bulging bags bound to be scattered across the floor of the guest room at my in-laws."

The kids and I started travel day with the baby's one-year wellness check at the pediatrician (bad planning). After a round of immunizations he was as fussy as I've ever seen a baby! Heaven forbid I set him down to transfer laundry from the washer to the dryer. Paw Patrol to the rescue! The older three were perfectly content with a few snacks in front of the TV while I frantically organized toiletries and double checked the holiday menu (not my best parenting day).

The baby napped blissfully long enough for me to feed the goats and swap car seats into our road trip vehicle. He woke up just in time for me to juggle him and each bag as I lugged them all up the stairs.

Before we knew it, the evening rolled around. I ran a vacuum across the floor so we could be greeted by a clean home upon our return and voila, Dad is home and we're ready to roll!

Potty stop for everyone, car seats buckled and Christmas music blasting, we are on our way!

Whether your holiday was here or there or somewhere in between, I hope your preparations were smooth, that your Christmas was merry and that you are looking forward to a happy New Year!



calendar

WED, DEC 28

CALL A FRIEND DAY

STEVE HODSON CANCER CLASSIC (9AM – 9pm) Basketball tournament @ Canyon View High School (166 W 1925 N, Cedar). Since 2012, Canyon View and Cedar have hosted the tournament to honor the legendary former Canyon View and Cedar coach who died of multiple myeloma in 2008, but more importantly to help local families in their own fight against cancer.



CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, DEC 29

STILL NEED TO DO DAY

STEVE HODSON CANCER CLASSIC (9AM – 9pm) Basketball tournament @ Canyon View High School (166 W 1925 N, Cedar). Since 2012, Canyon View and Cedar have hosted the tournament to honor the legendary former Canyon View and Cedar coach who died of multiple myeloma in 2008, but more importantly to help local families in their own fight against cancer.

FRI, DEC 30

BACON DAY

STEVE HODSON CANCER CLASSIC (9AM – 9pm) Basketball tournament @ Canyon View High School (166 W 1925 N, Cedar). Since 2012, Canyon View and Cedar have hosted the tournament to honor the legendary former Canyon View and Cedar coach who died of multiple myeloma in 2008, but more importantly to help local families in their own fight against cancer.

WINTER WONDERLAND (6-10PM) @ Parowan Main Street Park. Admission FREE. An enticing wonderland of Christmas lights, incredible displays, Christmas Characters, Santa, and hot chocolate. Paint a free ornament to hang in the tunnel. Lights turned on every night from dusk until 10 pm.



SAT, DEC 31

NEW YEAR'S EVE

CEDAR CITY FARMERS MARKET (10AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

LABYRINTH WALK (12-2PM) @ ST. JUDE'S Episcopal Church (70 N 200 W, 1 block north of W University Blvd) No Charge. Celebrate and contemplate the New Year by walking a beautiful tiled medieval style labyrinth based on the 12th century labyrinth in Chartres

Cathedral in France. Located within the church. This meditative practice has been used for centuries to calm the mind and open the soul. Allow about 35 minutes for your walk. INFO and Reservations please call Anne 702-539-3400 or Rev. Lee 435-592-0034.



LIGHT UP THE NEW YEAR FINALE! (7PM) @ Heritage Center Theater (105 N 100 E, Cedar). \$10 per person or \$50 for family of 6. Join Cedar City Events and Light Up the New Year at this family friendly event! Fun for all ages!

MIKE'S TAVERN NEW YEAR'S EVE (9PM) @ Mike's Tavern (90 W Hoover Ave, Cedar). INFO: www.mikestaverncedarcity.com.

SUN, JAN 1

WELCOME 2023

NEW BEGINNINGS ARE IN ORDER, AND YOU are bound to feel some level of excitement as new chances come your way. – Auliq Ice

MON, JAN 2

INSPIRATION DAY

I HOPE THAT IN THIS YEAR TO COME, YOU make mistakes because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're doing something. – Neil Gaiman

TUES, JAN 3

JRR TOLKIEN DAY

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Admission is Free. INFO: suu.edu/suma.

WED, JAN 4

WORLD BRAILLE DAY

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, JAN 12

6TH ANNUAL UTAH FARM & FOOD CONFERENCE (12th – 14th). Gathering more than 150 farmers, gardeners, biodynamic practitioners, perma-culturists, educators, students, activists, chefs, seed geeks, foodies, and homesteaders from Utah and neighboring states. Conversations, workshops, activities, farm tours, and meals. INFO: 435-704-1222 or utahfarmconference.org.



Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



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calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 10 N. Main St • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am.
Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Lauren Willie 435-359-4819, lewillie@alz.org for info and Zoom link.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sunrisechruh.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness

Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Mon 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar Visitor Center (581 N Main). Returning to Aquatic Center in November. All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of

skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/ county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

business

Leaders must always seek new opportunity

Dallas Mavericks owner, Mark Cuban once said, “Creating opportunities means looking where others are not.” Whether you are a community, business, or media company leader, you must constantly seek new opportunities. One cannot rest on their current business model in these rapidly changing times.

This past week, it occurred to me that throughout the years of writing this column, I tend to focus on harnessing internal community resources to accomplish our goals and objectives. I still believe this is the most assured way to meet your goals because those internal resources are usually predictable and consistent. That said, this past week I was able to get a taste of the importance of available outside resources, that while not always predictable and consistent, can nonetheless be game changers in your local community.

What brought this to my attention? I was able to attend a Chamber function in Pineville, MO. where unbeknownst to me, they were receiving a \$50,000 grant from T-Mobile to assist with a county-wide project. It was during this award ceremony it occurred to me there are so many resources such as these which are available to those who are willing to seek after such grants, awards, rewards and so forth.

Turns out, T-Mobile has had this program for quite some time and is awarding 24 communities \$50,000 each during this award cycle. T-Mobile has committed approximately \$25,000,000 to this program over a period of a few years, and I suspect or wouldn't be surprised if this continues beyond their initial projected program length. I applaud T-Mobile for their interest in smaller communities around the country, dedicating time, money, and lest I forget, hiring 7500 employees specializing in assisting those in small and local communities.

For a community such as Pineville, which is part of a broader Countywide Chamber, these types of grants can be game changers. Like many other local communities around the country, picturesque McDonald County sits in the shadow of the larger community, Bentonville, AR. This can be a two-edged sword. On the one hand, while the distance isn't far, it provides an escape from the hustle and bustle, the crime and the congestion of the larger market. On the other hand, sitting in the shadow of a larger community, out-flowing dollars from these smaller communities into the larger nearby



JOHN A. NEWBY
COLUMNIST

THE ARTIST

Norman Rockwell once said, "I'll never have enough time to paint all the pictures I'd like to." I'm feeling that way now as I compose my final Norman Rockwell rut...at least for now. That being said, don't worry, I'll still be writing about Ruts, it's just that every couple of years I like to switch things up. If you have a favorite Rockwell illustration that I didn't get the chance to write about, or have ideas about what theme I should write about next please let me know. I have some ratty ideas that I think you'll be able to follow my lead on. In the meantime, I'll end with this iconic picture of an artist's potential painting to happen.

