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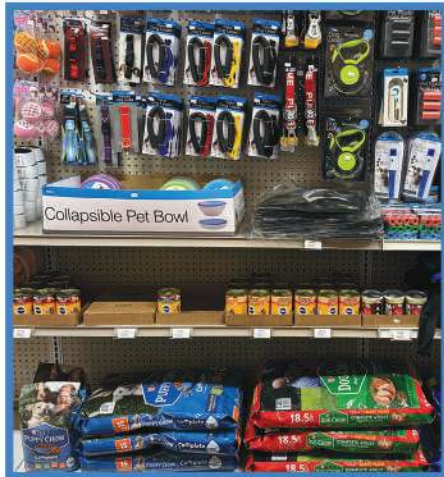
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showcase



Windsor Court
Makeover is Happening!
see pg. 14

IRON
COUNTY

today

FORESTRY, FIRE & STATE LANDS

SENDS RESOURCES TO TEXAS FOR WILDLAND FIREFIGHTING SUPPORT



STORY IN NEWS

CEDAR CITY POLICE DEPARTMENT LAUNCHES NEW FLOCK SAFETY TECHNOLOGY TO ENHANCE PUBLIC SAFETY



from Gabbie Costello

CEDAR CITY OFFICES

to announce the launch of a new cutting-edge crime-solving technology called “Flock Safety.” This technology solution will be rolling out over the next few weeks and aims to deter and help solve crime to continue ensuring the safety of our community.

This technology features automated license plate readers (ALPR) and live and recorded video cameras that work 24/7 to provide our officers with objective evidence to solve crimes faster and more efficiently. These tools are specifically used to capture license plates only on the rear of vehicles. The cameras do not capture pictures of the vehicle driver. The plate is queried through the law enforcement database and notifies officers if the vehicle is wanted or has been involved in a criminal event.

“As our community grows, we are constantly seeking and evaluating new methods to improve public safety,” said Police Chief Darin Adams.

“Flock Safety technology will greatly assist us in our efforts to better protect our community and keep our residents and visitors safe.”

Cedar City has joined many other cities across the state and country that have successfully deployed Flock Safety, which means the data collected can be searched and analyzed across several platforms. This assists to lower crime statewide and nationally! This can include recovering stolen vehicles, tracking down criminals, and more arrests.

It is the Cedar City Police Department’s goal to keep Cedar City as safe as possible, and with the help of modern-day technology, they are thankful to be even more efficient in solving crime.

CEDAR CITY,

UT - Cedar City Police Department is pleased

Cedar City Man Charged After Violent Fight, Providing Alcohol to Minor

by Tracie Sullivan

FOR IRON COUNTY TODAY

A late-night altercation between two cousins recently led to felony assault charges for a Cedar City man.

Emilio Kanosh, 28, was arrested by Cedar City police after authorities responded to reports of a domestic disturbance involving a physical fight. Kanosh now faces multiple charges, including aggravated assault, intoxication, knowingly providing alcohol to a minor, and failure to disclose his identity to officers.

Police were dispatched to the incident at approximately 12:39 a.m. Feb. 28 after witnesses reported seeing and hearing two men fighting. Officers arrived to find a 20-year-old victim with visible injuries, including swelling, discoloration, and blood on his face.

The victim initially told police that his injuries were caused by a dog attack but soon admitted the truth.

According to court documents, he explained that an argument between the two men had escalated, with Kanosh allegedly pushing him, grabbing his mouth and lower face, punching him multiple times, and attempting to choke him by constricting his airway.

“The victim told me he was struck two or three times in the face by Emilio’s closed fist,” the affidavit stated.

Kanosh initially refused to cooperate with police, entering another apartment and locking the door behind him. When he eventually emerged, Kanosh told officers he had nothing to say and provided minimal identifying information.

In addition to aggravated assault, Kanosh was also charged with knowingly providing alcohol to a minor, as the victim, his cousin, was under the legal drinking age and had a strong odor of alcohol on his breath.

Kanosh is scheduled to appear remotely before 5th District Court Judge Matthew Bell for a waiver hearing on April 2.

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Salt Lake City, UT 84114-2220
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Toll Free: 800-705-2464
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Communications sent to this email address will be received by all board members, the USBE superintendency and select board staff. Please include the city where you live in your emails so your recognized board member may choose to email you personally.

ICSD OPENS FIRST DISTRICT TEEN CENTER

by Shauna Lund

IRON COUNTY SCHOOL DISTRICT

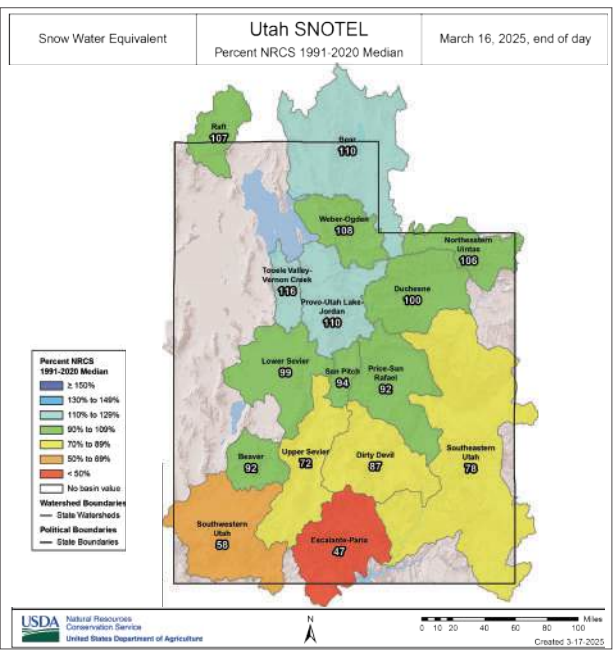
Nearly every day, more than 350 students in Iron County start the school day without the vital resources they need to be successful. Basic unmet needs such as food, hygiene, one-on-one academic support and personal guidance become barriers to their learning.

To help fill those needs, Iron County School District will open its first teen center with a ribbon cutting at 1 p.m., Wednesday, March 19. The teen center was funded, in part, by a grant from the State of Utah.

The center is located in a stand-alone building west of Cedar High School at 702 S. 300 West, Cedar City. The center will be open on weekdays when school is in session from 6 a.m. to 8 a.m. and from 2 p.m. to 5 p.m. It will be staffed by two aides.

Students from ICSD’s two middle schools and five high schools can utilize the center for access to a shower, laundry facility, quiet place to study and adult support. These basic necessities help students gain confidence to better engage in class and with their peers. No

see ICSD» 9



Forestry, Fire and State Lands Sends Resources to Texas for Wildland Firefighting Support

from Karl Hunt

UTAH DNR PUBLIC INFORMATION OFFICER

SALT LAKE - The Utah Division of Forestry, Fire and State Lands is sending two task forces to Texas to assist with wildland firefighting efforts in the state.

The two task forces are traveling to Texas on a severity assignment to assist the local firefighting resources due to heightened fire activity in Texas.

One task force consists of state staff and local firefighters from Northern Utah and Moab, while the second comprises staff and local firefighters from Southern Utah.

The task force out of Northern Utah is being led by Bryce Boyer, who works for FFSL and serves as the Summit County Fire Warden. Trevor Whiting, the Assistant Fire Warden in Tooele County will serve as a Task Force Leader Trainee to develop his skills in that position, gaining valuable experience to take on future leadership roles.

The Northern Utah Task Force includes engines and firefighters from Provo Fire, Juab Fire, Moab Fire, North Fork Special Services District, and the state of Utah.

Matt Jarvis, a captain for the Lone Peak Hotshots, is



leading the task force out of Southern Utah. Alexander Larsen, the Kane County Fire Warden, will serve as a Task Force Leader Trainee.

The Southern Utah team includes engine resources and firefighters from Cedar City Fire, Dammeron Valley Fire, Enterprise Fire, Hurricane Valley Fire, and the state of Utah

Both task forces will be deployed for 14 days in Texas before returning to Utah.

THURSDAY
Partly Cloudy
54°/25°
PRECIP: 20%
WINDS: S/N 20-30

FRIDAY
Mostly Sunny
54°/22°
PRECIP: 10%
WINDS: NW 10-20

SATURDAY
Partly Sunny
58°/29°
PRECIP: 10%
WINDS: SW 5-15

SUNDAY
Mostly Sunny
59°/28°
PRECIP: 0%
WINDS: SW 5-15

MONDAY
Partly Cloudy
66°/32°
PRECIP: 10%
WINDS: W 5-10

TUESDAY
Mostly Sunny
71°/36°
PRECIP: 0%
WINDS: NW 10-20

WEDNESDAY
Mostly Sunny
45°/22°
PRECIP: 20%
WINDS: NW 5-10

IRON COUNTY FORECAST

DRIER AND WARMER CONDITIONS WILL RETURN TO THE AREA TO WRAP UP THE WORK WEEK. NEXT WEEK WILL START TO BRING A NICE TASTE OF SPRING WEATHER TO THE REGION.

Check your local forecast anytime at:
ABC4.com/weather

opinion

FROM THE EDITOR



CASSI SCHMUTZ
COPY EDITOR

While our weekly printed paper remains the heart and soul of Iron County Today, I want to take a moment to remind our readers of the many ways you can stay informed through our website—available to you all week long!

Missed a printed edition? No problem! Our website gives you access to past articles, breaking news updates, and community stories so you can stay engaged with everything happening in Iron County. One of the most important resources we provide is our obituaries section. We know how crucial it is for families to share information about loved ones in a timely manner, and sometimes, printed announcements reach readers after a service has taken place. To help with this, our online obituaries page is updated regularly, ensuring you have access to the most current information.

Did you know you can submit content directly through our website? Whether it's a letter to the editor, a community event, a classified ad, or a life celebration, we make it easy for you to share your stories with our readers. Simply visit our website and submit your content—we'd love to feature your news!

Our print edition and website complement each other, offering unique content on each platform. Some articles and features that don't quite fit into the print edition can be found exclusively online. Meanwhile, sections like event calendars, classifieds, government recaps, and special celebrations are highlighted in print. By using both, you can experience the full range of what Iron County Today has to offer. We appreciate your continued support and are committed to keeping Iron County informed—in print and online! Visit our website today and explore all the resources available to you.

WORD OF THE WEEK

SOLICITOUS

[so-lici-tous]
adjective

Characterized by or showing interest or concern



LETTER TO THE EDITOR

I sympathize with any employee losing their job. I really do. However, Trump and Vance were not elected just because people didn't want to vote for a woman. We just got out from under the most inept, left wing president and cabinet in my lifetime. The open southern border with unchecked illegal immigrants, billions in foreign aid paid to corrupt governments while our own citizens suffer and record inflation due to policies that raised the cost of just about everything led people to realize that a change was needed. No one but the democratic party leaders chose Kamala Harris as their candidate. She was an inexperienced disaster. She was Biden's "border czar", and did nothing as millions of illegal immigrants crossed the border.

We all watched as Biden used the DOJ and FBI to persecute his main political rival and crush those who demonstrated at the capitol. Harris, as a former prosecutor, stood silent as the rule of law was ignored and used to crush their opponents. It didn't help when she referred to any Trump supporter as a fascist or nazi, and Trump as a threat to democracy.

Hillary Clinton got millions of votes when Trump won the election in 2016, in fact she won the popular vote. Thank our founders for the electoral college, or New York and Los Angeles would be deciding our president. Trump and Vance won because the people are tired of a corrupt media and corruption running our government.

Dean Haynes

QUOTE OF THE WEEK

"Spring is the time of plans and projects."

- Leo Tolstoy



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opinion

Lost in History

PART II

by *Edy Meredith*

FOR IRON COUNTY TODAY

How can we celebrate Women's History Month? First, we as women and men need to learn about the accomplishments of women in the past who have fought hard for the changes that modern people now enjoy. Reading, studying, and enjoying the accomplishments of women from the past starts with knowing the past through studying and sharing the biographies of female pioneers. Perhaps we've heard of Amelia Earhart, one of the first ladies of aviation who paved the way for women in the aviation/flight industry, or about the women's movement origins with suffragettes like Elizabeth Cady Stanton and Susan B. Anthony.

