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6 Opinion
15 Showcase
18 Life
27 Sports
30 Classifieds
31 Comics/Puzzles

Showcase



Introducing
The Forge

-page 15

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COMMUNITY

STARS

STORY IN LIFE



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Cedar City Chamber of Commerce Launches New Group Health & 401(k) Benefits for Local Businesses

from Cedar City Chamber of Commerce

FOR IRON COUNTY TODAY

The Cedar City Area Chamber of Commerce is pleased to announce a new suite of group health insurance and retirement benefit options now available exclusively to Chamber members.

These expanded offerings allow local businesses—particularly small businesses—to access more affordable rates than are typically available on the ACA Marketplace, including group-rate medical plans, dental and vision coverage, and 401(k) retirement options. All plans come with no medical underwriting and locked rates for a full year, providing stability and predictability for employers.

This expansion in member benefits is part of the Chamber's ongoing commitment to modernize its services and provide members with resources that strengthen local businesses and the broader Iron County economy.

"This program reflects the Chamber's commitment to supporting our business community in meaningful, practical ways," said Tessa Douglas, President & CEO of the Cedar City Area Chamber of Commerce. "Small businesses often struggle to access affordable benefits on their own—now, they don't have to. By leveraging the strength of our Chamber network, we can open doors that individual employers cannot generally access alone."

Businesses with two or more employees—with owners counting as employees—are eligible to enroll. Participation is optional, and each business may decide whether offering these benefits meets the needs of their team.

With Marketplace open enrollment closing on December 15th for January 1st coverage, the Chamber encourages members to compare plans early and make informed decisions.

To support employers, the Chamber will host an in-person

and virtual Lunch & Learn on Monday, December 1st at 12:00 p.m. At this session, members can ask questions, review plan options, and learn how to enroll. To RSVP, please contact the Cedar City Area Chamber of Commerce.

A basic Chamber membership is \$500 per year, and businesses must be active Chamber members to participate in the new benefit program. "As Iron County grows, we want to ensure our members are connected, competitive, and supported. Expanding benefits like these is one powerful way to do that," Douglas added. "Our goal will always be to offer the utmost value we can for our members."

For more information on the Cedar City Area Chamber of Commerce, member benefits, and how to enroll in the new group insurance or 401(k) offerings, visit www.cedarcitychamber.org.



A four-day school week? One Utah district, strapped for cash, is talking it over

A failed bond issue and a mistake in a transparency process have left a Southern Utah school district dealing with a \$2.8 million shortfall.

by Carmen Nesbitt

SALT LAKE TRIBUNE

Iron County School District may switch to a four-day school week to cut costs, after the Utah State Tax Commission rejected its property tax hike in September — a move school officials had hoped would add \$2.8 million to the district's budget.

The district wasn't alone, though. Thirty-five other government entities

across Utah — from cities to fire departments to other school districts — also saw their increases denied, according to Jason Gardner, deputy executive director of the Utah State Tax Commission.

The denials followed a recent change to state law governing "Truth in Taxation," a public hearing process that allows residents to learn about and comment on proposals to increase property taxes.

"We will not receive the increase," said district spokesperson Shauna Lund, referring to the extra \$2.8 million the district would have gotten. Until the district goes through the Truth in Taxation process again next school year, "We will receive what we were receiving before," she said.

Will a four-day school week save money?

Discussions about shortening the school week are still early, Lund said, and a traditional calendar remains a possibility. However, district officials have started looking into what savings a four-day week could offer.

"There would be initial cost savings

for those first couple of years," Lund said. "Currently, the research does not show much cost savings after that."

Superintendent Lance Hatch presented initial estimates to board members during a board work meeting last month. One of the biggest areas of savings would be transportation. A shorter work week could result in \$300,000 saved per year, Hatch said.

The district is also considering freezing cost-of-living raises — pay increases to cover the rising cost of goods and services due to inflation — for at least two years, Lund said.

Eligible employees would still get their regular "step" or "lane" salary

see **FOUR-DAY SCHOOL WEEK** » 5

FOUR-DAY SCHOOL WEEK

« CONTINUED FROM PAGE 4

increases, or raises tied to such factors as tenure, performance and education level, Lund said.

The board hopes to make its final budget decisions by January, Lund said.

State law requires Utah public schools must operate for at least 180 instructional days each year — unless they're granted an exception, or a "waiver" from the USBE.

If USBE approves the request, districts must still offer a minimum of 990 hours of instructional time, according to state law.

Districts can also submit waivers for emergencies, such as weather events, or other situations that cut into the required number of school days.

To meet the state's minimum instructional hour requirements, the Iron County School District would extend each school day, Lund said. The extension would vary depending on school level, but no school would see more than about 30 additional minutes a day, she said.

Parents and staff appear supportive, with about 66% of parents and 70% of employees saying in a recent survey that they preferred a four-day week for 2026-27.

Other considerations are still being weighed, Lund said, including the potential impact on students who rely on school meals

and parents' concerns about day care for younger children.

Why was Iron County School District denied its tax increase?

The Utah Legislature passed SB202 in this year's session, and Gov. Spencer Cox signed it. It updated the state's Truth in Taxation law, by requiring that the tax commission deny tax increases to entities that fail to comply with the process, said Gardner. The former law was silent on any consequences.

"The legislature didn't like that we were being as lenient as we were," Gardner said. "So they took away our discretion to be lenient." SB202 also added a few requirements that school boards and other government entities must meet during the hearings, including allowing for "in-person or virtual" participation.

That's where the tax commission told the Iron County School District it had missed the mark, said Lund.

While the district livestreamed its Aug. 19 Truth in Taxation hearing on YouTube, the platform didn't allow for interactive virtual participation, where attendees could appear on screen and speak, Lund said.

In a notice posted on the district's website, officials said they received a letter of denial from the tax commission on Sept. 19, informing them that they had failed to meet the new virtual

participation requirement.

"Even though the district livestreamed the public hearing on YouTube, which made it available for taxpayers to attend or participate remotely, the tax commission's interpretation of this requirement resulted in the denial of the adopted certified tax rate," the notice read.

It also noted district officials were informed by the tax commission that "over 60%" of all entities that had proposed tax increases were also denied for "various reasons."

The rejection followed a failed \$75.5 million bond proposal in 2023, Lund said.

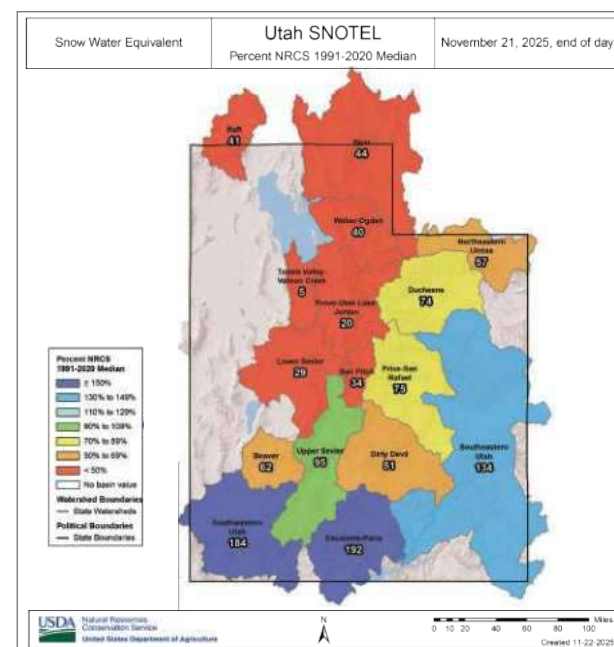
The bond — which, according to the district's website, failed by just 24 votes — would have been used to build a new elementary school, renovate a high school, construct an "alternative programs" building, install artificial turf, and pay for ADA-accessible playgrounds.

Residents can offer feedback on the four-day week during three upcoming open houses. All will take place simultaneously on Tuesday, Dec. 2, at 6 p.m., at three different high schools. They are:

- Canyon View High School: 166 W. 1925 South, Cedar City.
- Cedar High School: 703 W. 600 South, Cedar City.
- Parowan High School: 128 W. 100 North, Parowan.

A separate staff open house is scheduled for Friday, Dec. 5, at 2 p.m., but as of Tuesday the location has yet to be determined.

This article is published through the Utah News Collaborative, a partnership of news organizations in Utah that aims to inform readers across the state.



THURSDAY
PARTLY CLOUDY
46°/26°
PRECIP: 20%
WINDS: SW 5-10

FRIDAY
SHOWERS
45°/28°
PRECIP: 30%
WINDS: SW 5-10

SATURDAY
MOSTLY SUNNY
44°/25°
PRECIP: 10%
WINDS: NE 5-10

SUNDAY
MOSTLY SUNNY
40°/25°
PRECIP: 10%
WINDS: NE 5-10

MONDAY
SHOWERS
52°/27°
PRECIP: 40%
WINDS: SW 5-10

TUESDAY
PARTLY SUNNY
51°/26°
PRECIP: 20%
WINDS: NW 5-10

WEDNESDAY
MOSTLY SUNNY
47°/25°
PRECIP: 10%
WINDS: N 5-10

IRON COUNTY FORECAST

THANKSGIVING LOOKS TO BE ON THE SEASONAL SIDE WITH A MIX OF CLOUDS AND SUNSHINE. WE ARE SEEING SOME SIGNS THAT MORE WINTER-LIKE CHANGES COULD INVADE THE REGION AS WE MOVE INTO THE WEEK AFTER THANKSGIVING THAT COULD BRING SOME IMPACTS TO THE AREA.

Check your local forecast anytime at:
ABC4.com/weather

abc 4 .COM



(Cinder Player | Special to The Tribune) Children play during recess at Cedar North Elementary School in Cedar City, Tuesday, Nov. 18, 2025.

opinion

FROM THE EDITOR



Happy Thanksgiving,
Readers!

**CASSI
SCHMUTZ**
COPY EDITOR

It's that time of year again. Deep fall, harvest season, and the time when the rhythm of life finally shifts into the slower pace of darker, cooler months. Now comes the gathering: with family,

with friends, and with our community, as we pause to celebrate all we have to be grateful for. As for me, I continue to be amazed at how deeply blessed I am. This year has been one of the most challenging I've faced, yet also one of the sweetest and most tender. Somewhere along the way, I looked up and realized I was surrounded by the very things I had prayed for my entire life. An amazing husband, a loving (if slightly neurotic) dog, a home of our own, and two beautiful boys. Never did I imagine I would be so lucky, and yet here I am.

This holiday, I hope you too can look around and feel a sense of awe for what surrounds you. And if you're facing a difficult season and your gratitude list feels short, my heart is with you. I pray you'll find comfort in even the small blessings and look toward the coming year with hope for new beginnings. If you aren't able to be with loved ones this Thanksgiving, I encourage you to seek out a moment to serve or consider joining the community Thanksgiving Dinner hosted by First Baptist Church (details in our calendar!).

I wish each of you a Thanksgiving filled with turkey, your favorite side cooked just right, and a slice of pie to fill in all the cracks. A day of football, naps, laughter, and stories from years past that never fail to resurface around the table.

Happy Thanksgiving, Iron County. May your holiday be full, warm, and blessed.

QUOTE OF THE WEEK

"No people on earth have more cause to be thankful than ours, and this is said reverently, in no spirit of boastfulness in our own strength, but with the gratitude to the Giver of good who has blessed us." -Theodore Roosevelt

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Praying and Giving Thanks

PART 3

by **Edy Meredith**

FOR IRON COUNTY TODAY

Several different historical individuals have been called the world's greatest salesmen: Jesus the Christ, Dick Van Dyke, Jeff Bezos, and Karl Marx, for example. Jesus, the Jewish Messiah, has had the longest influence on western civilization, even civilising the voracious Vikings who until they bent to receive the Christian message were among the most dangerous peoples roaming across Europe, even leaving evidence of landing on the farthest reaches of the North American continent.