That's been my theme with every rut—perspective and potential. I've tried to use Rockwell's paintings to illustrate life lessons that we can each implement into not just

living better, but enjoying life more—mainly our experiences and relationships—and get out and stay out of any ruts keeping us from having health and happiness. No, I can't write about every rut, but I can do my part to help

them count more.

Each day we get a new sheet of paper—or magazine cover—so to speak, and for the most part we each not only receive, but are responsible for how we are going to live that day by the choices

we make or don't make. That's right, even the decisions we don't make can have a great impact on our day and our futures.

So, today, remember that you are the artist

of your life. You have the ability and responsibility to make it the best you can. Forget about perfection and focus on direction and action. If you make a mistake, fix it if you can, make amends where you can and keep creating, writing, singing, dancing, teaching, whatever it is you do, and keep moving and living forward, no matter what.

I can't wait to see what masterpieces you come up with! Don't forget that you

at least point out where they are and how to avoid them. I hope they also help bring smiles to your miles as you meander through mortality.

So, how does this painting apply to life? I've seen statistics that say we make from 122 decisions to 35,000 decisions a day! Obviously, most of them are subconscious, perhaps too many are self-conscious, but the bottom line is that we need to stop counting our decisions and start making

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



NORMAN ROCKWELL

are also a masterpiece. Yes, you! It's time for the world to see the amazing things you've been wanting, but waiting for the "right moment" to accomplish. That moment is here and now. Don't worry about the world believing

in and accepting you or not. Believe in and accept yourself. Improve your life because you want to be better and live better, not because of guilt or shame. Today is your day as is tomorrow. Go, do, be!

Winter PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

obituaries

Rulon Ray Jolley



Rulon Ray Jolley, 88, passed away on December 18th, 2022, at his home in Cedar City, Utah. He was born on June 24th, 1934, to Layton and Thelma Jolley in Tropic, Utah. After graduating from High School, he served two years overseas in Berlin, Germany for the United States Army. When he returned, he married Marilla Hall on February 22nd, 1957, in the St. George Temple. After that he went to Barber school in Salt Lake, before moving to St. George, and then finally Cedar City where they raised their family.

He was the happiest when he was busy. He held many positions in the LDS church, as well as serving as ordinance workers with his wife for many years in St. George and Cedar City Temples. In addition to a one-year service mission here in Cedar City, Utah they also served two fulltime temple missions in Santiago, Chile and Guayaquil, Ecuador. In his free time, he liked to work in the yard, help his brothers with their sheep and cattle, play with and tease his grandchildren. He was a loyal, and caring husband, father, and brother.

He was survived by his beloved wife, Marilla Jolley, his five children, Tammy Porter, Cedar City UT, Ramona Jolley, St. George UT, Karen Peeples, Kent WA, Clair Jolley (Anita), Enoch UT, and Andrea Jolley, Cedar City UT. He is also survived by his 21 grandchildren and 22 great-grandchildren, along with his brothers Glen, Doyle (Sheila), Lavon (Suzie) and his sisters Shirley, Alice, Afton (Dale), and Evelyn (Gilman).

He was preceded in death by his parents Layton and Thelma Jolley, his sister Ramona (Bert), and his brothers Clarence (Mary Lou), and Evan.

Funeral Services were held on Tuesday, December 27th, 2022, at 11:00am at the Cedar Stake Center (125 E 400 S). Viewings were held on Tuesday, December 27th, 2022, from 9:00 - 10:30am at the Cedar City Stake Center (125 E 400 S). Interment was in the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent at www.mortuary.org.

LEADERS

« CONTINUED FROM PAGE 11

community can be a huge roadblock to increased economic development in these impacted smaller communities.

Smaller communities must find ways to fight back and retain their dollars. This is done in two ways. First as we have seen through T-Mobile, going after those types of dollars is critical and can change the course of a community. I have seen communities hire a person whose sole role is to apply for grants fulltime. It takes only one award to justify this position. There are literally hundreds of grants and reward opportunities in which to look at and apply for.

The second way communities can fight back is to adopt a Truly Local campaign educate their community to the value of thinking local. I have over 100 columns discussing ways to do this. Being Truly Local involves much more than shopping locally. It's local government committing to spend their money locally whenever possible. It is building a local marketing program that brings money into the community in lieu of businesses spending marketing dollars on out-of-market and less effective products. So easily done, yet few attempt to do this. Yet, the communities doing this make great strides in a short period of time.

Smaller communities must understand their issues are their own, there are no big brothers coming along to save the day. The saying, "put your money where your house is" has never rung truer. With each dollar spent locally being 3-7X more impactful than dollars leaving the community, small communities must find ways to keep as many dollars local as possible. With rapidly changing micro-economic conditions, key decisions made today may very well determine your long-term survival as a community.

faith

THE POWER OF ONE: Pastor Jeri Lee Harrell-Leeper

by Gail Harris

FOR IRON COUNTY TODAY

We talk about her, Pastor Jeri Lee Harrell-Leeper, and her journey from being a coal miner's daughter. She was born in Harlan, Kentucky, when she affectionately talks about her "hillbilly" days, to a marriage at age 16 that moved her to Las Vegas, NV, as a secretary to the general manager at Cashman Cadillac, to the day her husband walked out on her and their four children.

That's the time that she walked into a United Methodist Church and knelt and prayed, "Lord, I give my life to you...and received the peace that only God can bring." Jeri Lee's humble, faithful beginnings explain the sign that hangs outside of the United Methodist Church in Parowan: "Open hearts, open minds, open doors."

CAIFA (Cedar Area InterFaith Area) and Parowan have benefitted from this faithful woman whose journey led her to southern Utah. Her

visit to the Las Vegas, NV, Methodist Church on that sad day led to great things: an introduction to her husband Pastor Douglas Harrell and to an eventual ordination to the ministry for her at age 50 because "she felt called."

Jeri Lee and her husband, Pastor Douglas, attended a production at the Shakespearean Festival which led to an introduction to Parowan. As they looked at the local real estate and drove around they found a home, appropriately named, the HA-PI Cottage and thought that it would be a wonderful get away home. They also liked the home next to it, foreseeing it as an overflow home for their children and grandchildren. They bought both. Jeri Lee looks back at

that time and sees that God had something else in mind... and that was to start the first United Methodist Church in Parowan.

Pastor Jeri Lee generously credits the Church of Jesus Christ of Latter-day Saints church with accepting and welcoming them and physically helping them with the facility: the placement of the Ten Commandments out in front and donating the pews for the Sanctuary cemented a close relationship which is affectionately referred to by her as the "M & M's (Methodists and Mormons).

And so on July 2, 2000, she and her husband became part of the Parowan religious community. They had a congregation of sixty, and the second home had become

a church - or a home for their congregation. The Interfaith Council was established with the late Frankie Lou Bentley from the LDS faith and Pastor Cowan from the Grace Christian Church.