I would suggest reading one or more of the following important books about women for yourself and to your children:

❶ "Women in Science: 50 Fearless Pioneers Who Changed the World" by Rachel Ignotofsky which features notable women in the STEM field from ancient to modern times (STEM is an umbrella term used to group together the distinct but related technical disciplines of science, technology, engineering, and mathematics.);

❷ "My Own Words" by Ruth Bader Ginsburg which is the autobiography about the pursuit of women's rights by only the second woman ever to be appointed to the Supreme Court of the United States of America that was also made into a movie in 2018 titled "On the Basis of Sex";

❸ "Hidden Figures" by Margot Lee Shetterly based on the account of three African American women who were NASA mathematicians in the 1960's (both a book and a film) who worked at NASA and determined the

mathematical facts that led to the moon landing and who did it without the aid of the sophisticated computers in use today.

The following additional movies also deal with Women's History and are a must watch for both young girls and boys available at the following website: tinybeans.com/10-inspiring-movies-for-womens-history-month-to-watch-with-your-kids/:

❶ "A Ballerina's Tale" featuring Misty Copeland, the first African American principal dancer for New York's American Ballet Theater;

❷ In "Anne Frank Remembered" interviews with schoolmates, relatives, camp survivors, and the Frank family's heroic protector, Miep Gies, this powerful documentary completes the story of young Anne's last days;

❸ "The Miracle Worker" based on the true story of two great female figures of American History, Helen Keller and her nurse Annie Sullivan; Helen was born deaf and blind but her indomitable teacher with patience taught her to speak and understand.

❹ "Amelia" is the dramatized version of Amelia Earhart as the first female pilot to fly solo across the Atlantic, who mysteriously disappeared in an attempt to fly around the world in July 1937;

❺ "Betty & Coretta" is a poignant tribute to the courage and fortitude of two lesser known civil rights heroes: Dr. Betty Shabazz and Coretta Scott King, the widows of Malcolm X and Martin Luther King Jr.;

❻ "Speed Sisters" teaches kids about the first all-female car racing team in the Middle East and the stark realities

of Palestinian life on the West Bank when it was made in 2017;

❼ "A Brave Heart: The Lizzie Velasquez Story", a documentary about a woman born with a rare congenital disease that disfigured her but who fought against bullying as an amazing role model;

❽ "Girl Rising" is about the lives of impoverished girls living in countries where girls are denied education;

❾ "He Named Me Malala" is a deeply affecting documentary that explores the life of a young woman who is the first teenager to receive the Nobel Peace Prize who was born in a country which denied her an education.

Let's Inform ourselves and teach our children about the resilience we all need to live lives of courage, meaning, and dedication to all that is good and valuable as our children learn from what we share with them about the historical contributions of women to the world.

Howard P. Hughes
MEMORIAL LECTURE

DR. KURT GRAHAM

Director of the Adams Presidential Center

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IRON COUNTY GOVERNMENT RECAPS

Iron County Commission

from Iron County Today Staff

FOR IRON COUNTY TODAY

Shakespeare Festival representatives John diAntonio and Michael Bar presented their upcoming season, featuring seven productions, including three Shakespeare plays. De Antonio, former Creed Repertory Theatre director, highlighted the festival's cultural and economic impact on Iron County. They detailed local discount programs like the Iron County Pass, half-price same-day tickets, and a \$40 student pass. Strong ticket sales were reported, with A Gentleman's Guide to Love and Murder as the top seller.

The Parks and Recreation report highlighted the economic impact of high school mountain bike races at Three Peaks, which drew over 13,000 visitors and generated \$880,000 in lodging revenue. Plans are underway to pave the road further into the park to ease neighbor concerns.

Parks revenue rose from \$122,000 in 2023 to \$155,000 in 2024. Five Mile Park will have its grand opening on May 1 and operate through October 31. Improvements continue at the ATV trailhead at Three Peaks, along with efforts to enhance shooting range safety.

For tourism, TRT collections finished 11% above 2023, with occupancy and daily rates up 3%. Updates included Brian Head's 50th anniversary, advisory board funding recommendations, and special events.

A new 0.75% TRT tax increase was approved, with 0.25% for search and rescue mitigation and 0.5% for state infrastructure. Counties may add a 0.25%

local tax for search and rescue, though Iron County's need is uncertain.

It was reported the Corrections budget is at 11% with some unexpected expenses. The jail now pays \$2,700 annually for standards compliance, previously covered by the Sheriff's Association. Inmate numbers remain steady, with some additional federal inmates.

The commission approved a zone change for a 5.28-acre property from residential to commercial, citing good interstate access and suitability for development.

They also consented to Cedar City's annexation of 19.18 acres near 400 W and 3000 N, required by state law to avoid an unincorporated peninsula. The annexation allows access to water and sewer for planned storage units, aligning with airport overlay zoning.

The commission approved a contract with Emergency Services Consulting International (ESCI) for a fire district feasibility study, now in early stages. Paragonah Fire Chief emphasized the county's unique geography and growing service demands. The study will assess call volumes, funding, and potential district configurations.

The commission approved a policy establishing requirements for Public Infrastructure Districts, which are financing tools for large developments. The policy:

- Requires a minimum of \$10 million in infrastructure needs
- Typically caps tax rates at 5 mills (0.5%) for primary residential properties
- Establishes a review committee and application process

- Ensures PIDs provide significant public benefit aligned with county goals

A representative of Cruz and Associates explained that PIDs allow developers to finance public infrastructure through tax-exempt bonds without burdening county finances. The policy protects the county by providing clear criteria for approving beneficial projects while rejecting those that don't meet standards.

The commission approved three personnel changes:

- Elizabeth Henson was hired as a part-time assistant in the Attorney's Office
- Emily Campbell was promoted from Corrections Deputy 2 to Corrections Deputy 3
- Paul Rodriguez Pacheco was hired as a full-time maintenance technician in the Road Department

Cedar City Council

from Iron County Today Staff

FOR IRON COUNTY TODAY

A key development was the announcement that the city had secured property from the Forest Service needed to build the First East Road. The council also confirmed their upcoming retreat would begin at 8:00 AM on the 21st.

During council comments, members discussed the need to restripe the diagonal parking on 100 West where lines have faded. Police Chief Adams provided an update on traffic issues near North Elementary School on 200

North, mentioning plans to meet with the principal, neighbors, and explore potential solutions including making the road one-way during certain times.

Public comments included a presentation from Debbie Irish of Kiwanis International, who is working to establish a new Kiwanis Club in Cedar City focused on community service projects benefiting children.

Greg from Cedar City Fire Department invited council members to attend the 25th annual Life Safety Week (April 21-25), which will host over 800 second-grade students from Iron County elementary schools including homeschoolers.

The consent agenda, approved unanimously, included:

- Approval of previous meeting minutes and bill ratification
- Airport improvement project change orders
- Awarding a design contract for Fiddler Park
- Consulting services agreement for Heritage Theater renovation
- Approval of funding for the Coal Creek EWP project
- Appointment of Tyrel Edy to the Historic Downtown Economic Committee

Brandon Burls from JP Excavating briefly addressed the council regarding the Coal Creek project, explaining his company's experience with similar projects, though it was clarified the contract had already been awarded to a local contractor per city purchasing policy.

BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	TBD	\$132,282,649	\$221,113,931	TBD	TBD	TBD
ANNUAL INCREASE	11.78%	20.57%	21.23%	15.58%	2.96%	4.3

* Information was obtained directly from the governmental entities listed.

southern utah university

SUU Online to Present Innovations at Higher Ed Conferences



SUU Online Director of Admissions and Advising Stephanie Jacobsen and her team will be presenting at two upcoming higher ed conferences

Academic Advising Association's (NACADA) Region 10 Conference in Salt Lake City in May.

"At last year's conference, we noticed how many other colleges are struggling to meet the advising needs of students due to capacity issues," said Online Advisement Coordinator Seth Aiono. "We were asked to share our model because it solves this problem in a pretty simple and cost-effective way."

Likewise, the SUU Online Admissions team will be showcasing their innovative use of technology at June's SLATE Summit in Las Vegas. The session, Static to Slate-tastic! Contextual Checklist Feedback and FAQs That Speak for Themselves, will be presented with SLATE consultancy RHB. SLATE, by developer Technolutions, is the leading customer relationship management (CRM) system for higher education. The SLATE Summit is Technolution's annual national conference.

"Providing students with relevant information throughout the admissions and onboarding process is crucial," said SUU Online Director of Admissions and Advising Stephanie Jacobsen. "Delivering accurate details quickly and efficiently can significantly impact a student's decision to choose your institution."

SUU Online's Associate Vice President of Enrollment Steve Meredith praised his team's efforts saying, "I am extremely proud of our dedicated team that is thinking beyond the box to improve the student experience and retention. Most importantly, their efforts make a big difference in helping students improve their lives through education."

About SUU Online

As part of its more than 125-year history as Utah's first experiment in distance education, Southern Utah University's Online Department continues its pioneering legacy by offering to students across the globe affordable and flexible college degrees: 12 master's, 16 bachelor's, and two associates. This includes one of the most affordable bachelor's degree in the nation, Speedway | Bachelor of General Studies. SUU Online's combination of affordability, flexibility, and vast student success programs provide an extraordinary education, anytime, anywhere.

by Brooke Heath

SOUTHERN UTAH UNIVERSITY

CEDAR CITY, Utah

-- The Graduate and Online Office at Southern

Utah University (SUU Online) will be showcasing its innovative strategies for improving the student experience and success at two upcoming conferences in the higher education industry: academic advising and technology.

SUU Online, which continues to lead the university in enrollment growth, guides students on their journey from initial information gathering about colleges to graduation with an accredited degree.

Members of the department's Advising team will present Unseen Heroes: Unlock the Power of Student Workers to Enhance Retention at the National

ICSD

« CONTINUED FROM PAGE 4

longer will they worry about fitting in and can turn their focus to learning.

Donated hygiene supplies are available for each student using the center and as requested. These small donations allow students to feel refreshed and maintain their self-respect. Imagine sitting in a classroom feeling everyone is judging your lack of basic hygiene necessities.

For some students, school is also their most reliable place to access food. The stress of hunger on weeknights and weekends prevents students from being focused and engaged

in learning. The Teen Center building also houses a school food pantry utilized for the past several years by families with students in ICSD schools. Teens using the center can now also access this food for use on weeknights and weekends.

"We hope this teen center will become a place where students in need will feel safe and comfortable," Superintendent Dr. Lance Hatch said. "We are thankful for the many who have made this center a possibility. Working together, we can help students have their basic needs met."

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public & health

Four Intermountain Health Hospitals Named Top 100 Rural & Community Hospitals for 2025

from Brad Gillman

INTERMOUNTAIN HEALTH

Four Intermountain Health Hospitals have been named Top 100 Rural & Community Hospitals for 2025, according to a new

national study by The Chartis Center for Rural Health.

Intermountain Cedar City Hospital, Intermountain Park City Hospital, Intermountain Bear River Valley Hospital, and Intermountain Sevier Valley Hospital all made this year's list.

"Cedar City Hospital remains com-

mitted to being one of the top 100 rural and community hospitals in the nation," said Jamison Robinett, president of Intermountain Cedar City Hospital. "Our caregivers, leaders, and provider partners are deeply committed to providing excellent patient care and helping those we serve live the healthiest lives possible. We are honored to be named as one of the 2025 top performing community hospitals."

Thanks to telehealth and other innovations, Intermountain continues to bring expert care to rural communities. Several specialty health services are now available at these rural facilities, so patients don't have to travel long distances to get the care they need.

Telehealth services and virtual care has been especially helpful when treating cancer patients who can have virtual appointments with experts far away. These innovations have also helped emergency room doctors respond faster in critical situations because they have access to experts who can guide treatment faster.

"The Top 100 award program elevates the very best performers and helps create a roadmap for those seeking to improve financial and operational performance while continuing to care for the communities they serve," said Michael Topchik, executive director of The Chartis Center for Rural Health. "This is our 10th year honoring the Top 100 Rural & Community Hospitals, and we're thrilled to be able to celebrate these milestones with this year's winners."

The annual study is meant to highlight rural and community hospitals that can serve as an example to other hospitals seeking to improve healthcare in the communities they serve. Chartis uses publicly available data, along with their own system and metrics, to measure the performance of hospitals.

Gov. Cox officially declares March as Red Cross Month

Utahns are invited to celebrate Red Cross Month by donating blood, volunteering, and supporting the 11th annual Red Cross Giving Day on March 26, helping to fund vital relief efforts and programs.

from Keith Paul

AMERICAN RED CROSS

SALT LAKE CITY — Utah Gov. Spencer Cox has officially declared March as American Red Cross Month in the state, joining a nationwide effort to honor the vital work of Red Cross volunteers who support their neighbors during times of crisis.