Jeff Bezos is a more recent candidate as the best salesman to influence modern day America and was born January 12, 1964; he is known as the founder, exec-

utive chairman, and former president and CEO of Amazon, the world's largest e-commerce and cloud computing company. He was born in Albuquerque, New Mexico, and raised in Houston and Miami. His net worth exceeds \$220 billion, and he is known as an extremely wealthy person with a worth exceeding \$220 billion according to Forbes and the Bloomberg Billionaires Index; however, we all know that he can't take it with him. We all come into life naked and leave life without anything, contrary to the beliefs of the Chinese Communist Party members that we touched on last week. Even for all of his money and assets, Jeff Bezos still confronts the challenges of life. For example, his first marriage ended in divorce. Reaching to the heavens, Bezos

WORD OF THE WEEK

CRUCIBLE

[cru-ci-ble]

Noun

a severe test

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opinion

GIVING THANKS

« CONTINUED FROM PAGE 6

founded the aerospace manufacturer and sub-orbital spaceflight services company Blue Origin in 2000 which launched into space in 2015, and which continues to fly spaceward and return to earth safely with the goal of landing on Mars and establishing a human colony there. (Please learn more about Jeff Bezos on Wikipedia and in the following book written about him: "The Bezos Blueprint: Communication Secrets of the World's Greatest Salesman" by Carmine Gallo. Over 400 people are listed on en.wikipedia.org in a list of world-wide living centenarians (people 100 years or more old) with their birth dates, occupations, gender, nationality, and occupations. Belief systems seem to

be very important. Dick Van Dyke, the actor and comedian, has written a book titled "100 Rules for Living to 100" which was published just before he turned 100. Many of us remember how Dick Van Duke danced his way into our hearts with iconic acting roles in the following movies: Mary Poppins, Chitty Chitty Bang Bang, Around the World in Eighty Days, and the Dick Van Duke show on TV. In his book, which was written just before he turned 100, he demonstrates how to join the joyful times, to count our many blessings, and to appreciate the beauty and complexity of being human, full of foibles, fallacies, and joy. This may be our last call to enjoy all that the world has to offer. Next time we will talk about "the End of Days" spoken of in the Bible because today miraculous events are happening that are prophesied in the Bible: terrorists

are miraculously transformed into evangelists as we receive powerful stories of redemption in Nigeria. I recommend another book: "Peak Human: What We Can Learn from History's Greatest Civilizations" by John Norberg where he examines golden ages which are marked by periods of spectacular cultural flourishing, scientific exploration, technological achievement, and economic growth. Examples are Ancient Greece which planted the seeds of democracy and the rule of law while out of Abbasid Baghdad came algebra and modern medicine, and the Dutch Republic which furnished us with many of Europe's greatest artistic movements, Renaissance Italy, and the Anglosphere which we are a part of. How can we ensure that our current golden age doesn't end? Remember to teach your children well. Please do not leave

it to public and private schools. All that is gold does not come from the ground but comes from the minds of individuals as we study and pray to the Great Creator, and truth is revealed to us. Please go to Reason.org and pay attention to the Biblical Signs of the Times. Put on the whole armour of God and re-read Ephesians chapter 6. Please re-read Matthews chapter 24, verses 3-31 where Jesus says: "Take heed that no one deceives you. For many will come in My name, saying I am the Christ, and will deceive many. And you will hear of wars and rumors of wars. See that you are not troubled, for all these things must come to pass, but the end if not yet. For nation will rise against nation, and kingdom against kingdom, but the end is not yet." Enjoy Thanksgiving and give thanks for all that is.

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IRON COUNTY GOVERNMENT RECAPS

Cedar City Planning Commission Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

Public Hearing Notice Issue

City staff reported that hearing notices weren't posted on the city website or bulletin boards, though state postings and property owner notices were completed. Because of this error, all hearings were rescheduled to a special meeting on November 25. The commission agreed to hold informal discussions with attendees but could not make official recommendations.

Sidewalk Installation Timing

A developer presented proposed changes to when sidewalks must be installed in new subdivisions. Currently, sidewalks must be put in upfront, even though heavy construction often damages them, leading to wasted concrete. Recent state law now prevents cities from requiring sidewalks more than 18 months before building permits, except for those directly next to homes.

The proposal would require ADA-compliant corner strips, sidewalks along major collector roads, and planned trails to be installed early, while allowing neighborhood sidewalks to be poured during home construction. City staff said this would reduce waste but noted concerns about unfinished areas in long-term, custom-home subdivisions.

Francisco Property Zone Change

A request was made to change about 14 acres from Annex Transition to Industrial Manufacturing 1 (INM1), instead of the originally planned mix of INM1

and INM2. The site is on Cedar Boulevard near the Highway 91 overpass. Discussion highlighted concerns, including a planned road that may encroach onto a nearby subdivision and an inadequate railroad crossing for commercial traffic. Upgrading the crossing would be costly but necessary for future development to the north, and staff noted that reimbursement agreements could help share those costs. It was also suggested the property might be better suited for commercial use given its location near residential areas. The general plan currently shows the area as open space, though staff could not find a clear reason for that designation.

Residential Rezoning Request

A request was submitted to rezone five rental homes at 400 West and 400 North from General Commercial to R3M. The commercial zoning has created lending issues, and all surrounding properties are residential. The commission viewed the request as a logical correction that aligns with existing uses. Staff noted the general plan was updated a few years ago to show high-density residential in this area.

Building Materials Discussion

The commission ended the meeting with a discussion on commercial and industrial building material requirements. Current rules mandate certain preferred materials on Main Street and 200 North, adding 5-8% to construction costs. The standards are considered too restrictive, limiting modern, lower-cost materials that achieve similar aesthetics.

A proposal was made to allow materials that mimic preferred ones, update code language to be less restrictive, and use clear percentage requirements instead of subjective judgments. It was suggested that the downtown core receive stronger protections, while areas like highway interchanges have more flexibility where higher-cost materials aren't financially practical.

City staff noted the challenges of making subjective design decisions and mentioned the possibility of a design review board. Concerns were also raised about government overreach in prescribing building materials. The commission agreed to revisit the topic next month with a more detailed staff presentation.

Cedar City Council Work Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

Youth Council Transition

The council recognized outgoing Youth City Council members for their extensive community service, including work with Special Olympics, cemetery cleanups, July Jamboree, and local food drives. Ten new members McKinley Bagley CVHS, Madallyn Bleazard CHS, Jade Borthick. CVHS, Ellie Bulloch CVHS, Parker Dotson CHS, Charity Herring CVHS, Ascher Ray CHS, Lucy Shaha Lighthouse Commonwealth, Gabriel 'Gabe' Smith CHS, Sage Whittaker CHS were sworn in by the City Recorder. The new council will meet in December to choose their youth leadership.

Downtown Parking Committee Appointment

The mayor announced two appointments to the Downtown Parking Committee, including a local restaurant owner. The appointments will be finalized at an upcoming meeting.

Cedar Hotel Restoration Challenges

The council discussed ongoing permitting issues tied to restoration of the historic Cedar Hotel, built in

BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	\$30,800,000,000	\$132,282,649	\$221,113,931	\$77,269,263	67,617	2.7
ANNUAL INCREASE	10.7%	15.5%	17.8%	0%	3.4%	4.3

* Information was obtained directly from the governmental entities listed.

IRON COUNTY GOVERNMENT RECAPS

1890. The owner purchased the building to save it from demolition and has completed major improvements, including lifting the structure to install a new foundation and adding a fire sprinkler system. The plan is to use the ground floor as an event center and the second floor for offices and event support.

The main challenge centers on unclear permitting requirements for historic restoration versus new construction. City staff noted they cannot issue a business license until the project meets building, zoning, and fire codes, and a full permit application has not yet been submitted. The fire sprinkler system also still needs inspection.

The situation is time-sensitive because the owner will be out of the country for

more than a year, and a family member hopes to operate the event center during that time. Staff will review the sprinkler system and outline next steps.

Cross Hollows Event Center Updates

The council reviewed several updates for the Cross Hollows Event Center. The new warm-up barn is nearly finished, with completion expected by mid-December 2025. Updated fee schedules for the expanded facility were presented, showing rates that align with similar venues in Utah. Changes include removing weekend-specific pricing, switching to sensor-controlled lighting instead of coin-operated systems, and adding fees for the new banquet room.

Policies on alcohol at events were discussed but not finalized. Other facilities typically charge a commission on alcohol sales or higher rent for private events that include alcohol, and the council may consider similar options.

Fundraising efforts continue for the remaining money needed to complete the addition. Instead of selling naming rights, the council favored creating a donor wall to recognize contributors at different levels. A major donor will also have their ranch brand displayed on the building, matching how other sponsor brands appear on the main arena.

Other Business

The council approved a concept for a sheep herders monument near the

Cross Hollows Event Center to honor the area's agricultural heritage. They also authorized an aviation company at the regional airport to expand its services to include flight instruction and aircraft rentals. The 2025 Airport Master Plan was adopted, outlining long-term development options such as a possible runway extension and planning for a future control tower.

The council agreed to sign a joint response letter with the local water district addressing concerns from neighboring counties about the Pine Valley Water Project.

The meeting ended with reminders about upcoming community events, including the live nativity and holiday celebrations on November 29.

Board reviews boundary proposals for district schools

by Shauna Lund

IRON COUNTY SCHOOL DISTRICT

In preparation for the new East Elementary building opening in the fall, the Board of Education is considering boundary changes throughout the district.

Business Administrator Todd Hess told board members on Tuesday that a committee met to consider realignments at the elementary level. The committee also looked at the middle school and high school boundaries. The new East Elementary building includes additional classrooms which increases the capacity of the school. An addition currently being constructed at Canyon View High School will add nine classrooms, bringing its capacity more in line with Cedar High.

In considering new boundaries, Hess said the district wanted to ensure that no changes put only a handful of students moving from the elementary school to the secondary schools. Most of the elementary boundaries feed directly into a secondary school. Iron Springs and North, however, will have students in boundaries

for Cedar Middle and Canyon View Middle and Cedar High and Canyon View High.

"That is so important that they have that opportunity (to go to school with others from their elementary school)," Board Member Stephanie Hill said. "Thank you for considering that."

The biggest proposed changes are at North, South, Iron Springs and East Elementary. The adjustments help lower large enrollments at Three Peaks and Iron Springs. Hess said it also creates good boundaries for South Elementary even if in the next few years a new South Elementary is built in the southwest part of the county.

Regarding the proposed changes to secondary boundaries, Hess said the lines are similar to what the boundaries looked like 13 years ago. In setting the proposal, he said he considered variances. Currently, there are a significant number of students who reside in the Canyon View High School boundaries, but attend Cedar High on a variance.

"We kind of expect that to continue ...," he said. "Secondary boundaries are a little different in

that it takes a while for the numbers to really adjust."

The other consideration, he said, are the number of students who attend Launch High or Success Academy half of the time. Although a school may look under capacity, it could still be overcrowded because of those part time students.

The proposal would create nearly equal enrollment numbers at the two middle schools. Expected enrollment is a little lower at Cedar High, but with variances, those numbers are likely to be similar to Canyon View.

Board members emphasized the importance of public input on the proposal. Superintendent Dr. Lance Hatch said the proposals will be shared with parents in the near future. There will be time in December and January for parents to comment and give input before the Board considers adopting the boundaries in February.