Jay Wilcken, Donnett Vincent, Jackie Robinson, and others from

the LDS Church have provided the music for the Methodist Services for all of these years. The group is very close with the common purpose of uniting the community.

Twenty three years later, Pastor Jeri Lee continues to have interfaith meetings monthly in her church. In that time Pastor Douglas Harrell has passed away and Jeri Lee has remarried becoming Pastor Harrell-Leeper. From those meetings there are activities planned for the community: National Day of Prayer, Easter morning service, Christmas Eve service, 9-11 Program, and participation in the Christmas Candle Light Parade. She also has a storage rental unit where she

see **HARRELL-LEEPER** » 14

*"You know
what the
P on the
mountain
stands for?
Paradise."*

**Pastor Jeri Lee
Harrell-Leeper**

"HIS HAND IN MINE"

"These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God's love."
— L. Brent Jones

Repent and Become Clean

by L. Brent Jones

*As I see my faults through my
Savior's eyes,
I'm reminded of God's plan,
And envision what He sees in me,
And hear Him tell me that I can.*

*For He's seen my imperfections,
And paid the price for me,
So I could walk this mortal path,
And achieve my destiny.*

*He knows this path has many stones,
That I will sometimes stumble and
fall,
But He's always there to take my
hand,
If I'll give to Him my all.*

*Yes, sometimes a stumble takes its
toll,
And causes me distress,
But that pain can be removed,
If my faults I will confess.*

*For He's walked the path I'm
walking now.
He knows my every step.
And lets me know His love for me,
By the promises that He's kept.*

*He feels my pain with every fall,
And He's there to help me up.
So I can change and become
stronger,
And help fill the Savior's cup.*

*Discouragement can keep me down,
And self-worth can go away,
If I listen to all of Satan's lies,
Then down I will always stay.*

*Now, it doesn't matter if I fall,
If I'll repent and change my ways.
For His forgiveness is eternal,
If I'll serve Him all my days.*

*Yes, I live my life imperfectly,
But I still strive to be like Him,
With His Spirit to recharge me,
Whenever my light is growing dim.*

*So help me Lord, to live my life,
And direct that life to Thee,
And recognize Your love for me,
And see the me You see.*

faith

A Soundtrack for your Soul

These are the heavenly hits for your heart and soul that I found (or found me) during 2022. I hope these tracks give you 10,000 Reasons to help you stay on track, or get back on track for 2023 and beyond.

Truth Be Told, its been a difficult year for so many with trials that *No One Else Knows* and that *Nobody but Jesus* can Rescue and restore you from. Nevertheless, I hope you have learned and been reinforced by these loving lyrics, a hymn to your heart telling you that you are still *Enough*, still needed and still loved. I hope you felt and feel God reminding you that *He Believes In You* and that if you will *Hold On To Me*, I will *Build You Back*.

There are scary moments in life, but remember that *Fear Is A Liar*. Have the courage to *Go Where [You] Lead Me* and say, *Whom Shall I Fear?* And when in doubt and despair, *Run to Jesus*, and experience the mercy and grace between *The Hurt* and the *Healer* as He brings your *Dry Bones* back to life.

I know sometimes you may feel more like the *Lost Ones* than found. And whether your name is *Caroline*, or *Cinderella*, remember that the *Battle Belongs to the Lord*. I know that's easier to say than believe sometimes, especially when you feel *Worn* and wounded. Know that there are *Scars*

loves you. He did and *Yes He Does!*

Even if you feel like *All [You're] Holding* is a seed of faith, know that *[You Are] A Seed*, not a lost cause. As you daily allow your roots to drink deep of His divinity, inviting and allowing Him to nourish you with His living waters, you will be able to take *His Water* to the defeated and dehydrated and *Change the World*. *That's What Faith Can Do*.

So, *Come What May* in 2023, *The Sun Is [Still] Rising* and as you *Remember to Remember [You'll] Be Okay* and *Come What May*, I pray you will *Find Your Wings* as you *Write Your Story* in 2023. God is the Author of your hope. *He Always Wins* because He's the *God Who Stays*. He is going before you into the new year and will help your future, even your history become His legacy of love, no matter what.

These are *The Words I Would Say* and I hope you *Believe Me [Him] Now* and may we each strive to live them daily, until we are *Back In His Arms Again*, *In Jesus Name*.

GOD'S
playlist

Corey Baumgartner

news@ironcountytoday.com



In Heaven with your name written on them. And even when He seems like *A Million Miles Away*, He is reaching out and reminding you that, *[I] will Carry You*.

And as you *Praise [Him] In This Storm*, Jesus will help you to *Stand*. He will help you *Run* to the *Battle* and He will be your *Strong Tower* and *Chain Breaker* because He still believes in and

TOP HEAVENLY
HITS OF GOD'S
PLAYLIST FOR '22

49. Build Us Back (Newsboys)
48. Battle Belongs (Phil Wickham)
47. He Believes in You (Aaron Benward)
46. Fear Is A Liar (Zach Williams)
45. What Faith Can Do (Kutless)
44. Truth Be Told (Matthew West)
43. Enough (Natalie Grant)
42. The Hurt and the Healer (Mercy Me)
41. Whom Shall I Fear (Chris Tomlin)
40. Stand (Newsboys)
39. I Am A Seed (David Crowder Band)
38. Chain Breaker (Zach Williams)
37. Write Your Story (Francesca Battistelli)
36. Hold On To Me (Lauren Daigle)
35. Scars in Heaven (Casting Crowns)
34. All I'm Holding (Building 429)
33. Find Your Wings (Mark Harris)
32. Come What May (We Are Messengers)
31. The Last Ones (Matthew West)
30. Change the World (Shadow Island)
29. Worn (Tenth Avenue North)
28. The Words I Would Say (Sidewalk Prophets)
27. Cinderella (Steven Curtis Chapman)
26. Run to Jesus (Francesca Battistelli)
25. Remember to Remember (Steven Curtis Chapman)
24. Water (Matt Brouwer)
23. Yes He Does (Stars Go Dim)
22. Build Us Back (Newsboys)
21. No One Else Knows (Building 429)
20. Dry Bones (Lauren Daigle)
19. I Will Carry You (Ellie Holcomb)
18. A Million Miles Away (Mercy Me)
17. Caroline (Seventh Day Slumber)
16. Back in His Arms Again (Mark Schultz)
15. Run to the Battle (Steve Camp)
14. No One Else Knows (Building 429)
13. Strong Tower (Kutless)
12. Believe Me Now (Steven Curtis Chapman)
11. Where You Lead Me (Mercy Me)
10. Jesus Did (Newsboys)
9. I'll Be Okay (Lydia Laird)
8. He Always Wins (Mike Hammitt)
7. Nobody (Casting Crowns)
6. The God Who Stays (Matthew West)
5. 10,000 Reasons (Matt Redman)
4. Praise You in This Storm (Natalie Grant)
3. The Sun Is Rising (Britt Nicole)
2. Rescue (Lauren Daigle)
1. In Jesus Name (Katy Nichole)



GETTY IMAGES

HARRELL-LEEPER

« CONTINUED FROM PAGE 13

and her church and the Interfaith Council have fund raising projects for equipment to help those in need.