This declaration highlights the strong partnership between Utahns and the American Red Cross of Utah, emphasizing a shared commitment to building a resilient community prepared for emergencies. "In Utah, we deeply appreciate the Red Cross volunteers who consistently step up during emergencies to help their neighbors," Gov. Cox said. "We are truly thankful for the Red Cross's efforts throughout the state."

Red Cross Month has been celebrated since 1943, when President Franklin D. Roosevelt issued the first national proclamation recognizing those who give back through the American Red Cross. Every president since has continued this tradition. "When disasters strike, our volunteers respond, providing critical

see RED CROSS MONTH» 11

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RED CROSS MONTH

« CONTINUED FROM PAGE 10

support to families and neighbors when it's needed most," said Heidi Ruster, Chief Executive Officer of the American Red Cross Utah/Nevada Region. "With home fires and disasters becoming more frequent, the contributions of these local heroes are more important than ever."

Call for Blood Donations During Red Cross Month

Severe winter storms across the U.S. this year have led to more than 1,000 canceled blood drives, resulting in over 30,000 uncollected blood donations. As the nation's blood supply faces mounting challenges, the Red Cross of Utah is urging residents to donate blood during Red Cross Month to ensure lifesaving blood is available for patients in need.

Donors can schedule appointments

through the **Red Cross Blood Donor App**, visit redcrossblood.org or call **1-800-RED CROSS (1-800-733-2767)**. If immediate appointments are unavailable, donors are encouraged to schedule for the near future to help stabilize the blood supply. To improve access to health care, the Red Cross of Utah is offering free A1C tests for blood donors throughout March. This valuable screening tool helps identify diabetes and prediabetes at no cost. Additionally, those who come to give in March will receive a \$10 Amazon.com Gift Card by email. Visit RedCrossBlood.org/March for more details.

Mark Your Calendar for Red Cross Giving Day on March 26

The 11th annual Red Cross Giving Day will take place on March 26. The community is encouraged to donate, as contributions help provide essentials such as shelter, meals, relief supplies, healthcare, emotional support and financial assistance to those affected by

disasters. Learn more at redcross.org/givingday.

Beyond disaster response, the Red Cross equips communities with lifesaving CPR, first aid, and preparedness training, helping to build stronger and more resilient neighborhoods. Red Cross also supports veterans and military families by offering emergency communication services, financial assistance, and vital resources during deployments and homecomings.

How to Get Involved

Make a meaningful impact by joining the Red Cross team. Volunteers are trained to provide relief for local emergencies like house fires and to assist with large-scale disasters such as wildfires and hurricanes across the country. Opportunities are available to match a variety of interests, from on-the-ground response roles to remote support opportunities. Explore meaningful ways to get involved at redcross.org/volunteer.



Spencer J. Cox
Governor
Declaration

Whereas, the American Red Cross has helped the American people and the residents of Utah prepare for and respond to disasters for more than a century;

Whereas, the Red Cross aims to prevent and alleviate human suffering in the face of emergencies through emergency preparedness preparation, blood donation and by offering lifesaving skills and services;

Whereas, last year, local Red Cross chapters responded to 197 emergencies across the state of Utah and helped countless individuals and families receive necessary emergency aid;

Whereas, the state of Utah is home to 1,154 Red Cross volunteers who selflessly serve our communities; and

Whereas, the month of March is known nationally as American Red Cross Month;

Now, Therefore, I, Spencer J. Cox, governor of the great state of Utah, do hereby declare March 2025 as

American Red Cross Month in Utah

SJC
Spencer J. Cox
Governor

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Iron County CJC Director's Firing Sparks Controversy

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

The director of the Iron County Children's Justice Center was fired last week, a move she says was retaliation for pushing back against an investigation tactic proposed by the Iron County Attorney's Office in a child abuse case. County officials deny the claim, saying her termination was unrelated.

Wendy Jessen, who has served as the center's director since 2022, issued a prepared statement Saturday on social media and to local news outlets, stating she was fired Thursday for insubordination.

The termination, she said, followed her objections to the use of a pretext call — a law enforcement technique in which a victim or someone close to them calls a suspect in an effort to elicit incriminating statements.

Jessen contends that in a recent case involving a six-year-old victim, the Iron County Attorney Chief Deputy Shane Klenk wanted the child

to make such a call. She described the approach as both ethically and legally troubling.

"A six-year-old child should never be used as bait in a pretext phone call by being forced to call their abuser as a trick to attempt to get stronger evidence," Jessen stated. "This revictimization is morally and ethically reprehensible at best and is legally questionable, at worst."

Iron County Attorney Chad Dotson, who oversees the Children's Justice Center, disputes Jessen's account and said her termination had nothing to do with the concerns she raised.

"Wendy Jessen's claims about the reasons she was terminated are untrue," Dotson said. "There was never a time where she told me 'no' as she describes in her social media post. She also knows that I have never forced a child to make a pretext call, including the one she mentioned on Facebook."

Dotson also pushed back against Jessen's criticism of pretext calls, stating that they are a widely accepted investi-

gative tool in sexual abuse cases and have been instrumental in securing convictions.

"She knows that pretext calls are a valuable tool in sexual abuse investigations," he said. "At last year's CJC Symposium in Utah, an investigator from Dallas, TX, gave a terrific training on their effectiveness."

Several predators in Iron County have been sent to prison for a long time based on their use.

Law enforcement officials generally keep investigative tactics private, arguing that disclosing methods such as pretext calls could make suspects more cautious and hinder future cases.

Dotson further criticized Jessen for publicly discussing an active case.

"She knows that the case she referenced on Facebook is still under investigation, that law enforcement is collaborating with prosecutors on our next steps. It is unfortunate she has chosen to reference it openly in the public because this could ultimately jeopardize those efforts," Dotson said.

The Iron County Attorney's Office issued a brief formal statement regarding Jessen's termination, stating that the county is unable to fully respond due to potential litigation.

"Iron County is limited on what we can say to defend the charges

Ms. Jessen has made, due to her threatened litigation against the county," the statement read. "However, her claims about the reason she was fired are untrue."

Jessen's husband, Dan Jessen, said his wife's termination was a direct result of her challenging the county attorney's office over the handling of child abuse cases.

"Despite a perfect recent performance evaluation, and despite running the center in an amazing way — she's literally getting 'Woman of the Year' in two weeks — Chad Dotson and Chief Deputy Shane Klenk got angry when Wendy stood up to them when they went too far," he said.

Jessen said his wife's concerns were shared by others involved in the investigation.

"Wendy's employee, the detectives involved, and DCFS all argued against what Shane wanted to do," he said.

Jessen's firing marks the second leadership shakeup at the center in recent years. Her predecessor, Stephanie Ann Ward-Furnival, was also fired on Aug. 10, 2022, after more than 20 years in the role. She later pleaded guilty to theft and misusing public funds for submitting over two dozen fraudulent mileage reimbursement claims in 2020 and 2021 for meetings that were either held virtually or that she did not attend.

Third Violent Assault in a Year Lands Cedar City Man Behind Bars

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

A Cedar City man already jailed for a violent February assault is facing additional charges — this time for an incident dating back to October.

Troy Jesse Dawes, 23, was recently charged in connection with an assault that allegedly occurred on Oct. 5, 2024.

Dawes was served the new charges while in custody following his Feb. 13 arrest, when authorities say he broke down the door of a woman's apartment and brutally attacked her in front of her four-year-old daughter.

"Police had been investigating the October incident when he was arrested for the allegations in February," said Iron County Deputy Attorney Trajan Evans.

Specific details about the October incident are not publicly available in court records, as Dawes was served only a summons for that case.

Dawes was already on probation from an earlier assault occurring in July 2024, during which another victim sustained significant injuries, including a fractured nose and ocular bone.

Although Dawes initially denied involvement in that incident, he later claimed self-defense. Surveillance footage from that incident showed Dawes leaving the scene moments before the victim emerged visibly injured and bleeding.

The February assault resulted in multiple charges, including burglary, felony aggravated assault causing loss of consciousness, domestic violence in the presence of a child, property destruction, and intoxication.

According to charging documents, police responding around 2 a.m. found extensive damage throughout the victim's apartment. Dawes allegedly threw the woman into furniture and walls, repeatedly punched her, choked her until she lost consciousness, and slammed her head against the floor.

"A TV, closet doors, the front door frame, a coffee table, and stool were destroyed," the affidavit stated.

The victim managed to shout to her daughter, urging the child to escape during the assault. Officers later found the child unharmed.

Authorities noted Dawes had been asked to leave the apartment earlier that evening due to heavy intoxication. Although a friend drove him away, he returned shortly afterward, initiating the attack.

When asked by police about what happened, Dawes laughed and cursed at officers, "showing no remorse," the affidavit stated.

Due to his repeated violent behavior, authorities requested continued detention for Dawes, describing him as a substantial threat to community safety and a flight risk if released.

IRON
COUNTY

today

INSIDER'S CLUB



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clothing store



ICT GOLD



CACHE VALLEY BANK



ICT SILVER

showcase

ARTS + ENTERTAINMENT IN IRON COUNTY

by Marlo Ihler

UTAH SHAKESPEARE FESTIVAL

Last fall the Utah

Shakespeare Festival announced an exciting project called “Extreme Makeover—Windsor Court Edition” where the Cedar City community was invited to adopt a living space or two at the Festival’s Windsor Court apartments and help improve the aging facility. Participants were given guidelines to help freshen up, redecorate, or renovate their chosen apartment before they are needed to house the Festival’s seasonal company, coming

apartments consist of 35 units on the corner of 100 West and Shakespeare Lane, all in various states of comfort. Nine units are part of the makeover project this go-around. Additionally, six other apartments are receiving attention by the Festival’s facilities department who make improvements on an annual basis. Other units received improvements in recent years. The plan is to make sure that all 35 have been touched in at least the last three years.

There has been a wonderful response to this project by the community. Businesses and groups that are sponsoring improvements in at

Windsor Court Makeover Is Happening!

later this spring.

Festival Company Manager Karin Edwards and Assistant Company Manager Bailey Rodriguez created the idea alongside the Cedar City Chamber of Commerce and have been in charge of the project. They have contributed countless hours to the project, including arranging and collecting donations from businesses and organizations, reaching out to volunteers, setting up Festival staff work days, and so much more.

Located on the Festival grounds, the Windsor Court

least one unit include Habitat for Humanity/ReStore, Cedar City Chamber of Commerce, Cedar Valley Roofing, Visit Cedar City-Brian Head Tourism Bureau, Potter & Son’s Floor Store, as well as individual members of the Festival

see **WINDSOR COURT** » 16

USF Artistic Director **John DiAntonio** helps paint an apartment during the Windsor Court Makeover project.



Arts from the Start Pays Off

by Sara Penny

CCAC VICE PRESIDENT



Being engaged in the arts helps with listening skills and attention to detail. These skills pay off for both jobs and relationships.

We also enjoyed going to museums and making art at home. One of the more memorable days was the Viking exhibit at the Natural History Museum. Our grandson loved talking with the actors who were telling stories in costume. It was fun to see how the sails on the ships functioned. My mother, Pauline Nelson, had filled our home with beautiful books

and I remember the folk tales from the Vikings with dramatic illustrations. When I have to do something scary I wear my Swedish necklace to get a little courage from my ancestors.

Making art can be as simple as a blank paper and a pencil. My son and husband liked the "Drawing on the Right Side of the Brain" book as they refined their sketching abilities. The idea of turning the subject upside down to focus on the details was new to me.

At-home art activities for young children have been shown to help them control emotions. Using music to help calm down or lift spirits can be really useful. It is much easier to access all kinds of music than when I was a child. It can be a really valuable tool. Calm down music like Eric Satie or lullabies is helpful. Happy music like polkas and brisk Vivaldi can help boost spirits. Singing along to your favorite song is a great idea.

Test scores show that students with access to arts in the home, school, and community have an advantage. This could be the discipline of a long term project like

It is a lovely experience to read to a child. My husband and I enjoyed reading to our children from the time they were tiny. A fun family memory is sharing stories, especially the ones we made up in the car. Just as storytelling nurtures imagination and connection, participating in the visual and performing arts fosters important skills as well.