The proposed maps can be viewed on the district website and the district is working on getting more interactive maps posted as well. View the proposals at <https://www.wirondistrict.org/page/boundary-proposal>



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public & health

A Thanksgiving Nudge to Hit the Trails: Final Push for #25Trailsin2025

by Ryan K. Workman

FOR IRON COUNTY TODAY

As Iron County residents gather for Thanksgiving and enjoy a few extra days away from work and school, Vision Iron County is encouraging the community to use the

holiday break as the perfect opportunity to get outside, explore local trails, and enter the #25Trailsin2025 campaign before the year comes to a close.

The initiative—launched earlier this year by Vision Iron County's Healthcare Team—invites residents of all ages and abilities to experience the county's vast

network of trails while promoting physical and mental well-being. Participants simply explore any Iron County trail, share a photo of their experience, and use the hashtag #25Trailsin2025 on social media to earn entries into upcoming prize drawings.

Healthcare Team co-lead Marcus Lawrence says the holiday season is an ideal time to reconnect with nature and personal well-being. "Thanksgiving naturally encourages reflection and gratitude," he says. "What better way to celebrate than by stepping outside with friends or family and enjoying the landscape we're fortunate to have right here in Iron County?"

The campaign stems from findings in the 2022 Cedar City Hospital Community Needs Assessment, which highlighted the need for more opportunities to promote active lifestyles. Beyond addressing local health priorities, #25Trailsin2025 aims to make physical activity accessible and enjoyable. The health benefits of regular movement and outdoor time are well-established, ranging from improving mood and energy levels to reducing the risks of anxiety, depression, heart disease, and cancer.

A full list of Iron County trails—organized by difficulty and accessibility—is available at visionironcounty.org, making it easy for families and individuals to choose a route that matches their pace.

Holiday Participation = A Chance at Big Prizes

To reward community participation, Vision Iron County will host two drawings:

- **Complete at least 5 trails** to enter the first prize drawing.
- **Complete 25 trails** to qualify for the grand prize drawing.

This year's prizes are some of the

most exciting yet: multiple **\$50 gift cards** to Centro, Milt's, and The Grind; Cedar City and Brian Head apparel; and several **Annual National Park Passes valid through December 2026**—the campaign's grand prize.

With hundreds of miles of scenic routes, cooler weather, and long Thanksgiving weekend mornings perfect for crisp trail walks, Vision Iron County hopes the holiday spirit will inspire residents to get outside and finish strong.

"Whether you're walking off your Thanksgiving dinner or starting a new family tradition, this is the perfect moment to hit the trail," Lawrence says. "Together, we can build a healthier, happier Iron County."

For trail maps, campaign details, and community resources, visit visionironcounty.org.

Scan the QR code to go to the Entry Form for Prize Drawings



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Melissa Veater Recognized with Rural Health Association of Utah's Lifetime Achievement Award

from Kasey Shakespear

RURAL HEALTH ASSOCIATION OF UTAH

November 20, 2025 – St. George, UT — On Wednesday, November 12, the Rural Health Association of Utah (RHAU) proudly welcomed attendees from across Utah and the United States to the 2025 Annual RHAU Conference at the Dixie Convention Center in St. George. This year's event brought together leaders, practitioners, educators, and advocates dedicated to strengthening healthcare in rural communities.

As part of its ongoing commitment to elevating excellence in rural healthcare, RHAU presented several awards honoring individuals who have

made meaningful contributions to rural health.

Among these recognitions is the esteemed RHAU Lifetime Achievement Award, presented to individuals whose careers have demonstrated exceptional dedication, innovation, and impact in advancing healthcare in Utah's rural and frontier communities. Recipients are celebrated for their leadership, their commitment to addressing the unique challenges of rural healthcare delivery, and the lasting legacy they leave in expanding access, quality, and services for underserved regions.

RHAU is pleased to announce that Melissa Veater of Panguitch,

Utah, has been named the 2025 RHAU Lifetime Achievement Award recipient. Melissa, a substance use and mental illness prevention specialist and Prevention Coordinator for Iron, Kane, Garfield, and Beaver Counties, has dedicated more than 22 years to improving behavioral health in rural Utah. Even when federal funding cuts threatened to eliminate her position, she continued serving her communities—supplementing her income and returning full-time when funding was restored—demonstrating her unwavering commitment to rural behavioral health.

Throughout her career, Melissa has worked tirelessly to

expand services and build capacity in frontier communities. She has helped establish community prevention coalitions, secured millions of dollars in grants, and supported the implementation of evidence-based programs that have reduced risk factors and substance use across the region. Her leadership has helped bring full-time behavioral health professionals to communities that previously had none, leaving a profound and lasting impact on thousands of rural Utahns.

In addition, Timothy Smith of Garfield Memorial Hospital was recognized by the Utah Department of Health and Human Services Office of Primary Care and Rural Health as one of the 2025 Impact Award recipients. This honor celebrates individuals who have made notable contributions to improving rural health across the state.

Melissa and Timothy are both highly deserving of these recognitions for their outstanding contributions to strengthening health and well-being in rural Utah.

To learn more about these awards and the Rural Health Association of Utah, visit rhau.org.

Cedar City man sentenced to 5 years to life under habitual violent offender statute

by Tracie Sullivan

FOR IRON COUNTY TODAY

An Iron County man with a long history of violence was ordered Wednesday

to serve five years to life in the Utah State Prison after attacking his wife and attempting to strangle her inside her home earlier this year.

Isaac James Wall, 31, was sentenced on one count of first-degree felony aggravated assault after pleading guilty under Utah's Habitual Violent Offender Statute.

Fifth District Judge Matthew Bell imposed the mandatory prison term required by the statute, which applies to offenders with at least two prior violent felony convictions that resulted in prison sentences.

According to the charging documents, Wall entered the victim's residence and covered her mouth with a pillow and his hand before placing his full body weight on her neck. The victim told police she blacked out as he continued to apply pressure.

Wall then wrapped a blanket around her neck and attempted to strangle her again while threatening to kill her and saying he did not want to return to prison.

The victim escaped the home, screaming for help. Neighbors heard her shouting that Wall "was trying to kill her" as she fled.

While in jail awaiting trial, prosecutors said Wall made multiple phone calls to the victim attempting to influence her testimony. In the recorded calls, he urged her to help his "situation," asked her to speak to prosecutors about "the stuff she was supposed to do," and discussed having a family member hire her an attorney to keep her from testifying.

Prosecutors said the calls showed a continued effort to obstruct justice and a lack of remorse.

Wall's criminal history includes two prior violent felonies. In 2019, he tied up an ex-girlfriend, held her against her will and held a knife to her throat. He pleaded guilty and was sent to prison in that case.

He was released on parole and had been off supervision for only 11 months before committing the new offense.

In 2017, Wall was convicted of arson for setting his ex-wife's car on fire. Investigators later determined he set six vehicles ablaze that night.





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Iron County man ordered to serve 30 years to life for sexual abuse

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

An Iron County man who admitted to sexually assaulting a woman and a young child was ordered Wednesday to serve two consecutive prison terms that will keep him behind bars for at least 30 years.

Christopher Lee Lescoe, 34, received sentences of 25 years to life for sodomy on a child and 5 years to life for rape.

Lescoe was initially charged with nine first-degree felonies, including two counts of rape, three counts of aggravated sexual abuse of a child and four counts of sodomy upon a child. He later pleaded guilty to one count of sodomy on a child and one count of rape as part of the resolution that led to the sentencing.

According to prosecutors, Lescoe disclosed the assaults earlier this year while serving a prison sentence for a

2019 aggravated arson case in Cache County.

During that disclosure, he also admitted to setting fire to the victim's residence in February 2019, a separate incident from the Cache County arson. His statements prompted Cedar City Police to reopen the case and pursue the new charges.

Both victims, whose identities are being withheld due to the nature of the case, delivered statements during the hearing. The child, now a teenager, had her statement read aloud by a representative because she was unable to speak it herself.

"I don't really like talking about what happened to me. I still don't understand all of it myself," she wrote. "When I was little, Chris was like a dad to me and I trusted him. But then he did things no grown up should ever do to a child."

She described ongoing nightmares, difficulty trusting boys and men her age,

and a desire to "feel safe" again.

The adult victim told the court she had been drugged and assaulted repeatedly and spoke about the years of guilt, fear, and confusion she has carried, along with the long-term effect the abuse has had on her family.

Iron County Attorney Chad Dotson asked the judge to impose the strongest sentence allowed under law. Dotson said the case involved "extraordinary harm," including threats that kept the child silent for years.

Dotson told the court the victims likely would not have been able to come forward without Lescoe's confession.

"I'm glad he found it within himself to confess, but even still, Judge, I think he needs to be incapacitated for the rest of his life," he said.

Dotson grew emotional as he addressed the court, noting that the teen repeatedly referred to herself as "little" in her written statement. He told

the judge she was "still little," saying the case struck him hard because the victim is around the same age as his own children.

Fifth District Judge Matthew Bell agreed with Dotson and said the damage caused by Lescoe was severe and long-lasting. He ordered that the terms should run back to back and said he would recommend to the Utah Board of Pardons and Parole that Lescoe remain incarcerated for life.

Court records show that in 2017, Lescoe was part of a standoff with Cedar City law enforcement where he allegedly threatened officers and fired a weapon. The case led to a felony firearm discharge charge and additional misdemeanor offenses.

Lescoe remains incarcerated on a prior aggravated arson conviction and was transported from the Utah State Prison to appear in person for Wednesday's hearing.

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Introducing The Forge Center for the Arts (The Forge):

A New Theatre Arts Organization Led by Three-Time Emmy Award Winner Ellen Wheeler

Future plans include developing multiple performance spaces, expanding educational programming, and building a reputation for excellence, innovation, and community-centered artistry.

Rapid Launch: Two New Christmas Productions at Cedar Fun Center

As part of its exciting debut, The Forge is partnering with the Cedar Fun Center to launch Christmas at The Forge—a joyful new holiday tradition featuring two family-friendly live theatre productions: Santa Claus Is Coming to Town, a modern twist on A Christmas Carol, and The Star Still Shines, a heartwarming celebration of hope and light. Developed and produced in record time, these shows reflect the passion, talent, and dedication of an extraordinary creative team committed to bringing affordable, high-quality holiday entertainment to Southern Utah families.

Led by Emmy Award–Winning Artist Ellen Wheeler

At the helm of this new venture is Ellen Wheeler, a three-time Emmy Award–winning actor, director, and producer whose career spans television, film, and theatre. Wheeler brings decades of professional expertise and a deep commitment to nurturing artistic creativity within communities. “We are thrilled to have Ellen leading The Forge,” the founding team shared. “Her vision, artistry, and dedication to community make her the ideal voice to guide this exciting new chapter for the arts in Southern Utah.”

see **THE FORGE** » 17

from Kathy Heer

THE FORGE CENTER FOR THE ARTS

Cedar City,
UT — A
new
creative force

is emerging in Southern Utah. Today, a team of local arts leaders proudly announces the launch of The Forge Center for the Arts (The Forge), a nonprofit theatre arts organization dedicated to shaping community through heart, connection, and creativity.

A New Vision for the Arts

The Forge is built on a powerful belief: creativity is a gift that brings people together and makes life more meaningful. Through uplifting performances, accessible arts education, and meaningful community engagement, The Forge aims to spark joy and strengthen the cultural fabric of Southern Utah. Over the next 3–5 years, The Forge envisions becoming a vibrant regional arts hub—a welcoming home for artists, audiences, and learners.