Specifically, they donated lift chairs to the Iron County Nursing Home. With all of this, her favorite memory comes from when the Brian Head fire burned large and threatened

the safety of many. There was united prayer from the community, and when she and the Interfaith representative went to the Commander of the Fire Fighting Forces, she stepped up to him and said, "You know what the P on the mountain stands for? Paradise." He answered her, "Of all the fires we have fought, never have I felt the protection of prayer over a community like I have felt here." She heard the validation in his words of how she

has lived, taught, and believed.

When we hear Pastor Jeri Lee read with passion and a booming voice that belies her small stature her favorite poem, "One," when The Methodist Church bell rings every hour and school students feel the continuity of what they've grown used to, when we feel the unity of a community blessed by her work, we know that what she says is true, "We accept everyone as God's children."

SCORES + RECAPS FROM IRON COUNTY COMPETITION

sports

REDS TAKE CONTROL, BEAT FALCONS

by Tom Zulewski

IRON COUNTY TODAY

After rallying for an overtime win in its last outing against Spanish Fork, Cedar boys basketball coach Tyler Monks said he wanted his team to be aggressive from the start. For every challenge, the Reds had the answers and finished off their cross-town rival.

Boston Garrett led three players in double figures with 18 points, and Cedar started the fourth quarter with a 9-1 run to pull away and finish a 64-54 win over Canyon View on Dec. 20 before a full house at the



Cedar

64



Canyon View

54

Canyon View 12 15 15 12 - 54
Cedar 21 15 11 17 - 64

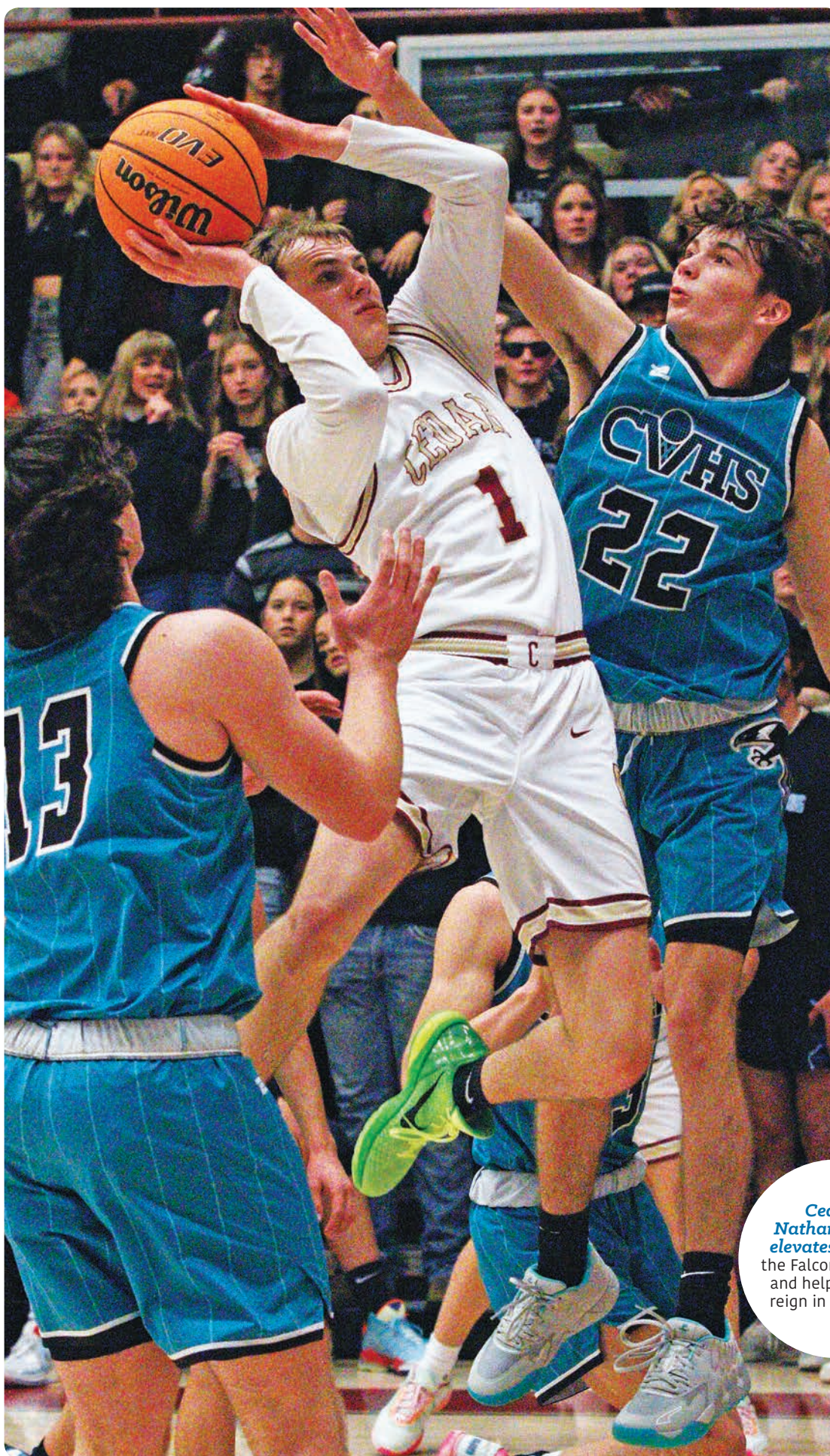
Canyon View – Farrow 6, Whittaker 6, Miles 5, Barnes 9, Topham 3, Jacobsen 3, Hartmann 8, Ludlow 14. Totals 15 19-26
54 3-pointers – Whittaker 2, Miles 1, Ludlow 2.

Cedar – Rogers 16, S. Albrecht 4, Garrett 18, Bronson 14, Kreitzer 7, E. Albrecht 5. Totals 23 10-15 64. Totals 23 10-15 64.
3-pointers – Rogers 3, Garrett 2, Bronson 1, Kreitzer 1, E. Albrecht 1.

Wolf Den. The Reds closed on a high note and entered the Christmas break with a 5-4 record overall.

“In our first possession, we got three offensive rebounds and a put back,” Monks said. “We knew we would have a battle on the boards, and they’ve got some kids who are long, athletic and rebound hard.”

Cedar led by as many as 16 points in the first half before settling into a 36-27 lead at the break. Canyon View (6-3) was able to trim the deficit to 47-42 when Bubba Ludlow – who led the Falcons with 14 points – beat the third-quarter buzzer with a 3-pointer.



“We handled the momentum, and It’s nice to be at home for those things. Any night, we have a guy that can go for 20.”

Tyler Monks,
Cedar boys coach

Ty Bronson, who also had 14 points, finished Cedar’s fourth-quarter run with a 3-pointer, and the Reds’ lead never fell below nine the rest of the way.