Young Girl Reading
by Jean-Honore Fragonard

learning an instrument. I tell my students that playing the violin is more like a marathon than a sprint. It is definitely not an instant gratification experience. Learning to draw beautifully, write stories, sing in a choir, and dance also requires dedication and long term thinking.

Going to concerts and plays is a useful tool and we are fortunate in Cedar City to have so many options. This spring we will have choir and orchestra concerts, several plays, and many art exhibits.

You can check our @CedarCityArts social media for offerings.

When we lived in Texas we were actively involved in community theater. Sometimes our small daughter attended only a half play or a half concert, if that was where her attention span started to waver. Soon she wanted to stay for full events.

We have always loved outdoor arts festivals and that is why the Cedar City Arts Council continues the Final Friday Art Walks, which started in 2015. The Art Walks are from June through September on the last Friday of the month. Stay tuned for more details. We are already scheduling the musicians. If you want to participate contact cedarcityartscouncil@gmail.com

We hope you enjoy the arts available in Cedar City and we appreciate everyone involved in building our arts community.



Thursday, March 27th at 7:30 p.m.
Heritage Theater
105 North 100 East
Cedar City, UT 84720



For information on FREE tickets please go to usairforceband.com

WINDSOR COURT

« CONTINUED FROM PAGE 14



Festival Staff contributes to the Windsor Court Makeover Project.

Paint and Glass donated lots and lots of paint. FRDM Turf is hoping to help make improvements to the grounds around the apartments.

Other organizations that have been involved in various ways include the Guild of the Utah Shakespeare Festival, Ye Olde Catholic Thrift Shoppe, and JustServe volunteers. Visit Cedar City has offered to donate beautiful photos of our area for decor.



If you're still interested in assisting with this project, monetary donations help immensely. Or there are lots of smaller projects that volunteers can help complete even if you only have short periods of time. The competition part of the Extreme Makeover may have ended March 7, but there is still plenty of work to do beyond that before the seasonal company arrives.

"This project is more than just improving these living spaces," says Edwards. "It has once again shown me how amazing this community is in working together; contributing time, resources, and skills to help others; and building meaningful bonds with others in our town."

For more information about this project contact Edwards or Rodriguez at companymanager@bard.org.

staff. These participants have been hard at work with designs for their apartments, most of whom have chosen specific decorative themes. As Extreme Makeover participants, they will compete for fun awards to celebrate their work and creativity.

There have also been many businesses who have stepped up to provide generous support through donations and contributions.

American Pacific Corporation president Kris Griffith donated \$5,000 to assist with the refurbishment. ReStore donated \$50 worth of store credit to each team. Kustom Containers donated a 40-foot shipping container in which supplies and donations have been stored onsite. BZI donated welding materials that Festival Production Manager Richard Girtain is using to improve the stairs. Legacy Flooring, Pioneer Flooring, and Millcreek Flooring in St. George donated various types of flooring that participants are welcome to choose from and use. ACE Hardware, Home Depot, Lowes, and The Mattress Store donated essentials. Sherwin-Williams and Jones

USF staff members Amy Gold (left) and Sophia Grzywacz help paint an apartment during the Windsor Court Makeover.



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SPRING

Will Brighten Your Day

by May Hunter

FOR IRON COUNTY TODAY

Spring is the time of year that many things change—including the weather. Living in Southern Utah, we know that the weather is unpredictable. Temperatures can swing back and forth between balmy and frigid. Sunny days may be followed by a week of stormy weather. Sometimes extreme weather changes can occur even within the same day. The air gets warmer, and warmer air holds moisture better than cold air. Thunderstorms are also more common in the spring because temperatures can change so quickly. Spring is definitely here, bringing along with the sense of renewal, life, and warmth. Spring is a feeling of hope. After a long, cold, snowy winter, many of us are ready to start seeing the grass grow, the birds sing, just enjoying being outdoors. If you are not a cold weather person, springtime means getting outdoors again and enjoying the beautiful landscape of Southern Utah.

During spring, the environment is a lush green—beautiful flowers starting to sprout, buzzing bees and colorful butterflies. Spring is a healthy season with fresh air and sunshine. This season creates happiness, motivation, and positivity among all people. Spring means meeting new people and trying all sorts of new things, discovering yourself and moulding into someone new. Spring is the perfect time to turn over a new leaf. Live by the sun. Spring means taking the leap and pushing back fears, a time for change and an opportunity for progress. Spring definitely means “out with the old and in with the new.”

Although recent snow and ice are still fresh in our minds, and we could easily get a little more snow and freezing nights, spring is slowly on its way.

Go for a walk and notice that the flowers are beginning to bud, blossoms are on the trees, and



more animals starting to get out. Go for a ride up the mountain, watch for the wildlife beginning to come out. Watch for squirrels darting across the lawn and all kinds of birds starting to build their nests. Spring means family walks, and trips to the country to see baby lambs, finding new trails to follow and learning all about nature.

The start of spring can improve our moods and that those longer, warmer, sunnier days—bring a promise of summer—an extra little bit of cheer, and a feeling of happiness and hopefulness to most of us.

Everything in nature invites us constantly to be what we are. Spring is the healthiest season—we tend to eat more fresh foods, we sleep better, we get natural

vitamin D from being in the sun. The fresh smell in the air makes us feel better. Spring brings positivity in our brain and just improves our mood and boost our mental health. Birds singing, trees budding, green leaves, and early flowers opening all tell us that things are improving. Our landscapes and views tend to start to look prettier especially with the blue skies and plants coming back to life. These are all simple pleasures that have an effect on our mental health without us even realizing it. Better weather brings us all closer together, it allows us to spend more time with friends and family. Spring is the season during which the natural world revives and reinvigorates after the long, cold winter months. During spring, dormant plants begin to grow again, new seedlings sprout out of the ground and hibernating animals awake.

Spring is the time when the world is full of possibilities and anything can happen. You are never too old to set another goal or to dream a new dream. Spring is the season when the earth smiles with new life. Spring is the time the world is filled with magic and everything feels possible. Spring is a time to celebrate the beauty of life, to be grateful for all that we have, and to look forward to all that is to come.

Spring is a time to dance, to sing, to laugh, and to love—take time out of your busy schedule and enjoy and appreciate the beauty of life—stop and smell the roses!

Spring is a reminder of how beautiful change can truly be. Despite the forecast—Live like it's spring!

“In the Spring, I have counted 136 different kinds of weather inside of 24 hours.”

—Mark Twain



calendar

WED, MAR 19

TEEN CENTER RIBBION CUTTING

CEREMONY (1PM) 702 S. 300 W. Cedar. First teen center in Iron County. Parking limited, consider parking in the lot west of soccer fields.

THURS, MAR 20

*First Day of Spring***LITTLE WOMAN AT PAROWAN THEATER**

(7PM) at the Aladdin Theater on Main Street Parowan. All tickets \$10 and can be obtained at the Parowan Visitor's Center 5 South Main Street or at 435-477-8190. March 20-22, 24, & 27-29

APEX PRESENTATION (11:30AM) MARK

Applebaum will be giving an APEX presentation in the Great Hall of the R. Haze Hunter Alumni Center on the SUU campus.

DON'T PANIC, IT'S JUST MUSIC CONCERT

(7:30PM) @ the SUU Auditorium. The concert will feature Mark Applebaum, Terry Longshore, Joseph Howe, and the SUU Vanguard Ensemble with guests Dr. Jed Blodgett and the SUU Percussion Ensemble.

FRI, MAR 21

SUU DANCE TEAM SHOWCASE (6:30PM)

@ America First Event Center. Free Admission! The SUU Dance Team will perform routines from this season for all fans to enjoy!

SOUTHERN UTAH STRING FESTIVAL GOLD

CUP RECITAL (6PM) at the LDS church by Family Dollar in Enoch, Minersville/ Midvalley intersection.

SUU SPRING SYMPHONY ORCHESTRA

CONCERT (7:30PM) @ Heritage Center Theater (105 N 100 E, Cedar City). Tickets are \$10 for adults, \$8 for SUU Alumni, and \$5 for youth and non-SUU students.

Under the direction of Dr. Xun Sun the SUU Symphony Orchestra presents the fifth installment of the 2024-2025 Music Masterworks Series.

SAT, MAR 22

SUU SPRING DANCE CLINIC

(10AM-1:30PM) @ America First Event Center. Spring Dance Clinic Registration Link: <https://forms.gle/Sso8Vdx9V8mPtKYb8> . \$50 cash or venmo. Contact Averil Rutherford at averirutherford@suu.edu for more information.

ART ADVENTURE W/ HANNA DAWSON

(5-6:30PM) at the Johnson Art Center, 59 North 100 West. \$15 per ticket. Limited seating available! First come, first served. Start with an inspiring presentation by Hanna, owner of Prussian Bleu Studio, then enjoy an hour of hands-on creativity to rediscover your own happiness through painting. Zero experience ENCOURAGED.

COMEDY HYPNOSIS (7-9PM) THE

LAUGHS ARE BACK FOR ONE NIGHT ONLY! Join Austin for an evening of family friendly and gut wrenching laughter that will have you sore the next morning! The critically acclaimed show returns to the Heritage Center Theater!

MON, MAR 24

FIDDLERS CANYON ELEM. FUNDRAISER

@ PANDA EXPRESS

MESSIANIC DANCE WORKSHOP

(4-5:30PM) @ Cedar City Library, 303 N 100 E. Come and learn and do fun and easy Judeo-Christian ancient dances. Info @ (702)460-2317.

TUES, MAR 25

ADULTS WITH DISABILITIES (1-2PM)

Music & Art Workshops. At The LIGHTHOUSE Art & Learning Center (between Sweet Basil & Subway restaurants). Questions? Call Jill Spatafore 702-917-2151.

FAMILY HISTORY CLASS (10AM)

@ Cedar City Library Pam and Catherine will explain how Newspapers can help your Family History Research progress. They will demonstrate where to find Newspapers, how to examine them and how to use the information the records contain. This is an intermediate class that will strengthen your researching skills. They can help you get started and answer any questions you might have regarding your Family History Research. All classes are free!

WED, MAR 26

SUU DANCE HISTORIAL LECTURE

SERIES (11AM) in the Sharwan Smith Student Center Theatre, Room 161 (351 W University Blvd, Cedar City). These events are FREE and open to all! For information visit suu.edu/arts. Topic: Janice Ross: The Hidden Archives of Dancers' Homes.

THURS, MAR 27

CHOCOLATE TASTING (7:30-8:30PM)

@ the Southwest Tech Business & Innovation Center (510 W 800 S, Cedar City), seating is limited and tickets are required. Tickets are \$25 per person or \$45 per couple. Tickets include an exclusive 1-hour guided tasting experience where you'll learn how chocolate is made and how cocoa beans from different regions bring out unique flavor profiles—brought to you by Red Rock Chocolate - Passionate about crafting exceptional chocolate experiences.

75TH ANNUAL AWARDS GALA "BEST OF

Cedar City" (6-8:30PM) Cedar City Chamber of Commerce celebrating 110 yrs of excel-

lence @ Sharwan Smith Center at SUU 351 W University Blvd, Cedar City. Contact April Marcial @ 435-586-4484 for more information. Register here: https://www.chamberorganizer.com/Calendar/moreinfo.php?eventid=504360&org_id=CEDR.

US AIR FORCE BAND & SINGING

SERGEANTS (7:30PM) Your United States Air Force Band and Singing Sergeants will be in Cedar City, UT at the Heritage Theater to present a FREE concert! This is a rare and exciting opportunity to hear great patriotic music, Broadway classics and, as always, a salute to celebrate our veterans! Thank you for supporting your United States Air Force Band!

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

celebrations



Happy 95th Birthday to Zoe Aldrich on March 25th

You are such an inspiration and blessing to us all! Your family loves you so much!!