Ellen Wheeler



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Valerie Martire as Annelle in *Steel Magnolias*, 2025.

THE FORGE

« CONTINUED FROM PAGE 15

Learn More

To explore The Forge's mission, vision, and purpose—as well as upcoming announcements—visit: www.theforgearts.com

About The Forge

Mission: To forge joy, creativity, and connection through the arts.

Purpose: The Forge believes creativity is a powerful gift that brings people together and makes life more meaningful. Through the arts, it sparks joy, strengthens community, and shines more light into the world.

Vision: In the next 3–5 years, The Forge will become a vibrant regional arts hub—home to joyful performances, accessible education, and a multi-stage venue known for excellence, innovation, and community impact.

A Magical Holiday Adventure Awaits at Christmas at The Forge

This holiday season, The Forge Center for the Arts invites families to experience two original productions created to spark wonder, build traditions, and bring the community together.

Our mission is simple: offer a place where families can celebrate, laugh, and enjoy live theatre at a price everyone can afford. During a season that often feels rushed, we want to provide moments that truly matter—shared memories, meaningful stories, and the joy of being together. At the heart of this new tradition is Ellen Wheeler who helped ignite the vision of The Forge. A Cedar City

hometown girl turned soap-opera standout, she earned three Daytime Emmys before trading the bright lights of New York for the red-rock

glow of Southern Utah. Driven by her love of creativity and community, she is excited to help Cedar City shine with theatre, music, and family-friendly events. Both productions are directed under her award-winning leadership.

Tickets are just \$10 per person or \$30 for a family pass, with performances at the Cedar Fun Center—an inviting, family-friendly venue. Tickets are available at www.theforgearts.com.

Come see this year's productions!

Santa Claus Is Coming to Town

A hilarious, heartwarming modern twist on A Christmas Carol. Join Ebony and three mischievous

elves as they discover the magic of the season in this interactive festive adventure.

The Star Still Shines

A beautiful, uplifting celebration of the true meaning of Christmas. Centered around the Star of Bethlehem, this inspiring show blends music, storytelling, and heartfelt moments that remind us that the light of Christ still shines today.

Use the code IRON to save \$2 per ticket.

Bring your family. Start a new tradition. Christmas at The Forge is ready to fill your season with joy and magic—Forge-style.



The Enduring Power of the Arts in Southern Utah, and What It Can Teach Us This Holiday Season

by Becki Bronson

GUEST COLUMNIST FOR CCAC

If you go down the stairs inside the Auditorium Theater next to the Adams Memorial Theater at Southern Utah University, and carefully look for a beautiful blonde bouffant in the wall photo of the 1963–64 theater season of “Mrs. McThing,” that is my mother, Cathryn Roundy. She worked with Fred Adams in the early days of the Utah Shakespeare Festival, when the seed of our city’s artistic identity was first taking root. Mom was a force of creative nature who believed strongly that the arts ennobled us. They refine us. They call us higher.

I was gifted to be able to participate in that transformative power myself in southern Utah, where the arts are an integral part of our very culture. I will never forget what it felt like to sit with my French horn amongst our incomparable state champion high school band at Cedar High, led by Steve Shirts, and to be surrounded by brass, woodwinds, and percussion, all working, practicing, refining and then listening to each other to create music that surrounded us and permeated our souls. I remember feeling myself lifted into a world bigger than my own teenage worries.

To this day, I believe that what separates Iron County from a simple stop along I-15 is our university and our community’s singular focus on the arts. Our orchestras, choirs, art museums, festivals, and students performing on the many different sizes of stage and audiences remind us that we are capable of beauty, discipline, unity, and soul.

During the Christmas season, music becomes even more essential. Whether it is a performance of In Jubilo or the Suzuki Strings, the Orchestra of Southern Utah or Master Singers, whether at the Johnson Center for the Arts or attending the myriad of performances one can enjoy at SUU, Christmas music pulls us back

to the truth that we belong to one another. It reminds us that we are part of something divine.

Our community has carried a heavy load these last years. Political division, strained relationships, and public battles have worn us thin. But if a choir can teach us anything, it is that harmony does not require sameness. It requires different parts working together and honoring the distinct sound of each voice. A symphony does not work because every instrument fights to be the loudest. It works because each musician listens.

The song “Glorious” with the One Voice Children’s Choir expresses this beautifully: *Everyone plays a piece, and there are melodies in each one of us.* When we let those melodies ring, when we treat each other with more compassion, patience, and curiosity, we create something transcendent. We open a door to the sacred. We remember that behind every opinion is a human heart, and behind every disagreement is a person trying to find their place in the larger composition of life.

This Christmas season, may we listen to the music again. May we soften. May we be braver in our kindness. And may we choose, note by note, to build a community that sounds like harmony instead of discord. The masterpiece is already written. We simply need the courage to play our parts.



Becki Bronson





Thanksgiving

— AN AMERICAN HOLIDAY IN AMERICAN HISTORY

by May Hunter

FOR IRON COUNTY TODAY

Thanksgiving is as lively as American life and the history of this holiday is a great part of America.

Thanksgiving is America's oldest and most loved holiday, but there is a lot we don't know. The celebrated Plymouth Thanksgiving was not the first. The Pilgrims' harvest feast was plentiful, as the legend tells us. The first Thanksgiving was probably offered at the 1621 harvest gathering, lasting over three days. The first recorded Thanksgiving Day in Plymouth happened two years later, in 1623. The colonists gave thanks to God for rain after a two-month drought.

At least 100 people came to dinner. The Native people wanted to eat

while sitting on the ground as they did in their homes. The English people wanted to eat while sitting at the table, as they did in theirs. Records say they ate wild turkey, venison, geese, and other fowl. Early history tells us the Pilgrims ate turkey at their first feast because of the abundance of edible wild turkeys in New England. They also ate blueberries, raspberries, gooseberries, and plums, which were commonly eaten at that time.

As Thanksgiving Day became popular during the 1800s, so did the turkey. By 1857, turkey had become the main part of the traditional dinner in New England.

On October 3, 1863, during the Civil War, Abraham Lincoln proclaimed a national day of Thanksgiving. This year it will be celebrated on Thursday, November 27. The exact date always

changes because Lincoln declared the last Thursday of November as Thanksgiving Day, a time to give thanks for family, friends, food, and health.

Today in the United States, Thanksgiving is really about family and friends eating a large meal, which almost always includes turkey. It's a day spent with loved ones to give thanks for the things we feel fortunate to have in our lives.

Thanksgiving is a time of year for good food, good people, and being grateful for everything in life. The weather gets colder, but this time of year really warms your heart, as it should. It's a time of great food, great traditions, and giving back to both loved ones and those you don't even know. What's not to love about that? Everyone has their own traditions.

Everyone celebrates "Turkey Day" a little differently. It's a great time to bring everyone together and share gratitude for the things we value most.

We all have much to be thankful for. Be thankful for the people who help you get through each day. Notice the good things, look carefully at them, and appreciate them. Appreciate good friends and neighbors. It's a whole day to be thankful. Sometimes we just need a reminder of how lucky we are.

Thanksgiving get-togethers are a bit different for us now. Many of us are looking forward to, and thankful for, celebrating in person. But with the wonders of technology, families can set up video chats with everyone they're missing during the holiday.

calendar

WED, NOV 26

CHRISTMAS IN THE PARK: A MAGICAL START TO THE SEASON! (5PM-6PM) at Bristlecone Park. Join us and kick off the holiday season with festive lights, cocoa, s'mores, Santa, and holiday cheer. Enjoy a heartwarming community celebration- free to everyone to enjoy!

THURS, NOV 27

Thanksgiving

THANKSGIVING DINNER (12PM-5PM) @ For veterans and anyone that wants a friendly meal for free! @ First Baptist Church 324 W 200 N Cedar City. For questions or to sign up to help or donate food contact Celeste (208) 949-6670 or Sarah (435) 559-4188

TURKEY TROT" 5K (BEGINS 8AM) Free at West Canyon Park (151 S 400 E, Cedar City). Look for the parkrun flag in Canyon Park West. Everyone is invited to to come walk, jog, run, volunteer, or spectate. To register and for information, visit parkrun.us/register/.

FRI, NOV 28

THE 20TH ANNUAL THANKSGIVING POW WOW (6PM) Friday and (12PM & 6PM) Saturday. @ 440 N Paiute Dr (Cedar City). Open to everyone to come and enjoy Grand Entries, Drum Contest, Princess Contest, & Dance Contest.

SAT, NOV 29

CEDAR CITY DOWNTOWN LIGHTING CEREMONY - 12pm - Christmas Market opens, 3pm - Event activities start, 5pm program starts. Come join us for (carriage rides, Santa arrives,

fireworks, live nativity, holiday tree jubilee).

PAROWAN CHRISTMAS IN THE COUNTRY (Starting at 10AM) for the Santa Parade main ST. Holiday Bazaar: 10am - 4pm at Iron County Fair Building. Candlelight walk and lighting ceremony at 6pm @ mainstreet and Town Square. Christmas Variety Show: 7pm at Aladdin Theater.

LABYRINTH WALK (12-2PM) AT ST JUDE'S Episcopal Church (70 N 200 W, 1 block north of W University Blvd) No Charge. Please join us in a sacred, calm environment for walking prayer on the largest indoor labyrinth in the state of Utah. Come experience this powerful practice used for centuries to unite body, mind and spirit. No experience required; facilitators are present. Last Saturday of each month.

MON, DEC 1

GATHER: YULETIDE MEMORIES (7PM) @ 2111 N Main Street, Cedar City. In Jubilo Women's Chorale invites you to step into the warmth of the season with "Gather: Yuletide Memories." This festive concert invites you to pause, reflect, and celebrate the moments that make Christmas time meaningful. Featuring the Southern

Utah Handbell Choir and SideNote a cappella. Free Admission and Prizes!

SERVICE OF REMEMBRANCE - SOUTH UTAH MORTUARY (6PM) @ 190 N 300 W Cedar. A Memorial Program with a Candle Lighting Ceremony. Join us for a time to reflect, remember and find peace. Come early to decorate an ornament in honor of your loved one.

TUES, DEC 2

WORKSHOPS FOR ADULTS WITH Disabilities (1-2PM) The Art of Making Music & Motion. Held at The LIGHTHOUSE Art & Learning Center (between Sweet Basil & Subway restaurants). Select Tuesdays, Dec 2nd & 16th. Questions? Call Jill Spatafore 702-917-2151

HOLIDAY LIGHT DISPLAY (DEC. 2-31) @ 26 North 1150 West in Cedar City. Collecting donations for Make-A-Wish

Utah®. Display runs from 5:30 to 10 pm nightly (weather permitting)

THURS, DEC 4

WORKSHOPS FOR ADULTS WITH Disabilities (1-2PM) The Art of Making Music & Motion. Held at The LIGHTHOUSE Art & Learning Center (between Sweet Basil & Subway restaurants). Select Tuesdays, Dec 2nd & 16th. Questions? Call Jill Spatafore 702-917-2151

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

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calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Thurs, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Central Iron County Water Conservancy District Board Meetings

3rd Thurs., 6:30pm. 710 S. Westview Drive

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, https://www.ironcountyrpublicanwomen.com

Parowan City Council

2nd & 4th Thurs, 5:30 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Tris Colman (805) 268-4287.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Kiwanis Club of Iron County

1st Tuesday of each month at the Cedar City library. ironcountykiwanisclub@gmail.com

Lion’s Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Elks Lodge (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

Veterans of Foreign Wars (VFW)

1st Thurs, 6PM, Post 10846 meets @ Elks Lodge, 111 E 200 N.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 6-7 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Key to Harmony (Online/Email Meeting) Sun & Tues 435-704-4979 • https://keytoharmony.org/

Alzheimer’s/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion’s Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver’s journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Embrace Grace

Unmarried, pregnant? You don’t have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595 . Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor’s Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

It Works - How and Why • Thurs, 7:30-8:30 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr, Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Reel Mental Health

1st Tues, 6PM • Mountain View Lodge 625 W 200 S Parowan UT 84724 • A fun interactive support group focused on your mental health and well-being.