“We faced adversity against Spanish Fork, and that helped us today,” Monks said. “We handled the momentum, and It’s nice to be at home for those things. Any night, we have a guy that can go for 20.”

Cedar will return to play after the New Year when they open Region 10 on the road at Desert Hills on Jan. 4. Canyon View had a three-game winning streak snapped and will host San Juan for the first of three games at the Steve Hodson

PAROWAN BOYS FALL TO JUAB, 51-44

Cancer Classic tonight in a 7 p.m. tipoff.

The Parowan boys team played its last game before the Christmas

break on Dec. 20 and dropped a 51-44 decision on the road at Juab. The Rams (3-3) fell behind 29-16 at halftime

and got 20 points from Brock Felder in the loss.

Parowan will face the Millard Eagles today at the Canyon View gym in a 1 p.m. tipoff at the Hodson Classic.

Cedar's Nathan Rogers elevates to evade the Falcons' defense and help the Reds reign in the rivalry.

COREY BAUMGARTNER

Falcons hang on, edge Reds

by Tom Zulewski
IRON COUNTY TODAY

For the Canyon View Falcons girls basketball team, the last two games felt more like a case of Dr. Jekyll meeting Mr. Hyde – go to the halftime locker room behind, come out in the second half and find ways to win.

The rivalry game against the Cedar Reds on Dec. 20 was another perfect case of that up-and-down approach bearing good results.

Sophomore Maylee Spencer scored 10 of her game-high 18 points after halftime, and her Canyon View teammates completed a third second-half rally that led to a 40-39 win over the Cedar Reds, their fourth straight overall as they improved to 6-3 on the season.

Despite missing two key starters due to illness, Cedar (0-8) led by as many as 10 points in the first half, but Spencer hit a pair of 3-pointers in the second quarter that helped CV close the deficit to 18-14 at the break.

“Our defense (in the second half) led to our offense, and it gave us more





Canyon View

40



Cedar

39

Canyon View 4 10 10 16 – 40

Cedar 11 7 6 15 – 39

Canyon View – Spencer 18, Brush 4, Potter 2, Miles 4, Davie 8, Gleave 1, Vargas 3. Totals 16 5-15 40. 3-pointers – Spencer 3.

Cedar – Gomez 13, Bird 3, Parson 2, Davis 6, Bishoff 5, Twitchell 1, Hansen 9. Totals 10 15-25 39. 3-pointers – Gomez 2, Davis 1, Bishoff 1.

CV's Bethanee Vargas drives past the roadblock of Reds to help the Falcons soar to a rivalry victory.



CV's Brooklyn Davie rises to the occasion during the annual battle between the Falcons and Reds.

PHOTOS BY JR ROBINSON

confidence in our shots, for sure,” Spencer said. “I’m glad we’re going into Christmas break with a win.”

Spencer hit baskets on consecutive possessions to start the third quarter that pulled Canyon View even at 18-18, and Brooke Davie repeated the effort later in the period to put the Falcons up at 22-19.

In the fourth quarter, freshman Mya Bishoff hit a 3-pointer that helped Cedar build the lead to 33-29, but Spencer recorded the next six points for Canyon View, and they wouldn’t trail the rest of the way.

“We’ve got to figure out how to put two halves together,” CV head coach Jaycee Barnhurst said. “Our T-shirts for this year say, ‘One Team, One Dream.’ We’re gonna get to the state tournament, and that’s what we’re focused on.

“Cedar’s been getting better every game, and they’re going to get a win. This game scared me today, but the girls are starting to believe in what they can do. Wins are huge.”

Gabby Gomez led Cedar with 13 points in the loss. The Reds will be idle until Jan. 3 when they host the Desert Hills Thunder in a 7 p.m. start.

Canyon View returns to the court for the first of three games at the Steve Hodson Cancer Classic tonight when they face the Stansbury Stallions in an 8:30 p.m. tipoff.

SCOREBOARD

SCORES	
Region 10 Boys Basketball	
12/19	Gilbert (AZ) 69, Snow Canyon 40
12/20	Cedar 64, Canyon View 54 Federal Way (WA) 69, Snow Cyn. 49
12/21	Ironwood (AZ) 52, Snow Cyn. 49
12/22	Snow Canyon 76, Mtn. View 68
Region 12 Boys Basketball	
12/20	Cedar 64, Canyon View 54 Morgan 74, Emery 66
Region 19 Boys Basketball	
12/20	Juab 51, Parowan 44 Bayfield (CO) 55, San Juan 40 San Juan 62, Monticello 47 Kanab 78, El Capitan (AZ) 49 Enterprise 49, Panguitch 46 Beaver 54, Bryce Valley 48, OT
Region 10 Girls Basketball	
12/19	Desert Hills 48, Clovis East (CA) 43
12/20	Canyon View 40, Cedar 39 Vista (CO) 56, Desert Hills 37
Region 12 Girls Basketball	
12/20	Canyon View 40, Cedar 39 Emery 50, Provo 37 Richfield 55, South Sevier 39
Region 19 Girls Basketball	
12/20	Beaver 51, North Sevier 39 Panguitch 48, Enterprise 32 Richfield 55, South Sevier 39

STANDINGS		
Region 10 Boys Basketball		
	REGION	OVERALL
Dixie (1)	0-0	9-1
Crimson Cliffs (8)	0-0	6-3
Desert Hills (5)	0-0	5-3
Snow Canyon (7)	0-0	7-5
Cedar (9)	0-0	5-4
Hurricane (12)	0-0	2-4
Pine View (14)	0-0	1-7
Region 12 Boys Basketball		
	REGION	OVERALL
Emery (4)	0-0	7-2
Richfield (5)	0-0	6-2
Canyon View (9)	0-0	6-3
Carbon (10)	0-0	4-5
Grand (18)	0-0	2-6
Region 19 Boys Basketball		
	REGION	OVERALL
Kanab (1)	0-0	8-1
Enterprise (4)	0-0	5-1
South Sevier (2)	0-0	6-2
Parowan (8)	0-0	3-3
San Juan (6)	0-0	4-5
Beaver (20)	0-0	2-6
Region 10 Girls Basketball		
	REGION	OVERALL
Snow Canyon (4)	0-0	5-4
Dixie (5)	0-0	3-3
Desert Hills (7)	0-0	4-4
Pine View (9)	0-0	3-5
Crimson Cliffs (11)	0-0	1-4
Hurricane (10)	0-0	1-6
Cedar (12)	0-0	0-8
Region 12 Girls Basketball		
	REGION	OVERALL
Richfield (2)	0-0	9-2
Carbon (5)	0-0	9-3
Emery (8)	0-0	7-3
Canyon View (7)	0-0	6-3
Region 19 Girls Basketball		
	REGION	OVERALL
Kanab (1)	0-0	10-0
Beaver (2)	0-0	8-1
South Sevier (3)	0-0	5-2
Parowan (6)	0-0	5-3
San Juan (10)	0-0	3-3
Enterprise (12)	0-0	3-9

Thunderbirds fall to Utes

by Seth Whitehouse

SUU ATHLETICS STRATEGIC COMMUNICATION

Cherita Daugherty powered the Thunderbirds offense, scoring 19 points on a remarkable 54 percent from the field. Megan Jensen (16) and Daylani Ballena (9) also provided significant offense for SUU. Lizzy Williamson led Southern Utah with 10 rebounds, while Daugherty contributed five.