Love, your kids:
Dan (Karen), John (Donna), Debbie (John)

Love, your grandkids:
Tom (Becky), Christina (Jeremy), Dena (Mike), Mika (Ryan), James (Emily), Joe (Kristen)

Love, your great grandkids:
Natalie, Milla, Cate, Madison, Collins, Johnathon, Liam, Jameson and Grace

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Central Iron County Water Conservancy District Board Meetings

3rd Thurs., 6:30pm. 710 S. Westview Drive

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Tris Colman (805) 268-4287.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm
Elks Lodge (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

Veterans of Foreign Wars (VFW)

1st Tues, 6PM, Post 10846 meets @ Elks Lodge, 111 E 200 N. Email: VFWinCedarCity@gmail.com

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon
Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Key to Harmony (Online/Email Meeting) Sun & Tues
435-704-4979 • <https://keytoharmony.org/>

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery 12-Step

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595 . Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/ canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

It Works - How and Why • Thurs, 7:30-8:30 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (5m rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

OARS (Open, Authentic, Relevant, Spiritual) Young Adults Meeting

Every Tues. 6-8PM @ Cedar City Library in the Park - excluding holidays. Includes dinner, faith-oriented discussion and prayer. Info: text 541-579-1554 or pastorschuyler@gmail.com.

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Arts for Adults w/ Disabilities

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

Cars & Custard

2nd Mon, 6-8 PM at Culver's 1065 Main St, Cedar City. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver's! Contact Mike @ 909-717-1232 or ekimjacobs@gmail.com for more info.

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200

S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar City Unitarian Universalists

2nd Sun.,11:00am @ 1280 E Midvalley Rd. Leave a message at 435 590-0596 if interested.

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Cedar City Community Band

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at www.cedarcitycommunityband.org or by calling 435-590-2513.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

4th Thurs, 7pm at 2321 V Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Friends of Festival Country K9s

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for info.

Community Dance: Live music, Classic Country, Oldies Rock & Roll.

3rd Friday of every month, 7-9 pm. Cedar Senior Center, 489 E 200 S. No cover. Call the Senior Center for more information at 435-586-0832.

Parkrun

Sat 9am - Canyon Park West. A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you! www.parkrun.us

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGytgCfvQ1tS2pB7

Adolescent: forms.gle/BZiepPW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

schools

Gateway Academy

by *Joni O'Hanlon*

GATEWAY ACADEMY OFFICE MANAGER

The Gateway Academy National Junior Honor Society (NJHS) recently finished a month of

successful fundraising events, raising \$1600 for a great cause. Throughout the month, students and parents participated in a variety of activities, including selling and delivering candygrams, organizing penny wars, and hosting the "Paint the Principals" event.

For the candygrams, students and parents ordered personalized notes and treats to be delivered to friends on Valentine's Day. The "Paint the Principals" event allowed students to purchase throws to have a chance to "paint" their beloved principals, adding a fun twist to the school day. Additionally, the penny war provided an opportunity for students to donate their spare change in a friendly competition to see which grade level could contribute the most.

Thanks to the generosity and involvement of everyone at Gateway Academy, the NJHS raised a total of \$1600. A large portion of the funds will be donated to Canyon Creek Services, a local organization that supports families and children. This donation is a step toward making a positive impact on the community, and the NJHS members are proud to contribute to this important cause.

In addition to their fundraising efforts, Honor Society students dedicated over 100 hours of service to the project. Their hard work and commitment to giving back is a true testament to the values of the National Junior Honor Society. The Gateway Academy NJHS is grateful for the support of the students, parents, and faculty who helped make this initiative a success and looks forward to continuing their service to the community in the future.



NEWS FROM THE NEST

by *Delaney Richards*

FOR IRON COUNTY TODAY

The 3rd quarter is officially in the rearview mirror for Canyon View, and guess what? The 4th quarter is just around the corner! It's hard to believe how fast this school year has flown by, and trust us—there's so much excitement ahead!

Prom week!

Get ready, because prom season is here, and this year's theme is nothing short of spectacular: The Golden Hour! The junior class is working tirelessly to make this prom an unforgettable experience. We have none other than the amazing DJ Boogie Man lined up to keep the party going!

Mark your calendars because the week leading up to prom is jam-packed with awesome activities! On Monday, the 24th, kick off the festivities with a thrilling movie and game night. Then, on Tuesday the 25th, we'll be tailgating at a baseball game—don't miss it! Wednesday the 26th brings the Spirit Bowl, where our school pride will shine! Get ready for s'mores and fun on Thursday the 27th as we host Cedar High School and Parowan for an epic s'mores night! Finally, on Friday the 28th, join us for an exciting pickleball tournament!

It's going to be an amazing week filled with laughter, fun, and lasting memories. Stay tuned for more information on these activities

Students across Cedar City brace for ACT exam

by *Cole Stanley*

CEDAR CITY YOUTH COUNCIL

With the ACT just weeks away, Cedar High and Canyon View High School juniors are preparing for one of the most significant tests of their high school careers. CVHS students will take the exam on March 25, while Cedar High students will follow on March 26. For many, the ACT is an important milestone that can impact college admissions and scholarships, and students have a range of emotions as the test approaches.

"I feel like I'm not going to do too hot, but I'm not worried about it,"

said Ronny Pangan, a junior at CVHS. Others, like Rose Despain, admit to feeling the pressure. "I feel nervous, but also ready for it to be over," she said. Some students are balancing both nerves and confidence, like Jonas Hunt, a junior at Cedar High and a member of the Cedar City Youth Council. "Honestly, I'm feeling pretty nervous but also confident. I know this test is important, and I want to do well, so there is a lot of pressure. I've done some preparation, so I'm feeling very ready for it."

The ACT, a standardized test widely used for college admissions, can be a source of stress for students, but

preparation can make a difference. Many students take practice tests, review key concepts, and use study guides to help boost their scores. Others focus on test-day strategies, such as getting enough sleep, eating a good breakfast, and arriving at the test site prepared with the necessary materials.

As the test dates draw closer, students will soon have the chance to put their skills to the test. Whether they are feeling confident or just ready to get it over with, one thing is certain: the ACT is coming fast, and juniors across Cedar City are preparing to take it head-on.

obituaries

Kevin Jay Rowley



Kevin Jay Rowley, age 73, passed away March 9, 2025 at his home surrounded by his loving family, in Cedar City, Utah. He was born Nov 9, 1951 in Cedar City, Utah to Jay and LaRue Rowley, where he grew up and lived a great life.

He worked at Stewarts Electric while in high school and then later for Rocky Mountain Power. He retired from Rocky Mountain Power after 30 years of service due to medical reasons. He has struggled with so many medical issues for over 20 years. He looked forward to coffee at the Market Grill with his friends. He loved working with wood, making wishing wells and toy boxes, if you have one consider yourself lucky and loved. He also enjoyed bow hunting and fishing with family and friends. Camping at Tippetts and carving names in the trees was something he and his friends enjoyed. He always helped the neighbors by taking out their garbage cans to the street or shoveling snow off their driveways. He was very compassionate and concerned about others. He made sure his mother always had firewood and would get the wood with his brother Russell.

Kevin enjoyed the time he was able to spend with his nephew Zach Rowley. Zach was always willing to help Kevin whenever he needed it.

He is survived by his children Elyse Ricketts (Larry) and Travis Anderson (Jodi). His brothers Brad Rowley (Elaine) and Russell Rowley (Lori). His sister Barbara Buoy (Alan).

He is preceded in death by his parents Jay and LaRue Rowley, son Brant Anderson and many good friends.

Graveside services will be held on Saturday, March 15, 2025 at 12:00 pm in the Cedar City Cemetery (160 W. 685 N, Cedar City, Utah) under the direction of Southern Utah Mortuary. Online condolences can be made at www.mortuary.org.

Connie (Blackwell) Lawrence



Connie (Blackwell) Lawrence passed away at the age of 83 on March 6, 2025 after battling cancer. Connie was born on March 30, 1941 to Earl and Eileen (Chaffee) Blackwell in Indianapolis, IN. Connie grew up in Indianapolis where she graduated from Broad Ripple HS in June 1959. She was a member of the National Honor Society and played viola in the HS orchestra all 4 years. She was a member of Meridian Street Methodist Church and active in choir and MYF. Connie graduated from Ball State Teachers College (Ball State University) in Muncie, IN in May 1963 with a BS in English/Speech. She taught English at Broad Ripple HS for the next two years.

Connie married Terry Lawrence, whom she had met at Ball State, on August 14, 1965. They first lived in Greenville, IL where their son James was born, and then lived in Springfield, IL where their daughter Ann was born. In April 1969, the family moved to Michigan where Terry was a research chemist for the Upjohn CO in Kalamazoo, MI. Connie was a member of First United Methodist Church in Kalamazoo where she taught Sunday School and volunteered at both church and her children's elementary school. She was a Cub Scout Den leader and a Brownie leader. After her children were teenagers, she was the Career Center Coordinator at Portage Northern HS for 12 years and then a Media Center Assistant for 2 years before retiring in 1999.

Connie and Terry lived in western CO for a year before moving to Cedar City in June 2000. Connie was a member of Community Presbyterian Church and enjoyed playing in Bell Choir for 2 years and later singing in the choir. She volunteered at the Utah Shakespeare Festival for 4 years. She also enjoyed reading, sewing, hiking, and traveling. Connie and Terry traveled by car throughout the US and especially enjoyed the western states and Canada.

Connie is survived by her son Jim (CO), daughter Ann (CO), 2 grandchildren Sierra and Ryan, and 4 great grandchildren. She is also survived by her brother Wayne (IN) and sister Rosalie (UT) and several cousins, nieces, and nephews.

Connie is immensely loved and will be greatly missed by her family and friends. She was known for her great joy and happiness.

A celebration of life memorial service will be held on April 26. In lieu of flowers, contributions can be made to Death with Dignity or Compassion & Choices.

April Marie Phelps



April Marie Phelps of Enoch City Utah was welcomed by angels at the age of 56, after a long hard fight of 31 days in intensive care; due to health complications. April will be severely missed. Everyone close to her is beyond saddened, but grateful she's not suffering anymore.

April even though small in stature, had a larger than life personality. She was a nurturing, kind, compassionate, caring, and loving woman. She was willfully strong, independent and a spitfire when she needed to be! She was one step ahead of others, always striving to learn and do as much as she could

to get ahead in life.

April was born July 27th 1968, in LA California. Daughter of Jess and Sally Lopez. Sibling to Rula Lopez-Sulphur LA. Barbara and Gary Longoria, Patrisha and Dave Hillman Hanford CA. Steven Koskie Oregon, Sister in law Gracie Miramontes. Along with, several nieces and nephews.

April is survived by her high school sweetheart and companion of 37 years. April married Chad James Phelps, at the age of 19 on September 24th 1989. Chad smiles ear to ear each time he reminisces, about their wedding day. April is also survived by, their son her pride and joy Aaron James Phelps. Aaron was and remains to be her miracle child, with a closeness and bond that was, and always will be unbreakable. Aaron brightened her world, and was a true miracle baby. April was the very proud Grandmother of Braxtyn James, Kylie Savannah, and Jazzie Marie Phelps.

April loved being a Grandma to her grandbabies they were her entire world. I, Tanna Williams became like a daughter she never had but always wanted. She changed my life in so many ways. I pray to become as strong, and as resilient as she was. Mrs. April I thank you for teaching me the meaning of having True Grit. My best friend, had a love for life.

She had a huge love to make others laugh. She took pride in helping others. She was a loyal friend, wife, mother, sister, daughter, aunt, and her favorite role..Gram's. You never left ma's house sad. April had a way of making everything better.

God broke the mold when he made this incredible woman. Her hobbies were spoiling, and spending time with her grandchildren. Laughing with friends and family. She was a huge animal lover, she adored her newest addition to the family, her weenie dog Chocolate. Her husband brought him into the hospital to lay with her, and comfort her in her last days. She loved that. This comforted her greatly.

April will live in eternity in our hearts and we will carry on her legacy with pride. Her name will never be forgotten, only cherished and remembered by everyone's life she's touched. We love you April, and miss you tremendously.

A service will be held by her family in California on March 22nd at 11:00 a.m. please directly message myself, her son Aaron, or her husband Chad for directions.

A service will also be held in her hometown of Enoch, at a later date. Will notify, and post as soon as I know the date for that service.



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sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Christensen Sets Career Best in Battle at Boise State



Mackenzie Kelly and Senior Ellie Cacciola earned a tie for first place in the vault, scoring 9.850. Christensen placed second on the bars with a 9.900 and tied for second on the floor with a 9.900.

Head Coach Scotty Bauman said "We had some really great performances tonight, and I'm proud of the way our athletes fought through each rotation. Brinlee [Christensen] was phenomenal, and we had several standout moments across the board. That said, we didn't close the way we needed to. Beam has to be better if we want to compete at our highest level. The good news is that we know what we need to fix before heading into the conference championship. This team is capable of so much more, and I have no doubt we'll rise to the challenge next week."