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson’s Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow’s Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Cars & Custard

2nd Mon., 6-8 PM at Culver’s Treasures Thrift Store is: 1093 S Main Street, Cedar City, UT. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver’s! Contact Mike @ 909-717-1232 or ekimjacobs@gmail.com for more info.

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters’ Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City parkrun

Saturday 9 am • West Canyon Park, (133 S 400 E) • Free 5K for runners, joggers & walkers. Volunteers welcome. Info: Bruce @ 435-301-5480 or coalcreektrail@parkrun.com

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar City Unitarian Universalists

2nd Sundays at 2:00pm @ 1280 E Midvalley Rd. Leave a message for Bonnie at 435 590-0596 if interested.

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Cedar City Community Band

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at www.cedarcitycommunityband.org or by calling 435-590-2513.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

4th Thurs, 7pm at 2321 W Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Iron County Democrats

Come meet with an exciting and welcoming group committed to improving our world. Monthly meetings and annual convention. For more information find us at FaceBook- Iron County Utah Democrats, or call Mike Keil at (435)840-4712.

Friends of Festival Country K9s

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for info.

Labyrinth Walk

Last Saturday, 12:00-2:00. St. Jude’s Episcopal Church (70 N 200 W, 1 block north of W University Blvd). No Charge. Please join us in a sacred, calm environment for walking prayer on the largest indoor labyrinth in the state of Utah. No experience required, facilitators are present.

Local Cub Scout Pack (K–5th).

Wednesday @ 6 p.m. For more information, go to myscouting.org or contact local Cubmaster Tristin L. at CubScoutTroop1848UT@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Season: October 21 to July 25. Parowan Rec, 35 E 100 N, Parowan, UT 84761. 435-600-1597.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGytgCfvQ1S2pB7

Adolescent: forms.gle/BZiePW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required.

TOPS–Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

Ask an Expert: Turkey Safety Myths Roasted

by *Andrea Schmutz & Callie Adams*

USU EXTENSION ASSOCIATE PROFESSORS

Every Thanksgiving, millions of home cooks become kitchen scientists, experimenting with thawing, basting, and timing the perfect bird. Friends and family share treasured secrets or tips for creating the ideal Thanksgiving meal; however, not every “secret” passed down at the dinner table is true – or safe.

MYTH #1:

It's safe to thaw your turkey on the counter overnight.

False. Here's the truth: A turkey left at room temperature for more than 2 hours enters the “danger zone” (40°F-140°F) where bacteria proliferate, even if the center of the bird remains frozen. Thaw the turkey in the refrigerator, allowing 24 hours for every 4-5 pounds of turkey, or use the cold-water method by submerging the bird in cold water in a leak-proof plastic bag, changing the water every 30 minutes. (Allow 30 minutes of thawing time per pound of turkey.) Cook the turkey immediately after thawing.

MYTH #2:

You should rinse your turkey before cooking

False. Here's the truth: Cooking, not rinsing, kills bacteria. Washing a raw turkey can cause cross-contamination of other foods as water droplets from the turkey spread bacteria across the sink, counter, and utensils. The Centers for Disease Control recommends that if you decide to wash your raw turkey, you should immediately clean and sanitize the sink and counters. First, clean with hot, soapy water to remove any residue. Then, sanitize using either a solution of 1 tablespoon of unscented bleach mixed with 1 gallon of water, or a commercial kitchen cleaner labeled as a disinfectant, and wipe everything down with the solution. Let it sit for at least a minute, then let it air dry or wipe it with a clean paper towel. Your future self (and your guests) will thank you!

MYTH #3:

The pop-up timer will reliably tell you when the turkey is cooked.

False. Here's the truth: While a pop-up timer serves as

a convenient tool to indicate when the turkey might be done, the USDA recommends using a food thermometer to check three key areas of the turkey to ensure the internal temperature reaches 165°F: 1) The thickest part of the breast, 2) The innermost part of the thigh, and 3) The innermost part of the wing.

MYTH #4:

Stuffing cooks safely inside the turkey.



False. Here's the truth: Stuffing cooked inside the turkey may not reach the necessary internal temperature of 165°F by the time the turkey finishes cooking, which could fail to kill harmful bacteria. For optimal safety, the USDA encourages cooking the stuffing in a separate dish. Plus, stuffing tends to have a better texture when cooked separately.

MYTH #5:

Leftovers can stay out until everyone's finished eating.

False. Here's the truth: Refrigerate leftovers within 2 hours of cooking to prevent food poisoning. This guideline pertains to all foods, but especially dishes that contain dairy, eggs, or meat.

Turkey: Carve the turkey into smaller pieces before refrigerating so the meat cools faster.

Mashed Potatoes: Made with milk and butter, so put them in the fridge promptly.

Casseroles: Whether it's green bean, sweet potato, or stuffing, these often contain eggs, cream, or broth and should be cooled and stored quickly.

Gravy: High-risk due to moisture and meat drippings; cool in shallow containers in the fridge.

Cranberry Sauce: More acidic but still best refrigerated within 2 hours.

Rolls and Bread: Lower risk, but these can dry out if left uncovered too long.

Tip: Use shallow containers to help leftovers cool faster, and label them with the date so you know when to toss them (typically within 3-4 days). To reduce waste, consider dividing leftovers into smaller portions to send home with your guests.

Remember:

Safe turkey cooking is about science, not luck. Keep your feast delicious and safe by following the four steps of food safety:

- ✓ Clean - Wash hands and surfaces often.
- ✓ Separate - Don't cross-contaminate. Keep raw meats and poultry away from produce and other foods.
- ✓ Cook - Use a food thermometer to ensure an internal temperature of 165°F.
- ✓ Chill - Refrigerate leftovers within 2 hours after cooking.



schools

Gateway Preparatory Academy Announces Construction of the Andy Burt Center

The Andy Burt Center at Gateway Preparatory Academy to offer space for athletics and more.

from Amy Gibson

ASSISTANT DIRECTOR

Enoch, Utah — November 2025 – Gateway Preparatory Academy is proud to announce the construction of the Andy Burt Center, a 26,000-square-foot educational facility. Featuring a full-size basketball court, two pickleball courts, a climbing wall, a STEM lab, two early learning centers, and six multipurpose classrooms, the new Center aligns with several aspects of the public charter school's mission and goals for attainable, purposeful growth.

For the first time, Gateway will introduce a dedicated Montessori preschool program. This program will provide a nurturing environment where young learners can explore, build independence, and develop curiosity as they begin their educational journey.

"Gateway's mission has always been to create an environment where every student can grow with purpose and curiosity," said Michael Bahr, chair of the Gateway Board of Directors. "The Andy Burt Center reflects that vision by providing a space for innovation, collaboration, and exploration, which are central to our Montessori philosophy."

The new Andy Burt Center will bring exciting opportunities for learning and physical activity through three key spaces. The STEM lab will expand hands-on, project-based experiences that foster curiosity and prepare students for future success in science, technology, engineering, and mathematics. The motor lab will introduce purposeful movement and climbing activities that build balance,



coordination, and focus, supporting both physical and cognitive growth. The multi-use courts will provide flexible space for a variety of activities and offer students and the community a place to gather, play, and learn together.

"Every space in the Andy Burt Center reflects our commitment to providing children with an individualized education that blends practical life skills, curiosity, and respect for learning," said Dave Armour, Gateway's Executive Director. "This new building isn't just an expansion—it's a continuation of our mission to create environments where students can explore their potential and grow with purpose."

Groundbreaking was on November 19th, 2025, with completion anticipated by January 2027. Follow the progress of the Andy Burt Center on Gateway Preparatory Academy's social media channels. For more information on the school, visit www.gpacharter.org or contact the school office at (435) 867-5558.

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

by Colby Leavitt

FOR IRON COUNTY TODAY

Canyon View Middle School



Students at CVMS have been participating in some creative learning activities over the last few weeks. Musical theater students showed off their creativity and design skills by making spell books that utilized techniques such as sketching, cutting, painting, and texturizing. 8th graders in FACS finished their Child Development Unit by having the opportunity to care for a 1 pound "flour baby" for 2 days. They can't let anything happen to their baby while in their care - just like a caregiver shouldn't let anything happen to their baby! Students always get quite attached to their flour babies and there is always a tear or two shed when they have to give them back!

Three Peaks Elementary

Thanksgiving is the time of year we reflect on the many things for which we are thankful. Three Peaks Elementary would like to take this opportunity to share just a few of them with you. We are thankful for our students who come to school every day, ready to

learn - they give us all a daily reminder of what is important and why we are here. We are thankful for the teachers, the administrators, the office managers, the school nurse and her aides, the school counselor and social worker, bus drivers, lunchroom aides, support staff, and custodians who really care about student achievement and have the best interests of our students at heart. We are also thankful for our volunteers who enthusiastically contribute so much to our school. Most importantly, we are thankful for the support of the parents who continue to share their most valuable possessions with us and work hard and advocate to be a partner in their children's education, safety and well being. We are also thankful to our veterans and current military personnel for your courage, strength and dedication to keeping us safe.

Three Peaks Elementary would like to wish all of you and your families a happy, healthy and relaxing Thanksgiving season!

South Elementary

For the month of November, South Elementary students and staff have been focusing on the character trait peacemaking. We have learned that a peacemaker chooses understanding over anger, listens before reacting, and looks for solutions that bring people together rather than push them apart. In a time when negativity can spread quickly, being a peacemaker brings light, hope, and unity to the people around us. Happy Thanksgiving! We hope you enjoy celebrating with your friends and family.

faith

The latest from the Church of Jesus Christ of Latter-Day Saints First Presidency

from the Church of Latter-Day Saints Newsroom

FOR IRON COUNTY TODAY

The 2025 First Presidency Christmas Message



We rejoice in remembering our Savior, Jesus Christ. He was born in humble circumstances. Heavenly angels heralded His birth. He preached the gospel of repentance, hope, and everlasting life.

He opened the eyes of the blind, made the deaf to hear, healed all manner of afflictions, and raised the dead. He is the Only Begotten of our Father in Heaven, the Firstborn of God's spirit children. Through His sacrifice and infinite Atonement, we can be reconciled with God by obedience and repentance.

In this season of light and goodwill, we rejoice in Jesus Christ and in His eternal plan of happiness. We invite you to seek Him and the blessings of His peace. Merry Christmas!

Church Increases Focus on Four Daytime Sessions of General Conference Saturday evening session will no longer be held

The First Presidency of The Church of Jesus Christ of Latter-day Saints has decided that beginning in April 2026, general conference will no longer include a Saturday evening session.



Women Can Now Serve Missions for the Church of Jesus Christ at Age 18



The First Presidency is pleased to announce that effective immediately, young women who choose to serve a full-time mission may begin their service at age 18 following graduation from high school or its equivalent.

While the Lord asks every worthy, able young man as part of his priesthood responsibility to prepare for and serve a mission, we reiterate that missionary service remains an optional opportunity for young women. We recognize that for those young women who desire to serve a full-time mission, the choice of age to begin service will not be the same for everyone.

We extend our love to the youth of the Church and commend them for their faithfulness.