Southern Utah came out strong to begin the contest. Williamson connected with Daugherty for a layup on the first play of the game, followed by a pair of three pointers by Ballena to put SUU ahead 8-4. The Utes would respond with a run to place themselves ahead by eight. Jensen caught fire for the Thunderbirds in the final minutes of the quarter, hitting four consecutive field goals.

Daugherty found her stride in the final period, connecting on a trio of mid-range jumpers and a layup. Alexa Lord chipped in four points as well, but in the end it wasn't enough, as Utah would walk away with a 90-56 victory.

Southern Utah will begin conference play tomorrow against in-state rival Utah Tech. The game is scheduled to tip off at 6:30 p.m. MT.

For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.



SUU's Cherita Daugherty shot 54-percent from the field in a tough loss for the Lady T-Birds.



Even with a double-double, it was a difficult night for the Thunderbirds, who look to soar back into the winner's circle tonight!

SUU ATHLETICS

Butler's double-double highlights contentious clash with Colorado

by Jason Marsteller

SUU ATHLETICS STRATEGIC COMMUNICATION

BOULDER, Colo. — Senior guard Harrison Butler's double-double wasn't enough as the Southern Utah men's basketball squad sustained an 86-78 loss on the road against Pacific 12 opponent Colorado on Wednesday, Dec. 21. The loss moved SUU to 8-5 this season, while Colorado improved to 8-5.

The usual suspects led the way for the Thunderbirds in scoring. Senior guard Harrison Butler, fresh off joining the 1200-point club, moved to eight all-time on the SUU charts with an 18-point 11-rebound effort. The effort moved Butler ahead of former teammate

John Knight III (1,223 points, 2019-22).

Senior guard Tevian Jones tallied 14 points to

increase his SUU career tally to 1,052 as well as 1,150 in his career including his time at Illinois. Senior forward Maizen Fausett picked up 13 points against Colorado to increase his career tally to 1,244. Fausett and Butler's next target is Jackson Stevenett, who scored 1,273 points for SUU from 2010-13. Additionally, graduate guard Cameron Healy notched 12 points against the Buffaloes. Meanwhile, Spurgin matched Butler's 11-rebound performance with 11 caroms of his own.

Southern Utah opens Western Athletic Conference play on the road against Mexico State tonight at 7 p.m. MT.

Southern Utah	
	78
Colorado	
	86
Southern Utah	34 44 78
Colorado	38 48 86

EXTRA!

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Another year full of surprises, new beginnings

Another year of sports has come and is almost gone for 2022. More memories made, more special moments, and a new beginning that happened at Southern Utah with its entrance into the Western Athletic Conference.

Here's a toast to all of it – good, bad, interesting and even a small bit of the unusual to liven things up.

As you learned in this space last January, the 35-second shot clock became the law of the land for high-school basketball in Southern Utah, and it came after a slate of state championship games that were as dull as watching paint dry.

Now that we know teams will be needing to play the full 32 minutes to secure victories, the shot clock's presence has improved the quality of what we're seeing on

the floor. Cedar's boys team came through with a comeback overtime win last Saturday against Spanish Fork, and the Canyon View girls have had three straight wins where they've rallied from halftime deficits – two by double figures.

Trailing at halftime isn't ideal or recommended, but whatever it takes to come out ahead in the end is what matters most.

In the final season for SUU basketball as part of the Big Sky, the men's team had another 20-win season, but it turned out hollow with a first-round loss to Portland State at the postseason tournament in Boise. The T-Birds were selected for The Basketball Classic, where they reached the semifinals before falling to Fresno State, 67-48 on March 28.

SUU's women's hoops team finished its final Big Sky season at 18-12 and lost to Idaho in the opening round of the conference tournament in Boise. They were not selected for a postseason tournament.

As of this writing, the T-Bird men are off to an 8-5 start heading into the WAC opener being played tonight at New Mexico State. There's a new system in place for seeding toward the postseason tournament, but it's first things first. Win conference games and let the games in March take care of themselves.

SUU football's first year under Delane Fitzgerald provided a good spark for the future as the T-Birds finished 5-6 overall, capped by a season-ending 17-7 victory at Sam Houston, a place where they had lost in two previous FCS playoff outings (2013, 2015). The win total nearly matched what the program had put up in four prior seasons under Demario Warren (6).

The Utah Utes did it again, blowing the minds of so-called football pundits and prognosticators everywhere by beating USC, 47-24, to claim its second straight Pac-12 title and another trip to Pasadena, Calif., for

the Rose Bowl on Monday. They'll face Penn State this time around, and cars traveling down Interstate 15 will be plentiful the rest of this week. According to the school, ticket sales for the matchup with the

Nittany Lions have topped more than 30,000.

Flying is also an option, but reports from multiple sources have shown it's a little more expensive than last year. If you haven't noticed, gas is less expensive these days. That's a good thing.

In Cedar City, the success pendulum seems to be swinging a bit more toward the North Side as Canyon View's basketball teams are both 6-3 overall heading into their respective openers tonight at the Steve Hodson Cancer Classic. With the 3A state tournament set for the last week of February at America First Event Center, the Falcons have a big motivational carrot sitting in front of them. All they need to do is just keep winning and let the rankings fall where they may.

We don't know what 2023 has in store for us, but rest assured there will be more than enough moments to keep the competitive fires lit throughout the year.

Happy 2023 to you and yours. Thank you for your support, and please be kind to each other – win or lose.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



TOM'S SPORTS TRIVIA

As we head for the final days of 2022, here's a dozen questions celebrating our favorite sports moments from the year that was. All the best for 2023, and please remember...no wagering!

1. In one of the more remarkable upsets from the World Cup, which team knocked off Portugal to advance to the semifinals, becoming the first African nation to get that far?

- A. Saudi Arabia
- B. Cameroon
- C. Morocco
- D. Ghana

2. As if that wasn't enough, the World Cup final played Dec. 18 was spectacular in its own right. Leonel Messi scored twice in regular time and added a goal in the penalty shootout to give which country the victory and its first World Cup since 1986?

- A. Argentina
- B. Croatia
- C. France
- D. England

3. Which NFL team won a playoff game for the first time in 31 years and made it all the way to Super Bowl LVI that was played Feb. 13?

- A. Detroit Lions
- B. Cincinnati Bengals
- C. Las Vegas Raiders
- D. San Francisco 49ers

4. The 2022 Major League Baseball season had expanded playoffs for the first time and didn't crown its World Series champion until Nov. 4. Who earned his first ring as a manager when his Houston Astros beat the Philadelphia Phillies in six games?