Meet Recap

Bars (49.175)

On the bars for their opening rotation, the Flippin' Birds set a solid foundation. Sophomore Niya Randolph initiated the event with an outstanding 9.825. Freshman Mia Hampton executed a fluid routine, earning a 9.800. Sophomore Maria Ferguson delivered an eye-catching performance, sticking the landing for a 9.800. Sophomore Brinlee Christensen added a 9.900, while sophomore Alex Routsis wrapped up the set with a confident 9.850.

Vault (49.150)

Moving to vault for their second event, Southern

see **CHRISTENSEN»** 25

by Regan Hunsaker

SUU ATHLETICS

CEDAR CITY, Utah — The Flippin' Birds found themselves in Boise, Idaho for the final regular season meet. The Thunderbirds battled but fell in the final rotation 196.775-196.125. Southern Utah wraps up the season with an overall record of 12-5 with a 4-0 mark heading into the MPSF conference championship next week in Anchorage, Alaska.

Sophomore Brinlee Christensen set a new personal best in the all-around and jumped into the top five scores in program history with an incredible 39.450. Sophomore Niya Randolph placed second in the all-around with a 39.300. Sophomore

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Win streak reaches seven for Reds softball

by Tom Zulewski

IRON COUNTY TODAY

With a new head coach, the Cedar softball team

has taken a new approach with its offense. Get baserunners on, then don't stop running until they reach home plate.

Despite having a runner thrown out at the plate, the Reds kept up the pressure and the pitching of senior Sadie Parson did the rest in a shutout win.

Mya Bishoff and Kyla Johnson came through with RBI singles, and Parson struck out nine batters as the Reds shut out the Hurricane Tigers, 2-0, in the Region 9 opener for both teams March 11. Bishoff broke a scoreless tie with a fourth-inning single and Johnson drove in the insurance run in the fifth as Cedar won its sixth straight game overall.

"I'm a very aggressive coach, and I like to run," Reds head coach David Koontz said. "Sadie pitched her game and her defense backed her up flawlessly."

Parson struck out the side in the second and fourth innings, and Johnson cut down Ruby Seely at the plate when she tried to score on an Ashlyn Hirschi single for the final out of the Tigers' third.

For the game, Parson walked two Hurricane hitters and allowed only two baserunners over the final four innings to help earn the victory. Cedar didn't

commit an error in the field, while the Tigers made three, including one that started the Reds' rally in the top of the fourth.

Cedar followed up and stretched their winning streak to seven games with a 21-3 rout over Hurricane on March 13. Kate Lopez finished off the victory early with a grand slam in the bottom of the fourth inning due to the 15-run mercy rule.

Lopez and Parson had three hits and drove in four runs apiece in the win as Cedar banged out 15 hits. Every starter had at least one hit and four different players – Lopez, Bishoff, Shaylee Johnson and Hunter Blackner – scored three runs.

The Reds returned to region play with a road game at Pine View on Tuesday and a home game with the Panthers on Thursday.

Across town, Canyon View broke a seven-game losing streak in a big way by posting a 20-0 rout on the road over the Delta Rabbits on March 12. The Falcons scored 13 runs in the second inning and earned its first win of the season, improving to 1-1 in Region 12 play and 1-7 overall.

Winning pitcher Ellie John homered and drove in three runs for CV in the victory,

Cedar softball head coach David Koontz leads a postgame cheer with his team after the Reds shut out the Hurricane Tigers, 2-0, on March 11.

Heim waits out rain, wins at Vegas

by Tom Zulewski

IRON COUNTY TODAY

LAS VEGAS – In a bit of an unexpected twist, there were two rain delays at the NASCAR Craftsman Truck Series EcoSave 200 on March 14. Corey Heim waited out the delays, made his moves at the right time, and ended up with another checkered flag.

Heim survived a furious battle with Grant Enfinger in the closing laps and beat him to the line to win the EcoSave 200 on a cold, rainy night at Las Vegas Motor Speedway. It was Heim's second win in the first three races of the 2025 season and 13th of the 22-year-old driver's career in the Truck Series.

"It was tough, especially trying to get into a rhythm. Getting out of the truck twice is not the best idea," Heim said of the delays that totaled 1 hour and 14 minutes. "You've got to keep your head in the game as a driver even if the rain delays didn't happen."

Before the first rain delay, Heim was penalized twice at the end of Stage 1 – once for speeding on pit road at lap 30, then again five laps later for pitting too early to deal with a cut tire. Somehow, Heim got through the issues and ended up leading 42 of the 134 laps, three more than pole winner Tyler Ankrum. Heim would take the lead for good at lap 104 and went on to finish in front of Enfinger by .825 seconds.

Ty Majeski won the first stage as the final four laps were run under caution due to light rain on track. Rain continued and delayed the Stage 2 start for 55 minutes. The start of Stage 3 in the 134-lap race was delayed another 19 minutes for more showers in the area.

Heim and Stewart Friesen were up front fighting for the lead on the lap 71 restart. Enfinger was able to advance from 11th to fifth, but didn't quite have enough to catch Heim at the end as he tried to weave through traffic.

"It was pretty brutal," Enfinger said of the delays. "You get amped up to go, and then you don't know if they're going to call it short and you're racing to the next caution, or if you're racing to the end."

"We wanted the long runs. There were some wrecks in that stage, but if we could have had the longer run, I really think we could have shown them what we had."

Tanner Gray, Majeski and Layne Riggs completed the top five finishers, while Friesen, last year's race winner Rajah Carruth, Chandler Smith, Matt Crafton and Ankrum rounded out the top 10.

The EcoSave 200 had four cautions for 34 laps and the average speed was 107.01 mph. Majeski moved into the points lead after three races by five over Heim, and Enfinger fell two spots to third, only eight off the pace.

see [HEIM](#)» 25

Goodbyes can be hard

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



As these words are being written, I'm feeling a little more reflective on things than usual. I've been incredibly fortunate to cover NASCAR at Las Vegas Motor Speedway

for the last 21 years (don't worry...I'm not going anywhere). This year's Pennzoil 400 race weekend has had a lot of surprises, both on-track and behind the scenes.

Two of the biggest bits of behind-the-scenes news came with the departures of LVMS general manager Chris Powell and president of communications Jeff Motley. Powell has retired and is heading for the nearest golf course along with spoiling his grandchildren (probably) after 26 years at the track. Motley is moving on to other sports-related endeavors.

Motley was one of Powell's first hires when the Speedway opened in 1998, and he's always been the man in charge of getting writer types like me in the building every March, April and October to do the voodoo I do so you get to read the words about what's going on and what makes these experiences pretty amazing in their own special way.

In all the time I've worked with Jeff, everything's gone smoothly and above board. I've been introduced to a lot of great drivers and learned how those who cover NASCAR on more of a full-time basis get the stuff they get for a wide variety of topics.

If you have SiriusXM, you may have heard me asking post-race questions from Vegas after the races. If you like to have fun with your money – please wager responsibly – Motley co-hosts "Gone Racin" with former driver Brendan Gaughan from the studios located at the South Point Hotel and Casino in Las Vegas. The show normally debuts for race week Thursdays around the schedule for the Truck Series and replays Sundays, so check the SiriusXM app and search "Gone Racin" for exact times.

To say I've been blessed for being allowed to be around all of this stuff over the last 21 years (my first time at LVMS came in 2005) is a pretty large understatement. From humble beginnings at the old media center to the track's repaving with new banking to the announcement and arrival of a second NASCAR race weekend in 2017, it's been nothing short of amazing to be a part of it and to share the stories with everyone in the reading audience.

Thank you, Jeff and Chris, for giving this place, this race track and this reporter a spark that matters and gives us all memories to treasure forever.

As for this year's spring race weekend, it was moved back two weeks from past years and got bumped up alongside...wait for it...Selection Sunday. March Madness and bracketology have always taken center stage at this time of year, but now NASCAR just had to go and change the schedule around. While my first thought has to do with the race story, there were curious eyes moving toward the finalized bracket when it was announced at around 4 p.m.

Checkered flag vs. an announcement of how your bracket will get busted without really trying. As for me, give me checkered flags first and let the hoop brackets crumble where they may.

Follow Tom Zulewski on Threads @TommyZee81 or email tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff devoted to the NCAA Tournament that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

1. Who are the defending men's and women's national champions heading into this year's NCAA Tournaments?

2. Which SEC school has the most appearances in the NCAA Tournament (61)? This school has won eight national titles, second only to UCLA's 11.

3. Of Syracuse, Baylor or Virginia, which one was the most recent to win its only men's basketball national championship?

4. All four regional No. 1 seeds have made it to the Final Four at the NCAA men's tournament only once, coming in 2008. Name any of the four schools that played for the national title.

5. There have been four Final Fours with no No. 1 seeds, the last coming in 2023. Name any of the schools who played in the Final Four in 2023.

6. Kansas overcame a 16-point halftime deficit – the largest in men's tournament history – to win the 2022 national title. What ACC school – the alma mater of a guy named Jordan – did the Jayhawks beat in the comeback win?

7. For the NCAA women's basketball tournament, UConn has won the most national titles with 11, the most recent coming in 2016. Who has been the head coach for all of the Huskies' championship seasons?

8. Which school ranks second with eight NCAA women's basketball titles, its last coming in 2008 under the late Pat Summitt?

9. Three Texas schools have won a single NCAA women's basketball championship – Texas, Texas A&M and Texas Tech. Which

of these schools held the trophy most recently (2011)?

10. What Ivy League school still holds the distinction of being the only No. 16 women's seed to knock off a No. 1 in NCAA Tournament history, done in 1998?

11. True or False: In the NCAA Women's tournament, no No. 15 seed has ever beaten a No. 2 in the opening round.

12. Within one, how many NCAA schools have won a women's basketball national title? (Hint: the number is less than 20)

LAST WEEK'S ANSWERS

1. Maxx Crosby. His deal was eclipsed by Myles Garrett, who signed with the Cleveland Browns for four years and \$160 million on March 9.

2. 26. The Jazz had 15 wins and the Wizards had 11. The Wizards won the game, 125-122.

3. Kyrie Irving.

4. D.K. Metcalf. Metcalf has since signed with the Pittsburgh Steelers.

5. Edmonton Oilers.

6. Nathan McKinnon of the Colorado Avalanche.

7. True.

8. Texas A&M

9. Christopher Bell. Bell won his third race in a row by taking the checkered flag at Phoenix in the Shriners Children's 500 on March 9.

10. Cleveland has the league's best record. The Cavaliers are 54-10 and have a 14-game winning streak in progress as of March 11.

11. Texas. The Longhorns fell out of the top spot after a 64-45 loss to South Carolina on March 9.

12. Five. TCU (6), Baylor (14), Oklahoma State (17), West Virginia (18) and Kansas State (19)

CHRISTENSEN

« CONTINUED FROM PAGE 22

Utah maintained its dynamic presence as senior Ellie Cacciola powered through with a commanding 9.850. Sophomore Mackenzie Kelly followed with a sharp 9.850 of her own, while freshman Mia Hampton demonstrated precision with a 9.825. Randolph delivered a composed 9.800, and Christensen carried the energy forward with a steady 9.825. Sophomore Ellie Thomson rounded out the lineup with a 9.775, giving the Flippin' Birds a 98.325 at the halfway point.

Floor (49.325)

Taking on floor in

their third event, the Flippin' Birds held a slight lead. Hampton opened with a lively 9.825. Sophomore Alyssa Fernandez followed with a confident 9.825, while Christensen performed an incredible routine for a 9.900. Randolph was next and added a 9.875 to the rotation. Seniors Cacciola and Taylor Gull were once again outstanding with Cacciola delivering a 9.875 and Senior Taylor Gull concluding the rotation with a 9.850. The T-Birds were sitting at 147.650 heading to the final event.

Beam (48.500)

Closing out the meet on beam, the Thunderbirds remained consistent. Randolph set the tone with a composed

9.800. Christensen followed with a graceful 9.850, while sophomore Elliot Bringhurst delivered a 9.725. Cacciola followed that with a 9.325. Sophomore Rylee Miller posted a 9.100 before Ferguson sealed the event with a steady 9.800, giving the team a 196.150 for the meet.

Next Up

The Flippin' Birds turn their attention now to the Mountain Pacific Sports Federation Championship next Saturday, March 22, in Anchorage, Alaska. The Thunderbirds will enter the meet as the top ranked team in the conference looking to secure their third straight conference title. The meet will begin at 3:00 p.m. MT and will be broadcast on overnht.com.