DANCING WITH THE COMMUNITY STARS



Paul Terry and Liz Carter

by May Hunter

FOR IRON COUNTY TODAY

Star-Spangled Celebration: Annual "Dancing with the Community Stars" Raises \$109,797 for the Iron County

Children's Justice Center

The community packed the Heritage Center Theater on Tuesday, November 18th, for the highly anticipated Annual Dancing with the Community Stars, a sold-out performance that once again delivered an unforgettable night of talent, heart, and hometown pride. Benefiting the Iron County Children's Justice Center (ICCJC), the beloved event combined dazzling choreography with a powerful mission: providing safety, healing, and hope for local children in need.

see **DANCING** » 24

DANCING

« CONTINUED FROM PAGE 23

This year's theme, "Star Spangled," set the stage as eight local celebrities were paired with professional dancers to compete for top honors. The performers trained for weeks—balancing busy careers, families, and community service—before stepping under the spotlight for one meaningful cause.

Top Honors Awarded

The coveted title of Grand Champion went to Paul Terry, President of Cedar Band Corporation, alongside his professional partner Liz Carter. Terry not only impressed onstage but also raised the highest fundraising total, securing his place at the top.

Judges' Choice was awarded to Jaden Reardon, owner of The Pub Spirits and Craft Kitchen, who performed with pro partner Sami Kevern, delivering a crowd-pleasing routine that earned high praise from the panel.

Taking home the People's Choice Award was Rochelle Lunt, fitness instructor and beloved community figure, who danced alongside Kipp Lewis, earning the loudest cheers and the most audience votes of the night.

A Lineup of Community Leaders

The 2025 star roster showcased the talent and generosity of Iron County's own, including:

- Chad Dotson, Iron County Attorney
- Glen Bauer, local trucking company owner
- Katie Orton, Loan Officer with Mountain America Credit Union
- Tayler Christensen, Realtor, ERA Realty Center
- Debra Stillman, attorney and songwriter

Each contestant not only delivered a memorable performance but also worked tirelessly to secure sponsorships and raise funds

for the ICCJC.

Honoring Service and Dedication

The prestigious Tom Braun Award, presented annually to an individual whose service has meaningfully benefited the Iron County Children's Justice Center, was awarded to Shanae Hulet. Her dedication behind the scenes has been instrumental in making Dancing with the Community Stars a thriving, impactful tradition.

A Record-Setting Night of Giving

This year's event raised an impressive \$109,797, a testament to the dancers' efforts, sponsors' support, and the unwavering generosity of the Iron County community.



Iron County Rulety and Retired Chief Petty Officer USA Navy **Gerald Van Iwaarden** distributed the awards

In a statement, the Friends Board of the ICCJC shared heartfelt gratitude:

Rochelle Lunt and Kipp Lewis

"Thanks to our sponsors, dancers, volunteers, and attendees, the event was a remarkable success. Your generosity helps provide essential services, safety, and healing for children in need. We are truly grateful for a community that continues to stand with us and make a meaningful difference."

An Unforgettable Production

The evening was hosted by Michael

Lobby and Stage display by **Brooke Twitchell** set the tone for a "Star Spangled" evening.

Bahr, with lively announcing by Ben Batty. The production was directed by R. Scott Phillips and Jenifer Terry, who brought energy and expertise to every detail. Judges Geoffrey Chestnut, Kyle Torgerson, Mary Pearson, and Shanae Hulet offered feedback, humor, and professional insight that elevated the show.

Between the star-spangled costumes, heartfelt performances, and the united purpose behind it all, this year's Dancing with the Community Stars reaffirmed why the event is cherished year after year—a celebration of talent, generosity, and the spirit of a community that shows up when it matters most.



Jaden Reardon and Sami Kevern



Gateway at Dancing with the stars

obituaries

Zella Schramm



Zella Mortensen Schramm, age 89, passed away comfortably at home in Cedar City Utah on November 18, 2025. Zella was born in Parowan Utah on September 13, 1936, to Bart Mortensen and Vera Robinson. Bart and Vera had 7 children: Brothers Norman and Wayne; and sisters Lila, Elma, Florence, Dolline and Zella.

As a child, she spent her time playing sports, gardening with her dad, camping at Panguitch Lake, and was outside much of the time. She was known for

her sweet nature and loving personality. Zella grew up having close relationships with all her brothers and sisters. She was a cheerleader for Parowan high school and again for the College of Southern Utah. She also was selected as the Queen of her sorority.

Zella was a life member of the Church of Jesus Christ of Latter-Day Saints. She held several positions in Relief Society, Ward Librarian, and handled clothing in Baptistry. She made hundreds of baby blankets for new mothers.

Zella loved others deeply and she enjoyed every moment she was able to spend with friends and family. She was passionate about genealogy and family history. She was also known for her excellent seamstress skills (many times on foot peddle sewing machines), embroidery, crochet, including beautiful quilts and her Levi blankets. She enjoyed bowling, camping and fishing. Nobody went without having a snack and a good meal. She was a card shark (especially at pinochle), master of puzzles, checkers and most board games. She had a quick wit and a very subtle yet funny sense of humor. She made everyone feel comfortable and welcome.

She had numerous occupations throughout her life; she taught sewing classes, she was a clerk at an office supply store, ran a cabin and fishing lodge at Puffers Lake in the Beaver mountains cooking on a wood stove, and kept everybody in the Schramm household in line.

Zella married Darryl Schramm in the St. George temple on June 18, 1955. They were married for over 70 years. Zella and Darryl had four children: Lori, Scott (deceased), Gary and Kevin.

Zella is survived by her loving husband Darryl, her daughter Lori of Cedar, her son Gary from Cedar and Kevin (Adrienne) from Colorado. She also had 14 grandchildren, 19 great grandchildren and 1 great-great grandchild.

She was preceded in death by her parents from Parowan, siblings and her son Scott, from Santa Clara Utah.

We would like to thank all the doctors and nurses that have helped over the last few years. Your care was very much appreciated!

Funeral Services will be held Saturday, November 22nd at 11:00am at the LDS Green's Lake Chapel, 1120 W. Green Lake Dr in Cedar City. Viewing will be held prior to funeral services beginning at 9:00am at the church. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. To leave online condolences, please visit www.mortuary.org.

Kenneth LeRoy Bauer



Kenneth LeRoy Bauer passed away on November 18, 2025 due to the effects of cancer. He was 78 years old. Kenneth was born on September 22, 1947 in Cedar City, Utah, to Clyne Perkins Bauer and Pamela Clark. He was the only boy of their four children.

Ken was raised in Cedar City until 12 years old. His family then moved to Nevada.

Ken received his GED. He worked a variety of jobs, including repairing slot machines and pool tables, selling life and health insurance, grave digging, and truck driving (20 years).

His military service was in the army in Vietnam. He received the purple heart medal.

He married Carolyn Henneman on May 5, 2000 in Sparks, Nevada. They were later sealed in the St. George Temple on July 2, 2004. They have lived in Enoch for the past years.

Ken had a variety of hobbies that he enjoyed: chess, photography, reading, ham radio club, learning to sing church songs, motorcycle club, working on cars with his friend, Ron Ronci, and yard work, and caring for his vehicles.

He was a lifelong member of The Church of Jesus Christ of Latter-day Saints. He served as a counselor in a priesthood quorum, a secretary in a priesthood quorum, home teacher, and minister. He often volunteered to help when people were moving. He sang with his wife in the ward choir for several years. His last calling was with his wife. They served as the building cleaning coordinators.

He and Carolyn enjoyed attending the temple. He initiated a Bauer family reunion. For 10 years, he and Carolyn hosted a New Year's Day open house party for friends.

He was preceded in death by his daughter Anna Marie Bauer.

Kenneth is survived by his wife, Carolyn, and his two sons, Jason and Justin Bauer.

Funeral services will be held on Monday, December 1, 2025 at The Church of Jesus Christ of Latter-day Saints at 1390 E. Midvalley Road, Enoch, Utah. A viewing will be held from 10:00-10:45 a.m. with the funeral following at 11:00 a.m. Graveside services, with military honors, will be held at the Southern Utah National Cemetery at 1:00 p.m. located at 2181 1600 S. Cedar City, Utah.

Services are under the direction of Cedar Valley Funeral & Cremation.

Tamra Davis



Tamra Davis returned to her Heavenly Father on November 20th, 2025.

Tammy was born on May 16th, 1969 in Cedar City Utah to LaMond and Judy Gai Davis.

Tammy was the baby of the family and was so loved by her siblings, Dwayne, Gale, Debbie and Joni. She was the light in our family, and we all felt so blessed that Heavenly Father sent her to be in our family.

At the age of three, Tammy began having a few health issues. She was referred to the Primary Children's Hospital. While there Tammy was the first child to be diagnosed with a little-known condition called "Autism". This began a new journey in Tammy's life as she underwent many studies along with her siblings so the medical community could learn more

about Autism.

Tammy lived in a small community in Southern Utah as a young child and her parents soon learned that the school system there could not provide the type of education she would need to progress. Her father was able to transfer to the Cedar City area where the public system could offer more opportunities for Tammy.

Tammy was blessed to have so many wonderful teachers in her life, Tom Walker, Tressa Beckstead and all her teachers truly loved her. Tammy's situation caused changes to be made in the educational program that helped others with severe learning disabilities to be able to be promoted with their peers rather than being separated. This action helped people with disabilities to be able to interact with their peers so they could learn from them and it also helped the peers learn more about people with disabilities.

Tammy loved Christmas. She loved to look at the old Christmas Toy Catalogs for hours. She simply referred to them as "Tree Books" as there were so many beautiful Christmas Trees in them. She loved Birthdays and our family always had to include her name in the Happy Birthday Song regardless of whose Birthday it was! She loved the color Purple, which she simply called "Pur Pur", we worked a long time on trying to get her to say it the right way! She loved Disneyland and went often with her mother and her sisters. Her most important wish was to be a "good girl", which we often told her that she was. She always wanted others to be happy. She loved to go for rides and enjoyed candy and a good Coke!

She had many hobbies such as, clogging the toilet with toilet paper, flooding the family basement, clogging most of the sinks in the family home. Brad, her brother-in-law became our go to Plummer! Thank you Brad! She also enjoyed running (usually away from people!). At times she could be found skinny dipping and loved to go streaking!! There was never a dull moment with Tammy!

Tammy is survived by her brother Dwayne Davis, brother Gale Davis (Julie), sister Debbie Slaugh (Brad), and sister Joni Hansen (Barry). She was preceded in death by her father Lamond Davis and mother Judy Davis.

Along Tammy's journey in this life she was blessed with so many Angels. Thank you to our Magazine Warriors who daily supplied our family with magazines for Tammy.

Thank you to her many wonderful Doctors, Mark Corry, Travis Jones and Bryce Perkins.

We are so grateful for Curtis Baker, her Social Worker, who has helped us many, many times to provide the best programs and opportunities possible for Tammy. He has been a beacon of light to us! We are also so very grateful for Ethan Bunker who helped little Tammy during her last few months.

The family wishes to thank all the Angels at Turn that loved her so much! She loved each one of you!

To my baby sister, I will miss you every single day that I am left upon this earth. I will love you forever!

A public viewing will take place on Monday, December 1st, 2025 at 11am at Southern Utah Mortuary, followed by a funeral service at 12pm. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Public is invited to attend. To share online condolences, please visit www.mortuary.org.