- A. Bruce Bochy
- B. A.J. Hinch
- C. Dusty Baker
- D. David Ross

5. Who won his first Daytona 500 in 2022 and gave his car owner, Roger Penske, a third victory at the track?

- A. Michael McDowell
- B. Austin Cindric
- C. Kurt Busch
- D. Denny Hamlin

6. At the U.S. Open in June, who finished one shot in front of Will Zalatoris and Scottie Scheffler – who was looking for his second major of the season?

- A. Hideki Matsuyama
- B. Rory McIlroy
- C. Collin Morikawa
- D. Matthew Fitzpatrick

7. When Scheffler won his first major at the 2022 Masters, how many shots did he win by, even with a double-bogey on the 72nd hole?

- A. Three
- B. Four
- C. Five
- D. Six

8. In the 2022 NCAA Men's Basketball National Championship, who rallied from a 15-point halftime deficit to beat the North Carolina Tar Heels and win the crown?

- A. Villanova
- B. Duke
- C. Michigan
- D. Kansas

9. While Rafael Nadal won two of the Grand Slam tennis titles in 2022, Casper Ruud lost twice in the finals, including one to Nadal. What country is Ruud from?

- A. Norway
- B. Sweden
- C. Finland
- D. Denmark

10. Which U.S. state won its fourth title at the Little League World Series in 2022, beating Curacao in a run-rule victory?

- A. Pennsylvania
- B. New Jersey
- C. Connecticut
- D. Hawaii

11. Which SEC school won the College World Series for the first time in 2022, beating Oklahoma in the best-of-3 championship final?

- A. Missouri
- B. Ole Miss
- C. Auburn
- D. Alabama

12. In the 2022 Winter Olympics, which country does not belong among the top three men's teams from the curling competition?

- A. Sweden
- B. Great Britain
- C. Canada
- D. United States

LAST WEEK'S ANSWERS

1. B: Memphis Grizzlies
2. D: Charlotte Hornets. The Hornets are now the only NBA team who has not played on Christmas Day.
3. C: 76ers-Knicks.
4. A: Houston. The Rockets moved from San Diego to Houston in 1971.
5. B: Toronto Raptors. The Raptors are 0-2 in Christmas Day games.
6. D: Six. The Jazz are 6-2 on Christmas.
7. B: 2005. Shaq and the Miami Heat beat Kobe and the Lakers, 97-92.
8. B: LeBron James. James set the new mark at 422 points after scoring 39 points in a 122-115 loss to the Brooklyn Nets on Christmas, 2021.
9. C: 2011.
10. A: Phil Jackson.
11. A: 2017. Cleveland and Golden State played in a rematch of the previous season's Finals.
12. C: Boston Celtics.

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 be president so one man cant just foul it up. Three of my ancestors signed the Declaration of Independence from England. The Constitution says we have the right to bear arms and own property and that didnt mean to have high taxes. Taxes on property should be very low. It's breaking our country. Bringing us down to slavery. The nation is all wrong, caused by the government alone. They didnt ask the people when they borrowed trillions. The government have become the monsters. We just need to punish crooks and killers for their crimes. Lawyers and courts are out of control. Burn the past court cases and most law books. Start over, stop crime that way. Bert Stratton

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legal notices

NOTICE OF TRUSTEE'S SALE

NOTICE IS HEREBY GIVEN that the following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of the sale, at entrance to the **IRON COUNTY COURTHOUSE located at 40 N. 100 E., Cedar City, UT on Wednesday, February 1, 2023 at 1:00 p.m.**, for the purpose of foreclosing on a Deed of Trust originally executed by FIRST EMPANADA FACTORY, INC., as Trustor, and UTAH INDEPENDENT BANK, as Beneficiary. The Deed of Trust is dated April 5, 2021 and recorded on April 6, 2021, as Entry No. 00766183, Book 1543, Pages 1139-1146, in the official records of the Recorder of Iron County, State of Utah, and includes property more particularly described as follows:

Parcel: B-1534-0002-0001

Address: 601 W. 2675 N., Cedar City, UT 84720

Legal: BEG N0°00'04"W 1614.52 FT ALG SEC LN & N89°38'27"W 468.86 FT FR SE COR SEC 27,T35S,R11W, SLM; N00°56'23"W 130.17' TO S R/W OF 2675 N ST; ALG SD R/W S57°51'53"W 4.35 FT; ALG CURV TO RT DIST OF 129.01 FT, RADIUS 230.00 FT, CHORD 127.32 FT BEAR S73°56'00"W, DELTA 32°08'13"; N89°59'54"W 13.12 FT; LEAVING SD R/W S00°00'06"W 91.71 FT; S89°38'27"E 141.30 FT TO POB; SUBJ TO 7.5 FT PUBLIC UTIL EASE ALG N SIDE OF PARCEL & 10 FT PUBLIC UTIL EASE ALG S SIDE OF PARCEL ADJ TO 2675 N ST.

A Substitution of Trustee was recorded on September 13, 2022 as Entry 00796835, Book 1622, Pages 0681-682 and a Notice of Default was recorded on September 13, 2022 as Entry 00796836, Book 1622, Pages 0683-0684 in the official records of the Recorder of Iron County, State of Utah.

The Substitute Trustee has elected to sell or cause to be sold all rights, title and interest of the Trustor in and to the real property described in the aforementioned Trust Deed in order to satisfy such obligations in favor of the Beneficiary.

Bidders must tender to the Substitute Trustee a deposit of five thousand dollars (\$5,000.00), at the time of sale and the balance of the purchase price is due by 12:00 p.m. MST on the first business day following the sale. The deposit is non-refundable and retained as damage if balance is not paid within 24 hours of sale. Both the deposit and the balance must be paid to J. David Westwood, Trustee, in the form of a wire transfer, cashier's check or certified funds. Cash payments, personal checks or trust checks are not accepted.

The Substitute Trustee shall sell the above property at the time of the sale without warranty, express or implied subject to all encumbrances of record. Anyone having questions or desiring information regarding the property to be sold should contact the undersigned. Hours of office operation: 9:00 a.m. to 5:00 p.m., Monday through Friday, except legal holidays.

This is an attempt to collect a debt. Any information obtained will be used to collect this debt.