HEIM

« CONTINUED FROM PAGE 23



Corey Heim celebrates with a burnout after winning the NASCAR Craftsman Truck Series Ecosave 200 at Las Vegas Motor Speedway on March 14. (Jonathan Bachman/Getty Images)



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PREP SCOREBOARD - SPRING STANDINGS

SCORES

Baseball

Region 9

03/11 Desert Hills 10, Canyon View 9

03/12 Dixie 9, Canyon View 8

03/14 Cedar 13, Cedar Valley 3
Ridgeline 4, Cedar 1
Mountain Crest 6, Dixie 2
Pine View 9, Stansbury 2
Pine View 16, Carbon 0
Hurricane 3, Highland 1
Hurricane 17, Hillcrest 0
Desert Hills 11, Pocatello (ID) 1
Desert Hills 12, Wasatch 10
Maple Mountain 6, Crimson Cliffs 3
Snow Canyon 9, Provo 0
Snow Canyon 8, Uintah 6
Dixie 13, Skyridge 3

03/15 Cedar 18, Uintah 6
Cedar 12, Provo 6
Park City 6, Dixie 1
Dixie 12, East 2
Centennial (NV) 11, Hurricane 1
West Field 5, Crimson Cliffs 2
Crimson Cliffs 8, Payson 3
Snow Canyon 10, Cedar Valley 1
Ridgeline 5, Snow Canyon 3
Desert Hills 13, Richfield 2

Region 12

03/10 Carbon 7, Am. Leadership 1

03/11 Desert Hills 10, Canyon View 9
Uintah 9, Emery 7
Judge Memorial 11, North Sanpete 10

03/12 Dixie 9, Canyon View 8
North Sanpete 5, Providence Hall 2

03/13 Emery 9, Grand 2

03/14 South Sevier 5, Delta 0
Delta 8, Milford 0
Murray 6, Carbon 4
Pine View 16, Carbon 0
Emery 7, Am. Leadership 1
Beaver 5, Emery 4
Manti 12, Milford 0
Enterprise 9, Manti 1
Orem 10, Richfield 0
Wasatch 15, Richfield 5

03/15 Stansbury 10, Carbon 2
Carbon 8, Grantsville 5
Emery 5, San Juan 3
South Sevier 12, Manti 1
Manti 19, Duchesne 0
Delta 18, Millard 3
West Jordan 9, Richfield 8
Desert Hills 13, Richfield 2

2A West

03/11 South Sevier 12, Parowan 2
Beaver 5, Kanab 1
Enterprise 16, Millard 0

03/12 South Sevier 18, Parowan 6
Milford 15-16, Water Canyon 0-0
Beaver 10, Kanab 2

03/13 Enterprise 22, Millard 6

03/14 Beaver 3, San Juan 2, 8 innings\
Beaver 5, Emery 4
North Sevier 10, Millard 7
Gunnison 15, Millard 5
South Sevier 5, Delta 0
Delta 8, Milford 0
Enterprise 12, South Summit 2
Manti 12, Milford 0

03/15 Beaver 12, Am. Leadership 2
Beaver 3, Grand 1
Milford 9, North Sevier 2
Gunnison 6, Milford 4
Gunnison 5, Enterprise 4
South Sevier 12, Manti 1
Delta 18, Millard 3

Softball

Region 9

03/11 Cedar 2, Hurricane 0
Snow Canyon 15, Dixie 4
Desert Hills 25, Pine View 1

03/12 Dixie 8, Snow Canyon 6
Union 19, Pine View 1

03/13 Cedar 21, Hurricane 3
Desert Hills 14, Pine View 0

03/14 Spanish Fork 6, Snow Canyon 2
Payson 10, Snow Canyon 9
Salem Hills 4, Crimson Cliffs 0
Crimson Cliffs 13, Stansbury 3
Mountain Ridge 11, Hurricane 8
Salem Hills 19, Hurricane 8
Desert Hills 17, Enterprise 0
Desert Hills 2, Spanish Fork 1
Dixie 2, Altamont 1
Dixie 8, Viewmont 2

03/15 Snow Canyon 14, Stansbury 7
Enterprise 14, Snow Canyon 10
Desert Hills 5, Payson 2
Desert Hills 8, Stansbury 2
Syracuse 16, Dixie 4
Morgan 2, Dixie 0
Mountain Ridge 6, Crimson Cliffs 2
Spanish Fork 8, Crimson Cliffs 6
Payson 8, Hurricane 2
Emery 6, Hurricane 4

Region 12

03/11 North Sanpete 14, Canyon View 2
Richfield 8, Juab 7
Manti 16, Delta 0
Emery 8, Carbon 2

03/12 Emery 14, Richfield 2

03/13 Canyon View 20, Delta 0
Gunnison 6, Manti 3

03/14 Bishop Kelly (ID) 12, Canyon View 0
American Fork 6, Canyon View 5
Needles (CA) 13, Canyon View 7
Payson 12, Emery 1
Mountain Ridge 11, Emery 1
Orem 14, Richfield 2
Shelley (ID) 6, Richfield 4
Carbon 7, Lincoln County (NV) 0
Bonneville 11, Carbon 10
Highland 3, Carbon 1
Manti 11, Juab 1
Kearns 7, Delta 6
Blackfoot (ID) 18, Delta 1

03/15 Canyon View 15, Skyline 14
Skyridge 13, Richfield 7
South Summit 9, Richfield 2
Spring Valley (NV) 11, Delta 6
Parowan 16, Delta 8
Ogden 16, Delta 8
Hillcrest 13, Carbon 12
Stansbury 10, Carbon 2
Shelley (ID) 9, Carbon 5
Salem Hills 16, Emery 1
Emery 6, Hurricane 4

2A South

03/10 Milford 16, North Summit 0

03/11 South Sevier 10, Parowan 0
Enterprise 10, Millard 1
Beaver 18, Kanab 1

03/12 Beaver 12, Kanab 2
Millard 15, Panguitch 5

03/13 Enterprise 17, Millard 2
South Sevier 3, Uintah 2

03/14 Virgin Valley 15, Parowan 1
Spring Valley 15, Parowan 0
Timpanogos 18, Parowan 8
Beaver 12, Milford 4
Milford 5, Altamont 2
Page (AZ) 4, Milford 3
Beaver 15, White Pine (NV) 4
Uintah 9, Enterprise 5

03/15 Parowan 16, Delta 8
Blackfoot (ID) 22, Parowan 3
Viewmont 13, Milford 4
Morgan 5, Milford 0
Beaver 9, Northridge 3
Altamont 6, Beaver 3
Beaver 8, Page (AZ) 7
Enterprise 9, Spanish Fork 8
Enterprise 14, Snow Canyon 10

STANDINGS

RPI RANKINGS IN PARENTHESES

Baseball

Region 9

	REGION	OVERALL
Desert Hills	0-0	8-0
Pine View	0-0	3-1
Snow Canyon	0-0	5-2
Dixie	0-0	6-3
Cedar	0-0	4-3
Crimson Cliffs	0-0	4-3
Hurricane	0-0	5-4

Region 12

	REGION	OVERALL
Delta	0-0	5-1
Canyon View	0-0	3-3
Emery	0-0	3-3
Juab	0-0	2-2
Manti	0-0	3-4
North Sanpete	0-0	2-3
Carbon	0-0	2-5
Richfield	0-0	1-5

2A West

	REGION	OVERALL
Beaver	2-0	9-1
Milford	2-0	7-3
Enterprise	2-0	6-3
South Sevier	1-0	5-1
Kanab	0-2	3-3
Parowan	0-2	3-3
Water Canyon	0-2	0-2
Millard	0-2	0-5

Softball

Region 9

	REGION	OVERALL
Desert Hills	2-0	10-1
Cedar	2-0	7-2
Dixie	1-1	6-9
Snow Canyon	1-1	3-7
Crimson Cliffs	0-0	4-5
Pine View	0-2	3-6
Hurricane	0-2	3-9

Region 12

	REGION	OVERALL
Emery	2-0	4-4
North Sanpete	1-0	4-3
Manti	1-0	3-6
Richfield	1-1	2-6
Canyon View	1-1	2-9
Juab	0-1	2-6
Carbon	0-1	1-8
Delta	0-2	0-8

2A South

	REGION	OVERALL
Enterprise	2-0	7-2
Beaver	2-0	9-4
South Sevier	1-0	6-1
Milford	0-0	5-4
Water Canyon	0-0	0-2
Parowan	0-1	1-10
Millard	3-6	3-6
Kanab	0-2	2-7

Falcons fall one run short in pair of losses

by Tom Zulewski

IRON COUNTY TODAY

Jacobsen put his thumb and index finger close together.

The Falcons came up with clutch hits in the late innings, but couldn't get over the line in a pair of tough losses to the top two teams of Region 9.

Weston Gilmore reached on an error with one out in the bottom of the seventh inning to score pinch-runner Hudson Wright with the winning run as the Dixie Flyers survived a late-inning rally to beat the Falcons, 9-8, on March 12. CV suffered its third straight loss to fall to 3-3 on the season, but Jacobsen knew his team gave their best effort.

"You know close is only good in horseshoes, right? There are no moral victories," Jacobsen said. "We played really good over the last two nights against two really good teams. We just couldn't find a way to finish it off, but we've got a good group of guys who will find a way."

Dixie got out of the gates in a hurry, using a six-run second inning to build a 7-0 lead. Carson Hunt led off

As he talked with his team with a light rain falling around him March 12, Canyon View baseball coach Jason Jacobsen asked them to grade their effort from the two games played last week. When he shared his thoughts,

with a home run and capped off the rally with a two-run double. As they did in their previous outing, the Falcons didn't quit, scoring three times in the top of the third. Asher Slack drew a bases-loaded walk for the first run, Brady Anderson beat out an infield hit, and Jarron Bradshaw hit a sacrifice fly.

The Flyers added another run in the fourth on an RBI double from Max Larkin, but CV would rise again and score three more runs in the top of the sixth. Jake Thomas drove in the first run with a sacrifice fly and Bubba Ludlow added a two-run triple that trimmed the Dixie lead to just two.

Then came the top of the seventh.

Bradshaw was hit by a pitch leading off and Zach Maine doubled to put runners at second and third. With two out, Thomas hit an infield pop-up that was dropped by Larkin for a two-run error that somehow tied the game.

Dixie wouldn't miss on its chance to end the game in the bottom of the inning and improved to 4-1 on the season.

In their first game of the week, Desert Hills rallied for four runs in the bottom of the seventh inning and beat the Falcons, 10-9 on March 11. Canyon View had trailed 6-1 after four innings, but scored five runs in



Canyon View baseball coach Jason Jacobsen talks with his team after the Falcons dropped a 9-8 decision to the Dixie Flyers on March 12.

the fifth to tie the game – the last two crossing the plate on a Ludlow single – and added three more in the sixth to grab what became a short-lived 9-6 lead.

Jace Fillmore hit a two-run single to cut the Falcon lead to one, and Roah Wall duplicated the effort to plate the winning runs and lift the Thunder to 5-0 on the season.

Canyon View returned to play their Region 12 opening home-home series with game at Emery on and a rematch at home

and-a road Tuesday Wednesday.

Across town, Cedar split a pair of games played at Snow Canyon High on March 14. The Reds built a 12-2 advantage after the first three innings, then added the run they needed in the top of the sixth to complete a 13-3 rout over Cedar Valley. Karson Duncan and Jacob Boyer had three hits apiece to lead Cedar's 14-hit offense, and Gavin Mackert drove in four runs.

In Game 2, Ridgeline's Ben Thompson held Cedar to five hits, and the Riverhawks came through with two insurance runs in the top of the sixth inning to secure a 4-1 win. Daxton Corry allowed only three earned runs for the Reds, but took the loss.

For Cedar's games played March 15 at Snow Canyon, check the standings and scores page for the results. The Reds will return to play March 21 with a tournament game against Spanish Fork at Desert Hills.

Allgaier finally gets his breakthrough win

by Tom Zulewski

IRON COUNTY TODAY

LAS VEGAS – It was a battle of the 40-somethings in the LiUNA! XFINITY Series race. In one corner, there was Aric Almirola – winner from the previous week at Phoenix – who celebrated his 41st birthday from the day before by going out and making a big run at a second straight victory.