CEDAR VALLEY

FUNERAL & CREMATION

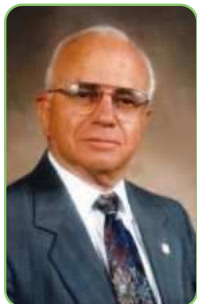


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obituaries

Lanell Mitchell Lunt



Lanell Mitchell Lunt, 96, of Cedar City, Utah, passed away peacefully on November 19, 2025. Born on March 7, 1929, in Cedar City, Utah to Lanell Naegle and Lucy Mitchell Lunt. Mitchell grew up in the town his ancestors helped settle. In his early years, he learned a strong work ethic from his father and uncle while working in the family car business. Not only did he develop a love for hard work—and for cars—but he also formed a lifelong habit of generosity that would define who he was.

Mitchell went to high school at Cedar High School and served as the senior class president. During his high school years, he met a beautiful girl named Maureen Prince. This love connection would prove to be eternal. After high school, Mitchell served a mission for the Church of Jesus Christ of Latter-Day Saints in Texas-Louisiana and then obtained his Associates Degree from BAC, which is now SUU.

That little darling from high school proved to have influenced Mitchell's heart and Maureen became his for time and all eternity in the St. George, Utah Temple on July 12th, 1951. Together they built a life rooted in faith, family, and service to others.

Throughout his life, Mitchell helped operate—then eventually took

over—the family business, Lunt Motor Company. In this role, he met countless people whom he could serve or offer a helping hand. It was normal for him to arrive early or stay late to assist a stranger or a friend. Some of his best years were spent working alongside his oldest son, Jim, and his daughter, Linda. Many grandchildren will remember the smell of the tiled showroom that housed the coveted 1915 Dodge Touring Sedan, a cherished tradition every Fourth of July.

Though he loved the dealership, Lunt Motor Company was only one piece of his heart. A faithful and dedicated member of The Church of Jesus Christ of Latter-day Saints, Mitchell centered his life on service, family, and his testimony of Jesus Christ and the restored gospel. He loved the Book of Mormon, served in many callings—from scoutmaster to primary to bishoprics—and always sought opportunities to connect with the children and youth in the community.

Mitchell loved the holidays with both his family and his ward family. Halloween costumes (complete with wigs) became a beloved neighborhood tradition, but nothing could top a competitive game of Christmas Eve BINGO, where kids and grandkids battled for prizes. Mitchell found fun in nearly every situation and insisted everyone join in. It was normal to sing “Mr. Johnny Bobeck” and “John Jacob Jingleheimer Schmidt” on the way to the apple orchard in New Harmony, Utah.

As he aged, his youthful spirit never dimmed. He enjoyed telling jokes, including others in games, and making sure no one left his home empty-handed—he always had a gift to give. Mitchell never forgot a birthday and would always have a special silver dollar on hand to

celebrate.

Those who knew Mitchell will remember his warm smile, playful humor, and giving heart. We are excited for him and the joy experiencing the reunion with his eternal companion Maureen. Together they built a family on earth and will continue to strengthen its ties in the eternities.

He is survived by his five children: James M. Lunt (Clarisse) of Cedar City, Utah, Lanette L. Smith (Kerry) of Santa Clara, Utah, Linda L. Bauer (Richard) of Cedar City, Utah, Robert Troy Lunt, of Santa Clara, Utah, and Nancy Michelle Lunt, of Santa Clara, Utah; 12 grandchildren and 32 great-grandchildren. His sisters Jeannine Lunt Christensen, of River Heights, Utah, Elizabeth Lunt Gardner (Dayne), of Provo, Utah, and Barbara Lunt Robinson of Mesa, Arizona. He was preceded in death by his parents, his sister Joanne Lunt Johnson, three brothers-in-law and his eternal companion, Maureen Prince Lunt.

Funeral services will be held at 1pm MST on Friday, November 28th, 2025, at the Hillcrest Ward Chapel of The Church of Jesus Christ of Latter-day Saints, 1925 W 320 S, Cedar City, Utah. A Viewing will be held at 11:30am prior to the funeral. Interment will be in the New Harmony Cemetery following the services.

In lieu of flowers, Mitchell will be best honored if you pick up a friend in your Dodge and take them to Dairy Queen for a Blizzard, to celebrate his love of ice cream and chocolate.

To view the livestream of the funeral service and to share online condolences, please visit www.mortuary.org.



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Gomez follows dad, signs with Menlo Colleges

by Tom Zulewski

IRON COUNTY TODAY

When it came to her love of basketball, Cedar

High's Gabby Gomez didn't have to look very far for inspiration. Her dad played at the collegiate level, and Gomez signed on to do the same as she gets ready for her senior season with the Reds.

Gomez officially signed her letter of intent Nov. 17 to join the women's basketball program at Menlo College, a Division II school located in Atherton, Calif, a city located near the Stanford campus and about a half-hour north of San Jose. After averaging 17 points per game in her junior season, Gomez knew the goal of playing college basketball was close to reality with her senior season at Cedar still to come.

"I wanted to be like my dad, and he played in college," Gomez said. "I wanted to follow in his footsteps."

Gomez hasn't locked into a major for school, but has designs on being a college coach or a sports broadcaster. When she was invited to a camp at Menlo, all it took was setting foot on campus and getting involved with the team.

"I knew as soon as I was there. It just felt right," Gomez said. "I loved the campus, loved the coach, and they had my same energy. When I had my visit in August, I stayed in the dorms and got to know the team and the girls really well, and the area was beautiful. It was just the right fit."

For Reds coach Corry Nielson, seeing Gomez reach her dream is another source of pride for the



Cedar's **Gabby Gomez** signs her letter of intent to play basketball for the women's team at Menlo College on Nov. 17. (Eric Fieldsted/For Iron County Today)



Cedar's **Gabby Gomez** looks on as her father shares stories of his daughter's passion for basketball before she signed her letter of intent with Menlo College on Nov. 17. (Eric Fieldsted/For Iron County Today).

program.

"Every year when we have our parent meeting, the very first thing I say to everybody is 'I want to have college basketball players,'" Nielson said. "Gabby is the eighth or ninth different player to receive an offer, and that speaks very highly of her. When I saw her play for the first time in 7th grade, I could tell she had that special fire within her to be the very best, and in all my coaching, there have been very few people who have outworked her."

When Gomez suffered a neck injury that forced her to miss the end of her sophomore season, she didn't follow doctor's recommendations and chose to come to the gym at CHS and support her teammates.

"She wanted to play in the state tournament so bad, but was told not to come to any games for some time," Nielson said. "She came into the gym wearing her neck brace, and walked up to the top of the gym. She could have stayed home and everyone would have understood, but she wanted to support her team in the first round of the state tournament."

"I learned a lesson as a coach that day. You forget about the games as you get older. It's the people you remember most."

With her senior season still to come, Gomez has a quiet confidence about what's ahead.

"I want to finish on a high note. I'm excited about our team and I think it'll be a good season," she said.

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A close encounter with Raider Nation

For the first time since the team arrived in Las Vegas, my best friend invited me to attend the Monday Night Football showdown with the Raiders facing the Dallas Cowboys at Allegiant Stadium on Nov. 17. Neither team had much to celebrate – the Cowboys were 3-5-1 coming into the game and the Raiders were 2-7 – but you don't turn down seeing an NFL game live when you're given the chance.

Before we dive into the fan experience as a whole, let's get the game details out of the way. In case you missed it, Quarterback Dak Prescott threw four touchdown passes and the Cowboys rolled to a 33-16 rout over the Raiders. Prescott was 25-for-33 (76 percent completions) for 268 yards, and the Cowboys scored three TDs in the second quarter to build a 24-9 halftime lead.

Meanwhile, Raiders QB Geno Smith was sacked four times and threw for the team's only touchdown on a 6-yard pass to Tre Tucker early in the fourth quarter.

It didn't take long for the Cowboys to respond as they scored on a safety when Ashton Jeanty was tackled in the end zone. For the game, Jeanty was held to 7 yards on 6 carries and the Raiders finished with 27 total yards rushing as a team.

Dallas had 381 total yards of offense to 236 for Las Vegas. The Raiders fell to 2-8 and have lost four in a row heading into this week's home game against the Cleveland Browns. Hope of reaching the NFL playoffs is rapidly fading for another year.

Here's how my day unfolded in preparation to cross another sports venue off the bucket list.

It took a few minutes to park my car when I arrived at the Luxor, then found my way toward the registration desk. There would be a lot more walking still to come.

Once my friend found me and helped with check-in, I headed to my room for a nice pregame nap. It would be welcome and needed.

When I caught up with my friend – he was staying next door at Mandalay Bay – we got our walking shoes on and headed over along with a few thousand of our fellow football fans. The walk took us uphill for a few moments on a pedestrian bridge, and the downhill side was a relief.

After going through stadium security, we finally went inside and took a grand tour of the team shop and stadium concession stands. Along the way at different points, we could hear chants of “Raaaaiiiiderrss” and “How about them Cowboys?” Since I had zero dog in the fan fight, I could only watch in amazement and wonder how much alcohol was involved.

Once we got some good but over-priced food – I paid \$33 for a half-pound burger, fries and a Diet Coke – we found our seats and settled in. As the bad plays piled up for the Raiders, he would turn to me and offer cynical analysis to show his continued frustration over how bad the team truly was.

He would also text his brother and several friends in a group chat to share the madness, and I totally got it. Since the Raiders lost in Super Bowl XXXVII in 2002, they have not won a playoff game and appeared in the postseason twice (2016 in Oakland and 2021 in Las Vegas). Ironically, the winless drought only ranks second to the Miami Dolphins, who haven't won a playoff game since 2000.

As we headed back to the hotel, more chants of “Raaaaa-iderrss” were heard, and I'm not sure what reality the cheer was based on after what happened on the field. Commitment to Excellence isn't a valid slogan for the organization anymore.

Since the last Super Bowl appearance 23 years ago, the Oakland/Las Vegas Raiders have hired 13 different head coaches and four have been replaced mid-season. Pete Carroll had the magic touch with the Seattle Seahawks over 14 seasons that included two Super Bowl appearances and one victory, but after a year away, everything has turned into a dud with the Raiders.

Some rumors are going around that Carroll – who turned 74 in September – may not make it to a second season with the Silver and Black, but nothing is certain just yet.

As for me, I finished exhausted after all the walking, but well-fed and happy. Hanging out with friends can be cathartic and therapeutic when your team is just awful.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

1. This pitcher had a 10-year MLB career and was the first Cy Young Award winner for the San Diego Padres in 1976. A left-hander, he won 22 games for a Padres team that won just 73 in the 1976 season. Who is he?
2. What former Penn State head football coach was hired by Virginia Tech last week? This coach won 104 games with the Nittany Lions, but wasn't able to beat the powerhouse programs very often.
3. After sitting out the first 15 games due to injury, LeBron James made his debut for the Los Angeles Lakers on Nov. 18 in a win over the Utah Jazz. How many seasons has LeBron been in the NBA?
4. The Las Vegas Raiders are 2-8 after a rough 33-16 loss to the Dallas Cowboys at Allegiant Stadium on Nov. 17. Since reaching Super Bowl XXXVII in 2002, how many times have the Raiders qualified for the playoffs?
5. In the NBA, the Detroit Pistons have the league's longest active winning streak, which stands at 11 games after a 120-112 road win at Atlanta on Nov. 18. When was the last time the Pistons reached such a streak in the regular season?
6. True or False: The Utah Mammoth have earned 23 points on the season through Nov. 19, but they would not qualify for the playoffs if the season ended today.
7. Who has more yards through Week 11 of the NFL season – Seattle wide receiver Jaxon Smith-Njigba or Indianapolis running back Jonathan Taylor?
8. What Utah Jazz forward is sixth in the NBA in scoring with an average of 30.6 points per game through Nov. 19?
9. Five games played in Week 11 of the NFL season were decided by a clinching field goal on the final play. Among Riley Patterson (Dolphins), Ryan Fitzgerald (Panthers), Cairo

Santos (Bears), Matthew Wright (Texans) and Will Lutz (Broncos), who hit the longest field goal for his team's win? Hint: None were over 50 yards.