/s/ J. David Westwood
J. David Westwood
WESTWOOD LAW, P.C. (435) 267-2145
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Published December 21 & 28, 2022 & January 4, 2023
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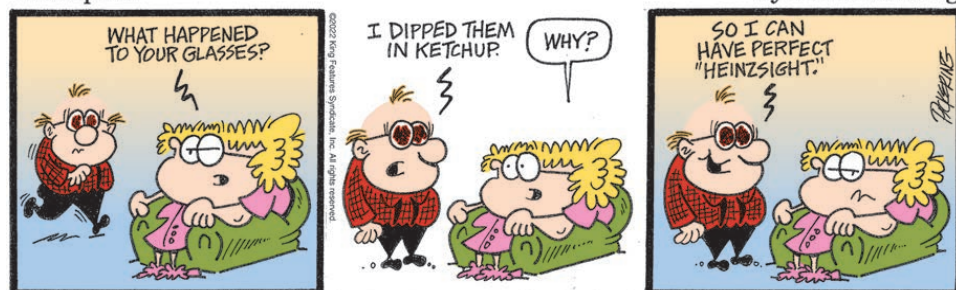
by Dave T. Phipps

R.F.D.



by Mike Marland

The Spats



by Jeff Pickering

Weekly SUDOKU

by Linda Thistle

6	9	7				4
		4		9	2	
	3			8		7
	1			9	6	8
5		8			1	
		2		1		5
3				5		1
	2		3			4
		6		7	4	3

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

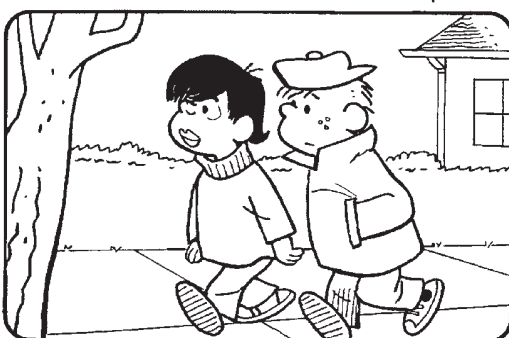
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Poster is missing. 2. Fence is missing. 3. Arm is moved. 4. Skateboard is missing. 5. Pocket is moved. 6. Curtains are missing.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Athletic
EIGAL

Portion
HEARS

Frail
RENTED

Turned
WEAKS

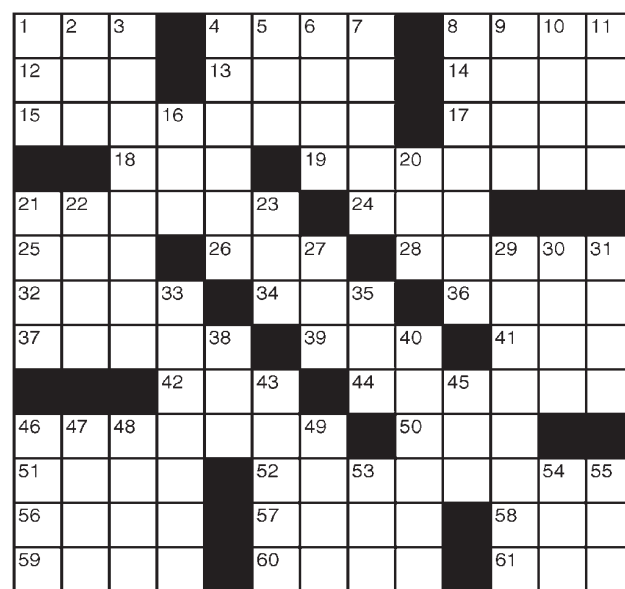
TODAY'S WORD

December 26, 2022 Posting Date

King Crossword

ACROSS

- 1 Dallas cager, for short
- 4 Reindeer herder
- 8 Persian leader
- 12 Hit CBS series
- 13 Vicinity
- 14 Roof overhang
- 15 Like some salad dressings
- 17 Frat letters
- 18 Duo
- 19 Sikhs' headwear
- 21 Enjoy, as fine food
- 24 Luau bowlful
- 25 Guitar's kin
- 26 Yule quaff
- 28 Desert flora
- 32 Simple
- 34 Drench
- 36 Lunch hour
- 37 Pesto herb
- 39 Super Bowl VIP
- 41 P followers
- 42 Joke
- 44 Learned one
- 46 Sans
- 50 Lucy of "Elementary"
- 51 Coup d' —
- 52 "Deathtrap" playwright
- 56 Impetuous
- 57 Toy block name



- 58 Here, to Henri
- 59 BPOE members
- 60 Beloved
- 61 Fanatic
- 9 "Funny!" often
- 10 Bard's river
- 11 Big name in oil
- 16 Farm female
- 20 Sinbad's bird
- 21 — luck (accidental success)
- 22 Furniture brand
- 23 At once
- 27 Jewel
- 29 French chicken dish
- 30 Undecided
- 31 "Meet Me — Louis"
- 33 Pizza slices,
- 35 Sports bar sets
- 38 Asian language
- 40 Wan quality
- 43 Screen Actors —
- 45 Compete
- 46 Existed
- 47 Slanted type (Abbr.)
- 48 Chore
- 49 Sloth's home
- 53 Khan title
- 54 Post-op area
- 55 Little louse

DOWN

- 1 Roman 1105
- 2 "— was saying ..."
- 3 Wine producers
- 4 Snorkeling site
- 5 Altar constellation
- 6 Impudent
- 7 Settle a debt
- 8 Belgrade native

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1. TELEVISION: What is the name of the next-door neighbor on TV's sitcom "Home Improvement"?
2. LITERATURE: Which war was the setting for Anthony Doerr's novel "All the Light We Cannot See"?
3. MUSIC: Who wrote the song "All Along the Watchtower," performed by Jimi Hendrix?
4. GEOGRAPHY: When is Earth Day celebrated each year?
5. HISTORY: Which two city-states fought the Peloponnesian War?
6. MEDICAL TERMS: What is a common name for the disorder called sphenopalatine ganglioneuralgia?
7. ASTRONOMY: Where is the Oort Cloud in space?
8. GEOMETRY: How many sides does a nonagon have?
9. FOOD & DRINK: What's another name for egg white?
10. GENERAL KNOWLEDGE: How large is the Times Square ball that drops at midnight on New Year's Eve?

5	8	3	4	7	2	9	6	1
6	4	6	1	8	3	5	2	7
1	2	7	9	5	6	8	4	3
7	5	4	3	1	6	2	8	9
2	6	1	7	8	4	3	9	5
8	3	6	9	5	2	7	1	4
9	7	5	8	6	1	4	3	2
3	6	2	5	1	9	4	8	7
4	1	8	2	3	7	6	5	9

Answer

Weekly SUDOKU

U	T	N	N	D	E	A	R	S	E	L	K	S
I	C	I	O	L	E	G	O	H	I	C	I	O
N	I	N	I	R	A	L	E	V	I	N	I	N
S	A	V	A	N	T	S	A	V	A	N	T	S
N	O	O	N	M	E	T	M	E	R	E	M	E
I	C	A	C	T	I	O	I	P	O	I	P	O
S	O	H	R	A	V	E	A	V	E	A	V	E
S	H	A	V	E	A	V	E	A	V	E	A	V

Solution time: 25 mins.

Answers

King Crossword

SCRAMBLERS
Today's Word
1. Agile; 2. Share; 3. Tender; 4. Askew

Answers
1. Wilson.
2. WWII.
3. Bob Dylan.
4. April 22.
5. Athens and Sparta.
6. Brain freeze.
7. The most distant region in our solar system, beyond the Kuiper Belt.
8. Nine.
9. Albumen.
10. 12 feet in diameter.



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