In the other corner was 38-year-old Justin Allgaier, who had yet to win in 21 previous starts at Las Vegas Motor Speedway. In the end, the man closing in on 40 grabbed that winning feeling

and found a way to earn his first Vegas victory at long last.

Allgaier led 102 laps and beat Almirola by just over a full second to win the LiUNA on March 15. The defending series champ not only won his first race of 2025, the driver for JR Motorsports became the fifth different race winner this season.

"Those last 20 laps left me pretty drained," Allgaier said. "Those laps were 'give everything you had,' so I needed a pick-me-up."

Even with as stressful as the closing laps were for Allgaier, he was thankful for

the racing with Almirola, who is competing on a part-time basis this season.

"Not only are we friends, but we're great competitors on the race track," Allgaier said. "While we're hard-nosed competitors, we don't want to make contact and we were able to race super-well."

Allgaier easily won the first stage of the 200-lap race after taking over the lead from pole-sitter Sammy Smith and staying in front for the final 32 laps. Almirola would return the favor and claim the bonus point for winning Stage 2, but it took a late pass off a side

draft of Allgaier's No. 7 Jarrett Logistics Chevrolet.

It left Allgaier with the spark he needed for the final 110-lap run to the finish.

"After getting beat by him last week (at Phoenix) in the same scenario, he said 'I was sure you were going to make at least one mistake,' Allgaier said. "It was all due to the end of Stage 2. I was fired up, but to come out on top after so many seconds and thirds here, it made it that much more special."

Rookie Connor

see **ALLGAIER**» 29



Josh Berry celebrates after winning the NASCAR Cup Series Pennzoil 400 at Las Vegas Motor Speedway on March 16. (Chris Graythen/Getty Images)

Berry carries day, earns first career Cup win

by Tom Zulewski

IRON COUNTY TODAY

As Josh Berry moved forward with his NASCAR Cup Series career, the first race with the legendary Wood Brothers at Las Vegas Motor

Speedway didn't go quite as well as he hoped, leaving him with some serious doubt over what he may have gotten himself into.

On March 16, Berry's doubts were turned upside down as he drove the iconic No. 21 Motorcraft Ford to a checkered flag and went to Victory Lane for the first time as a driver in NASCAR's top series.

Berry led a total of only 18 laps, but the last 16 were good enough for him to win the Pennzoil 400 on a sun-splashed, comfortable afternoon at LVMS. Berry beat Daniel Suarez to the finish line by 1.358 seconds and secured a spot in the NASCAR Playoffs.

Needing to work his way through a record 32 lead changes, leading the laps that mattered did more than enough to provide a huge boost as Jon and Eddie Wood joined Berry at the post-race press conference.

"From the minute I sat with everyone at this table and thought about this opportunity, it just felt right," Berry said. "Our performance at the start of this season has 100 percent exceeded my expectations, and it goes back to just trusting your instincts as a driver. If you're in a good situation surrounded by good people and have fast race cars, you can do amazing things."

As Berry bided his time and the field played hot potato with the lead, Austin Cindric led the last 41 laps and cruised to the Stage 1 win ahead of Alex Bowman. Kyle Larson, a three-time winner on the 1.5-mile oval at LVMS, grabbed the lead from his Hendrick Motorsports teammate William Byron in the last three laps to win Stage 2, which featured seven different leaders.

The chaos would continue over the closing 102-lap run to the finish in Stage 3, and Berry took the lead from Suarez at lap 252 and didn't let it go.

"It sucks to be that close," Suarez said of the runner-up finish. "We just needed to be a little better in the short run, but there were a lot of things to be proud of."

Ryan Preece, Byron and Ross Chastain completed the top five finishers. Cindric finished sixth, followed by Bowman, A.J. Allmendinger, Larson and Chase Elliott.

Christopher Bell saw his bid for a fourth straight race win end early at the Pennzoil 400. After qualifying 13th, the driver of the No. 20 Interstate Batteries Toyota had to drop to the rear of the field for unapproved adjustments. Bell was able to make his way up to as high as second early in Stage 2, but fell back again after dealing with traffic on pit road during a late-race stop.

When it all came out in the end, Bell finished 12th overall, one position better than where he qualified and gained a bonus point for finishing 10th after Stage 1. The Joe Gibbs Racing driver is second in the points and trails William Byron — who finished fourth at Las Vegas — by 29.

Sunday's race set a new record for lead changes with 32 among 13 different drivers, beating the previous mark of 28 set in 2007. The average speed was 124.368 mph and there were nine caution flags that took up 53 laps.

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Utah Trust Lands Administration is planning to sell 3 parcels of agricultural property at an online auction to be held April 24-29, 2025. Parcel A is 647.89 acres with a starting price of \$356,500. Parcel B is 320 acres with a starting price of \$176,000. Parcel C is 640.88 acres with a starting price of \$352,500. No water rights or agricultural equipment is included with the properties. Financing is available.

Visit trustlands.utah.gov or call (801) 538-5163 for more info



ALLGAIER

« CONTINUED FROM PAGE 27 »

Zilisch would get involved in the battle when he led 28 laps early in Stage 3, but Allgaier came on and led the final 49 laps to grab the win.

"I just needed my front tires to live a little longer," Almirola said of his late-race battle with Allgaier. "He was doing such a good job of wrapping the bottom and shutting the air off that I just couldn't do anything with it. I built a run in (Turns) 1 and 2, but couldn't do anything with it in 3 and 4. That was really the difference.

"I felt like my car was equal to his. I was a little better in 1 and 2, he was a little better in 3 and 4. It

just netted out to where I couldn't pass him."

Jesse Love, Austin Hill and Sam Mayer completed the top five finishers. Zilisch would hold on to finish ninth. With the win, Allgaier moved into the points lead by 19 over Love. Mayer is 30 points off the pace in third.

There were three cautions for 18 laps – only one for an on-track incident – and the winning average speed was 140.078 mph. The XFINITY Series next races March 22 at Homestead-Miami Speedway.



Justin Allgaier takes the checkered flag to win the NASCAR XFINITY Series The LiUNA! at Las Vegas Motor Speedway on March 15. (Chris Graythen/Getty Images)

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King Crossword

ACROSS

- 1 Huck's raft-mate
- 4 Peeve
- 8 "Phooey!"
- 12 Docs' bloc
- 13 List-ending abbr.
- 14 Bassoon's kin
- 15 Dyeing vessel
- 16 Video-streaming brand
- 17 Radiate
- 18 Vulnerable spots
- 21 Physique
- 22 Youngster
- 23 "Taste!"
- 26 Chaps
- 27 Brit. sports cars
- 30 Stretches (out)
- 31 Polite address
- 32 Hawaiian coast
- 33 Speck
- 34 Aunt, in Mexico
- 35 Nodded off
- 36 Cyndi Lauper's "— Bop"
- 37 Tennis feat
- 38 Spinning disks used by ceramic artists
- 45 Latin love
- 46 Authentic

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18			19				20			
			21			22				
23	24	25			26			27	28	29
30				31			32			
33				34			35			
			36			37				
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

- 47 Tic-tac-toe loser
- 48 Hindu royal
- 49 Bern's river
- 50 — carte
- 51 Journey
- 52 Dance move
- 53 Tourist's chart
- 8 Thesaurus compiler
- 9 Competent
- 10 Hammer or sickle
- 11 Gives a darn?
- 19 Nile wader
- 20 Sweetie
- 23 "Dilbert" engineer
- 24 MGM rival
- 25 Still
- 26 Soccer's Hamm
- 27 "The Simpsons" barkeep
- 28 Econ. statistic
- 29 Plopped down
- 31 Western ranges
- 32 Swiss artist Paul
- 34 "That'll be — day!"
- 35 Drag
- 36 Vegas area
- 37 Cognizant
- 38 Fraction
- 39 Sharif of film
- 40 Author Morrison
- 41 Pants part
- 42 Physical
- 43 Classic Kinks song
- 44 Bath bar

DOWN

- 1 Coffee, slangily
- 2 Apple since 1998
- 3 Calc. or trig
- 4 Red wine
- 5 "— you so!"
- 6 Bogus
- 7 Befuddle

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1. GENERAL KNOWLEDGE: Who was Time Magazine's First Man of the Year in 1927?
2. MOVIES: Who was the male lead in the film "Risky Business"?
3. LITERATURE: In which novel does the character of Emma Woodhouse appear?
4. LANGUAGE: What does the acronym "sonar" stand for?
5. TELEVISION: What was the name of the Dukes' car on the show "The Dukes of Hazzard"?
6. HISTORY: The first atomic submarine was built in which decade?
7. GEOGRAPHY: What modern-day country is in the area known in ancient times as Lusitania?
8. MEDICINE: What disease is caused by a deficiency of Vitamin A?
9. U.S. PRESIDENTS: Which U.S. president's image appeared on a dollar coin in 1971?
10. MATH: What does the symbol "r" stand for in geometry?

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9	3	1	4	2	5	8	7	6
4	2	8	7	3	6	1	9	5
7	5	6	8	1	9	2	3	4
6	7	5	1	9	4	3	8	2
2	8	4	5	7	3	6	1	9
3	1	6	9	8	2	4	5	7
4	1	3	2	5	7	9	6	8
8	6	7	9	4	5	1	2	3
5	9	2	3	6	8	7	4	1

Answer

Weekly SUDOKU

J	I	M	A	I	F	F	R	A	T	S
A	M	A	E	T	A	L	G	O	B	L
V	A	T	R	O	K	U	G	L	O	L
A	C	H	I	L	E	S	H	E	L	S
T	O	T	O	D	B	O	A	N	I	
M	G	S	I	K	E	S	I	S	I	
A	N	A	S	I	R	E	S	I		
D	O	T	I	V	I	S	T	E	P	
S	I	L	L	E	A	C	E			
F	O	I	E	S	H	E	L	S		
A	M	O	X	A	L					
O	A	L	A	R	E					
M	A	P								

Solution time: 21 mins.

Answers

King Crossword

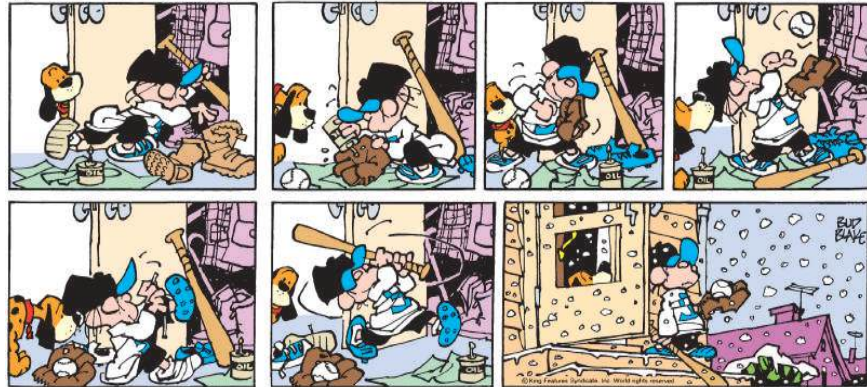
Amber Waves

by Dave T. Phipps



TIGER

by BUD BLAKE



The Spats

by Jeff Pickering



Weekly SUDOKU

1	4	8	3		6			
3	2	5	1	4		7	9	
	9			2				1
	5	4						
	1	9	3		4			
					5		9	
4	3		6	1	8		5	
5		1			8		4	
9			5	2				6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

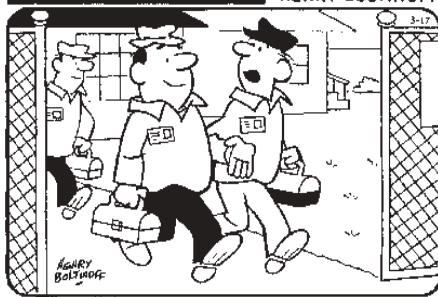
DIFFICULTY THIS WEEK: ♦

- ♦ Moderate ♦♦ Challenging
- ♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. If leg is reversed. 2. Chip is added to hitch box. 3. Leg is moved. 4. Shirt railing is different. 5. Foot is moved. 6. Window panes are different.

1. Aviator Charles Lindbergh; 2. Tom Cruise; 3. "Emma" by Jane Austen; 4. Sound navigation and ranging; 5. The General Lee; 6. 1950s; 7. Portugal; 8. Night blindness; 9. Dwight D. Eisenhower; 10. Radius



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