10. Alex Ovechkin broke another career record when he scored his 442nd goal at Capital One Arena – most in a single venue – on Nov. 18. Whose record did Ovechkin beat?
11. The Cleveland Browns confirmed last week that fourth-round draft choice Shedeur Sanders would make his first NFL start when the Browns faced the Las Vegas Raiders on Nov. 23. Who did Sanders replace at the position?
12. After a loss to UConn last week, where did the BYU men's basketball team land in the latest AP Top 25 rankings?

LAST WEEK'S ANSWERS

1. The Jazz scored 152 and beat the Pacers, 152-128.
2. Washington Wizards, Brooklyn Nets.
3. SoFi Stadium.
4. True.
5. Michigan State had to vacate 14 victories over a three-year period.
6. Steven Vogt of the Cleveland Guardians was the AL Manager of the Year, and Pat Murphy repeated as NL Manager of the Year after he led the Milwaukee Brewers to an MLB-best 97 victories in 2025.
7. Yoshinobu Yamamoto.
8. Taylor ran for three touchdowns in the win and brought his season total up to 15 through 10 games played.
9. Nico Harrison.
10. Liut is Binnington's agent.
11. Jameis Winston.
12. Blue Hens.

Contact Tom Zulewski at tominator19@yahoo.com

Volleyball: Utah Tech downs Southern Utah in WAC Tournament quarterfinals

by *Spencer Rodak*

SOUTHERN UTAH GAMEDAY

ABILENE, Texas – Two rivals battled in the WAC Volleyball Tournament on Thursday, and it would be Utah Tech that claimed a 3-1 victory to move on and end Southern Utah's season.

The Thunderbirds began the match with an 8-2 advantage, but the Trailblazers would slowly chip away. Thanks to a pair of 3-0 spurts, Utah Tech would cut the deficit to one midway through the first set (12-11). A 4-1 run by SUU pushed their lead back to four (16-12), but back-to-back Trailblazer points made it 16-14. Three straight T-bird points made it a five-point set (19-14), but a 6-0 answer by Utah Tech gave them their first lead, 20-19. Southern Utah would record six of the next eight points, however, taking the set 25-22 to take a 1-0 match lead.

Set two was close early, as the Trailblazers led by just one, 5-4. Utah Tech would then rip off a 12-1 run, taking a commanding 17-5 lead. SUU would trim the deficit down to 11 (18-7), but Utah Tech ended the set on a 7-1 spurt to take the set 25-8 and even the match at 1-1.

The third set was again even early, as the Trailblazers led 7-6. Two straight points pushed the Utah Tech lead to three (9-6), but Southern Utah answered with a 5-1 run to take the lead, 11-10. Both sides went back and forth, and SUU



held a slim 20-19 lead late, before a 6-1 run by the Trailblazers to end the set gave them a 25-21 set win and a 2-1 advantage in the match.

Utah Tech took a 9-4 lead to start set four, but four points in six from Southern Utah cut the deficit to 11-8. The Trailblazers then found a quick 4-0 run to get ahead 15-8, but a 3-0 response by the T-birds kept them within striking distance, 15-11. Utah Tech would push its advantage to six (18-12), but SUU would take the next point to make it a five-point set. That would prove to be the final point of the season for the Thunderbirds, as the Trailblazers finished the set on a 7-0 run to win 25-13 and take the match 3-1.

Tessa Treanor and Nana Asiata each tallied 12 kills to lead Utah Tech, while Marly Roe added a match-high 26 assists. Mya Laufiso added a game-best 26 digs, and Treanor led Utah Tech in points with 16.

Victoria Zibecchi and Addyson McArthur both totaled a team-high 10 kills for SUU, while Zibecchi also led the squad in points (13). Aleeya Jones led the team in digs with 16 and Asya Akbulut tallied a team-high 20 assists.

With the win, the Trailblazers improve to 20-5 on the season and move on in the WAC Tournament.

The victory was not only the first Division I conference tournament win in program history for Utah Tech, but it also gave them 20 wins in a season for the first time since 2019.

The loss was the third of the season for Southern Utah against their rivals, as the Thunderbirds end the 2025 campaign with a 3-21 record.

WAC honors announced

A day before tournament action began, the Western Athletic Conference announced the 2025 season award winners.

Utah Tech head coach Camilla Hafoka was named the WAC Coach of the Year after guiding the team to a share of the regular season championship, and senior middle blocker Casidy Fried was chosen on the All-WAC First Team.

Senior outside hitter Kennedi Knudsen and senior middle blocker Taylor Snow were both named to the Second Team, while setter Tehanie Waters was an All-Freshman Team pick.

For Southern Utah, outside hitter Kaitlyn Hoelker was chosen as a member of the All-WAC Freshman Team.

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BEST TO GO OVER THIS OUT HERE STUFF SAID IN FRONT OF PARENT! TENDS TO GET BACK TO SANTA



TIGER



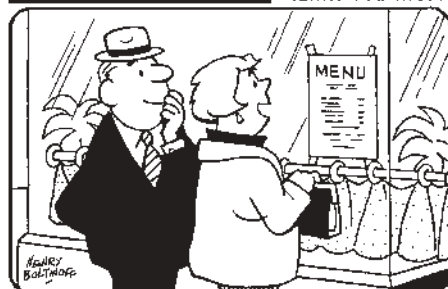
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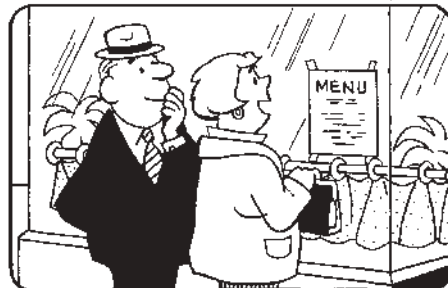
by Jeff Pickering

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



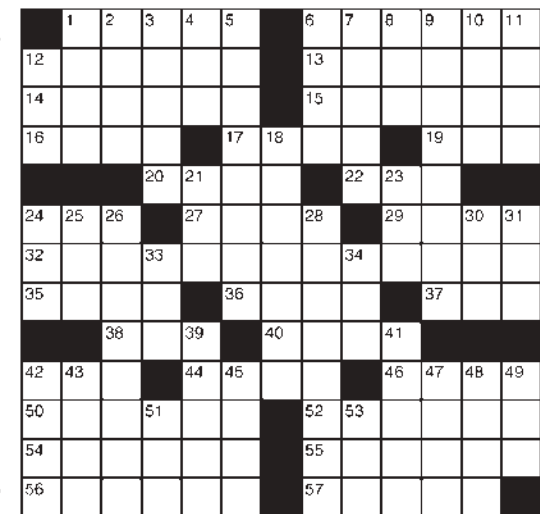
Differences: 1. Curly is shorter; 2. Menu is different; 3. Plant is not as tall; 4. Collar is different; 5. Pocket is smaller; 6. Plant is not as tall; 7. Collar is different; 8. Pocket is smaller; 9. Plant is not as tall; 10. Collar is different; 11. Pocket is smaller; 12. Plant is not as tall.

November 24, 2025 Posting Date

King Crossword

ACROSS

- 1 Novelist Carr
- 6 Posture
- 12 Criminal's "why"
- 13 Tribulation
- 14 Small beard
- 15 Japanese automaker
- 16 Queue after Q
- 17 500 sheets
- 19 Pot brew
- 20 Elite alternative
- 22 Standard
- 24 Non-Rx
- 27 Yoga class pads
- 29 Modern "carpe diem"
- 32 No. 1 hit by Men at Work
- 35 Wife of Jacob
- 36 Rebuff
- 37 Sean, to Yoko
- 38 Ultra-modernist
- 40 Recipe meas.
- 42 Paper Mate rival
- 44 Amorphous mass
- 46 "House" actor Omar
- 50 Surround with light
- 52 Woodwind player
- 54 Radio components



- 55 Tourist's vehicle
- 56 Fancy fiddles
- 57 Birds' homes
- 10 Birthday cut-up?
- 11 Director Kazan
- 12 Store boss (Abbr.)
- 18 Corrode
- 21 "— Believer"
- 23 Sailor's assent
- 24 Barn bird
- 25 Commonest English word
- 26 One of a news show pair
- 28 Unwilling to budge
- 30 Privy
- 31 Have "Evita" narrator
- 34 Small ammo
- 39 Gawked at
- 41 Drudges
- 42 Hotel furniture
- 43 Monogram pt.
- 45 Privation
- 47 Brad of Hollywood
- 48 Unpaid TV ads
- 49 Cardinal cap letters
- 51 Nabokov novel
- 53 Spelldown

DOWN

- 1 Dove calls
- 2 Rat- —
- 3 Illuminated
- 4 Prior night
- 5 Six-pack units
- 6 Slugger Sammy
- 7 Surpass
- 8 Wood-shaping tool
- 9 Uncharged particles

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Weekly SUDOKU

1	9	5		4	8	6	2	3
8			3		5			
			9	1				
		1		5	6	3	9	
6		3	2	9	1	4	8	
	4		8		3			5
5	6			9				8
9	1	7					3	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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6	1	5	2	7	6	2	8	3	4
9	3	2	4	5	8	4	5	6	9
8	7	6	3	1	3	9	5	6	2
5	9	1	3	7	8	6	4	2	7
7	8	1	4	8	1	4	8	1	4
2	6	3	9	5	1	4	8	1	4
4	9	8	1	2	6	9	6	3	7
1	7	1	4	3	6	5	9	7	1
3	2	3	7	4	8	6	2	3	7

Answer

Weekly SUDOKU

S	I	S	N	S	S	A	U	S	I
L	E	R	E	S	S	O	Q	O	I
I	S	O	B	O	L	O	H	V	E
S	P	P	E	C	L	G	L	B	I
N	O	N	S	U	B	N	S	H	A
M	O	N	E	B	E	I	N	T	A
O	L	A	S	T	S	M	V	A	C
P	A	R	A	P	I	C	A	P	A
L	E	V	A	M	I	U	H	A	L
G	O	A	T	E	S	U	Z	K	I
M	O	R	D	E	A	L	O	R	D
C	A	L	E	B	S	T	A	N	C

Solution time: 21 mins.

Answers

King Crossword



1. LITERATURE: What is the name of the dragon in "The Hobbit"?
2. MOVIES: Which holiday is being celebrated at the end of "When Harry Met Sally"?
3. GEOGRAPHY: Which country is home to the famous Angkor Wat Temple?
4. HISTORY: In which year did the Internet become available to the public?
5. GENERAL KNOWLEDGE: Which wrestler is known by the nickname "The Rock"?
6. LANGUAGE: What is cryptophasia?
7. TELEVISION: In which state was the sitcom "Newhart" set?
8. MATH: How many sides does a nonagon have?
9. MUSIC: Which singer/songwriter wrote the soundtrack for the animated movie "Tarzan"?
10. FOOD & DRINK: What is the essential spice in paella?

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Trivia Test Answers:
1. Smaug; 2. New Year's Eve; 3. Cambodia; 4. 1993; 5. Dwayne Johnson; 6. A unique language developed between twins; 7. Vermont; 8. Nine; 9. Phil Collins; 10. Saffron

SANTA'S SHOPPING EARLY

Pictures *With Santa*

Saturday 12/13 11:00 - 2:00

Saturday 12/20 11:00 - 2:00

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